



ROWVILLE-LYSTERFIELD

COMMUNITY NEWS

PUBLISHED MONTHLY BY THE ROWVILLE
LYSTERFIELD COMMUNITY NEWS INC.

FREE

Editor: David Gilbert - Phone: 9763 3157
Circulation: 13,820

Issue No.328 August 2011
Web: www.rlcnews.com.au ISSN 0819 0240



Shed some light on Census night. Choose eCensus on 9 August 2011.



Everyone in Australia must participate in the Census on 9 August.
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Cost of subscription: The R-LC News is posted to subscribers within Australia for an annual fee of \$11.00. Contact our Treasurer for details.

DEADLINES September 2011 EDITORIAL & ADVERTISEMENTS Wednesday, 17 August

Articles, News or Letters to the Editor
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Saturday, 3 September 2011

FROM THE EDITOR'S DESK



Here we are in mid winter and the temperatures have certainly reflected the season. However, when I see the wattle (acacia) out already, I start to think in terms of Spring and search my garden for other signs of life. I'd love to say there are, but maybe it is too early and Mother Nature isn't ready to release her magic from the soil.

As you can see from the front cover story, the census is with us again. It is conducted by the Australian Bureau of Statistics every five years, to take a snapshot of Australia. It aims to accurately measure the number of people in Australia and collects vital information on the social, economic and housing characteristics of our society. The data collected is used by Government, industry and community groups to plan for the future and allocate services, facilities and funding in local communities.

I urge every household to cooperate with census collectors and either complete the hard copies handed to you or complete the forms on line at www.census.gov.au

For further assistance you can call 1 300 338 776.

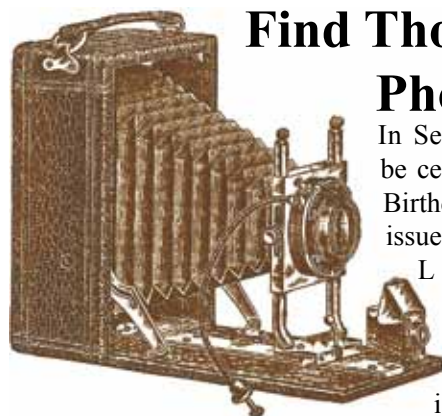
Whilst asking for your co-operation, I would ask each of you to have a look through your old 1981 photos of Rowville and see if you have any that will help illustrate our 30th Anniversary edition next month. There is an article with more information further on in the paper.

Congratulations this month go to Brandon Li Wan Po and Sambhav Kothari both former Rowville Secondary College students, who have received the prestigious Premier's VCE Award in recognition of their outstanding VCE performance last year. Brandon is now studying music at Box Hill Institute of TAFE scored a 48 and Sambhav scored a 50 in economics and is now undertaking a commerce/law degree at Monash University. Well done to you both.

One of our regular contributors is Marion Allsup, who writes those fascinating articles about the Rowville Unit of the Red Cross. It seems that Marion had an accident on an escalator while on a tour of the Police Museum. Apparently another lady fell backwards onto Marion and she suffered some cuts and bruises. From everyone at the RLCN, we wish you a speedy recovery Marion.

Finally this month, I am always fascinated by statistics issued by Government Departments, particularly their attempts at explanation through everyday comparisons. Last week "Sustainability Victoria" said that if all Victorian homes had a solar water heater, so far this year Victoria would have cut greenhouse gas emissions by 1,452,850 tonnes. They went on to illustrate the saving by saying that that was the equivalent of taking 650,000 cars off the road per week. That might almost make the early morning drive on the Monash Freeway bearable, provided of course that the 650,000 were all removed between 7 and 9am!!

David Gilbert



Find Those Old Photos

In September we will be celebrating our 30th Birthday with a special issue of the Rowville/Lysterfield Community News.

In order to illustrate the changes to our suburbs in those 30 years of continuous production, we would like to invite all our readers to dig out photos of local scenes taken in 1981 and send them to us. We are particularly looking for scenes of Rowville and Lysterfield that have changed since they were taken and would be recognisable to our readers. Black and white or colour, either will be very welcome.

All photos will be returned after scanning, or to save time you could scan them yourself and send them as an email attachment to rlcnews@vicnet.net.au We will acknowledge the contributors of all photos published.

Start going through those dusty boxes or old albums and see what you can find for us. Your help will be greatly appreciated.

What's On
Locally

August 2011



Sponsored by:
Lions Club
of Rowville

DIRECTORY

Apex Club Meet on the 2nd & 4th Tuesdays each month.

AfCFellowship English services 10am (simultaneous kids R.O.C.K. programme) and 5.30pm every Sunday. Indonesian 10am every Sunday. Mandarin 1:30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms).

Baptist Church Services every Sunday 10am and Youths 7pm. 'Flying Solo' a single Mums support group every Wednesday, details 9759 6642 Playgroups - Tue, Thur & Fri mornings during school terms.

CFA Juniors Meet every Thursday 7pm.

Cake Decorators Asscn Bi-monthly 2nd Sunday 10am-3pm (watch for extra meetings) Aug, Oct. and Dec. Scout Hall, Turrumurra Drive Contact 9763 8646

1st Rowville Scout Group

Scouts (11-14years)

Yarra Troop - every Monday 7.30pm
Strzelecki Troop - every Thursday 7.45pm

Cubs (7-10.5 years)

Emu Pack every - Tuesday 7.00pm
Kangaroo Pack - every Wednesday 7.00pm
Joey Mob (6-7.5 years) - every Thursday 6.30pm
Venturers (14-17.5 years) every Friday 7.30pm

Fruitful Vine Church Services every Sunday 10am.

Growville Growers 1st Friday each month 2pm at Library.

Knox & District Over 50s Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

Knox Home Garden Club Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus.

Knox Safer Community Meet 1st Tuesday each month at Knox Police Station. Contact L S/C Lee Thomson 9881 7948

Life Activities Club Regular Activities. Call Melva 9762 3764

Lions Club Meet 2nd & 4th Wednesday - 7pm for 7.30pm at Knox Tavern. Transport & meal available 9752 2785

Little Athletics For training & event days: 9763 1404.

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays & Wednesdays 9.30am Kristin 9754 4318 Parents Coffee Morning - Fridays 10am Wendy 0425 805 918

Neighborhood Watch Meet on 4th Monday of each month 7.30pm at RDNH.

Probus Club Meet 1st Tues each month (except Jan & Nov) 10am.

RAFT Anglican Church Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. **Mainly Music** meet every Wednesday 9.30am

Red Cross Rowville Meet 3rd Wed. each month 10am. Libby 9755 8010

Ritzzy Rozellas (Red Hat Society) For all events contact Kerry 9764 4717

Rotary Club Meet every Tuesday at the Baton Rouge Quality Inn at 7pm

Rowville Seniors Meet Wednesdays and Fridays 1pm to 3.30pm at Community Centre

Salvation Army Services every Sunday 10am

Shooting The Breeze Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

St Simon's Parish Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am

Timbertop Golf Club Saturday Ladies Competition Tirhatuan Lakes Muriel: 0427 585 575

Toastmasters Meet 2nd & 4th Tuesday each month 7.15pm at RAFT Church, contact Sheree: rowvilletoastmasters@gmail.com

TOWN Club Meet Wednesdays 9.30am at Uniting Church

Uniting Church Services Sunday at 10am. KUCA (Primary Children) Fridays 12.30pm LINK Thursdays 10am. Toddler Gym Friday 9.30-10.30 & 11am-Noon (during School terms)

If you would like to add your club, organisation or association to the 'Directory' or 'This Month' free listing, please contact the editor 9763 3157.

Calendar of Events August 2011

- 29 Jul – 9 Aug National Family History Week
www.familyhistoryweek.org.au/
- 1 Aug Ramadan begins interfaithcalendar.org/2011
- 1 – 7 Aug Winter Sleepout www.wintersleepout.com.au
- 1 Aug – 7 Aug National Healthy Bones Week
healthybones.com.au
- 5 Aug Jeans for Genes Day www.jeansforgenes.org.au
- 8 Aug Imbolc
- 9 Aug Australian Census www.abs.gov.au/census
- 10 – 11 Aug The Beatles Back 2 Back
www.theartscentre.com.au
- 12 – 19 Aug Rock Eisteddfod Challenge
www.rockchallenge.com.au
- 13 – 14 Aug Chocolate Rush www.chocolaterush.com.au
- 13 – 21 Aug National Science Week
www.scienceweek.info.au
- 15 Aug Cupcake Day for the RSPCA
www.rspcacupcakeday.com.au
- 15 – 21 Aug Brain Injury Awareness Week
www.braininjuryaustralia.org.au
- 18 Aug – 4 Sept Melbourne Winter Festival
www.winterfestival.com.au
- 19 – 20 Aug Elvis Tribute Festival
www.elvisforever.com.au
- 19 – 21 Aug 40 Hour Famine
- 20 – 21 Aug 2011 Camellia Festival
www.camelliasvic.org.au
- 21 – 27 Aug Hearing Awareness Week
www.hearingawarenessweek.org.au
- 21 – 27 Aug Speech Pathology Week www.speechpathologyaustralia.org.au/
- 22 – 28 Aug Keep Australia Beautiful Week www.kab.org.au
- 26 – 28 Aug Victorian Orchid Fair www.orchidfair.com.au
- 26 Aug Daffodil Day Cancer Council
www.daffodilday.com.au
- 28 Aug – 4 Sept Parkinson's Awareness Week
www.parkinsonsvic.org.au
- 31 Aug Overdose Awareness Day
www.salvationarmy.org.au
- 31 Aug National Meals on Wheels Day
www.mealsonwheels.org.au
- 1 Sept Wattle Day www.wattleday.asn.au
- 2 Sept – 4 Sept Kyneton Antique Fair
www.visitmacedonranges.com
- 3 Sept Idul Fitri Celebration www.perwira.com.au

August Events

Knox Italian Community Club Saturday 20th August 2011

Festivities in honour of St Elena of Laurino (SA Italy)
Dinner dance 6.30pm – 12pm

For more information Mrs Rosa Petraglia 9762 4743

RAFT Anglican Church Family History Wednesday 3rd August. Guest Speaker Verna Henderson "Finding your Convict Ancestors".

Inquiries to Bev Cooen, Phone 9759 5455 or
Email jibec@optusnet.com.au

Prayer and Healing Meetings open to all, August 1st and 15th, 8 pm at RAFT.

Shed some light on Census night.
Tuesday 9 August 2011



The next Census of Population and Housing is just around the corner

(Tuesday 9 August) and Census Area Supervisor in the Rowville Area, Emanuele Cicchiello, is a strong supporter of the Census and of the benefits it has for the community.

Mr Cicchiello said "ensuring the Census is properly undertaken will enable local, state and federal governments to make good decisions when it comes to planning community infrastructure like parks, schools and child & maternal health services, which in my case is something that's very important at this stage of my families life".

"I was mayor in 2004 and the information collected formed much of the evidence on which we based our community planning decisions. This was particularly important in the growth area of Rowville and Lysterfield where there was a great need to plan for future growth including parks, sports and recreational facilities" said Emanuele.

He added, "the Census is the simplest way you can help the local authorities plan for a successful community. The statistics collected will provide vital information to make informed decisions. The Census is part of our responsibility as citizens and proud Australians".

So when you complete your Census form on 9 August, make sure you complete it as accurately as possible and return it to your Collector. Or you can complete your Census online via eCensus using the unique code which your Collector gives you. This means a Collector will not need to return to your home to collect your Census form.

Mr Cicchiello urged people in the area to "do your bit



Emanuele Cicchiello and his Family

for the community and why not have a Census party on the 9th August to make it exciting"!

For more information on the Census go to: www.abs.gov.au/census or call 1300 338 776.

Comedy Club Tickets

Our winner from last month, the last in our Comedy Club Competition, was Diane from Lysterfield. Two tickets are on their way to you. Thanks to everyone who entered.

The correct answers were

Question 1 'The Stripes' or 'Rowville Rockets' or 'Rowville Polka Dots'

Question 2 Arthritis

Question 3 Joe Morsello

Owing to the success of this series of quizzes, we would be interested to hear from prospective sponsors for future competitions. You can contact the editor at 9763 3157 or rlcnews@vicnet.net.au

Our thanks to all those entrants, winners and losers.



wellness on wellington

We are delighted to announce the return of
Drs Kirrly Ellerton, Julia Trayer and Kristina Coniglio
Dr Lona Brown will also be returning next month.

As a result of the return of our doctors from maternity leave we now have much improved availability of 'on the day' appointments.

1101 Wellington Road. Rowville

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Open every day of the year

8.00 am to 9.00 pm weekdays

9.00 am to 5.00 pm weekends

9.00 am to 1.00 pm public holidays



Rotary Club of Rowville-Lysterfield

The year that was in Rotary

We recently enjoyed an annual event, our 'Change Over Night' which marks the end of one Rotary year and the beginning of another. The night is all about reflecting on the success of 'the year that was' in Rotary, including recognizing individual efforts within the club and everyone else who has contributed to our Rotary Club throughout the year. The night is also about the excitement of what our next year's goals are and the formalities of changing the board members including the induction of our new club president. Congratulations to Steve McDonald who takes over the reins as our new club president for the year to come.

Congratulations go to all of the Rotarians for an amazing year and especially to Darren St Ledger, our club president, for the past year. Darren highlighted on the night some of our achievements for the year, of which each and everyone in the club is extraordinarily proud.

Fundraising activities for the year helped us give so much to our local and international community and included two very successful business breakfasts, a number of successful farmers markets at Rowville's Stamford Historical Homestead site, and numerous sausage sizzles.

These fundraising activities throughout the year saw us provide 5000 pairs of shoes to the underprivileged school children in Sri Lanka, a contribution towards the Knox Community Health Youth Centre, a contribution towards the



Darren St Ledger and Steve McDonald on Change Over Night.

startup of Rowville's new Toddler Gym, tree planting at the Stamford Homestead Site, a huge contribution towards the new Lysterfield Junior Football club for their new jumpers, a contribution to the Wellington Wellness Centre, donations to Rotary Foundation to help with the eradication of Polio, funding to help a local with charity work being undertaken in Nepal, and to a local who is teaching English in Morocco, a contribution to help a local in need with their sick daughter, citizenship awards for Rowville Secondary School students, and to top it off we provided the first of 5 urgently needed ultrasound scanners to go to hospitals in rural Sri Lanka.

Recognition this year was given to our Rotary Club by the District as a club that has gone from strength to strength and become a stand out club within the district when we were awarded, by the District Governor, with the 'Club strengthening award'.

We look forward to another great year ahead and welcome any enquiries from potential new members who would like to be part of all the fun our club enjoys throughout the year including the reward of giving back to the community and of course the opportunity to network with likeminded and local business people.

Please refer to the What's On Locally section for further details of where and when Rotary meets. If you would like to visit our club one night or become a member please call Anthony Johnson on 0412 586 283 or Jeff Somers on 0413 150 587 or email jjsomers@ozemail.com.au.

Australian Red Cross Rowville Unit

What a grand day it was on August 3rd when members and friends joined to share in a day of fundraising for the Red Cross. This was our annual luncheon at Clover Cottage.

And everyone agreed that it was a very happy and successful day of socialising with friends, whilst enjoying a delicious lunch. The special bonus for the Red Cross, was the marvellous boost to our funds.

Many people contributed to the success of the day and our sincere thanks to all those who willingly gave of their support and time.

We are always keen to meet new members, so if you would like to join us ring Libby on 9755 8010 or come to one of our meetings, details of which you can find in "What's On Locally" on page 2.

KNOX SAFER COMMUNITY



GROUP

The motive is the message

Motive for crime just became a lot more important to Victoria Police in their efforts to keep our streets safe. Victorian legislation has sharpened penalties for Prejudice

Motivated Crime (PMC). The community is being encouraged to report incidents and the police alerted to recognise and respond appropriately.

PMC incidents are crimes, against property or persons, that are motivated by prejudices about race, religion, gender identity, age, sexual orientation, disability, homelessness etc. Previously many such incidents, especially in workplaces and at community events, went unreported.

PMC sends a message to the victim's entire group that they do not belong and that as individual members of the group, they could also be targeted. This causes the group to feel frightened and intimidated and erodes perceptions of safety. If you have ever been burgled you will remember suffering shock, loss and subsequent insecurity. But you didn't have to take it personally. Imagine how much worse

if you or your property are attacked for who you are. In our multicultural society everyone has a right to be treated with dignity and respect.

Crime Prevention Officer Leading Senior Constable Lee Thomson is available to give presentations to groups interested in joining the move to eradicate PMC crimes. Telephone Knox Police Station 9881 7000.

Report emergency incidents by phoning 000. Otherwise, if you have seen a Prejudice Motivated Crime or if you have been the victim of one, report to your local police station or phone Crimestoppers 1800 333 000.

For meeting details please see "What's on Locally". Websites www.knoxsafercommunity.org.au www.police.vic.gov.au

www.neighbourhoodwatch.com.au
A M Boyd for Knox Safer Community.

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Rowville & District Neighbourhood House



We have had a great start to Term 3 with many students enrolling in our new courses of Office Administration and Introduction to Horticulture. If you missed out on this intake please put your name down on our waiting list. Welcome to our delightful new tutors Gabriele - Belly Dancing, Jenny - Meditation and Josie - Floral Art. I am sure they will instill enthusiasm in your skills when joining their classes.

The most popular classes for Children, Guitar, Street Funk, Hip Hop & Kids in the Kitchen, unfortunately always have waiting lists. If you are considering enrolling in these classes for future terms 3 & 4 or next year 2012, please put the children's names on the waiting lists now. New classes for the children are Ballet for the Total Beginner, Tap Dancing & Contemporary.

Joanne our new Photography tutor has been flat out teaching Point & Shoot and SLR Digital Camera classes and then how to load them onto your Computer. The feedback from all her students has been most impressive. This month we wish to promote our Day & Evening Tai Chi Tutors who specialise in how to stretch and relax the body and also assist in managing some me time for yourself.

TAI CHI Suitable for Arthritis sufferers
Tired? Stressed out? Want to try something different?



Community Noticeboard

supported by Cr Mick Van de Vreede - Knox City Council, Tirhatuan Ward

Enhancing the great sense of community and liveability in the Rowville-Lysterfield area is important to me. Not-for-profit community organisations are integral to a healthy, vibrant and cohesive community and I feel it is imperative that these groups are able to effectively communicate what they have to offer. This free community information-sharing page is my way of helping our terrific, not-for-profit groups to do just that. Please contact the editor of the RLCN for more on this offer. I would like to thank those of you who give up your time to help build a better community. I would particularly like to thank the RLCN for their contribution to our community as well.



Do you have a touch of Arthritis?

Why not come along and join one of our enjoyable & relaxing Tai Chi Classes.

The ancient Chinese martial art of Tai Chi is practiced worldwide, and is an effective exercise for a healthy mind and body. Tai Chi is gentle, focusing on fluid, circular movements that are relaxed and slow in tempo. Breathing is slow and deep, aiding concentration.

The health benefits of Tai Chi include:

- * increased flexibility & muscle strength
- * greater fitness
- * correct body posture
- * integration of mind and body

The Arthritis Foundation of Australia fully endorses the use of Tai Chi for helping to relieve the symptoms of arthritis.

Benefits for Arthritis sufferers include:

- * reduced pain and stiffness
- * uplifting of the spirit
- * increased sense of tranquility
- * improved muscle strength and joint flexibility

**EVENING CLASS: MIXED LEVELS
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Beginners welcome

Thursdays 6.15pm - 7.15pm

21st July - 22nd September (10 sessions)

\$95.00

BEGINNERS "Sun Style"

Tuesdays 9.30am - 10.15am

19th July - 20th September (10 sessions)

\$85.00

ADVANCED "Yang Style"

Tuesdays 10.30am - 11.15am

19th July - 20th September (10 sessions)

\$85.00

HIGHLY ADVANCED "Swords"

Thursdays 9.30am-10.15am

21st July - 22nd September (10 sessions)

\$85.00

Lesley Jenkins

Toastmasters



**Not in a
million years!**

Is that the response that you would give if asked to make a presentation?

Many people find having to talk to more than a few people in a room daunting, the thought of standing up and speaking to a small group horrifying, and the prospect of addressing a larger group unbearable. At Toastmasters we offer you the opportunity to work towards overcoming these fears. The self-paced Toastmasters program enables you to turn doubts and fears into a positive drive; allowing you to effectively communicate with whom you want whenever the need may arise. As well as teaching you new techniques, Toastmasters also helps you build on skills you already have, but may not recognise or use.

Improving your speaking skills will not only offer you opportunities that may not otherwise have been available, but it will also give you the confidence to make your voice heard.

The members of Rowville Toastmasters are always happy



Speaking among friends.

to welcome visitors, and to introduce them to the many benefits that can be gained by "speaking amongst friends". If you are interested in seeing how we put the Toastmaster program into action and how it can benefit you, please join us for our next meeting.

For further information, contact Sheree at rowvilletoastmasters@gmail.com

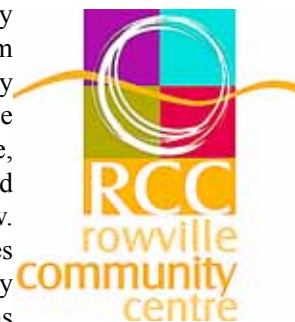
Rowville Community Centre

The Rowville Community Centre, located in Fulham Road Rowville, offers a variety of programs to all ages. These include yoga, stretch and tone, zumba, 3 year old kinder and senior citizens, to name a few.

We currently have vacancies in our Tuesday and Wednesday night yoga classes as well as our Living Longer, Living Stronger classes for older adults. We are always interested in hearing from people wishing to run a new activity in our centre.

To help promote more activities, we have recently reduced our hall hire rates. If you would like to know more about the programs currently on offer or would like to chat about hiring a room then please contact the centre on 9763 7400 or email rcc@knox.vic.gov.au

Editor's Note:- It seems to me that now is a good time to take advantage of our wonderful facility.



Cake Decorators Association of Victoria Rowville Branch

The Rowville Branch of the Cake Decorators Association of Victoria held their most recent workshop on July 10th, where we made 'clown cakes' before enjoying a catered lunch. 32 ladies attended, enjoyed the challenge and all took home some lovely examples of the 'Clowns'.

On Sunday August 14th we are holding a Bass Relief



Workshop, with Barbara Imlach from 10 am to 3pm at the Rowville Scout Hall in Turrumurra Dr. Rowville. It will be a BYO lunch.

Don't forget our 'Christmas Cake in a Day' event is on Sunday November 13th. We are taking bookings now as last year this day was booked out very quickly.

For Bookings. Ph one either Velma on 9763 8646 or Madeleine on 9870 5743

Velma Brown Branch President.

KNOX Community Farmers Market CLOSURE

We would like to thank the residents of Knox who have supported the Farmers Market at Stamford House Rowville over the past year and prior to that at Carrington Reserve Knoxfield.

Due to the difficult economic times, it is no longer financially viable for our loyal stallholders to continue to support our market.

**Your nearest Rotary sponsored Farmers Markets are:
Nunawading Civic Centre - 2nd Sunday
Sandown Park Hotel - 3rd Sunday**



Life Activities Club Knox

The Annual General Meeting will be held this month, and this brings the possibility of new Committee members, possibly new activities??? Whatever the outcome, following club business, a "Silent Auction" will take place. "What's That?" you ask, well I had no idea either. But, donated goods will be displayed with an accompanying sheet of paper. Purchasers nominate a price and the highest offer wins. Sounds interesting and the Op Shop will benefit from the remainder.

An historic house in Kew, "Villa Alba", which later became a hospital, is the destination for our garden group tour on July 21st.

Men Aloud, (a modern Welsh Choir), will charm and entertain the Music Appreciation Group this month and this photo shows members enjoying an afternoon concert with genuine, practicing priests. These performers obtained permission from the Vatican to present these concerts. And of course, they perform under the title "The Priests", wonderful!

The Arts, group are still painting on the first Sunday and Monday each month, perhaps we should find them



a larger studio?

Because we don't have our own hall, some of our activities are held in members' homes, but for our quarterly meetings and Social meetings, we hire the Boronia Senior Citizens hall. Then for walks, etc. we gather at the Bayswater carpark.

We look forward to sharing more information with you, or better still, meeting you in person, either at one of our activities or the AGM on August 22nd.

We will also be happy to forward our current newsletter; all we need is your name and address. Contact Melva 9762 3764 or Helen 9729 1151



Knox & District Over 50s

Are you noticing the days getting longer, the little hint of Spring in the air? Good isn't it?

To make your life even better, why don't you come along and join us at the Knox Over50s. We are a very sociable, warm & friendly group who would be delighted to welcome you to join us.

At 1.30 pm on the fourth Tuesday of each month, we hold our general meeting at the Boronia Progress Hall. With "business" taken care of in less than 30 minutes, we then partake of refreshments and settle down to listen to our guest speaker of the month, always an entertaining

and educational experience. Visitors are most welcome.

Our next meeting on Tuesday, 23rd of August, 2011 will include our "birthday" celebrations.

Each month we offer a wonderful choice of social activities, such as bus trips, lunches, book clubs, movies, morning teas, etc. As a financial member of the Over50s, you would be welcome to participate in any or all of these events.

Our monthly newsletter "Knox Natters Matter" will keep you up to date on all that's happening.

Contact Stuart on 9763 8756 for any further information.

Creative connections Arts Link artist register

Council is reaching out to local artists in the hope of connecting them with upcoming artistic opportunities.

'Arts Link' — Council's newly established artist register — is now available on their website. It invites artists who live or work in Knox to add their details, making them part of this exciting and new initiative that will be a helpful link for both Council and the wider community.

There are many local creative people involved in a range of artistic endeavours, including visual arts, arts and crafts, and performing arts activities, such as music, dance and theatre.

The aim of this Arts Link is to 'link' artists to potential projects. This may be through engaging artists to be part of a specific Council project, or by connecting the artist with local organisations hoping to develop a project.

Artists can register details at the downloadable form on Council's website — www.knox.vic.gov.au Details will be kept by Council and only provided to other artists with permission.



On Monday 4th July, many community groups gathered at Ferntree Gully Recreation Reserve clubrooms to collect some very nice cheques from our local community bank.

Happy recipients included U3A Knox who received \$1000 boost to their budget for their Art Show in October.

The Art Show, an annual event we have held for 15 years, will again be held this year at the U3A building, Parkhills, Park Boulevard, on October 8th and 9th, as part of Knox Seniors Week. The prize for Best Exhibit in the show will be \$1000 and the winner could be from the Art or Craft or Photography sections. In 2009, for example, the best exhibit was a beautiful hand made patchwork quilt. Last year it was a large painting.

Plans are well in hand for the Art Show, with radio station **98.1 F.M.** agreeing to hold an outside broadcast from the grounds all day Saturday. We have also selected the judges so all is in readiness for the Show.

Entry forms for the art show are available now and can be downloaded from the U3A Knox Website: www.u3aknox.com.au Alternatively you can obtain a hard copy by telephoning 9752.2737, or email office@u3aknox.com.au. Participants from previous years will receive their entry forms shortly by mail or email.

Last year more than 500 people attended the art show, to enjoy the various works, vote for the people's choice award, shop at the bargain stalls, and eat the luscious devonshire teas. The raffle, with donations from many local businesses, usually has many prizes, and includes a quilt made by the U3A Patchwork groups as top prize. More than \$3000 in prizes was shared by local artists and craftspeople in the main show.

We look forward to seeing you there.

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MEMORY LA

From the Archives

1986

MEMORY LA

The editor bemoaned that it was the eleventh day of the petrol strike which served to highlight the poor public transport in our suburbs. Do you remember the strike? Rowville Netball Club celebrated their 21st birthday, by fielding four junior and two senior teams. Were you a player then and how many teams do you field today? I wonder if Louise Eddy, a grade 6 student, ever fulfilled her dream of becoming a rich super model?? 1st Rowville Guides member, Carolyn Wilson, became the first Rowville winner of the BP emblem, the highest award available to guides. Previously Pamela Lade (1975) and Emily Dunscombe (1977), had won their Queens Badge, the then top award. Where are they now? The Uniting Church held a "Progressive Dinner". Do people still hold them? Due to faster than anticipated population growth Council proposed that the Park Ridge pre-school be opened in April 1987 rather than February 1988 as previously agreed.

1991

MEMORY LA

Rowville resident Ken Jones, along with Bill and Tom Redpath returned home safely from the Variety Club's Bourke to Beagle bay "Car Bash". They raised \$10,000 in the process. Mrs Sydney Martin preferred to run and competed in the Qantas Melbourne Marathon and finished in the top 25 women, beating her previous year's best time by five minutes. Can any of you remember these events?

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Wellington Care Centre
cnr Wellington Rd &
Le John St, Rowville.

This advertisement has been funded by the
Rotary Club of Rowville
"Working for a better community"

The Knox Environment Society planted the garden beds at the Community Centre with indigenous shrubs, flowers and grasses. Did you help? Rowville Junior Football Club under 10's, won the Lightning Premiership. Who is still playing? Rowville Primary School was the second school in Victoria to collect enough Coles dockets to qualify for a free Apple computer in the "Apples For Students" promotion and St Simon's Primary School became the first catholic school in Victoria to qualify. Well done all those parents??

1996

MEMORY LA

Hillview Church held their first service in Rowville on July 21st at Rowville Primary School. Were you in the first congregation? Pat Hatherley reported on a meeting at Lysterfield Primary School to hear local identity, Heather Ronald, talk about the history of the area and in particular the future of the original 1877 school buildings. Were you there? Knox Council received an application for a veterinary clinic at 1103 Stud Road, adjacent to Stud Park Shops and agreed to exhibiting a site specific amendment to the Knox Planning Scheme. It was finally approved, without which we wouldn't have iPETZ. Bart and Homer Simpson came to Stud Park Shopping Centre as guests of the 'Kids Fun Club'. Is the Club still going?

2001

MEMORY LA

Helen Gringhuis, of Heany Park Primary School, received a 40 year long service award from Education Minister Mary Delahunty. Who remembers Helen? Red Rooster



Local History

Sponsored by Nick Wakeling MP,
State Member for Ferntree Gully

held it's opening on 8th July. Were you one of their first customers on that day? Scott Russell, a member of Rowville Junior Cricket Club, was selected for the Victorian Primary Schools State Cricket squad. Did you make the team Russell? Knox Arts Council were proud to host a performance at the Civic Centre by international concert pianist Roman Rudnytsky. Were you lucky enough to be in the audience? After 20 years, the Rotary Club of Mulgrave changed their name to Rotary Club of Rowville to better reflect their true geographical location and became the world's first Rotary Club .com, to illustrate their forward thinking nature.

2006

MEMORY LA

The 1st Rowville Venturers were organising a 40 hour Famine sleepover at their Hall in an attempt to raise \$1,500 for World Vision. How did it go? Two long serving teachers retired after many long years of educating Rowville children. Alan Terrens, the inaugural principal of Park Ridge Primary School retired after 16½ years and Pauline Bunker a former assistant principal of Rowville Primary School, put her chalk away for the last time after 22 years teaching in various roles. Where are you both today? The unnamed road between 1420 and 1430 Wellington Road in Lysterfield finally got a name, Saurin Lane (this was the middle name of William Saurin Lyster after whom Lysterfield was named).

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Rowville Community Library

Sponsored by Cr Darren Pearce, Taylor Ward
and Cr Mick Van de Vriede, Tirhatuan Ward

August

“Feeding the minds of our community...”



Botanical art: Join our Growville Growers session at 2pm on Friday 5th August when Janet Matthews demonstrates the flowering gum using graphite, watercolour and colour pencils. This session should appeal to all gardeners as well as those who want to learn about art techniques. All welcome. Gold coin donation appreciated. Bookings please.

FindMyPast: Frustrated with not getting the most out of Find My Past UK and Find My Past Australia, then attend this talk presented by Gail White at 2pm on Thursday August 11th. All library computers give free access to this program and Gail's talk is very helpful as she explains the best way to search and use the program. Free event. All welcome. Bookings essential. You can book by phoning the library on 9294 1300 or visiting our website at www.erl.vic.gov.au. Refreshments provided

Identity –Understanding the uniqueness in you, sets you free to live life: Candy from Life International Pty Ltd will present this session on Thursday 18th August at 6.30pm. Free event. All welcome. Bookings essential.

Reminds: ‘Reminds’ presents another session for parents of children with learning difficulties. Those who missed out on the earlier session this year will have another chance on Thursday 25th August at 6.30pm. Bookings please. All welcome. Free event.

Computer Help Sessions: On Tuesday and Thursday mornings a tutor is available from 10am to assist people to use the computers. Tutors are able to help with Internet, Email, Facebook, Word, and Excel, everyone is welcome, including complete beginners. The sessions are **free**. Meanwhile, at other times, anyone who needs help with using computers just needs to ask the staff and, subject to staff availability, you will be given every assistance. The best times for staff availability would be on Monday and Wednesday mornings from 10am. There is no need to book and it's free, but we cannot guarantee staff availability. All welcome.

Kids on Wednesdays: Held on Wednesdays at 4pm



Computer Help Sessions Tuesdays and Thursdays from 10am

during school terms. This group will be specifically for primary school aged children and involve a variety of activities. It's meant to be fun and it's free!

Home Library Services: If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library to arrange for a home delivery service. Library staff will select some items after a discussion to ascertain your tastes, and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 9294 1300.

Growville Growers: The Growville Growers group meets on the first Friday of the month at 2pm. Anyone can be a member of this group as there is no ‘joining process’ and cost is minimal. All who attend will be made welcome. The next meeting will be on **Friday August 5th at 2pm** with a presentation on successful hanging baskets.

Bedtime Storytime is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the children in their pyjamas but not usually the parents!) Our next Bedtime Storytimes are at 7pm on Friday

August 5th and September 2nd. All Welcome.

Afternoon Bookchat! Have you ever read a fantastic book and wanted to tell someone about it? Join our group of avid readers for a relaxed discussion of what you are reading and what you think about your latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1st Monday of the month at 2pm our next meeting will be on Monday **1st August** at Rowville Library. Free event. Bookings not required.

Coming up in September: Lola Coup presents a session on pelargoniums and geraniums for our Growville Growers at 2pm on Friday September 2nd. Everyone is welcome to attend and Lola will have plants for sale. On Thursday 22nd September from 6-8pm Colin Penrose from Brewers' Choice will present a session for home brewers. The school holiday program will run for the two weeks of school holidays and, as we regularly do in school holidays, a session on Mobile Phone Help will be run by Sally from the Stud Park Tesltra Shop.

Tiny Tots storytime: Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

List of regular storytimes:

Bookings are not required.

Monday 10.30am Toddlers storytime (age 1 - 3)

Tuesday 10.30am Preschool storytime (age 3+)

Wednesday 10.30am Toddlers storytime (age 1 – 3) **2pm** Tiny Tots storytime (age 0 – 12 months)

Bedtime storytime is on first **Friday of the month at 7pm**

Are you a member of the **Rowville Community Library**? If not, join now. Joining is easier than you think....all you need to join is a driver's licence with your current address. Joining is free. Borrowing is free.

Normal **opening hours** for Rowville library are Mondays, Tuesdays and Wednesdays 9–5.30, Thursday and Friday 9–8, Saturdays 10-4 and Sundays 1–4.

Details about the library service are available from our website at www.erl.vic.gov.au, and you can even join on-line.

Rose Thompson Manager – Rowville Community Library 9294 1300



Thank You to Retiring distributors - Irene Edmonds (7 years) and Josie Dawson (21 years)

Voluntary Positions.

Can You or Do You know someone who can be a distributor in the following areas?

- Clauscen Dve (both sides - from Drain to Trisha Dve), Magdalena Pl, Leah Crt, Jonathon Pl
- Kilcatten Rise, Tessie Pl, Beggs Pl, Ruby Cl, Heany Park Rd (south of 73 and 88)
Please contact – Shirley Oudshoorn – 9764 4672
- Eildon Pd (both sides from Murray Cres (end opposite childcare) to Dandelion Drive and from childcare centre to Dandelion Drive), Metcalf Cr, Tyrell Crt, Reeve Pl,
- Cardinia Way, Ovens Pl, Silvan & Latrobe Cts.
Please contact – Lesley Jenkins – 9755 5065
- Trevena Close

- Wedge Cr, Gath Court, Karoo Road (Kelletts Rd to Creek)
- Karoo Rd (Nos. 255 to 287 - West side - opposite Bonaparte Pl to Napoleon Rd), Bonaparte Pl, Elba Cl, Crimea Cl
- Karoo Rd (to Bonaparte), Bonaparte Pl, Elba Cl, Crimea Cl, Murrindal Dr (South to Karoo).
Please contact – Ian Richards – 9763 9260
- Ashbee, Chiswick, Clydebank, Liddamore Cts, Airedale Way (Woodside to Chiswick), Pinehill (Dandelion Dve to Airedale Way)
Please contact – Peter Rumble – 9752 7592

2 x Area Contact Person (ACP) who liaises between the distributors and the Distribution Co-ordinator

2 x Captains & Counters who count out the papers and delivers them to the distributors.

1. The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road.

2. The area bordered by – Lakeview Ave, Waradgery Dve & Stud Rd
Please contact – Peter Rumble – 9752 7592

Peter Rumble - 9752 7592 - Distribution Co-ordinator

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Achievers Page

Sponsored by Alan Tudge MP
Federal Member for Aston



Congratulations Christine Mitchell

Our own Christine Mitchell, received a Victoria Day Award for services to our community. Many people are not aware that from 1851, when Victoria was declared a separate colony, until the First World War, July 1st was celebrated as a public holiday for Victoria Day. The awards for the Ferntree Gully Electorate are an initiative of Nick Wakeling and he was present at Parliament House to present this year's awards.

We nominated Christine for this award specifically for her 21 years of service to the Rowville/Lysterfield Community News, where she is a life member, a distributor and a committee member (she is currently the Assistant Treasurer), but also in recognition of her varied commitments to the community.

As her citation said, "Christine is a dedicated community person, well remembered for her 10 years of positive youth development as a Guide leader



with the First Rowville Guide Unit. In addition her 27 years with the Rowville Cricket Club, where she has been a committee member for the last ten years and has filled many roles including secretary, was honoured with life membership. Her tenure with the Rowville/Lysterfield Community News has allowed Christine to develop many beneficial relationships with schools and community groups, which has assisted in bringing together the whole community.

Congratulations Christine on this well deserved recognition of your services to the community.

Nick Wakeling with the Victoria Day Award Winners at Parliament House, Melbourne.

Beginning of Term 3 Brings a New Face

Rowville Secondary College would like to welcome newly appointed Assistant Principal, Julie Kennedy.

Julie commenced at the College in third term and is based at the Eastern Campus. Julie will be taking on the role as the Director of the Rowville Institute of the Arts and is also responsible for the welfare and discipline of the students at the Eastern Campus.

We at Rowville are excited to have Julie as a member



of the Principal Team.

Hayden Crozier Makes His Mark

He is only 17 years of age, but Rowville's Hayden Crozier is well on his way to making his mark in the AFL.

Hayden, who has played football for nine years, has recently attracted media attention around the country for his amazing mark, which sees him recognised as a promising draft pick. The match took place at Patersons Stadium on Sunday, 19th June, for the NAB AFL under 18 Championship, which saw Vic Metro defeat Western Australia by a close 10 points.

Hayden was joined on the field by fellow Rowville SC school mates Jonathon Patton and Michael Bussey, Jonathon even being the teammate who kicked the high flying ball that eventuated in that jaw dropping mark. Although the mark has sparked much attention in the past couple of weeks, Hayden said that the mark is a part of his game.

"It is a part of my natural game," he said. "My Dad always told me to go for the mark and be confident with it."

His game has attracted not only attention from the media, but also AFL players, teams and managers. Renowned AFL National Talent Manager, Kevin Sheenan was quoted as saying that Hayden is "super-impressive". The aftermath of the mark saw well known sport broadcast journalist, Tony Jones visit the College to interview the year 12 student, which was broadcast later that evening.

Hayden was even invited to be featured on The Footy Show with Sam Newman, Gary Lyons and James Brayshaw and said he was nervous prior to being on. "It was nerve racking. We got there at 8.30pm and I wasn't on till 10.30pm, so the whole time I was thinking about what I was going to say," he said.

Although Hayden believes that the attention from the mark has been "over-the-top", he can now focus on the rest of his season and his important VCE year. As for his future in football, Hayden said he hopes to get drafted to a team, ideally to the new Greater West Sydney team. "They will be an up and coming footy team and it would be a great opportunity to play with them," he said.

We wish Hayden all the best in his promising career in football.

Editor's Note: I'm sure that your fear of what the panel would ask you, centred on the always controversial Sam Newman. Well done though Hayden



Hayden Crozier with broadcaster Tony Jones



New Assistant Principal Julie Kennedy

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Heating accounts for approximately 50% of total energy used in Victorian homes. By replacing your electric heater with a high efficiency gas space heater, your household can reduce your power bills by up to \$280 per while saving up to 2 tonnes of greenhouse gas emissions per year. The Victorian Government is making it more affordable for eligible Victorian households to make the switch to high efficiency gas space heaters, reduce household electricity bills and live more comfortably in winter.

This discount is a **\$700 point-of-sale** discount off the **full supply and installation costs** of a gas space heater. Ducted gas heating systems and unflued heaters are not eligible for the discount.

It is available to eligible concession card holders who switch from a portable electric heater to an eligible high efficiency gas heater with an energy star rating of 4 or above. The discount is not available for the replacement of existing gas heating.

When contacting a participating supplier you should have with you:

Eligible Concession Card

An electricity bill(s) for the dwelling to verify you as the concession card holder and person named on the electricity account.

A gas bill(s) for the dwelling which shows 12 months consumption history

The participating supplier needs a valid 30-day pre-approval from Sustainability Victoria prior to installation. In addition to the Warmer Winter Discount the Victorian Energy Saver Incentive provides additional support to Victorians installing a high efficiency gas space heater through the Victorian Energy Efficiency Target (VEET) scheme. Talk to a participating gas heater supplier or visit the Essential Services Commission online at www.esc.vic.gov.au/public/VEET.

U & \$

Ready to reclaim control over your money?

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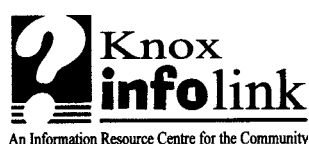
Dates are: August 3rd, 10th, 17th, and 24th

Starting time is 7:00pm

(Come earlier – 6:30pm for finger food and soup)

Phone 9764 3738 to book as places are limited.

Wellington Care Centre



Rowville Junior Fire Brigade

The Rowville Junior Brigade, which is open to girls and boys aged 11 to 16, are holding a sausage sizzle in order to raise funds to be able to purchase a new Competition Hydrant and equipment.



Please feel free to come and talk to these enthusiastic young people and find out what they do as members of the Junior Brigade. Many of these Juniors will go on to become Firefighters once they have completed the necessary courses and accreditations upon turning 18 years of age.

The Junior Brigade gives them a sound basic knowledge of hose work, couplings and hydrant setting, which is utilised when they compete against other brigades at State Competitions and at the Knox Group Running Track.

Rowville Junior Brigade

Sausage Sizzle

11 September 2011

10:00 am – 2:00 pm

Wellington Village Shopping Centre

Contributing to RLC News Style Guide

Publication Style

The Rowville Lysterfield Community News has its own style and your article will be made to fit with that style.

Formatting Your Contribution

The old saying that “Less is More” should be hung above your computer. Don’t try to ‘suggest’ styles by cleverly formatting your article. Use simple fonts such as Times New Roman for text and Arial for headings). Many fonts cannot be embedded in a PDF document for electronic transmission to the printer.

Headings

Like most newspapers and magazines, we use Title Case for most headings, not all UPPERCASE.

Lines, Boxes and Spacing

Horizontal lines, boxes, extra spaces between paragraphs and manual line breaks (shades of a manual typewriter!) also have to be removed before I set your article.

Graphics

DO NOT insert your graphics in your Word document. Attach them to your email as separate files. Try to include the article title or name of subject in the graphic’s name. Size and clarity of graphics is important. We use 300dpi resolution for photos while most scanners use 72dpi as their default. This is about 1/16th the sharpness. The real figure to go by is the pixel width of the picture. As a rule of thumb – a picture will ideally be about 1000 pixels wide for a single column width. (About 1Mb)

Send as JPG files to keep the size reasonable. If the picture is under 100kb in size then it is probably lacking in detail and clarity, no matter how it looks on your screen.

John Mortimore RLCN Graphic Designer 0402 138 834

e-waste recycling weekend

20 & 21 August 2011

Have you got old, electronic equipment at home just gathering dust? Don’t waste any more time... and get rid of it, all at once.

FREE for residents

Saturday & Sunday, 20 & 21 August 2011 (8am-4pm both days)

Knox Transfer Station, 251 George Street, Wantirna South (Mel Ref: 72 D3)

Getting rid of unwanted e-waste will rid our environment of toxic lead and mercury. And it’ll help de-clutter your home!

What electronic goods can be dropped off for recycling?

Accepted products ✓			Not accepted ✗
Televisions	Scanners	DVD players	Smoke alarms
Monitors	Fax machines	Video recorders	White goods
Desktops	Mobile and landline phones	Speakers	Household batteries
Laptops	Household electrical appliances	Sound equipment	Light globes
Printers	Electronic games	Microwaves	Fluorescent globes
Photocopiers	Joysticks	Medical equipment	Halogen lights
Servers	CDs, DVDs and tapes	Test & lab equipment	
All computer peripherals	Cameras	Power tools	
Electronic components			
Network equipment			

For further information, contact Knox City Council on 9298 8000 or Knox Transfer Station on 9887 4222.

Please note that drop-off is only for residents. Commercial quantities will not be accepted. Charges apply for other non-e-waste items.



www.knox.vic.gov.au



Stewart Brown, Angela Vetsicas, Sue Reynolds and Heather Brown studying the Plans with Students Jai Giuliano, Cissy Xue, Taylor Tha and Chloe Gardiner



Primary School for several years and our students this year have participated in a timetabled garden session. We want to deepen the focus of the garden program next year and we want to link the garden more explicitly with a cooking program. The garden program will have a science/sustainability learning focus and the cooking program will occur in Italian.

The vision is to develop the entire area in the Simon Avenue section of the school (the current mud patch) into a productive garden. The area will include chooks, fruit trees and vegetables. We want our students to learn to embrace the concepts of sustainability through cultivating fruit and vegetables and harvesting and preparing these in the kitchen too.

Students will learn that composting is a sustainable process for recycling waste. They will learn that growth can be enhanced without the use of artificial chemicals or fertilisers. They will also learn about food production by growing plants from seeds. Once the garden is productive they will learn how to prepare the food that they have grown. They will share the prepared meal with their class.

A garden team has formed to develop the “bare bones” of a garden plan. The members include Angela Vetsicas, Sue Reynolds, Heather Brown and Stewart Brown. There is infrastructure work currently taking place to build a kitchen in the new BER building. The goal is to have a section of the garden producing and for the kitchen to be complete by the end of the year. An acre has been set aside for the kitchen/garden which will evolve over several years.

The program also operates on goodwill and donations from the local community. It is a program that brings the community into the school. As the garden becomes more productive we envisage that members of the local community will assist to maintain the garden during term breaks and in return will be able to harvest fruit, vegetables or eggs to share with their own family.

We invite members of our school and local community



A very healthy harvest.

to join us on the Stephanie Alexander Kitchen Garden journey. Are there members of the local community who are prepared to share their skills or are able to source donations? Do we have somebody who can supply concreting or provide physical labour or equipment to carry out the earthworks for the garden or is able to donate joinery for our kitchen or is able to donate building materials for the garden or the chook shed or a water tank? Are there any retired market gardeners in the community who would be willing to share their knowledge and skill? Is there anyone prepared to donate kitchen appliances?

Are you able to contribute in any way to our kitchen/garden journey?

Knox Council Housing Affordability

The great Australian dream of home ownership is becoming more difficult for people trying to break into Melbourne’s housing market.

Knox’s Affordable Housing Reference Group Chair Councillor Mick Van de Vreede is shocked at results from the Demographia International Housing Affordability Survey, which ranked Melbourne the 321st most affordable city out of 325 locations in Australia, Canada, Ireland, New Zealand, UK, USA and Hong Kong. That’s a dubious honour for Victoria’s capital if ever I’ve heard one,” Cr Van de Vreede said. “It goes to show how unaffordable Melbourne has become and that’s a problem for all of us.

Cr Van de Vreede said that government needed to act on solutions that should include increasing the supply of social housing for people on low incomes and pushing for greater integration of social housing into established neighbourhoods, and could include inclusionary zoning.

Cr Van de Vreede said. “Housing prices are being driven upwards at an alarming rate and everyday Australians are

being put out of the housing market.” The median house price in Knox has almost doubled in less than a decade, jumping by 88%. Furthermore, 30% of Knox renters spend more than 30% of their income on rent, while 11% of homeowners spend more than 30% of their income on mortgage repayments. The median housing price to income ratio in Melbourne is now 9:1 not long ago it was 6:1. A ratio of 3:1 is seen as an acceptable affordability ratio. Cr Van de Vreede concluded that “More affordable



housing in Knox and Melbourne generally is not a ‘nice to have’, it’s an absolute necessity.”

“Places such as greater London, Vancouver, Toronto all experience high ratios of housing cost to income. But perhaps most remarkable has been the shift in Australia, once the exemplar of modestly priced, high quality middle class housing, to now the most unaffordable housing market in the English speaking world.”

Joel Kotkin, Distinguished Presidential Fellow in Urban Futures, Chapman University, California, Demographia International Housing Affordability Survey, January 2011

Jazzmatazz

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Rowville/Rowville Lakes Little Athletics

Cross Country State medals

After nine years of competing at Little Athletics 15 year old Jemma Beagley has gained her first state medal. Jemma joined with two other local girls to claim gold in the teams section of the Victorian Cross Country Championships. Grace McFaul and Tareena Little were the other runners. Grace also collected the individual silver medal as the second girl to finish the 3000m race, and Tareena was just a few places behind.

Several other Rowville and Rowville Lakes athletes brought home team medals by combining with children from Knox clubs. Jesse Eickhoff and Matt Stevenson put in great runs to gain a state gold in the U9 boys. Blake Tahlambouris and Kaya Beagley pushed each other to individual top 10 finishes and together with Lachlan Stapleton took silver in U10s. In the Under 10 girls, Jemma Stapleton and Tess McLeod were part of the bronze medal winning team. It was very exciting to see so many children rewarded for their efforts.

Handicap Day

The Knox annual Cross Country handicap day was held on a sunny Saturday morning at Jells Park. Front runners ran scared as back-markers tried to take advantage of the downhill start to make up ground. Our clubs had a



The Knox Regional Netball Centre located in Ferntree Gully offers netball to all abilities. The centre has ladies day time competitions on Wednesdays and Fridays which is supported by free childminding with qualified staff. There is also a mixed competition on Sunday evenings.



The centre has a 'Net Set Go' program for 5 – 9 year olds on Thursday and Friday evenings.

For more information about these programs please contact the centre on 9758 7191 or email knox.netball@knox.vic.gov.au

wonderful day with numerous children finishing top three for their age group. Marcus Byron, Cody Eickhoff and Kaya Beagley were all first across the line for their age groups. Joshua Clark and Zoe Aylen finished second in the U9 boys and U12 girls respectively. Third place trophies were collected by Brodie Rasti, Matt Evans, Jemma Stapleton and Hamish Byron.

Calling New Members

The Track and Field season is almost upon us and we're looking for new members. All children who have turned six and who are younger than fifteen are encouraged to take part. Little Aths is intended for family, fun and fitness. We encourage participation in all events and invite you to try it out at Try Out Day on Saturday September 17. You don't have to be a great runner, thrower, jumper or walker. You just need to be willing to have a go!

Registration day is September 3, but it is not necessary to sign up at this time. Official competition begins in October.

The Rowville Lakes Club caters for children from Park Ridge, Lysterfield and Karoo Primary (Call Nick on 9764 0661). The Rowville Club is for those attending Heany Park, St Simons or Rowville Primaries (Call Steve on 0409 231 380 or 9764 3384).

For students at secondary school or other Primaries, the choice of clubs is yours. We look forward to hearing from you!

Thanks to KLAC volunteer photographers.

Rosemary Merrigan

Right: Courtney isn't scared of a bit of mud



Little Aths Gracefully Grace!



Grace won Silver at the State



Off to a great start



Macus won on Handicap Day



Josh in a pack



Keelin at Nortons F

SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.

Lysterfield Junior Football Club



The Lysterfield Junior Football Club is thoroughly enjoying their inaugural season in the Eastern Football league competition, with

both competitive sides finishing on top of their respective ladders heading in to the finals series.

The Under 12 side finished with 12 wins, 1 loss to enable a week's break in the first week of the finals. On Sunday the 31st July, the Under 12's played in the 2nd semi final at the Ferntree Gully Recreation Reserve. They will play the winner of the Qualifying final, between Norwood Purple and Kilsyth.

The Under 11 side finished with 11 wins and two losses finishing on top of the ladder due to a percentage almost 140 % higher than the second side. Like the Under 12's, the Under 11's also earn a break and on the 31st July they played their 2nd semi final at Heights Reserve in Mooroolbark. They will play the winner of the Qualifying final between Upper Ferntree Gully and Mitcham. All the results will appear in next month's RLCN

Several players have reached their 50 game milestones in recent weeks.



Editor's Note: I hope the ball went further than your boot Joe!!

Under 12

Jordain McNay Nick Beare
Nick Gwynne Lachlan Morrison
John Munday Zac Taylor
Braden Mann Liam Dunning

Under 11

Blake Lee Bailey Marshall
Jake Pluckrose Sam Ketzer

Congratulations to all boys on reaching the 50 game milestone, and hopefully many more for the Lysterfield Wolves.



The Under 9's & 10's have completed their non competitive seasons with fine performances from both sides. The Under 10's have received a good grounding under coach, Mark Edwards and are in a position to advance to competition football in the Under

11's in season 2012. Likewise the Under 9's have received excellent instruction from coach, Brad Hutchinson and are looking forward to the challenge of the rise to Under 10's next season.

The Club will be adding at least one extra side next year, the Under 13's, to allow the Under 12's to advance.

All at the Wolves are enjoying the season and encourage others to join us and support our club during the Finals series.

Any enquiries can be directed to the President, Mr. Steve Ketzer on 0487 486 487 or the Registration Officer, Mr. Greg Crawford on 0417 535 817.



Strong Running at Nortons Park



We all love taking photos of family and friends to record occasions, functions or outings.

But, how many times are the photos just of a person or group of people directly facing the camera in fairly stiff pose with them visibly and self-consciously smiling as the photographer taking the photo says, "smile!"

People photography is mostly about facial expression and trying to capture the 'character' of the people. I find it works best if the people are engaged in an activity or concentrating on something they enjoy, as it takes their focus away from the camera and you.

As people are not as still as in the old style "smile" photos mentioned above, you may want to increase your shutter speed to freeze any slight movement. Doing this also widens your aperture. This is sometimes beneficial in slightly blurring a distracting or unattractive background and helps viewers concentrate on the people.

Take a number of successive photos of the scene so you can sort through them later to end up with one that best highlights the people and their facial expressions and character.



OK let's share the last piece of birthday cake!

With the old film cameras you generally limited the number of photos you took, but with a digital camera you can take plenty of photos as there is no cost when you just delete the unsuitable ones.

The key to many successful 'people' photos is ensuring you include the eyes, so try to avoid shadows on the eyes. This means focussing your camera when possible on the eyes.

HINT: Try to have the person, or people, focussed and involved in something other than the camera.

Eildon Park Cricket Club



What a massive season 2010/11 was for the Eildon Park Cricket Club. For the first time in our club's history we were crowned Division One Champions, taking out the Knox Tavern Cup in sensational circumstances. Congratulations to our departing Coach Josh Dowling and our 1st XI Captain Cam Cosstick for guiding the club to this success. This success was more than just a one season effort and is a credit to a huge number of people on and off the field, who have poured so much into the club over many years to get it to where it is now. Congratulations to 'best of field' and Stephen Lee Medallist Nathan Caton-Robertson and all the boys for writing their names in history with this victory.

While it was our 1st XI who stole all the headlines, they were not to be outdone by our three Junior Premierships. Our under 17(1)'s also won the title for the first time. Under first time Coach Steve Pimm's guidance, they chased down Johnson Park's score for no loss, riding on the back of Bryce Hoban's maiden century and Jarryd Dietzel's undefeated half century innings.

The under 15(2)'s stormed to the title, losing only one game for the season. Congratulations to all the boys who emphatically won both finals, a total credit to the Coaches Darren Pollard and David Wong for another outstanding season together.

Our under 13(1)'s also won the title, however in more heart stopping circumstances, winning a thriller in the last overs. It was a slow start to the season for the boys, however they caught fire after Christmas and took all before them. Congratulations to Coach Craig Hill and



Eildon Park Cricket - knox tavern cup premiers.

(Right) *Eildon Park Cricket - U13s*

Team Manager Steve Smith for their terrific work with these young cricketers.

Now that the fun of 2010/11 is behind us, 2011/12 is what it's all about. For all our junior members, you now should have received your Registration Packs in the mail. Please note our Milo 'In2Cricketers' will receive their Registration Packs shortly for a separate Registration Day. If you are yet to receive it, please contact John Potalej on 0419 730 280. Just in case, our Registration Day details are:

Junior Registration Day U/12s- U/17s Saturday 20th August

To Be Held At Saxons Indoor Cricket Centre
14 Gatwick Rd Bayswater
9:00am- 12:00pm

We look forward to seeing all our Junior Cricketers again on this day, and again for another big year at the Eildon Park Cricket Club.

Christian Trotter Vice President



Eildon Park Cricket - U17 premiers



Eildon Park Cricket - U15

Knoxfield Cricket Club Ladies and Juniors Wanted



Lo and behold the cricket season is almost upon us. "What" you say, the footy season hasn't finished yet.

Well, Knoxfield Knights aren't waiting around until it ends, they are hitting their straps early. But why is Knoxfield Knights in OUR paper, OUR local Rowville / Lysterfield News?

It's because we need your ladies, that is, Knoxfield Cricket Club is once again fielding a Ladies team this season and are looking for you to come and play for us. Our ladies team have been pretty successful over the last five years and have enjoyed many prized moments, having won their section grand final in their first year and followed that up with very competitive years after that, only once not making the finals. But 2010 / 2011 season wasn't good for our ladies as a few had other commitments, our ground was being 'drought proofed' and we couldn't play on it, and so our ladies didn't enter a team. Not being able to use our ground also impacted on our juniors and we were only able to field two junior teams.

So that brings me back to where Rowville / Lysterfield ladies and juniors can help. I know there are plenty of ladies in Rowville / Lysterfield who would LOVE to play cricket. Having had a ladies team for five years we

offer a female and family friendly atmosphere at a very successful club (all four senior teams made the grand final last season with three wins). To encourage you to come down to Knoxfield, we train and play on Carrington Oval, which is next to Bunnings on Ferntree Gully Road. There are **NO fees** for our ladies or juniors this year, that's right **NO fees** and we'll even throw in a Knoxfield Knights cap.

There will be a **registration day** for Juniors on Saturday the 13th August at Carrington Park between 9.00am and 12.00 noon and ladies you can come down too or contact our Registration Secretary Mark on mobile 0408 328 385.

This is a great opportunity for the women of Rowville / Lysterfield to be involved in cricket by playing it, and bring your kids along too.

Rob James Asst Secretary

Editor's Note:- It all seems too good to be true. Something for nothing and you will have fun at the same time!



The Ladies pose before a Finals Game.



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Junior Registration Day

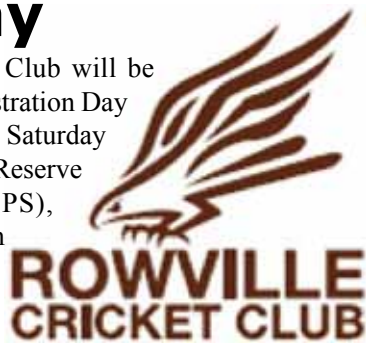
The Rowville Cricket Club will be holding its Junior Registration Day for season 2011/12 on Saturday 20th August, at Liberty Reserve (behind Heany Park PS), Liberty Drive, from 10am to midday.

The club competes in the Ferntree Gully District Cricket Association and this year will field sides in the Under 17, 15, 13 and 11 age groups. The club also hosts a Milo in2Cricket program for boys and girls aged 5 to 10, which serves to introduce them to the great sport of cricket. Last year was a particularly successful season, with our Under 13 side going through the season undefeated and winning the premiership. We welcomed increased numbers across all grades and in our Milo program.

The club boasts a range of qualified coaches (Level 1 and Level 2) and modern training facilities including three new nets. All training is held at Liberty Reserve which is in close proximity to Heany Park Primary School and the entire "Wellington Village" estate. Many of our players and families walk down or ride their bike to training which adds to the family friendly atmosphere at the club. Being a smaller club than some others, we are able to provide more individual assistance and training for all of our players.

We welcome all our current Hawks back to the fold this year, and encourage all new members to the club to come down on the 20th and sign up for the season ahead.

If you would like any more information about the club in general, contact Junior President Mark Oudshoorn on 0412 767 315 or via email: rccjuniors@hotmail.com. We look forward to seeing you at Liberty on the 20th!



Knox Council Keep Knox tidy Track trolleys

Abandoned supermarket trolleys are a hassle. They make Knox look unkempt, can interfere with traffic if on the loose and are a frustration for supermarket customers when there's no longer enough of them in a bay.

But now, with the help of handy online services, residents can help catch these runaway trolleys.

Council's Local Laws Coordinator Elke Tapley is supportive of the move and is encouraging residents to get out their phones and help clean up Knox. "One smartphone application, called Trolley Tracker, enables residents to report lost Woolworths, Big W, Dan Murphys and Thomas Dux trolleys that have been abandoned," Ms Tapley explained. "All that residents have to do is download the app from the Woolworths website and when they see an abandoned trolley, they simply open the app and the GPS tracker within their phone will report the location of the trolley to Woolworths."

"Alternatively, people without a smartphone, can call the general Woolworths Trolley Tracker number on 1800 641 497."

Ms Tapley said residents could also report abandoned Coles trolleys by calling 1800 TROLLEY (1800 876 553) or emailing 1800Trolley@coles.com.au

Editor's Note This is not just a Knox issue, it is a national problem. It is laziness and shows a lack of pride for our suburbs. If we don't act, supermarkets will extend and increase the coin operated models as a deterrent. Do our readers have any better solutions? Drop us a line if you do.

Liberty Avenue Three Year Old Kindergarten

In the last few weeks of Term 2, we moved many of our usual activities around and presented them in a different manner. One example of this was the use of the easels. Rather than painting at them, we offered the children a variety of pasting materials, scissors, paste and textas. By combining the two activities as well as using large sheets of backing paper, we noticed that many of the children remained focused and involved in their art work for longer. This experience provided opportunities to continue to challenge our fine motor skills as we adjusted the angle of our wrists to draw on a vertical rather than a horizontal plane. Also, the use of scissors allowed the children to alter the size and shape of items that they pasted onto the paper. It provided opportunities for the children to extend upon their ideas and explore their creativity as they experimented with the colours and textures of the materials available.

We also continued the use of natural materials by exploring the textures and properties of wet clay. The children moulded and shaped it with their hands, as well as using sculpting tools, hammers and wooden stampers to create patterns and textures and to alter the shape of the clay as they worked. For some children this was a very soothing experience where they satisfied their need for messy sensory play or to pound the clay using fists and mallets to release excess energy.

At Liberty Avenue Three Year Old Kindergarten, we currently offer two different groups, each with a maximum of 20 children in attendance. Our Gumnut group is a "deferred" group, specifically for children whose attendance at 4-year-old preschool has been deferred for a year, allowing the children more time to mature before going to school. This group attends for 2 x 3hr sessions per week. Our Bottlebrush group attends for 2 x 2.5hr sessions per week. The costs vary according to group preference.

We employ two staff members, including a qualified kindergarten teacher and an assistant. We pride ourselves in offering families an individually based programme, where the children's progress is monitored and their needs are planned for on an individual basis. We offer a safe, nurturing, learning environment and a stimulating educational programme that encourages the children to have fun together as they learn.

Enrolments: If you would like more information about our kindergarten, our session times, the program we offer or if you would like to obtain an enrolment application form, please contact our enrolment secretary – Caroline on 9752 9565.

Penny Drago and Debbie McNamara



Does Your Dog Have Dry Eye Disease

Dry Eye usually occurs due to destruction of the tear glands by the dog's own immune system, resulting in no tears being produced. Dry Eye is an incredibly painful disease that requires ongoing treatment to prevent irritation, infection, and ultimately blindness.

To understand the pain your dog may be suffering, hold your own eye open for a minute without blinking. The dry, irritated feeling is what they constantly feel. Blinking further increases the irritation and pain.

Symptoms to look out for are: Rubbing/scratching eyes, Red and inflamed eyes, Discharge from eyes, Dry or cloudy looking eyes, Frequent eye infections, Excessive blinking or keeping eyes closed

Dry Eye can occur in all dogs. Older dogs and the breeds in the following list are more prone to this painful condition: Most Spaniel breeds, West Highland White Terriers, Shih Tzus, Pekingese, Lhasa Apsos, Yorkshire Terriers, Pugs, Shar Peis, Poodles and Bulldogs.

Older dogs, or those who have diabetes, or recurring eye infections may also suffer from Dry Eye disease.

The condition can be diagnosed with a simple test performed by your veterinarian. If you are concerned about Dry Eye in your dog, please contact your local Greencross vet to make an appointment.

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LET IT SNOW

By Lysterfield P.S Hope G & Hanne D

Antarctica is the only continent with no species of ant!



Fill The Gaps

Blue Whales come to the Antarctic to feed on _____. Emperor _____ lay one egg each summer.

Antarctica is the coldest _____ on Earth.

You have to watch out that you do not get _____!

Ice Fish live in the Antarctic _____.

True or False!

1. True or False?

Penguins get eaten by polar bears.

A: False! Polar bears live at the North Pole not in Antarctica.

2. True or False? Leopard seals eat penguins.

A: True! Leopard seals love to eat penguins!

3. True or False? People live in Antarctica

A: False! Researchers spend many months there but none live there permanently!

Antarctic Animal Word Search

N	P	S	E	O	L	K	X	V	F	Q	B	L	G	K
V	I	L	V	L	A	E	I	K	W	T	W	A	J	I
M	U	U	L	A	E	S	D	R	A	P	O	E	L	N
M	O	B	G	W	S	P	B	Q	S	N	N	S	C	G
A	V	I	X	N	R	D	H	A	D	J	E	L	T	P
U	J	R	B	M	E	O	O	A	F	E	H	L	A	E
D	M	F	C	T	T	P	K	O	N	B	Z	E	P	N
P	I	K	Y	C	A	N	E	Z	B	T	J	D	U	G
B	M	K	J	S	E	P	C	I	L	D	S	D	H	U
B	H	N	R	N	B	K	A	W	L	G	I	E	Y	I
J	H	G	M	H	A	G	F	E	K	E	L	W	A	N
M	G	T	W	A	R	Q	B	S	H	P	D	D	Y	L
M	M	M	G	S	C	R	L	B	R	Z	E	A	A	K
B	I	G	E	N	T	O	O	P	E	N	G	U	I	N
N	I	U	G	N	E	P	I	N	O	R	A	C	A	M

ADELIE PENGUIN CRABEATER SEAL

ELEPHANT SEAL GENTOO PENGUIN

KING PENGUIN LEOPARD SEAL

MACARONI PENGUIN

WEDDELL SEAL



TAKE THE QUIZ



Did You Know? Antarctica is a desert!

ANTARCTICA MAZE



Students Corner

The following essay considers the question of free will. Most of us assume that when asked to choose between Corn Flakes and Coco Pops, we weigh up the pros and cons then make a decision. But is it really our decision, or has it already been decided, and we are just fulfilling a destiny? Is free will just an illusion?

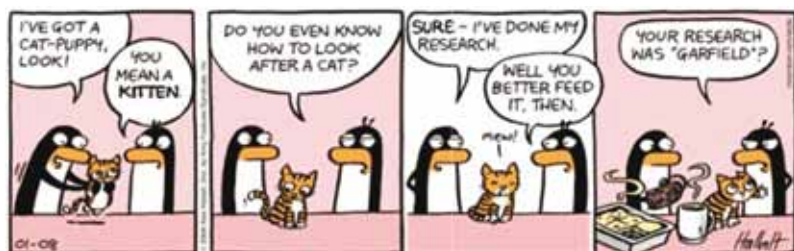
The society that we live in is based on certain assumptions about free will, in numerous aspects. The assumption of a person's free will is most prominently applied in the legal system, where it is assumed that a person who committed a crime did it of their own free will, and that it was not set out for them and unavoidable. Another is seen in literature and mythology, where the assumption of free will is necessary in order to understand the role of the protagonist. However, even though free will is assumed in everyday life during this day, there was a time when free will was not assumed, which will also be explored briefly.

Our legal system is based on the concept that a person who has committed a crime did so upon their own free will, and it was not an unavoidable event set out for them by a god or spiritual deity. It holds people responsible for voluntary actions and their results. If free will were not assumed in this situation, perhaps a murderer would not be punished for their crime, as it was set out for them to do so, and they never had the choice in the matter. Additionally, the legal system also

determines circumstances whereby someone was not of 'sound mind' when they committed a crime, and therefore were not in a situation where they had control over their choices and actions. The assumption of free will in the legal system can be seen as one of the most important, as not only does it ensure the punishment and justice (in most cases), but it also protects the free will of others by keeping them safe. This example is directly associated with 'Determinism and Responsibility'. This theory says that if the world is deterministic and all actions and events are pre-determined, then people could not take responsibility for their actions, as they could argue that they had no choice in the matter.

Another aspect of free will in society is in literature and mythology. Here, free will is assumed, for if it were not, how could the notion of a hero begin to be conceived if their choices and decisions never affected the final outcome. How could one even begin to feel for the protagonist in a novel, if no matter what actions they took, the outcome would always be there. How could you feel the sense of dislike for Lord Voldemort in the Harry Potter series, if everything was set out for him from the start, and he had no control over the villain he became. Without the assumption of free will, it is almost impossible to create a believable, or interesting storyline, or to follow mythology.

Finally, in the past, the assumption of free will has not always been made by people of society. During the 1700's in France, the monarchy had such control over the nation, that the people were not aware that they had the right to make their own decisions. The slogan of the revolutionaries in 1789 was 'Liberty, Equality, Fraternity' with 'Liberty' being the right to do as they pleased, as



Liberty Avenue Playgroup

Saturday Sessions starting Term 3

Liberty Avenue Playgroup provides a safe and supportive environment to support parents and their children (aged 0-5). Until now, this fantastic opportunity has only been available during the week, but now we are offering Saturday sessions to ensure everyone can benefit from Playgroup.

Saturday playgroup sessions are ideal for parents who work full time and would like an inexpensive, weekly activity. Dad's groups are especially encouraged and we would love to help facilitate a 'Dad's and kids' session on a Saturday (or Sunday).

During Playgroup sessions, parents can build friendships and share experiences with other parents and encourage children to do activities that can be a challenge to do at home such as painting and craft (all supplied!). Children



long as it did not endanger the free will of others. The right to free will was also outlined in 'The Declaration of the Rights of Man and Citizen'. Although it was not a legal document, it changed society as the people became aware that they had the right to free will, could talk about what they pleased and publish what they wanted. In the sense of free will in society, the 1700's saw the beginning of the realisation of the right to free will across Europe, establishing governing systems and social reforms which are still acted upon to this day.

Personally, although I believe in the theory of compatibilism, which claims that our decisions are casually determined and we have the illusion of free will, the theory that can best be compared to the assumption of free will in society is 'determinism and responsibility'. As mentioned previously, the theory suggests that if everything were pre-determined, how could anybody be praised or punished for their actions? This applies to the examples of the legal system, and also literature and mythology. The theory of 'indeterminism', which states that events happen randomly by chance, supports all three examples to an extent. This is because indeterminism is essentially the assumption of complete free will, which supports the idea that a criminal robbed a bank because they chose to, a hero saved a baby from a burning building because it was their choice, and that people in society had the right to free will, to make their own choices.

Conclusively, it can be safely said that if free will were not assumed in society, the world we are currently living in would be completely different. These assumptions shape what we read, who governs us, and how safe we are. They also give us the freedom and right to publish and speak about what we please without oppression, and that to have a balanced, fair, and lawful society, it is necessary to assume free will.

By **Jessica Ruth** Yr 11F Rowville Secondary College

aged 0-5 will benefit in many ways as they develop friendships with other local children who attend their weekly session.

At Liberty Avenue, our Playgroup room is very large and complete with home corner, dress-ups, arts and crafts (materials supplied, BYO imagination), high chairs, toddler tables and chairs for snack/lunch time, and a child-friendly furnished book corner. We also have great nappy change facilities and toddler toilets. Toys range from musical instruments, a huge wooden train set, dolls with prams, blocks, the list goes on and on! But that's not all!! Outside, we have a large slide and climbing frame complete with soft fall, a huge cubby, 2 sandpits and bikes and ride-ons for all ages!

We are currently offering 3 sessions on a Saturday and are prepared to introduce a Sunday session if the community needs it. For more information about our Saturday sessions or to enquire about vacancies on weekdays, please contact Meaghan on 9753 2252 or email libertyplaygroup@hotmail.com.



Health & Wellbeing

Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine
96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville
Physiotherapy 9763 9233 Sports Medicine 9763 3944



The hamstrings are a group of muscles found at the back of the leg between the bottom and knee. Hamstring strains are very common injuries sustained by active people and are commonly the result of high intensity actions such as running, kicking, jumping and dancing, though can also occur in activities such as yoga.

Like any muscular strain hamstring strains can be classified from a scale of 1 to 3 with 3 being more severe. Classifications are based on the size of the area of muscle affected and the resulting changes in the muscles performance, in combination with pain levels. This classification is something best performed by a physiotherapist.

Treatment of strains is similar to any other muscle injury. As soon as possible rest from activity and apply ice to the area, using a compression bandage and elevating the affected limb. A physiotherapist can then assess your strain and determine the best rehabilitation plan for you to get back to sport or your activity as soon as possible. This can include massage, stretching, strengthening and specific return to sport exercises dependent on the classification of your injury.

Some people can suffer from re-occurring hamstring injuries, this is one of the biggest conditions plaguing the AFL and other elite running sporting teams. In the case of re-occurring strains, other factors may be contributing including muscle imbalances, nerve issues, sporting or running technique concerns and bio-mechanical issues to name a few. Your physiotherapist is the best person to assess this and put you on an appropriate rehabilitation pathway.

Lauren Brereton (Physiotherapist)



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Warts / Verrucae Pedis

Warts, also known as a "Verrucae Pedis" are areas of viral skin infection that are caused by "The Human Papilloma Virus (HPV)" and are extremely common on the feet. There are many types of HPV virus and likewise verrucae come in all shapes and sizes.

Causes / Common places they are picked up:

Contact with someone else who has a wart / verrucae.

Contact with a surface that a wart has been in contact with

Public showers at the pool or gym (warm/moist environments)

Hotel carpets

Sharing shoes / Socks.

How can I tell if I have a Verrucae?

Hurt with direct pressure if large, over a bony prominence or pressure area.



Usually Hurt if squeezed gently side to side

Cauliflower appearance - surface of the verruca is often rough like a cauliflower

Little black areas / dots are visible within the verrucae.

These are small blood vessels

Treatments?

Seek the treatment of a **Podiatrist at Rowville Sports Medicine Centre** Who can provide you with a range of treatments:

Cryotherapy/Liquid Nitrogen:

Freezes the wart & have a good success rate over a course of treatment.

Caustics / Acids:

Chemicals that help kill the Virus are applied to the wart / verrucae by the podiatrist.

Curettage Surgery:

Not all warts / verrucae will respond to initial treatments. In some cases it needs to be removed via a small surgical procedure which the podiatrist can perform in their own rooms.

□ Speak to your Podiatrist at Rowville Sport Medicine Centre to have your wart / verrucae assessed and to have a suitable treatment plan formulated.



Minutes of June 28th Meeting

Here is a brief summary of items affecting the Rowville-Lysterfield area from the Knox City Council meeting on the 28th of June 2011.

ITEM 6.4 Stud Park (Stage 2) Structure Plan Review

A report was presented to Council in response to a Call Up item from the council meeting on the 31 May 2011 requesting a report on the indicative process, timing and resources requirements to review the Stud Park Structure Plan (Stage 2) as resolved by Council on 27 April 2011. The report highlights the relationship with the housing policy review project and the need to advance the housing policy review project to better understand the implications and directions for the review of the Structure Plan - in the context of the strategic approach to planning and managing housing change across Knox. The review is expected to take approximately two years to complete and cost approximately \$350,000. This cost estimate includes the costs for a full time senior project manager for 18 months. The report recommends that the review does not commence until the direction of the housing policy review is confirmed; and refer the resource and budget requirements to the 2011/12 midyear budget review.

Council resolved to:

1. Note the report outlining an indicative project scope (as per Appendix A) to review the Stud Park (Stage 2) Structure Plan as resolved by Council on 27 April 2011.
2. Refer the detailed project scope to the next available meeting of the Housing Advisory Committee for consideration and comment and then to the August 2011 issues Briefing meeting for further consideration.
3. Refer resource and budget requirements (\$190,000) to commence the review of the Stud Park Structure Plan to the 2011/12 midyear budget review and further resource and budget requirements to complete the process to the

2012/13 budget process.

4. Subject to the outcome of mid year budget consideration; commence a review of the Stud Park Structure Plan in November 2011 after first reviewing Council's Housing Policy direction.

5. Subject to the outcome of mid year budget considerations, undertake a cumulative traffic and on-street car parking impact assessment and cumulative drainage impact assessment for the Substantial and Moderate Change areas as part of the review process and in time to inform draft changes to the Structure Plan (Stage 2).

6. Initiate an Expression of Interest process with a view to establishing a 'Community Reference Group' to assist with the proposed review of the Stud Park Structure Plan (stage 2), recognising that the finalisation of this process and appointments will be subject to the outcome of the mid year budget considerations.

Item 10.2 Works Report as at 14 June 2011

Stamford Park Redevelopment

The Procurement Options Report prepared by AECOM Consultants has been considered at the May Council Issues Briefing and feedback received. A report formally recommending the preferred procurement option will be presented to Council in July 2011. The Minister for Planning has authorised Council to exhibit the Planning Scheme Amendment (C93) for Stamford Park. Discussions are continuing with Melbourne Water regarding flood issues at Stamford Park and the surrounding residential area.

Corhanwarrabul Creek Trail (To Dandenong Creek) – Shared path

Majority of shared path works at Stamford Park along Kelletts Road main drain and Stud Road are now complete.

Stud Road, Rowville – Sunshine Street to Timbertop Drive – Footpath

The developer is building a front fence and once completed, this will become the new title boundary. The developer's surveyor will draw up the necessary title documents.

Wellington Road, Rowville – Smartbus Footpath Connection

Works have been completed.

Eildon Park Storm Water Harvesting – Stage 2

Tanks to be installed on June 18.

Avalon/Stamford/Stud Road Intersection

with his mother.

When he first told me this story, I was surprised that gambling companies were legally able to give credit to their customers for the purposes of gambling. It did not seem right. There is too much of a conflict of interest, and too much risk for problem gamblers to lose everything.

I have since discovered that most jurisdictions in Australia do indeed restrict online gambling companies acting as lenders. But the Northern Territory does not. Guess where all the major online gambling companies, such as Sportsbet, are licensed?

I am not anti-gambling as such. I enjoy a flutter as much as the next person. But I think it is morally bankrupt, and dangerous, for online gambling companies to give credit to their customers so that they can (literally) bet their house away without leaving their living room. It is one thing to lose everything in your savings account, but it is a different matter entirely to be put tens of thousands into debt.

I have asked the Northern Territory Chief Minister to change the NT laws. If he fails to do so, then I will seek to get the Federal Parliament to address this loophole.

As for the young Wantirna man, we are still fighting his case, but it is not looking good. I have asked the CEO of Sportsbet to show compassion. After all, the company suffered no or little cash loss.

I fear, however, that my request is landing on deaf ears.

Modification

Works on hold until 2011/2012

Stud Road, Rowville – Footpath

Construction complete.

Tirhatuan Drive (No 18) Rowville – Drainage Design

A meeting has been held with Melbourne Water and the Education Department to discuss project scope and responsibilities. It was agreed that Melbourne Water will instigate a feasibility study for a possible retarding basin within the Rowville Secondary College.

McKay Road – Reconstruction

Works well underway with contract works 25% complete.

Raymond Road – Reconstruction

Works well underway with contract works 25% complete.

Wellington Road/Eastlink – Shared Path

Concept design prepared. Detail design underway - awaiting Melbourne Water shared use path design parameters and required level of bridges (ie over Corhanwarrabul Creek and over the Rowville Main Drain). A Cultural and heritage study of the route has commenced.

Council Minutes can be viewed at <http://www.knox.vic.gov.au>

Darren Arnott

HELP CATCH GRAFFITI OFFENDERS NOW

Knox Council and Victoria Police need your help to catch taggers who are intent on vandalising our community. At the moment, Council and Police are hot on the trail of several taggers. They're asking residents to look out for the tags, **CREEP, WESK, RATES, AROZE, KAWT and REDMAN**.

"Last year Council and local Police started using a graffiti database which records instances of graffiti in Knox," Cr Gill, Chair of the Graffiti and Vandalism Committee explained. "This helps Police and Knox Council collect images of graffiti, and helps Police build an evidence portfolio to assist in charging offenders. Residents can help Police and Council by reporting any graffiti they see, particularly the tags mentioned above and after taking a photograph of the graffiti log onto Council's website www.knox.vic.gov.au and record details of the graffiti through the graffiti reporting tool."

Knox Police Senior Sergeant Phil Edmunds said community assistance was essential in identifying offenders. "The more residents and businesses that come forward with information and images of graffiti, the better chance we have of catching these taggers. We're also likely to have more evidence, which can result in increased penalties handed out through the courts. Graffiti offenders are targeting both private and public property in Knox, with no discrimination. We want these people to be held accountable for their actions."

Cr Gill said residents should remove graffiti on their own properties after photographing, as quick removal can help discourage repeat offences. Residents can call Council on 9298 8000 to request a graffiti removal kit. Anyone with information about the identity of graffiti taggers should contact CrimeStoppers on 1800 333 000 or Knox Police on 9881 7000.

Alan Tudge Writes



Gambling your house away

As an MP, you sometimes get constituents in your office whose stories blow your mind and set you on a course you never expected.

This was the case when a young, unemployed Wantirna man came to see me in early March. The young man was given \$80,000 in credit by the online gambling company, Sportsbet.com.au. Over the course of a week, he blew it all. Sportsbet have since taken him to court, bankrupted him and he is about to lose his family home that he shares

An Hour With Councillor Darren Pearce

When incumbent councillor Tony Kimitsis advised that he wasn't going to contest the next council elections in 2007 the road to council chambers began for Darren Pearce.

Darren was born in Newcastle NSW, 46 years ago, where his father was an engineer with BHP, but in 1974, his father gained a promotion and the family moved to Melbourne, settling in Wheelers Hill.

Darren attended Wheelers Hill Primary School and Brentwood Secondary College before going on to tertiary studies at Monash University where he gained a Bachelor of Economics in Business Administration.

After graduation, Darren took up a post as a supermarket manager with one of the biggest retailers but quickly realised that this wasn't the path for him. He travelled to the UK and Europe for a year and enjoyed the experience and different cultures. However, Australia was home and on his return in the middle of the 1991 "recession we had to have" he tried the supermarket business in Sydney, but was disillusioned and decided to further his education at the University of Technology in Sydney where he achieved a Graduate Certificate in Accounting. It was also whilst studying there that he met his wife to be Susan, and they married in 1996. "I was working in sales as an account manager for a tax & legal publishing company at the time, so I enrolled at the Graduate School of Business at Macquarie University and in 2002 I gained my Master of Business Administration in Marketing" says Darren.

Later that same year the couple moved to Melbourne and bought the house they live in today in Rowville. The couple have two children, daughter Courtney 8 who attends Heany Park Primary School and son Simon 4, who attends Liberty Avenue Pre-School. Susan runs her own accounting business from home, specialising in auditing self managed super funds.

After his experience for the publishing company and then as a Senior Consultant in the business supplies and equipment industry, Darren decided to start his own small business consultancy, advising and training people on how to start and run their own businesses. He has successfully built this up over the last 8 years, but "between my

business and my commitment as a councillor there is not much time for outside activities" he says. "However, I am proud to be the Director of Finance for the Ferntree Gully and Rowville Financial Services Ltd and I get to see my favourite football team Geelong as often as I can".



Darren admits that he 'lacked athletic ability' at school and was a bit of a nerd especially as he preferred to be in the school chess team rather than play one of the football codes. He adds "But I still have a passion to help people and I greatly admire Michael Gerber, especially his book "The E-Myth Revisited" where the author attempts to answer the question 'Why Most Small Businesses Don't Work And What To Do About It'".

I asked Darren what drove him to stand as a councillor, as there was no family history of government involvement of any kind, although his mother and father certainly followed

and understood the political scene of their time. "When I read about the proposed 17% rate increases in 2004, I thought how unfair that was on households and that the load could be better spread across business and private households. This was my first inkling of wanting to serve the community" he says. Since 2008, Darren has served alongside three Mayors, David Cooper, who Darren describes as consultative with good mediating skills, Joe Cossari who held strong views and ideas and finally Sue McMillan who is totally dedicated to the role.

In answer to the question about the best and worst aspects of his role, Darren was quick to say that the opportunity to help residents and improve their quality of life is the most rewarding. Conversely, whilst the nine councillors mostly agree on what is best for the municipality, some things don't always get done to individual councillors total satisfaction and sometimes we haven't the power to help residents directly as their problems are either a State or Federal Government issue.

When I eventually retire as a councillor I would like to think that the residents I represent will remember me as someone who honoured every election commitment. The most important issue for the future is the planning and development of the City surrounding the future of medium and high density development, I hope to continue to be sitting in council after the 2012 elections to represent my ward residents.

One of the Councillor's edicts is, *intelligence x ignorance = arrogance*. There is certainly none of the latter on show here.



Melbourne's own exquisite string and piano accordion quintet, "Cosmo Cosmolino", is bringing its unique sound to Knox. The group of talented composers and performers is currently touring Victoria to promote its third album release, *Bel Air*; and Knox is the second venue on the tour. "Cosmo Cosmolino's music is just spectacular," enthused Richard Mitchell, Knox Community Arts Centre Coordinator. "Featuring a range of beautiful instrumental moments, entwined with riveting vocals, this ensemble just goes from strength to strength. Playing tangos, Hungarian songs and even their own beautiful original compositions, this group will take audiences on a journey that's both mad and beautiful".

"Mesmerising, heartfelt and passionate, it's a performance that should not be missed!"

When: Thursday 4 August, 8pm.

Where: Knox Community Arts Centre — Corner Mountain Highway and Scoresby Road, Bayswater.

Tickets: Adults: \$29.50, Concession: \$23.90, Student: \$16.50, Friends of the Arts Centre, U3A Members, and group tickets: \$22

Bookings: To book online visit www.knox.vic.gov.au/theatretix, or email knoxarts@knox.vic.gov.au or phone 9729 7287.

And a short intermission follows..

Knox Community Arts Centre will close between Monday 15 August and Monday 31 October as building works are delivered.

"Works, which involve improving access, as well as some operational changes, would benefit audiences, performers and community groups alike. KCAC opened in 1975 and the venue has remained mostly unchanged for 36 years, apart from the installation in April, of a sprung floor, which meets the standards expected by The Australian Ballet" said Richard Mitchell. "It is used 7 days a week and hosts more than 30,000 people at about 250 events each year, including meetings, classes, seminars, and various performances," added Richard.

The centre presents a lively and varied program of music, plays, comedy and children's shows, bringing the best in Australian theatre to the local area. Changes will be made to the venue to ensure it meets growing demands and community expectations. Works will include:

- Installation of a wheelchair lift to the theatre.
 - Relocation of the main entrance from the north to the west side and installation of a sliding door.
 - Creation of a new administration and box office space, and modification of the existing office space, incorporating it as part of the backstage area.
 - Installation of internal stairs to the 'Bio Box' (the control room used by technicians during performances).
- Council received a Federal Government grant, through its Regional and Local Community Infrastructure Program, to complete the works.

Knox Italian Community Club



On Saturday 20th August, the Knox Italian Community Club will be holding their annual dinner dance in

honour of Saint Elena of Laurino. The event starts at 6.30pm and goes through until midnight. Music will be provided by the 'Blue Diamonds'. Tickets are \$35 each which includes a four course meal with a special rate of \$20 for children under 12. Drinks will be available at bar prices.

Saint (Sant) Elena is the patron saint



of Laurino, a small village in the Campania region of Salerno in Southern Italy. She is celebrated three times a year in her home town during May, August and October and in June people flock to Saint Elena's cave in Pruno, where, according to legend, she died.

We celebrate Saint Elena every year in August with some of the proceeds from the function being used to help less fortunate members of the community and to help with maintenance of our Saint Elena statue.

Mass will be celebrated at 3pm at St Josephs Church in Boronia.

Bookings for the dinner dance are essential and can be made with: Rose Petraglia on 9762 4743 or Angela Maffia on 9762 1465



Lysterfield Primary School

So you think we can dance?
You bet we can!

During term two, Lysterfield Primary School made a successful journey through the Dance Fair Victoria. We are extremely proud of our 33 Senior School girls who entered the Dance Fair Victoria competition at Fairhills S.C. On the whole, we were successful and would like to congratulate the following girls on their achievements:

Grade 6s

Teams – 1st Prize: Kylie S, Ruby W, Hanne D, Lily P, Paige V.

Teams – 2nd Prize: Caitlyn H, Tayla H, Olivia T.

Solos – 1st Prize: Lauren G.

Solos – 2nd Prize: Brooke M.

Troupe – 2nd Prize: Alanna V, Kayla B, Ashleigh L, Brooke M, Olivia T, Nateisha S, Hope G, Georgia E, Sonam S.

Grade 5s

Teams – 1st place: Maddy T, Caitlin P, Hayley M, Ruby D, Ashleigh G Bridget M.



Teams – 3rd place: Lucy R, Tess B Grace St C, Alisha L.

Solos – 1st place Caitlin P.

Duos – 1st place Tess B, Chelsea W.

To add to these amazing results, Lysterfield PS was named in first place overall. Their sparkling trophy is now proudly placed in our office area. This was extra exciting achievement, as we won this award last year



as well.

All the performances were great and we had lots of fun and great success. Finally, a massive thank you to all the teachers who came and supported us during the competition.



Lysterfield Primary School
Bellfield Drive, Lysterfield 3156
Phone: 9752 7953 www.lysterps.vic.edu.au

Rowville Primary School Our Student Leaders attend NAIDOC Celebrations

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander people. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities to support the local Aboriginal and Torres Strait Islander community. NAIDOC originally stood for “National Aborigines and Islanders Day Observance Committee.”

From a self-directed inquiry into Aboriginal history and culture in the Rowville area, Tanmay Gupta and Lachlan Ballard discussed their learning in a meeting with Vicky Peters, the Koorie Engagement Support Office for DEECD. From this meeting, Tanmay and Lachlan were then invited to attend and speak at the NAIDOC celebration at DEECD, Eastern Metropolitan Regional Office in Glen Waverly on Friday 1st July. Other important



Photo was taken by Parliamentarian Leader, Lachlan Bray.

guests on the day included Aboriginal Elders Aunty Dot and Uncle Colin Peters.

“One of the roles of being a student leader is to teach other students about important things. Believing that having an understanding about our Aboriginal history and culture is important,” expressed Tanmay Gupta in his speech. Tanmay had made a connection to his own cultural upbringing, “When I read about smoking ceremonies and



the way that it was used to drive away bad spirits I made a connection with my culture. We hang strings of lemons and chillies at the entrances of our houses and shops to keep away evil.”

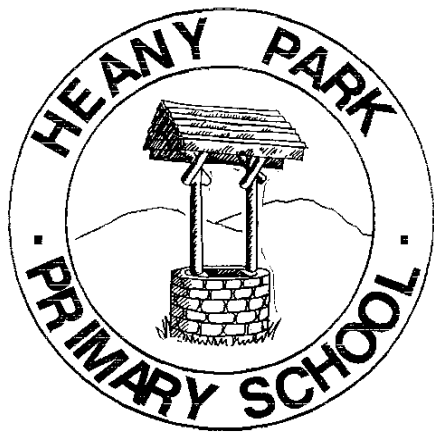
Lachlan Ballard noted that Rowville Primary School is built on the land of Wurundjeri people. “From now on every Monday morning assembly and every special occasion we’ll commence with the following words ‘I would like to acknowledge the Wurundjeri Tribe who are the traditional custodians of this land. I would also like to pay my respect to elders of the past and present of the Kulin nation and extend my respect to other indigenous people.’

Through studying the past, students learn about change, its impact on people’s lives, the significance of continuity and how aspects of societies have been preserved. They learn about cause and effect, the relationship between events and people’s actions and intentions. They also learn about identity and personal, cultural and national contributions of people past and present.

The Parliamentarian Leaders will always remember the honour of attending and being a part of this commemorative service.

School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St Simons Primary Schools & Rowville Sec. College



Grade 6 Dancefair

On Friday the 13th of May some Grade 5 and 6 students from Heany Park participated in the Dance Fair Competition. All the students did a fantastic job and should be extremely proud of themselves.

Our competitors included: Ally Degen, Rylee Jardine, Sofia Niakolas, Pypah Webber, Adele Wood and Jade Cunningham. Heany Park placed in every section this year! We came first in Grade 6 teams (Portia Vandenberg, Taylah Foulton and Jessica Lillie), 2nd in Grade 5 & 6 Troupe (Laura Kelly, Molly Sceney, Anoushka Bhatia, Ashley Yankos, Kiara Hatherall, Jessica Nisbet, Chloe Shadwell, Hayden Emslie, Rohan Naidu, Ben Miriklis and Ben Harris), and 3rd in Solo (Kyle Sturley) and Duo (Jessica Lillie and Lauren Herbert).

A big thank you to Serena Ang for judging on the night!
Natalie Wheaton (Dance Coordinator)

Grade 5 Dancefair

On Friday June 4th, some Year 5 students from Heany Park competed in the Dance Fair Competition at Fairhills Secondary School. This followed on from the Year 6 performances which took place on the 13th May. For some of the students, it was the first time they had performed at a competition this size and they should all be very proud of their efforts. Our competitors included Kaysee Porter, Bella Orr, Areti Dougramagis and Hillary Tsang.

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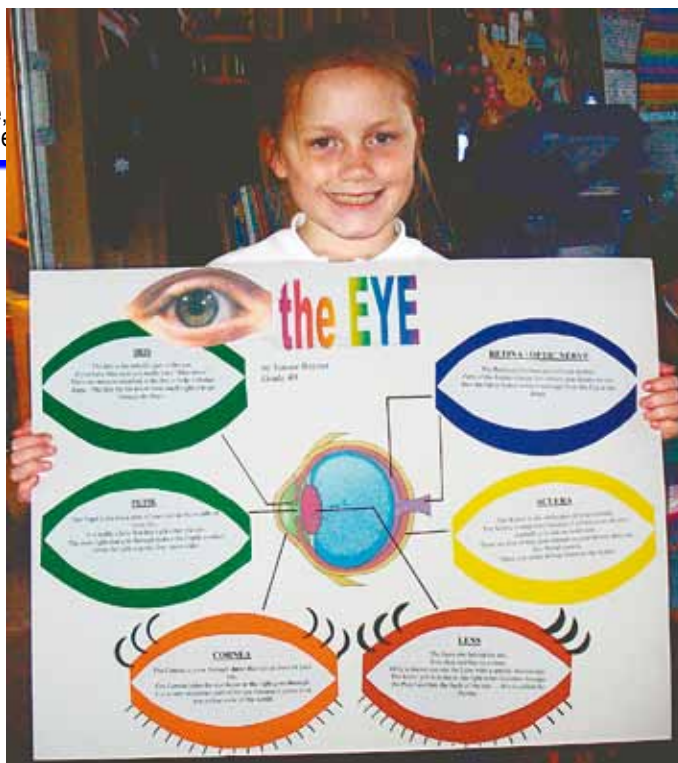
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Everyone was very excited when the winners were announced and it was revealed that Heany Park had placed first in all four categories, as well as one second. Well done to Bethany Cooke (first in solos), Crystal Li (first in Duos), Georgia Hood (first in Duos and Teams), Hayley VanEck and Ashley Yankos (first in Teams), Bronte Shultz, Emily Parisi, CJ Bronte, Jacinta Chan, Jordan Lew, Rohan Naidu, Ben Miriklis, Maddyson Moorehouse (first in Troupes), Maddy Stewart and Brooke Kelsey (second in Duos).

Our outstanding performances from both our Year 6 students and Year 5 students, resulted in Heany Park Primary School receiving the Overall Winners trophy. This is now displayed in the school foyer.

A big thank you to the teachers who supervised the students dance practices and especially to Mrs Ferguson for judging on the night!

Chirp Chirp....

"Chirp chirp". You guessed it, that is the sound of little chicks. That's right, we have chickens in Grade 4/5S at Heany Park Primary School. They were in their eggs the day we got them on Monday the 6th of June and supposed to hatch on Wednesday but hatched the day we got them.



Not bird brains! Chickens on their minds!

We were all stoked about that! First was Flash, and boy did he come out in a flash, his feathers were black! Then second to come along was Nemo with yellow feathers. Then the next 5 were all black, Ace, Choc-Chip, Sherbet, Claw then last but not least Shelly. From being as little as a tiny mouse they became as big as rats. First of all Choc Chip is the adventurous and the other six are as calm as a stone. By the way you can barely pick half of them up because they scratch, squirm and scam!

By Daniel Henderson

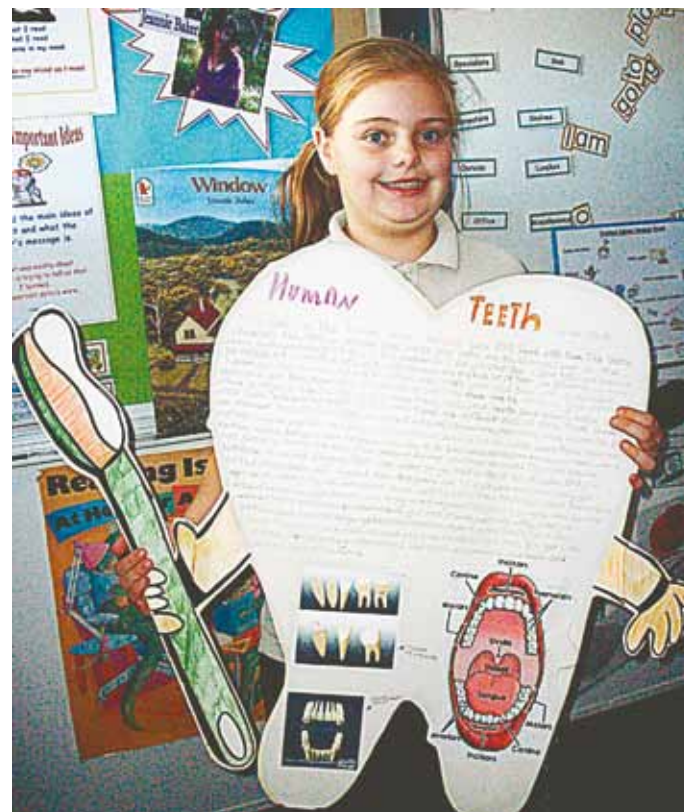
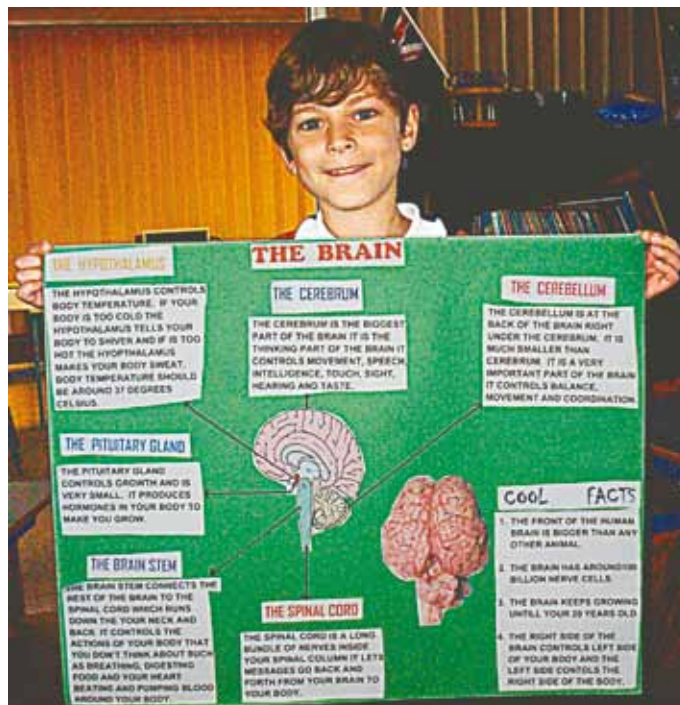
What's Happening at Heany Park Grade Four

At Heany Park Grade Four have been learning about the human Body. We had an incursion where a teacher came out from the Monash Science Centre to show us how the circulatory system worked. We saw the oesophagus, lungs and heart of a sheep.

We also used a tennis ball to see how the heart pumps blood around the body, the lady said to do it for one minute and see how many times we could squeeze firmly on the tennis ball. Some people did it fast, others did it slow. When we saw the sheep's heart some of the students were too nauseous to look so they went to the other room.

It was great and I learnt so much, it was a bit gross but great!

By Jessica Sharp 4B



**Rowville
Uniting
Church**
Cnr Fulham Rd &
Bridgewater Way
9753 3495 office@rowville.unitingchurch.org.au

Rowville Uniting Church is on the corner of Fulham Rd and Bridgewater Way. We gather to celebrate for worship on Sunday's at 10 am. We have a small Sunday school that is available for school age children and a worship that is relevant as it seeks to speak to the gospel and how it relates to the world we live in.

Our Toddler Gym program has recommenced for third term. The cost is \$3 and people do not need to pre register, but can come along and join in.

Last year we ran a successful program called Advent Workshop, where we shared in the story of Christmas over the last 4 weeks of the school year. We will be running this program again in 2011 on Wednesday evenings the 23rd, 30th November and the 7th and 14th of December. As we come closer to these dates we will have more to share about this.



Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, Anglican parish of Rowville & Ferntree Gully, Rowville Baptist Church, Rowville Uniting Church, Salvation Army - Lifewerx, St Simons Parish.

Rowville Uniting Church is proud to support the Chaplains in schools program. We are especially pleased to see the great work that is undertaken by Chaplain Andy Phillips at the Scoresby Secondary College. The ongoing funding of Chaplains is an issue that has received a lot of public attention and debate. This church believes the contribution of Chaplains to our school communities is invaluable and we hope that others who share our view will not be silent.

God continues to be active in our world and through the church. God continues to touch lives and make important contributions at a variety of levels in our community.

For more information about our Church, please feel free to contact our office on 9753 3495.

Trevor Bassett



Rowville Baptist Church
www.rowvillebaptist.org.au
office@rowvillebaptist.org.au
Ph: 9764 4242

Over 200 children participated in this year's "Club Extreme" school holiday programme. This was a record attendance for a programme we have run for a few decades. "Well done" and "Thank you" to our great team of volunteers, including those teenagers who had their first experience of community service at this year's event.

To accommodate the increased number of children, we held games in an inflatable marquee (you may have noticed this massive white cube as you drove past) and a bouncy castle. These provided loads of fun. Meanwhile inside the church buildings children enjoyed a drama based in the Wild West; talented dancers, creative crafts, group activities, morning snacks and more. The Friday Night Finale saw most of the children joined by parents in a packed auditorium. Our volunteers are recovering, before starting to plan for another great time in July 2012.

In addition to the annual "Club Extreme" we offer regular activities for children and youth. On three mornings a week, during school terms, we have playgroups. Playgroup provides an opportunity for pre-school children to learn social skills as they play, make crafts and hear stories with others.



Mums and some Dads not only get to do interesting activities with their children, but also to connect with other parents. For more information on our Playgroups phone Perlita (ph.9016 3180).

Every Sunday morning in school terms, we have high quality activities in 4 age-based groups for children from 3 years old to Yr.8. From 10:15am to 11:30am the children are engaged with stories, craft, games, music etc. It's about helping children to develop a faith-based worldview and Christian values. This takes place in a positive, creative and affirming environment.

As part of our duty of care policy everyone working with children or youth has a current Working With Children Check. For more information contact the church office (9764 4242; email office@rowvillebaptist.org.au).

A number of teenagers from our youth group played significant roles in Club Extreme. It's just one of the ways we encourage young people to develop positive approaches to life. For example, three of our teenagers took part in a recent tour to Thailand where they worked among HIV/AIDS orphans and girls rescued from prostitution.

Youth Group on Friday nights during school terms is a great opportunity to have fun, make good friends and discover faith and healthy values. We also have youth-led worship on Sunday Nights from 7pm. For more information on what Rowville Baptist offers young people, contact our Youth



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131 Taylors Lane, Rowville Ph: 9764 2573

Email: admin@raftchurch.org.au Web: www.raftchurch.org.au

Youth!

What do you do on Friday nights? Go out for dinner? Watch TV? Friday night footy? Here at RAFT we have BIG Friday nights during Term time. We

start with a dance group called Glory dance. This is a drama based dance group aimed at kids in grade prep to year ten. It is a small group based program aimed at encouraging leadership, skill, and a positive self image. The dancers are encouraged to help 'create' the dance and be involved in the whole process. These Free programs start at 5pm and everyone is welcome!

At the same time as the dancers are twirling and skipping all over the place, the auditorium is full of the noise of drums, guitars, bases and singing as the CMC (Chords and Music for Christ) start up their free guitar and music program. This guy based teaching time is full of chords,



amps and budding young rockers. You don't need a guitar to join, just come along and the Leaders will have you jamming in no time!

After the ribbons are put away and the amps are turned off the church is emptied only to be filled again for the YOUTH GROUP at 7pm. This messy, fun, interactive and Christian based program aims to build relationships, create a positive place for youth to hang out, learn about life, and make

new friends. It's open to grades 7 to 12 and only costs \$2 a week! You are most welcome to come and check it out! We start term 3 on the 29th of July! See you there!

The Alpha Course

Over 16 million people around the world have attended an Alpha course to ask questions about the meaning of life. It is an opportunity for anyone to explore the Christian faith. It's relaxed, low key, friendly and fun! It's a place where people can come and ask questions, delve into issues and look for answers together. We'll be starting a new course on the 24th August. It will run twice each Wednesday: 1pm-2:30pm and 7pm-9:30pm.

What's involved? The Alpha course consists of a series of talks looking at topics such as 'Who is Jesus?' and 'Why and how do I pray?' After each talk we divide into small groups for a time of discussion. The course is for anyone wanting to investigate the Christian Faith.

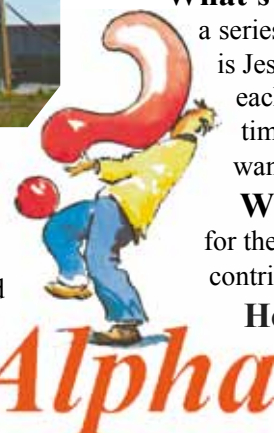
What will it cost? There is no charge for the course, but you may be asked to make a contribution towards food.

How can I sign up? Register online at

www.raftchurch.org.au

ring 9764 2573 or

Email: alpha@raftchurch.org.au



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Into the first month of the new financial year and it seems we survived the last one. For some of us we did well, for others, the new financial year merely resembles another tiring lap of the same awful crisis. Are you where you want to be, financially? Did you buy what you wanted to buy this year? Did you save the figure you imagined? Do you feel rich, poor or contented?

Though this time of year bids us, 'take stock', realising what we have (but more often, what we don't have), it's suitable to **stop** and 'take stock' of life in general. Did you achieve or get any closer to your life goals? Have you even set up real, tangible and ambitious life goals? What is it you planned to achieve? If you were to write them down now, would most of them be material goals? And what would you do if you could have achieved them tomorrow? What would life then progress to? What profits a man if he gains the world but loses his soul? The fullness of life is more than this world can comprehend or allow. That's why we have an end on this earth, as this earth will also have its end. We, however, do not finish here. Life comes to be renewed in another reality. If it were not true, what would it matter what everyone did in life if we all came to the same impersonal end? But *what if it were true?* Isn't it well worth investigating? There are a few things we need to take into serious consideration if we want to make the most of life, both here and later on.

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