



# ROWVILLE-LYSTERFIELD

## COMMUNITY NEWS

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LYSTERFIELD COMMUNITY NEWS INC.

**Priceless**

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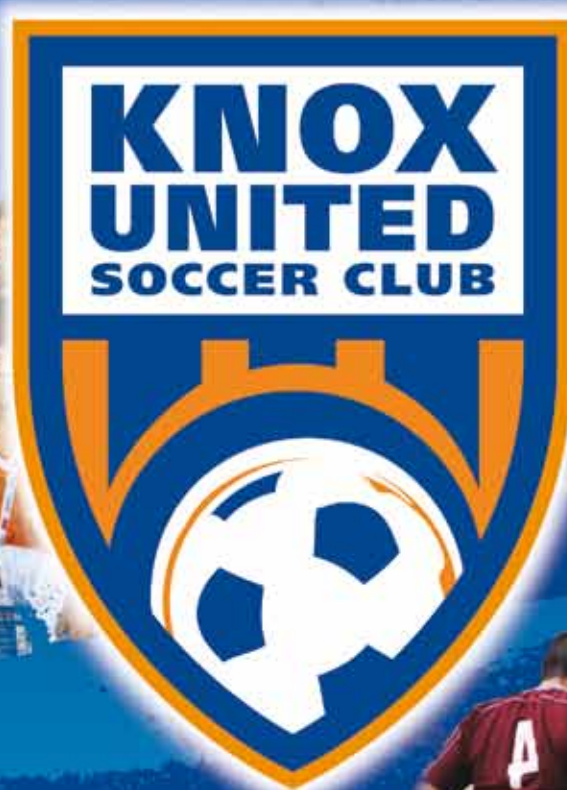
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# join the club that's **TRULY UNITED!**



From our many junior teams to our inspirational wheelchair team, Knox United Soccer Club is a strong, fast growing community soccer club with a safe, family-friendly atmosphere for all involved.



## NEW PLAYERS WELCOME!

BOYS & GIRLS 7-18 years



Visit us online at [www.knoxunited.com](http://www.knoxunited.com)

## KNOX UNITED SOCCER CLUB



### ROWVILLE SECONDARY COLLEGE

*"Opportunities For All"*

Western Campus

Paratea Drive, Rowville

Ph | 9755 4555

Email | [rowville.sc@edumail.vic.gov.au](mailto:rowville.sc@edumail.vic.gov.au)

Website | [www.rowvillesc.vic.edu.au](http://www.rowvillesc.vic.edu.au)

Eastern Campus

Humphreys Way, Rowville

Fax | 9764 5087





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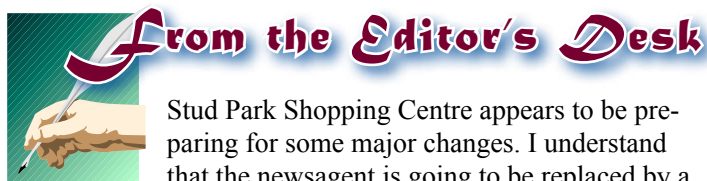
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Stud Park Shopping Centre appears to be preparing for some major changes. I understand that the newsagent is going to be replaced by a bank (MeBank?) and a new smaller newsagent with different owners will move into the retail space being vacated by Abby Rose. It will extend back into half of the hairdressers space as they intend to downsize.

I have spoken to the management office and they directed me to the shopping centre manager at the owners Lend Lease, but so far there has been no response to my correspondence. I believe the community should be made aware of these changes as it can change their shopping habits. How many other retailers are on the move? The apparent secrecy only adds fuel to the fire that not all the retailers involved are happy with the situation.

On the good news front, Rowville Recreation Reserve, or if you prefer Seebeck oval is to receive a \$100,000 State Government grant to upgrade the ground next year. This will include, irrigation, drainage, new soil and a new cricket pitch. It does mean that the Rowville Cricket and Football Clubs won't be able to use the ground next year but the promise of a top class ground in 2014 will be worth the wait.

Forty youngsters, who have disabled siblings, enjoyed a day on Lysterfield Lake as part of the City Missions TIME Out programme. They all had a great time especially knowing that there were other kids like them who had siblings with a disability.

This month we introduce a new chiropractic column which we hope will assist readers to better understand what it involves and how it can help ease some aches and pains. We have also started two small inserts "Did You Know?" and "Wacky Wisdom" designed to inform and raise a smile. Let us know what you think and maybe contribute your own thoughts.

Our thanks to all the entrants in our Coloured Dot competition which despite the hic up with the December paper drew a very good response. Congratulations to our two winners. This month we are offering two Easter hampers for the best pieces of poetry sent in. Full details are elsewhere in the paper.

Don't forget the Open Gardens this month, it is a great opportunity to see what your garden could look like. March also includes the Knox Festival, Greatest Shave Day and for those with a liking for guinness, St Patricks Day. All in all a fun month and the promise of fine weather too.

On behalf of the committee, may I wish you all a very happy Easter and if you are going away a safe journey.

## Did You Know?

"Stewardesses" Is the longest word typed with only the left hand.

"Lollipop" Is the longest word typed with only your right hand.

## DEADLINES

April 2012

EDITORIAL & ADVERTISEMENTS  
Wednesday, 14 March

Articles, News or Letters to the Editor  
rlcnews@vicnet.net.au or Fax: 9763 3157  
Or drop off/post to RLC News, c/- Community  
Centre, Fulham Road, Rowville 3178.

PHOTOS – email separately to:  
john@malleebull.com

DISTRIBUTION  
Saturday, 31 March 2012

What's On  
Locally

March 2012



Sponsored by:  
Lions Club  
of Rowville

## DIRECTORY

**Apex Club** Meet on the 2nd & 4th Tuesdays each month.

**AfCFellowship** English services 10am (simultaneous kids R.O.C.K. programme) and 5.30pm every Sunday. Indonesian: 10am every Sunday. Mandarin: 1:30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms).

**Baptist Church** Services every Sunday 10am and Youths 7pm. 'Flying Solo' a single Mums support group every Wednesday, details 9759 6642 Playgroups - Tue, Thur & Fri mornings during school terms.

**CFA Juniors** Meet every Thursday 7pm.

**Cake Decorators Asscn** Bi-monthly 2nd Sunday April, June, Aug, Oct. and Dec.. 10am-3pm (watch for extra meetings) Scout Hall, Turramurra Drive Contact 9763 8646

**1st Rowville Scout Group**

**Scouts (11-14 years)**

Yarra Troop - every Monday 7.30pm

Strzelecki Troop - every Thursday 7.30pm

**Cubs (7-10.5 years)**

Emu Pack every - Tuesday 7.00pm

Kangaroo Pack - every Wednesday 7.00pm

Joey Mob (6-7.5 years) - every Thursday 6.00pm

**Venturers** (14-17.5 years) every Friday 7.30pm

**Fruitful Vine Church** Services every Sunday 10am.

**Growville Growers** 1st Friday each month 2pm at Library.

**Knox & District Over 50s** Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

**Knox Home Garden Club** Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus.

**Knox Safer Community** Meet 1st Tuesday each month at Knox Police Station. Contact L S/C Lee Thomson 9881 7948

**Life Activities Club** Regular Activities. Call Melva 9762 3764

**Lions Club** Meet 2nd & 4th Wednesday - 7pm for 7.30pm at Knox Tavern. Transport & meal available Robert: 9752 2785

**Little Athletics** For training & event days: 9763 1404.

**Multiple Birth Assoc.** 2-3 yr old Playgroup Tuesdays & Wednesdays 9.30am Kristin 9754 4318 Parents Coffee Morning - Fridays 10am Wendy 0425 805 918

**Neighborhood Watch** Meet on 4th Monday of each month 7.30pm at RDNH.

**Overeaters Anonymous** Meet Saturdays, 8.30 to 10am at the Uniting Church. Free and no Weigh-ins. Ring 9874 5527 or 9873 7161. Web: www.oa.org.au

**Probus Club** Meet 1st Tues each month (except Jan, July & Nov) at the (Knox Combined) Stamford Hotel at 10am..

**RAFT Anglican Church** Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. **Mainly Music** every Wednesday 9.30am **New Vogue dance:** every Tuesday 7.30pm. Contact Anthea or Arleen 9801 3509

**Red Cross Rowville** Meet 3rd Wed. each month 10am. Contact Joan: 9764 4611

**Ritzzy Rozellas** (Red Hat Society) For all events contact Kerry: 9764 4717

**Rotary Club** Meet every Tuesday at the Baton Rouge Quality Inn at 7pm

**Rowville Seniors** Meet Wednesdays and Fridays 1pm to 3.30pm at Community Centre

**Salvation Army** Services every Sunday 10am

**Shooting The Breeze** Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

**St Simon's Parish** Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am

Tuesday 7.30pm, Wednesday to Friday 9.15pm

**Timbertop Golf Club** Saturday Ladies Competition Tirhatuan Lakes Muriel: 0427 585 575

**Toastmasters** Meet 2nd & 4th Tuesday each month at 7.15pm for 7.30pm at RAFT Church, contact Sheree: contact@rowvilletoastmasters.org.au

**TOWN Club** Meet Wednesdays 9.30am at Uniting Church **Uniting Church** Services Sunday at 10am. KUCA (Primary Children) Fridays 12.30pm LINK Thursdays 10am. Toddler Gym Friday 9.30-10.30 & 11am-Noon (during School terms)



# Calendar of Events

## March 2012

- 1 – 31 Mar **Epilepsy Awareness Month**  
www.epilepsyaustralia.net
- 2 Mar **Schools Clean Up Day**  
www.cleanupaustaliaday.org.au
- 3 – 4 Mar **Knox Festival**  
www.knox.vic.gov.au
- 4 Mar **Clean Up Australia Day**  
www.cleanup.org.au
- 10 – 16 Mar **Hello Parks Week**  
www.parksforum.org
- 11 Mar **Dive In. Help Out**  
www.ymcaswimathon.org.au
- 11 – 17 Mar **World Glaucoma Week**  
www.glaucoma.org.au
- 12 Mar **Labour Day**
- 12 – 18 Mar **Multiple Sclerosis Awareness Week**  
www.msaustralia.org.au/
- 15 – 17 Mar **World's greatest shave**  
www.worldsgreatestshave.com/
- 16 – 17 Mar **Relay For Life - Casey-Cardinia**  
www.relayforlife.org.au
- 17 Mar **St Patrick's Day**
- 19 – 25 Mar **A Taste of Harmony**  
www.tasteofharmony.org.au/
- 20 Mar **Autumn Equinox**
- 21 Mar **World Forestry Day**  
www.tree-nation.com/257346
- 24 Mar **Casey Kids Carnival**  
www.casey.vic.gov.au
- 25 Mar **Neighbour Day**  
www.neighbourday.org
- 26 Mar **Bangladesh Independence Day**
- 28 Mar **Ride2School day**  
www.bv.com.au/general/ride2school
- 31 Mar **Good Samaritan Day**  
www.vic.gov.au/
- 31 Mar **Batten Disease Awareness Day**  
www.battens.org.au
- 31 Mar **Earth Hour**  
www.earthhour.org
- 1 Apr **Run for the Kids**  
www.r4k.com.au/r4k

**If you would like to add your club, organisation or association to the 'Directory' or 'This Month' free listing, please contact the editor 9763 3157.**

## March Events

**Bridgewater Centre** Trivia Night 17<sup>th</sup> March at 7.30pm. Adults \$15, Students \$10 Family \$35. See article for full details.

**Open Gardens** 24<sup>th</sup> and 25<sup>th</sup> March 10am to 4.30pm at 64 Timbertop Drive, Rowville

**RAFT Anglican Church** Prayer and Healing: Monday March 5<sup>th</sup> and 19<sup>th</sup> at 8pm.

**Uniting Church** World Day Of Prayer 2012 - Malaysia, Friday March 2<sup>nd</sup> at 7.30pm Uniting Church, Bridgewater Way Rowville. All Welcome



John Farrer with Nick Wakeling & Kim Wells at the unveiling.

## Coloured Token Winners

Our thanks to all the youngsters who collected the coloured tokens and delivered them in sealed envelopes to the Community Centre. The response was excellent, especially considering the mishap with the December issue.

The two winners of the \$50 vouchers were:

**Dana Schwass and Antonina Notaro**

Congratulations to you both. Your vouchers are on their way to you. To all those entrants that were not so lucky, try again this month, to win an Easter Hamper in our poetry competition.

## ROWVILLE WALKING THE NEWS

### Distributors' Report March 2012

Thank You to retiring distributor Linda Chapple (5 yrs)  
Welcome to new distributors – Maria Way (and her Mum) and Judy Golding.

### Voluntary Positions

Can You or Do You know someone who can be a distributor in the following areas?

- George Knox Dr, Ideal Crt, Van Haaster Crt. Please contact – Jill Mitchell - 9795 6414
  - Murrindal Dve (from Karoo to drain), Alfa Crt, Mayfield Pl, Overton Cl, Rosebank Crt
  - Platypus Crt & Monbulk Cres
  - Karoo Rd (even #'s - 252 to 286), Murrindal Dr (1 house)
- Please contact – Ian Richards – 9763 9260

**2 x Area Contact Persons (ACP)** who liaise between the distributors and the Distribution Co-ordinator

**2 x Captains & Counters** who count out the papers and deliver them to the distributors.

- The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road.
- The area bordered by – Lakeview Ave, Waradgery Dve & Stud Rd

Please contact – Peter Rumble – 9752 7592

**1 x Captain** who delivers precounted bundles to the distributors The area is the Timbertop Dr and Seebeck Rd Estates. Please contact – Jill Mitchell – 9795 6414

Peter Rumble - 9752 7592 - Distribution Co-ordinator

In a joint announcement by the State Government and the CFA, it was revealed on February 23<sup>rd</sup> that the new Rowville CFA station will be built on a 6000 sq m site at 1063 Wellington Rd on the corner of LeJohn Street. Nick Wakeling, State Member for Ferntree Gully made the announcement at the new site along with the State Treasurer and Member for Scoresby, Kim Wells, CFA District 13 Operations Manager, Dave Renkin and Rowville CFA Captain, John Farrer. The Station is planned to open in August 2013.

## Poetry Competition

Poetry is a literary art that has been around, some experts claim, since 1700BC. Suffice to say if asked to name a poet, all of us could name at least one. Whether it is written to evoke an emotion or to hide a hidden meaning poetry can be written by anyone, of any age.

To help two members of our community enjoy Easter a little bit more we are offering two Easter Hampers (Courtesy of Nick Wakeling MP). To win one, all you have to do is write an original poem, place it in an envelope with your name and a contact number and leave it at the Community Centre reception in Fulham Road, clearly addressed to:-

### 'RLCN..Poetry Competition'.

The poem must be at least 4 lines long and no more than 12 lines.

There will be two categories, with one winner in each.

- 1 Primary School Students
- 2 Secondary Students and Adults

**The closing date will be Friday 16<sup>th</sup> March 2012**

## ROWVILLE PICTURE FRAMING

**We have moved to 12/3 Hi-Tech Place Rowville (Off Laser Drive)**



### NEW HOURS

**Thursday, Friday & Saturday**

**9am to 5pm**

Please call to make an appointment outside these hours

**9763 0069**

[www.rowvilleframing.com.au](http://www.rowvilleframing.com.au)





## Rotary Club of Rowville-Lysterfield



### How can Volunteering be this much fun?

The Rotary Club of Rowville-Lysterfield had a very successful year in 2011. When we look back it is amazing how much we have achieved and how much fun we have had in the process of raising funds for so many great causes.

Throughout 2011 we provided 5000 pairs of shoes for underprivileged students in Sri Lanka, donated much needed funds to the eradication of polio from the world, funding for the rectification of club foot for many children in Bangladesh and locally provided funding to purchase the jumpers needed for the new Lysterfield Wolves Jnr Football Club.

We are currently hosting an exchange student from

France, sponsoring an outbound exchange student Kathrin Bartha, who recently departed, to live in Switzerland for the next 12 months and also created a new Interact club at the Rowville Secondary College, allowing students the chance to experience the values of Rotary and give back to the local and international community.

With the joy of giving comes the need to volunteer and that's when the fun begins.

We meet on a Tuesday night for a short one and a half hours for dinner, a lot of laughs and usually a guest speaker. These Tuesday nights in themselves provide a small amount each week towards the funds required for our chosen causes.

We also hold two or three very successful business breakfasts each year with special guest speakers such as Tommy Hafey, the football legend, Alan Oster the Chief Financial Officer of the National Australia Bank and Rodney Eade coach of the Western Bulldogs.

Recently we held a wine and cheese night in memory of past Rotarian Gary Mewburn, with moneys raised providing funds to sponsor a scholarship towards an apprenticeship in the automotive industry where Gary spent many years. Let's just say the night was very cheerful.

One of the most fun and fruitful fundraising efforts are the sausage sizzles we run throughout the year anywhere from Bunnings, to charity dog walks 'Paws For A Cause', Stringybark Festival and even for Easter celebrations at the Rowville Lakes shopping centre.

Most recently Rotary was proud to run a sausage sizzle for the kids, parents and players at a soccer clinic held at the Rowville Secondary College soccer grounds where Barry Plant Real Estate, who sponsor Melbourne Victory Football Club, provided the most amazing opportunity for



40 kids from local schools and soccer clubs to spend time training with A-league players the likes of Ante Covic, Billy Celeski, Tom Pondeljak and Jean Carlo Solorzano. After nearly two hours on the field and the wind occasionally blowing smoke in the right direction we have never seen kids run so fast to get a well-earned sausage and a drink.

Along with the fun we have volunteering comes the chance to create lifelong friendships and the opportunity to network with the vast variety of business people within our club and other clubs across the district.

We look forward to another successful year in 2012 and of course even more fun getting there.

See the What's On Locally section for further details of where and when Rotary meets. If you would like to visit the Rotary Club of Rowville-Lysterfield one night or become a member please call Anthony Johnson on 0412 586 283 or Jeff Somers on 0413 150 587 or email [jjsomers@ozemail.com.au](mailto:jjsomers@ozemail.com.au)



## Knox & District Over 50s

Calling all Over-50s - What are you doing with yourself these days?

Are you enjoying life, getting out and about and meeting new people? We at Knox Over50s are a very social group and visitors are most welcome to join us to discover some new ideas to brighten up your social life during 2012.

Each month we offer a wonderful choice of social activities, such as bus trips, lunches, book clubs, movies, morning teas, etc. As a financial member of the Over50s,

you would be welcome to participate in any or all of these events which, during the Autumn months will include some Morning Melodies, monthly lunches, coffee mornings at Myer, the Karralyka Theatre in Ringwood and a 4-day trip to Bright/Albury/Wodonga. Even more delights will follow as the year progresses.

Our monthly newsletter "Knox Natters Matter" (which is distributed at our General Meetings) will keep you up to date on all that's happening.

Details of meeting times and venue can be found in "What's On locally" on page 2. Come along to our next General Meeting on **Tuesday, 27<sup>th</sup> March**. You can get to know us and listen to our guest speaker, Ann Baker, who will introduce us to the mysteries of the Melbourne Cemetery by Moonlight.

We look forward to seeing you there. Contact Pat on 8786 9690 for any further information.

*Editors Note:- Ann Baker's talk sounds a bit spooky to me!!*



Buying a used car just got a whole lot safer with the opening of a new one-stop register. Buyers now have access to the history of any used vehicle they may be considering purchasing through the national Personal Property Securities Register (PPSR). It will now be much more difficult for criminals and fraudsters to misrepresent a vehicle's true identity or conceal 'written-off' status.

There are more than 1.4 million private car sales every year in Australia but only around one third of buyers check the vehicle's history because it has just been too difficult. The new on-line checks cost \$3.70. The National Motor Vehicle Theft Reduction Council (NMVTRC)'s website [www.carsafe.com.au](http://www.carsafe.com.au) has a direct link to the service from their home page. Read about this service and other useful community safety news on Knox Neighbourhood Watch's website [www.knoxsafercommunity.org.au](http://www.knoxsafercommunity.org.au)

Good for **U**  
**AND** your community

*apply now!*

### Call for Community Grant applications

Applications open Thursday 1 March and close Monday 30 April.

Pick up an application from Fern Tree Gully **Community Bank**® Branch, 67 Station Street, Fern Tree Gully, Rowville **Community Bank**® Branch, Shop 7 Wellington Village Shopping Centre, 1100 Wellington Road, Rowville, [www.ftgcommunity.com.au](http://www.ftgcommunity.com.au) or [www.rowvillecommunity.com.au](http://www.rowvillecommunity.com.au)

Applicants must be a customer of either Fern Tree Gully or Rowville **Community Bank**® branches.

Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237879 (S39221) (02/12)

Fern Tree Gully and Rowville **Community Bank**® branches





# Australian Red Cross Rowville Unit

The Rowville Unit is a very small part of the Australian Red Cross Organisation, but as a group we are extremely committed to volunteering and we therefore meet monthly to arrange activities to assist with the wider work of Australian Red Cross/Red Crescent movement.

At the present time we have 23 members meeting monthly at Waverley Country Club who take part in a

range of activities, such as our annual luncheon at Clover Cottage, a week helping at an 'Op' shop, the use of the Knox Council bus for a day, and a social afternoon at Peppertree Hill Village. In addition this month, we will be out and about collecting for "Red Cross Calling".

We attend the Blood Bank regularly to serve refreshments to those donating and with the help of some very keen knitting friends we are able to supply 'Trauma Teddies' to a range of children in hospital and wherever else they may be needed.

If you would like to join us, why not come along to one of our meetings, details of which appear in "What's On Locally" on page 2 of the paper.

Further information is available from Libby on 9755 8010.

## Toastmasters



### Speaking Amongst Friends

#### What happens at a typical Rowville Toastmasters Meeting?

You may have heard about Toastmasters and are aware that it is an organisation that helps members' build communication and leadership skills. If this is an area where you would like to improve or expand your existing skills you may be interested in coming along as a guest to one of our meetings.

At Rowville Toastmaster we endeavour to make every meeting engaging and no two meetings are ever the same. While the majority of our meetings follow a standard format each has a different theme, with the segments of the meeting linking in with the topic of the evening. This helps to ensure that the meeting is interesting and enjoyable.

Prior to the official commencement of the meeting there is an opportunity to mingle with fellow Toastmasters and guests. Meetings are run to an agenda which is circulated to members and interested guests prior to the meeting. The agenda contains details of the format of the meeting and allocates members to particular roles for the evening. Roles are rotated so that everyone is able to take advantage of the skill building opportunities they offer.

The tasks are varied and include the positions of:

The Grammarian, whose job is to introduce new words

to members and to comment on language usage during the course of the meeting,

The Ah Counter, who helps recognise and bring to members attention filler words that they may be using and not be aware of and

The Timer, who is responsible for monitoring time for each meeting segment and each speaker

The President welcomes members and guests and follows with a very short business session. At this point the President hands the meeting over to the Toastmaster of



the evening who acts as the master of ceremonies. He, or she, is the director and host of the meeting, introducing the various segments of the meeting as well as the speakers who present their prepared speeches in the latter part of the meeting.

The meetings usually include a Round Robin session, where a question is asked to the members and they each have 15 seconds to respond, guests are both invited and encouraged to join in. This is typically followed by a Table Topics session where the Table

Topics leader for the evening presents some of the attendees with a question each, which they then have 1 to 2 minutes to give an impromptu speech relating to the question they have been asked. These activities not only develop quick thinking and encourage concise responses to unexpected questions, they are also entertaining and rewarding.

The meetings will often have an educational segment where a particular skill or aspect is expanded on or a "watch this space" segment where a member presents a short speech about a topic of particular interest. After a supper break, assigned speakers present their prepared

## Lions Club of Rowville



The Lions Club of Rowville is off to a flying start in 2012. As well as providing emergency assistance to some families over the holiday period, we have already held several sausage sizzles, provided marshalling services at a few triathlons and are currently getting ready for this month's Knox Festival. Hopefully, the weather will be kind to us for the festival and we will be able to make a lot of money which we can then put back into the community.

We have some exciting youth projects coming up this year and over the next few months will be looking for interested youngsters to take part. As always, we are also hoping to welcome some additional members into the club. We were blessed with the newcomers of 2011 as they have all settled in very well and are already making their mark in various ways.

Anyone interested in joining this friendly, community-minded group only has to call our Membership Chairman Roger on 9752 7066 or 0428 105 121 and he will be only too pleased to provide some information on the club and our activities.

speeches. These speeches are part of the competent communicators program which is the backbone of Toastmasters. Each speaker prepares their speech to meet the objectives as prescribed in the program and this allows them to progress further to meet their communication goals.

People join Toastmasters to improve their speaking and leadership skills and this is achieved with the help of evaluations. Speeches and various sessions of the night are evaluated by fellow members who provide positive feedback in a helpful manner.

In short, each meeting offers members and guests valuable experience and training in a non threatening and supportive environment. The members of Rowville Toastmasters are always happy to welcome visitors, and to introduce them to the many benefits that can be gained by "speaking amongst friends".

If you are interested in seeing how we put the Toastmaster program into action and how it can benefit you, please join us for a meeting.

Meeting venue, times and dates can be found in "What's On Locally". For further information, contact Sheree at: [contact@rowvilletoastmasters.org.au](mailto:contact@rowvilletoastmasters.org.au)



# REASON TO SMILE!

## Congratulations to our 2011 graduates on your outstanding VCE results.

**10% of students in the top 5% of the state.**

Special congratulations to our highest achiever, **Zoe Guo** who received an ATAR of **99.4**

We are very proud of you.

**Enquire now for 2012/13**



The Knox School  
CO-EDUCATIONAL | PREP TO VCE



[www.facebook.com/knoxschool](http://www.facebook.com/knoxschool)



The Knox School  
220 Burwood Highway  
Wantirna South Vic 3152  
[www.knox.vic.edu.au](http://www.knox.vic.edu.au)



# MEMORY LA

## From the Archives

### 1982

# MEMORY LA

The Rowville Craft Group met on 3<sup>rd</sup> March to learn about weaving, fleece work and handspun wool techniques. What happened to the Group? Similarly, what became of the 'Arachne Cottage Craft' Group, who were learning the art of basket weaving? The Council approved an application to duplicate Stud Rd between Lakeview Avenue and Tampe Road, but there were no plans for pedestrian or traffic lights on Stud Road, to improve access to the Seebeck estate for residents. Neither would the duplication extend to the stretch between Police Road and Essex Street until the CRB provided the finance for a bridge over Dandenong Creek.

### 1987

# MEMORY LA

The Rowville Baptist Church celebrated the 7<sup>th</sup> anniversary of their constitution on 21<sup>st</sup> and noted that the church began as a fellowship meeting 13 years ago. Peter Douch took over as Chief Editor of the RLCN and we used the Stamford Park homestead logo in conjunction with our front page banner for the first time. We received our International Standard Serial Number (ISSN) as we are a bone fide serial publication. Back copies could now be viewed at the National Library in Canberra through the Australian National Bibliography, which made us available to the world. Council ratified a list of work requests to the RTA for funding, including traffic lights on the corner of Stud and Wellington Roads. I can't imagine that crossing without them. Did they ever consider a roundabout?

### 1992

# MEMORY LA

Tributes poured in for the passing of Knox CEO, Tim Neville, who died when a cement mixer fell on him in the garden of his Mt Dandenong home. Much of his planning can be seen to this day in Rowville/Lysterfield. Senior Constable Geoff Currie started his monthly column, which we would love to see re-started again. The Rowville Uniting Church Fellowship (UCA) celebrated their 8<sup>th</sup> birthday by hosting a dinner 'with a Scottish flavour, including dancing and singing'. Do you remember going? Local MP Carolyn Hirsh announced a grant of \$10,000 to Karoo Primary School for the purchase of computers. Stamford Park Homestead was added to the Register of National Estate, a register of places with historic and social significance. There was a chemical spill at a panel works in Laser Drive that held up traffic in Kelletts Road for a while. Do you recall the incident? The Esso Service Station in Stud Road was held up. Which brand is it now?

### 1997

# MEMORY LA

Democratic Council elections returned with the three Rowville/ Lysterfield wards having a combined 13 candidates. Two lives were lost in separate car accidents on Churchill Park Drive and Wellington Road. Rowville Secondary College posted some exceptional CAT grades for only their third year of VCE. 20.5% of students scored an 'A' and 72.6% a 'C' or above. The actual pass rate was 99%. Judy Clarisse and Grace Whelan, teachers at St Simon's Primary School, both gave birth to daughters. Are you still at school girls? Lois Vancam, one of Rowville's longest serving 'lollypop' ladies, retired from her busy crossing in Stud Road after 16 years and was presented with a crystal vase on behalf of Rowville primary and Secondary schools. The Primate of Australian and Anglican Bishop of Melbourne, Dr Keith Rayner, conducted his first service at heany park primary School. Were you there?



## Local History

Sponsored by Nick Wakeling MP,  
State Member for Ferntree Gully

### 2002

# MEMORY LA

The community mourned the passing of Mary Gunn, housekeeper at Stamford Park from 1950 to 1987. Knox recorded the fourth highest number of first home buyers in Melbourne with Rowville leading the way with 32 grants. Ian Richards won first prize at the Victorian Holden Day with his HJ Kingswood Station Wagon. Have you still got it Ian? Vegetarian tasting nights at the RDNH? Did you try them out? Australia for Christ Fellowship held a Family Camp at Phillip Island Adventure Resort. Did you go? What was it like? Rowville primary School hosted ten students and 2 teachers from S.D. Percobaan2 School in Indonesia. Were you involved in the hosting? Sukanya Arulanandam was RSC's Dux for 2002 went on to Melbourne Uni studying Biomedical Science. What are you doing now Sukanya? The Knox Home Garden Club reported that a politician had said that "growing roses is a blot on the landscape". Looking at local gardens I observe that many residents disagree with him. What are your thoughts on roses versus natives?

### 2007

# MEMORY LA

Marguerite Stark-Ebert held her sixteenth art show called "Winchester Inspires" at 'The Hut'. Did you see it? Former RSC students Sarah Gittus and Scott Gillespie both won scholarships to pursue their studies at University. What are you both doing now? Rowville Uniting Church celebrated their 25<sup>th</sup> anniversary with their "Bridgewater Music Festival" and Fruitful Vine Church celebrated 25 years, but there was no mention of any special activity. The Baptist Church invited Rev. Alan Marr, one of Victoria's leading Baptists, to help celebrate their 33<sup>rd</sup> birthday. Quite a month for our churches.



## Life Activities Club Knox

**February has gone, and with it our Summer, leaving us with a colourful Autumn, and many more activities to enjoy!**

Firstly we have social games, organ group, then our quarterly general meeting on March 5<sup>th</sup>. On March 8<sup>th</sup> another b.y.o. picnic in Jells Park, and later, a walk, bocce, or more chit chat. We'll be home before dark!

We've been to the Blue Lotus Watergarden, with amazing water lilies, and tall colourful lotus. What a beautiful place. This display is only open for a short time, and will close on March 31<sup>st</sup>.

Not forgetting our bus trip to Woop Woop in Harcourt, near Castlemaine. A homestead with all types of quirky Australiana sayings and sculptures to suit.

Our long weekend in Geelong was well supported, and enjoyed by many. Exploring Herring Island, and a tour of Ferntree Gully Cemetery, were very interesting too.

This month a 4 night, 5 day bus trip to Lakes Entrance, will keep quite a few of us off the Knox streets and our



convener is already researching another bus trip for later in the year

The next quarterly general meeting will be on 5<sup>th</sup> March. Our guest speaker will have suggestions for "Staying healthy over 50". All welcome.

Our latest newsletter is now available and gives a full run-down on all activities until July 2012.

More details are available by ringing, and we can send you our current newsletter.

Melva 9762 3764 or Helen 9729 1151

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## Community Noticeboard

supported by Cr Mick Van de Vreede - Knox City Council, Tirhatuan Ward

Enhancing the great sense of community and liveability in the Rowville-Lysterfield area is important to me. Not-for-profit community organisations are integral to a healthy, vibrant and cohesive community and I feel it is imperative that these groups are able to effectively communicate what they have to offer. This free community information-sharing page is my way of helping our terrific, not-for-profit groups to do just that. Please contact the editor of the RLCN for more on this offer. I would like to thank those of you who give up your time to help build a better community. I would particularly like to thank the RLCN for their contribution to our community as well.

Hundreds of members and many new members, came to U3A Knox to enrol in their preferences among over 120 different activities and classes. Computer classes were quickly filled, and more arranged, and subjects such as Yoga, Tai Chi, and Gardening were also quickly taken up, by those keen to be part of the large volunteer organisation. There are at this stage, still some vacancies, in some subjects, but anyone interested should apply as soon as possible.

The new term started on the 6th February and is well underway, with about 65 new members joining the almost 1000 people who have rejoined for 2012. Most of the 120 subjects operating each week are full, and 15 new classes have been introduced. To check if your chosen subject is still available call the Parkhills office between 9.30am and 3.30pm on 9752.2737.

New classes this term include Breadmaking, Cross stitch, Drawing, Conversational Japanese, Exploring Melbourne, Painting - Reverse Glass, Managing Your Emotions, Scrabble, Conversational Spanish, Spanish for the Real Beginner, The Wisdom Within (Psychology).

Various golf groups, including Ladies Social Golf, are very popular. For music lovers we have the Jazz appreciation group, Opera Appreciation, the choir, an a-capella group, and recorder groups catering for all tastes.

The Annual Meeting was held on 17th February, and the new committee was elected led by the ever popular Lawrie Gaylard as President and Class Coordinator, (Lawrie was a bank manager, locally, before he retired, and this will be his second year as President and Class Coordinator) and includes a new Secretary, Brian Cox, with June Davies as the new Vice President, and Gwen Clarke as Treasurer. A



committee of 10 assists this exec. Our guest speaker on the night, Peter Marke the Upwey CFA Chief, spoke on the history and development of the Lower Dandenongs.

New members were welcomed on February 25th at a Meet and Greet Barbecue, attended by many existing members at the Parkhills campus. Our next event will be a Fashion Parade at 1.30pm

on Tuesday 10th April, with clothes by Givoni company with Slade knitwear being paraded by members. After-show sherry and tea are available with tickets available at \$5 from the office.

The first bus trip (of 3 planned for the year) will be on 8th May. Other events in the planning for the year include Wine, Beer and Cheese tasting, a trivia afternoon, Soup and Pie night (dates to be arranged), and a Cup Day afternoon on 6th November.

At least 5 tutors are considering running classes in the Rowville area, providing suitable accommodation can be obtained. It is hoped that at least some of these will be running in Term 2 (starts April 30).

For more information see the website: [www.u3aknox.com.au](http://www.u3aknox.com.au) or phone 9752 2737.

Kath Brown

## Rowville Seniors

On Monday 13th February, a bus load of 40 members visited Rayners orchard at Woori Yallock. Members went on the tractor rides and tasted many varieties of stone fruit that were grown there. After the exhilaration of the ride, members enjoyed a wonderful lunch of pies and salad. Many of us purchased fresh fruit and jams for consumption later on. It was a very enjoyable day indeed.

Our next outing will be to Werribee Open Plains Zoo in March. Names are being taken so if you haven't put yours down do so quickly to avoid disappointment. In April we are going to the cinema at Pinewood and in May we will be going to Morning Melodies at Karralyka, so it is a busy time ahead.

There will also be cards, bowls and bingo played at the hall every Wednesday and Friday.

If you would like to join us, or get more information please contact Ena Thompson on 9764 9380 or Margaret Smith on 9755 7542.



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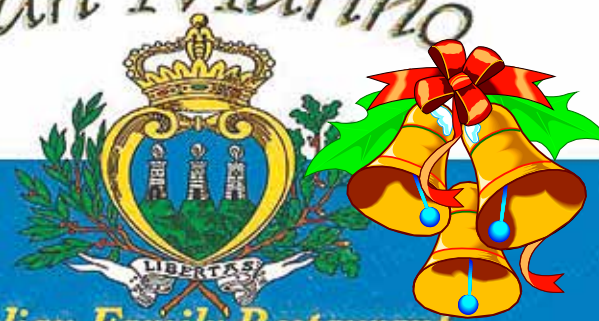
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# Australia Day Local Awards Breakfast

At 8.15am on Thursday 26<sup>th</sup> January, I was privileged to sit down with 150 other invited guests to enjoy an 'Aussie' breakfast and witness first hand the announcement of the Knox City Council Australia Day Awards.

Mayor, Cr Adam Gill acknowledged the traditional landowners, the Wurundjeri and Bunurong peoples, before welcoming everyone and introducing his fellow councillors, former Mayor Karin Orpen, local parliamentarians, council staff, Con Athanassas from major sponsors Woolworths, past Australia Day Award recipients and the Australia Day Ambassador, former Victorian Premier the Honourable John Cain.

The Mayor said "On this day we should reflect and show pride in our homeland, one that is peaceful, democratic, diverse and full of opportunities". He also took time to reflect on the community work and general contribution of the 2007 Volunteer of the Year, John Williams, who sadly passed away earlier this month.

Immediate past Mayor, Sue McMillan, Chair of the Australia Day Awards Advisory Committee thanked her fellow

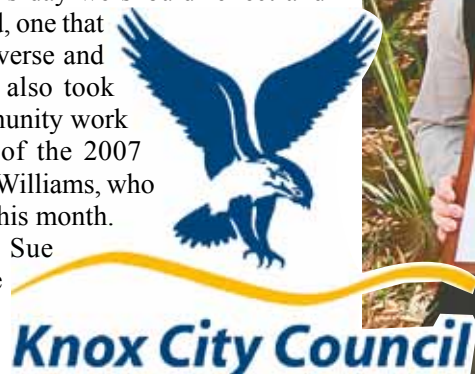
Committee members who with the assistance of many past award recipients, had the difficult task of selecting the winners in each category. She said that "The nominees are role models to everyone, who had displayed a real affection for our community". She also thanked those people who made the day's event happen and run smoothly.

John Cain spoke of what today should mean to us and how it was a day for all Australians to be proud, no matter what their background. He added that we should not forget our obligations and concluded by saying how much he enjoyed his role as Ambassador.

Con Athanassas then presented Mr Cain with a gift to mark the occasion.

The nominees were introduced with a brief citation of their achievements:-

**Tony Clark** SWAGS back pack bed for the Homeless.



*Hon John Cain and Mayor Cr Adam Gill with the Australia Day Award Winners L to R James Philipsen, Ann Heber, Denise Gravatt and Tony Clark.*

**Dean Cottier** For his work on housing affordability

**Kyle Galambos** An 11 year old boy for his calm response to a family emergency.

**Denise Gravatt** For her 40 years of community volunteering.

**Ann Heber** A long time community and overseas organisations volunteer.

**Rebecca Horton** Helping the disadvantaged especially youngsters.

**David Murrihy** Volunteer work with local sporting clubs.

**Anthony Osborne** Work on community & youth issues.

**James Philipsen** Community and schools sports and activities volunteer.

**Hartmut Weller** Work with the Templar Society and their aged care facility.

The Mayor then announced the winners:-

<b>Local Hero</b>	<b>Tony Clark</b>
<b>Young Citizen Of The Year</b>	<b>James Philipsen</b>
<b>Volunteer Of The Year</b>	<b>Denise Gravatt</b>
<b>Citizen Of The Year</b>	<b>Ann Heber</b>

After the official photographs, everyone moved outside to the flagpoles where Kelly Lawrence sang the National Anthem as the flags were raised by members of the Second and Third Bayswater Scout Group.

*David Gilbert*

## Anthony Osborne

Anthony was our community's only finalist in the Knox Australia Day Awards and whilst he was unsuccessful his portfolio of volunteering is endless.

21 year old Anthony, who attended Park Ridge Primary School and Rowville Secondary College, has lived all his life in Rowville. Since leaving school he had started a diploma in Laboratory Technology but had to leave for health reasons and is now currently studying for a diploma in Tourism and Event Management which he hopes will result in a career in the event industry.

His volunteering work started at RSC where he was a student rep on the school council, ran a youth group and has been involved with the Baptist Church 'Youth Space' programme.

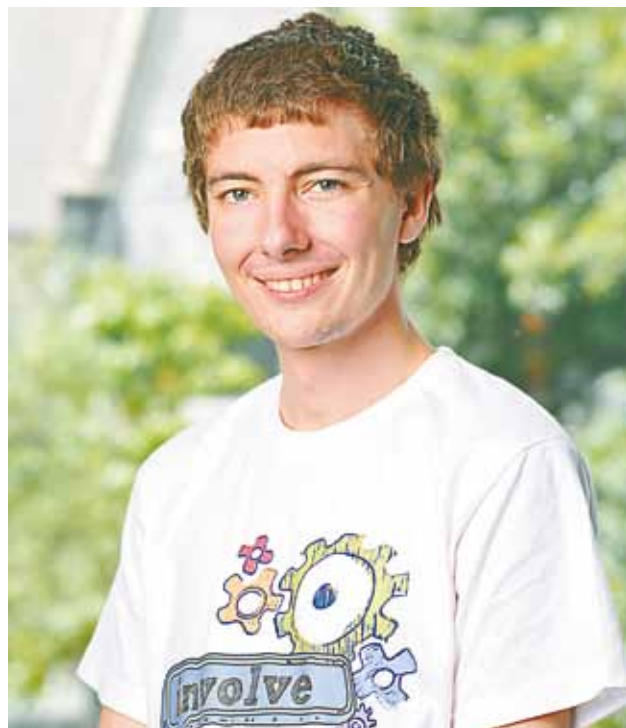
He formed a Youth Advocacy Group to 'give youth a voice' and has a core group of 10 members, with a large network of helpers to achieve their aims. The most important issue for Rowville, in his opinion, is a decent public transport system that has to be frequent (including weekends and nights) and have maximum access. The Rail Project is high on their agenda and the Wantirna South tram extension. As well as transport, he is passionate about social housing, urban design, city planning, mental health and issues affecting same sex attracted young people.

Anthony bemoans the lack of evening entertainment for youngsters, forcing them to travel to Ringwood or Knox Ozone. He feels that infrastructure restraints would impede any development of facilities in Rowville or Lysterfield.

He is currently promoting "Humans versus Zombies" a game similar to 'tag' played by youngsters in parks, as he believes too much of their time is spent in front of computer screens

Anthony is a busy young man but finds time to work with the Eastern Ranges GP association and INVOLVE a group that advises the Minister For Youth Affairs.

Anthony has our Community very much in mind.



## The Basin Music Festival

**Returning for the 8th annual Festival on 23 to 25 March**

From the opening Swing Dance on the Friday evening to a laid back weekend in the beautiful Triangle Park, The Basin with free entertainment on the outdoor stage and live music in seven cosy venues in the village, this is the best community based music festival in Melbourne.

Sunday is the big Family Day with market stalls, childrens' activities and community displays, including CFA Fire Brigade and Police.

Musical styles are varied enough to cater for all tastes, including roots, rock, blues, jazz, folk, a cappella, instrumental and more. Most musicians come from the local region, including Rowville and Lysterfield. Some venues and the park are free - a single modest charge for all the rest.

Location is corner Mountain Highway and Forest Road, The Basin with parking off Church Street.

Inquiries 0402 138 834 or:

**[www.thebasinmusic.org.au](http://www.thebasinmusic.org.au)**







# Rowville Community Library

Sponsored by Cr Darren Pearce, Taylor Ward  
and Cr Mick Van de Vriede, Tirhatuan Ward



**March**

"Feeding the minds of our community..."

## Rowville Quilting and Craft group:

This new group will meet on the third Friday of the month at 1.30pm. Bring along your latest project to work on, something to show and tell or just come to see and hear from others. Some months we may have a guest speaker. It's open to everyone who would like to come and you will be made welcome. Free event. No bookings required. The next session will be on 16<sup>th</sup> March at 1.30pm.



**Genealogy help:** If you are interested in your family history and don't know where to start, or if you are on the road to discovery but needing a little help along the way, you can come to the Rowville Library between 5pm and 8pm on Thursday evenings. Ask for Charles! Free. No bookings required.

**Mobile phone help:** Staff and friends from the Stud Park Telstra Shop will be available to assist you with any brand of phone or carrier on Thursday 1<sup>st</sup> March at 9.30am. All welcome. Bookings essential. Free event.

**All about Salvias:** At the new time of 2pm on the third Tuesday of the month (which will be the 20<sup>th</sup> March) join us to hear M Bentley, the author of A Manual for Salvia Growers, talk about the many different species of Salvias (sage) and how to grow and maintain them in your garden. If you have some Salvia cuttings you would like to share with others, please bring them along. All welcome. Refreshments provided. Bookings preferred. Gold coin donation.



**Special Saturday Storytimes:** We are now offering a special storytime every Saturday morning at 10.30am. Come along with friends and family to join the children for this one hour session! We appreciate that not everyone can attend the storytimes during the week, so this is another opportunity which may suit. Everyone welcome. Free event. No bookings required.

**Harmony Day:** Join us to celebrate our multicultural community on Monday 21<sup>st</sup> March from 10.30am for morning tea. Michael Lloyd, guitarist, will entertain us from 10.30-11.30. The library has a Chinese collection as well as DVDs and CDs in Italian. This event is held annually in Australia, always on March 21<sup>st</sup> and celebrates Australia's diversity with the slogan, 'Everyone Belongs'. Everyone is welcome.

**Rowville Writers' group:** Meet at Rowville Library on the fourth Tuesday of the month to share their work and support each other in their endeavours. All welcome. Free event. No bookings required. Next meeting will be on Tuesday 27<sup>th</sup> March at 1pm.

**When Great Minds Don't Think Alike - Insights for parents of children with Learning Difficulties:** On Thursday 29<sup>th</sup> March 2012 at 6.30pm Nadine Shome from Reminds will be joining us for a session on helping children with learning difficulties including dyslexia, auditory processing disorder, neuro developmental delay, ADHD, sensory integration issues and language disorders. This is a free event and bookings are essential. All welcome.

**Computer Help Sessions:** On Tuesday and Thursday mornings a tutor is available from 10am to assist people to use the computers. Tutors are able to help with Internet, Email, Facebook, Word, and Excel, everyone is welcome, including complete beginners. The sessions are free.

**Afternoon Bookchat!** Have you ever read a fantastic book and wanted to tell someone about it? Join our



group of avid readers for a relaxed discussion of what you are reading and what you think about your latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1<sup>st</sup> Monday of the month at 2pm our next meeting will be on Monday 5<sup>th</sup> March at Rowville Library. Free event. Bookings not required.

**Bookclubs:** There are three bookclubs running in the library which meet once per month.

We each get a copy of the same book and read it before the meeting the following month where we discuss the book in an informal, chatty manner. It's a great way to read books which you might otherwise never choose to read and it's

always interesting to hear what others think about the book. Our Tuesday afternoon session has vacancies so if you are free on the second Tuesday of the month at 2pm for about one hour or so, please come along.

**Kids on Wednesdays:** Held on Wednesdays at 4pm during school terms. This group will be specifically for primary school-aged children and involve a variety of activities. It's meant to be fun and it's free!

**Home Library Services:** If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library



to arrange for a home delivery service. Library staff will select some items after a discussion to ascertain your tastes, and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 9294 1300.

**Bedtime Storytime** is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the children in their pyjamas but not usually the parents!) Our next Bedtime Storytime is at 7pm on Friday 2<sup>nd</sup> March. All Welcome.

**Tiny Tots storytime:** Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

**List of regular storytimes: Bookings are not required.**

**Monday 10.30am** Toddlers storytime (age 1 - 3)

**Tuesday 10.30am** Preschool storytime (age 3+)

**Wednesday 10.30am** Toddlers storytime (age 1 - 3) and 2pm Tiny Tots storytime (age 0 - 12 months)

**Bedtime storytime** is on 1st Friday of the month at 7pm

Are you a member of the Rowville Community Library? If not, join now. Joining is easier than you think... all you need to join is a driver's licence with your current address (or similar ID). Joining is free. Borrowing is free.

Normal opening hours for Rowville library are Mondays, Tuesdays and Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 10-4 and Sundays 1-4. Details about the library service are available from our website at [www.eryl.vic.gov.au](http://www.eryl.vic.gov.au) and you can even join on-line.

**Rose Thompson Manager**

**Rowville Community Library 9294 1300**



**K.I.C.C.**

Knox Italian Community Club Inc.  
(Italia Victoria Club)

99 Karoo Road, Rowville 3178

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Email: [knoxitalianclubclub@bigpond.com](mailto:knoxitalianclubclub@bigpond.com)

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**Drinks not included**

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# Achievers Page

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Federal Member for Aston



## Local School Boy Scoops The Pool at National Titles

**Nine-year-old Lysterfield School student, Dareo Rogers, got more than he hoped for at the recent Inline Speed Skating Australian Championships in Adelaide.**

"It was his first nationals," his grandmother and guardian, Jackie Rogers said. "He was so proud to be selected in the Victorian team, and would have been happy to be placed in just one or two events." Dareo won both the indoor and outdoor time trials along with the 500m, 750m and 1500m indoor and outdoor races. "To win gold in all 8 events in which he was entered was fantastic, and such a huge boost to his self confidence."

Dareo's gold medals jangle as he gathers them up proudly. "My favourite event is the marathon, but I wasn't entered in that," he said. The 42km race is for older skaters only, but Dareo does train with them at his home club Caribbean, at Scoresby. When asked what he liked best about his interstate trip for his first national titles, Dareo was hard pressed to find just one. "Winning my first race with a lunge," he said of his signature move. "And standing on the podium to get my medals. And making new friends."

Dareo hopes to have more competition at next year's championships, when he is moved up to the next age group (12 and under). However, Jackie says that as the 2013 Australian Championships will be held in Perth, it will be a hardship for the family to raise the funds to go. "He loves his skating," she says. "And this



kid needs all the wins he can get. But it's a costly sport. I just don't know if it will be possible to get him there next year, which seems a shame, now that he's had a taste of it and so much success at his first try."

*Editor's Note:- What a superb achievement. Well done Dareo.*

*If any local businesses, entrepreneurs, or individuals are able to help Dareo with sponsorship to fund the cost of team skins, skates, wheels, registration fees or travel expenses, please contact his grandmother, Jackie Rogers, on 0415 276 175.*

## Alan Tudge Writes



Left to right: Alan Tudge MP, Jim Bourke MG AM, Rod Canobie, President of Boronia RSL, Gerry Turner, President of Vietnam Veterans' Association of Australia – Victorian Branch

## Local Veterans' Forum

There is no group of people to whom we owe more gratitude than our war veterans and their families.

Just before Christmas last year, I organised a Forum at the Boronia RSL to listen to their concerns and ideas. While most of our local veterans participated in wars long since past (primarily WWII, Vietnam and Korea), there are still pressing issues that need to be resolved. In attendance at the Forum was the Shadow Minister for Veterans Affairs, Hon Michael Ronaldson.

The most significant discussion at the Forum regarded the indexation of defence force pensions. For no logical reason, the defence force pension scheme does not increase at the same pace as the ordinary pension. This needs to be resolved and Michael Ronaldson committed the Coalition to fixing it. It is a basic matter of fairness.

There were also commitments made to restore the funding program which supports the ex-service organisations.

Further, there are deceased Australian troops still missing in places like North Korea. They need to be found and brought home. Local Boronia hero, Jim Bourke, has been leading this effort.

The toughest challenges concern mental health of ex-service people. There is no easy solution to this, but there was broad recognition at the Forum that we need to do better for future ex-service people than what we did in the past.

Thank you to the 60+ people who participated in the Forum who were so frank and honest in the discussion. More importantly, thank you again to the all the veterans community for your service.

If you were not able to make the Forum but would like to raise issues, please do not hesitate to contact me.

Alan Tudge MP Federal Member for Aston

## 'Framptons Carpet Court' Launches Storybook Challenge for Schools in Rowville

A survey by the OECD Program for International Student Assessments found Australia was one of only five OECD countries in which reading literacy levels declined. Boosting those levels is what the nationwide Carpet Court Storybook Challenge is all about.

It is an inspiring new competition developed to encourage more shared reading in classrooms across Australia and provide schools with essential educational tools, namely colourful children's books.

Entries in Framptons Carpet Court's Storybook Challenge are open, giving local primary school students from grades one to four in Rowville the chance to win big prizes, including \$1,000 in books and colourful reading mats for their classrooms, as well as individual prizes.

Store owner Peter Frampton is committed to promoting a more literate future by encouraging children living within the region to enter before March 30th by describing what



St Simon's students Emma F, James K and Emma D reading in the Storybook Challenge.

they love most about their community and providing an illustration. "Reading and writing inspires wisdom and the sharing of knowledge. If we can inspire even a handful of kids to fall in love with reading through the Storybook Challenge, we'll be happy with that," Robert said.

Students wishing to enter can pick up an entry form for the Storybook Challenge from Framptons Carpet Court, their local participating Primary







## cnr. Fulham Road & Bridgewater Way, Rowville, 3178

The Bridgewater Centre is a community counselling centre provided by and located at the Rowville Uniting Church. The Bridgewater Centre offers a low-cost counselling service to Rowville, Lysterfield and the surrounding communities. Individuals and families can self-refer to our service and no referral or mental health plan from a GP is required.

For some, counselling involves talking things through until a solution is reached through discussion. For others, it involves implementing structured strategies to address particular issues within a bigger problem, such as anxiety, depression or family problems. And for others again, simply sharing their burdened thoughts reduces the stress they have been feeling by keeping it to themselves.

People seek counselling for a variety of reasons, all of which stem from the hope or belief that a positive difference can be made in their lives. People may have issues such as depression, anxiety, grief, anger management difficulties, addictions or other mental health issues. Or they may be struggling with general feelings of stress, financial hardship, problems coping with day to day life, work, family and relationship pressures, or parenting issues.

Whether you are dealing with major life stress or just want to talk something through with someone to gain a fresh perspective, contact Kerryn Davies (phone 9753 4203 or email [office@rowville.unitingchurch.org.au](mailto:office@rowville.unitingchurch.org.au)) to make an appointment to see our psychologist, Teresa Butler. Our fees are \$40 for an individual or \$50 for a couple and we are not restricted to a set number of sessions. Counselling is available on Mondays and Thursdays.



Teresa Butler (above) is a registered psychologist and a member of the Australian Psychological Society. She has seventeen years of counselling experience across a wide client base and range of issues and holds a Masters Degree in Psychology (Counselling).

The Bridgewater Centre is holding a Trivia Night hosted by our own 'Blues Brothers' on Saturday 17<sup>th</sup> March, 7:15pm for a 7:30pm start. If you enjoy a night of music, movie and television trivia and would like to put together a table of 8-10, please join us as we raise funds to support the work of our counselling service. Cost is \$15/adult, \$10/student or \$35/family (inc. children to 15yrs) for what promises to be a night of great fun. BYO drinks and nibbles.

More details can be found on the Rowville Uniting Church Facebook page.

Counselling is a process that helps people engage in problem solving, identifying their strengths, building resilience, clarifying or gaining a different perspective, assisting in making critical decisions or moving through transitions in their lives, and to helping them find personal meaning in life. Counselling helps people gain a greater level of self awareness, understanding of their thoughts, feelings and behaviour, and helps them identify healthy coping strategies that may be helpful for them.



## Arts 2012: Bring it on!

Netball opera... Spanish dancing... Digital music making... Comedy... Knox Community Arts Centre's 2012 program is so jam-packed, it is hard to believe all this is happening in just the first six months.

Knox Community Arts Centre Coordinator Richard Mitchell said, in 2012 a range of fantastic shows, including a joint venture with the Arts Centre Melbourne, would be on offer. "2012 is set to be a big, inspiring and exciting year", Richard said.

### What you can expect at KCAC in the next six months...

The first show to kick off the season is *Hot Flamenco Warm Nights* which is a guitar music and dance show with a traditional Spanish flavour.

The music theme will continue throughout April with a performance by David Scheel called, *Art of the Pianist Composer*. It is a musical comedy complete with signature songs and story-telling, showcasing David's hilarious anecdotes and his talent for playing in the styles of the great masters of piano.

For the school holidays we have two strikingly different, yet equally exciting, music workshops for children and adults. The first is a marimba workshop run by accomplished teacher and performer Jon Madin. Jon is well-known for making music with weird and wacky instruments and will provide tips on how to make your own musical instruments.

The second is the *Loopy Music* workshop which allows kids and adults to create their own original piece of music to take home on CD. All the basics of mixing will be covered and participants can even record their own voice onto their tracks.

For the adults, Knox will host its calendar favourite, the Melbourne Comedy Festival Roadshow. This show will return bigger and better this year with some of the finest local and international comedians on offer.

Also for the adults is another hilarious Knox Theatre Company Show called *Table Manners*, a side-splitting farce that explodes with humour and exasperation as three couples share a weekend in search of love, sex, and the meaning of marriage.

Slightly left of centre, but thoroughly entertaining will be, *Contact! The Netball Opera*, a musical comedy, being run in conjunction with the Arts Centre Melbourne, all about netball. It's everything you love about netball, only with singing!

This season will also see the Melbourne Male Choir, which has recently moved to Knox, share its love of singing with the Knox community. In a special Sunday afternoon performance, the choir will show off its repertoire which spans classical, opera, musicals and popular music.

Closing the theatre season will be *Showstoppers of London's West End*, a tribute to the great musicals, featuring London west end star Philip Gould, Tenterfield Saddler star Michelle Fitzmaurice, compere Philip Wheeldon, and musical director Robyn Wommersley.

For more information about shows, and to book, visit [www.knox.vic.gov.au/theatretix](http://www.knox.vic.gov.au/theatretix)



## Rowville & District Neighbourhood House

We are already more than half way through Term 1 and are now busy organising Term 2 classes. Term 2 will see more high quality pre-accredited courses, a variety of other exciting classes and social events.

We will continue to deliver valuable learning experience including ACFE Pre-accredited Courses as part of the Learn Local range of adult community education and training programs. Included in the ACFE Pre-accredited Courses is Introduction to English as a Second Language class which provides participants with the opportunity of furthering their English Language skills including conversation.

**ACFE Pre-accredited courses for Term 2 include\*:**

- ◆ **First Point of Contact in Reception**
- ◆ **Short Course in Office Administration**
- ◆ **Introduction to Horticulture**

- ◆ **Introduction to Small Business**
- ◆ **MYOB: Beginners**
- ◆ **Updating Yours Skills for Returning to the**
- ◆ **Workforce: Microsoft Word & Excel 2010**
- ◆ **Basic Introduction to Your Computer – Evening Class**
- ◆ **Next Step in Computers**
- ◆ **Introduction to English as a Second Language**

\* Almost all these 20+ hour courses are, due to Government funding, available for less than \$50. Experienced and qualified trainers will deliver all of these classes.

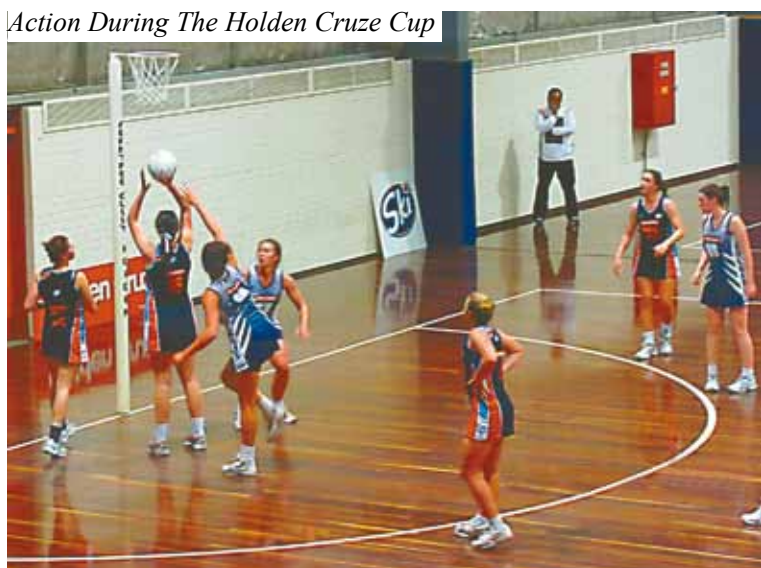
Term 2 classes commence the week beginning April 16, 2012. In Term 1 these high quality courses were very popular so it is suggested you register early.

Term 2 will also see the continuation of "What's Happening @ Our House". The five Neighbourhood Houses in Knox have teamed up to provide a variety of low cost social activities for you. Please visit the "What's Happening @ Our House" [www.whatshappeningatourhouse.org](http://www.whatshappeningatourhouse.org) for up and coming social events Everyone is welcome to come and enjoy a great Friday night of fun! This project has been supported by the Knox City Council Community Development Fund.

Please call if you would like any further information about any of our courses on 9764 1166.



Action During The Holden Cruze Cup



## Knox Regional Netball Centre

The Knox Regional Netball Centre is showcasing its diversity by hosting **"CONTACT! The netball opera"** in May. The show is part of the Melbourne Comedy Festival and is an operatic drama/comedy about netball! For more information log on to [www.knox.vic.gov](http://www.knox.vic.gov).

au/theatretix The Centre in Ferntree Gully has a range of competitions and programs to suit all ages. These include the Wednesday and Friday daytime ladies competition, where many teams are looking for extra players. So if you feel like a game of netball contact the centre and give them your details. It's never too late to start (or get back into it!).

There is a mixed competition on Sunday nights and Ladies evening netball Monday to Thursday. We also have Saturday netball for juniors and seniors and a 'Net Set Go' program running on Thursday and Friday evenings. The centre accepts new teams or just players so come and join today and enjoy the social side and get fit whilst having fun!

To contact the Knox Regional Netball Centre ph: 9758 7191 or log on to [www.knoxnetball.com.au](http://www.knoxnetball.com.au) to find out about all the programs on offer.

## Waterford Valley Lakes Retirement Village Celebrate Their 10<sup>th</sup> Birthday



I was delighted to join more than 90% of the 295 residents who attended the celebrations on February 3<sup>rd</sup> and we were enthralled by the history of the village,



professionally recalled by the presenters. Among the invited guests were Alan Tudge the Federal Member for Aston, Nick Wakeling State Member for Ferntree Gully, Tony Randello the GM Asset Management, Lend Lease and Wendy and Bob Meyer the original managers of the Village.

Village Facility Manager, Greg Swinton welcomed everyone and was clearly impressed, but not surprised by the large attendance. He took time, with tongue in cheek, to point out the emergency exits due to the numbers present, which set the tone for the rest of the presentation.

Ken Slade, chairman of the Residents and Management Committee and on behalf of the Social Committee, introduced a brief history of the Village from a swamp in 2002, through previous owners Primelife, then Babcock and Brown in 2007, to current owners Lend Lease and outlined the problems and hurdles, sometimes humorous, sometimes annoying, stages of the development. He praised the patience of the residents and hoped that they were now making maximum use of the wonderful facilities that the Village has to offer including a swimming pool and spa, bowling green, tennis court, golf course, recreation centre/clubhouse, library, IT centre and a café/restaurant with huge outdoor entertainment area. He also took time to praise the co-operation of the residents, clearly illustrated by the success of the day which was all organised by volunteers.

Following a brief address by Tony Randello about their pride in the development, Laurie Hanson gave a presentation "From the Beginning", starting with the dream of Ted Sent of Primelife to not only create a first class living environment but also develop the adjoining golf course and Waterford Park. The site was a swamp that was susceptible to the floodwaters from the nearby Ferny Creek and was blanketed by fog in winter. The original permits were issued by the Knox Council in 1995 and Laurie made it clear that it would be remiss not to mention the invaluable assistance, advice and friendship unselfishly given by Nick Wakeling.

In 2000, a lavish marquee was set up on a wet and boggy

site, complete with a jazz band, balloons, finger food and champagne to celebrate the 'turning of the first sod'. Then the earth moving equipment moved in and by the time a planning and progress meeting was held at the Kings Club in March 2001, the swamp began to look like a building site.

Then came the platypus problem. The animals were located in Ferny Creek and had to be protected, so in conjunction with the Australian Platypus Conservancy and Melbourne Water, a weed management and native tree and shrub replanting programme was introduced. Special grids were erected to protect the animals from the dangers, all of which further added to the other delays experienced. In July prospective residents were invited to another function on site to celebrate the pouring of the first concrete slab and to inspect the location of their

villas.

There was also some excitement when a car, driving along the then single lane Kelletts Road, left the bitumen, cleared a six foot cyclone fence and landed upside down in one of the lakes. The driver was never found!! Further stage celebrations were held before Brenda and Ian Hogan became the first residents on February 5<sup>th</sup> 2002.

"Moving In-The Early Days" was presented by Don Horsburgh. What should have been an easy move for him and his family was hindered by a lack of communication between their solicitors and Primelife that resulted in them eating their sandwiches on the roadside with the removalists. Finally they moved in, but there were no sink/bath plugs, a situation quickly resolved by Wendy and Bob. The toilet didn't flush and they were advised by the site office not to use it until it was fixed!

The first Social Committee meeting was held in July 2002 and Primelife sent Brian Gleeson to help. He tried to replicate the activities of 'Lexington Gardens', another of their properties in Springvale, but it was soon clear that things should be done the 'Waterford' way. Don pointed out that extra crockery and cutlery for their first Christmas dinner had to come from Lexington as we couldn't have our special guest Denise Drysdale eating with her fingers.

The Lakeside Club was opened in November 2002 providing the opportunity for many internal activities and functions. External activities were also catered for with the opening of the tennis court and bowling green. Don closed by inviting everyone to visit the Library and view the promotional brochures and newsletters from those early days.

Laurie returned to the microphone and recalled that the hailstorm of 2010 broke 300 windows and all the skylights in the Village, which has 184 villas, before Greg invited Nick Wakeling to say a few words. Nick reminisced about the development and expressed his personal pleasure in seeing the Village as it is today after such humble beginnings.

To conclude the celebrations, the longest serving



Waterford Valley Swamp before Village construction.

resident, Marlene McKellar and the newest resident, Bob Lane, were invited to cut the celebratory cake, before tea, coffee and scones with jam and cream began to flow. The celebrations continued into the evening with many residents attending Happy Hour and a BBQ dinner.

A further celebration is scheduled for later in the year, details of which will appear in the RLCN.

*Editor's Note:- I wish to thank Greg for the invitation to attend the celebration and acknowledge all the staff and residents who made me most welcome.*

## St Simons Community Football Club



Down at Liberty Reserve, the home of 'The Knight's', the excitement is building for the start of the 2012 season on Sunday 15<sup>th</sup> April. With some new coaches on board, all teams are in full training, with fitness continually improving. We welcome new coaches Frank Dissegna, Phil Buck and Daisy Steghuis (returning) and those returning John Boccari, Craig Jury, Mitch Laughlin, Brad Slater and Michael Roach. We wish all coaches

and their teams a successful season.

The St Simons Community Football Club is this season fielding teams for girls in U11 and U14 ages. Registration day was held on February 18<sup>th</sup> at Stud Park but further enquiries can be made to Andrew on 9755 5626 or Adrian on 0412 551 186.

We are also fielding boy/girl teams in the U8 to U17 age groups. Andrew or Adrian can also be contacted on the above numbers, regarding your registration. You can alternatively contact the club through [admin@stsimonsknights.org.au](mailto:admin@stsimonsknights.org.au) for further information.

All players are welcome at the club, where 'boys become Giants'.



## SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.



*The Under 12's Grand Final Banner*

In 2012, the Club is fielding 6 sides in the Eastern Football League from Under 8's through to Under 13's. New players are most welcome for all age groups. Girls are also encouraged to join the Club.

Come and join this fantastic local junior football club in Lysterfield.

The 2012 season commences on the 15<sup>th</sup> April. LJFC will also be conducting Auskick this season. Details of the registration day for 2012 will be advised in a later issue.

Enquiries may be directed to the President Mr. Steve Ketzer on 0487 486 487 or the Registration Officer, Mr. Greg Crawford on 0417 535 817.



*Jumping Joshua!*

## Rowville/Rowville Lakes Little Athletics

### Little athletes roll in medals

Local youngsters must be feeling weighed down by all the Little Aths medals they've collected recently. While competing at the Knox Open Day and State Relay Championships, as well as gaining Personal Bests at regular competition they have been gathering quite a haul.

### State Relay Championships

Little Athletes from our two local clubs joined with other Knox Centre runners to form relay teams for the recent State Relay Championships. As part of these teams, many Rowville and Rowville Lakes children won medals.

Blake Tahlambouris, Kaya Beagley and Jemma Stapleton defied the odds to collect gold in the U11 Mixed Sex 4x100m. Kaya also combined with Jemma's cousin Lachlan to gain bronze medals in the U11 Boys 4 x 200m and Medley Relays. Blake was part of the latter.

Our U12s Millie Reed, Caitlin Bronte, Declan Brown, Zac Milverton and Joel Lotherington secured a silver medal for the Mixed Sex 4x100m. Joel also won bronze in the 4x100, along with Declan and Jordan Munyard. Bayley Carlin then combined with Jordan and Declan for a silver in the 4x200m.

Kate Betteridge and Melanie Fredricksen ran superbly for their U9 girls 4X200m team to claim second place in the state final. Rebecca Munyard, Courtney Beer, Keelin McGeehan and Hailey Merrigan also combined well to bring home a silver medal in the 4x100m and bronze in the Medley. Courtney showed her grit and commitment, running on after a heavy fall while racing early in the day. Great effort!

The U9 girls were ably assisted this season by some of our past Little Athletes, Rebecca Fredricksen and Lisas Morris and Merrigan. Current U16 athlete Emily Merrigan was another of the assistant coaches. Adult relay coaches included Nick Tahlambouris, Steve Morris and Gary Eickhoff, who bravely picked up the U9 boys. Well done!

Many of our runners were part of Knox teams which made state finals, including Josh Danopolous, Holly Hodges and Tess McLeod.

### Knox Open Day

This year's Knox Open Day was one of the best ever. The sun shone, then the moon. Elite athletes presented medals and signed tee-shirts and the evening was capped off with a magnificent display of fireworks. Families watched in awe as the sky lit up for about 15

minutes thanks to the generous sponsorship of Ray Abley Real Estate.

Jesse Eickhoff declared his presence in the U10 boys competition capturing gold medals in the triple jump, 80m hurdles and 100m. He also brought home a silver medal for the 200m. Blake T finished first in the U11B long jump, 100m and 200m, and third in the javelin. In the U12 Joel Lotherington ran well to claim bronze for the 800m.

Sam Rossiter had a great day in the U14 boys collecting three silvers and a bronze while younger brother Jamieson also bagged a swag in the U10s.

Trent Stapleton gather three silver medals via the U7 boys 70, 100 and 200m. Jordan Kondic also had a great outing winning bronze in the 100m and Long Jump.

Ben Noonan showed his versatility winning a silver medal for the walk and backing this up with the same medals for the U8 triple and high jump. In this age group Will Evans was third in the 60m hurdles. Three U8 girls won gold medals: Tylah Smith launched the discus over 10m to win, Grace Louey leapt highest in high jump, and Gemma Lillie was fastest in her 800m walk.

Hailey M finished with two U9 golds, for the 60m hurdles and 800m as well as a silver in the 400m. Keelin took silvers in the 100m and long jump, plus bronze for the 70m. Rebecca M was third over the 200m, while Courtney Beer was third in the 100m and equal third over the 60m hurdles. In the U9 boys Ethan Parker strode to third in the 200m.

Rooky Holly Hodges, who joined Little Aths as an U10, also showed her speed on Open Day.

She brought home a 100m silver medal and bronze for the hurdles. Little sister Hannah made the final of the U9 200m. Lachlan V, Declan Brown and Jayden Irving tussled for their places in the U12 boys sprints and hurdles.

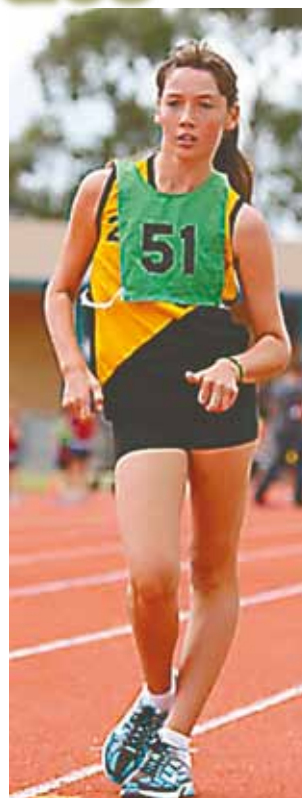
Our race walkers, especially siblings, always seem to do well! Brianna and Gemma Lillie won the U10 and U8 girls' walks respectively. (Their sister Jessica won the U12 javelin.) Hayden and Reese Walmsley both captured medals in their age group walks. Jarod Hodges won and Ben Noonan was second in U8 boys. We dominated the

U12 girls dias with Hayley George taking top spot, Brodie Richardson second, and Mikhala Hodges third. Brandon Kondic walked to gold in the U10 boys. The fast improving Joshua Clarke ran the race of his life to claim silver over 100m in the U10 boys. He also gained a bronze medal as did Mark Merrigan for discus. Monique Larose and Jemma Stapleton bagged some bronzes between them. Other medalists for Open Day included Kaya Beagley, Monique Louey and Caitlin Bronte.

The track and field season has just a few weeks remaining, but Cross Country to keep you fit over Winter. Call Steve on 0409 231 380 or 9764 3384 or Nick on 9764 066 or to find out more.

*Rosemary Merrigan*

*Thanks to KLAC photographers.*



*Jessica in Race Walk*



*Open Day Triple Jump*



WELLINGTON VILLAGE SHOPPING CENTRE

# Community Fair 2012

Saturday 24th March 9am-2.30pm

ON STAGE

MC – Stick Mareebo Mix 101.1FM  
NAVY BAND  
BOYD ACADEMY OF DANCE  
SINGER MIKE GAMBINO

*The Community Fair is a family fun day to get to know what is going on in your local community.*

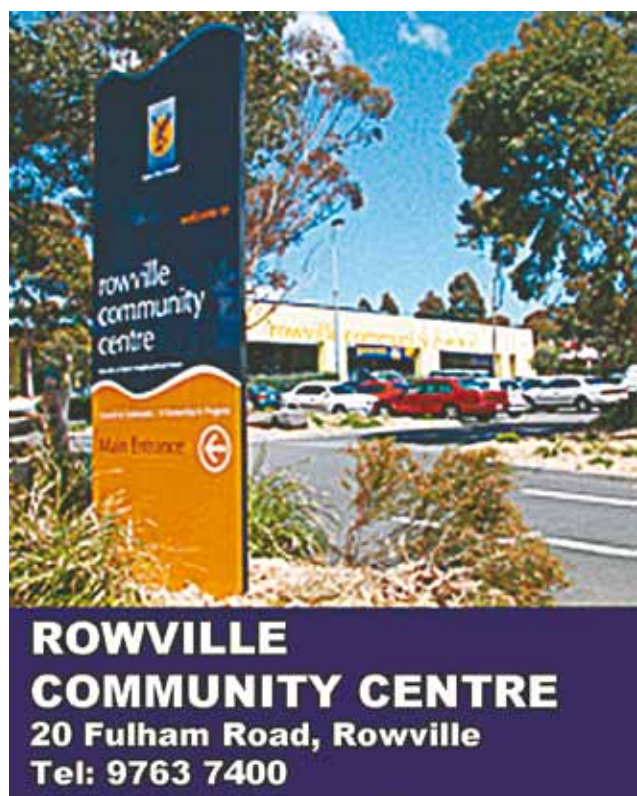
- Music from Heany Park Primary School
- Loong Fu Pai Martial Arts
- *Golden Lion Academy* Tai Chi
- *Vocal and Guitar Freedom* performers
- Magician and Balloon Sculptor

ALSO:

- Bouncy Castle
- Face Painting
- Chair Plane Ride
- Heany Park Scouts Climbing Wall
- CFA Fire Truck
- Police Car
- Kids Crafts
- Rotary Sausage Sizzle
- School Displays & more...







The Rowville Community Centre is located in Fulham Road, Rowville. There are small meeting rooms for hire and a large basketball hall.

## Current Programs Available

**Stretch & Tone**  
Tuesday 6.00pm – 7.00pm  
Wednesday 9.30am – 10.30am & 10.30am – 11.30am

**Yoga Hatha** – For stress relief & relaxation  
Tues: 10.00 – 11.00am., 7.00 – 8.00pm & 8.15pm – 9.15pm  
Wednesday 7.00pm – 8.00pm & 8.15pm – 9.15pm  
Contact Rowville Community Centre 9763 7400

**Living Longer Living Stronger**  
**Resistance training for the over 50s**  
Monday & Thursday 11am–12noon & 1.30–2.30pm\*  
(\*12.15 to 1.15pm on Thurs) and 7.00pm – 8.00pm  
Tuesday & Thursday 6:00pm – 7:00pm  
Wed & Friday 9:15am – 10:15am & 10:30am – 11:30am

**All Stars Basketball Club (Knox)**  
Contact the Registrar 0447 120 691 for details.

**All Stars Self Defence**

Contact John on 0438 922 250 for details.

**Aerobics/ Cardio Workout**

Contact Boon Yim on 0402 104 729

**Armenian Community Centre (Basketball)**

Contact Aram 0402 385 602 for details

**Crew Muaythai (Thai Boxing)**

Contact Wesley: 0418 365 455 or [www.crewmuaythai.com.au](http://www.crewmuaythai.com.au)

**Freestyle Martial Arts**

Contact Stephen on 0400 361 839 for details

**John's Line Dancing**

Contact John on 0417 304 556 for details.

**Knox Basketball**

Contact 9762 1298 or [www.knoxbasketball.com.au](http://www.knoxbasketball.com.au)

**Kumon (Maths & English Tuition)**

Contact Suzanne on 0419 105 174 for details.

**Learningland (Phonics for Preschoolers)**

Contact Cath on 1300 139 859 for details

**Lion Bushido Karate Academy**  
Contact Sandy 0412 163 324 for details

**Lyn's Learning (Tutoring)**  
Contact Lyn Tam on 8794 8809 for details

**Millennium Tennis**  
Contact Adrian: 0417 591 911 or [www.mtennis.com.au](http://www.mtennis.com.au)

**Piloxing (Mix of Pilates and Boxing Zumba style)**  
Contact Linette on 0438 537 101 for details

**Rowville Group Fitness – Pilates & Boxcercise**  
Contact Lisa on 59 686 329 for details.

**Rowville Netball Club**  
Contact 0437 032 890 for details

**Soccer Time Kids (for 1 to 5 year olds)**  
Contact 1300 476223 or [www.soccertimekids.com.au](http://www.soccertimekids.com.au)

**Southern Bears Basketball Club**  
Contact Edwine on 0418 525 164 for details

**Sporteka (Sport for kids 2.5 years plus)**  
Contact Fatima 0431 211 444 or [sporteka@bigpond.net.au](mailto:sporteka@bigpond.net.au)

**Weight Watchers**  
Contact 131 997 for details.

**Youth Space – Drop In**  
Contact Stephen from Rowville Baptist Church on 0428 350 121 for details.

**Zumba Fitness (Sunday)**  
Contact Linette on 0438 537 101 for details

**Zumba and Zumbatomic (Zumba for 4 to 7 yr olds)**  
Contact Marita on 0430 377 208 for details

To find out more about the centre, contact us for a brochure  
ph: 9763 7400 or log on to [www.knox.vic.gov.au](http://www.knox.vic.gov.au) and head to the Rowville Community Centre page.



## Are you spoiling your pet to death?

Is your pet's shape a growing concern?  
The most common nutritional disorder in animals living in this modern society is excess body weight which more often than not leads to pet obesity. There are many contributing factors to overweight pets, but the main one is overfeeding.

If you have noticed that your pet has adopted a few extra kilos then this is the time of year to get your pet fit and healthy. There are a very high percentage of slightly overweight pets that very quickly become obese and unfortunately there are many health risks associated with obese pets.

### Overweight pets are likely to:

- Live a less active and shorter life
- Be more prone to joint and mobility problems

- Develop skin problems and a lower resistance to infection
- Be at greater risk during surgery
- Be disinterested in exercise and play

### Risks for the overweight pet:

- Heart disease
- Susceptibility to infections
- Diabetes mellitus
- Neurological disorders
- Increased surgical & anaesthetic risk
- Respiratory problems
- Cancer
- Earlier onset of joint problems e.g. arthritis

- Skin problems
- Reproductive disorders
- Inactivity
- Decreased quality of life
- Premature ageing

If your pet has a weight problem, (this includes being underweight) then why not start off on the right paw and contact your local Greencross Vet for information on our free weight management programs that are tailored to suit your pet's needs.

The inclusion of regulated exercise and quality veterinary diets helps promote a total health focus to benefit

your pet. *'A healthy pet is a happy pet'*



Age of Pet	Worming Schedule
6-12weeks	Every Fortnight
12weeks - 6months	Every Month
6months - adult	Every 3 Months for the lifespan of pet



## New Manager for Bendigo Bank

The Rowville Branch of the Bendigo Community Bank at Wellington Village, has appointed a new manager, Andrew Williams. 52 year old Andrew describes himself as an 'accidental banker', whose father had a long career with the old State Bank and this is where Andrew started his working life.

Andrew attended Box Hill PS and then Burwood HS before gaining a Bachelor of Business degree in Banking and Finance. In 1982 he met Bronwyn at a football club function and she was to become his wife and together they have raised three very successful, Rowville schooled and University educated daughters, Kate, Emma and Kelsey. Bronwyn is a qualified teacher but is currently employed by Eastern Health. "We purchased our first block of land in Taylors Lane for \$17,000 in 1984 and have been Rowville residents ever since" said Andrew proudly.

Andrew has worked with the Knox Council as a volunteer community representative to the Community Development Fund and has been delivering the RLCN for 17 years.

After 31 years at the Commonwealth Bank in a

### Rowville Pets Home Feeding Service

Your pets can stay in the comfort of their own home.

**Service Includes Feeding & Walking**  
**Dogs & Cats Cared For**  
**Mail Collected & Bins Put Out For Collection**  
**House Sitting Available On Request**



**Established For 15 Years**  
**Please call Sandra on 9763 1630**  
**Mobile: 0411 514 972**



large variety of roles, including branches, audits, training, international banking, debt collecting, administration and lending. Andrew moved on to the Community Bank and is relishing the opportunity to meet locals face to face and look to satisfy the needs of his customers.

Away from the office, Andrew is a competitive long distance runner and enjoys wilderness trekking. He is a life member at the Eildon Park Cricket Club, a member of the Scoresby Football Club and follows Essendon in the AFL. "For pure relaxation I enjoy the simple pleasures of gardening" Andrew confides "and I enjoy listening to the music of Neil Young". Bronwyn is a long term member of the Eildon Park Tennis Club.

In 2010 he and Bronwyn took a five week holiday in Europe and the UK and had a great time. It was their first overseas holiday together, other than a brief visit to Fiji. "Whilst they were both memorable, our 'self sail' holiday in the Whitsundays a few years back and a houseboat on the Murray take some beating" said Andrew.

If Andrew hadn't followed his greatly admired father into banking, he suspects he would have followed a career in health and fitness. "However", he said, "banking offers so many opportunities for youngsters as there are a range of career paths within the one career. But" he adds, "a tertiary education is vital if you really want to succeed".

One of the things he has developed in his banking career is strong leadership and people management skills, which, if the smiling faces and helpful attitude of his Customer Service Officers at Rowville are anything to go by, he has already made his presence felt.



## Nick Wakeling Healthy Eating Forum

Minister for Health, David Davis and Parliamentary Secretary for Health, Nick Wakeling MP, recently hosted a roundtable of Victorian families at Parliament House to share ideas on healthy eating.

"It's great that so many mums, dads and kids with a keen interest in healthy eating were able to attend the forum and contribute their ideas which will help shape Victoria's input into the National Health and Medical Research Council's Australian Dietary Guidelines and Australian Guide to Healthy Eating which are being reviewed for the first time since 2003," Mr Wakeling said.

As a healthy diet and exercise are the foundation of good health, the Coalition Government is investing more than \$40 million through the National Partnership on Preventive Health in new prevention initiatives for children. Among those initiatives is a new \$3 million Healthy Eating Advisory Service which will provide healthy eating and nutrition advice to early childhood services, primary and secondary schools, as well as hospitals.

The main changes so far proposed include strengthening guidelines relating to limiting sweetened drinks, a small increase in recommended serve sizes of dairy and meat (young females only), and a decrease in serve sizes for breads and cereals groups.

All Victorians can have their say via an online survey on Better Health Channel at [www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)

## Recipients of Endeavour Awards

Every year Nick has proudly presented the Ferntree Gully 'ENDEAVOR AWARD' to deserving students who have shown significant endeavour, community spirit and enthusiasm during their school life. The award recipients for 2011 for each local school are:

John Cavarra, Simran Hothi, Joanne Fajloun, Aaron



Sutton, Madeline Hayes, Warren Kamara, Meaghan Conroy, Hannah Byrne, Ella Barrington and Laura Spottiswood.

## Clean Up Australia Day

Come and join us to 'Help Clean-Up Australia' on Sunday 4<sup>th</sup> March 10am -12noon at Bunjil Way, Knoxfield. Meet us at the bottom car park near Knox BMX Track. Please bring along a hat, sunscreen, a bottle of water and wear protective shoes. You can register on-line by visiting: <http://www.cleanupaustaliaday.org.au/Bunjil+Way>

## Ride 4 Georgia

I'd like to congratulate a local Knox resident Chris Waixel for his out-standing effort in organising two teams (12 riders) to compete in the Murray to Moyne Cycle Relay on 30<sup>th</sup> March – 1<sup>st</sup> April in Echuca. Chris and his teams will 'Ride 4 Georgia'. Georgia suffers from severe Cerebral Palsy and Sensory Integration Dysfunction and are hoping to raise much needed funds for her family to be able to purchase specialised equipment to assist Georgia to learn. You can donate at: <https://www.gofundraise.com.au/page/Ride4Georgia>

*Editor's Note:- Good luck to you Chris and the team with the ride. Perhaps you would like to write a short account of your trip for the paper?*



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**Wednesday 9.15am Wednesday 6.15 pm**

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**Wednesday 7.30pm \$13**

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or go to: [www.rowvillegroupfitness.com.au](http://www.rowvillegroupfitness.com.au)**





Photographing gardens around the world is one of my favourite photographic subjects. The range of opportunities to find fascinating photos is always different as it is based on the kind of gardens or parks being visited and the time of year. Overall garden scenes, flowers and flower beds, statues, arches, fountains, lakes, ponds, ornaments and even wildlife such as animals and insects, all become interesting subjects.

What makes gardens different to static tourist attractions and sites is that they don't remain the same during the year. Different colours in plants, flowers and leaves appear during their particular growth period creating wonderful colour patterns. Also gardens "mature" and grow and change over time so we often revisit famous gardens to see and record the changes. We also see elements of gardens that we can incorporate into our own garden.

Our award winning garden at 64 Timbertop Drive, Rowville, is typical in that we have many hundreds of plants on a full 1/3 acre site that are a vast mixture of exotics, succulents/cactus and native plants designed to colour the garden over most months of the year. Ponds and ornaments add interest to the overall garden "rooms"

*Part of the side garden scene at our Rowville property*

## Open Garden 24/25 March

We are again open over the weekend Saturday/Sunday 24/25<sup>th</sup> March (10am-4:30pm) as part of the Australia's Open Gardens for visitors to see what we have achieved – and take photographs!

**HINT:** When visiting a garden view the scene from different angles. Go to the end of the garden and then retrace your steps, you will see things you missed. Look at the detail of the plants, leaves and features to see what will make an interesting photograph.

## Chiro- Practicals

**Presented by**  
**Dr Frank Whelan**

### Is your Vac a pain in the back?

Of all the housework chores that might be the cause of back pain, Rowville Chiropractor Dr. Frank Whelan says, from his experience, the Vacuum Cleaner is the top of the list, especially for his female patients. So he has put together some hints that might save you from an unscheduled visit.

Before you start, do some basic low back stretches, arching your back gently forward and back, side to side stretching your hand down each leg and finally rotating to each side.

When vacuuming stand as upright as you can. The further forward you bend the more strain you put on your back. When moving forward bend your knees and use a 'lunging' action. The weight should be on your lead leg going forward and on your back leg when straightening up again. Don't twist and bend – move your whole body to face the area you are working on

When vacuuming under furniture, bend your knees or get on your knees, so that you can keep your back as straight as possible. If you find you are bending too much, think about buying another extension piece to make the handle longer.

When moving through the house alternate your leading foot or leg to share the load on your pelvic and leg muscles.

Use the time while vacuuming to strengthen your abdominal muscles by sucking your belly button through to your spine and holding for reps of 15 seconds. This will help take some of the load off your back. Try to share the load with other members of the household, taking it in turns to do the whole house or allocating rooms.

If your household chores are constantly giving you back pain, **Wellington Family Chiropractic** may be able to help.

# Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine  
96 Kelleys Rd, (Cnr Kelleys Rd & Taylors Lane) Rowville  
Physiotherapy 9763 9233 Sports Medicine 9763 3944



### Benefits Of Exercise for Cancer Patients & Survivors

Exercise is essential for everybody in maintaining a healthy body and mind. Evidence supports the use of exercise for cancer patients & survivors. Exercise has been found to have a positive effect on the physical and emotional wellbeing of cancer patients.

Participating in physical activity has been shown to decrease:

- fatigue
- the risk of other side effects such as osteoporosis and heart disease.
- depression rates
- the risk of death
- cancer recurrence rates

Structured exercise programs such as "Pink Pilates" & "Steel Pilates" are dedicated to helping women and men regain their physical strength and endurance and incorporate exercise into their lifestyle after cancer diagnosis. Speak to your local physiotherapist about enrolling in a "Pink Pilates" or "Steel Pilates" program.

The Knox Relay For Life is being held on March 25<sup>th</sup> and encourages physical activity for cancer patients and survivors as well as raising much needed funds for cancer research. It is also an opportunity to get together with your community to celebrate cancer survivors, remember loved ones lost and to fight back against cancer and raise much need funds for cancer research. Rowville Physiotherapy & RSMC is proud to be supporting 2012 Knox Relay For Life.



### Being Active with Arthritis Arthritis Awareness Week: Sunday 25 March – Saturday 31 March

In Australia almost 1 in 5 people suffers from arthritis. Arthritis is a term for a large group of conditions which damage the joints of the body, causing pain and stiffness. Some of the most common kinds of arthritis are osteoarthritis, rheumatoid arthritis, fibromyalgia, gout and ankylosing spondylitis. While it is a common belief that the disease is just a part of getting older, arthritis can affect people of all different ages, lifestyles and backgrounds.

Although there is no cure for arthritis, many symptoms can be controlled with the right treatment. One of the simplest things you can do to live well with arthritis is to stay active. Research has found that exercise assists arthritis sufferers by:

- Decreasing pain and tiredness
- Increasing the mobility and flexibility of joints
- Building muscle strength
- Improving posture and balance
- Reducing muscle tension and stress

Low-impact activities, such as walking, cycling, strength training, water exercise, tai chi and yoga are generally good choices for people with arthritis. These activities place less stress on the joints, making them more comfortable.

While everyone with (or without) Arthritis should be doing regular exercise, it is important to discuss with a health professional the activities that are appropriate for your particular condition, lifestyle and overall health. Your Exercise Physiologist at Rowville Sports Medicine Centre can recommend safe exercises and ensure you are performing them correctly to prevent injury, as well as providing information on coping with pain and reduced energy levels.



### Steel Pilates is now available at Rowville Physiotherapy!!!

Steel Pilates is an individualised survivorship program designed specifically for men with cancer.

Steel Pilates is a holistic 10 week rehabilitation and fitness program incorporating physiotherapy, fatigue management and exercise.

The Steel Pilates program has been specifically designed to inspire and encourage men in Australia and New Zealand diagnosed with cancer to regain their wellbeing, physical strength and to incorporate exercise into their lifestyle.

A free information session will be held at Rowville Physiotherapy on Saturday 3<sup>rd</sup> March at 12:00pm

Please call us for further information & to book your place!



Rowville Physiotherapy - 9763 9233  
www.rowvillephysio.com.au  
Email: info@rowvillephysio.com.au  
www.steelpilates.com.au



Alliterations



Jacko jogs on the jet  
Jack joyfully jumps to Japan  
Jack juggles jingle bells  
Jacko jumps with jam in Japan  
Jack 3C Heany Park



Keelin keeps corn in the kitchen  
Keelin's kangaroo karate kite is kidnapped  
Keelin concentrates on karate kangaroo  
Keelin 3C Heany Park

Healthy Eating  
Wordfind

C	Z	L	B	B	P	C	F	W	E	A	H
A	N	L	U	X	R	O	H	O	Z	Z	A
Y	O	S	Q	T	R	O	T	E	A	E	G
V	C	P	I	U	I	T	C	A	E	S	G
Y	H	A	N	L	C	Q	E	C	T	S	E
J	I	G	L	A	E	S	T	V	O	O	E
W	C	H	O	E	S	Z	I	I	O	L	X
K	K	E	Q	R	I	C	M	E	R	H	I
R	E	T	V	E	V	D	E	N	A	C	H
Z	N	T	V	C	S	L	G	D	N	M	E
R	E	I	U	Y	B	G	E	Z	G	K	C
G	L	C	Z	E	B	G	V	H	E	D	S

broccoli	orange
cereal	potato
cheese	rice
chicken	spaghetti
egg	vegemite

A Challenge From  
The Editor  
Jokes

- 1. What can you serve but never eat?
- 2 What goes up and down a hill but never moves?
- 3 How do you take a sick pig to hospital?
- 4 What do you call a penguin in the desert?
- 5 If two is company and three is a crowd what are four and five?

Quiz

- 1 What is an Indian Myna?
- 2 Which sign of the zodiac is represented by a goat?
- 3 Which tropic runs through the north of Australia?
- 4 Who was Prime Minister before Kevin Rudd?
- 5 In which State are the Blue Mountains?

Rearrange the letters

- 1 THE EYES  
Rearrange the letters to see what they do
- 2 ELEVEN PLUS TWO  
Rearrange the letters to get the same result
- 3 ASTRONOMER  
Rearrange the letters to see what he does

Answers

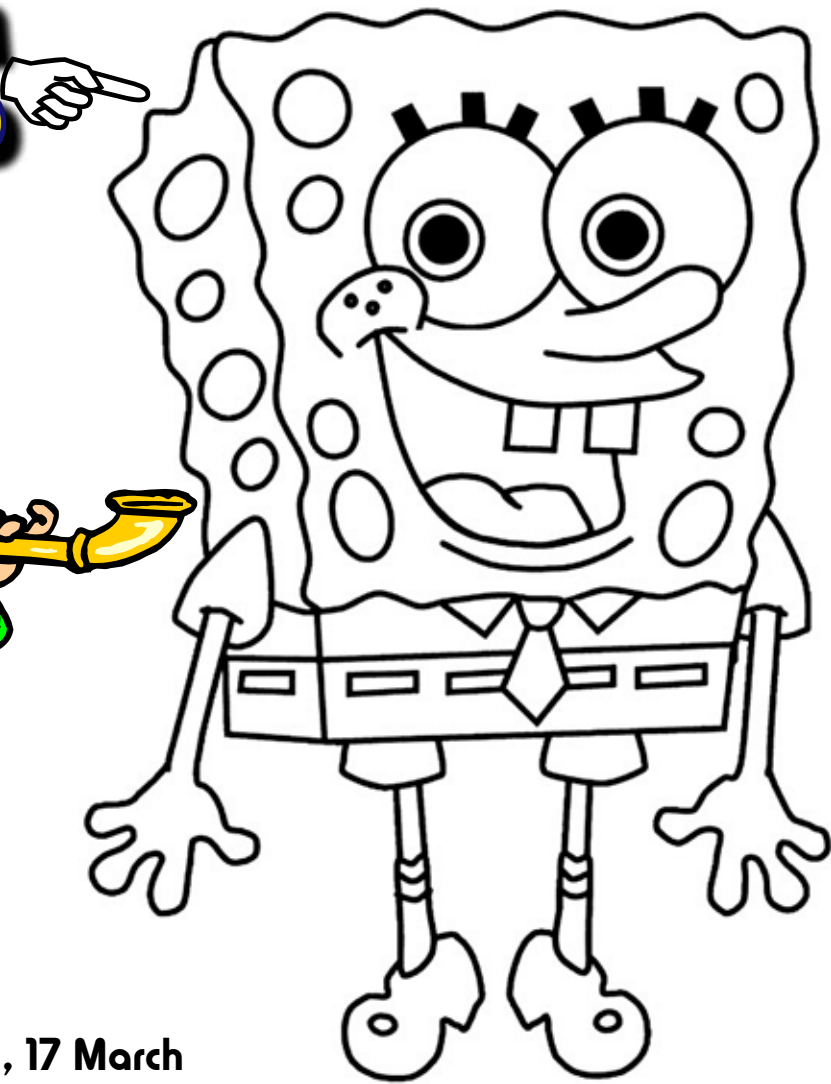
MOON STAREH  
TWELVE PLUS ONE  
THEY SEE

Rearrange the letters

MSN S Nine  
4 John Howard Lost  
3 Capricorn In an hambulance  
2 Capricorn A road  
A bird A tennis ball

Quiz Jokes

Colour in  
Sponge Bob



St. Patrick's Day ~ Saturday, 17 March





# Knox Home Garden Club

Photo: JM

## Local bird bath - 19 February 2012

With summer handing over the reins to autumn, it's time to make the most of the cooler days. It can be very pleasant getting into the garden for a tidy up, pulling out the vegies that have finished production and a bit of judicious pruning here and there.

I'm always looking for ways to keep garden maintenance to a minimum. Mulch is a no-brainer, it suppresses weed growth and it is easy to remove a weed should it manage to struggle through. Mulch also keeps the soil cool and moist, cutting down on your water usage and time spent watering. Check your mulch levels which does break down and needs to be topped up to at least 5 centimetres to be effective.

Hard lawn and garden edgings, whether they be brick, concrete, plastic or timber, make the job of lawn mowing

and whipper snipping much easier as well as defining your garden.

Bird baths need a regular scrub to keep them clean. Don't forget to fill them up immediately afterwards as there is always a feathered friend just waiting to have first bath in that clean, fresh water. Find a spot for the birdbaths away from plants that drop their flowers, such as angel's trumpet (Datura) and callistemon, or you will be forever scrubbing.

Leaving my low maintenance garden to it's own devices shows that nature has its own itinerary. I took a stroll around my garden to mentally note what needed attention.



The warm, but not too hot summer, coupled with a fair amount of rain has gone to the heads of some plants! The cannas have been giving a gloriously colourful display for months, with their vibrant hot flowers yet all the while rapidly and stealthily increasing their rhizomes way beyond their allocated space!

I was given some Japanese anemones/windflowers and their generous display of blooms was nothing short of delightful. But it's just another smokescreen, as they spread their way across and out of the garden bed and up through joins in the brick paved pathway. While I was picking huge bundles of golden alstromerias, they too swept aside everything in their path for a takeover. Then there's the tiger lillies, cripes, the more I look, the worse it gets! I have never been a fan of hard to grow plants, but I thought, 'you lot take the cake'. What to do? A good cup of tea, a Bex and a little lie down? No way, look out garden, here I come!

## Cuttings, anyone?

Knox Home Garden Club meeting details appear under "What's On Locally" on page 2.

Visitors are made very welcome and supper is served afterwards.

Betty Wright

# Knox Council Affordable Housing

## Defining the situation. Developing a solution.

Council has taken a significant step forward in helping address housing affordability needs in Knox by adopting a new measure of calculating social housing needs and a timeframe for how needs could be met up to 2030.

Cr Mick Van de Vreede, Chair of the Knox Affordable Housing Reference Group and member of the Eastern Affordable Housing Alliance, said "This data, and method of calculating social housing, provides us with the greatest level of proof we've ever had about the need for social housing in our community. The report, tabled at the 24 January Council meeting, gives us a method for calculating a minimum supply of social housing as well as a timeline for best meeting need. Based on sound research, it's a breakthrough report which will provide a strong foundation for Council's approach to social housing."

Van de Vreede added that while Council couldn't create more social housing itself, the report and decision of Council, would add weight to its advocacy and conversations with government and social housing providers. It would

also help guide Council's future decision-making on use of Council-owned land, inform private developers and other stakeholders of social housing needs and objectives in Knox, and provide baseline data which Council could use to monitor progress. The formula used to assess social housing need can also be adjusted

following each five-year Census.

More information and a breakdown of how many dwellings are needed over the next five years, and beyond, is available in the 24 January 2012 Council Report.

## Council Minutes Jan 24th Meeting

Here is a brief summary of items affecting the



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## Rowville-Lysterfield area from the Knox City Council meeting held on the 24th of January 2012.

**Item 5.2.1** Councillor Pearce (Taylor Ward) raised an issue concern on behalf of residents at the rear of the Wellington Village Shopping Centre who are experiencing noise issues with delivery times, staff parking and the shopping centre management. Residents also highlighted their concern about Raeburn Road being used as a speedway and requested some form of traffic management devices to be installed.

**Item 6.4** Application to develop the land for a three storey apartment building containing 28 dwellings,

associated car parking and creation of access to a category 1 road at 1084-1086 Stud Road, Rowville.

Council resolved to issue a Notice of Refusal to Grant a Planning Permit for development of the land for a three storey building containing twenty eight (28) dwellings, associated car parking and creation of access to a Category 1 Road at 1084-1086 Stud Rd, Rowville, on the following grounds:

1. The proposal does not comply with the State and Local Planning Policy Framework and the Municipal Strategic Statement (MSS) as contained in the Knox Planning Scheme.

2. The proposal is inconsistent with the direction of Clause 11.04 (Settlement) and Clause 16 (Housing) in conflicting with surrounding land uses and failing to integrate with existing road infrastructure.

3. The proposal is inconsistent with the direction of Clause 21 (Municipal Strategic Statement) and Clause 22.07 (Neighbourhood Character) and Clause 22.10 (Housing) in proposing a built form which fails to consider neighbourhood character, particularly with regard to the prevailing building height patterns, front setback, visual bulk impact and canopy tree planting opportunities.

4. The proposal is inconsistent with the direction of Clause 16.02 (Housing), Clause 21.07 (Municipal Strategic Statement), Clause 22.10 (Housing) and Clause 52.29 (Land adjacent to a Road Zone, Category 1, or a Public Acquisition Overlay for a Category 1 Road) with



# A Young Person's View Ready to Relay

The year before last was my first introduction to Cancer Council Victoria's Relay For Life. I began as a committee member for the Greater Dandenong Relay For Life in 2010. It was for a fairly selfish reason I'll admit, to broaden my Public Relations experience and add to my resume. Later on though, I ended up adding my own team. And organising a market stall fundraiser. And a dinner. And there was even talk about a trivia night. I wasn't doing these things anymore for the PR experience.

My cousin was diagnosed with cancer in 2009 and the support he received was tremendous. It made sense to me to give back to the Cancer Council, an organisation that funds life-changing cancer research. Going from being a committee member to raising my own family team seemed like a natural progression to me. And it was so much fun!

This year, my team 'The Lacotas' are back in gear for Greater Dandenong's third ever Relay For Life in May. I can't wait! It can be really difficult to explain to someone what Relay For Life is when they have never been, but basically, each team fundraises as much as possible before the actual event, then the real fun begins on the Relay day. We set up our tents at the site and we relay around a track for twenty four hours or so to raise awareness about cancer, giving cancer survivors a proud moment at the beginning in the initial Survivors and Carers lap.

It's an amazing experience to attend a Relay For Life. If you can go to one, I would thoroughly recommend it. The atmosphere is electric. It can be spent with family and friends, remembering those who have been lost to cancer and celebrating those still with us. Support our doctors and scientists in their quest to eliminate cancer and attend a Relay For Life. The Greater Dandenong Relay For Life will be held on the 26th and 27th of May from 3pm - 11am at Sandown Greyhound Track, Lightwood Rd, Springvale.

Learn more by visiting [www.relayforlife.org.au](http://www.relayforlife.org.au)



Heany Park PS Captains



Heany Park Grade 3C

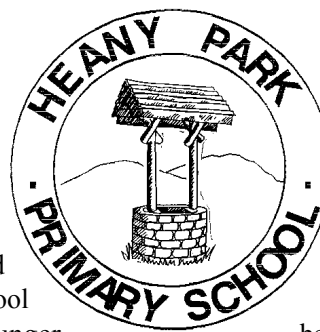
## Heany Park Primary School

We are four very excited students of Heany Park Primary School who have been nominated as School Captains for 2012. Our names are Layla, Will, Hayden and Hayley. It is a real privilege to lead the school and be positive role models for the younger children.

Some of our responsibilities include meeting with the Principal once a month and running the assemblies. The first assembly was terrifying, but with practice, it was really fun after that. We are looking forward to speaking at assemblies, organising school events and working with the Principal Team to improve our school and community.

### Values for Life

It's the start of year 2012 and I am in Grade 3 at Heany Park Primary School. We have been learning about our school values. I try really hard to remember and follow them. They are \*Acceptance, \*Life-Long Learning,



\*Integrity and \*Respect.

I show acceptance by using my manners, being friendly and fair and not bullying others. I show life-long learning by taking pride in my work, having a go, learning from my mistakes and wanting to learn new things. I show integrity by being honest, doing something when I say I will and by being trustworthy. I show respect by being considerate, using my manners and taking care of my things and school property.

When I am in the playground I notice that people are using the school values. But don't forget the values aren't just for school!

Jessica 3

### What's Happening in 3C

We are in Grade 3C and we have had a great start to our new year with Miss Laver and Mrs Suban. Our grade has been learning about friendships and the different ways we help each other get along. We made fancy glasses which reflect our different personalities.

## Council Minutes continued...

regard to adverse traffic impacts on surrounding streets and intersections.

5. The proposal will have an unacceptable impact on residential amenity as sought by Clause 55 (ResCode), particularly with regard to neighbourhood character, visual bulk, street setback, overshadowing and overlooking.

**Item 8.1** Proposal for street construction – Result of

resident survey, Cornish Road, Lysterfield.

This report which was presented to council summarised the results of a recent survey carried out on behalf of residents seeking improvements to Cornish Road, Lysterfield and seeks direction from Council on the possible construction of Cornish Road.

Council resolved to:

1. Acknowledge its current Contributory Schemes – Special Rates and Charges Policy which requires a 60% minimum level of support from contributing properties as a base requirement for a road construction scheme to

be prepared and that the required level of support has not been achieved;

2. Acknowledge the safety works identified in the independent audit and that the priority works are programmed to be undertaken; and

3. Resolve not to proceed further with the possible construction of Cornish Road, Lysterfield, at this time.

Knox City Council Meeting minutes are available for viewing in full at the Council website [www.knox.vic.gov.au](http://www.knox.vic.gov.au)

Darren Arnott

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*Masterchefs in the making; Year 5 students Dylan, Tyler and Cortney learn how to grow and prepare healthy seasonal produce with Chef Jodie Wood.*

## Feeding the Mind; Learning Italian though growing, harvesting, preparing and sharing!

Students at Rowville Primary School are learning to be environmentally conscious and healthy young members of the community by growing, harvesting, preparing and sharing organic fresh fruit and vegetables as part of the Stephanie Alexander Kitchen Program... and all in Italian!

With a phenomenal brand new kitchen in the BER 'Ngaranee' building furnished with new, shiny appliances and new planting beds that will eventually stretch out over an acre within the school grounds, students are embarking



*School captains, left to right: Trent M, Jake M, Caitlin P, Maddison T.*

on a learning journey with a difference.

Not only will students learn to prepare and cook food but they will also learn about the culture and customs of Italy in the program. Italian and performing arts teacher, Jean Tungove and Chef Jodie Wood are collaborating on this program to ensure that the aims and values of the Stephanie Alexander Garden Program are met.

The aim is to offer pleasurable food education for young children and to introduce a holistic approach to positively influence life-long eating habits. We believe the best way to encourage children is to engage them in fun, hands-on experiences.

Each week in the Kitchen Garden Program, students in Years Prep to 6 are discovering the pleasure of hands-on food education, led by a garden specialist where the children learn to build and maintain the garden according to organic principles. Additionally, a double class in a kitchen classroom, led by the kitchen specialist, the Year 4 to 6 children prepare a delicious meal from the seasonal produce they have grown.

Some students at Rowville Primary School have now been inspired to cook at home, take up cooking lessons and plant their own organic vegetable gardens where they can educate their own families about the benefits and pride involved with being a sustainable and healthy community member!



## Lysterfield Primary School

The students of Lysterfield Primary School have had a busy and exciting start to the year. The Senior School have been running elections for the leadership positions within the school. Interested students wrote and presented their speeches and members of the Senior School got to vote for their ideal candidates using the preferential system of voting.

The votes were tallied and our School Captains and House Captains for 2012 were chosen. The school's principal, Tina Clydesdale, was very impressed with the quality of the student's speeches and thinks they should all be congratulated for having the courage to have a go. The proud **School Captains** are

**Jake M and Maddison T.**

School Vice Captains are

**Trent M and Caitlin P.**

Amazingly enough, Jake and Trent are twins!

We also voted on the House Captains. Here are the results...

Mitchell House

Bailey M and Chloe K

Flinders House

Hayley M and Jesse A

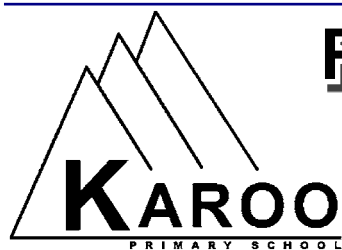
Sturt House

Tom W and Bridget M

Cook House

Nathan B and Renee H

Leadership positions have also been filled for Technology, Library, Performing Arts, Visual Art, Environment, Student Representative Council and School Promotion. Well done to all the successful applicants.



## Primary School

On Thursday 2<sup>nd</sup> February, 90 Prep students started school at Karoo and we also had 90 students entering Year 6, this being their last year of Primary schooling.

To start the year we welcomed a new Principal, Mrs. Irene Harding who will be at Karoo for the year. We welcomed new staff to the Canteen and look forward to nutritious food following the guidelines of the DEECD and Healthy Canteen Policy.

On Monday our Prep students and their families had a picnic dinner at the school. The evening event was well attended by the students and their families. The School Council President welcomed everyone and the students enjoyed the challenge of a Treasure Hunt and were rewarded with an icy pole.

Our Year 6 Student Leaders have been busy this week.



*Amelia and Adrian, standing, with the School Leadership group*

On Monday they celebrated their new role as a School Leader. We commenced with a family afternoon tea prior to the Official Presentation of badges at the School Assembly. On Wednesday the Leaders participated in a 'Leadership Day' presented by the YMCA. During this term they will be involved in a range of activities to

develop their leadership and communication skills. We look forward to including our Student Leaders in a range of activities during the year. They will play an important role within the school as we welcome new families to the school and continue to maintain a positive, safe learning environment for all students at Karoo Primary School.

## Karoo School Leaders

### School Captains

**Amelia Humphreys and Adrian Mastroianni.**

### Karoo House Captains

#### Baringa

Captains: Tayla Morris and Jack Meehan

Vice Captains: Amy Walker and Anthony Papoutsis

#### Wyandra

Captains: Natalie Boyce and Ahren Dhanapala

Vice Captains: Morgan Daniel and Nathen Vong

#### Murrindal

Captains: Ashlyn Kelly and Ryan Williams

Vice Captains: Claire Saltum and James Yallop

#### Kellbourne

Captains: Brodie Richardson and Jay Cornwall

Vice Captains: Sneha Ramanan and Rhett Martin





## 2011 'Ian Linnett' High Achievers

Rowville Secondary College acknowledged and awarded its 2011 high achieving students in front of students, staff and family members with the 'Ian Linnett' High Achiever award at the first whole school assembly of the year.

Within the 2011 graduating class, there were a total of 27 students who received an ATAR score of 80 and above and two students who excelled in their VCAL, VET and SBAT studies. Out of those 29 students, 20 returned to Rowville and attended both of the assemblies on Monday 13 February, with two of the students' parents attending on their children's behalf to accept their award. Their attendance alone inspired and motivated students, especially the current Year 12's who will take on one of the most important years of study in their lives.

In his address speech, Principal Glenn Fankhauser said, "give everything you do your best endeavour, make every lesson count and if you do, you will have dared and by daring you will become great". Much of what Mr Fankhauser said was reflected in the hard work that was evident in the results of the 2011 College Dux, Anna Nguyen who received an incredible ATAR score of 99.75, which ranked her in the top 1% in the state.

When asked what made her succeed in her studies last year, Anna responded by saying, "the first thing you need to do is figure out how much effort you need to put in to achieve your goals then put 100% into achieving them".

Anna will continue her studies this year at Latrobe University in Bendigo doing a Bachelors degree in Health Science (Dentistry). She said that this would not have been possible without the love and support from her family, friends and of course her teachers from Rowville Secondary College.

The first assembly was also an opportunity to formally



*Jennifer and Brayden in their distinctive blazers*

introduce and welcome the three new College captains Johnny Sugumar, Jennifer Sikorski and Brayden Flanigan plus the six vice-captains to the College community. At the conclusion of the first assembly, a morning tea was held for all high achievers and their family members and was then repeated at the Eastern Campus later that morning to continue celebrating their success.

## MSA Students Keen to Learn

Rowville Secondary College's newly established Mathematics and Science Academy (MSA) has welcomed 43 students in year 7 and 9 who all share a passion, in not only maths and science, but in hard work and dedication.

According to MSA teacher Maya Bar-tor, year 7 students have made this evident in their enthusiasm, which has been presented in their work in class. "The first couple of weeks of MSA have been wonderful but hectic," she said. "The students began the year with energy and enthusiasm and they are keen to work and to learn." One of many highlights so far has been students receiving their laptops. Some students were so excited that they even stayed in class at recess to play with them.

MSA students also had the opportunity to participate in two of their 'Design and Exploration' days which allows them to participate in experiments and projects, some of which Ms Bar-tor says will be based around the community. "Further Design and Exploration Days will allow students to move around the community in projects such as Mathematics at Luna Park and EPA water conditions at Bayside beaches," she added.

Although the program is only two weeks in, there has already been a large amount of positive feedback from

## School Talk

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*Principal Glenn Fankhauser announcing the new Captains*



*MSA students with an experiment underway*

both students and parents, especially from year 7 students who have made a smooth transition into secondary schooling. "The feedback from students and parents thus far has been overwhelmingly positive," Ms Bar-tor said. "Students are enjoying the challenge of the program and the Year 7's have integrated neatly into the world of secondary education."

With many opportunities within the Maths and Science Academy, we look forward to see what the students of MSA will come up with next!

**Maryanne Karlovic** *Communications Officer*

*Editor's Note:- Congratulations Anna on a great performance, you must be very proud. I would also take this opportunity to farewell Maryanne and thank her for her contribution on behalf of RSC to the RLCN.*

## 2012 at... PARK RIDGE

A very smooth start was clearly evident as 79 Preps started school life at Park Ridge for 2012. Having been familiarised with the school and their teachers during the Preptastic program in Term 4, 2011 there were few inhibitions shown as students found their lockers, loaded their tubs, had a photo taken with family members and then moved off into the world of learning.

Across the school we have started the year with 515 students in 23 classes. We welcomed Mrs Julie Woodgate back on to the staff after her period of family leave.

## School Leaders

School Leaders badges were presented at a special assembly on Friday 17th February. For the last two years, student leadership has been a focus at Park Ridge. In addition to the traditional positions of School and House Captains and Junior School Council, positions now exist

in environmental sustainability, computer technology and a School Council Liaison officer appointed from the student body with the brief of representing student views at School Council meetings.

School Captains for this year are **Anaya** and **Jai** whilst **Natalie** and **Chenthen** will be their deputies. In addition to the regular meet and greet and ceremonial duties, this year's leaders will expand their roles to include managing aspects of the whole school assembly and writing for the weekly newsletter.

## Canberra Tour

In the last week of February, our Year 6 students travelled to Canberra for the annual tour of the national capital. Highlight of the tour was time spent in the parliament where the students were the guests of the Member for Aston, the Rt. Hon. Alan Tudge. Other attractions included the Australian War Memorial, The National Gallery, The High Court of Australia and the Australian Institute of Sport. Most of the venues visited support topics included

in the Year 6 Curriculum and hence are regarded as a strategic adjunct to student learning.

*Graeme Lloyd*



*Park Ridge Principal, David Mann, discusses the year ahead with School Captains, Anaya and Jai*



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## Shared model of living

The patter of little feet is back as the school term returns. So too the excited chatter of Small Frys and Kingfishers as they renew friendships after the break. Mainly Music fills out another morning for preschool children, as Children's and Families Minister, Jenny Coole, introduces two new programs.

Humming Birds for 3 to 5-year-old preschool children meet on Sundays while fortnightly on Friday morning, preschool children and their parents have a relaxed service at Toddler Church with singing, action songs, prayers and story time.

From crèche to preschool and school-aged children, RAFT has programs through the week.

"All of these programs offer well prepared, interesting, interactive, creative activities," says Jenny. "They are open to everyone." The programs offer the children a tangible



Life lesson through action with Jenny Coole

start to their growing up. For years, for instance, the Kingfishers Sunday school group has been sponsoring two young boys from Uganda through World Vision Australia.

The sponsorship has enabled Bokale Bote and Widly Moulatre to have school books and clothes so they can attend school, and even basic toiletries. "Kingfishers learn to do what Jesus did, help those who have less than them", says Jenny. It's hard for children in Australia to imagine the hardships that children such as Bokale and Widly endure. Even the daily battle to have a clean drink

Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, Anglican parish of Rowville & Ferntree Gully, Rowville Baptist Church, Rowville Uniting Church, Salvation Army - Lifewerx, St Simons Parish.

of water is difficult for our children to take in, in this land where even the poorest of the poor can have clean water.

Bokale and Widly send photos and a Christmas card each year through World Vision, and Kingfishers see how the boys are growing even as they grow. The Kingfishers wait expectantly for this each year. It's a challenge for the Kingfishers to raise the money for this sponsorship, but their interest has not waned.

Bokale recently reached an age where he no longer attended school. He was replaced with another boy from the same village. He sent a note with a photo, thanking the Kingfishers for their years of support, and his gratitude at having been able to attend school, equipping him for some occupation in life.

The smiles and thanks shown on the faces of these children, in the photos they send, make it all worthwhile for the Kingfishers, and they look forward to receiving regular updates through World Vision.

The children learn an important life lesson — that we who have so much can spare just a little that makes so much difference in the life of others less fortunate. Through this, they are able to demonstrate the Jesus model of living.

For information on children's programs at RAFT, telephone Jenny at 9764 2573.



## Rowville Baptist Church

www.rowvillebaptist.org.au

office@rowvillebaptist.org.au

Ph: 9764 4242



We often hear negative things about "young people these days". But at Rowville Baptist we have been impressed by what some of our young people have done during the school holidays. About 20 teenagers gave a week to the "Summer of Service" project.



During one of the hottest weeks in January they "camped" in a couple of rooms at the church and spent long days doing gardening at Rowville Primary School and for a senior citizen. The group turned a pile of weeds and rocks into a landscaped garden area for students to enjoy this year. How much were they paid for their hard labour? Nothing! They did it as a voluntary act of service, a gift to our community.

Reporting back to the congregation afterwards, they spoke about the fun of serving with friends and the value of making a contribution. We applaud their commitment and hard work.

Of course, it's not all hard work for young people at Rowville Baptist. The group also enjoys plenty of fun times throughout the year. To find out more about what Rowville Baptist offers young people, contact our Youth Pastor Dennis on 0431 878 128.

In addition to activities for young people, we have a range of groups and programmes for all ages from playgroups to seniors. Some are hobby groups such as a Book Club, photography, crafts whilst others are needs based, like 'Flying Solo Single Mums Group', 'Inner Healing' 'Men's and Women's' groups etc. Programmes are also designed to help people explore matters of faith.

Church provides great opportunities to serve and be served as we build good relationships in an atmosphere of faith, hope and love. You are welcome to check us out.

Rev. David Devine Phone 9764 4242

## Rowville Uniting Church



9753 3495

office@rowville.unitingchurch.org.au

Rowville Uniting Church is a caring and inclusive church. We are a church community that seeks to understand people and share in a journey of faith and growth. We meet at 10am on Sundays to share in worship that is a blend of the more traditional and the contemporary. We seek to understand together what God says to us and how we might engage the community as our response to the gospel.

It is hard to believe, but the season of Lent is upon us. Lent begins on Ash Wednesday and takes us to Easter. This year Ash Wednesday was on February 22<sup>nd</sup> and will end on Palm Sunday, April 1<sup>st</sup>. This season of Lent encourages us to spend time reflecting on our journey with God and invites us to make course corrections if we perceive we are not walking the path God has called us on. While this is something we can do at any time, the church, in its wisdom, gives us this special time called Lent and invites us to be intentional about reflecting on our life directions.

As part of this discipline we are having special Lent studies on Tuesday evenings and Wednesday afternoons to prepare us for our Easter celebration.

The year has begun well for us at the Uniting Church as our Toddler Gym has resumed. Toddler Gym offers safe developmental play for children who are below Kinder age. We offer sessions on Tuesdays at 9:30 and 11am and Fridays at 9:30 and 11am. The cost is \$5 per family on a pay as you go basis. Bookings are essential; please call our office to check session availability.

The Bridgewater centre is our community counselling centre. Our counsellor is a fully accredited and qualified Psychologist. We are a low fee self referral centre. Please call our office if you have any questions about how we might be able to help in any of your life situations.

Link is a social coffee morning that meets on Thursdays at 10am. Feel free to drop in and have a cuppa and a chat. Our church is also involved in Kids Hope, one on one mentoring at Parkridge Primary school. Our team of volunteer mentors are getting ready to resume with the children in the program now.

For any more information about our church, please call the church office.

Trevor Bassett

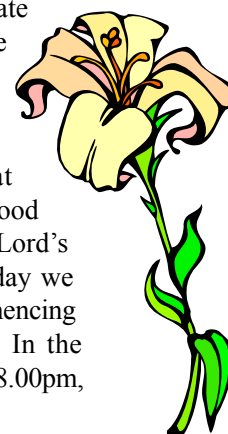


## St Simon's Parish

The season of Lent is with us again. It is a season of renewal, a time to make way for new growth.

You are welcome to join our community as we journey through the season of Lent to celebrate a new life in Christ at Easter. Please feel free to join as at our special Easter services.

Holy Thursday we will celebrate the Mass of the Lord's Supper at 8.00pm. followed on the next day, Good Friday with the celebration of the Lord's Passion at 3.00pm. On Easter Sunday we will have a number of services, commencing at 5.30am with a Vigil and Mass. In the evening we will host three Masses at 8.00pm, 9.30pm and 11.00pm.





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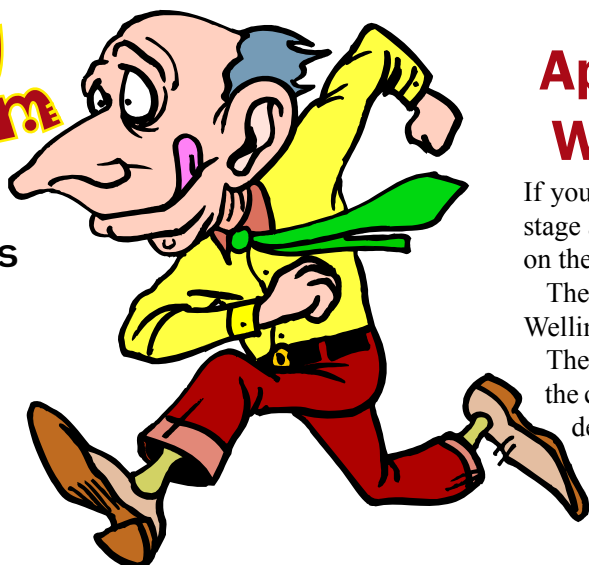
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If you are part of a community group and would like to showcase your activity on stage at the Wellington Village Community Fair, please contact the event organisers on the email address below.

The Community Fair will be held at Wellington Village Shopping centre, 1100 Wellington Road in Rowville on March 24<sup>th</sup>.

The event is in its sixth year and is a great chance for locals to perform for the rest of the community. School choirs, bands, dance groups, music groups, singers, sporting demonstrations, drama, drumming, callisthenics and martial arts are just some of the stage acts we have seen over the years at this event.

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