



ROWVILLE-LYSTERFIELD

COMMUNITY NEWS

PUBLISHED MONTHLY BY THE ROWVILLE
LYSTERFIELD COMMUNITY NEWS INC.

FREE

Editor: David Gilbert - Phone: 9763 3157
Circulation: 13,790 Web: www.vicnet.net.au/~rlcnews

Issue No.322 February 2011
ISSN 0819 0240

JOIN US AT KNOX UNITED SOCCER CLUB IN 2011



**A FUN, FAMILY ENVIRONMENT FOR BOYS & GIRLS (U6 TO U16) AS WELL AS MEN & WOMEN.
BEGINNERS AND EXPERIENCED PLAYERS WELCOME.**

2011 REGISTRATION DAYS
SATURDAY 5TH & SUNDAY 13TH FEBRUARY
KNOX ITALIAN COMMUNITY CLUB - 99 KAROO RD, ROWVILLE (10AM - 2PM)

COMING EVENTS

WEDNESDAY 9TH FEB : FREE GIRLS SOCCER CLINIC (U11 & U12) FROM 6.30-8PM
ROWVILLE FOOTBALL CENTRE, ROWVILLE SECONDARY COLLEGE - HUMPHREYS WAY, ROWVILLE

SATURDAY 12TH FEB : CLUB DAY @ WELLINGTON VILLAGE SHOPPING CENTRE (10AM-2PM)

FOR MORE INFO, VISIT US AT WWW.KNOXUNITED.COM



Nazareth College
Catholic co-education at its best!
Manning Drive, Noble Park North
Phone: 9795 8100 Fax: 9795 1208
Email: principal@nazareth.vic.edu.au
Website: www.nazareth.vic.edu.au



R-LC News Team

Editor

David Gilbert
Ph: 9763 3157
Email: rlcnews@vicnet.net.au
Website: www.vicnet.net.au/~rlcnews

Advertising Co-ordinator

Chloe Kircher 0434 502 003
E: rlcnadve@vicnet.net.au

Design, Typesetting & Layout

Mallee Bull Media – 9761 3670
Email: john@malleebull.com

Proofreaders: Karen Merridew; Jan and Tel Chambers; Chelsea Logan

Committee:

President – Rob James
Vice President – Ian Richards
Secretary – Lesley Jenkins
Treasurer – Graeme McEwin 9763 4168
Asst. Treasurer – Christine Mitchell
Members – Mary Henderson, Peter Rumble, David Gilbert, Chloe Kircher, Les Pach.

Distribution Co-ordinator:

Peter Rumble 9752 7592

Life Members:

Peter Barton, Beattie family, Carol Belcourt, Wendy & Andrew Beveridge, Colin Bradley, Muriel Cartwright, Roy D'Andrea, Josie Dawson, Will & Christine Dawson-Marsh, Rudi & Wikje Dermin, Graham & Margaret Freestone, Hazel Haynes, Mary Henderson, Tony & Marjo Ho, David Hodges, Patricia Jackson, King family, Marjorie Lade, Lyn & Doug Laphorne, Joan & Ray Lightowler, Luxmoore family, Rod McKenzie, Christine Mitchell, June Murphy, Sandra Ogrizovic, Mary Powell, Bryan Power, Promech Automotive Services, Peter & Pauline Rumble, Sandy Sharp, Gerard Smith, Graham Smith, Pat Stemmer, Merle Turner, Ray Vancam, Michael & Jenny Walters, Barry & Karen Wells.

The production and distribution of the *News* involves R-LC News members and local volunteers, and is financed by advertising, sponsorship and donations.

Disclaimer: The views expressed in the *News* are not necessarily those of the R-LC News. No endorsement of services is implied by the listing of advertisers or sponsors. Every effort is taken in printing contributions correctly, however we take no responsibility for errors.

Cost of subscription: The R-LC News is posted to subscribers within Australia for an annual fee of \$11.00. Contact our Treasurer for details.

DEADLINES March 2011

EDITORIAL & ADVERTISEMENTS Wednesday, 09 February

Articles, News or Letters to the Editor
rlcnews@vicnet.net.au or Fax: 9763 3157
Or drop off /post to **RLC News, c/- Community Centre, Fulham Road, Rowville 3178.**

PHOTOS – email separately to:
john@malleebull.com

Advertisements – Local Services
Directory or Display Advertisements to:
rlcnadve@vicnet.net.au Chloe Kircher: 0401 140 955

DISTRIBUTION
Saturday, 26 February 2010

FROM THE EDITOR'S DESK



To all our readers, may I, on behalf of the committee and all those involved with the newspaper, wish you a happy, safe and exciting New Year.

2011 marks our 30th year of uninterrupted production of the RLCN, a truly great landmark for us and we will talk more about that in future issues. We are introducing this year a revamped “What’s On Locally” and a new “Monthly Calendar” which we hope will be useful information for you. We are also working behind the scenes to re-introduce a “Kids Page” and hope to bring you more news on this next month. In this issue you also get a chance to “Meet The Mayor” up close and personal!

Rowville Library has its fair share of bookworms it seems. Recent figures suggest around 25% of Knox libraries combined activities are completed at Rowville. Here are some figures (Total Knox numbers in brackets). Members 12,000 (50,000), Visits - 234,619 (854,000), Loans 324,893 (1.3 million). Rowville also received 19,248 information requests.

Rowville police are still searching for a man suspected of indecently assaulting a 17 year old Rowville schoolgirl at Stud Park Shopping centre. He is described as a 40-50 years old Caucasian with tanned skin. Can you help the police? We are proud of our community and need to make sure that all public places in our suburbs are safe for everyone. If you have information call Crime Stoppers on 1800333000.

A combination of warm humid weather and empty gardens whilst people are on holiday are contributing factors in the appearance of snakes in Rowville. Unkempt gardens and rubbish are an invitation to them. Normally snakes will not be aggressive unless cornered, so if you see one, leave it alone and call the authorities to come and remove it. Should you get bitten, seek immediate medical attention and remember as much about the snake as you can, colour, shape etc.

Our congratulations go to Natasha Cannestra from St Simon’s Primary School who won the Aston Award for showing pride in her school, a positive and enthusiastic attitude, sensitivity and awareness of other’s needs. Natasha’s award and 36 others were presented last month by Federal Member for Aston, Alan Tudge.

18 year old Lysterfield resident Claire Boland was selected from hundreds of applicants to be World Vision Youth Ambassador for Victoria. She will travel to East Timor to see for herself where aid money goes and how it is helping Third World countries. Perhaps Claire might like to write an article for us on her return?

If you have any ideas on how to improve the paper please contact me, either by phone, email or mail. All reasonable suggestions will be considered as this is your paper and our aim is to make it as interesting as possible for all residents, regardless of age.

David Gilbert



Welcome - To new distributors – John Simpson and Jackie Wright.

Voluntary Positions Distributors are needed for: Oaktree Rise (Conifer to Major [west end]); Clementine Cl; Grenfell Pl.
Please contact - Peter Rumble – 9752 7592

1 x Area Contact Person (ACP) who liaises between the distributors and the Distribution Coordinator.

2 x Captains & Counters who count and deliver to the distributors.

1. The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road.
 2. The area bordered by – Taylors Lane, Kelletts Rd, Dandelion Dve & Eildon Pde / Murray Cres
- Please contact - Peter Rumble – 9752 7592

Peter Rumble - Distribution Coordinator

What's On Locally

February 2011



Sponsored by:
Lions Club
of Rowville

DIRECTORY

Apex Club Meet on the 2nd & 4th Tuesdays each month.

AfCFellowship English services 10am and 5.30pm every Sunday. Indonesian 10am every Sunday. Mandarin 1:30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms).

Baptist Church Services every Sunday 10am.

CFA Juniors Meet every Thursday 7pm.

1st Rowville Scout Group

Scouts (11-14years)

Yarra Troop - Every Monday 7.30pm

Strzelecki Troop - Every Thursday 7.45pm

Cubs (7-10.5 years)

Emu Pack Every - Tuesday 7.00pm

Kangaroo Pack - Every Wednesday 7.00pm

Joey Mob (6-7.5 years) - Every Thursday 6.30pm

Venturers (14-17.5 years) Every Friday 7.30pm

Fruitful Vine Church Services every Sunday 10am.

Growville Growers 1st Friday each month 2pm at Library.

Knox & District Over 50s Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

Knox Home Garden Meet on 3rd Monday of each month at U3A Parkhills Campus.

Life Activities Club Regular Activities. Call Melva 9762 3764

Lions Club Meet on 2nd & 4th Wednesday each month 7.30pm at Knox Tavern.

Little Athletics For training & event days: 9763 1404.

Neighborhood Watch Meet on 4th Monday of each month 7.30pm at RDNH.

Probus Club Meet 1st Tuesday of each month (except Jan & Nov) 10am.

RAFT Anglican Church Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. Contact Bev Cooen: 9759 5455 or jibec@optusnet.com.au **Mainly Music** meet every Wednesday 9.30am from Feb 16 Enrolments: Ann 9752 7046

Red Cross Rowville Meet 3rd Wed. each month 10am.

Ritzy Rozellas (Red Hat Society) For all events contact Kerry 9764 4717

Rotary Club Meet every Tuesday at the Baton Rouge Quality Inn, at 7pm

Senior Citizens Meet Wednesdays and Fridays 1pm to 3.30pm at Community Centre

Salvation Army Services every Sunday 10am

St Simon's Parish Services Saturday 6.30pm. Sunday 8am, 10am and 11.30am

Toastmasters Meet 2nd & 4th Tuesday each month 7.30pm at RAFT Church

TOWN Club Meet Wednesdays 9.30am at Uniting Church
Uniting Church Services every Sunday at 10am.

THIS MONTH

Knox Italian Community Club

Saturday 12th Feb. Venetian Carnevale / Valentine's Day Dinner Dance 4 course meal, music by “the Emeralds” 6.30pm to midnight. **Saturday 26th March Sicilian Night Dinner Dance** Four-course meal, music by *Robert Gangi Trio* 6.30pm to midnight.
For Bookings: Danny 0418 798 987 or Tony 9758 7396

Little Athletics

Friday 4th February Twilight Competition
Sunday 6th February State Relay Championships
19th – 20th February Regional Championships
Call 9763 1404 for more details

RAFT Church Public Prayer and Healing

Feb 7th & 21st Starts at 8pm.

Enquiries: Rev Clyde Andrews 9763 3196

If you would like to add your club, organisation or association to the ‘Directory’ or ‘This Month’ free listing, please contact the editor on 9763 3157.

Calendar of Events February

Heart Kids National Awareness Month

National Childhood Heart Disease (CHD) affects 6 new born children every day and 4 young Australians die each week as a result of CHD. Heartkids is the only organisation in Australia focussed on all aspects of the disease. Contact Website: www.heartkids.org.au



2nd February World Wetlands Day

WWD marks the signing of the Convention on Wetlands signed in Iran in 1971. It is aimed at raising awareness of wetlands values and benefits. Website: www.environment.gov.au/water/policy-programs/environment

3rd February Chinese New Year (Confucian, Daoist, Buddhist)

4th February World Cancer Day

Acknowledging the impact of cancer around the world and the efforts to improve prevention, treatment and care. Website: www.cancer.org.au/Home.htm



5th February Freefall For Wildlife

Victorian freefallers aim to raise \$500 to help injured, sick and orphaned wildlife. Wildlife Australia receive no Government funding so help our skydivers to help them. Web: wildlifevictoria.org.au/freefall-for-wildlife-2011

14th February Valentine's Day and National Condom Day

Saint Valentine's Day (to quote it's correct name), is an annual celebration of love and affection between intimate companions. It can be traced back to 500AD. NCD is planned to fall every year on Valentine's Day to encourage people to take control of their sexual health. Website: www.shfpact.org.au



14th- 20th February International Duchenne Awareness Week Duchenne muscular dystrophy is the number one life-limiting disorder worldwide, effecting 20,000 newborn children, mostly boys, annually. Website: www.parentproject.org.au

18th February International Aspergers Day Named after the Austrian paediatrician Hans Asperger, for his work into child autism. Experts estimate that between 3 and 6 in every 1,000 children will have autism spectrum disorder. Website: www.asperger.asn.au



20th February World Day of Social Justice

In November 2007, the General Assembly of the UN proclaimed this date to focus the efforts of the international community to eradicate poverty, promote full employment, decent work, gender equity, access to social wellbeing and justice for all. Web: www.un.org/esa/socdev/social/intldays/IntlJustice

21st February International Mother Language Day

Started by UNESCO in 1999, this observance is to promote awareness of linguistic diversity and multilingualism. Website: www.un.org/depts/dhl/language

23rd February Ovarian Cancer Australia's Teal Ribbon Day

February is Ovarian Cancer Awareness Month which includes a range of activities nationwide to raise awareness of ovarian cancer and it's symptoms.

Website: www.ovariancancer.net.au



25th February "Sunnies" for Sight Day

185 million people worldwide are blind or vision impaired. Register your school or work to participate. All donations go to support the work of the International Centre For Eyesight Education. Website: www.sunniesforsight.org



Meet the New Mayor of Knox

A firm hand shake on greeting the new Mayor of Knox, Councillor Sue McMillan, suggested a 'get on with it, you've got fifteen minutes, I'm in charge' person, but that is far from the truth. She is in fact warm, friendly and accommodating.

Mayor McMillan has lived in Ferntree Gully for the last 21 years and prior to that resided in Boronia for a further 6 years so is well equipped to assess the needs and mood of the residents of Knox. Formerly from Wangaratta, Sue attended Myrhee and Yarrunga Primary Schools before completing her schooling at Wangaratta Technical College.

"I attended Caulfield Institute of Technology (now University) but withdrew from an accounting course as it wasn't what I was looking for, then back in Wangaratta I developed a love for graphic design. With some sales and marketing studies behind me, I used all these attributes to develop programs and strategies for a local branch of a national print company, turning them into one of the top ten outlets in the country," said Sue. "I had in earlier years become involved with "publications for the Sherbrook Council before, in 2006, returning to school and studying finance which saw me become a mortgage broker before the lure of the council chambers surfaced," she added.

Mayor McMillan has three grown up sons from her first marriage and her partner Greg, who had previously worked in the bureaucracy of both the Federal and State Governments, has two more, so there is never a shortage of male influence in the McMillan household. All three of Sue's sons have become either an integration aide or disability support worker, helping disabled people understand and cope with their disabilities. One son is going back to university to complete an education degree this coming year. "This caring attitude is very close to my heart and I am very proud of my sons chosen paths" said Sue. In fact Sue herself, spends a day a week working with Centrelink, helping people who are experiencing difficulties getting back into the workforce.

A long time supporter of the Western Bulldogs (It seems red heads in public life all do!!) Sue played competitive squash and tennis before her knees forced her to stop, so she now enjoys the more sedate pastime of walking whenever her council duties permit.

In 2008 Sue decided to stand for Council having spent many years on school councils and sporting committees.



Knox Mayor, Cr Sue McMillan

Sue explained that "with the assistance of my marketing skills, I was successful first time and I have thoroughly enjoyed meeting a wide variety of people, although the late nights, that are quite commonplace, are wearisome at times". Sue sits on 11 committees and is the chair of 6!

Sue explained that "I see the Council as the "Face of Knox" and the mayoral role as one of leadership not just ceremonial, although that is an integral feature". When asked if being only the fourth female Mayor presented a problem she said "I believe my fellow councillors see me as part of a team that is not gender based".

Sue intends to be a people's Mayor and be an inclusive leader and use her persuasive abilities to build a team atmosphere with councillors and staff. She would like to be seen as caring, honest and full of integrity, concluding that "I am a stickler for fairness and reason but I suppose I can be aggressive when required...just ask my sons!"

Interviewed by Editor David Gilbert

Anthony's Big Break



Anthony Osborne of Rowville has taken over running The Basin Music Festival's **Big Break** youth stage and is looking for more young talent - and some more keen volunteers for 19 and 20 March. It promises to be another great weekend of music and fun with bands and solo acts from all over Knox. So, if you're a young musician looking for a break or a music fan looking to lend a hand, check out www.thebasinmusic.org.au

Your Local One-Stop Maintenance Shop

Promech

AUTOMOTIVE SERVICES
Pty Ltd

Specialising In:

- ★ Fuel Injection, Electronic Ignition & LPG
- ★ Servicing, Repairs and Tuning
- ★ Current & Older Model Repairs & Servicing
- ★ Pre-Purchase Inspections
- ★ Roadworthy Certificates
- ★ All Work Guaranteed

MAJOR & MINOR SERVICES

Includes Lubrication Service, Electronic Tune, Suspension and Brake Inspection and Adjustment, Safety Check & Written Report. Complimentary Car Wash (Subject to Water Restrictions)

We Accept EFTPOS, Major Credit Cards & Motorpass

FREE Pick up & Delivery within 10 km

9764 8102
Factory 3/11 Laser Drive, Rowville

APPROVED REPAIRER

Approved AUTOMOBILE REPAIRER

Registered Child Restraint Fitter

Accredited LPG Repairer



Lions Club of Rowville

The Lions Club of Rowville is looking forward to another busy year helping out in our local community and beyond. Our sausage sizzles at Bunnings Scoresby, on the first Friday of each month, are proving popular and a big thank you goes not only to the members who man the tent on the day, but to those citizens who avail themselves of a sausage or two in the knowledge that the money is going to a very worthy cause.

Our first official meeting for 2011 is on February 9th and we'll hit the ground running with several projects to be planned and carried out. We are also privileged to again be involved in the Lions Youth of the Year Quest and wish

our club's entrant the very best of luck in the judging. Our next meeting will be on 23rd at Knox Tavern, Burwood Highway, Wantirna South; 7:00pm for 7:30pm start. Meal available if required. Transport also available if needed. Ring Judy on 9752 2785.

Membership

With many people needing help in 2010, we sometimes struggled to share the workload evenly so increasing our membership will be a focus this year. Our Membership Chairman, Ken would love to hear from anyone who feels they could volunteer two or three hours a month, and he can be contacted on 9763 4653.

Editor's Note: This is a very worthy, hard working group in the community and deserve your support.



Local Lions supporting National Tree Planting Day at Stamford Park, 31 July 2010.



Rowville Toastmasters

What can Toastmasters do for you in 2011?

The year 2010 is now history. Christmas has come and gone and 2011 is now into full swing. One thing for certain is that at the end of this year, you'll be one year older whether you like it or not. Have you considered what personal development you want to achieve this year? Most of us have good intentions of achieving great things each year, but few of us can actually end the year being satisfied we've achieved our goals.

People just like you, come to Toastmasters to develop their skills in leadership and public speaking. The ability to stand confidently in front of people and to think quickly and clearly on your feet is just some of the skills you'll learn at Toastmasters. Don't let another year go by not doing some form of personal development. Whether it's work related or just to improve your confidence and ability



"Speaking Among Friends"

to speak in front of others, why not be our guest and come along to one of our meetings before another year passes you by.

Where: RAFT Church, Cnr Taylors Lane and Kelletts Rd, Rowville (Melways 73 B11)

When: 7:15pm for 7:30pm start on the 2nd and 4th Tuesday of every month (recommencing Feb 8) For further information, why not contact Erika at rowvilletoastmasters@gmail.com



Is This a Record?

U3A Knox added up the figures for 2010, and the score is: **1013 members** ranging in age from 45 to over 95 years of age. Of those, **479** volunteered and were recorded as helping in some capacity to run the organisation as tutors, office workers, class assistants, caterers, maintenance workers, etc. in 2010. This amounts to a 48% rate of volunteering.

U3A Knox has more than 110 subjects organised per week for term 1 in 2011.

Membership of U3A costs \$40 per year, and that entitles entry to any subject with vacancies, except computer classes, which cost \$25 extra per term for members.

Inquiries 9.30 to 3.30 weekdays, on 9752.2737. Or see the website for subjects and availability www.u3aknox.com.au

Editor's Note: An impressive set of figures that prove age is no barrier to helping others.

We have everything U need Rowville Community Bank® Branch

For all your banking needs:

- Savings, Cheque and Passbook Accounts
- Deposits and Withdrawals
- Savings and Investment Accounts
- Home and Personal Loans
- Credit Cards
- Debit Cards
- Superannuation
- Financial Planning
- Domestic and Commercial Insurance
- Health Cover
- Life and Income Protection
- Business Banking
- Agribusiness
- Managed Funds

Call in and see our Branch Manager, Campbell Connell or our Financial Planner, Rachael Cronin at Wellington Village Shopping Centre, Shop 7/ 1100 Wellington Road, Rowville or phone 9755 8611.

Bendigo and Adelaide Bank Limited, ABN 11 068 049 178, AFSL 237879. (S29845) (07/10)

Bendigo Bank
banking



At the Bendigo it starts with U.

www.bendigobank.com.au



Life Activities Club Knox

Welcome back, and wishing that this year will be good for you. Remember, we still invite you to give us a test run, either joining a lunch group, card group, games, visiting beautiful gardens, play badminton, or grab your togs and join us in the pool at Knox Leisureworks.

Our timetable is the same every month, except that locations could change. Helen finds beautiful gardens for us to visit and enjoy. This is very popular, and car pooling or travelling with our own bus driver, will get us there for a lovely day out.

The Canasta Players gather in member's homes in turns. "500 Cards" are always held at the same address. (see picture)

Of course, our luncheon groups visit various eateries as listed in our newsletter. "Cuppa and Craft" also take it in turns, offering their home for this creative activity.

Sunday walkers travel further, but this does not deter most of these same members joining Friday walkers, and our Thursday Bushwalkers would like more members to join them. For details about how strenuous (or not) these walks are, our convener will happily explain. This is such a friendly day, and increasing fitness too.

Our quarterly meeting will again be held at The Boronia Senior Citizens Clubrooms, On Monday 28th. Feb. at 7:30 pm. Our Guest Speaker is a representative from Australian Hearing, and we might even have a free hearing test.

We will be very happy to post our Newsletter to you,



Community Noticeboard

supported by Cr Mick Van de Vreede - Knox City Council, Tirhatuan Ward

Enhancing the great sense of community and liveability in the Rowville-Lysterfield area is important to me. Not-for-profit community organisations are integral to a healthy, vibrant and cohesive community and I feel it is imperative that these groups are able to effectively communicate what they have to offer. This free community information-sharing page is my way of helping our terrific, not-for-profit groups to do just that. Please contact the editor of the RLCN for more on this offer. I would like to thank those of you who give up your time to help build a better community. I would particularly like to thank the RLCN for their contribution to our community as well.



which will give you more details of our club and activities. Please feel free to ring Melva: 9762 3764 or Helen: 9729 1151



Knox & District Over 50s

2011 will be a busy year, with plans for visits to the Yarra Valley Races, the Tutankhamun Exhibition, the 1812 Theatre, Como Gardens and many others still under consideration.

We will also continue with our morning teas at Myer Knox City, Movies at the Metro, Morning Melodies, Sunday Concerts, monthly lunches and one day bus trips.

On the fourth Tuesday, from February through to November, we hold a Monthly General Meeting in the front room at the Boronia Progress Hall, 134 Boronia Road, Boronia. Arrive at 1.15 p.m.

for a 1.30 p.m. start. We have a variety of speakers each month covering a broad range of topics.

Contact Keith on 9801 4908 for any information.



Count the Knox community



in for the 2011 Census!

Register of Interest now open

The Census of Population and Housing will take place on 9 August 2011 and everyone needs to be counted. To make this happen the Australian Bureau of Statistics (ABS) will be recruiting people from the Knox and surrounding areas to help count your local community.

The ABS is looking for people to fill Area Supervisor and Census Collector roles. These are paid, part-time and casual positions with work starting in early/mid 2011. Ideal applicants will be great communicators, well organised and have good administration skills.

Some Census positions can be worked outside of normal business hours and may suit people looking for a temporary second job.

Key Census recruitment times:

Area Supervisors 12 February 2011

Census Collectors 9 April 2011

If you are interested in being an Area Supervisor or Collector, sign up now at www.abs.gov.au/census.



ROWVILLE PICTURE FRAMING

We have moved to
**12/3 Hi-Tech Place
Rowville**
(Off Laser Drive)



NEW HOURS

Thursday, Friday & Saturday

9am to 5pm

Please call to make an appointment
outside these hours

9763 0069

www.rowvilleframing.com.au

**REVAMP
AUTOMOTIVE**

SERVICE

6/2 LASER DRIVE, ROWVILLE

CAR SERVICING MADE EASIER!

- Expertly Serviced & Tuned
- Pick Up after 9am and delivered back before 3pm*
- Free 24hr Australia-Wide Roadside Assistance with Nation Wide Warranty

*PICK UP AND DELIVERY IS FREE

ATTENTION NEW CAR OWNERS

You can now have log book servicing and keep your statutory warranty - plus save money because we confirm that correct fitting of Repco branded products will not void warranty.

9763 4633

WE HAVE 87 FOC FACILITIES AND ACCEPT ALL MAJOR CREDIT CARDS - PLUS TOP UP & MOTORPASS ALSO



1986

The Red Cross end of year lunch was held at Mr & Mrs Finn's Motel lounge. Where was that? Council refused an application to breed greyhounds at 1 Clausen Drive, noting that it had already been going on illegally and they would pursue and prosecute the owner/operator. Council also terminated the services of Lewis McNaughton as project manager for the Stud Park Commercial/Community centre and Paynter and Dixon were appointed to direct the project.

1991

The Rowville cluster of schools (Rowville Secondary College plus Rowville, Park Ridge and Lysterfield Primary Schools) won the "whole school innovation" category in the Education Ministry's 1990 Curriculum Innovation Awards. 145 entries were received and Rowville cluster won in it's first year of existence. Brett Coelho of Stamford Crescent completed his four year graphic design course and flew off to New York to work for an advertising agency. How did that first job work out Brett? Council

approved an application to use part of the land 90 metres south of Fulham Road as a 380sq.m medical centre. The latter would provide facilities for two practioners, so I guess it has been extended as there are now three GP's and a dentist. A police report revealed that the Stud/Wellington Rds intersection was the most dangerous in Knox and the eighth in Melbourne. Some things don't change!

1996

A 14 to 18 year old disco was held at 'Stylus Night Club'. It sounded fun, but where was 'Stylus?' On a similar note, whatever happened to the Rowville-Lysterfield Theatre Goers Group? The Rowville Uniting Church new premises were completed a month ahead of schedule and the official opening was planned for March. Rowville Coaches (?) offered a day bus trip to the 'Pokies' at Barooga for \$4!! Can you remember going on these trips? The Rowville Radicals, a basketball team comprising 8 women who met through their children attending St Simons, entered the Dandenong Married Womens' League and won the championship first time beating the "Easybeats" (aptly named?) in the final. Are any of that team still in Rowville? Council adopted a scale of fees for cats and dogs, whilst at the same meeting declaring that large areas of Rowville and Lysterfield could no longer be deemed 'bushfire prone', which meant that houses didn't have to meet certain building code standards that added up to \$5,000 to house building.

2001

The Centrelink office in Fulham Road opened in December offering a variety of services to residents. Mr Allan Stanfield-Porter became the first non-Dandenong resident to be awarded a City of Dandenong Australia Day Award, for his work with the Bonnie Babes Foundation.



Local History

Sponsored by Nick Wakeling MP,
State Member for Ferntree Gully

Can you recall that day Allan? Jan Cochrane and husband Tom enjoyed a 12 hour return flight to Antarctica on New Year's Eve and loved the scenery and entertainment provided. It would be lovely to read first hand what you thought of it all. Steve Sheldon was awarded the Australian Sports medal for his services to Australian Football with the Rowville Football Club. Are you still involved Steve? Rowville Little Aths boasted 160 members from U7 to U15. How many are there today? Rowville Cricket Club introduced 1st XI caps for the first time. Who has still got an original? John Thorn won the Rowville Secondary College Technology Systems Award which makes me wonder what he is up to now?

2006

Nineteen year old Lachlan Hay represented Australia at the Torino Winter Olympics. It was the culmination of 8 years hard work, training and juggling studies. Lee Pearson who played in both the Australian and US opens, became the new coach of Eildon Park Tennis Club. Not many people experience sport at that level, so tell us what it was like. The Barry Plant Doherty Scholarships were awarded to Samantha Visca, Tiffany Nicholls, Jack Walsh, Bessie Tuck and Shai Skinner as the top students from their respective Primary School entering RSC. Are you all doing year 12 now? Council decided that dogs shall be kept on leads in public places, but can be off lead, but under effective control in a park or recreation area subject to conditions.

KNOX Community Farmers Market

STAMFORD HOMESTEAD ROWVILLE

2nd Sunday of every month

Next market -

Sunday February 13th

Fresh produce straight from the farmer's gate

8:00am to 1:00pm

Stamford House
Emmeline Row,
Rowville

(Entry off Stud Rd at the traffic lights
next to the Pool Shop)

← to Wellington Rd

STUD ROAD

STUD PARK
SHOPPING CENTRE

Pool &
Spa Shop

to Ferntree Gully Rd →



Knox Council

**The future's
bright for
Stamford Park**

The vision for Stamford Park is starting to become a reality, and the Stamford Park Community Reference Group, the group behind some of Stamford's great ideas, had received Council approval for another two-year term. The reference group has worked alongside the steering committee on the design of the Stamford Park Master Plan, endorsed by Council on 23 February 2010. This included discussion on pathways and a wetland area, to suitable names for a new entrance road into Stamford and ideas for community use of the historic Stamford Park homestead.

"So much of what we are starting to see unfold at Stamford is the result of discussions and ideas generated by this committee, which provides a genuine link between the community, the Stamford Park Steering Committee and Council and it is this reference group that provides advice to Council on what the community really wants to see at this special site," said local Tirhatuan Ward Councillor Mick Van de Vreede. "For example, we now host monthly Rotary Community Farmers' Markets at Stamford Park, and eventually produce will be grown on site, in a proposed community garden. There's also a proposal for a neighbourhood shed to start up at Stamford Park shortly, with programs and workshops available for men and women of all ages, helping to create a stronger and more connected community."

Council is now calling for additional members to join the committee, to fill vacancies. For more information about the Stamford Park redevelopment and the nomination process for vacancies on the Stamford Park Community Reference Group, please visit www.knox.vic.gov.au or call Council on 9298 8000.

Historic 'Tan Track' now open

Parks Victoria is pleased to announce the re-opening of the historic Tan Track in the Sherbrooke Unit of the Dandenong Ranges National Park (DRNP). The previously overgrown avenue has undergone a restoration project to bring it back to its former grandeur.

The track was once part of the historic Burnham Beeches Estate and has been unusable for many years due to the infestation of environmental weeds such as English Ivy and Holly. The Tan Track became part of the DRNP in 1997 and recent funding allocations have allowed the restoration project to be completed.

The restored Tan Track includes a loop track of 2.7km and reinstates an important link between Sherbrooke and Ferny Creek. The track has been upgraded and managed to allow cyclists, dog walkers, horse riders and bush walkers full access through the area. A 'set-aside' has been created under National Park Regulations that allows dogs within this section of the National Park and dogs must remain on a lead at all times in adherence of the regulations.

In line with recent fire management plans for the DRNP Parks Victoria is committed to maintaining a 20m fuel break alongside the track to help prevent the spread of

fire and environmental weeds.

Chief Ranger for Parks Victoria's Dandenong Ranges District, Craig Bray said, "The project was completed in close consultation with the Ferny Creek Recreation Reserve and Ferny Creek Horticultural Society and has restored this beautiful treed avenue that caters for a wide range of recreational users."



Now that the Tan Track is open, Lloyds Track will be closed to dog walking, cycling and horse riding to protect the significant environmental values within Sherbrooke Forest, which is zoned for conservation. Signage will be erected to direct these users to the Tan Track. The Tan Track area is in a conservation/ recreation zone so it allows access for multiple users such as dog

walkers, cyclists and horse riders.

Robert Thompson from the Ferny Creek Recreation Reserve Committee is pleased with the completed project.

"The restored Tan Track provides additional access to the reserve so visitors can enjoy a picnic and then take a leisurely walk along the Tan Track," Mr Thompson said.

Phil Hastings of the Ferny Creek Horticultural Society also praised the works.

"The restored Tan Track is visually stunning and has increased the public's awareness of the beautiful gardens at the Horticultural Society," Mr Hastings said.

Parks Victoria will continue to work with the Shire of Yarra Ranges to organise access to the Tan Track via Hilton Road to further improve public access to this beautiful location.

A photo opportunity will be held on Wednesday 19 January at 10:30am at the start of the Tan Track, next to Burnham Beeches, Sherbrooke Road, Sherbrooke, Melways Ref. 66F1. Parking is available at the Alfred Nicholas Gardens car park.

For more information call the Parks Victoria Information Centre on 13 1963 or visit our website at <http://www.parkweb.vic.gov.au>

Rowville Seniors

Well another year is upon us and I hope you all had a lovely Christmas and I wish everyone a happy New Year. We started back on 12th January and I know you are all looking forward to what will take place over the next few months at the Club.

Firstly I have to report with deep regret, the passing of one of our bowlers, Buckley Mayne on the 25th December 2010. We all send our deepest sympathy and prayers to his wife Betty.

On Friday 17th December we held our Christmas break up at Cocomo's Restaurant and had a truly wonderful time. The entertainer, Marcia Rae had everyone up on their feet having a good time. It was a great ending to 2010.

We have a two day bus trip going to Phillip Island from Monday 14th to Tuesday 15th February, but need more people to fill the bus. If you are interested in a fun trip, or require any other information about our Club please ring June on 9759 6986.

Did you know we have a takeaway drive thru service? Simply ring and place your order and drive thru to pick up. How easy is that and so convenient too.

San Marino

Italian Family Restaurant
Phone 9763 3500 Your Hosts Neil & Naz
Stud Road Rowville - www.sanmarinorestaurant.com.au

San Marino Restaurant now offers gluten free pizza and pasta for dine in and take away.

LUNCH SPECIAL
15% OFF
TOTAL BILL

TUESDAY TO FRIDAY FROM
11.30AM TILL 3.00PM

EXCLUDING PUBLIC HOLIDAYS
DINE IN ONLY

BOOK NOW FOR VALENTINES DAY

- Take Away Drive - Thru Available
- We cater for all occasions
- Private Function Room Available
- Fully Licensed Restaurant
- Open 6 Days for Lunch & Dinner (Closed Mondays)

Melway Ref: 81 J1
9763 3500
1087 Stud Rd Rowville (next to KFC)

BOYD Academy of Dance

Welcomes New Students...

A free, no obligation class for assessment is offered to your child.

Ever Dreamed of being a Beautiful Dancer?

We offer RAD ballet, Contemporary, Hip Hop, Jazz Funk, Musical Theatre, Boys Only classes, Adult Jazz and Kinder Song & Dance classes.

Come join the fun and excellence!!!

Boys Only Classes

www.boydacademyofdance.com.au

Unit 1/18 Laser Dve
Rowville

9764 1119

Email: bad@uniqueweb.net

Multicultural Interaction Group: This group needs you! On Thursday mornings from 10.30am you can join other people for a chat, a game of scrabble (to help improve the English language) or perhaps bring your knitting! Everyone is welcome to attend and it would be great if some Australians and other cultures joined in. Sessions are free. Refreshments provided.

Free hearing checks for pensioners: The library will be the venue for Australian Hearing on Tuesday 1st February, 2011 when they offer a free hearing screening for pensioners. Make your appointment today by phoning the library on 92941300

Ripponlea Gardens talk: Join our Growville Growers session at 2pm on Friday 4th February 2011 to hear from Phil Tulk, National Trust of Victoria's head gardener, who is coming to Rowville Library to take us on a virtual journey of discovery around the many varied and beautiful gardens that can be found at Ripponlea. All welcome. Gold coin donation appreciated. (A small number of free passes to Ripponlea will be awarded on the day).

Feng Shui : Sally from Ministry of Feng Shui will run her yearly workshop at Rowville Library on Friday 4th February at 6pm. These workshops give you an insight as to what the year brings for you and your home, making life less challenging. If you have had a consultation, please bring your "Home Plan" and your "Personal Destiny Chart". Inquiries and bookings phone Sally on 0405929658

Bag-a-book: ERL will conduct the annual Bag a Book session which has moved to February to celebrate Library Lovers' Month, still at Borders, Knox City but a new date Tuesday 22 February at 6.00pm. This is your opportunity to select some books for purchase by the library for Rowville Library and to be rewarded with special discounts on your own purchases made on the night. **Book early as places are limited!!**

Storytimes: Regular weekly storytime sessions will resume the week beginning Monday 7th February 2011. There will also be the first bedtime storytime for 2011 on Friday 4th February at 7pm

Computer Help Sessions: On Tuesday and Thursday mornings a tutor is available from 10am to assist people in using the computers. They are able to help with Internet, Email, Facebook, Word, Excel and everyone will be welcomed including complete beginners. The sessions are **free** and bookings are essential. Meanwhile anyone who needs help with using computers just needs to ask the staff and, subject to staff availability, you will be given every assistance. The best times for staff availability would be on Monday and Wednesday mornings from 10am. There is no need to book and it's free, but we cannot guarantee staff availability. All welcome.

Kids on Wednesdays: held on Wednesdays at 4pm during school terms. This group will be specifically for



Rowville Community Library

Sponsored by Cr Darren Pearce, Taylor Ward
and Cr Mick Van de Vriede, Tirhatuan Ward

February "Feeding the minds of our community..."



primary school aged children and involve a variety of activities. It's meant to be fun and it's free!

Home Library Services: If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library to arrange for a home delivery service. Library staff will select some items after discussions to ascertain your tastes and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 92941300.

Growville Growers: The Growville Growers group meets on the first Friday of the month at 2pm. Anyone can be a member of this group as there is no 'joining process' and cost is minimal. The next meeting will be with the break-up party on **Feb 4th at 2pm for the Ripponlea gardens talk.** Everyone is welcome.

Chinese Group: If you know someone who speaks Chinese let them know that they can attend every Friday at 10.30am. On one Friday of the month, **February 11th**, the Chinese Librarian, Emma, will be attending. Our Chinese collection includes adult and children's books, DVDs, CDs, magazines and newspapers. Borrowing is free. Meetings will be every Friday from 10.30am to 12 noon. **Free event! All Welcome.**

Bedtime Storytime is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the children in their pyjamas but not usually the parents!) Our next Bedtime Storytimes are at 7pm on Friday **February 4th** (Wear your pyjamas and join us for some Christmas stories, craft and a treat!) and **March 4th**. All Welcome.

Afternoon Bookchat! Have you ever read a fantastic book and wanted to tell someone about it? Join our group of avid readers for a relaxed discussion of what you are reading and what you think about your

latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1st Monday of the month at 2pm our next meeting will be on Monday **7th February** at Rowville Library. Free event. Bookings not required.

Coming up in

March: Natural Pest and Disease Control with Graeme George from Earthcare on Friday 4th March at 2pm. Book launch with Edel Wignell, local author of "Long live us!", illustrated by Peter Allert at 2pm on Tuesday 8 March 2011. Harmony Day is celebrated on Monday 21st of March and on Thursday 31st March at 7pm we will have an author talk with Ilsa Evans.

Tiny Tots storytime: Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

List of regular storytimes: Bookings are not required.

Monday 10.30am Toddlers storytime (age 1 - 3)

Tuesday 10.30am Preschool storytime (age 3+)

Wednesday 10.30am Toddlers storytime (age 1 - 3) and **2pm** Tiny Tots storytime (age 0 - 12 months) **Bedtime storytime** is on **1st Friday of the month at 7pm**

Are you a member of the **Rowville Community Library**? If not, join now. Joining is easier than you think....all you need to join is a driver's licence with your current address. Joining is free. Borrowing is free. Normal **opening hours** for Rowville library are Mondays, Tuesdays and Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 10-4 and Sundays 1-4. Details about the library service are available from our website at www.eryl.vic.gov.au and you can even join on-line. *Rose Thompson, Manager - 9294 1300*



Chantell at Storytime.

Rowville & District Neighbourhood House



20 Fulham Rd, Rowville
Ph: (03) 9764 1166
email: inquiries@rdnh.org.au
web: www.rdnh.org.au

A Happy New Year to all! Rowville & District Neighbourhood House (RDNH) looks forward to catching up with returning students and welcoming new ones from the wider Community in Term 1 2011. Staff at RDNH hope everyone has had a great holiday and with replenished energy you will want to explore new interests and join one of our classes for 2011.

Our brochure is now available at Safeway, Rowville Library, Ritchies (Wellington Village) or we can email

one to you. Phone us on 9764 1166. Check our Website on www.rdnh.org.au

If you wish to enrol in any of our educational classes, amongst which are 'Integration Aide', 'Food Safety', '(Hospitality Training) Level 1 & 2', 'Responsible Service of Alcohol', 'First Aid Level 1 & 2', 'many and varied computer courses' and 'Learn to Massage(for those looking for a career change)', please enrol early as these fill up quite quickly..

New classes starting in Term1:

Adults: **Art for the Novice** with our new Art Tutor Joseph who has been teaching the arts at the Royal Academy of Fine Art, Beijing, China and RMIT, Melbourne. This class will suit many of our Chinese community along with all who would like to try something new.

Photography- many types of classes (Compact & SLR digital) are available with our new Tutor Joanne.

Spanish Immersion - Learn the Spanish Language

along with cooking traditional Spanish Cooking.

Waxing Course - an introduction to a strip & wax course (helpful if thinking of changing careers)

Ballet for the Total Beginners - open age group
Guitar Lessons for 8 -13 y/olds some new classes are available.

Sewing Workshop for 9 - 12 y/olds - a great introduction to learn to sew for boys and girls

Kids in the Kitchen on Tuesdays or Wednesdays There are many other creative arts and craft classes, mind, body & soul, personal development and children's classes to choose from. Please drop by and ask the staff for information.

Art: Introduction to the Arts for the Novice

Discover the Artist within, in this wonderful and relaxing class. Try your hand at sketching, water colours or oils with our tutor Joseph. Explore the techniques, methods,



Victorian Champions

James Wolstencroft (5Y) and Luke Slater (6Y)

Rowville Primary School students, James Wolstencroft and Luke Slater have both made the Eastern District Baseball League Team which will play in this year's Victorian Championships. The 2011 Victorian Baseball Little League Championships are played over three days in Geelong next January.

Fourteen little league players from Berwick, Mulgrave, Blackburn, Chelsea, Carrum Downs and Upwey-Ferntree

Gully baseball clubs are selected to represent the district as the Eastern Kangaroos Baseball Team. The actual team line up has not yet been determined, but it is almost certain that James will be doing some pitching and Luke will spend some time as catcher, as these are the main positions they both play for their home team, Upwey Ferntree Gully.

The Victorian Championships not only decide the best district in Victoria, but also decide which team carries on and represents Victoria in the Australian play-offs. If all goes to plan and the team wins they will be off to Pennsylvania USA to play off in the Little League World Series Championship, in August 2011. Over the coming months, James and Luke will need to extend their already busy baseball lives to at least 15 hours a week of training and playing.

We would like to congratulate both James and Luke for this magnificent achievement. We wish them all the best as they work towards a place in the Little League World Series Championship.

Go Boys!



James & Luke after beating Waverley this summer

Young Team from Bizad out to Help the Community



Young Rowville resident Rob Scott and his two partners Benjamin and James are examples of what can be achieved by identifying an opportunity and 'going for it'.

Leaving school in 2007, Rob soon questioned the impersonal nature of print advertising and with his friends set about surveying Knox businesses. They were quickly advised that they were undervaluing themselves which saw them develop a business model with solid finances and achievable sales and marketing goals.

RAFT Church became their first official client, after the

boys had trialled the format on Rob's Personal Training business and now their client base includes accountants, financial advisors, cafes, graphic designers, hairdressers, physiotherapists and sporting associations.

The problem they identified was people not knowing who they were dealing with through print media advertisements. What sort of person was going to turn up to repair your home electrics or plumbing or do your tax return? So BizAd was set up and an on-line Knox video business

directory was created that, through the medium of video, enables prospective customers to view the business they are proposing to deal with. "This is a return to the personal touch between business and client" says Rob.

Bizad's focus group is small to medium size businesses where Rob believes the biggest demand and opportunities lie. Businesses can now advertise themselves in a more personal way. Each client can be involved in the script and video content, so customers see the exact message the business wishes to present. The videos are normally shot on site, with additional segments added before the final product is presented to the client.

Rob says "There are a variety of packages offered to meet all eventualities, be it a 15 second clip or a 5 minute expose, the talents of Bizads are at their disposal to

produce a Biz-tek cost effective result".

The video can be used on the clients own website or viewed at Bizads. All your business needs to do is advise prospective customers to take a look. Knox businesses should contact Rob on 0439843353 or visit their website www.bizad.com.au

Mention this article and an attractive discount of up to 30% is available off your professional Biz-tek service throughout February.

(RDNH cont...) ...materials & media of art, and learn basic, sound principals and skills to begin your journey. Tutor will advise on materials during first class.

Bookings - Phone: 中文咨询: 9008 9617

初级绘画课程

Contents 这是一个最适合有绘画兴趣的入门课程, 是由多年教学经验的张约瑟执教。学习内容包括: 素描, 油画, 水彩, 丙烯等, 目的使每个学生借用这些材料展示自己丰富的内心世界和艺术天赋使每个学生都能创造出完整的作品

Materials:

学生需准备的材料包括:
第一堂课的 素描纸, 铅笔或炭笔

张约瑟将在第一堂课详细介绍所需的其它材料

Wednesdays 10.00am -12 noon

9th Feb - 4th Apr (8 sessions) \$116.00

Skills To Get Back To Work -

Have you been out of the workforce for a while?

Are you looking to return to employment?

Then this may be the course for you....

Learn Office skills

- Resume Writing
- Identifying your own skills
- Application letter writing
- Presentation
- Interview skills
- Where to look for work
- One on one session to help finalise your portfolio

Also we are looking for expressions of Interest for a new course 'Introduction to Horticulture' starting in Term 2. Contact our office on 9764 1166 to register your interest for any of the above programs.

Rowville & District Neighbourhood House

WOMEN'S HEALTH DAY

Women's Health Day this year is on 12th March. We will celebrate the day from 10am to 3pm with:-

- Guest Speakers
- Introductory Games
- De Clutter Sessions
- Beaded Jewelry
- Belly Dancing
- Card making

Lunch and light refreshments will be served. The cost is \$15 per person payable at the time of booking.

Bookings are essential so ring early to avoid disappointment

Phone: **9764 1166**



World Day of Prayer

In the first week of March, Christians around the world will share in the 'World Day Of Prayer' service, prepared by the women of Chile. The Chilean women will invite us to confront the question "How Many Loaves Have You?" and to be challenged to make a personal response to this question. It challenges us to reflect on the resources and gifts God has given each one of us and to consider how He wants us to use them. The question is of course the same one that Jesus asked his disciples by the Sea of Galilee when they wanted him to send the hungry crowd away to get food for themselves.

Each year Christian women, men and young people from many traditions in more than 170 countries, call the faithful together to observe a common day of prayer. It is an annual day of celebration which brings together people of various races, cultures and traditions, sharing together in God's word and worship.

The origins of World Day Of Prayer date back to the 19th century when Christian women in the United States of America and Canada initiated a variety of activities in support of women's involvement in mission at home and in other parts of the world. These activities related to:-

- ◆ Concern for women and children
- ◆ The role of prayer in mission work
- ◆ A vision of Christian unity
- ◆ Biblical study as everyone's responsibility
- ◆ Social issues and working with immigrants
- ◆ Linking world peace with world mission

In 1926 the women of North America distributed the worship service to many countries and partners in mission. The response worldwide was enthusiastic and began in Australia in 1927. In line with other countries the word



'Women's' was deleted from the name in 1986 and thus the call was issued for a World Day of Prayer. Each year the worship service has a special theme. Through preparation and participation in this we can come to know how people of other countries, languages and cultures understand the biblical passages in their context. We can hear their concerns and needs and can feel ourselves in solidarity with them. In this way it is possible to experience the richness of the Christian faith as it grows deeper and broader in an international, ecumenical expression.

This year the question "How many loaves have you" will draw us into the context of Chile and the lives and experiences of Chileans. We will capture geographic images and the cultural diversity of the land and it's people. The resilience of the people was graphically highlighted during last year's mining disaster and how, during this tragedy and before, the people, especially the women, worked together supporting each other and their families.

Through the 'World Day Of Prayer' Christians can affirm their faith in Jesus and share their hopes, fears, joys, sorrows, opportunities and needs. Participants are encouraged to be enriched by their faith, take up the burdens of other people and pray for them whilst becoming aware of the whole world and no longer live in isolation.

In our area the service is being held at St Simon's Catholic Church, 2 Taylors Lane, Rowville at 7.30pm on Friday March 4th 2011. The guest speaker will be Alex Gonzalez who is from Chile.

Wikipedia describes 'World Day Of Prayer' as "The world's largest ecumenical laywomen's initiative". Come along and join in the celebration. Enquiries should be directed to either Philippa on 9764 0492 (St



World Day
of Prayer



We've had about a month to practice penning "2011" at the end of our dates, but it is still very new and a little unfamiliar. On top of starting this year afresh, the summer weather has acted mostly like its latter counterparts: Autumn and Winter. Can you tell? This shall be a year like no other! Regardless, how much better it is than its predecessors is completely up to you. Sure, the things in life we *can't* control may have adverse affects on the things we *can* control, but ultimately, the attitude and lifestyle you chose to address it with is the decision between conquering and complaining about 2011.

This year, our Church has themed three key concepts to cultivating abundance in 2011. In this particular order they are: **faith, hope and love**. These basic, feel-good, pretty words that hang well on walls are foundational to any who consider themselves a "good person". Why? Because any 'good Samaritan' (defined by one who has no obligation to offer assistance, yet does so anyway) has to have an anchoring virtue which beckons them sacrifice their own for the sake of another. What on earth would possess anyone to do so apart from those core elements of faith, hope and/or love. These three, intertwined and individually, provide a concrete stability despite everything going wrong that possibly could.

That's not to say that those with faith, hope and love are

invincible. We do wince when the price of petrol rockets and when we lose things like jobs or favourite accessories, but it is overcome quickly. Life has incredible possibilities when you have faith that the God who purposely created you, wants you to prosper in the freedom He provides. Additionally, life is a wonderful place to be when you are able to hope confidently because you have seen previous hopes come to fruition. Ultimately, life is so much more secure when you know that love is by you wherever you go.

I speak hopefully, but as though this year might be horrible, I must confess I believe it has every potential to be. This said, the challenge is to raise oneself above the turmoil of rising market values, natural disasters, road tolls, broken relationships and past hurts. There is a likelihood that planet earth doesn't look like it's going to heal itself in a year, a suspicion that greed has never been greedier, and an idea that the youths of the first world have never been more capable, accomplished *and* simultaneously ignorant. But all is not doom and gloom. It is when people are able to have faith in a cause greater than themselves and hope for a better outcome with the ambition that makes one adamant that love is non-negotiable... that is when 2011 will be the best year of our lives (so far).

So, what are your New Year's Resolutions? How are you going to be a better person? Where will your faith, hope and love stem from? Are you running short of sources? (FYI we have a handful of empty chairs in our sanctuary and they probably have your name on it). Although the answers to life and how to live it abundantly cannot simply

WORLD DAY OF PRAYER FRIDAY 4 MARCH 2011

Chilean women ask:

'How Many Have You

Venue: St. Simon's Church, Taylors Lane

Time: 7.30pm

Speaker: Alex Gonzalez

Simon's) or by email pmwarby@hotmail.com or Bev on 9759 5455 (Anglican) or by email jibec@opusnet.com.au

The WDP website contains a wealth of information www.worlddayofprayeraustralia.org



Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, Anglican parish of Rowville & Ferntree Gully, Rowville Baptist Church, Rowville Uniting Church, Salvation Army - Lifewerx, St Simons Parish, & Rowville/Lysterfield Seventh Day Adventist Church.



be preached from a pulpit, it's always good to be reminded that we are part of a bigger picture (and one so glorious). The people here are wonderfully different, and accepting, and we're all trying to be better people this new year... here's your invitation to try with us. Happy New Year!

English services are held at **10am** (simultaneous Kids R.O.C.K program) and **5:30pm** every Sunday.

Indonesian services are held at **10am** every Sunday.

Mandarin services are held at **1:30pm** every Sunday.

Stompers Pre-School Playgroup is held at **10am - 11:30am** every Wednesday (during school term)

All of the above take place at ACF Church: 1070 Stud Road, Rowville, 3178. (www.acfchurch.com)



Sharing the good news story...

RAFT Anglican Church

"Building passionate followers of Jesus Christ"

Parish of Rowville & Ferntree Gully

131 Taylors Lane, Rowville Ph: 9764 2573

Email: admin@raftchurch.org.au Web: www.raftchurch.org.au

How often is it in our individual, material world do we hear of friendships as strong today as they were decades ago? Rarer still, unheard of even, is that of a friendship between mates who had never met in all that time.

You might not conceive of it if you had not read RAFT's *Connections* magazine. Otherwise, you would have learnt of Chamindra Ranasinghe's heart-warming story of how, as a primary school kid in Sri Lanka, she found a pen pal in Sheffield, England. Over the next 37 years, and after Chamindra moved from Colombo to Melbourne, she stayed firm friends with Frances Johnson, progressing from "pencil on blue-coloured airmail paper to pen, and later as technology caught up with us, email".

Chamindra and Frances followed each other "through life's significant events, exchanging photographs, school graduation, holidays, engagements, weddings and the birth of our sons". Chamindra and Frances had two sons each. They were both resigned to and content with the thought that they would never ever meet. Then Chamindra had the opportunity. Husband Gamini was going on a work trip to England. Chamindra tagged along, taking the side trip to Sheffield.

Her meeting with Frances made news in the local *Bolton News*: "Friends for 40 years, but they have only just met".

What an elevating story.

Reading the newspapers these days, listening to the radio and watching the television the news seems to be all bad. Good news doesn't seem to make news so readily. The producers of news play to the perceived expectations of readers, listeners and viewers that they are drawn to bad news.



Exceptions are the community newspapers, radio and television. These have been an inspiration to RAFT's *Connections* magazine, where the positives of life are not taken for granted and overlooked. Good news is the bedrock of community. Chamindra's uplifting story is one among many in *Connections*. There is the human face of volunteers in our emergency services SES and CFA.

There is the couple who hoofed it unguided all over Europe for a month and found more to celebrate in the extended hand of help of strangers in foreign lands, and not an instance of the pickpocket that they had been forewarned.

We in Australia, as elsewhere are social beings. Facebook caught on very quickly to this social networking. Sure, there are bad apples. These are few among Facebook's 500 million active users. *Connections* tells readers and parents how to weed out the bad. Other contributors tell readers how to go easy on themselves to relieve the stress, or how best to manage their mortgages.

There is good news in community. This is reflected in *Connections*. If you would like a copy of *Connections*, contact RAFT at Tel 9764 2573, or email admin@raftchurch.org.au.

e-waste recycling weekend

FREE for residents

26 & 27 February 2011

Have you got old, electronic equipment at home just gathering dust? Don't waste any more time... and get rid of it, all at once.

Saturday & Sunday, 26 & 27 February 2011 (8am-4pm both days)
Knox Transfer Station, 251 George Street, Wantirna South
(Mel Ref: 72 D3)

Getting rid of unwanted e-waste will rid our environment of toxic lead and mercury. And it'll help de-clutter your home!

What electronic goods can be dropped off for recycling?

Accepted products ✓		Not accepted ✗
Televisions	Household electrical appliances	Smoke alarms
Monitors	Electronic games	White goods
Desktops	Joysticks	Household batteries
Laptops	CDs, DVDs and tapes	Light globes
Printers	Cameras	Flourescent globes
Photocopiers	DVD players	Halogen lights
Servers	Video recorders	
All computer peripherals	Speakers	
Electronic components	Sound equipment	
Network equipment	Microwaves	
Scanners	Medical equipment	
Fax machines	Test & lab equipment	
Mobile and landline phones	Power tools	

For further information, contact Knox City Council on 9298 8000 or Knox Transfer Station on 9887 4222.

Please note that drop-off is only for residents. Commercial quantities will not be accepted. Charges apply for other non-e-waste items.



Rowville Baptist Church

www.rowvillebaptist.org.au

office@rowvillebaptist.org.au

Ph: 9764 4242

Welcome to the New Year. This year will bring its challenges and opportunities; struggles and joys. Through it all, the people of Rowville Baptist will continue seeking to make a positive contribution to this community, as we have since we started in 1974. Both the area and church have grown a lot since then. This year we will be adding more groups and activities to provide further opportunities to enrich body, mind and spirit.

In later editions of this column we will give details of a new communal meal. This builds on our popular Christmas Day Community Lunch and grocery support programme. We are also preparing to introduce seminars and counselling to assist with living on a tight budget. This is becoming increasingly relevant as the cost of housing, power and water rise. The seminars and counselling will be offered at the Wellington Care Centre.

The Centre has recently added two

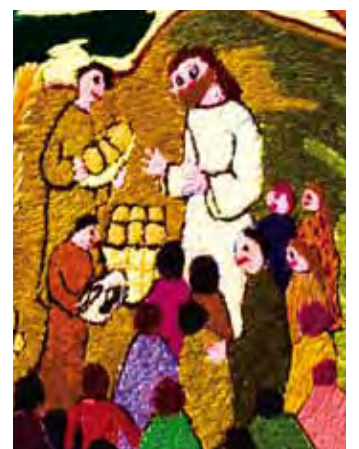
men to its team of high quality counsellors. They will be focussing on

men's issues. Other counsellors work with children, teenagers and a range of life challenges. Visit the Centre's website

(www.wellingtoncarecentre.com.au for information or phone 9764 3738 for an affordable appointment.

A growing number of people around the world are finding that Christian faith makes a positive difference to their lives. "LifeWorks" is a short course that allows people to explore what Christianity is about in an informal setting. The course includes an interesting DVD, group discussion and light lunch. In Term 1 "LifeWorks" will be held on Sundays from 11:45am to 1:30pm. The course starts on February 13. To find out more contact Phil or Jan (ph.97636005).

Rowville Baptist offers a range of groups and activities - social and spiritual - for all ages. For more information visit www.rowvillebaptist.org.au
Rev. David Devine Senior Pastor 9764 4242





Is your pet afraid of Storms and Fireworks?

We do know that Storm and Noise Phobia in pets is one of the most common behavioural problems, however the reason some dogs fear storms and loud noises so much is not entirely clear. The one thing we are sure of, is that this can result in a very stressful situation for both the dog and the owners. Some dogs are so storm and noise phobic that their behaviour pattern changes and they can chew furniture, break windows, escape from yards and even cause harm to themselves.

This is a wet and stormy summer, so with the combination of sounds from fireworks and the sound of rolling thunder, now would be a great time to make sure that you can provide your pet with a safe space.

There are many safety measures that you can take to keep your pet safe and relaxed during storm and festive seasons. Talking to your local Vet would be the first step to helping your dog overcome his noise phobia. There are many options available to assist in desensitising your dog to storms and depending on the severity of the phobia it may be as simple as providing some of the following:

- Providing your dog with a safe place, ie. a small space like a toilet or bathroom, can make your pet feel secure.



- It is important to anticipate your pet's reaction without letting them know. The best thing to do is keep routine and act as though nothing is happening, try not to mollycoddle them.
- Playing soothing music before your dog becomes frightened can help them to maintain their composure, or at least be less stressed when the storm of fireworks hit.
- Thunderstorm CDs are available that can be played around the house to expose your dog to the common storm noises which in turn will begin the process of desensitisation.

All of these techniques should be used in conjunction with training and positive reinforcement. Depending on the severity of your dog's phobia there are some natural anti-anxiety products that rely on the calming pheromones a mother dog produces around her pups which can be very effective. If your dog suffers from storm or noise phobia contact your local Vet to discuss the best method that will assist in modifying your dog's behaviour during storms and loud noises.

Knox Carols by Candlelight

It was a perfect start to the Christmas season and more than 17,000 people of all ages were there to see it unfold.

New Knox Mayor, Cr Sue McMillan, said "It was a great evening for the people of Knox and the many visitors who made it to this very special event. Singer, Kate Ceberano had the crowd entertained and enchanted with her renditions of a few Christmas favourites. Other carollers and children's performers also shone, as they got the audience up on their feet, waving candles and singing proudly. The fireworks display was a dazzling end to another fantastic event."

Mayor McMillan said, "This event really demonstrates the depth of community spirit in Knox".

Making Victoria FireReady



9 things you should do to prepare for the fire season.



Victoria is one of the most fire-prone areas in the world. So even though we've had some good rain recently, we are still facing another highly dangerous fire season. If you live in the bush, on the coast or along the urban fringe, you need to be FireReady. And the time to start preparing is now. Your survival, and the survival of your family, could depend on it.

Start preparing now.

- 1** Many homes in high risk bushfire areas are not built to withstand bushfire and survival must be your main priority. To find out if you should defend your house from bushfire, use the CFA's Household Bushfire Self-Assessment Tool online or book a free CFA site visit at www.cfa.vic.gov.au or call 1800 240 667.
- 2** Start clearing up around your property. Even if you plan to leave well before a fire threatens, you may not be able to. A well-prepared building may shield you from radiant heat, which can kill you.
- 3** Find out the location of the nearest Neighbourhood Safer Place and how to get there. The CFA website lists Neighbourhood Safer Places.
- 4** Pack your relocation kit. This should contain, food, water, woollen blankets, battery powered radio, mobile phone with charger, a first-aid kit, medication, prescriptions, important contacts, pet food and bedding and anything else you need away from home.
- 5** Be aware of your children's school Bushfire Survival Plan by talking to school

staff or visit www.education.vic.gov.au

- 6** Prepare a written Bushfire Survival Plan and consider the needs of the elderly, people with special needs, children, pets and/or livestock. Obtain your free FireReady Kit from www.cfa.vic.gov.au or call 1800 240 667.

- 7** Practise your Bushfire Survival Plan – doing so increases your chances of survival in fire. Make sure you have back-up plans and alternative exit routes in place. Fires are erratic and can arrive at unexpected times.

- 8** Regularly monitor conditions, know the Fire Danger Rating in your area and keep up-to-date by tuning into ABC Local Radio, commercial radio and Sky News. Fire Danger Ratings are your trigger to act.

- 9** To be better prepared in your local area, visit www.cfa.vic.gov.au for your local Community Fireguard Group and/or attend FireReady Victoria community meetings.

So start preparing now. For a free FireReady Kit, or for more information on how to prepare, act and survive, visit www.cfa.vic.gov.au or call 1800 240 667.

PREPARE. ACT. SURVIVE.

FireReady 



For more information contact: 1800 240 667 www.cfa.vic.gov.au

VICTORIAN JAZZ WORKSHOPS

The *under 25's jazz workshops* are on again in 2011. The sessions are open to young musicians, under 25 who are proficient with their instruments, able to play scales and arpeggios and who are particularly interested in learning to play jazz. Traditional jazz in this country has a distinctly Australian character and has a history of it's own. To continue the growth and development of this unique art form, through the generosity of a number of Australia's most experienced jazz musicians, young musicians can discover the joys of playing together and appreciating our past. Some of Australia's finest musicians, respected worldwide are former students of our student workshops.

The course commences on Saturday 19th March at 1pm until 4pm and continues until the 11th June (excluding 23rd April) with the presentation night on Sunday 19th June. The cost of the full course is \$60 plus \$15 Victorian Jazz Archive Student Membership.

All music is provided, so just bring your instrument to 15 Mountain Highway, Wantirna (Melway Map Ref. 63 C8) and make friends whilst enjoying the joys of jazz.

Further information can be obtained from Marina Pollard on 9781 4972 or email info@vicjazzarchive.org.au



VICTORIAN JAZZ ARCHIVE

Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine
96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville
Physiotherapy 9763 9233 Sports Medicine 9763 3944



Tendinopathy vs tendinitis

A 'tendinopathy' is an overuse injury that occurs to a tendon resulting in changes to the collagen of the tendon. Collagen is the strong fibrous material that gives a tendon its strength. Tendinopathies were previously more commonly referred to as 'tendinitis', however this infers that there is an inflammatory component to the injury and it has been found with research that inflammation is very uncommon in overuse injuries.

Some of the more common regions in which tendinopathies occur include the Achilles, patella tendon (knee) and wrist extensors, also known as tennis elbow. Each of these can be treated effectively with the correct management.

Symptoms-

- Pain some time after exercise or the following morning
- Often painful at rest but pain reduces with exercise once the tendon warms up
- Pain commonly returns once exercise has ceased and the tendon has cooled down
- Thickening and tenderness around the tendon

Treatment-

There have been a number of studies performed to determine the most effective treatment options for the management of tendinopathies, including:

- Alfredson exercises which include eccentric loading of the tendon - Nitric oxide patches - Sclerosing injections.
- Surgery in extreme cases.

The Physiotherapists at Rowville Physiotherapy can instruct you on the appropriate exercise program as well as addressing the factors that contributed to the development of the tendinopathy. These techniques have been shown to be a very effective form of conservative management for tendon overuse injuries.

Bunions - Hallux Abducto Valgus

Bunions (Hallux Abducto Valgus) are one of the most common of all foot problems and can result in lots of discomfort and are the result of a deviation of the big toe (hallux) due to a number of factors.

They present as a bony growth / lump on the inside of the big toe which may or may not be painful. There may be redness, swelling and /or pain at or near the big toe joint.



Bunions almost always progress over time however addressing causative factors can help in reducing the rate of progression and reduce discomfort.

Causes:

Poor footwear – tight & unsupportive

Overpronation (excessive rolling in) – increases pressure on the inside of the big toe. This repetitive motion leads to joint instability & muscular imbalance which pushes the big toe toward the 2nd toe.

Short 1st metatarsal

Hereditary predisposition – bunions are not genetic but do tend to run in the family. It is the foot type & function that is inherited leading to bunion development

Leg length difference – makes the feet function differently



Treatment:

Varying depending on the severity, cause and pain levels. It can involve:

Footwear changes / advice

Padding - to reduce pressure

Joint Manipulation - to help preserve motion (this will never correct the alignment).

Orthotics - to control the overpronation and reduce pressure on the joint

Surgery - as a last resort to correct the alignment

Your podiatrist at Rowville Sports Medicine Centre can advise you on what is best for your individual case to help slow progression and /or minimise discomfort.

Wellington Care Centre Counselling Services

High quality, low cost professional counselling for-


- Individuals
- Couples
- Families

Aimed at addressing your concerns and assisting you to manage them in effective and positive ways in order to improve your quality of life.

Contact: WCC Office on - 9764 3738
www.wellingtoncarecentre.com.au

Wellington Care Centre
cnr Wellington Rd &
Le John St, Rowville.

This advertisement has been funded by the
Rotary Club of Rowville
"Working for a better community"



Rowville Group Fitness

Pilates

TERM ONE PROGRAMS

Pilates is a relaxing yet challenging mind and body class that can ease back pain, strengthen back and core abdominals and provide great toning and improved posture. The class includes Pilates matwork and strength and toning with the fitball. Improve your flexibility and mobility with this quality workout.

Advance bookings are essential.

Term 1 commences February 2. 10 classes - \$120
Wednesday 9.15am Wednesday 6.15 pm

Boxing circuit

is a fun high energy class using kickboxing and boxing techniques in a circuit style hour of good technique, great fitness, with toning and strengthening for both upper and lower body. Use gloves and mitts for punching drills and kickshields for awesome lower body toning. Burn fat, work out your stress! Suitable for beginners and all levels of fitness. No bookings required.

Wednesday 7.30pm \$12

Rowville Group Fitness
at the Rowville Community Centre

Enquiries to Lisa on 59 686 329
or go to: www.rowvillegroupfitness.com.au



INCONTINENCE PRODUCT SPECIALISTS

- * Disposable Pads and Pants
- * Bed and Mattress Protection
- * Products to Assist With Prostate Issues
- * Free Samples of Disposable Products available on Request

We Are Primary CAPS Suppliers

OUR SHOP IS OPEN MONDAY TO
FRIDAY 9.00AM TO 5.00PM

FREE CALL: 1800 888 541

3/7-11 Rodeo Drive Dandenong South,
Victoria 3175 www.vichealth.com.au

Rowville/Rowville Lakes Little Athletics

The Action Continues State Multi Events:

Late last year a small band of local Little Athletes made their way to Shepparton to compete in the State Multi Event Championships. It was a very warm and windy weekend, and a new experience to compete on a grass track.

Tenacious Jesse Eickhoff put himself amongst the U9 leaders from the first event. He went on to wipe the field in the 80metre hurdles, scoring so highly in that event that a medal seemed inevitable. He backed this up with a very brave 800m and came away the second best U9 Multi-Event (all-round) athlete in Victoria.



Jack returns for his second year of Little Aths

Another of our talented youngsters, Blake Tahlambouris, displayed similar courage and commitment producing great results in all five events. Like Jesse he claimed the silver medal. Well done boys!

Training partners Lisa Morris (U15) and Jackie-Lee Fredricksen (U13) performed strongly all day and finished sixth and eighth in their respective age groups. This is Lisa's last official year as a Little Athlete and we are very proud of her consistent top 8 performance at State Multi-Events over several years.

Jamieson Rossiter and his family demonstrated maturity and sportsmanship after his excellent long jump was incorrectly recorded and could not be altered. Jamieson went on to finish tenth in the U9s, despite receiving fewer points than those which he had actually achieved. With the combination of his athletic ability and his balanced approach we see bright things for Jamieson in the future.

VPSSA:

Some of our members also participated in the national Primary Schools' Championships and gained wonderful experience. No doubt their involvement in Little Athletics has helped them to reach this standard of competition and to gain valuable confidence in doing so. Special mention to Jackie-Lee who was named team captain, and to Lachlan

SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.

Viney who gained a relay medal, competing with Team Vic for the first time.

Relays:

In December many Rowville and Rowville Lakes athletes joined with other Little Athletes to form Knox relay teams. Together they competed at the Eastern Metropolitan Regional Championships, many winning medals and also qualifying to participate in the State Relay Championships to be held at Olympic Park in February. We wish them all well and look forward to an exciting day.

Sisters Make History:

Congratulations to history making sisters Keelin and Ellana McGeehan who broke Rowville club long jump records in different age groups on the same day! Keelin McGeehan bettered the previous best ever performance by an Under 8 girl which had been held since 1996. She improved the mark 13cm, jumping 3.30m. Big sister Ellana leapt a huge 3.95m in the U11s. We suspect it won't be long before she clears the big 4m. We are now in the middle of our season, but you may contact Nick on 9764 0661 or Michael 9755 7120 to find out more about Little Aths.

Thanks to the Knox LAC photographers. Rosemary Merrigan

Lysterfield Wolves enter Eastern Football League



Under 12 Born 1999)

Come and join the new club commencing a new era of local football.

Lysterfield Wolves are holding their next registration day on Sunday the 13th February, 2011 at Lakesfield Reserve, (Melways 73 J11) from 10am to 12pm

Registration Fees
Under 9 & 10's \$130
Under 11 & 12's \$140

Discounts for families.

Visit our website for a registration form and further details. www.lysterfieldjfc.org.au

Any enquiries please contact the President Stephen Ketter on 0417 526536 or Registration Officer, Greg Crawford on 0417 535 817

Season 2011 sees Lysterfield Junior Football Club fielding four teams in the EFL.

Under 9 (Born 2002 or earlier)
Under 10 (Born 2001)
Under 11 (Born 2000)

Knox Regional Netball Centre

The Knox Regional Netball Centre located in Ferntree Gully offers netball to all abilities. The centre has ladies day time competitions on Wednesdays and Fridays which is supported by a free childminding with qualified staff. There is also a

mixed competition on Sunday evenings. The centre has a Net Set Go program for 5 - 9 year olds on Thursday and Friday evenings. For more information about these programs please contact the centre on 9758 7191 or email knox.netball@knox.vic.gov.au

The Mountain District Netball Association runs ladies week night competition Monday to Thursday and a Saturday netball competition. To find out more, log on to www.mountaindistrictnetball.org.au



IMAGINE YOURSELF AT THE KNOX SCHOOL

TOURS WITH THE PRINCIPAL

Thursday 17 February - 5.00pm
(twilight tour)

Saturday 19 March - 9.30am
Scholarship exam and tour

To join one of our tours, please phone
8805 3814 or email
registrar@knox.vic.edu.au



The Knox School

CO-EDUCATIONAL | PRE PREP TO VCE

220 Burwood Highway, Wantirna South
P 8805 3800 | E info@knox.vic.edu.au
www.knox.vic.edu.au

Eildon Park Tennis Club



The Eildon Park tennis community would like to congratulate Lee Pearson on his nomination in the category of Club Coaching Excellence at the inaugural Newcombe Tennis Awards held in December 2010. This nomination from Tennis Australia recognises the skill and professionalism Lee and his team brings to the Eildon Park Tennis Club as our coach. Club members were able to congratulate him during our annual Christmas party which was held in mid December. It was a great night for members from all sectors of our tennis community to socialize together and catch up prior to Christmas. There were many prizes distributed from our raffles including tickets to The Australian Open and numerous sport related gifts from Rebel Sport with some individuals and families being multiple winners on the night.

Congratulations to our junior members who trained and worked hard during 2010 and were selected to be Ball Kids during the Australian Open in January, an experience of a lifetime. Training and trials for the 2012 Australian Open Ball Kids are held early in the year so keep an eye on our

website for details if you are interested in giving it a go.

The summer season will continue on February 5th and organisation for the 2011 winter season is already underway so please contact the club if you are wishing to participate. If you are interested in getting involved in our club please call Stuart Draffin our Membership Secretary on 0408 778 658. If you are interested in receiving coaching please call LEEP Tennis Academy and speak to Lee on 0409 396 479. Additional information about Eildon Park Tennis Club can be found at www.eptc.org.au

Editor's Note:- What an opportunity kids, to be on the



same court as all those top players. I hope you savour every moment. Perhaps one or two of you can write a little report for our next issue on what it was like?

Knox Theatre Company

Knox Theatre Company, or KTC as it is more commonly referred to, is a successful amateur theatre company based in Rowville that has been producing high quality shows since 1980.

We hold all workshops and prepare for performances at the old CFA premises in LeJohn Street, Rowville, right next to the Baptist Church (off Wellington Road). Whilst our productions are staged at the Knox Community Arts Centre in Bayswater, we are currently advertising our Rowville drama workshops for anyone interested in



having fun on Wednesday nights.

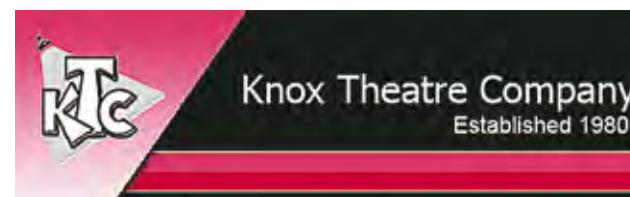
KTC has been running drama workshops since 1985 promoting them as building "Confidence, Communication, Creativity". The workshop program was established by the directors of KTC after receiving numerous phone calls from people asking how, without training or experience, they could become involved in local theatre. Demand for the workshops from the local community continues today.

Since 1985 hundreds of students have participated in what has turned out to be a very popular and successful program. Many have progressed to perform on stage with various theatre groups and several have appeared in both film and television. Our main objective is to build confidence, improve communication

skills and encourage the creative abilities of our students while they are learning stagecraft, developing acting skills, meeting new people and having fun. The sessions have been developed and conducted by Mark Hardy, a well known and highly regarded actor and director with many years experience in local theatre. Activities at the workshops include – Group Development and Trust, Stagecraft and Movement, Characterisation, Voice Production, Script Development, and Improvisation.

These activities may seem daunting to some, but the best part of this program is that it takes into account everyone's ability level and helps promote confidence in a safe and supportive environment. Even if you are not interested in getting up on stage, this workshop can help with other areas and is just a lot of fun.

Our first term workshop will be starting Wednesday February 2nd at 8.30pm. Each term lasts for 10 weeks and costs \$125 payable on the first class. Participants must be over 18. No prior experience is necessary. To register please contact Jill Hiam on 9762 1901 or check our website www.knoxtheatrecompany.com for further details.



PACK & SEND ROWVILLE is the only company in the local area that offers a complete range of postal, freight, courier, packing and removalist services operating through a national retail network. We manage packaging, domestic & international freight and message sending services for businesses of all sizes, as well as for householders and tourists.

Our freight solutions range from sending a 20gm letter to a 1 tonne consignment. So if you need to send a diggerdoo to the UK, a surfboard to Perth or 45 computers to Canberra, we can look after your needs.

If you use EBAY we can arrange all your packaging or freight requirements with one phone call!

At **PACK & SEND** Rowville we can deliver to any destination on the planet. We sell packaging supplies and can custom pack items of any size or weight. We are the industry leader when it comes to handling fragile, large, awkward or valuable goods.



PACK & SEND Rowville

Shop 10, 7 Fulham Road, Rowville VIC 3178
Email: rowville@packsend.com.au
Tel: 9763 1255 Fax: 9763 1355 Mob: 0417 359 270



ROWVILLE PHYSIOTHERAPY

Posture Analysis

96 Kelletts Rd (Building B)
Rowville 3178
(Cnr Kelletts Rd & Taylors Lane)
9763 9233
Email: info@rowvillephysio.com.au
OPEN EXTENDED HOURS
6 DAYS A WEEK

Knox Italian Community Club



The President Michael Migliaccio would like to thank all the committee members for their efforts in making the last Dinner Dance function a Success, and to our club members with family and friends that have shown their support by attending such a great entertaining night.

The Emilia Night dinner dance held on the 13th November was one of the best nights held at the club, with 270 Members and Guests enjoying great food and service by The Grand International Catering Service and fabulous live Italian music by NUVO SOUND. We are preparing next year's calendar of events with some special activities and we invite all our members and friends to show their support, as they have done for the Emilia Night and all other events this year.

Coming Activities:

Sunday 19th December is the "Children's Christmas Party" and our kitchen will be open for snacks from 12 noon. Enjoy a magic show and balloon magic with "Johnny D" at 1.30pm, followed by the arrival of Santa with Gifts and Sweets.

The New Year's Eve Dinner Dance will be on Friday 31st December from 6.30 pm to 1am. There will be a four course meal served by The Grand International Catering Service, plus Panettone and Spumante, with live music by the band "Fantasia". Members \$70.00, non Members \$80.00, children U/12 \$50.00. Drinks are not included in the price. Pre-paid bookings are essential and tickets can be purchased from the Club on Thursdays 1pm to 5pm, Fridays 7pm to 10pm, Saturdays 1pm to 5pm, Sundays 1pm to 5pm.

Contacts for bookings are; Michael 0419330977, Danny 0418798987, Rosa 9762 4743 and Tony 9758 7396

Our first major event of the New Year, the "Venetian Masquerade Carnival" Dinner Dance...

will be on Saturday 12th February 2011. Full details will follow shortly.

The President along with the Committee would like to take this opportunity to wish all our members and their families a happy and safe New Year, and that all you have wished for may arrive with happiness and prosperity.

Michael Migliaccio (K.I.C.C. President)

Pulling the big shows



If you like comedy, drama, music and children's fun, then your theatre needs are covered for 2011 Knox Community Arts Centre. Co-ordinator Richard Mitchell says the 2011 program, announced for February-June, offers the best selection of shows yet.

"I'm so excited about the launch of the 2011 season, because I know the people of Knox are going to love what we have in store for them," Richard said. "There's such a mixed bag of shows on offer. We have some fantastic children's shows, such as the *Bubblewrap and Boxes* and *The Fish that Wanted to Fly*, that are so richly imaginative and entertaining that parents are likely to enjoy them as much as their children. The always popular *Comedy Festival Roadshow* will be back later in the year, plus music fans will have something to cheer about with crowd favourites *String Fever* and a local interpretation of the massive Broadway hit, *Avenue Q*.

"Two new contemporary plays will also provide some insight into modern day issues," Richard continued. "The shows, *Furiously Fertile* and *Happily Ever After*, are a funny look at things like marriage, babies and that elusive 'happy ending'. Gilbert and Sullivan fans will also be impressed with the comic opera, *The Mikado* which will be on our stage this year."

But Richard said the show he was most excited about was a special Chinese Opera, starting the theatre season off for 2011 with two shows on 12 and 13 February. "This is an utterly extraordinary show to celebrate Chinese New Year, Year of the Rabbit, in lavish style," Richard said. "This is a traditional Chinese Opera, with all the beauty and colour that is associated with it. Think exquisite embroidered costumes, striking headdresses and incredibly detailed makeup, not to mention moving and entertaining acrobatics, dance and song. It will be incredible!" Richard said people wanting more information, or to book tickets for the 2011 Knox Community Arts Centre theatre program, should visit www.knox.vic.gov.au



Aboriginal people fishing and camping on Merri Creek. Tinted lithograph by Charles Troedel, 1864



Knox Council

Honouring Indigenous History

Knox Council has reaffirmed its commitment to the reconciliation process by endorsing an updated *Acknowledgement of Traditional Land Owners* policy. The endorsed policy provides updated wording to ensure Australia's Indigenous people and traditional land owners are acknowledged at Council meetings, Civic events and in specified Council documents.

"Knox Council has been proudly acknowledging the

traditional owners of this land for many years, and we're more than happy to continue the tradition. As well as having a formal acknowledgement, we permanently fly the Aboriginal Flag in front of our Civic Centre and have plaques at Council sites across the city acknowledging the traditional owners of our land," said former Mayor Joe Cossari. He added "We're also a long term member of the Inter Council Aboriginal Consultative Committee, a position we take great pride in. We're aware that this shouldn't be the full stop on reconciliation with our indigenous brothers and sisters, but it's one small step we can take towards moving the process forward."

Knox Council's traditional land owner acknowledgment for meetings and events:

Knox City Council acknowledges that we are on the traditional land of the Wurundjeri and Bunurong people and pay our respects to elders both past and present.

Comedy Club at Knox Ozone

Melbourne now has two comedy club locations - the CBD in Melbourne & Knox Ozone, Wantirna South.

The original Comedy Club has been operating since 1979 in various locations, originally at the Hilton Hotel, then in Lygon Street Carlton until 2003 when we moved to a more intimate space upstairs at The Athenaeum Theatre. The Comedy Club is the oldest and best known Comedy Club in the country and has launched the careers of most of the country's well known comedians and internationals like David Strassman, Ross Noble, Arj Barker, Ben Elton and Rita Rudner.

The Club located at Knox Ozone opened in July 2010. Surrounded by many great restaurants, food outlets, bars and a cinema complex, the club offers a great night out at a live venue. Each Friday and Saturday night the club has performances by 3 local and international stand up

School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St. Simons Primary Schools & Rowville Sec. College



That's What Friends Are For...

Without the amazing effort of FORPS (Friends of Rowville Primary School), a group of dedicated volunteer parents working together to support teachers and students to achieve learning success, the school would not be the exciting and radiant place it is today.

Over the last 12 years, their role has expanded from a fundraising committee to providing assistance to the school wherever possible. Despite the fact that the number of parent helpers has decreased due to the increasingly busy lives parents lead, the dynamic group had an exceedingly successful year this year, raising a record \$60, 000! The team of parents worked tirelessly to achieve this phenomenal amount on projects including the inaugural Twilight Fete in March which attracted hundreds of visitors to our school, the annual walk-a-thon, the popular trivia night, Mother's and Father's Day stall, food drives, special lunch days and more.

In 2011 FORPS will be working hard on planning the 2012 school fete to ensure that it is even more successful than this year. It is these important partnerships between parents, carers and the school that build a strong school community. The life-long friendships that are built and the laughs along the way make the tireless effort well worthwhile.

If you are interesting in joining this extra-ordinary team to help students at our school achieve success, please feel free to come along to the meetings or contact Anita Yon on 9764 1955 for more information.

"Alone we can do so little; together we can do so much." Helen Keller



comics. Our high profile comedians include Jimeoin, Akmal, Mick Molloy, and Dave O'Neill just to name a few. We cater for dinner & show packages or show only and are a licensed venue with two bars and table service.

From March 30 - April 24 we will be part of The Melbourne International Comedy Festival with a number of big name comedians headlining at the club.

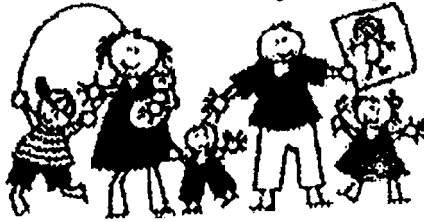
For more information on our upcoming shows visit our website: www.comedyclubknoxzone.com.au

We cater for birthday parties, bucks/hens night, sporting clubs, fundraisers and special events. The venue is also available for private hire.

For bookings and enquiries please call Deb on 0426 266 991 or phone 96501977

Editors Note:- Watch out in future issues for information on how to win FREE tickets to the Knox Comedy Club.

EILDON PARADE PLAYGROUP



has vacancies

According to Playgroup Australia, a playgroup is an informal session where Mums, Dads, grandparents, caregivers, children and babies meet together in a relaxed environment. It is where children can choose from a range of activities set up to meet their varying needs. Eildon Parade Playgroup can offer all this and more.

We are looking for families with children aged from 0-5 years to join our play group and can offer your family a stimulating, fun and safe environment for your children to continue their learning & development. We have activities for all ages, including toys, books, dress-ups, cubby houses, sand-pit, swings and bikes. We also have a wonderful craft room for painting and pasting, a full kitchen, excellent change facilities that include highchairs and porta-cots.



No child is too young for playgroup. All children from 0-5 years, including babies, love new experiences and benefit from developing sensory, social and communication skills through activities at playgroup. Come along & join in the fun! Contact Amy on 0418 109 566



The end of 2010 welcomes the beginning of a new and exciting year at Rowville Secondary College.

The beginning of the school year is filled with excitement and a hint of nerves as the college community welcomes the new students, staff and families with open

arms.

It is inevitable that 2011 will consist of many memories and enjoyment with the various events such as the much anticipated school production, *Fame the Musical*, the swimming carnival and athletics carnival, just to name a few.

On top of the opportunities Rowville SC has to offer, students will tackle the year through hard work and dedication to their studies, especially year 12 students, who are entering their final year of study.

We hope that the college community has had an enjoyable and relaxing break and we look forward to the new faces of Rowville SC and what the New Year has to offer.

Maryanne Karlovic Communications Officer

Be responsible for your house alarm

House alarms are a good defence against burglaries while you're away, but Knox Council is reminding residents that alarms left unmonitored can become a local nuisance. Knox Mayor Sue McMillan said home owners needed to be considerate of neighbours. "More and more people are installing burglar alarms, preparing for time away from home," Cr McMillan said. "But if these alarms go off for any reason, and are left untouched, people can come home to some very frustrated neighbours. *In fact, it's been shown that if an alarm goes off, it's more likely that neighbours will call Council complaining of noise pollution, rather than call Police to report a possible burglary.* By all means, set an alarm, but for everyone's peace of mind, tell a friend or trusted neighbour of your plans and your alarm. That way they can check on your property regularly and deal with any issues that may arise with an alarm."

Cr McMillan said not only did a continuous alarm make it obvious that no one was home, but it could cost owners money when they returned from holidays. Council has the authority to send in an alarm company to turn off



Councillor Mick Van de Vreede displays his musical talents at Rowville Community Centre - hear him perform at The Basin Music Festival 19-20 March.

an alarm that has been ringing for an extended period of time. The resident is then charged for that callout. "It's in everyone's best interests to keep this in mind when planning their holidays," Cr McMillan said.

Victoria's most expensive storm suburbs

With a very big risk of major summer storms, a leading insurance group have launched its Customer Response Team (CRT) to offer on-the-spot customer support after large scale weather catastrophes. The launch comes as claims data revealed a list of the Victoria top storm battered suburbs.

Victorian Deputy Premier and Minister for Police and Emergency Services Peter Ryan said, "The impact of a major natural disaster, including severe weather events, invariably causes enormous grief and disturbance to those families and businesses who are affected.

Jason McCracken, Executive General Manager, Personal Insurance Claims said the Suncorp Group recognised that the threat of severe weather events and other natural disasters demanded an innovative



Hailstorm Photo Courtesy Navaratne Herath

approach. "We know the devastating impact a major event can have on families and communities, and following a single event we may receive several hundred calls for help.

Even with our 24 hour claims hotline, many people may not be able to access a telephone to call us. Others may be so traumatised that they don't know where to start. The CRT means we can be on the spot, when we're needed most. They can operate independently in the field with mobile generators and communications technology, which means our customers can lodge their claims directly from the disaster area. This allows us to start working on their behalf without delay

According to figures supplied by AAMI, many Victoria suburbs have been battered by severe storms. Lysterfield tops the 2008-2010 claims list, with an average cost per insurance claim of \$17,540 more than \$2,000 above that of the next suburb. Belgrave South (\$13,646) and Upper Ferntree Gully (\$9,796) came in at 5th and 9th respectively.

Recent AAMI research shows that as far as weather events are concerned wind had created the most damage to Victorians respondents' homes (28%), closely followed by flood (26%) and falling trees (26%). Outside Victoria, wind accounted for 50% of storm damage to homes. Nationally, responses showed that wind (27%) caused the most damage, followed by flood water (23%) and hail (15%).

ROWVILLE COMMUNITY CENTRE



The Rowville Community Centre located in Fulham Road Rowville offers a variety of programs to all ages these include yoga, stretch and tone, 3 year old kinder, senior citizens and zumba to name just a few. The centre has rooms for hire on a once off or longer term basis and we are always interested in hearing from people wishing to run a new activity in our centre. If you would like to know more about the programs currently on offer or would like to chat about hiring a room then please contact the centre on 9763 7400 or email rcc@knox.vic.gov.au

Cake Decorators Association of Victoria Rowville Branch

The Rowville Branch of The Cake Decorators Association inc. was formed in August last year and had their Gala Opening on November 21st 2010, at the Turrumurra Drive, Rowville Scout Hall. In front of 87 attending guests with 4 Demonstrators showing new Decorating skills, the day was opened by President Velma Brown and Alan Tudge M.P. Everyone enjoyed a buffet lunch with lots of give-a-ways and a huge raffle before Santa came to visit.

Judy Shaw from the Rowville Salvation Army, was presented with lots of donated Christmas cakes, made by our members for distribution to the less fortunate.

This year we will be meeting on a bi-monthly basis and our workshops for 2011 will start on February 13th with a course on back to basics skills of cake decorating.

Thank you to all, who helped at the opening and a special mention to all those people who donated materials and their time to make our start a great success. Watch out for our marquee at the Knox Festival on the 5th & 6th March. For further information and enquiries phone Velma on 9763 8646 or Madeleine on 9870 5743 or email to cakie91@optusnet.com.au



ROWVILLE 16-18 Kingsley Place Rowville (Melway Ref 72 J10)

On January 29 the Rowville Salvation Army Worship and Mission Centre was officially opened and dedicated by Colonel Peter Walker, Chief Secretary for The Salvation Army Southern Territory. This was a very exciting occasion as the leaders and members of the church were joined by people from the community including local churches, businesses, politicians and friends. After many years of temporary accommodation, The Salvation Army in Rowville has a permanent home at 16-18 Kingsley Close, Rowville.

In the weeks leading up to Christmas we were privileged to be a part of the Knox Community Christmas Support project alongside other organizations in Knox, where our building was able to be the hub for donations and the preparation and distribution of hampers and toys to those in need in. With a permanent home now,



our hopes for the future are to establish stronger links in the community and offer support services which will empower people in times of difficulty. All of this stems from our desire to continue building a caring and nurturing faith community where people are loved and accepted for who they are no matter what their background..

We are also very excited to welcome Lieutenant Sarah Eldridge to our leadership team. Sarah joins us freshly Commissioned and Ordained from The Salvation Army Training College and will be a great asset to the Rowville Corps and community.

As always a warm invitation is extended to all to join us for worship on Sunday mornings at 10am followed by morning tea.

Rowville Uniting Church



9753 3495

office@rowville.unitingchurch.org.au

Another year has come and gone and we now have begun 2011. Already it is a year that is showing signs of providing many challenges and our heartfelt prayers are for the people of Queensland and other areas that have been affected by floods across Eastern Australia. Once again we are heartened by the generous response so often made by Australians as we show our support for other Australians doing it tough.

Rowville Uniting Church continues to meet for worship on Sunday's at 10am. Sunday School is available and people are welcome to stay and join in fellowship after the service. Our service is a blend of traditional and contemporary music with a message that aims to stimulate and speak to today's realities.

Rowville Uniting Church has completed its first year with Rev Trevor Bassett and we have enjoyed sharing

together over the Christmas period where many people came together to share the joy of the birth of Christ. We were also thrilled to have offered our Advent Workshop program which was well received and supported by the community.

This year we are looking forward to introducing a new program called "Toddler Gym". This program, supported by the Rowville Rotary Club and Knox City Council, will offer an environment of learning through play and other educational equipment. We hope to start this program early in 2011. It will be a low cost, pay as you go program that seeks to help in the development of children aged 1-5years. Please call our office for more information.

The Bridgewater Centre continues to offer low cost counselling with fully accredited Psychologist's. This is a service that does not require a medical referral or a mental health plan. Rowville Uniting Church has been supporting the Rowville community with this service for 15 years and is proud to be able to continue to do so in 2011.

We look forward to the year ahead and the assurance that God, who is faithful, is with us and all who seek to faithfully follow their Christian calling.

EMW ACCOUNTING SERVICES

- TAX RETURNS
- PAYROLL
- BOOKKEEPING
- BAS & IAS
- AFTER HOURS

Evette 0403 229 723

CONVEYANCING
Professional Property Transfers

- Low Fixed Price
- Service Guarantee
- Licensed conveyancer
- Indemnity Insured

Jenal Maiden CPC
9759 5880 or 0413 569 944

Lic No. 000404L

CPA ACCOUNTANT AND BOOKKEEPER

- Tax Returns—all types
- Business Financials
- GST/BAS Assistance
- MYOB Specialist

Call Simone Downie on 9755 6175 or 0412 647 878

STYLES GRAPHICS

WEB SITES
ILLUSTRATION
PRINT DESIGN

Carol Styles - 0414 378 237
carol@stylesgraphics.com.au
www.stylesgraphics.com.au

ASPHALT REQUIREMENTS

Driveways, Car Parks
Tennis Courts, Trenches

Ph: 9763 8453
Mobile: 0419 135 141

Woodcraft Cabinets P/L
Excellence in Design and Manufacture

Quality Wall Units, Kitchens, Vanities, Entertainment Units
For a Free Quote call Steve: 9701 3755

FACTORY DIRECT CURTAINS - BLINDS TRACKS & ACCESSORIES

Timber Venetians, PVC Venetians, Plantation Shutters, Verticals, Romans, Sunscreens, Rollers, Blockout, Aluminium Venetians, Awnings, Curtains, Tracks.

PERFECTONE CO P/L
Factory 2/3 Neutron Pl
(Turn left at Metro Comm - Mel 73 B9)
Rowville 9764 2019
www.perfectone.com.au

CPA Accountant Registered Tax Agent

TEO PARTNERS

- Tax Returns - All Entities
- Business, Rental Property, Share, Negative Gearing, Capital Gain, GST & others
- Tax & Financial Planning

Call 9763 8989

LAWYER

- FAMILY LAW
- CONVEYANCING
- COMMERCIAL LAW
- WILLS & PROBATE
- POWER of ATTORNEY

MAHLOKO-BOARDMAN'S
Ph: 9758 8566
COST EFFECTIVE SERVICE

Cuff Plumbing Service

was Lakesfield Plumbing
24 Hours 7 Days

Ph: 9752 8639 or 0418 358 475

SALES / SERVICE INSTALLATION AND REPAIRS

ALARM SYSTEMS INTERCOMS DUCTED VACUUMS

STEVE 0412 353 770

ACTON ELECTRONICS PTY LTD - EST. 1989

FIRE EXTINGUISHERS and BLANKETS

best prices

Firefighter Rob
9795 0191

ALL QUALITY KITCHENS

- Kitchen Cabinets
- TV and Wall Units
- Entertainment Units
- Bathroom/Vanity Units

Call Carmelo on 0414 351 511 or 9755 8269

ROWVILLE LOCKSMITHS

- Installed
- LOCKS
- Opened
- Rekeyed

Domestic • Commercial Access Control
9764 5055
Member Master Locksmith Assoc.

CONVEYANCING
BUYING OR SELLING PROPERTY IN VICTORIA?

SUPERIOR CONVEYANCING

MARIA CORICA - A LICENSED CONVEYANCER & MEMBER AIC (VIC)
Licence 000307L
9759 5000 or 0419 396 146
Insured for Civil Liability

PRECISION POOL & SPA SERVICE

- SALES / SERVICE
- MAINTENANCE
- REPAIRS to:- Pump, Filter, Blower, Control Box, Heating

Rowville: 9701 1793
Mob: Nick 0429 896 911

CARPENTER

DECKS PERGOLAS
VERANDAHS GATES
FENCING CARPORTS

General carpentry works & all your home maintenance needs.
NO JOB TOO SMALL

Rod 0418 540 437
9763 3533

TREE & STUMP REMOVAL

- Reasonable Rates
- Free Quotation
- Public Liability

Also Trim/Shape Trees
Call John on 9763 2873 or Mob: 0425 740 081

Chris Smith's Landscaping & Garden Maintenance

All aspects of Landscaping
Garden Clean ups
Lawn mowing
Slashing

Call Chris 0414 752 762
csmiths1@bigpond.com
Public Liability Insurance
Free Quotes

ALL GATES & PICKET FENCING

Driveway & Single Gates
Lattice Work & Dog Runs
Photo Selection
Repair & Insurance Work

Phone: 9758 9457
Mobile: 0411 302 228

Blackman's Garden Care

All Garden Maintenance
Lawn Mowing
Rubbish Removal
Free Quotes

Call Matt 0404 077 063 or (AH) 8790 3636

EASTERN STRUT RECHARGE

- Bonnet Struts
- Tailgate Struts Regassed/Replaced
- On Site Service

Based in Rowville
0407 510 185

POWER LINK ELECTRICS
R.E.C. 16394

- Domestic
- Commercial
- Industrial
- Electrical
- Data / Voice

Victor 0400 756 664

ELEGANT PAINTING

- Interior/Exterior
- Free Quote
- No job too small

Call Ash on 0421 349 754
MPA MEMBER

PAINTER

Residential - Commercial
New Work - Repaints
Experienced - Reliable
Work Guaranteed
Free Quotes

Call Peter Press on
Mobile: 0418 302 535

Lijun's House cleaning

- Vacuum cleaning
- Bathroom/toilet
- Patio • Window
- Kitchen; cooker; oven
- Dusting • Ironing

John or Lijun: 9778 6329
Rowville and vicinity.
police check clear.
Fee \$19.00 P.H.

Hair 4 Hounds Dog Grooming Service

For all your Grooming Needs

- Grooming
- Clipping
- Nails
- Hydro Bath
- Flea Rinse

53 Crusoe Drive, Lysterfield
For appointments call Nicky 9752 7017 or 0419 539 480

DJ Tones

Professional experienced DJ

- Weddings
- Engagements
- 21's
- Corporate Events
- Parties

** All Music **
Ph: Tony 0417 869 736

PK COMPUTER SERVICES

Onsite Desktop and Notebook Service, Repairs and Upgrades
Same day response time
Experienced Technicians
NO FIX - NO CHARGE
FREE PICKUP/DELIVERY
FREE QUOTE

9753 2799
0417 322 312
pkcomputers@bigpond.com

AFFORDABLE WEBSITES

Professional & Effective
Quality Web Design

sue@justasksue.com.au
www.justasksue.com.au
0419 891 113

MINUTEMAN PRESS KNOX
We Come to You! Free Pickup & Delivery.

Special Rates for Local Clubs, Groups & Schools

Call us for a Free Quote
Ph: 9763 3366
Unit 10 - 7-11 Rocco Dve. Scoresby 3179

KNOXVILLE GLASS

GLASS BREAKAGE REPLACEMENT
ALL HOUSEHOLD REPAIRS, MIRRORS & TABLE TOPS, GLASS CUT TO SIZE.

9764 8867

PriceWiSe Carpet Cleaning

- Carpet Repairs & Re-Stretching
- Upholstery Cleaning

Personal & Reliable Service
Allan 0412 413 330
9778 9464

LEEP TENNIS ACADEMY

EILDON PARK TENNIS CLUB - ROWVILLE

Coaching available for Beginners to Advanced
ALL WELCOME
Contact Lee on 0419 396 479

LIVE HEALTHY

HIGH CHOLESTEROL?
HIGH BODY FAT?
SLUGGISH LIVER OR KIDNEY?

Solution: Jenny
0401 542 955

HOPEWELL COMPUTERS

- PC Upgrades & Sales
- Internet Setup & Training
- On-Site Service

PC REPAIRS

24 Hours/7 Days
ROWVILLE & ALL AREAS

Mobile: 0412 364 763
Phone & Fax: 9752 9290

WCT COMPUTERS

PC Repairs & Upgrades
Virus Removal & Protection
Internet & Network Setup
Maintenance & Training

9759 7658
0404 836 480
149 Karoo Road, Rowville
Servicing homes & businesses since 1992

COMPUTER HELP

- Virus/Spyware removal
- Hardware/software troubleshooting
- On-site service

Mobile: 0410 657 329
Tel: 9763 5992

Computer Troubleshooters

Start a greeting card business From \$99

Flexible, family friendly, financially rewarding & fun.
www.phoenixtrading.com.au

For a FREE Information Pack
Phone Helen van Kollenburg on (03) 9801 7976 or 0414 497402
Independent Phoenix Trader AU-12093.

KUMON

It's *how* you learn

Kumon Rowville Education Centre
Maths & English Classes
Held at the Rowville Community Centre

Tel: 0419 105 174
A/H: 9563 0078

PLEASE Driver Training

Get quick results with a qualified Paramedic, who teaches and assesses emergency driving skills with a goal of getting you from **A** to **B** safely!

Mark Wingfield
Phone: 9759 7614
Mobile: 0402 425 107

PILATES
Wed 9.15am & 6.15pm
Bookings essential

BOXING
Wed 7.30pm
Classes held at Rowville Community Centre
Call Lisa on 59 686 329
Rowville Group Fitness

Techwiz Consulting

Onsite Computer Services

Sales & Service
Troubleshooting
Networking & Internet
Free Quotes

Ph/Fax 9837 5823
Mobile: 0416 135 328

Be-Stitched Alterations

Quality garment repairs for men, women and children of all ages

28 Pia Drive, Rowville
Tel: 9755 7037
Mob: 0421 272 957

Graceful Life Pty Ltd
Healing & Learning Centre

- Holistic Counselling
- Meditation Classes
- Ear Candling

Holistic Quit Smoking Course
Phone: 0419 877 848
www.graceful-life.com.au

Lula's Studio
QUALIFIED LADIES/MENS/ KIDS HAIRDRESSING incl's, Colour, Tips, Foils, Perms, Hair up, also Waxing, Eyebrow/Lash Tinting, Keratin treatment 20% off

Trading: Tuesday to Saturday
Lula 9752 9092
248 Karoo Road, Rowville
www.lulahairstudio.com

ROWVILLE HAIR BEAUTY STUDIO

Stocking 'Kuene' professional products and 'Headlines' clip-on extensions

Specialising in Cuts; Colour; Formal Styling; Waxing; Spray Tanning; Eyelash/brow Tinting

9755 5636
7 GEARON AVE ROWVILLE

HAIR by HOPE
LADIES & MENS HAIRDRESSING

81 LIBERTY AVE. ROWVILLE
Phone 9755 6552
Cuts, Colours, Foils, Tips, Blow-waving, Perms, Hair Up, Waxing, Eyebrow & Eyelash Tinting.

MEDITATION Classes

Relax and ENJOY!!!
Connect with like minded people.

0419 891 113
www.soul-empowerment.com

Gardens for Wildlife is a free Knox Council program in partnership with the Knox Environment Society (KES). It encourages you to set aside an area in your garden for local wildlife. This can be done by providing habitat planted with locally indigenous, Australian native or suitable exotic species.

To join or learn more about Gardens for Wildlife, go to www.knox.vic.gov.au or phone 9298 8000



LSD Space To Let

- \$99.00 - 6 mths
- \$154.00 - 1 yr

Payment in Advance
(Incl. Setup & GST)

Email: rlcndave@vicnet.net.au

on-time bookkeeping

MYOB software
Registered BAS Agent
Ph: Alyssa 0425 751 855



Knox's most awarded office

**Don't trust the sale of your most valuable asset to just anyone ...
Call the agency with a proven track record & an intimate knowledge of
your area.**

***Buying, Selling
or Renting***

9753 2828

**150 Kelletts Road, Rowville
www.barryplant.com.au/rowville**



GST & Tax Reform Advice

Business Planning & Development

**Business, Corporate & Individual
Tax and Accounting Services**

Investment & Wealth Creation Planning

Superannuation & Retirement Planning

**Suite 16, 150 Kelletts Road
Rowville, Victoria 3178**

Telephone: (03) 9764 2244

Facsimile: (03) 9763 8510

Email: info@barryhayes.com.au



**MACKINNON JACOBS HORTON & IRVING
Lawyers**

**pure excellence in . . .
. . . family law matters**

- Care Arrangements for Children
- Asset Division
- Divorce
- Spousal Maintenance
- Superannuation Issues
- Court Representation
- Advice by Accredited Specialist in Family Law



Phone: 1300 424 452

Offices in Boronia, Rowville & CBD

rowville.com.au

***Visit your new community
website for local businesses
and community services in
Rowville and Lysterfield.***

Bookmark the site today to ensure
local events and business listings
are just a tap on the keyboard away,
subscribe to our monthly community
e-newsletter and advise us of any
upcoming community events.

We would love to hear from you!

**rowville.com.au
...your suburb your website!**

