



ROWVILLE-LYSTERFIELD

COMMUNITY NEWS

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LYSTERFIELD COMMUNITY NEWS INC.

FREE

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**Saturday 15
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10am – 5pm

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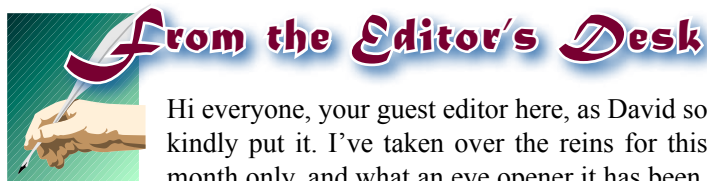
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Hi everyone, your guest editor here, as David so kindly put it. I've taken over the reins for this month only, and what an eye opener it has been.

Having done a short stint as editor before I was well aware of what goes on putting the paper together however, it is now apparent to me how David has over the past two years built the news up, involved more community groups than ever before, and introduced a greater youth element as well as keeping many of the established history articles. David had kindly put in place many parts of the paper before he left on a well earned trip. I hope he comes back well rested and ready to go again.

Last months centre piece was a great reflection of where the paper has been to where it is now. Thanks to everyone who has been involved over the past 30 years.

Congratulations to Sarah- Jane Lenko of Rowville who is the winner of our name the three Rowville Lakes contest. There were many entries with the right answer which was very pleasing and only one without a name and address. Of course the correct answers were Cogley, Hill and Sutton lakes. Sarah-Jane will receive a \$50 gift voucher, well done.

I also need to mention our token competition. Last month there was a red token to collect, this month it will be a blue token, find this and the next two months tokens and you could win a \$50 gift voucher as well. See the competition details inside.

And finally, I want to mention our Annual General Meeting. It was reported as being held on Tuesday the 17th November, this was a bit of a mistake as the 17th is Thursday but we have had to move it again and will now hold it on Friday 18th November at the Rowville Community House (at the Rowville Community Centre) at 8pm. We are always looking for new people to be involved so if you have a bit of time on your hands, come along and put your hand up to join us.

Rob James
(Guest Editor)

Rowville Lysterfield Community News Inc Annual General Meeting

The AGM for the Rowville Lysterfield Community News will now be held on Friday 18th November at 8.00 pm at the Rowville Community House at the Rowville Community Centre in Fulham Road, Rowville. Our meetings are kept to a minimum, so it won't be a late night. Come along and bring a friend.

DEADLINES November 2011 EDITORIAL & ADVERTISEMENTS Wednesday, 13 October

Articles, News or Letters to the Editor
rlcnews@vicnet.net.au or Fax: 9763 3157
Or drop off /post to RLC News, c/- Community
Centre, Fulham Road, Rowville 3178.

PHOTOS – email separately to:
john@malleebull.com

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DISTRIBUTION
Saturday, 29 October 2011

What's On
Locally

October 2011



Sponsored by:
Lions Club
of Rowville

DIRECTORY

Apex Club Meet on the 2nd & 4th Tuesdays each month.

AfCFellowship English services 10am (simultaneous kids R.O.C.K. programme) and 5.30pm every Sunday. Indonesian: 10am every Sunday. Mandarin: 1:30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms).

Baptist Church Services every Sunday 10am and Youths 7pm. 'Flying Solo' a single Mums support group every Wednesday, details 9759 6642 Playgroups - Tue, Thur & Fri mornings during school terms.

CFA Juniors Meet every Thursday 7pm.

Cake Decorators Asscn Bi-monthly 2nd Sunday Oct. and Dec. 10am-3pm (watch for extra meetings) Scout Hall, Turramurra Drive Contact 9763 8646

1st Rowville Scout Group

Scouts (11-14years)

Yarra Troop - every Monday 7.30pm

Strzelecki Troop - every Thursday 7.45pm

Cubs (7-10.5 years)

Emu Pack every - Tuesday 7.00pm

Kangaroo Pack - every Wednesday 7.00pm

Joey Mob (6-7.5 years) - every Thursday 6.30pm

Venturers (14-17.5 years) every Friday 7.30pm

Fruitful Vine Church Services every Sunday 10am.

Growville Growers 1st Friday each month 2pm at Library.

Knox & District Over 50s Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

Knox Home Garden Club Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus.

Knox Safer Community Meet 1st Tuesday each month at Knox Police Station. Contact L S/C Lee Thomson 9881 7948

Life Activities Club Regular Activities. Call Melva 9762 3764

Lions Club Meet 2nd & 4th Wednesday - 7pm for 7.30pm at Knox Tavern. Transport & meal available Robert: 9752 2785

Little Athletics For training & event days: 9763 1404.

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays & Wednesdays 9.30am Kristin 9754 4318 Parents Coffee Morning - Fridays 10am Wendy 0425 805 918

Probus Club Meet 1st Tues each month (except Jan & Nov) 10am.

RAFT Anglican Church Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. **New Vogue dance:** Stay supple, limbering up to music every Tuesday 7.30pm. All welcome. Contact Anthea Prins/Arleen Jones 9801 3509; Hannah Boey 9764 3673.

Red Cross Rowville Meet 3rd Wed. each month 10am. Libby 9755 8010

Ritzzy Rozellas (Red Hat Society) For all events contact Kerry 9764 4717

Rotary Club Meet every Tuesday at the Baton Rouge Quality Inn at 7pm

Rowville Seniors Meet Wednesdays and Fridays 1pm to 3.30pm at Community Centre

Salvation Army Services every Sunday 10am

Shooting The Breeze Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

St Simon's Parish Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am

Timbertop Golf Club Saturday Ladies Competition Tirhatuan Lakes Muriel: 0427 585 575

Toastmasters Meet 2nd & 4th Tuesday each month 7.15pm at RAFT Church, contact Sheree: rowvilletoastrasters@gmail.com

TOWN Club Meet Wednesdays 9.30am at Uniting Church

Uniting Church Services Sunday at 10am. KUCA (Primary Children) Fridays 12.30pm LINK Thursdays 10am. Toddler Gym Friday 9.30-10.30 & 11am-Noon (during School terms)

October Events Bridges Connecting Communities
Paws for a Cause Dog Walk on Sunday 9 October 2011 Nortons Park, Nortons Lane, Wantirna South, Melway Ref 72A2 Registration from 10 am Walk starts 11am Competitions judged and awarded at 1.00pm

Calendar of Events October 2011

1 Oct	AFL Grand Final
1 – 8 Oct	RSPCA Awareness Week www.rspca.org.au
1 – 9 Oct	Melbourne Fringe Festival www.melbournefringe.com.au
1 – 12 Oct	Tesselaar Tulip Festival www.tulipfestival.com.au
1 Oct – 31 Oct	Wildlife Awareness Month www.wildlifevictoria.org.au
2 Oct	Daylight Savings start
2 Oct	NRL Grand Final
4 – 11 Oct	Amputee Awareness Week www.limbs4life.com/
6 – 23 Oct	Melbourne Festival www.melbournefestival.com.au
7 Oct	R U OK ? Day www.ruokday.com.au
8 Oct – 15 Oct	Knox Seniors Festival www.knox.vic.gov.au
9 Oct	Melbourne Marathon www.melbournemarathon.com.au
9 – 16 Oct	Down Syndrome Awareness Week www.dsav.asn.au
10 – 15 Oct	World Haemophilia day www.haemophilia.org.au
10 – 16 Oct	Week Without Violence www.ywca.net
12 Oct	Ride to Work Day www.bv.com.au/ride-to-work
15 Oct – 16 Oct	Stringybark Festival www.knox.vic.gov.au
16 Oct	Around the Bay in a Day
16 – 22 Oct	National Water Week www.nationalwaterweek.org.au
16 – 22 Oct	National Nutrition Week www.nutritionaustralia.org
16 – 22 Oct	Carers Week www.carersvictoria.org.au
16 – 31 Oct	Celebrating 150th Melb. Cup www.slv.vic.gov.au/event
17 – 23 Oct	Sock it to Suicide week www.whitewreath.com/id124
21 Oct	Mornington Festival www.mainstreetfestival.com.au
21 Oct	Loud Shirt Day www.loudshirtday.com.au
24 Oct	Pink Ribbon Day www.pinkribbonday.com.au
24 – 31 Oct	Children's Week www.childrensweek.org.au
28 Oct	National Bandanna Day bandannaday.com.au

If you would like to add your club, organisation or association to the 'Directory' or 'This Month' free listing, please contact the editor 9763 3157.

ROWVILLE WALKING THE NEWS Distributors' Report

Welcome to new distributors –

Helga Carter and Bettina Abbott

Thank You – Christine and Barry Mitchell for looking after Area 2's papers for the months of September and October and to Les Pach for taking on extra distribution.

Voluntary Positions

Can You or Do You know someone who can be a distributor in the following areas?

KNOX SAFER COMMUNITY GROUP



If you call 000,
who comes?

Have you ever wondered what goes on behind the scenes when you call 000?

Nearly every day we see news reports of some life-saving feat performed by the emergency services. We come to expect it. Victorians are privileged to have the resources of a vast array of skilled professionals and volunteers.

Now there's an opportunity to meet the people behind the 000 service.

Knox Community Safety Expo

When: **Sunday 9 October, 11.am to 4.00pm**

Where: **Melbourne Street, Knox City** (the main street with the traffic lights that divides the shopping centre from Knox Ozone)

Victoria Police, SES, CFA, Knox City Council and Neighbourhood Watch will all be there with displays of vehicles, demonstrations of how they work, information about recruiting and photo opportunities for the kids.

Come and talk to the people who do it. Learn more about the emergency services and crime prevention personnel. You will find out ways to help reduce crime, violence, injuries and emergencies. You may also be inspired to join up, either as a paid professional or a volunteer, to work with some of the most skilled and generous people in our community.

For more information see websites

http://www.police.vic.gov.au/content.asp?Document_ID=33070

www.knoxsafercommunity.com.au

Contacts: Sergeant Ken Hawke 9881 7001

L/S Constable Lee Thomson 9881 7948 (Co-ordinator: Knox Safer Community/ Neighbourhood Watch)

- Kilcatten Rise, Tessie Pl, Beggs Pl, Ruby Cl, Heany Park Rd (south of 73 and 88)
- Trevena Close, Gath Court, Karoo Road (right side Kelletts Rd to Creek)
- Wedge Cr, Karoo Road (left side Kelletts Rd to Creek)
- Karoo Rd (Nos. 255 to 287 - West side - opposite Bonaparte Pl to Napoleon Rd), Bonaparte Pl, Elba Cl, Crimea Cl
- Karoo Rd (to Bonaparte), Bonaparte Pl, Elba Cl, Crimea Cl, Murrindal Dr (South to Karoo).

Please contact – Ian Richards – 9763 9260

2 x Area Contact Person (ACP) who liaises between the distributors and the Distribution Co-ordinator

2 x Captains & Counters who count out the papers and delivers them to the distributors.

1. The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road.
2. The area bordered by – Lakeview Ave, Waradgery Dve & Stud Rd

Please contact – Peter Rumble – 9752 7592

Peter Rumble - 9752 7592 - Distribution Co-ordinator

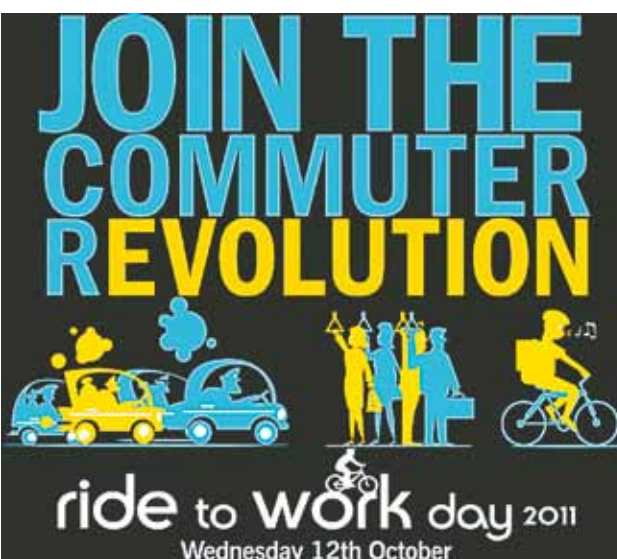
Attention All Students... Win Win Win!

This is your chance to win a \$50 shopping voucher for Christmas. The competition is open to all Primary and Secondary students living in Rowville or Lysterfield.

The RLCN has hidden in this issue of the paper a Blue token. In the next Two issues there will be a different coloured token for you to find.

Collect all four coloured tokens and send or take them, in a sealed envelope, to RLCN Tokens, Rowville Community Centre, Fulham Road, Rowville. Don't forget to include your name and address so that we can contact the winners.

The closing date for your entry is December 12th 2011. One entry per person, but a family can enter as many as they like provided each entry has the tokens and is for a different family member. The first two envelopes picked with all the tokens inside will win the vouchers.



ROWVILLE PICTURE FRAMING

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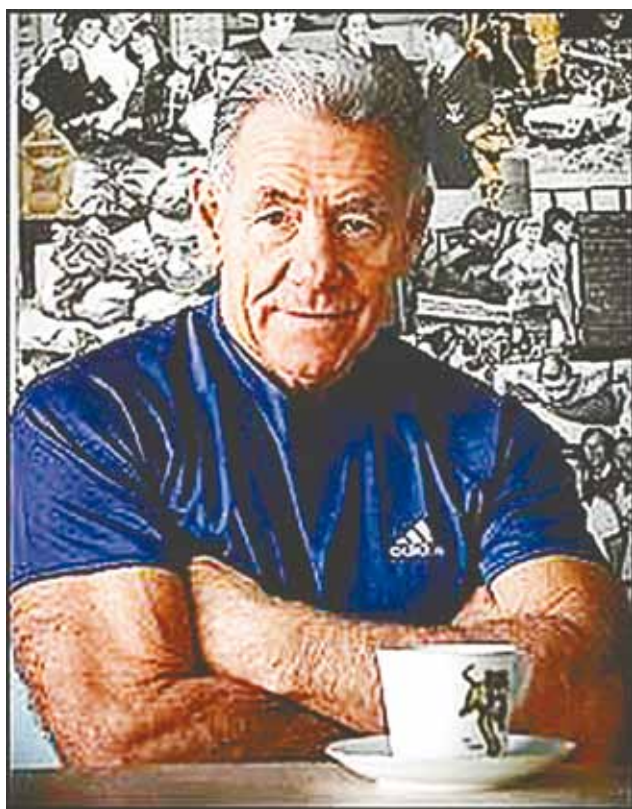
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www.rowvilleframing.com.au



Rotary Club of Rowville-Lysterfield

Tommy Hafey Comes to Rowville



The Rotary Club of Rowville Lysterfield is proud to announce that the legendary AFL coach and motivational speaker Tom Hafey will be visiting Rowville to speak at our Clubs 5th business breakfast.

Tom Hafey has coached 4 AFL teams – Richmond, Collingwood, Geelong and the Sydney Swans and is regarded as one of the Super Coaches of the AFL coaching over 500 VFL/AFL games resulting in ten Grand Finals, four premierships and a tied Grand Final. He motivated Collingwood from the bottom of the ladder to several Grand Final appearances. Within three years he took the Sydney Swans from second bottom, to second top, and

experienced a 70% win record. Tom has never been beaten as coach of the Victorian State Teams and 15 players coached by Hafey have

become AFL Coaches.

Over 25 years, Tommy Hafey has motivated thousands of individuals to far greater levels of personal performance. His reputation for developing sporting teams is legendary. His ability to enhance the activities of commercial teams through improved psychological performance, improved team spirit, greater dedication and creative leadership is second to none.

Tommy's presentations will prove to be highly motivational and laced with humor.

Our club is passionate about raising funds to provide aid to causes dear to our hearts with the proceeds of this business breakfast directed towards international and local causes 'Polio Plus' to help make the world polio free, 'Walk For Life' and 'Evolve'.

Walk for Life:

Every year in Bangladesh an estimated 5000 children are born with a clubfoot deformity. 'Walk For Life' has a target that by December 2012, all children born with this deformity in Bangladesh have the opportunity for treatment before reaching their second birthday.

Evolve:

Evolve is an Australian not-for-profit organization based in Melbourne, empowering disadvantaged and at-risk youth to make changes today for a positive tomorrow.

The business breakfast will be held on Thursday 20th October, 2011 from 7.00am – 8.45am at the Kingston Links Golf Course Function Centre, Corporate Avenue, Rowville. Tickets are only \$50.00 per person and include a full breakfast. The morning will also include a Memorabilia Auction. Please call Steve Macdonald on 0418580651 for individual or group bookings. Be quick!

See the What's On Locally section for further details of where and when Rotary meets. If you would like to visit the Rotary Club of Rowville-Lysterfield one night or become a member please call Anthony Johnson on 0412 586 283 or Jeff Somers on 0413 150 587 or email jjsomers@ozemail.com.au.

Australian Red Cross Rowville Unit

The Philippines is considered one of the most disaster prone countries in Asia. Philippines Red Cross regularly witnesses the devastating impact events such as typhoons, landslides, floods, earthquakes, tsunamis and volcanoes have on communities and want to ensure that locals are more prepared and resilient to these disasters. Australian Red Cross has supported the Philippines through numerous emergencies and recoveries and as a result have made steps to strengthen our Red Cross partners' resources, including disaster preparedness.

In light of the recent announcement by the Philippines Government to include disaster preparedness in the school curriculum, Australian Red Cross and the Philippines Red Cross are now working together to develop a range of tools that teachers and children can use to help them get prepared and be ready for whatever disaster may be just round the corner.

On a visit to Australia the Philippines Red Cross Secretary General saw the Australian Red Cross children's publication "Get Ready" and felt this could be adapted for use by children in the Philippines. "Students spend most of their day in schools so they should know what to do should a disaster strike. With the "Get Ready" book as a useful resource we hope the children can also pass on what they have learned to their families, friends and neighbours," said the Philippines Red Cross Secretary General.

Rowville members wish to pass on a big "thank you" to all who supported our Devonshire Tea Fund Raising effort held at Peppertree Hill Village in September. The generosity of all was very much appreciated, resulting in increased Red Cross funds.

Rowville Unit meets on the third Wednesday of each month. We are always keen to greet new members and if interested please call Joan on 9764 4611.



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Art Show

Plans for our 15th Art Show are well advanced, and all groups are working hard towards exhibits for the show on October 8th and 9th Show (10 a.m. to 4 p.m. daily) at Parkhills, Park Boulevard F.T.G.

This year the Bendigo Bank Prize for Best Exhibit (\$1000) is a big attraction. Entry forms are available from the website www.u3aknox.com.au (Annual Art Show) and entries close October 3rd for Catalogue entries. Late entries (ex catalogue) can be lodged up to Wednesday 5th. All entries are eligible for the big prize, including the Photography section entries, and there are very good prizes in all categories, plus the Knox Environment Society prize for Landscape, and special prizes in Creative Craft, Photography, Water Colour and Pastel sections.

A big attraction on the Saturday will be the Outside Broadcast from the grounds by Eastern F.M. 98.1.



Community Noticeboard

supported by Cr Mick Van de Vreede - Knox City Council, Tirhatuan Ward

Enhancing the great sense of community and liveability in the Rowville-Lysterfield area is important to me. Not-for-profit community organisations are integral to a healthy, vibrant and cohesive community and I feel it is imperative that these groups are able to effectively communicate what they have to offer. This free community information-sharing page is my way of helping our terrific, not-for-profit groups to do just that. Please contact the editor of the RLCN for more on this offer. I would like to thank those of you who give up your time to help build a better community. I would particularly like to thank the RLCN for their contribution to our community as well.

As an extra this year, U3A Knox is also running an Open Afternoon, also as part of Seniors Week in Knox, on 13th October (Thursday) 1.30 p.m. to 4 p.m. This includes some classes in operation, opportunity to talk to some tutors, Devonshire Tea, and a film (Andre Rieu in My African Dream). All free.

U3A Knox has now started a tennis group in Rowville, retirees are welcome to play social tennis in a friendly manner. Tuesdays 9.30 for 2 hours. For 2011 no court hire fees apply, only \$10.00 for term 4, U3A membership. In 2012 we will have some exciting new courses that will be held in Rowville. (2Psychology courses are among those planned) Enrolment and membership applications will be taken on 3rd October from 9.30 a.m. to 11 a.m. at Parkhills, Park Boulevard, Ferntree Gully, Phone 97522737 or see our website www.u3aknox.com.au

Kath Brown



Preparing for the show...



The Lions Club of Rowville always looks forward to the arrival of October because it brings with it the Stringybark Festival. In spite of the weather not always being kind to us, this is one of our major fundraisers each year and it is almost with bated

breath that we count the takings at the end of the weekend. It also gives us the opportunity of chatting with members of the public which sometimes alerts us about someone in the Knox area who is in need of assistance. As the money raised helps us to provide that assistance, we are very grateful to everyone who supports us by buying sno-cones over the course of the weekend.

Chatting to the public also lets them see that we are a bunch of friendly people who really enjoy what we do. Anyone who thinks they might like to be part of this enthusiastic club only has to ring our Membership Chairman Roger on 9752 7066 or 0428 105 121 and he will be very pleased to assist with any queries.

Cake Decorators Association

On Sunday, October 9th-We are holding our workshop, on roses and carnations for beginners and Hot Chili Peppers and their flowers for advanced, Demonstrators are Jan Longley and Velma Brown, at the Rowville Scout Hall Turramurra Dr. Rowville. BYO lunch.



Don't forget our Christmas Cake in a Day, it will be held on Sunday- November 13th and 20th \$65 all inclusive, We are taking bookings now as this is filling very quickly.

New and non members are most welcome. At our last workshop members took home some lovely plaques for Fathers Day. All Workshops are Held on a Sunday 10 am-3 pm

For Bookings and Info. Ph -Velma 9763 8646 or Madeleine 9870 5743

Cake Decorators Association of Victoria



Knox Senior Bowls Carnival and Games Day is being held at the Rowville Community Centre on Wednesday the 12th October between 10.30am and 3.30 pm.

Toastmasters



Graduating soon? Your communication skills could be the key to realising your potential!

It's not always easy to get that first career making job. With so many students who are equally qualified, applying for the same jobs as you, what will distinguish you from the crowd? Putting it simply - your communication skills! Employers look for communication skills in prospective employees.

Good communication and leadership skills are qualities that are highly regarded by employers. Employers often lament that graduates lack skills in this area. This offers astute graduates an opportunity to differentiate themselves from their peers. So if you are nearing graduation and looking to secure that dream job, you need to think about gaining and improving on these skills. They will, without doubt, increase your chances of getting to where you want in your career and in life.

How well can you get your message across? Do you



project confidence at interviews? How practised are you at answering the type of 'out of the blue' questions that employers love to ask? These are all areas where Toastmasters can help you.

The best way to improve on your skills is to practise. All practice helps, but if you follow a proven program and practise within a group who offers you support, encouragement and feedback, it will improve your confidence and develop your abilities. Toastmasters, as

a not for profit organisation, has more than eighty five years experience in doing just that. In fact, the original purpose of the club, when it started in 1924, was to train and help young people in the art of public speaking and presiding over meetings.

And, it's not just about communication skills, Toastmasters is actually a leadership program. Leadership skills and good communication go hand in hand.

Toastmasters' offers you the opportunity to benefit by discovering communication skills you already have and improving on them. You will engage with members who are happy to guide, mentor and support you. Rowville Toastmasters is all about encouragement and speaking among friends.

You deserve recognition for all your academic efforts, so don't let your communication skills let you down. Come along as a visitor to one of our meetings and see what you think.

For further information, contact Sheree at contact@rowvilletoastmasters.org.au

Where: RAFT Church, Cnr Taylors Lane and Kelletts Rd, Rowville (Melways 73 B11)

When: 7:15pm for 7:30pm start on the 2nd and 4th Tuesday of every month



Recently, I was discussing with our daughter a series of photographs of a colourful lizard she took in India, where she lives. She is a very good photographer and they were all nice photos from several angles and distances, including close-up shots.

She wanted to enter one in a photographic competition and wondered which would be most suitable. She favoured one where most of the lizard was seen but the end of the tail was missing, while I favoured a close-up shot of the head of the lizard.

My question to her was – what are you trying to convey as the main centre of interest in the photo? Is it the beauty of the “whole” lizard, in which case you should try to include “all” the animal and not have feet or tail chopped off? Or is your objective to show a particular aspect of the lizard such as its beautiful and colourful head and shoulders?

She decided it was the head and entered it in the competition and won an award. In fact, that photo, as shown, beat my animal photo in that same section!!

HINT: Decide which feature you want to convey in a photo and concentrate on that. If it is the whole animal,



A close-up of a lovely lizard to highlight the beauty and colour of its facial and shoulder features.

person or whatever, generally try to include ALL of the subject. Otherwise focus on the main feature to show you have purposely eliminated the rest of the subject and not “chopped it off”.



It's hard to work out where this year went to – isn't it? Here we are in the throes of the Spring racing carnival (racing towards Christmas) and some of us haven't had a lot of social life recently. Well, Knox Over50s are a very social group and visitors are most welcome to come along to our next General Meeting on Tuesday, 25th October.

You can get to know us and listen to our guest speaker, Peter Bishop from Ronald Mac House. Perhaps, at this meeting, you might also look at joining us for our Cup Day celebration on Tuesday, 1st November.

We always hold our general meetings in the Boronia Progress Hall at 1.30 pm on the fourth Tuesday of each month. With “business” taken care of in less than 30 minutes, we then partake of refreshments and settle down to listen to our guest speaker of the month - always an entertaining and educational experience.

Each month we offer a wonderful choice of social activities, such as bus trips, lunches, book clubs, movies, morning teas, etc. As a financial member of the Over50s, you would be welcome to participate in any or all of these events.

Our monthly newsletter “Knox Natters Matter” will keep you up to date on all that's happening.

Contact Stuart on 9763 8756 for any further information.



This is our birthday month, and we can happily announce that this club has continued for 24 years, with members enjoying the many activities on offer.

Dine-out has lapsed, but in the meantime, our Cinema



Life Activities Club Knox

group meet at 3:30pm, then after the film, which is usually around 6pm, we go local for a meal, and if you would like to, join us there. Our future “Dine-Out” convener will receive all the help necessary to organise this monthly event.

Sunday Picnics are becoming more popular, and a very relaxing way to socialise. (No egg and spoon races, etc.?) We'll probably play Bocce though, and most likely take a walk.

A bus trip to Mt. Macedon to explore 2 beautiful gardens is coming up, another chance to meet new members.

So much for us to enjoy, i.e. Senior's week, followed by Knox Council Senior's week, and then the Stringybark Festival!, and then our club walks, luncheons, badminton,

social board games, cards, i.e Canasta, Bolivia and “500”, painting, etc. etc.

All of these activities help to keep our brain cells alive, and with walks, badminton, water aerobics, our balance and fitness receive a work-out too! Whoever suggested that being older means resting? No such luck!! “Move it or lose it”, and “Use it or lose it”! We just need to keep moving, and you are very welcome to move it with us.

We'll happily post our current newsletter, and maybe for \$20.00, you can join us as a full member.

Knox is our name, but anywhere and everywhere is our aim: Melva 9762 3764 or Helen 9729 1151

Rowville Senior Citizens

Recently the Rowville Seniors held their AGM at the Rowville Community Centre where a good turn up saw the election of Mrs Ena Thompson as our new President, Olive Wingrave – Vice President, Margaret Smith as Secretary and Sandra Goodwin as Treasurer as well as eight members elected to the committee. Congratulations and thank you to all that attended.

On Monday 12th September the club enjoyed a visit to the Imax theatre followed by the Melbourne Museum where we all had a wonderful and educating time, it was then off to the Burvale Hotel where we tucked into a glorious lunch, with a few amusing anecdotes of the days adventures before heading home. Great day, great company.

If you have got some spare time come along to the Rowville Community Centre on Wednesday the 12th October where the Knox Senior Bowls Carnival and Games Day is being held between 10.30am and 3.30 pm, we hope to have 16 teams participating. It should be an entertaining day.

Two days later, on Friday the 14th October, the club is going to Lynbrook Hotel for lunch, we would normally be at the community centre but it will be unavailable due



to the Stringybark Festival, another worthwhile activity.

The Rowville Seniors recently made a donation of two sets of Indoor Bowls to the Bayswater Bowls Club to help with their junior program and teach young people how to play the game. We look forward to seeing the outcome of their program.

Anyone interested in joining the Seniors Club can do so by contacting either Ena on ph: 9764 9380 or Margaret on 9755 7542

Margaret Smith - Secretary

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MEMORY LA

From the Archives

1981

There was concern about the survival of the once very common Grey Crowned Babbler as their numbers around Lysterfield lake were in huge decline. What is the situation today? Levili Golding, a grade 5 student at Rowville primary School wrote about a visit to the Royal Melbourne Show. How many times have you been since Levili and was the first the best? Rowville Football Club won the third division Premiership in 1979 and the second division in 1980. How did they go in the first division in 1981?



1986

Rowville Uniting Church staged a musical "It's Cool In The Furnace". Who played Daniel and King Neb? Was it you? The State Government stepped into the row surrounding the restructure of local government in Victoria over concern that some councils were spending thousands of dollars to frustrate the work of the Commission. It meant the likelihood of any boundary changes for Rowville and Lysterfield was now very remote. An application to build an 800 seater theatre/restaurant near the corner of Wellington and Napoleon Roads was refused by council on aesthetic grounds. The northern end was to be 21.4 metres high!



1991

At the Stringybark Festival more than 2,000 kites soared above the event as part of the "One Sky One World Regatta". Were you holding one of the strings? RLCN treasurer, Rod McKenzie, was invited to join the chorus

of the Victorian State Opera for a concert at the State Theatre. Rod had previously performed in 'Aida' at the Carlton Football Ground (now Visy Park) and 'Carmen' at the Tennis Centre. Still singing Rod? Fifty Rowville Primary School students helped the Knox Mayor plant 500 trees behind the Community Centre at the Oval. Were you one of the students? The first Australia-wide Model Engineering Exhibition was staged at the Community Centre and drew exhibitors from most States. Did you go and enjoy the trains, boats and planes? Council approved the naming of the three Rowville Lakes. Can anyone tell us the three names?



1996

Rowville Apex Club won the national service award against 550 other branches for their excellent work in the "Australia Remembers WW2" commemoration last year. Were you one of the team? Rowville Primary School became the first Australian School to visit El Salvador. The trip included Guatemala and Disneyland in LA on the way home. Can someone tell us about that trip? Rowville Lions Club offered an 'identikid' laminated card to parents for \$2. The card contained the child's height, weight, eye and hair colour, identifying marks and a photo. Has anyone still got one?



2001

The paper offered condolences to everyone affected



Local History

Sponsored by Nick Wakeling MP,
State Member for Ferntree Gully

by the 9/11 events in the USA. Was it really ten years ago. Construction of the \$120 million Waterford Valley Retirement Village commenced in late August. Who was the first resident and are you still there today? Lysterfield Christian Fellowship, which has been seven years in the building, invited residents to their 'exciting' opening events. Can anyone remember the events? Two patrols from 1st Rowville Scouts achieved 'Gold' in a very muddy 'Cohen Shield'. Were you one of the mudlarks? Heany Park Primary student Milos Lujic, was selected in the State's soccer team whilst Laura Matatek and Sarah White were selected in the State Girls team. Who is still playing?



2006

The Library in conjunction with Grand Ridge Brewery held a "Beer Appreciation, Tasting and Sales Night". Now I bet that was well attended. Time for a repeat? Four Days after the event, the Rowville Senior Citizens went on a Gippsland tour ending up with lunch and sampling at the same brewery! I guess that was good marketing. Who remembers newsreader Peter Hitchner giving a presentation "News and Views" to the Knox Over 50's Club? What happened to the band "Bad Eyes" that was made up of ex Rowville Secondary College students, Nick, Jeff and Matt?

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Rowville Community Library

Sponsored by Cr Darren Pearce, Taylor Ward
and Cr Mick Van de Vriede, Tirhatuan Ward

September "Feeding the minds of our community..."



Mobile Phone Help –Need to learn more about using a mobile phone? Then come along to the Rowville Library at 10am on Thursday 6th October. Suitable for beginners or advanced, this session is run by the Stud Park Telstra Shop and will accommodate all brands of phone/carriers. Free event. All welcome. Bookings essential.

Tussie Mussies: This session will be held at 2pm on Friday 7th October when Helen will show us the art of talking with flowers and you can make your own Tussie Mussie. If possible, please bring some cuttings / flowers from your garden. This session should appeal to all gardeners as well as those who want to learn about the language of plants. All welcome. Gold coin donation appreciated. Bookings please.

Unpublished Writers' Club: Anyone interested is invited to attend the inaugural meeting of this club. Calling all budding authors! Join us at the Rowville Library at 2pm on Monday 10th October 2011. Free event. All welcome. Refreshments provided.

Chinese Astrology and Feng Shui: Edgar (Lok Tin) Yung will present a session with topics including; 'Chinese Astrology is not just 12 animal signs' and 'What is Feng Shui and tips to improve harmony!' The first session will be held on Thursday 20th October at 6.45pm and the second session will be conducted in Mandarin for our Chinese Friendship Group at 11am on Thursday 27th October. Free event. All welcome. Bookings please.

Speed Mathematics: Join author Bill Handley for another session on speed mathematics at 6.30pm on Friday 21st October. A great confidence-builder for people who struggle with maths or an ingenious method for those who enjoy maths. Try it and see! Free event. All welcome. Bookings essential. You can book by phoning the library on 9294 1300 or visiting our website at www.erl.vic.gov.au

Stringybark Festival falls in October. Rowville Library will host a special activity for children to participate in leading up to the festival. Check notices in the branch for details!

School Holiday Program: For some fun in the holidays bring the kids along to Games and activities all day Monday 3rd October, Science Show at 10am



Enjoy making Tussie Mussies

or 11am on Tuesday 4th, Spring Stories & Craft on Wednesday 5th, Make a jigsaw puzzle on Wednesday 5th at 4pm, and Bedtime Storytime at 7pm on Friday 7th. Please ask for a Holiday Program brochure or visit our website at www.erl.vic.gov.au to confirm details for these events. All welcome. Please book on 92941300.

Computer Help Sessions: On Tuesday and Thursday mornings a tutor is available from 10am to assist people to use the computers. Tutors are able to help with Internet, Email, Facebook, Word, and Excel, everyone is welcome, including complete beginners. The sessions are **free**.

Afternoon Bookchat! Have you ever read a fantastic book and wanted to tell someone about it? Join our group of avid readers for a relaxed discussion of what you are reading and what you think about your latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1st Monday of the month at 2pm our next meeting will be on Monday 3rd October at Rowville Library. Free event. Bookings not required.

Kids on Wednesdays: Held on Wednesdays at 4pm during school terms. This group will be specifically for primary school aged children and involve a variety of activities. It's meant to be fun and it's free!

Home Library Services: If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library to arrange for a home delivery service. Library staff will select

some items after a discussion to ascertain your tastes, and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 9294 1300.

Growville Growers: The Growville Growers group meets on the first Friday of the month at 2pm. Anyone can be a member of this group as there is no 'joining process' and cost is minimal. All who attend will be made welcome. The next meeting will be on **Friday October 7th at 2pm** with a presentation on Tussie Mussies.

Bedtime Storytime is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the children in their pyjamas but not usually the parents!) Our next Bedtime Storytimes are at 7pm on Friday **October 7th** and **November 4th**. All Welcome.

Coming up in November: The November session for Growville Growers will be Floral Art from the Garden with Pat Insall at 2pm on Friday 4th November. Author Bill Handley will present another session on 2 hours study in 10 minutes at 6.30pm on Friday 4th November – just in time for those end of year exams! On the 14th at 10.30am Jackie Hall will launch her book "The happy mum handbook". We're having a quilt-in session on Friday 18th November at 2pm and at 6.30pm Marion Wheatland will host an evening in Antarctica. Everyone is welcome to attend any/all activities!

Tiny Tots storytime: Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

List of regular storytimes: Bookings not required.

Monday 10.30am Toddlers storytime (age 1 - 3)

Tuesday 10.30am Preschool storytime (age 3+)

Wednesday 10.30am Toddlers storytime (age 1 – 3)

Wednesday 2pm Tiny Tots storytime (age 0 – 12 mths)

Bedtime storytime is on first **Friday of month at 7pm**

Are you a member of the **Rowville Community Library**? If not, join now. Joining is easier than you think....all you need to join is a driver's licence with your current address (or similar). Joining is free. Borrowing is free.

Normal **opening hours** for Rowville library are Mondays, Tuesdays and Wednesdays 9–5.30, Thursday and Friday 9–8, Saturdays 10-4 and Sundays 1–4.

Details about the library service are available from our website at www.erl.vic.gov.au, and you can even join on-line.

Rose Thompson

Manager – Rowville Community Library
9294 1300



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Knox Civic Centre, 511 Burwood Hwy, Wantirna Sth
Stud Park Shopping Centre, Shop 32A, Stud Rd, Rowville





Local Actor, Nicole Chamoun returns to Rowville Secondary College

Past Rowville Secondary College student, Nicole Chamoun has been in the acting industry for seven years, from roles in the SBS TV Series "Kick" and City Homicide to her most recent feature film 'Who Wants to be a Terrorist', directed by AFI Nominee Dee Maclachlan.

Now after a decade of when she graduated from Rowville, Nicole is very excited to return as the Rowville Institute of the Arts Artistic Director.

"I am super excited to be working within such a wonderful program and wish RIA was available when I was at Rowville," she said.

Throughout her time at Rowville, Nicole studied drama and theatre studies and then went on to pursue her passion in the arts, namely performance, at a tertiary level.

Her newly appointed role as the RIA Artistic Director will bring her new challenges and allow her to use all the experience she has had in the industry and project that into the RIA program and students, which Assistant Principal and Director of RIA, Julie Kennedy is extremely happy about.

"We are thrilled that such a talented, energetic and enthusiastic artist has joined our community," she said.

Nicole will work with students and staff of RIA to develop and manage opportunities for performances and exhibitions within the school and the local and wider community as well as arranging excursions and incursions that will support the RIA program.

"She will work closely with classroom teachers, local artists and community organisations to ensure that every student has a rich, varied and meaningful experience that excites and motivates them to explore and extend their creative passions and talents," Ms Kennedy said.

The RIA program was established at Rowville Secondary College in 2008 and since then has encouraged

students to pursue their love of the arts whilst learning to be creative, reflective and critical thinkers.

With RIA offering a range of visual and performing arts specialisms, including visual art, music, dance drama and media studies, it is an innovative and exciting program that Nicole says, gives students unique opportunities.

"I think it is such a great opportunity for students to get a taste of the arts. It exposes them to different facets of the industry and teaches them discipline and technique, which is integral to true artistry."

Having Nicole will be a great opportunity and important for students to get as much out of RIA as possible to enhance their education and establish career pathways for when they graduate, whilst at the same time supporting the arts industry, which is critical to Nicole.

In recent months, RIA has been under an extensive review, which Ms Kennedy says will introduce a new curriculum.

"There is a real excitement in the air at Rowville Institute of the Arts," she said. "This year we have conducted an extensive review of our programs which has resulted in retaining the very best of what we do, whilst introducing new curriculum, procedures and policies that are theoretically grounded in world's best practice."

Applications for the RIA 2012 year are still being accepted for all year levels; however, some waiting lists do apply. If you require more information about the Rowville Institute of the Arts, please contact the College on 9755 4555 or visit our website www.rowville.vic.edu.au

By Maryanne Karlovic
Communications Officer



Nicole Chamoun

Textured Art from Jodie Cooper

I am always happy to experience something new in the art world, having always enjoyed the skills that are required to fill one's senses with appreciation. To find a new approach is rare, but we have an example right here in Lysterfield, where artist Jodie Cooper has combined the paintbrush with the sculptor's paste in a fusion that she calls "textured art".

Jodie was born in 1970 in Dandenong Hospital and lived with her parents, a brother and two sisters in Narre Warren, before moving to Dandenong and Scoresby then on to Rowville in 2003. Eventually, along with her accountant husband David, son Matt who is studying naturopathy at University and daughters Jes (only one S) who is training to be a hairdresser and Abbey, who is still at school and showing enormous artistic potential, the family settled in Lysterfield six years ago.

Jodie attended St Michaels Primary School in Berwick and St Francis Xavier in Beaconsfield, leaving in year 10 to pursue a four year hairdressing apprenticeship. During this time she worked from home and tried her hand at children's 'Fairy Parties' and later became involved in the creation of the largest indoor play centre in Noble Park. As she was growing up she watched her mother making pottery and accompanied her on many occasions to craft fairs and markets.

"I never thought I could paint" says Jodie "until my husband pointed to a large wall in our house and suggested I should paint something to brighten it up". We both liked the result so I trialled different ideas from there. "I had seen Paper Mache used in conjunction with paint and I knew about sculptors paste so I simply experimented, then came up with my own combination of what I call 'Textured Art'" explained Jodie. Now the house, that doubles as a gallery, is festooned with examples of Jodie's work that has remarkable depth and perspective. The fact that she has sold around 700 pieces since starting 5 years ago is testament to the appeal of the art on display. "I can't just start a work unless I am in the right frame of mind" she says "but working from home means that when the



moment takes me I can start immediately. If there is a downside to working from home it is that I want to get out on weekends whilst my husband loves his time at home, but compromise is a great thing".

Jodie's fame has now spread to the world, with an invitation to exhibit four pieces at a prestigious art show in Bologna, Italy in November. This will compliment her permanent pieces at galleries in Daylesford and Sorrento, plus her regular exhibiting at the "Art Melbourne" show at the Royal Exhibition Building in Carlton.

Jodie's advice to all youngsters is to 'Follow Your Dream' regardless of the obstacles.

If you would like to witness this marvellous and inspiring art form, Jodie has regular open days at her home/gallery. You can visit her website, www.studio19gallery.com but seeing the original works is a real treat.

If you would like more information or find out when the next open weekend is, you can contact Jodie on 0438 556 796 or by email jcooper.studio19@yahoo.com.au

Interviewed by David Gilbert

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An Hour With Kim Wells

The State Treasurer of Victoria was born in 1958 in the Gippsland town of Leongatha where his parents both worked in the butter factory. Unfortunately his mother had bad asthma and on the advice of doctors the family moved to Bairnsdale in 1965. Kim attended Bairnsdale Primary and High School and the mates he had then are still his best friends today. In fact at 18, Kim and 8 mates moved to Melbourne and squeezed into a rented two bedroom apartment in East Hawthorn.

He had a job in the mines lined up when the Footscray Football Club came knocking at the door and offered him a chance to play at VFL level. After training with the first team and playing a number of games in the reserves, a career in the VFL was not going to happen, but Kim continued his love of the game by playing for many years with Camberwell and Sunshine in the VFA. Whilst the then 'zoning' meant Kim was tied to Footscray (where he is a member of the Past Players Association), his first love had always been St Kilda, where to this day he is a proud member. Today Kim is the number one ticket holder at Scoresby Football Club and is patron of the Wantirna South Junior Football Club.

Never one to be idle, Kim, who had always enjoyed camping and the outdoor lifestyle, became a Queens Scout in 1976 and eventually was awarded the highest honour in scouting, the Baden Powell Award. Today he is a member of the Victorian and National Council of Scouts. Kim continued his tertiary studies at Footscray Institute of Technology (Victoria University) where he gained a Bachelor of Business (Accounting) followed by a postgraduate Diploma of Business (Accounting) from the Victoria University. He eventually received a Master of Accounting in 1997 and became a FCPA in 2004. In order to make a living whilst playing football, Kim worked as operations supervisor at SPD Transport for five years before embarking on a 14 month overseas trip. It was on a part of this adventure, from Johannesburg to London, that



Kim Wells and his Family

he met Judy, who was heading on to Sweden to finalise her training to be a doctor so that she could return to South Africa and care for the children in the townships. "Instead we had the job of explaining to her parents that Judy was going to move to Australia and become Mrs Wells" says Kim.

The couple set the wedding date in 1984 at Melbourne Registry Office but Kim recalls that "Mum insisted that it had to be a Church wedding, so we were married in front of a small group of family and friends in Bairnsdale, much to Mum's delight". For the past 18 years the family have lived in Wantirna. Today Judy is a Stomal Therapist at the Royal Children's Hospital whilst their eldest son, Sam, 22, is an apprentice landscaper, youngest son Tom, 20, works for PFD Transport and 14year old daughter

Tahnee is still at school. "Neither of the boys have any wish to enter politics, but Tahnee has the 'gift of the gab', strong debating skills and a wonderful sense of humour and certainly shows an interest" says Kim. "In a way she reminds me of myself at that age when all I wanted to do was enter politics".

Outside of work Kim still likes to go hiking and plays competitive tennis at the Wesley Uniting Church where he is a life member. "I just love doing family things" he adds. Amongst the people he admires are Brigitte and John Muir, both renowned mountain climbers. "Brigitte was the first Australian woman to climb Mt Everest and the Seven Summits, a truly remarkable achievement" reflects Kim. "In fact if I wasn't in politics I could see myself as a mountain guide in the Himalayas". Jeff Kennett and Ted Baillieu also figure high on his most admired list.

Kim started on his political journey in 1984 at the Wattle Park Branch of the Liberal Party, holding various posts. In 1992 after operational and accounting jobs in the private sector, Kim entered Parliament as the member for Wantirna (now Scoresby) and over the next seven years served on a number of committees from Law Reform to Drugs & Crime and Estimates. In 2000 he was elected to the Shadow Ministry, holding successive portfolios of Corrections, Police & Emergency Services and Treasury until becoming the Treasurer of Victoria in 2010.

I asked Kim why he took on the Treasurers role and he said "I wanted to make sure the Victorian economy was going to work well and eliminate waste and I believed our strategies would achieve that. One of the best things about my job is the challenge to always push to improve things. I want to be able to look back and feel comfortable that I steered the State's finances successfully through difficult times". What about the worst aspect, I asked, to which Kim and his senior advisor of 15 years, Glenn Corey, replied in unison "Being in opposition for eleven years!"

I concluded the interview by asking Kim what advice he would give to young aspiring politicians. "Study hard, work hard, set a long list of goals and then stick to them" he replied. Good advice indeed.

Interviewed by David Gilbert

Rowville & District Neighbourhood House

Welcome back to the last Term for 2011. Why not check out our Term 4 brochure on our Website:

www.rdnh.org.au or pick one up at the 'House', Library or Safeway and Ritchies we have lots of interesting classes on offer. Some of our Cooking and craft classes will be having a Christmas theme come along and enjoy these exciting classes.



Neighbourhood House
The heart of our community

Have you ever wanted to learn Ballroom Dancing?? Dance Teachers Anne and Ray would like to show you how from the basic beginning and you will never know how good you can be unless you give it a go. Please give us a call to get your name on the waiting list – 97641166

Our Growing Skills for Knox Classes

Are for those who would like to join and learn new skills if you are considering changing careers.

Short Course in Office Administration & Introduction to Horticulture

Thursdays: starting 20th October from 12.30pm – 3.00pm for 9 weeks and 8 weeks for Horticulture. Costs for each Course: \$50 plus \$20 (Amenities Fee) with an additional \$10 materials fee for Horticulture Only.

Thank you to all the Volunteers who have worked in the office this year - your help is much appreciated. Volunteers are our Community Assets.



There will be Christmas Workshops on:

Making a Floral Table Centrepiece:

Dates: Saturday 12th November 12.30-2.30pm OR Wednesday 30th November 7.00 – 9.00pm

Gift Wrapping – Ribbon Roses & Bows:

Dates: Saturday 5th & 12th November OR Monday 14th & 21st

November 10am – 12noon
For further details and to

book in call us on 9764 1166

Our Friday Fun & Friendship Evening on 26th August was thoroughly enjoyed by all that came and they cannot wait until the next one on 28th October when the Basin Theatre Group will be showcasing their stuff. Check your calendars to see if you can make it along to this night.

Our stars: Elaine, Heather, Gail, Cathy, Ben, and Selvi. This month we would like to promote Sophia's Art classes: Sophia is our new Tutor qualified in Arts and Children's Services.

Art/Craft Class for 3 – 5 y/o

Enjoy an hour of fun and creativity, explore, color and experience the use of different materials. Have fun, get creative and make new friends.

Parent may stay for the first lesson or until you are happy to leave child with the Tutor.

Wednesdays 2.00pm – 2.45pm

19th October - 7th December

(8 sessions) \$56.00 (including materials)

Art Class for 6 – 8 y/o

Children will learn the basic principles with painting and drawing techniques and working with different materials in this fun and creative class. Enhance your child's skills and confidence through this creative and enjoyable outlet.

Wednesdays 3.45pm – 5.00pm

12th October – 7th December (8 sessions)

\$106.00 (including materials)

stringybark



Principal sponsor:



@ **Rowville Community Centre Reserve,**
Fulham Rd, Rowville 10am–5pm

Saturday
15 October

In the true spirit of sustainability, we urge everyone to leave the car at home this weekend and try one of the following options:

WALK

RIDE A BIKE

Arriving on a bike gets you into Stringybark for FREE and you can lock up your ride at the bike racks.

USE PUBLIC TRANSPORT

The free Stringybark Festival Bus will run throughout the weekend, shuttling people between the stops shown below:

Knox Civic Centre
10am, 11am, 12noon,
1pm, 2pm, 3pm, 4pm

Ferntree Gully Station
10: 15am, 11: 15am,
12: 15pm, 1: 15pm,
2: 15pm, 3: 15pm, 4: 15pm

Rowville Community Centre
10: 30am, 11: 30am,
12: 30pm, 1: 30pm,
2: 30pm, 3: 30pm

Wellington Village
10: 45am, 11: 45am,
12: 45pm, 1: 45pm,
2: 45pm, 3: 45pm

Rowville Community Centre
10: 50am, 11: 50am,
12: 50pm, 1: 50pm,
2: 50pm, 3: 50pm

	Health Services & Wild Oak Event Kitchen	greenleaf stage	playground stage	neighbourhood stage	verandah stage
10:30am	Mayor's welcome and Welcome to Country	FREE BREAKFAST for first 100 visitors			
11am		Veggie Patch from Scratch	Josh Rawiri	Jazz Group	
11:30am	Falafel Balls with Tzatziki		The Amazing Drumming Monkeys	Jazz Group	The Magic Zone
12pm		Why choose Fair Trade?	Josh Rawiri	Rowville Primary School	Paul Jamieson
12:30pm	Lamb & Vegetable Toss with Couscous		Savidas	Ghilgai Steiner Sing/Band	The Magic Zone
1pm		Build your own Raingarden	Chris Russell's Chicken Walk	Ghilgai Steiner Music	Playback Theatre
1:30pm	The Secret of Pasta Perfection		The Amazing Drumming Monkeys	Knox All Stars	
2pm		The Frugavore Challenge	Chris Russell's Chicken Walk	Paul Jamieson & St Josephs	The Magic Zone
2:30pm	Easy Homemade Sour Dough		Savidas	St Joseph's Boronia	Paul Jamieson
3pm		On Your Bike!	Jules Boulton trio	Rowville Secondary College	The Magic Zone
3:30pm	Tasty Wheat-free Salad		The Amazing Drumming Monkeys	Rowville Secondary College	Paul Jamieson
4pm		Halve your Power Bills	Jules Boulton trio	Rowville Secondary College	

Sunday
16 October

	Health Services & Wild Oak Event Kitchen	greenleaf stage	playground stage	neighbourhood stage	verandah stage
11am		Keeping Chooks at home	Mr Black & Blues	Hip Hop	
11:30am	Lamb & Vegetable Toss with Couscous		The Amazing Drumming Monkeys	Hip Hop	The Magic Zone
12pm		Green your home and save money	Mr Black & Blues	Hip Hop	Paul Jamieson
12:30pm	Falafel Balls with Tzatziki		Savidas	Hip Hop	The Magic Zone
1pm		Marvellous modern cloth nappies	George Kamikawa with Norika Todano	Lysterfield Primary Dance Club	Playback Theatre
1:30pm	Tasty Wheat-free Salad		The Amazing Drumming Monkeys	Lysterfield Primary Glee Club	
2pm		Children's Story Time	George Kamikawa with Norika Todano	Black Moon Belly Dance	The Magic Zone
2:30pm	Community Garden Mystery Box		Savidas	Boronia Heights	Paul Jamieson
3pm		Building Sustainable Communities	Claude Hay	Scoresby Secondary College	The Magic Zone
3:30pm	The Secret to Pasta Perfection		The Amazing Drumming Monkeys	Andrea's School of Voice	Paul Jamieson
4pm		What's the story with Solar panels	Claude Hay	St Simons Primary Choir	

Stringybark '11 - 'Knox's own national festival celebrating sustainability in the suburbs'

All Weekend!



Indigenous Animal Show from ABC's Wild Action Team, Plant & Conservation Displays.



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'Remake Remodel' Recycled Fashion Workshop, Playground Stage featuring The Amazing Drumming Monkeys.



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2011 – What a great inaugural season for the Lysterfield Wolves.

In the competitive grades the Under 12's won the Grand Final by a thrilling 2 points. The U/11's made the preliminary final and the 9's & 10's were very competitive.

Other achievements included.

Eastern Football League Under 11 Competition Best & Fairest – Blake Lee

Eastern Football League Under 12 Competition Leading Goal kicker – Liam Dove

Lysterfield Junior Football Club Awards Under 11

Best & Fairest	Bailey Marshall
Runner Up	Tom Williamson & Blake Lee
Most Determined	Jack Mo
Best Finals Player & 4 th B & F	Shaun Cooper
Encouragement Award	Damon Cameron
Under 12	
Best & Fairest	Liam Dunning
Runner Up	Teaghan Sheldon
3 rd Best & Fairest	Joshua Mazins
Best Finals Player	Joshua Saliba
Coach's Award	Jordain McNay
Encouragement Award	Nathan Young

The Committee would like to thank all the Sponsors that have contributed to make the Lysterfield Wolves inaugural



Coach Geoff Mann & Captain Liam Dove receiving the Under 12's Premiership flag.

season, such a success. with their magnificent support, the club has been able to form a solid foundation for the future. Many thanks to Robin Phipps and the sponsorship committee for their tireless work in achieving this result.

Further thanks must go to all volunteers who have given so much of their time to help make for a successful season. To all the coaches, managers, and all match day helpers, thank you for your input, without it, running the club would be a lot more difficult.

We must not forget to thank all our 91 players who have represented the LJFC proudly throughout season 2011, providing many exciting times for their sometimes nervous parents.

A total of 17 players reached their 50 game milestones during the season, congratulations to those players. Many more will join them in season 2012.

Thank you to all the supporters who came along each week, especially the over worked grand parents, who attended in all weather conditions to support our junior footballers.

A special thanks to Brad Hutchinson and the social committee who presented wonderful club nights and functions throughout the season, culminating in a magnificent, albeit windy, presentation day which showcased our great season.

2012 season will see LJFC enter two additional sides in the Eastern Football League, the Under 8's & Under 13's. New players are encouraged for all age groups. LJFC will also be co-ordinating the Auskick at Lakesfield Reserve for 2012 and all new auskickers are most welcome.

SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.



Blake Lee with his Under 11 EFL Competition Best & Fairest medal.

The Lysterfield Junior Football Club is seeking expressions of interest for Coaches, Assistant Coaches, & Team Managers for all age groups from Auskick, and Under 8 through to Under 13 for the 2012 season. Written applications may be forwarded to the Football Manager, Dean Arundell, at the following address, dean.arundell@aigroup.asn.au

Any enquiries can be directed to the President, Mr. Steve Ketzner on 0487 486 487 or the Registration Officer, Mr. Greg Crawford on 0417 535 817.

Knox Masters Athletics

Lavinia Petrie, Legend of Victorian Athletics

Lavinia Petrie, Knox Venue Manager, is an official Legend of the Victorian Masters Athletics.

Arriving in Australia from England in 1966, Lavinia joined Ringwood Athletic Club and has become a life member for her many years participation and work.

In 1973 she became Australia's Cross Country Champion. She also represented Victoria in the National Championships for over 10 years and competed for Australia in a 10km race in Puerto Rico in 1974 before being chosen to Captain and manage the first womens team in the World Cross Country Championships.

Lavinia joined the Victorian Masters Athletics in 1976 running at the Croydon venue. She moved to Knox venue where she has been manager since 2007.

In 1977 Lavinia ran her first marathon. She was selected



to run in Hamilton, NZ and ran a personal best time of 2hrs:55mins:36secs. She also won the inaugural Victorian Womens Marathon at Point Cook. Since then she has run 23 marathons and has stepped up to 50km, 50 mile

and 100km races. In 1992 she ran a 100km race in N.Z. in 8:22:19 an Australian record. In 1998 and 2000 she competed in the Comrades "Marathon" (87km) in South Africa coming first in the W50-59 age group.

In 1999 at the World Championships held in U.K. Lavinia won the 5km on day 1, going on to place in the 1500m and 10km races before winning the marathon on the final day.

In the 2010 National Championships Lavinia won 4 gold medals and a trophy for the highest age graded performance. She also won the Victorian Sports Award to add to the one she won in 2000. In 2011 she also repeated these performances. In July, at the World Masters Championships in Sacramento USA, Lavinia won the 10 km in a time of 44:14 winning by 1 min 38 secs. This was the only event she competed in because of late arrival through Melbourne airport delays.

Lavinia will always be a champion. She still enjoys running (60-70km per week) and competing and you can run with her every Wednesday evening at 7pm at Knox Athletic Track, Bunjil Way, Knoxfield. We accommodate Runners and Walkers of all standards.

Please call Gary on 97522720 (leave message) for further info.

Editor's Note:- What a remarkable collection of achievements. I think I'll give running with Lavinia a miss....I couldn't keep up!



Rowville Hawks Junior Football Club

Rowville Hawks Junior Football Club based at Eildon Park, enjoyed a sensational season in 2011. Over 400 kids took the field in 19 teams (including two U8 teams for the first time, and three U13 teams). Congratulations to the Committee for organising the year without the main oval which is being overhauled. Night Games will return to Eildon Park in 2012.

The home and away season finished in mid July before four weeks of finals. By all accounts all our non competitive teams from Under 8 to Under 10 enjoyed their football, many for the first time. Ten of the thirteen



competitive teams played finals with five of these playing Grand Finals. Congratulations to the Under 11 Gold, Under 13 Hawks and Under 16 Gold on their premierships. The two younger teams were in front all match whilst the older boys enjoyed a close game, kicking on with five minutes to go.

In 2012, the EFL junior competition will undergo some changes. The current Under 16 competition will be replaced with an Under 17 competition.

The first Registration day for all 2012 players will be

held on Saturday 3 December 2011 1-3pm at Stud Park Shopping Centre.

The club is undertaking the task of updating its history. If you have any information or memorabilia to offer, please contact rjfcexecutive@hotmail.com and we will happily contact you. We are particularly interested in information from the 1970s.

Keep up to date by visiting www.rowvillehawks.com.au RHJFC can be contacted by email rjfcexecutive@hotmail.com



Bridges Connecting Communities

Whether you're young, old, with dog or without or if you simply love animals and want to help support your local community, then we need you to join us for the annual Bridges Connecting Communities (formally Knox Community Volunteers) 'Paws for a Cause' dog walk at Nortons Park, Wantirna South (Melway ref 72 A2) on Sunday October 9 2011.

We are ready for a fantastic, energetic day of healthy

fun. Registration, which is open from 10.00am, is \$5 per adult and free for under 16s. The walk kicks off at 11am from Nortons Park, Nortons Lane, Wantirna South. Walkers will follow the trail around Nortons Park and Shepherds Bush stopping at check points along the way to go into the draw to win fantastic prizes.

After walking up an appetite, a scrumptious sausage sizzle and cool refreshing drink will be available, face painting for the kids and family entertainment! Competitions for the best dressed dog, cutest puppy, dog and owner lookalike, and the oldest timer will be awarded and judged at 1.00pm by local celebrities. There are many prizes to be won, including EastLink vouchers. Santa will be paying a special visit on the day for your dog to have his Christmas photos taken.

So come along, join the fun and support the programs

and services of Bridges Connecting Communities. We are hoping to have between 500 and 1000 families attend the event this year. All funds raised will benefit the community programs and services run by Bridges Connecting Communities and this event is proudly supported by ConnectEast, the owners and operators of EastLink, and Linking Melbourne Authority.

Bridges Connecting Communities is a charitable organisation that provides a number of aged services to the local community. In particular our pet companion program provides elderly people and people with a disability, assistance with their pet. Our volunteers visit these pet owners and assist with dog walking, grooming, and transport to veterinary appointments.



Rowville Institute of the Arts

"A school based arts program for talented and aspiring performing and visual arts students"

-Music -Dance -Drama -Media Studies -Visual Arts

The RIA Mission is to create a vibrant environment for learning that nourishes imagination and creativity, is connected and meaningful with an authentic contemporary context, builds higher order thinking skills and develops collaborative skills, technology competencies, flexible thinking and an appreciation of diversity.

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-One-Third Arts Curriculum

-Authentic Learning Experiences

Limited vacancies for 2012 are available, however some waiting lists do apply.

For more information about RIA or enrolments please contact the College

www.rowvillesc.vic.edu.au

RIA Administrator | Kerri Manning

Ph| 9755 4555

E| manning.kerri.k@edumail.vic.gov.au



Rowville/Rowville Lakes Little Athletics

The Season Begins...

...but it's not too late to join us! Little Aths runs through to March, so there's plenty of running, race walking, relays, hurdling, throwing and jumping ahead!

On Registration Day ninety children signed up for the Rowville Club alone. We're expecting record numbers by Christmas.

Rowville and Rowville Lakes Little Athletics' clubs



Lachlan was U10 Best in Age



Macus won on Handicap Day



compete as part of Knox Little Athletics Centre, one of the largest in Victoria. Track and Field events are open to children from the day they turn six. This year Little Aths Victoria has extended its age groups to provide officially for Under 16s. Boys and girls who have not reached the age of 16yrs on October 1 will be eligible.

Competition is held at the Knox Track on Bunjal Way Knoxfield on approximately three Saturday mornings and one Friday night a month.

Little Athletics operates on the motto "Be your Best" and encourages and rewards individual effort through Personal Best Awards, regardless of ability. For those who wish to be more competitive there are Centre Championships across all ages, and Relays, Regional and State events for boys and girls from Under 9-16.

Centre coaching is available (but not compulsory) throughout the week at no extra charge. Under 7s and 8s receive extra assistance at competition through



Eyes Left, Eyes Right

Determination on Open Day

the On Track/ Mini Olympics Program.

We are always keen to see new members.

Children from Park Ridge, Lysterfield and Karoo Primary are invited to call Nick on 9764 0661 and join the **Rowville Lakes Club**. Heany Park, St Simons or Rowville Primary students should contact Steve on 0409 231 380 or 9764 3384 to sign up for the **Rowville Club**. Secondary school students or those from other Primaries may choose where they join.

Thanks to KLAC photographers for our photos.

Rosemary Merrigan



A Wee Problem

Often we see cats presented for urinating in the house or in other inappropriate areas such as the bath, laundry, washing basket etc. There are a number of reasons that our seemingly well-behaved cats may start doing this but there is one particular reason that is fairly common in our older pets – *renal failure*.

Renal failure is a progressive disease that overtime can cause irreversible damage to the kidneys. The kidneys are responsible for filtering the blood of waste products while retaining as much fluid as possible. As cats get older, many of them start to have problems as their kidneys become damaged and do not function properly.

Signs of renal failure in our feline friends:

- Ulcers in the stomach and mouth
- Nausea
- Vomiting
- Increased drinking and urination
- Weight loss
- Inappropriate urination

For our senior patients a simple urine test gives a good indication if your cat is showing any signs of renal failure.

In addition to urine tests, a blood test can give a more detailed picture of how the kidneys are functioning.

Treatment depends on the severity of the disease. Some cats cope very well with a specialised diet that helps to reduce the production of waste products.

There are also certain types of medication that help the kidneys function more efficiently and support the body to take the strain off the kidneys.

It is important to become familiar with what is normal and what is not for your cat. If a significant increase in thirst and urine output is present, inform your local vet so that early intervention and monitoring can begin. Quality of life for cats with renal failure is very important and both owners and veterinarians need to be monitoring this.

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Knox Home Garden Club

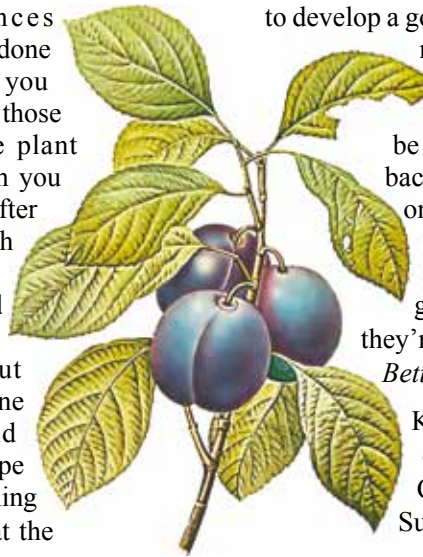
Pruning seems to be one of those garden activities that you either love or hate. How and when to prune is a very commonly asked question. For most plants, pruning is simply a matter of removing spent flowers and damaged, diseased, or dead wood, and ensuring a pleasant shape. Pruning can also rejuvenate an old or neglected plant, or one that has grown lopsided. Some shrubs may just need a tidy up of weak, leggy and untidy growth. A good method of doing this is to reduce one third of the shrub to ground level every year. The taller abutilons benefit from a hard cutting back in early spring to prevent them from becoming straggly and woody. Make sure that frosts are finished before pruning them. Daphnes are the easiest of all to prune, just picking the flowers is all they need to keep them in shape.

The amount of pruning that you will need to do will also depend on your style of garden. Formal gardens need lots more clipping and shaping to keep them looking good, than does a more relaxed style. Boxes, Buxus sempervirens, should be clipped a little and often. They can be shaped into crisp border edgings, mounds or topiary. Shape hedges so that they are wider at the base than the top, to allow light and rain to reach the plant base. If you are constantly pruning a plant back because it intrudes onto a path or is too big for the available space, it

may be better to replace it with something more suited to the position.

Pruning also enhances flowering, but only if it is done at the right time. Before you start happily snipping with those secateurs, determine whether the plant flowers on new or old growth, then you will not lose a season's blooms. After pruning, give your plants a boost with some fertilizer.

Pinch pruning is a technique used on plants to promote very bushy growth by repeatedly nipping out soft shoot tips. This is usually done on fuchsias, chrysanthemums and pelargoniums. When the desired shape and size is reached and the final pinching is done, the plant flowers all over at the



same time and looks fabulous.

Climbers initially need time and effort spent on them to develop a good basic framework. Many climbers only need minimal attention but pruning may be required to remove old growth and restrict size. Some bougainvilleas can be very aggressive and need severe pruning back. Again, ensure that the plant is the best one for the position.

Pruning will keep your plants in good shape and condition, and encourage new growth. Give your plants a haircut when they're due for one, they will thank you for it!

Betty Wright

Knox Home Garden Club meets 3rd Monday of each month at 8pm, U3A Parkhills Campus, Park Boulevard, Ferntree Gully. Supper afterwards, visitors welcome.

Let us know what you think

Angelo Kourambas, Knox Council Director City Development

The vision for Stamford Park is starting to unfold, and we want to know what you think.

The 51 hectare site in Rowville — containing the historic Stamford Park Homestead, built in 1882 — is currently being transformed by Council into an innovative precinct comprising commercial, residential, public recreation and open space areas.

Much work has already progressed at the site — including the first stage of the shared paths, and creation of a wetland.

The next step for Council is to amend the Knox Planning Scheme to enable the vision to be realised. If approved, Amendment C93 would allow residential development in Stamford Park, in accordance with the overall endorsed masterplan for the Park.



Sale of the land for the residential estate will raise funds for the development of the remaining parklands, as well as refurbishment of the homestead and its gardens.

Residents who live near Stamford Park will receive an information pack detailing Council's proposed planning scheme amendment during October.

We'd encourage you to read this information and provide comment to Council. We want all residents to be part of the future of Stamford Park!

Submissions on the proposed amendment should be submitted to Council via email, psamendments@knox.vic.gov.au or mailed to, 511 Burwood Highway, Wantirna South, 3152. Please provide your comments to Council by Friday 25 November 2011.

Avoid nuisance calls - Do Not Call Register

The Do Not Call Register is a secure database where you can list your numbers to avoid receiving unsolicited telemarketing calls and marketing faxes.

The Australian Communications and Media Authority (the ACMA) is responsible for the register under the *Do Not Call Register Act 2006*.

Once your number(s) are listed on the register, telemarketers and fax marketers must not contact those numbers. Any business that either calls or faxes a listed number, or arranges for calls or faxes to be made or sent on its behalf, may be in breach of the legislation and could face penalties.

The registration period for numbers has been extended from three to five years and fax numbers can now also be included. Nearly a third of Australian households, about 4 million phones, have registered to be protected against intrusive telemarketing calls.

You can re-register or register for the first time, or get more information at www.donotcall.gov.au or telephone 1 300 792 958.

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Advance bookings are essential. Casual class \$17.

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Wednesday 9.15am Wednesday 6.15 pm

Boxing circuit

is a fun high energy class using kickboxing and boxing techniques in a circuit style hour of good technique, great fitness, with toning and strengthening for both upper and lower body. Use gloves and mitts for punching drills and kickshields for awesome lower body toning. Burn fat, work out your stress! Suitable beginners and all levels of fitness. No bookings required.

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Students' Corner

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knok knok
who's there
orange
orange who
orange you glad I
didn't say Banana



pinkribbonday.com.au

Focus on Forgotten Cancers

On 24 October many will be observing Pink Ribbon Day, a day which aims to help raise awareness about and funds for breast cancer. Since pink became the colour associated with breast cancer, we have come to see it everywhere: from pink cricket bats, to pink NASCAR pace cars, the White House bathed in pink light, even a pink-clad crowd full of supporters at Pink Footy Day! The success of this campaign can also be seen in the great strides which have been made medically. Women diagnosed with breast cancer, especially in the early stages, have far greater survival rates than previously.



The Cancer Council Victoria's new project, The Forgotten Cancer Project, hopes to emulate some of this amazing success by highlighting some of the lesser-known cancers. As Parliamentary Secretary for Health, I attended the launch of this project in August. To date, research into 'forgotten cancers' – such as non-Hodgkin lymphoma, leukaemia, cancers of the

kidney, bladder, brain and others – has been limited, largely because only a small portion of the population are diagnosed with any one of these cancers every year, making it difficult to conduct large-scale studies. This is despite the fact that they account for over half of all cancer deaths in Victoria.

The project seeks to gather information from adults diagnosed with any of the less common cancers, with the hope of learning more about them. For more information go to www.forgottencancers.com.au

I congratulate Cancer Council Victoria for such an innovative project. It's one more step towards a cancer-free tomorrow.

Nick Wakeling

Member for Ferntree Gully



Locals needed to lead fight against cancer

Cancer Council Victoria is calling on Knox Council locals to support the 76 people diagnosed every day with cancer by taking a lead role in the upcoming Knox Relay For Life.

Cancer Council Victoria spokesperson Ms Susan Heron said the Knox Relay For Life is a unique opportunity to bring the community together to celebrate cancer survivors, remember loved ones lost and fight back against cancer.

The first Knox Relay For Life event will take place on the 24th & 25th March 2012 at the Knox Park Athletic Track – Pavilion Bunjil Way, Knoxfield

This locally organised event will see teams of locals take turns to walk through the night to raise funds and awareness to help fight cancer,” Ms Heron said.

The volunteer organising committee is made up of passionate locals, working with Cancer Council Victoria, to deliver this very special event. Currently there are a number of vacancies on the committee including Chair, Secretary and Team Recruitment

“Now’s the time to get behind Knox Relay For Life,” Susan Heron said.

“All local residents are invited to be a part of this special event and join the organising committee. It is a real opportunity to shape not only the 2012 event, but also the future of Relay For Life in Knox.”

Funds raised at Relay For Life help Cancer Council provide support services and resources for local cancer patients and their families. Funds also support critical cancer research and community education programs designed to teach people how to reduce their risk of developing cancer.

Knox Relay For Life Committee Meeting

Knox City Football Club, Egan Lee Reserve, Wallace Road, Knoxfield Wednesday 14th September 7pm
Light refreshments will be served. To learn more about volunteering your time for the Knox Relay For Life, email Knox@cancervic.org.au or call 1300 65 65 85. You can also email susan.heron@cancervic.org.au

Stretching your Budget

Ready to reclaim control over your money?

Wellington Care Centre in partnership with EACH Social & Community Health & Knox Infolink invite you to a series of free supportive and empowering workshops that will assist you to make the most of your money. Our aim is to give regular people tools that will assist in leaving money stress behind!

Workshops are being held at –

Wellington Care Centre

Cnr Wellington Rd & Le John St, Rowville.

Dates are: October 12th, 19th, 26th & Nov 2nd.

Starting time is 7:00pm

(Come earlier – 6:30pm for finger food and soup)

Phone **9764 3738** to book as places are limited. Closing date for bookings – October 5th



Health & Wellbeing

WORLD SPINE DAY – Sunday OCT 16, 2010 Locals Urged to Brush Up On Spine Health

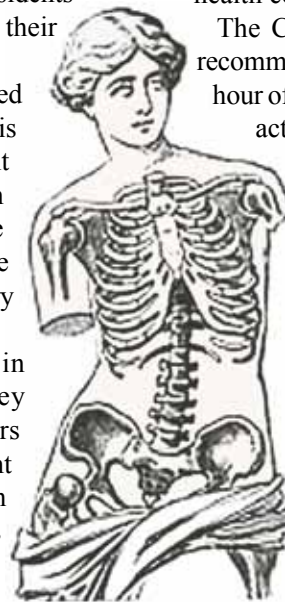
Sunday October 16 is World Spine Day and local Chiropractor Dr. Frank Whelan is urging residents of Rowville and Lysterfield to brush up on their spine health knowledge.

“The spine is one of the most underrated parts of the body,” said Dr Frank. This is reinforced by the fact that around 70 per cent of new chiropractic patients to Wellington Family Chiropractic don’t understand the critical role the spine plays to protect the spinal cord, which connects the brain to every cell, tissue and organ in the body.

Back-related issues are widespread in Australia. According to a recent survey conducted on behalf of the Chiropractors Association of Australia, nearly 80 per cent of Australians suffer from back pain, with the most common causes perceived as injury, lifting and poor posture.

“In the same way that you see a dentist for regular dental health check-ups, it makes sense to pay attention to your spine and consult an expert for regular check-ups before an underlying problem becomes a major issue,” Dr Frank advised.

What better way to encourage people to stay active than through walking – it’s simple, inexpensive, achievable



and easy, your overall health can be affected by the health of your spine so World Spine Day is a prompt to make an appointment to have your spinal health assessed and incorporate some more regular activity into your lifestyle,” he said. The longer days and warmer weather will hopefully make it easier to get out and do some more exercise. “Regular, moderate activity – such as walking – has been shown to improve posture and overall health, as well as reduce the risk of a wide range of common health complaints.”

The Cancer council recently announced its exercise recommendations based on scientific evidence that up to 1 hour of moderate activity daily or 30 minutes of vigorous activity is recommended to cut your cancer risk.

‘Moderate intensity activity’ is anything causing a slight but noticeable increase in breathing and heart rate (like brisk walking, mowing the lawn, medium-paced swimming or cycling).

‘Vigorous activity’ makes you ‘huff and puff’. It can be defined as exercise at 70% to 85% of your maximum heart rate and includes activities like football, squash, netball, basketball, aerobics, circuit training, jogging, fast cycling and rowing.

If you are not able to move as easily as you would like, make an appointment at Wellington Family Chiropractic for a checkup.

Dr. Frank Whelan
Wellington Family Chiropractic
1101 Wellington Rd.
Rowville

www.rowvillechiro.com.au Ph. 9780 8910



Exercise

Exercise is an essential component of a healthy lifestyle for people of any walk of life. Being active helps keep our weight under control, maintains strong bones and a healthy heart, reduces the risk of injuries and disease, improves our mood and self-esteem, boosts our immune system and keeps us energised for the rest of our daily activities. Despite this, more than 70% of adult Australians are not physically active enough to gain the benefits of personal health and well-being.

Did you know that appropriate exercise prescription can aid management of issues such as:

- Musculo-skeletal problems
- Arthritis and fibromyalgia



- Osteoporosis
- Balance training for falls risk
- Neurological conditions
- High blood pressure and cholesterol
- Pulmonary (lung) conditions
- Weight control
- Diabetes
- Cancer
- Depressions

Whether you are just beginning a new exercise program, looking to increase your general health and fitness, seeking help for a specific

complaint or are training for performance enhancement, there is an exercise program for you. Your Exercise Physiologist can put you on track to making activity a part of your everyday life, or assist you in making your exercise program more effective for your specific needs.

What is an Exercise Physiologist?

An Exercise Physiologist is an allied health professional who specialises in the design and delivery of exercise programs as a treatment and prevention strategy for injuries and chronic diseases. EPs often work in collaboration with other allied health professionals to target the optimal outcome and personal goals for each individual client. Clinical exercise prescription and behaviour modification strategies may be utilised for sporting injuries, return to work programs, management of lifestyle diseases or for improvements in general health and fitness.

**Exercise Physiology services may also be recognised by the following organisations for rebates: Medicare, Worksafe, Transport Accident Commission (TAC), Department of Veterans Affairs and private health funds.



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Alan Tudge Writes

From Rowville to Canberra:

St Simons students at Parliament House

Earlier in the month, I was delighted to welcome to Parliament House 103 Grade 6 students from St Simons Primary School.

They visited Parliament House as part of their "Canberra Camp" excursion, which also included visits to the Questacon Science Museum, the Australian Institute of Sport, the National War Memorial and the High Court.

From the accounts of the students, it was a terrific excursion. I was hoping to hear that Parliament House was their highlight, but the Australian Institute of Sport seemed to get the votes!

Many local schools do trips to Canberra as part of their year 6 program. Earlier in the year, Lysterfield Primary and Park Ridge Primary also made visits to Canberra.

It is apparent that the students have a huge amount of fun on their trips, but it is also an incredible learning opportunity. There is no better way to learn about Australia's system of Government than to visit the cradle of democracy in Canberra.



They have guided tours throughout the building and learn about the operation of the House of Representatives and the Senate, and how the Government is formed. They see some of the debates and learn how a Bill gets passed into law.

I sometimes despair at the lack of knowledge that young adults have about our political system, but these year 6 students are well on their way.

Of course, of great interest to the students is to learn that the corridors in Parliament House run for 22 km! They are also fascinated about the "ringing of the bells" which means that MPs have 4 minutes exactly to get down to the Chamber to be included in a vote. And yes, Josh, even if you are on the toilet, you need to hurry up and get there!

The most rewarding aspect of speaking to the students is their natural curiosity.

I always remind school groups that we are very lucky to have the system of government that we do. Of course it is not perfect and sometimes the public rightly despairs at our behaviour in Question Time. But, we are lucky in being one of the oldest continuous democracies on Earth whereby even a grade 6 student can raise a matter with his or her local MP. Over half of the world's population still do not have a system of democracy.

Congratulations to the staff and students of St Simons on a great visit to Canberra. I hope it was rewarding.

Alan Tudge MP

Federal Member for Aston

Knox Council



Rowville & Lysterfield

Minutes of August 23rd Meeting

Here is a brief summary of items affecting the Rowville-Lysterfield area from the Knox City Council meeting held on the 23rd of August 2011.

Item 8.2 Arterial Road project priorities for submission to VicRoads 2012/2013

VicRoads is the responsible authority for the Arterial Road Network and has a number of funding programs to rank new projects. In these programs there are several categories ranging from road improvements on Arterial Roads through to improvements to Bicycle and Pedestrian facilities. In addition, BlackSpot and Blacklength funding is also available for sites which have had more than three casualty crashes over the past five years.

Each year VicRoads requests Councils submit a list of projects for funding consideration. The closing date for applications this year is Friday 7th October 2011.

The table below is a summary of Council priorities (focussed on Rowville and Lysterfield) for projects proposed to be submitted to VicRoads. The full report containing all of the proposed projects in the City of Knox can be found in the Council minutes on the Knox City Council website.

Network and Asset Planning (NAP) - Arterial Roads

Priority - Location - Project

1 Dorset Road Extension, Burwood Hwy to Napoleon Rd New four lane road. 2kms.

3 Wellington Road, West of Stud Road

Bus Priority Lane

7 Napoleon Road, Lysterfield Road to Kelletts Road

Duplication, including conversion by VicRoads to main road classification. 2.5kms

8 Dorset Road extension, Napoleon Road to

Lysterfield Road

New four lane road dependent on land acquisition. 1km.

Network and Asset Planning (NAP) Facilities

– Bicycle Facilities

Priority - Location - Project

5 Corhanwarrabul Creek – Eastlink to Stamford House Off-road shared path.

Network and Asset Planning (NAP) Facilities

– Pedestrian Facilities

Priority - Location - Project

1 Kelletts Road, near Lakesfield Drive

Pedestrian operated signals replacing flagged school crossing.

1 Napoleon Road, near Gill Crt, Rowville

Pedestrian operated signals

1 Napoleon Road, near Snowgum Cl, Rowville

Pedestrian operated signals replacing flagged school crossing.

1 Stud Road, near Police Road

Pedestrian operated signals

1 Stud Road, near Lakeside Dr

Median breaks including the construction of DDA Pram Crossings and linking to existing footpaths.

Safer Roads – Blackspots/Blacklengths

Priority - Location - Project

1 Napoleon Road/Affleck Way

Under separate investigation and scoping of possible treatment options.

2 Clauscen Drive/Liberty Avenue

Under separate investigation and scoping of possible treatment options.

It was resolved that Council:

1. Adopts the priority order for the 2011/12 Arterial Road Projects as shown in Appendix A of the Council report with three amendments.
2. undertakes more detailed scoping for the projects highlighted in Appendix A.
3. submits the priority list and scoped projects to VicRoads;
4. writes separately to VicRoads regarding the need for improvements at flagged school crossings on arterial roads where school speed limits do not apply; and
5. continues to advocate for funding to improve transport infrastructure in Knox.

The full council minutes can be viewed at www.knox.vic.gov.au

Darren Arnott

STOP PRESS

STUD ROAD APARTMENT BLOCK REJECTED BY COUNCIL

The application to build a 36 apartment, three storey apartment block at 1088-1090 Stud Road, Rowville was rejected by Council at its 27 September meeting. Cr Van de Vreede argued that the proposed building failed to comply with both the State and Local Planning Policy Framework and the Knox Municipal Strategic Statement. The proposal conflicted with surrounding land uses, failed to integrate with the existing road infrastructure, and failed to consider neighbourhood character, particularly with regard to prevailing building heights, visual bulk and lack of tree planting opportunities. Residential amenity would be unacceptably impacted by the development.

Cr Pearce and other councillors also argued strongly against the proposal that came at a time when the local structure plan was being reviewed.

School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools & Rowville Sec. College



PARK RIDGE PRIMARY SCHOOL

Wall to Wall Dads

As part of our Prep program, our annual Fathers' Night was held to celebrate Fathers' Day in early September. Dads, grandpas, uncles and friends were invited to spend an evening exploring a Prep class. Schoolwork was shared, stories were read, games were played, construction was undertaken and a good and informative time was had by all.

Park Ridge is looking to heighten the profile and role of dads in the education of their children. This annual event is seen as one way of inviting dads into the school environment, showing them the sorts of things students in a prep classroom do and thus opening up the possibilities of the things dads can do to support their child's learning.

Multi-cultural Involvement

As part of the school's effort to promote multi-culturalism, our coordinator of Multi-cultural activities, Ibu Peek Ling organised for the Sabrina Chou Dance Company to provide workshops for our students. During a one hour session, each class was taught a traditional dance from countries such as Korea, China and Indonesia. During the last session of the day each class performed for their peers in a concert in the school gymnasium. The activity was well received by the students who came away with some understanding of the music, rhythm and cultural significance of Asian dance.

Mathletics At Park Ridge

Mathletics is an interactive computer program that many schools use to consolidate mental arithmetic and

develop knowledge of basic mathematical principles and concepts. Students can access the program both at school and at home and, according to their effort and success, gain rewards in the form of certificates to celebrate their participation. At Park Ridge the program is driven by our senior years Mathematics Coordinator, Chris Hossack who has worked extremely hard to promote Mathletics and celebrate the considerable success many students have gained.

Last week our students, along with 500,000 others, participated in the Mathletics Commonwealth Bank Challenge to practise and improve their mathematical knowledge and understanding.

Park Ridge Primary School performed extremely well, coming 62nd in Victoria and averaging 1210 points per student. Five classes: 5-23, 3-19, 6-14, 2-12 and 6-13, featured in the top 100 Victorian classes in the Hall of



Fame. We had an amazing 220 students earning certificates (over 1000 points)!

The students enjoyed using Mathletics at school and although the Challenge is over, will hopefully continue using it at home to practise concepts taught at school and also to reinforce their basic number facts knowledge and speed of recall.

Police Helicopter Visit

Did you know that if the police helicopter landed on an asphalt road with its searchlight blazing, the road would melt? Did you know that through the use of infra red technology and a GPS system, the police helicopter can pinpoint a precise location any time of the day? These were some of the interesting facts we learnt as part of a visit from the police helicopter.

Our Year 1 students recently undertook a study of "Community Helpers". To support their learning, one of our teachers, Carrie Chalmers, arranged for the Police Air Wing to land in the school grounds to allow the students to have a close look at the police helicopter. After attending a mid-morning emergency call

in Boronia, the beast appeared like a dragon fly from the distant northern horizon. After circling our school oval for a minute or two, the machine descended. Once the giant rotors ceased to rotate, the students swarmed around the aircraft to greet the three officers, take a peek inside and get a closer look at this amazing emergency services machine.

After thirty minutes, duty called. The aircraft rose slowly above the treetops and then spurted away to find its next mission. For the students involved it was an outstanding learning experience and an excellent public relations exercise for the Police Air Wing.



PSC 21

**Happy 21st Birthday
Rowville Secondary College**

Date: Saturday 26 November
Location: Western Campus,
Paratea Drive
Time: 1.00-5.00pm

See your old school and meet with your old
teachers, friends and colleagues and students!

Come help us celebrate!

Rides A walk down Sports
Amusements memory lane Food & Drinks

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Sat 12 November
10 am to 5 pm
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Wrist Bands - 6 hrs of fun.
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Mega Raffle Silent Auction
Veggie Market, Cakes,
Preserves, Crafts, Gift
Ware, Toys, Games
& much much more
**Join us for a fun
filled family day!**



My favourite part was the games room. You know why? Because it was so much fun and there was lots to do. My favourite games were kicking the football at the screen and the cycling. The coolest thing was going onto the oval and looking up at the stands.

Soon it was time to go outside and wait for the bus, we were able to look at all the statues of past footballers. I thought this was one of our best excursions because I did things that I have never done before.

Chloe
3A

The MCG Excursion

As soon as I saw the MCG, I was so excited, my eyes nearly popped out of my head! First we walked around and got some good information and saw some cool things too, such as the locker rooms.



The Grades 5s of Heany Park PS have had a very exciting and educational incursion this week. Jonathan from Learning by Doing-Woodworks for Kids came on Tuesday the 6th and Wednesday the 7th of September. We all had a great time making a sustainable house model made of wood.

To make our landscape we used saws, nails, pliers, wood, hammers and safety goggles. Jonathan gave a flat pack to each of the groups. Each flat pack included pieces to make a Wind Turbine, a compost bin, a vegetable patch, a water tank and a house.

Jonathan told us about solar power and how it works; he told us that solar power works with atoms. For example: When a light shines on the solar panel it warms up the metal inside of the panel and makes the atoms energised and then they run down the red wire into the motor which makes the motor spin. When the atoms get tired they run up the black wire into the panel to re-energise.

We all had great fun with Jonathan and we all hope we will have a chance to do it again.

Ben Harris and Alyssa Murray



Last week Rowville Secondary College held their Indonesian festival, to indulge in the culture of one of the core languages they learn in their curriculum. The festival fell within the same week of Festival Indonesia, which was held in the Queensbridge Square, Southbank that very weekend. So the students were very lucky to experience more of the Indonesian culture, by having the opportunity to see traditional Indonesian dancing.

The dancers had come straight from Jakarta, Indonesia, in time for the both Rowville Secondary's festival as well as Festival Indonesia. During their visit, they performed 3 traditional dances for the students, each giving a story and a piece of their culture.

Throughout their 3 dance performances, they displayed different wonderfully made traditional garments, each relative to the theme of the dance. They were bright, colorful and pleasing to the eye. What made their performance more interesting was their grace and timing, with their music a mix between tradition and modern music to further engage their young audience.

The first dance was the 'Tari Nusantara' which was described as a dance of welcoming, which opened their collection rather well and definitely displayed each dancer's role within the dance number. The second was the 'Betawi Dance', and was a collaboration of 3 regions within Indonesia: Kalimantan, Aceh and Bali. This had a storyline of romance but was entertaining to watch from the upbeat music and the rhythmic movements. The students were very interested and rather amused by the change of tempo and topic. The third and last formal performance was the 'Tari Sesudaan', which was best described by the student's language teacher as one that was



commonly performed during the Harvest Festival. This last performance led to the dancers pulling out students from the audience and participating in an iconic West Java dance called the 'Ngibing Dance'. Many students came up one by one to try out the dance that involved them to be dancing in a circular motion. Those who were sitting in the audience or actually participating in the dance could see the enjoyment of the students and it was a great way to conclude the dancer's visit to the school.

"It's a great way to learn more about the Indonesian Culture and I think it's a great idea to have more festivals, if not every year, then every 6 months! To better the understanding of those who are learning the language or those who have a general interest in Indonesian Culture," – Thana Suppiah, RSC LOTE Coordinator

"It was a fun experience and we feel very lucky to have had these performers come all the way to show us more about the Indonesian Culture. Learning Indonesian has opened more doors for me as a student. So I am very thankful for the opportunity," – Christabel Teo, School Captain 2011

Catherine Ubay



School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St. Simons Primary Schools & Rowville Sec. College



Celebrating 100 Days of School

Rowville Primary School had a very special event on the 4th of August. This was for the 2011 prep children achieving their 100th day at school. The preps invited their family and friends to watch them perform their speech about what the best thing about school is. Before the show commenced, all the prep parents gathered to have tea and coffee in the staff room, while the preps organized themselves for their show. Class by class they each read out a speech about what they love about school. First was Ms Hansen's grade then there was Ms Osborn's grade and then finally Ms Richard's grade. They each wore their very own "yellow thinking hat" which they made with their grade 6 buddies.

They all did very well and everyone thought the MC, little Marcus, was very funny with how he introduced each of his classmates 'here is the beautiful Jessica.'

As a Grade 6 Buddy it was interesting to listen to all the different comments made by the preps of what they liked the most about school. Many said 'their friends' and 'teacher' and a couple of prep students even said the 'canteen'. Also a popular response was discovery, independent reading time and numeracy. I couldn't believe how much the preps really knew about school. I wonder if I was that smart when I was their age!

By Lachlan Williams

Member of the Ceremonies and Special Events Parliamentary Working Party



*100 days we reach,
For the days the teachers teach.
The preps were so excited,
The parents were delighted!*

*Each by each the preps read their speech,
About what they love at school,
Which they wrote using their learning tools,
Such as their yellow thinking hats,
At the end they all deserved a pat on the back!*

*They strode off the stage with pride
And their youth made us feel alive*

By Renee Mackie

Member of the Ceremonies and Special Events Parliamentary Working Party

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Community Garden open to neighbours

RAFT Anglican's Community Garden project is launched, and is open to neighbours to join in promoting social well-being through a healthy activity. Community representatives Nick Wakeling and Nicole Hunter launched the project at RAFT on September 5, 2011 where they cut the ribbon and planted a Banksia to mark the occasion.

RAFT senior minister Phil Meulman said the aim of the garden was to create a resource for the whole community. "It is hoped that individuals and families in the neighbourhood will use this opportunity to join us in learning how to grow vegetables and develop an appreciation of what is involved in healthy eating. There are benefits across the community. The project will create a community hub for our neighbourhood, and build social connections. There will be a sharing of skills, teaching people how to grow their own vegetables. The project will promote physical exercise and mental well-being." The list goes on.

Our aim now is to lease parts of the garden out to the community and to provide some training and teaching on how to grow veggies. As well as provide a space for



Community representatives, VCAL students with their parents and family, SkillsPlus representatives, RAFT parishioners and staff at the launch.

The Official opening and naming of the Nganagee Building

On Wednesday the 3rd of August, Rowville Primary School students, teachers, special guests and members of the school community gathered together to celebrate the completion and naming of our new building. The ceremony was lead by our school captains and parliamentarians.

Our school is a place where everyone comes to learn and we use every opportunity to progress learning. So through our special ceremony we all learnt something about Aboriginal culture and recognised the Aboriginal heritage of the site on which our school has been built. The head of the Wurundjeri people, Murrundindi, lead a spiritual smoking ceremony delivered a "Welcome to Country" speech.

We were joined on this special occasion by our professional colleagues from Rowville Secondary College and members of the school council as well as the Hon Laura Smyth, Federal Member for LaTrobe who officially opened the new building.

The name chosen for our new building is 'Nganagee'



MP Nick Wakeling and Knox Council representative Nicole Hunter set to plant the Banksia to mark the launch. On the left is VCAL student Neil Cameron, with RAFT senior minister Phil Meulman behind them.

people to chat.

The garden consists of nine plots of 3 metres x 3 metres. Three of the plots will be for VCAL/RAFT use, and six for the community.

The project came out of RAFT's vision to be a church working with the community. It has been two years in the making, the seed having been planted at a meeting of not-for-profit agencies in Knox. Knox council joined in partnership with land on the road reserve on Taylors Lane next to the church property, and approved a grant through the Knox Council Community Development Fund.

Students from the Victorian Certificate of Applied Learning (VCAL), which runs classes at RAFT, helped build the plots under the guidance of RAFT property manager Ray Deamer.

Said Phil at the launch: "My thanks go to all who have been involved in the project — Knox Council, SkillsPlus (which runs the VCAL programme) VCAL students, Janet Dedrick (VCAL teacher), Ray (Deamer) and the (RAFT) management team for the garden."

Those interested in finding out more, or to take up a plot, can contact RAFT during office hours on 9764 2573.



which means a place for collaborating and celebrating. Our school leaders spoke proudly about the 21st century learning that is happening in our new building. They believe that the building is bringing students together to learn and grow. The name 'Nganagee' was inspired by students who lead their own learning investigations on the Aboriginal heritage of Rowville. They thought it would be a fitting name to reflect on our cultural past and inspire students to celebrate their learning.



It's October already! Can you believe we're in the last quarter of 2011? What have you done with your time this year?

The concept of time is incredible. It's the only currency every person is given annual equality in. Everyone has the same amount of seconds in a minute, minutes in an hour, and hours in a day. What's more, is that no matter how 'important', popular or rich somebody may be, none are permitted the luxury of being able to roll over 'unused' time or save it for a rainy day – when it's gone, it's gone, no exceptions or terms of condition! Normally, we forget the measure of time, allowing it to fall forsaken away, a minute at a time. Normally we wake up and live through a day without even second guessing the affordability of tomorrow. Normally, we unconsciously assume that we will have enough time to do everything we want in life – within reason. But normal hasn't seemed



to be working lately. Oddly enough, this presumption we have about time being freely available to us, period, although normal, isn't going to help us make the most of it!

Every year, time seems to travel faster and we get stuck in one routine or another; but have you sat down and calculated just where you've delegated your time, lately? It's rather revealing! If we break down the 168 hours in a week, can you see how your time was spent? Eating, sleeping, travelling, hobbies (reading, fishing, painting, gardening, etc), working, cooking, spending time with those you love... the list of the things we do or want to do is endless! But what of the time we have to do these things? Is that endless?

Life is given a time to be, and it certainly isn't forever. So what of this time, this year and this life? Are we supposed to do anything in particular with it all? Suppose there is such thing as eternity, and eternity to live, what would it

Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, Anglican parish of Rowville & Ferntree Gully, Rowville Baptist Church, Rowville Uniting Church, Salvation Army - Lifewerx, St Simons Parish.

be like and what would it matter how we spent our time now? This concept and more are being explored in our services on Sundays. If God is the author of time, it's likely He has a few good pointers about how to spend it well! If you were at all curious, intrigued, or even unsure, we do invite you to join in our inquiry, assurance and excitement about life – however long or short.

English services – 10am (simultaneous Kids R.O.C.K program) and 5:30pm every Sunday.

Indonesian services – 10am every Sunday.

Mandarin services – 1:30pm every Sunday.

Stompers Pre-School Playgroup – 10am to 11:30am every Wednesday (during school terms).

All of the above take place at ACF Church: 1070 Stud Road, Rowville. (www.acfchurch.com)



Rowville Uniting Church is on the corner of Fulham Rd and Bridgewater Way. We gather to worship at 10am each Sunday where we share in worship that is lively and relevant to today's world. At our church we believe people should be welcome and respected and that there is a place for them. We offer Sunday School during the service and a youth gathering on Fridays or Thursdays.

Rowville Uniting Church believes it has something worthwhile to offer the wider community. Being the

church is more than serving our own ends. We, like other local churches, offer mentors to the Parkridge Primary school through the Kids Hope program, a program that seeks to build self esteem and value in young children. We offer the Bridgewater Centre for low cost self referred community counselling with a fully qualified and accredited Psychologist.

This year Rowville Uniting Church has started the Toddler Gym program. This program, supported by Knox City Council and Rowville Rotary Club, has been a hugely successful undertaking, offering low cost quality play and learning for children aged 0-4 years old and their parents. This program has been running on Fridays for two one hour sessions: 9:30-10:30 and 11:00-12:00. We are pleased to announce that we will now also be offering this Toddler Gym program on Tuesday's as well as Friday's. Tuesday

will also offer two one hour sessions, 9:30-10:30 and 11:00-12:00. The cost is still \$3 per family, but we ask people to register for one of our session times as numbers are restricted.

Our planning for Advent Workshop is also well underway. This four week program that shares the story of Christmas with Kinder and Primary aged children went really well last year and we will be offering it again in 2011. The program will run on the 23rd, 30th November and 7th and 14th of December, from 4pm until 5:15pm. Registration forms will be sent to people who attended last year and are available from the church office.

For any further information about any of our programs please contact the church office.

Trevor Bassett



Every month the cost of living rises, with the price of essentials such as food, electricity and accommodation going up and up. Many of us, including those who have jobs, are finding it harder to make ends meet. In response to this, we are offering two ways people can find help with managing their money. One is a short series of FREE workshops on Stretching Your Dollars.

An experienced Financial Counsellor from EACH Social and Community Health will be offering practical advice on topics such as managing credit, setting a budget you can live on, etc.

The workshops will be held at the Wellington Care Centre, Le John Street, Rowville, on the nights of October 12, 19, 26 and November 2. Numbers are limited, so phone 9764 3738 to book your place.

It's free, practical and no one will hassle you with unwanted follow-ups. Aside from the workshops, the Wellington Care Centre also offers private sessions with a trained Budget Support Worker. We are delighted to be working with Knox Infolink in providing this free service. A Budget Support Worker can help you find solutions to your financial issues. Phone 9764 3738 to book a private session.

Of course, there's more to life than struggles, seminars, etc. It is also good to celebrate and have fun. Rowville Baptist runs a number of events and groups at which people can make friends and enjoy good times. The Church's calendar over the next month or so includes events such as an AFL Grand Final BBQ; Men's Fishing Trip; Women's Afternoon Tea; Lunch for Seniors; Rugby World Cup Final Night and Kids' Sleepover. Then there's the weekly youth activities and groups for those interested in reading, crafts and photography. If you are looking to add some friends and joy to your life, give us a call (9764 4242) or email office@rowvillebaptist.org.au

Church is also the best place to explore and develop the spiritual side of life. Across the world today, a growing number of people are finding that Christian faith and hope greatly enrich their lives. More people than ever are following Jesus. We are offering an opportunity to explore Christianity. "LifeWorks" is a five-week course that looks at questions such as Who am I? Who is Jesus Christ? How can I have a good relationship with God? It's based around DVD presentations and discussion over lunch. Questions are welcome and there's no pressure to sign up to anything.

We will be running LifeWorks over Lunch on five Sundays, starting October 9. To find out more, phone Phil or Jan (97636005).

Rev. David Devine



St Simon's Catholic Parish

October and November are very busy months at St Simon's Catholic Parish.

First, we must take this opportunity to congratulate all the team at the Rowville-Lysterfield Community News, past and present, on your 30th Anniversary. As another organisation which relies on volunteers, we appreciate the hard work and dedication to the community that goes into this great publication and wish it all the best for another 30 years!

At St Simon's we are also celebrating an anniversary this year. On Saturday, the 12th of November 2011, from 10am to 5pm, we will be having our 25th annual Parish Fete. From humble beginnings in 1986, our Fete has grown into a great family fun day, with exciting rides, crafts, toys, books, gifts, plants, home-made cakes and jams, fresh produce and more. Our ever-popular international food stalls will be back, and you can't miss the chance to fossick through our massive trash and treasure stall. Bargains galore, every year!

Then, if you are tired out, sit down in the hall with a Devonshire tea or a doughnut and enjoy our great line-up of entertainment. And while you are there, browse through our silent auction and buy a raffle ticket. Thanks to the fantastic generosity of our local community, we have many wonderful items in our silent auction. From hair vouchers to gift baskets to original artwork, there is something for

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everyone and the chance to get them at a great price. Our raffle this year is also very exciting. First prize is a \$5,000 travel voucher, so you won't want to miss out!

A great many members of our community work very hard to put on our Fete each year and we would love to have you come and share it with us.

In other news, October will see 125 children from Rowville and Lysterfield celebrating their 1st Holy Communion in St Simon's Parish. This is a very important time in their faith journey and a wonderful time of year for our community as we celebrate with them.

In November we remember our lost loved ones. On Wednesday the 2nd of November, we celebrate All Souls Day, with masses at 9.15am and 7.30pm. All are welcome to join us as we pray for the souls of all those who have gone before us. We also have three special memorial masses on Tuesday evenings in November at 7.30pm for

particular intentions. On the 8th, we remember those who have passed away in the last 12 months, on the 15th, we pray with anyone who has lost a child and on the 22nd for those who have died while away from home.

For information on any of our activities, please call the office on 9764 4058. God Bless.



This is why magpies swoop - family protection. Although attacks are usually surprising, they are rarely harmful. Wear a hat, wave your hand, keep eye contact if you see it coming, but do not turn to look at a swooping magpie - that puts your eyes where the back of your head was at just the wrong time.

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