



# ROWVILLE-LYSTERFIELD

## COMMUNITY NEWS

PUBLISHED MONTHLY BY THE ROWVILLE  
LYSTERFIELD COMMUNITY NEWS INC.

**Priceless**

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Rowville Baptist Church  
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## From the Editor's Desk

With the arrival of June comes winter and with it some of those crisp, frosty mornings that I must admit I quite enjoy (if only for a limited time). I have had the privilege of living in a number of countries around the world and whilst I thoroughly enjoy being 'warm', constant hot sticky weather can have its drawbacks too. With daily temperatures in the high thirties and suffocating humidity, my memories of Ghana and Singapore are of hours spent in swimming pools and restless nights. Here even the lightest task can seem burdensome. Malta was somewhat different, burning heat but always a sea breeze and little humidity. Life was much simpler there. Stay out of the mid-day sun and enjoy the balmy evenings. In contrast, the UK had distinct seasons, not very long or hot summers and some bitterly cold winters. But you knew what to expect and dressed accordingly. So where does Melbourne fit in? Right in the middle and that is how I like it. Distinct seasons of Summer and Winter with glorious Springs and colourful Autumns in between. So wrap up warm and enjoy the two or three months ahead.

I heard some splendid news this week that Edel Wignell, our Poetry Corner contributor's book, **Bilby Secrets** (Walker Books Australia), has been shortlisted for the Children's Book Council of Australia, Eve Pownall Award for Information Books, 2012. The winner will be announced in August. Our Good Vibes are with you Edel!

It was also gratifying to learn that the Council

website for logging graffiti tags has had some excellent results. Both Karoo and Lysterfield Primary Schools have suffered graffiti attacks in the past months and as a result of information received, two youths have been convicted for damage they have caused over 2 years, using the tags 'Red Man' and 'Creep'. It is understood that they have been ordered to pay \$20,000 compensation. Another youth has been charged with over \$50,000 worth of damage in Rowville in the last 18 months.

Finally, our congratulations to Rowville resident, 16yr old Peter Skapetis, on being given an 18 month contract with English Premier League side Queens Park Rangers. QPR only just escaped relegation so they have another chance in the top flight. Good luck Peter and we all hope you get your big break soon.

David Gilbert



## WACKY WISDOM

**You may be only one person in the world, but you may also be the world to one person.**

## What's On Locally June 2012



Sponsored by:  
**Lions Club of Rowville**

## DIRECTORY

**Apex Club** Meet on the 2nd & 4th Tuesdays each month.

**AfCFellowship** English services 10am (simultaneous kids R.O.C.K. programme) and 5.30pm every Sunday. Indonesian: 10am every Sunday. Mandarin: 1:30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms).

**Baptist Church** Services every Sunday 10am and Youths 7pm. 'Flying Solo' a single Mums support group every Wednesday, details 9759 6642

Playgroups - Tue, Thurs, and Fri. mornings during school terms.

**CFA Juniors** Meet every Thursday 7pm.

**Cake Decorators Asscn** Bi-monthly 2nd Sunday June, Aug, Oct. and Dec.. 10am-3pm (watch for extra meetings)

Scout Hall, Turramurra Drive Contact 9763 8646

**1st Rowville Scout Group**

**Scouts (11-14years)**

Yarra Troop - every Monday 7.30pm

Strzelecki Troop - every Thursday 7.30pm

**Cubs (7-10.5 years)**

Emu Pack every - Tuesday 7.00pm

Kangaroo Pack - every Wednesday 7.00pm

Joey Mob (6-7.5 years) - every Thursday 6.00pm

**Venturers** (14-17.5 years) every Friday 7.30pm  
Contact Terri 0418 567 923 atm.russell@Gmail.com

**Fruitful Vine Church** Services every Sunday 10am.

**Growville Growers** 1st Friday each month 2pm at Library.

**Knox & District Over 50s** Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

**Knox Home Garden Club** Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus.

**Knox Neighbourhood Watch** Meet 1st Tues each month at Knox Police Station. Contact L S/C Lee Thomson 9881 7948

**Life Activities Club** Regular Activities. Call Melva 9762 3764

**Lions Club** Meet 2nd & 4th Wednesday - 7pm for 7.30pm at Knox Tavern. Transport & meal available Robert: 9752 2785

**Little Athletics** For training & event days: 9763 1404.

**Multiple Birth Assoc.** 2-3 yr old Playgroup Tuesdays & Wednesdays 9.30am Kristin 9754 4318 Parents Coffee Morning - Fridays 10am Wendy 0425 805 918

**Overeaters Anonymous** Meet Saturdays, 8.30 to 10am at the Uniting Church. Free and no Weigh-ins. Ring 9874 5527 or 9873 7161. Web: www.oa.org.au

**Probus Club** (Knox Combined) Meet 1st Tues each month at

the Stamford Hotel at 10am.

**Probus Club** (Knoxfield Ladies) Meet 4th Monday each month at Waverley Golf Club at 9.30am. Contact Jennifer on 9762 8181.

**RAFT Anglican Church** Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. **Mainly Music** every Wednesday 9.30am **New Vogue dance:** every Tuesday 7.30pm. Contact Anthea or Arleen 9801 3509

**Red Cross Rowville** Meet 3rd Wed. each month 10am. Contact Joan: 9764 4611

**Ruby Gumnut Goddesses** (Red Hat Society) For all events contact Kerry: 9764 4717

**Rotary Club** Every Tuesday at Baton Rouge at 7pm

**Rowville Seniors** Meet Wednesdays and Fridays 1pm to 3.30pm at Community Centre

**Salvation Army** Services every Sunday 10am

**Shooting The Breeze** Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

**St Simon's Parish** Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am

Tuesday 7.30pm, Wednesday to Friday 9.15pm

**Stud Valley** Thursday mornings at Tirhatuan Golf Club 9 & 18 hole competition.

**Ladies Golf Club** Contact Nola 9700 3804 or Pam 0409 934 966

**Timbertop Golf Club** Saturday Ladies Competition Tirhatuan Lakes Muriel: 0427 585 575

**Toastmasters** Meet 2nd & 4th Tuesday each month at 7.15pm for 7.30pm at RAFT Church, contact Sheree: contact@rowvilletoastmasters.org.au

**TOWN Club** Meet Wednesdays 9.30am at Uniting Church

**Uniting Church** Services Sunday at 10am. KUCA (Primary Children) Fridays 12.30pm LINK Thursdays 10am. Toddler Gym Friday 9.30-10.30 & 11am-Noon (during School terms)

**Yoga Buddies** Yoga for Kids! 2-5 years Fri 10am, 6-13 Tue 4pm Rowville Scout Hall. Contact Erin: 0402 080 469 or erin@yogabuddies.com.au

## June Events

**RAFT Anglican Church** prayer and healing 8pm Monday 4th and Monday 18th June

**If you would like to add your club, organisation or association to the 'Directory' or 'This Month' free listing, please contact the editor 9763 3157.**



# Calendar of Events June 2012

1 – 21 June **The 21 Challenge** [www.21challenge.com.au](http://www.21challenge.com.au)

3 June **Traralgon Marathon** [www.traralgonharriers.org](http://www.traralgonharriers.org)

3 – 9 June **Bowel Cancer Awareness Week**  
[www.bowelcanceraustralia.org/bca](http://www.bowelcanceraustralia.org/bca)

5 June **World Environment**



[www.unep.org/wed](http://www.unep.org/wed)

6 June **Red Apple Day** [www.bowelcanceraustralia.org/bca](http://www.bowelcanceraustralia.org/bca)

11 June **Queen's Birthday Holiday**

11 – 17 June **Men's Health Week**  
[www.menshealthmonth.org/imhw/imhw](http://www.menshealthmonth.org/imhw/imhw)

17 – 23 June **Drug Action Week**  
[www.drugactionweek.org.au](http://www.drugactionweek.org.au)

18 – 19 June **Go Girl, Go for IT** <http://gogirl.org.au>

20 June **World Refugee Day**  
[www.un.org/en/events/refugeeday](http://www.un.org/en/events/refugeeday)

21 June **Winter Solstice**

21 June **MND Global Day** [www.mndaust.asn.au](http://www.mndaust.asn.au)

23 – 24 June **Yarra Valley Smaller Wineries Shortest Lunch**

[www.yarravalleysmallerwineries.com.au/shortest\\_lunch](http://www.yarravalleysmallerwineries.com.au/shortest_lunch)

29 June **Red Nose Day** [www.rednoseday.com.au](http://www.rednoseday.com.au)

## Did You Know?

### Calendar for June 2012

This year, June has 5 Fridays, 5 Saturdays and 5 Sundays. This happens once every 823 years. Last time was 1189 when the third crusade was initiated and Richard the Lionheart was crowned king of England.

## \$\$ KNOX COUNCIL \$\$ \$\$ BUDGET \$\$

Council Budget for 2012-2013 is now available for community comment before it is finally adopted on 24 July 2012. The budget is much later than usual due to last moment changes and will not be voted into effect until almost a month of the new financial year is past. Although significant changes to the budget following community submissions are unusual, they are not unknown. Submissions for major projects usually fail because Council works from a priority list for capital works. However there are many elements of the budget that may be modified or re-prioritised and this is your chance to make a difference.

**Deadline for submissions is  
5pm Monday 25th June**



Who's responsible for the maintenance?

## DEADLINES July 2012

**EDITORIAL & ADVERTISEMENTS  
Wednesday, 13 June**

**Articles, News or Letters to the Editor**  
[editor@rlcnews.com.au](mailto:editor@rlcnews.com.au)

Or drop off/post to RLC News, c/- Community Centre, Fulham Road, Rowville 3178.

**PHOTOS** – email separately –  
do not embed in documents.

**ADVERTISING:** [advertise@rlcnews.com.au](mailto:advertise@rlcnews.com.au)

**DISTRIBUTION  
Saturday, 30 June, 2012**

# Letters to the Editor

Hi

I was doing some research on my uncle, who was a POW in Australia. I found some documents in the national archives and one of those documents showed that he was taken to the Rowville camp. I knew nothing about this camp until I read an article online, published in the Rowville - Lysterfield Community News.

I am glad that it was still online because it filled in quite a few blanks.

Thanks very much.

Frank Fiumara



### Letter To The Editor

Dear Editor

Subject: 1997 Memory Lane. April Issue

Yes I do remember Rowville Primary hosting students from El Salvador - we were one of the host families! We went on to host a second time with a boy from Argentina - this family we are still in contact with.

Both experiences were indeed hectic but very rewarding.  
Suzanne Bogos

**ROWVILLE COMMUNITY NEWS**  
**WALKING THE NEWS**  
**JUNE 2012**  
**Distribution Report**

**Thank You** to retiring distributors – Mandy Irvine (4 years), Tricia Johnston (16 years) and Merle Turner (24 years); to new Area 1 – Captain – Andrew Williams; to Kath Davison for taking on extra distribution; to Wolfgang Amend for helping with Area 1 distribution; to Wendy Couper for helping with extra Area 2 distribution

**Welcome** to new distributor Craig Morgan

### Voluntary Positions

**Can You or Do You** know someone who can be a distributor in the following areas?

North side of Rathgar Rd = Lords Crt, Sunset Tee, Ambley Rise, Viewgrand Rise, Viewline Dve, Park Valley Dve) – 95 papers

Please contact – Kel Emerson – 9752 9365

• Superior Av (odd # 25 to 57 & even # 24 to 64), Yellowstone Cl, Glenelg Crt, Ladonga Crt

Please contact – Lesley Jenkins – 9755 5065

• Stamford Cres

Please contact – Peter Rumble – 9752 7592

• Platypus Crt & Monbulk Cres

• Murrindal Dve (from Karoo to drain), Alfa Crt, Mayfield Pl, Overton Cl, Rosebank Crt

Please contact – Ian Richards – 9763 9260

**3 x Area Contact Persons (ACP)** who liaise between distributors and the Distribution Co-ordinator

**2 x Captains** who count out the papers and deliver them to the distributors. The areas are:

• bordered by – Napoleon Rd, Kelletts Rd and Wellington Road;

• bordered by Lakeview Ave, Waradgery Dve & Stud Rd;

• Timbertop Dr and Seebeck Rd Estates (ACP only)

Please contact – Peter Rumble – 9752 7592

**Peter Rumble** - 9752 7592

Distribution Co-ordinator

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[www.rowvilleframing.com.au](http://www.rowvilleframing.com.au)





## Help Make Nuclear Weapons the Target

Australian Red Cross has launched an innovative new campaign to reignite the push for a ban on the use of nuclear weapons. "Make Nuclear Weapons The Target" draws attention to the horrific humanitarian and

environmental effects of nuclear weapons and calls on the international community to do more to ensure nuclear weapons no longer pose a threat to our future.

Nuclear weapons are capable of destroying the planet in a matter of hours. The world saw their devastating impact, after a nuclear bomb was dropped on the Japanese city of Hiroshima on 6<sup>th</sup> August 1945, killing tens of thousands of people and causing unimaginable suffering.

Since then there have been efforts to make the use of nuclear weapons illegal, but to this day, not enough has been done. Red Cross wants to help ensure the world never again faces a similar tragedy.

The first stage of the campaign is focussed on growing critical mass behind the project and we need the help of our members and volunteers. To find out more about this campaign, go to [www.redcross.org.au](http://www.redcross.org.au)

For meeting dates and venue for the Rowville Unit of the Red Cross, please see "What's On Locally" on page 2. For any enquiries please contact Libby on 9755 8010



## Rotary Club of Rowville-Lysterfield

Rotary is well known for the way in which it helps people in need both locally and overseas. But do you know about the other side of Rotary?

Our district has an annual conference where we are exposed to a wide range of high class speakers and have time to enjoy fellowship with our fellow Rotarians across a district, that stretches from Beaumaris to Healesville.

This year we were welcomed by the Lord Mayor Melbourne, Robert Doyle and George Colombaris of 'Masterchef' fame, who shared his thoughts on the impact of our multi-cultural society on food in Melbourne. Other speakers included Marcus Godhino, the CDEO of Fareshare, a voluntary body that collects surplus food from restaurants, caterers, growers and distributors, to produce meals for the needy and Dr Leeanda Wilson, a Rotary Exchange student in her teenage years, who is leading ground breaking research into screening embryos prior to implantation.

Shareholder activist, Stephen Mayne, opened Day 2 with a challenging talk on ethics, honesty and disclosure in both life and politics. Sunday also saw Justice Lex

Lasri speak on Crime and Punishment – 'Life in the underworld'.

Tracy Bowden of Channel 9 and ABC fame gave us great insights into the life of a foreign correspondent. She spoke enthusiastically about the challenges of reporting from America and also acknowledged the contribution that Rotary had made to her family through its youth exchange program.

Our speakers also included past recipients of Rotary study support, exchange students both inbound and outbound as well as representatives of Rotaract and Interact, the young adult and school student organizations, following the ideals of Rotary.

The whole event was rounded off with a spectacular dinner in the Great Hall of the National Gallery of Victoria. Great food and fantastic entertainment from the "Three Waiters"!

Do you want to know more? Contact Jeff Somers (0413 150 587) and you could experience our 2013 conference in Wangaratta.

*Editor's Note What an extraordinary array of interesting speakers. It must have been a great evening.*

## Lions Club of Rowville



The Lions Club of Rowville has elected the new Board of Directors for the 2012-13 financial year and, after three consecutive years at the helm as President, Neil Brown is handing over to Harald Pries. Neil has worked tirelessly during his reign and his efforts have been much appreciated by all at the club. He now deserves a bit of a rest.

This is Harald's fourth reign as President in the history of the club and everyone wishes him well for the upcoming year. He is joined on the Board by Secretary, Julia Young, Treasurer, John McGregor (in his second consecutive year) and Vice-Presidents, Frances Campbell, Paul Brown and Barry Treadwell in charge of Administration, Fundraising and Welfare respectively. Our new Membership Chairman is Damien Johnson. Good luck everyone.

Committees will shortly be formed to support the Vice-Presidents in their roles and members are already coming up with ideas for projects. One project which is under way, is the celebration of the club's 20<sup>th</sup> anniversary in August and an enthusiastic committee is well advanced in arranging what should be a very enjoyable event.

Unfortunately, the end of the current year will see us saying goodbye to three members after many years of service. Merle Turner, Ken Holford and Peter Dawson have been such dedicated members, that they will be sorely missed. Merle has done a fantastic job as club historian and has run our raffles with flair and creativity. Ken, amongst other things, has often supervised our working bees with that perfectionist's eye of his, ensuring that every job was carried out to his satisfaction. Peter has worked hard for the club, including serving as Treasurer and being on several committees. He has worked extensively for the community, often together with Ken and their joint efforts in attending and reporting on Knox forums and meetings, has ensured that the club has been involved in many local activities, that we might otherwise not have known about.

Our sincere thanks go to them all for their hard work over the years.

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# Obituary Jim Sturrock



Jim Sturrock was a founding member of the Rowville Cricket Club, a member of the first premiership side for the club in 1953, and a keen follower of club activities until his death in April 2012. In recent years the club traced many members of that original premiership team and presented them with a medallion to honour the victory. Jim's wife, Mary, proudly wore the medallion during Jim's funeral.

Jim married into the Bickerton family, who in the early years farmed the Rowville area, close to where the Stamford Hotel now stands, long before Stud Road was duplicated, and housing estates were built. Bill Bickerton, Mary's father, was inaugural President of the cricket club. Jim was an opening batsman, a position shared with Stuart Finn during the premiership season.

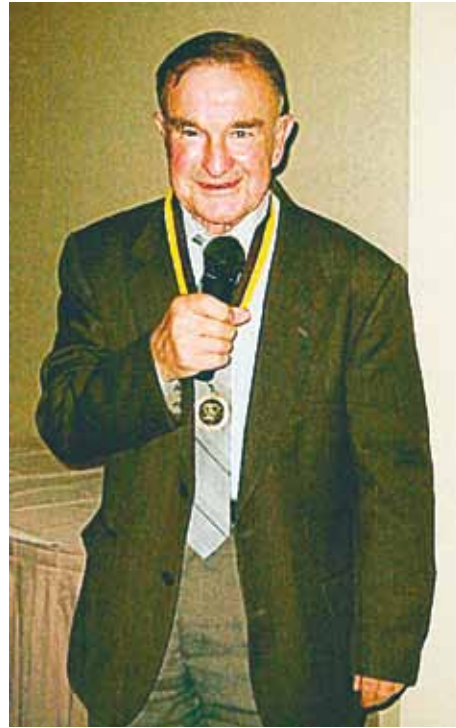
The following is an extract of the eulogy prepared by Jim's daughters.

"Jim was born on 23<sup>rd</sup> October 1920 to Andrew and Jeanie (Harvie) Sturrock and raised in Coburg. Attending

East Coburg State School, he found schoolwork "easy" and couldn't see what all the fuss was about. At the end of State School in Year 8 he was Dux of the school which enabled him to gain entry into the then 'select entry' University High School.

At the age of eight he lost the sight in his right eye when a fragment of metal flew up and lodged in it while helping his cousin Jack build a billycart. This in no way slowed him down, he was an avid sportsman excelling in football, cricket and athletics. Sprinting was a favoured event and he was a member of the Coburg Harriers. He taught himself to shoot left handed because of his missing right eye and later was a founding member of the Rowville Cricket Club.

Jim met Mary Bickerton at a Gymkhana when he was visiting his Aunt at Mulgrave. He gave Mary a ride home



on his AJS motorbike. That was the first of many. From then on many hours were spent visiting Mary on the Bickerton farm at Rowville.

Jim and Mary married in 1959 at Scots Church, Dandenong and had three daughters Susan, Glenda and Kay. In the early years of married life, the family lived with the Bickertons on the farm. Many hours were spent helping around the farm, even though Jim worked in the city. He loved to repair cars and farm machinery. He taught Mary to drive because her father believed 'women should not drive'. He would later teach, from an early age, each of his three daughters to drive.

A gentleman to the end, he waited until 10 minutes after family left before he peacefully slipped away on 4<sup>th</sup> April 2012. He was loved dearly by family and friends and will be sadly missed."

The Club mourn the loss of Jim, a gentle man and Rowvillian to the end.

**RIP Jim Sturrock.**

*Christine Mitchell*



## CPTED: a new concept in crime prevention

The slogan is: Change the environment and you change the behaviour.

With so much consultation and planning going on in Knox around Activity Centres, Placement and Streetscape Plans and Open Space refurbishments, it's worth drawing attention to the way environment planning can prevent

crime.

Crime Prevention through Environmental Design (or CPTED) is growing ever more sophisticated and it's not just for the planners. The principles apply to our own streets, gardens and buildings. The principle is simple. Unsocial and criminal behaviour flourishes in dark and obscure spaces. Well-lit open spaces not only make people feel safer, they also reduce the likelihood of crime.

If you are part of an organisation with care of buildings and public activities you may want to ask for a presentation on CPTED from Crime Prevention Officer L/SC Lee Thomson (9881 7948)

### Here are some tips:

- areas of access to homes or public buildings should have good visibility, clear direction, signage, lighting etc

- make the most of natural opportunities for surveillance
- control the growth of shrubs and trees that obscure sightlines
- maintain good lighting
- choose appropriate siting for car parking, gates, refuse containers, fencing etc
- for public events, choose areas with good natural access and surveillance
- shift high-risk activities to safe spaces
- prevent access to dark areas

For details about Neighbourhood Watch see the website [www.knoxsafercommunity.org.au](http://www.knoxsafercommunity.org.au)

There is a full treatment of CPTED on the Police website at [www.police.vic.gov.au](http://www.police.vic.gov.au) (go to Community Safety)



## Knox & District Over 50s

Hello everyone who is looking for a social club to join. Look no further than the Knox Over Fifties.

It's so important, as we become a little older, to get out the house and chat with like minded folk. This is especially so in winter as it is too easy to become bears and hibernate for the cold weather. If it was not for the Knox & Districts Over Fifties, I would pull the blanket over my head and toast my

feet in front of the fire. But even on the coldest day, I am motivated to dash out of the house on the fourth Tuesday of the month at 1.00pm and join my friends at the club.

I know it is often difficult to join a club on your own but I promise we will look after you and make you feel very welcome. The club attracts about ten to twelve new visitors a month so you can see we are popular and for good reason. The club offers not only wonderful friendship, but also more social events per month than could possible fit into your diary and they cost very little. Monthly we have coffee at Myer, a book club and morning melodies.

In June, the club is going to the Karralyka Theatre to see The 'Sparrow and the Showgirl', which tells in song and

story, the lives of Edith Piaf and Marilyn Monroe. After that, we have planned visits to see the musical 'Annie', the Roman Exhibition and the Persian Art Exhibition. There is something for everyone, oh and I nearly forgot, did I mention the great trips and holidays we go on. The trip in July is to Castlemaine and in October the holiday is to Merimbula.

So let me give you a personal invite to our next meeting on Tuesday May 22 at 1.00pm. The guest speaker(s) will be Joan and Benson from Guide Dogs Victoria. Benson, I have been told, will prompt Joan if she forgets her words with a woof or two.

If you would like any information call Jill on 9801 4363.

Hope to see you soon. Kay (President)



**Great things happen here everyday**

**Join us on a Tour with the Principal**

**Saturday 26 May – 9:30am**  
**Saturday 16 June – 9:30am**

To make a booking, phone **8805 3814** or email [registrar@knox.vic.edu.au](mailto:registrar@knox.vic.edu.au)



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## Community Noticeboard

supported by Cr Mick Van de Vreede - Knox City Council, Tirhatuan Ward

Enhancing the great sense of community and liveability in the Rowville-Lysterfield area is important to me. Not-for-profit community organisations are integral to a healthy, vibrant and cohesive community and I feel it is imperative that these groups are able to effectively communicate what they have to offer. This free community information-sharing page is my way of helping our terrific, not-for-profit groups to do just that. Please contact the editor of the RLCN for more on this offer. I would like to thank those of you who give up your time to help build a better community. I would particularly like to thank the RLCN for their contribution to our community as well.

Term 2 started well, with five new courses beginning with good numbers. The new 'Magic' class filled very quickly. This course, basically sleight of hand magic, is probably the only one presently being run by a U3A. The 'Classical Music Appreciation' also got off to a good start. Some classes are in recess over this term, including social tennis which will return with the warmer weather in September. Two Book Discussion groups have vacancies if there are any bookworms wanting inspiration.

Membership for the second half of 2012 (from 23<sup>rd</sup> July) is only \$20, which includes attending any subject with vacancies (small extra charge for computer classes). See our website [www.u3aknox.com.au](http://www.u3aknox.com.au) or ring 9752 2737 for details. More than 120 subjects will be available each week of the term.

This year's first bus trip to Marysville was a great success. More than 50 members travelled via Healesville to Marysville and were impressed by the rebuilding works and

the optimism of the residents. The highlight of the trip was a visit to the re built Bruno's sculpture gallery. Bruno himself, only escaped the fire storm at the final moment and most of the sculptures, the building and the gardens were destroyed. However, the gallery has been rebuilt, the garden is growing well, and



Marysville today



Victorian Senior of the Year, Dr Nouria Salehi, O.A.M.

new sculptures abound. The next bus tour will be to the MCG and National Sports Museum on 27<sup>th</sup> June.

The end of term 2 luncheon will be held on Friday June 29<sup>th</sup> commencing at 10.00 a.m. with an excellent guest speaker, Victorian Senior of the Year, Nouria Salehi, O.A.M. Dr. Salehi is a highly respected nuclear physicist and biophysicist. Her vital medical research, including the use of radioactive isotopes to detect and treat various forms of cancer, benefits many Australians. For years she has combined a demanding career with volunteer activities in both Australia and her country of birth, Afghanistan. In addition to this interesting talk, a display of photographs by Barbara Oering, will be on show in a separate room, so that those attending can see these after the talk and luncheon.

## Toastmasters – putting skills into practice.



Do you tremble in fear whenever you're asked to speak before a group? Can you confidently express your thoughts and ideas? Perhaps this is an area where you would like to develop or improve your skills. Whether you're speaking to one person or one thousand people, Toastmasters can help you speak clearly and confidently. At home or at work, Toastmasters can provide you with the confidence you need to get ahead.

Toastmasters can help you to effectively express yourself in any situation. Whether you are a professional, student, stay-at-home parent or retiree, Toastmasters is the most efficient, enjoyable and affordable way of gaining great communication skills. By learning

to effectively formulate and express your ideas, you open an entirely new world of possibilities. You'll be more persuasive and confident when giving presentations and you'll improve your one-on-one dealings with others.

Toastmasters not only offers you opportunities, but also the confidence to seize them. Community groups sometimes ask for a volunteer from our club to speak or help at an event. One of the recent events where Toastmasters was asked to participate



was the inaugural Knox "Relay for Life", a unique fundraising event where teams of 10 to 15 people challenge themselves in a relay style overnight run or walk, organised under the auspices of the Cancer Council. One of our Toastmasters helped with the opening and closing ceremonies, introducing the chairperson, the representative of the Cancer Council, and the patron for the event, Federal Member for Aston, Alan Tudge MP. Our Rowville Toastmaster was pleased to support the cause and be part of the day which enabled the group to raise over

\$40,000 for the Cancer Council.

Expanding and honing important communication skills, along with the other skills you develop at Toastmasters, will give you the confidence to:

- Excel at job interviews;
- Give powerful business presentations;
- Effectively teach classes or training sessions;
- Lead successful seminars;
- Present persuasive opening arguments, summations or cross examinations;
- Give humorous, informative, or special occasion speeches;
- Help in the community.

The members of Rowville Toastmasters are always happy to welcome visitors and to introduce them to the many benefits that can be gained by "speaking amongst friends". If you are interested in seeing how we put the Toastmaster program into action and how it can benefit you, please join us for a meeting.

For further information, contact Sheree at [contact@rowvilletoastmasters.org.au](mailto:contact@rowvilletoastmasters.org.au) Details of meeting dates and venue appear in "What's On Locally" on page 2.

**Please note that the 26<sup>th</sup> June meeting is 'changeover night' and will be held at the Baton Rouge in Rowville. Please contact Sheree for details if you would like to attend on this evening.**



It's all good news, except for the Sunday Picnics. Alas! this is no longer on our activities list, but many thanks to our convener, it was a lovely idea.

**Boronia Cinema Outings:** Numbers are increasing for this activity, and combining the film with a meal or snack afterwards at a local restaurant, makes for more social time together.

**Friday Walks:** Observing at least 50 kangaroos in their natural habitat added a special treat while walking



around Lysterfield Lake.

**Bushwalkers** too, would like more of our members

to join them on their Thursday treks. Check with the convener, these walks may not be as strenuous as you think. An interesting walk around Newmarket is also planned. The saleyards area has been updated with housing, but some of the fencing is retained, and it's quite a sensation walking through.

**Water Aerobics:** We can be found every Tuesday at Knox Leisureworks, improving on our fitness, and when dressed, sitting together with a cuppa. With the pool centre waiving the joining fee this month, I'm hoping more of our members will join in on this activity.

The June Newsletter is now available, to receive a copy, please ring Melva 9762 3764 or Helen 9729 1151



# Annual Reception

This year the Annual Reception for the Rowville / Lysterfield Community News was held at the Rowville Community Learning Centre on Thursday the 3rd May. Once again the reception was well attended, in fact so well attended that we will have to move to a bigger room next year. The room size didn't stop everyone from engaging and some wonderful conversations were had and much laughter emanated from the crowded room. I was very pleased to see Alan Tudge MP turn up again to assist me with the presentations and also Mayor Adam Gill, who was amazed, when he learnt how large our group of community volunteers was. I thank them both for showing their interest in the News, besides it gave them the opportunity to have light hearted conversations with their community. They seem to know everyone.

After introductions, many of our local community members stepped up to receive certificates for their dedication to the paper for 5,10,15, 20, 25 and 30 years.

**5 years** Certificates this year will be received by:

The Barrow family, Ross & Janis Brown, Francoise Bryan, Linda Chapple, Kath Davidson, Helen & Bob Fisher, Melissa Fraser, Anna Karamanski, Steve Ketze, Moyle Family, Helen Rolfs and Nick Wakeling MP (who unfortunately couldn't make the reception due to parliamentary commitments)

**10 years:-** Greg Adams, Jenny & Peter Anderson, Sue Cole, Sonya Johnson, Melissa Lakic, Jenny Reid, Rowville Group Fitness, Australia For Christ Fellowship and St. Simons Parish.



30 Year Certificates



15 Year Certificates

**15 years:-** Glynis Allan, Elizabeth and Rod Cowling, Sri & Mal De Silva, Rod & Margaret Gallagher, Alan & Julie Malony, Chris & Andrea Pearce, Marianne Smith, Sue Taylor and Sue Turner.

**20 years:-** Georgina & Lyle Johnson, Maureen & Graeme McEwin, Steve & Gaynor Wyatt

**25 years:-** Mary & John Powell

**30 years:-** Sandra & Doug Luxmoore

I wish to thank all our distributors that work behind the



25 Year Certificates



5 Year Certificates

scenes to deliver this great newspaper, to keep up the good work and see you soon at our next annual reception.

If you want to be part of this amazing group and assist your community in a small way contact Peter, our Distribution Coordinator, on ph.9752 7592. We are always looking for new distributors. Remember, many hands make light work.

Rob James President



10 Year Certificates

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1 x Slice of Garlic Bread  
1 x Main Meal (maximum value of \$17.00)

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Must present Seniors Card to receive offer

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- **MAIN MEAL – Choose One:**  
Chicken Parma with Chips and Salad  
Grilled Fish with Chips and Salad  
Lamb's Fry with Gravy, Mash Potato and Veggies
- **DESSERT – Choose One:**  
Tiramisu Cake Chocolate Mousse  
Gelati Ice Cream
- **GLASS SOFT DRINK – Choose One :**  
Pepsi, Pepsi Max, Solo, Lemonade, Sunkist, Or Raspberry



# Raising money for Youth Mental Health

In the past few months, Youth Mental Health has been a big issue within the community. Late last year great news was announced that a Headspace will be serving the region of Knox, Maroondah and Yarra Ranges. A few months ago, Mayor Adam Gill confirmed that the Headspace would be located at the old Centrelink building at Knox Ozone and while, at this stage, Headspace National has not made any official decision on the Headspace for this region, it is still great news.

In March I had the opportunity to open the Knox Youth Health Clinic at the Youth Information Centre at Knox Ozone. The clinic provides young people (12-25) a free and confidential service on matters relating to sexual health, mental health and drug and alcohol issues. These services are of vital importance to help young people, and in time this service will complement the Headspace service in the region.

Headspace is the national youth mental health organisation funded by the Federal Government, with over 60 centres across the nation which will soon increase to 90, so access for young people will be no problem for this



*Anthony flanked by Chris Potter (CEO Knox Community Health Services) and Mayor Gill at the Knox Community Health Youth Services launch.*

service. For those who don't know what Headspace does, it is primarily a service to help young people with mental health problems, but it also helps young people with other issues like Drugs and Alcohol, LGBTIQA (Lesbian, Gay, Bisexual, Transgender, Intersex, Questioning and

Asexual) young people, sexual health issues, vocational training and more.

I was deeply saddened to hear of the passing of a young girl from Rowville many weeks ago, as it's never easy to hear that a young person has passed away. It does strengthen my resolve when it comes to youth mental health and making sure we have more than adequate services to help young people.

In the company of a team of young people, I will be taking part in The Age Run Melbourne on July 15<sup>th</sup> to raise money for Headspace, so that they can continue their amazing work. Our aim is to raise \$10,000, but we can't do this alone and look for the support from everyone to help make this goal a reality. Personally I will be running the 10k route, so residents of Rowville will most likely catch me from time to time going for runs

around Dandelion Drive and in time we will be wearing the green Headspace top.

For more information about our charity run please visit: [http://runmelbourne.everydayhero.com.au/east\\_metro](http://runmelbourne.everydayhero.com.au/east_metro) or <https://www.facebook.com/rowvilleanthonyosborne>  
*Anthony Osborne*

*Anthony is a youth advocate and a leading member of many Youth Organisations.*

## Help is Never Far for You or a Friend

For most life is good and kind, but for some dark holes come into their life and it can be very hard to find the light to see a way out.

A recent local newspaper article told the story of an eighteen year old Rowville teenager who took their own life. Whilst this person was not a Rowville Secondary College student it nevertheless offers warning to all of us that some people's lives can be a very challenging experience. It is a very sobering thought that youth suicide is the third most common cause of death in the 18-24 age group.

At this age, young people are dealing with their changing roles in the family, their education or new work life, peer group and often intimate relationships. Trouble in any of these areas can be the catalyst for pre-existing biological or development factors to take a significant hold on young people, who will often need the help of others in finding a solution, and that's where the good news might begin as there are a lot of people who can help.

The first stage in helping your child, your friend, your student or your loved one if they are suffering from mental illness, is to recognise the symptoms. In particular, this can be about subtle or significant changes in behaviour. Sometimes there are no obvious signs of depression. Things to look for include:

- becoming socially withdrawn or dropping out of the crowd
- falling in their school performance - in results, in attitude or both
- engaging in risk taking behaviour e.g. (reckless driving, inappropriate relationships)
- engaging in drug and alcohol abuse or other "out of control" behaviours
- being unable to sleep at night
- spending considerable daytime in bed, often with curtains closed
- feeling down, perhaps crying but unable to say why and often being very negative
- looking and feeling bad, perhaps having gained or lost considerable weight.

So if you recognise these signs in your son or daughter or friend or student what can you do? According to the "Beyond Blue" website the key to success is to get a conversation going. Perhaps saying something along the lines of "I have noticed you seem a bit down lately" can help start a conversation. On the other hand sometimes young people

will indicate that they don't want help. In this case reassuring them of your love or friendship and your concern is a good first step. Young people in trouble need to know that others care about them.

So who is it that can provide help and show they care? Obviously the answer to this varies in each circumstance, but in different ways parents, friends and schools are all important.

**Help from parents** is most likely to be effective when parents:

- Create opportunities for your child to talk to you, moving away from being your child's "cheerleader" and having them recognise that you take their concerns seriously.
- Respect your children's feelings and listen attentively avoiding words that ridicule or shame.
- Avoid diagnosing or giving advice but rather point to options from which your child might choose
- Develop a 'plan of action' – what does your child agree to? What will you commit to? When will the two of you talk again? Do you need to seek professional help?
- Communicate your love and acceptance, commend your child's courage in talking about the "hard things" and reinforce your commitment to being there for them
- Seek help if your concern remains

**Help from friends** is most likely to be effective when friends:

- Clearly communicate your friendship and concern
- Offer your help when you see a friend not acting the way they normally do
- Listen to what you are told, understand how difficult it will be for your friend to talk to you about their problems and stay calm and be respectful of their feelings
- Encourage them to seek help and be willing to support them perhaps even going with them to a counsellor, a doctor or even a teacher.
- Remember to look after yourself by continuing to stay on top of your studies, maintain your own interests and talk about your concerns to someone you trust such as a family member, friend, counsellor or a teacher.

**Help from schools**

It is important to understand that most people who become

teachers do so because they want to "make a difference" to the lives of young people. Of course, teachers all have different personalities so it may not always be obvious that they care, but I believe that's why the majority of teachers are teachers! So a trusted teacher is a great person to talk to either if you are experiencing that darkness in your life or you have a friend feeling that way. Often the teacher will not be the one who can counsel you, but they will know where to look to find assistance for you. Student Wellbeing Coordinators have great experience and expertise, but just as critically have a strong network of resources that they will be able to assist young people to access. Where there are financial obligations for using these resources, which students and their families cannot afford, the student Wellbeing Coordinators will be able to identify alternative assistance or funding support.

**Finally**

One of the ways we can minimise the instances of depression and mental health is to develop a strong and supportive community. That happens best when all members of this community work closely to support young people. It happens when parents are involved in their child's life, attending school events or even volunteering to assist at school. It happens when principals and teachers are quick to communicate with parents about social concerns that they become aware of and also when they communicate about successes.

A strong community also deals with the inevitable problems that arise with delicacy and sensitivity. Not every case is someone's 'fault' requiring 'pay back'. Teaching our children and students values of compassion, empathy and acceptance are great harm minimisation strategies, especially around current crucial concerns like bullying. Cyber-bullying is becoming an increasingly prevalent issue in our society with the implied anonymity and ease of access it provides. "Facebook" can be a great source of pleasure and opportunity, however at the moment many use it as a source of pain and harm for others. It is important that we encourage children to engage with social media in a responsible manner, and teach them the skills required to prevent potential issues from escalating.

Let's all work together to give our students the best that life has to offer and to ensure that we look after those who find themselves in dark places.

*Glenn Fankhauser*

Principal, Rowville Secondary College







# Rowville Community Library

Sponsored by Cr Darren Pearce, Taylor Ward  
and Cr Mick Van de Vriede, Tirhatuan Ward

June

"Feeding the minds of our community..."



**Free events. Bookings essential. All welcome.**

**Computer Help Sessions:** On Tuesday and now Wednesday mornings a free tutor is available from 10am to assist people to use the computers, including complete beginners.

**Mobile phone help:** Staff and friends from the Stud Park Telstra Shop can assist you with any brand of phone or carrier on Thursday 7<sup>th</sup> June at 9.30am. Even if you have attended before you can come again for more help.

**Soap Making Demonstration:** 15<sup>th</sup> June at 1.30pm with Robyn from Robyn's Soap House, who will demonstrate how to make luxurious handmade soaps with none of the nasty irritating ingredients found in many commercial soaps.

**Speed Mathematics:** Author Bill Handley will present another session on Speed Mathematics at 6pm on Friday 15<sup>th</sup> June. Bill presents mathematics in a way which will intrigue those who are good with maths and give great confidence to those who are not so good. Recommended for primary and lower secondary level students.

**Author talk -Adrian Hyland:** author of *Diamond Dove*, *Gunshot Road* and *Kinglake-350*, winner of the Ned Kelly award for crime writing. Join us as we welcome Adrian on Tuesday 26<sup>th</sup> June at 2pm.

**Free events. Bookings not needed. All welcome.**

**Bookclubs:** There are three bookclubs running in the library which meet once per month. It's a great way to read books, which you might otherwise never choose. Our Tuesday afternoon session has vacancies if you are free on the 2nd Tuesday of the month at 2pm for about one hour.

**Special Saturday Storytimes:** Every Saturday morning at 10.30am. Come along with friends and family to join the children for this one hour session! We appreciate that not everyone can attend the storytimes during the week, so this is another opportunity which may suit.

**Rowville Quilting and Craft group:** This new group will meet on the third Friday of the month at 1.30pm. Bring along your latest project to work on, something to show and tell or just come to see and hear from others. Some



**Biggest Morning Tea at Rowville Library a great success. Thank you to all who made contributions.**

months we may have a guest speaker. The next session will be on 15<sup>th</sup> June at 1.30pm.

**Rowville Writers' group:** Meet at Rowville Library on the fourth Tuesday of the month to share their work and support each other in their endeavours. Next meeting will be on Tuesday 26<sup>th</sup> June at 1pm.

**Family History Help:** If you are interested in your family history and don't know where to start, or if you are on the road to discovery but needing a little help along the way, you can come to the Rowville Library between 5pm and 8pm on Thursday evenings. Ask for Charles!

**Afternoon Bookchat!** Have you ever read a fantastic book and wanted to tell someone about it? Join our group of avid readers for a relaxed discussion of what you are reading and what you think about your latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1<sup>st</sup> Monday of the month at 2 pm. Our next meeting will be on Monday 4<sup>th</sup> June at Rowville Library.

**Tiny Tots storytime:** Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

**List of regular storytimes: Bookings are not required.** Bedtime Storytime is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the

children in their pyjamas but not usually the parents!) Our next Bedtime Storytime is at 7pm on Friday 1<sup>st</sup> June.

Monday 10.30am Toddlers storytime (age 1 - 3)

Tuesday 10.30am Preschool storytime (age 3+)

Wednesday 10.30am Toddlers storytime (age 1 - 3) and 2pm Tiny Tots storytime (age 0 - 12 months)

**Kids on Wednesdays:** Held on Wednesdays at 4pm during school terms. This group will be specifically for primary school aged children and involve a variety of activities. It's meant to be fun and it's free!

**Vireya Rhododendrons:** At 2pm on the third Tuesday of the month, June 19<sup>th</sup>, join Marcia Begg from the Rhododendron Society of Victoria to learn all about propagating and growing beautiful rhododendrons in Melbourne. The presentation will include photographs so don't miss this one! All welcome. Refreshments provided. Bookings preferred. Gold coin donation appreciated.

**Home Library Services:** If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library to arrange for a home delivery service. Library staff will select some items after a discussion to ascertain your tastes, and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 9294 1300.

Are you a member of the Rowville Community Library? If not, join now. Joining is easier than you think...all you need to join is a driver's licence with your current address (or similar ID). Joining and borrowing is free. Normal opening hours for Rowville library are Mondays, Tuesdays and Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 10-4 and Sundays 1-4.

Details about the library service are available from our website: [www.eryl.vic.gov.au](http://www.eryl.vic.gov.au) and you can join on-line.

Rose Thompson Manager

Rowville Community Library 9294 1300



Sunnyside Round Dancers including Ella in blue and Coral on her left.

## Sunnyside Round Dancing 1st Birthday

Round Dancing is becoming more and more popular. There are 5 Clubs in metropolitan Melbourne, two of which run on 3 nights a week to meet the demand. Sunnyside Rounds has classes on Sunday, Monday and Thursday.

Round Dancing Association of Victoria President, Ella Whyte, has been running 'Sunnyside Rounds' at Sunnyside Lodge in Pietro Road, Heatherton for 54 years. Following a request last year by square dancers, Bob and Kaye, for some round dancing lessons, and by Coral for some cueing tuition, a 6 week Rumba and Cha workshop was organised. Dancers came from all across Melbourne and the Mornington Peninsula for this special course. Once it finished everyone was enjoying it so much Ella and Coral decided to make Monday nights a regular 'club'.

'Sunnyside Monday' Round Dancing Club celebrated its 1<sup>st</sup> Birthday on Monday 30<sup>th</sup> April 2012. 25 dancers joined the party including Mike and Lorraine (and their trainee Guide Dog!) from Jaybee Square Wheelers Square Dance Club in Notting Hill. As well as Rumba and Cha, lessons now include Waltz, Two-Step and Foxtrot.

If you would like to know more about Round Dancing contact Ella on 9551 8496 or go to the ARDA website <http://rounddancearda.com>.

Round Dancing is very suitable for seniors, singles, couples and families who would like to have fun learning cued ballroom dancing.

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Wentworth Ave  
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Wednesday 7.00-8.00pm  
Thursday 7.00-8.00pm  
Saturday 10.30-11.30am

1<sup>st</sup> Rowville Scout Hall  
66 Turramarra Dve  
(Opposite St Simons P.S.)  
Wednesday 9.30 - 10.30am

**GLEN WAVERLEY**

Brandon Park Community Centre  
649 Ferntree Gully Rd  
(Behind Fire Station)  
Glen Waverley

Tuesday 9.30 - 10.30am  
Saturday 9.30 - 10.30am

**ROWVILLE**

Park Ridge Primary School  
Wentworth Ave  
Tuesday 7.00-8.00pm

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# 1st Rowville Scout Group



A "tree" made up of leaves which the Joeys made at Kangaree 2012. Each Joey made their own leaf to put on

## 1st Rowville Scout Group

Hi again

We have had a very busy time over April, with some major activities happening for all the Troops.

The Scouts competed in the "Stradbroke Cup", which is 4 nights of camping at Gilwell Park in Gembrook.

The Stradbroke Cup is a competition to help the kids learn about setting up and running a campsite. There are strict guidelines which must be followed. These include rubbish being disposed of, tents and sleeping bags being aired every day and safety considerations regarding placement of barbecues and fires. The highest award which can be won is the Gold Cup. There is minimal involvement from Leaders,



Bethany and Amy with their Grey Wolf Awards

other than being present for safety and health issues. We had 3 patrols attend, and they were awarded two Silver and one Bronze for their efforts, which is a very good result.

There are lots of activities other than camping, one of the highlights being the new 80m Flying Fox which had just been installed at Gilwell Park. There were some other team building challenges around the Park, which the participants could have a go at any time, so long as their campsite was in order. The Scouts had a great time, and even the storms on the Friday night did not dampen their spirits.

Seven of our ten Joeys attended Kangaree on the last weekend of the school holidays. This is an overnight camp which gives the youngsters a taste of what the bigger camps (ie Cuboree and Jamboree) are like. There were lots of activities, including decoding a pirate message, a space adventure set up in a tent with dry ice to create the atmosphere, making animal masks and fishing for gold coins in big tubs of jelly. A tree had been painted on a canvas, and all the Joeys who attended made a leaf for the tree (see picture). After dinner, the Joeys had a sing-along around the campfire, then went to sleep in pavilions rather than tents. After breakfast the next morning, there were some Cub activities to try, and then onto the buses for home after lunch.

The Cubs spent two nights camping out at Clifford Park Scout Camp in Ringwood. This was for Knox District Cubs. For all that it was cold and a bit damp, there were lots of outdoor activities for the kids. They learnt how to construct a free-standing flagpole using wood and ropes, and how to cook pikelets and biscuits. There was also orienteering activities,

## Achievers Page

Sponsored by Alan Tudge MP  
Federal Member for Aston



using maps and compasses, and one of the best activities was the "Challenge Valley Mud Obstacle Course" (It seems to me that wherever there's Cubs, there's mud!). At night, they got to perform skits and sing songs before sleeping in their tents. Overall, they had lots of fun, while the parents got lots of dirty washing.

Our Venturers headed up to Trentham for a four-day hike. This proved to be a very wet and cold experience. They did not sleep on the last night, they huddled around the fire for warmth and to keep their spirits up. 1st Rowville are a very resilient bunch! The Venturers arrived back at Rowville Scout Hall after the Scouts had returned from their camp, and were lucky that some left-over hot dogs were boiling away on the stove. This helped to warm them up, so they could help drape wet tents all over the Hall to dry!

In other exciting news, we have had three Cubs earn their Grey Wolf Badges. The Grey Wolf Award is the highest a Cub Scout can earn and is the equivalent of the Queen Scout Award at the Venturer level. Bethany Henry, Amy Stanley and Dylan Powis have worked very hard to achieve their awards. There were targets they had to meet and they had to show that they live by the Cub Scout Law and Promise. These awards were presented to them by the Cub District Commissioner and the Deputy Commissioner. 1st Rowville is very proud of these Cubs! They are a credit to their Leaders and great examples for the other Cubs to follow. There will be more Grey Wolf Awards given in future, so watch this space.

We have lots of Scouts preparing for Jamboree in January, so plenty of hiking and camping activities are happening at the moment. In May, we will be hiking along the Surf Coast from Anglesea towards Torquay, with an overnight camp. It is most likely to be cool and wet, but it will be the beach, and it will be fun!

On June 10th, 1st Rowville is hosting a Sausage Sizzle at Bunnings in Scoresby Road, Ferntree Gully. This is the long weekend, and is the busiest day of the year for Bunnings, so we hope to see you there! The money we raise will go towards updating our equipment and contributions to the major events coming up.

If you would like to become part of this fantastic Scout Group, as a Leader, a Parent Helper, or even a Joey, Cub, Scout, Venturer or Rover, please contact our Group Leader Mary Sheehan on 0413 771 336. She has all the information to help anyone interested in joining the Scouts.

Until next time, *Terri Stanley Committee Secretary 1st Rowville Scout Group*

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### The Search Begins

Buying your first home is an exciting time. It can also be a stressful time as you search for a property that suits your requirements and also fits your budget. Before setting out to look at what your money can buy, it's a good idea to make a list of your priorities. Don't make the list too comprehensive, as this will mean that you limit the number of properties that you can view. The list should have the 'non negotiable' items on it, such as proximity to schools, shops or freeway access and then number of bedrooms, bathrooms and your price range. Give the agent these details and look at all properties in your price range that 'loosely' fit your criteria.

By defining your search too much, you make it difficult for yourself, as you will not have a yard stick with which to compare one home against another. By looking at a variety of homes you gain a good understanding of the current market

and allow yourself to confirm exactly what it is that you are looking for, so that when you do find the ideal home, you will feel confident enough to place an offer, because you have seen a variety of properties and have a good grasp of local values.

If you are dealing with an agent that is listening to your requirements they will show you as many homes as possible at your first meeting and then, if you haven't found just the right property, they should keep in regular contact with you and update you on new listings as they become available. A good relationship with your agent will ensure that you are kept informed on all aspects of the market and aid you in your search.





## Anzac Day at Waterford Valley Lakes Retirement Village

On a miserable and wet Anzac Day morning, residents of the Waterford Valley Lakes Retirement Village in Rowville held their 10<sup>th</sup> consecutive commemoration Service. For the first time the Service was held indoors.

This year attracted a crowd of just over 240 residents, friends, children and prominent local dignitaries. It was pleasing to welcome, Alan Tudge MP, MHR Federal Member for Aston, Nick Wakeling MP, MLA State Member for Ferntree Gully and his wife, Knox Council Mayor Councillor Adam Gill the Lady Mayoress and their family, along with Tony Randello, General Manager of Retirement Living - Lend Lease . Also present were representatives and students from the Rowville Secondary College, Karoo Primary School, Rowville Police and the clergy. Those present were also pleased to welcome a group of residents from neighbouring Waterford Park Village in Knoxfield.

The resident Chairman of the Village Anzac Day Committee, Don Horsburgh, said that this year’s attendance was twenty percent above previous years. He put this down to the fact that by moving indoors for the first time we have attracted some, who because of their age, can no longer cope with the uncertain changes in the autumn weather. Don said the Village conducts one of the largest annual commemoration Services in the eastern suburbs. “Over the years we have ‘fine-tuned things’ and with youthful professional cornet players and highland pipe musicians, we conduct a moving Service”.

Rowville Secondary College each year provide a participant to take a lead role in the Service. This year Spencer Greaves,



Above: Tony Randello, Judy Shaw, Levili Wakeling, Nick Wakeling and Alan Tudge.  
 Right: Doug Cogger lowering the flag.  
 Lwr Right: Meryl Trueman, Weir Hughes (Oldest Resident), Weir’s son Tony, the Lady Mayoress and Mayor, Adam Gill



## Poetry Corner

*‘Royal Broth’ is a verse story illustrating contradictory proverbs, such as ‘Many hands make light work’ and ‘Too many cooks spoil the broth’ It was first published in Young American Student News, Vol. 4, No. 10*

Edel Wignell ©

### Royal Broth

In the kitchen at the palace there were chefs in plenty  
 For the King’s Royal Banquet for a hundred and twenty;  
 ‘We’ll begin with a broth that is strong, rich and rare,  
 A broth so superb, it’s beyond all compare.’

Now the chefs were energetic, each strong on innovation,  
 And ideas flowed fast for individual creation.  
 ‘I’ve a great minestrone!’ and ‘Chowder’s far the best!’  
 ‘My cock-a-leekie’s fine!’ and ‘Vichysoisse, I suggest!’

Not one chef would compromise: ingredients were sliced,  
 They were grated and sauteed, peeled, crushed and diced,  
 And all thrown together: turtle, chicken, beef,  
 With vegetables and noodles, stock and bay leaf.

There were eels, shanks and cheeses, snails and duck’s liver,  
 And witchetty grubs flown frozen from Australia.  
 At last it was ready for His Majesty’s sip,  
 So he put in a ladle and took a great dip.

The King had a taste and his face turned magenta;  
 ‘I wanted Royal Broth, not a hotch-potched polenta!  
 It’s very clear to me’ - his mouth began to froth -  
 ‘There are too many cooks and they’re spoiling the broth!’

‘He’ll cut back the team!’ The chefs began to quake.  
 ‘Some will be redundant!’ ‘Oh, for goodness sake!’  
 But the chief spoke up quickly, ‘I’ll see that it’s done  
 In true teamwork fashion, assembly-line run.’

‘Five chop the onions! You kill the cock!  
 Two pound the herbs! Three make the stock!  
 All work together in a smooth operation -  
 Thank you all very much for your co-operation.’

Soon the broth was ready and the King came again,  
 He tasted it and said, ‘Congratulations!’ then...  
 ‘I’m very glad to change my mind, it’s plain enough to see  
 That “Many hands make light work” is a good philosophy.’

## Knox Home Garden Club

The world of plants is a fascinating one. The variety in shape, form, colour, size, texture, where and how they grow is never ending. Take the Victorian water lily for example. It originates from the Amazon River, and produces leaves as large as a double bed; so large that the lily trotter birds nest on them, safe from predators.

The Brazil nut tree is another Amazon rainforest plant. It has enormous fruit, with 10 to 20 seeds, (the Brazil nuts) fitting together like orange segments and encased in a tough outer layer of hard wood. A South American rodent called an agoutis is the only animal which can gnaw through this tough outer shell.

Some plants also have fascinating histories. The Maya people of Mexico used the cacao beans as money as well as to make a drink. The beans were considered so valuable that only the rulers were allowed to drink cocoa.

While large exotic plants may not fit into the average garden, I’m sure we have all walked around a friend’s or neighbour’s garden and thought, “Wow, look at that! What is it?” It seems most gardeners have a not-so-well-known gem tucked away.

It’s easy to put something eye-catching in your garden. Starting small, try the non-invasive oxalis ‘Barber’s Pole’. With their crisp white flowers edged in red, they look just like barber’s poles before they unfurl every day to greet the sun. Dierama pulcherrimum, (fairy fishing rod), with its elegantly bowing stems and dangling blooms is a delightful plant and so easy to grow as it endures hot, dry conditions. The haemanthus coccin, called Ox Tongue Lily because of its very wide leaves, has gorgeous large tulip-shaped orange flowers filled with yellow tipped orange stamens. There is also a white variety which is not so spectacular.

Have you tried growing a blue poppy? The Himalayan Blue is considered the easiest to cultivate. The Chatham Island forget-me-not (myosotidium hortensia) with its large, shiny dark green, deeply ribbed leaves, is a striking foliage plant. The beautiful clusters of lavender blue flowers are an added bonus.

Unusual or rare plants aren’t necessarily rare. They are

more likely to be difficult to grow or propagate and therefore hard to source and are generally expensive. Notorious for rotting if they get too wet, my beautiful crown imperials (fritillaria imperialis) did just that when I deferred lifting the bulbs until ‘next weekend’ once too often. At \$25 per bulb, it was an expensive lesson! Also, don’t try to grow a rare plant or bulb out of its comfort zone, it will most likely end in tears.

Unusual or rare plants can take some tracking down. Displays and collectors’ sales are advertised in gardening magazines. Buying directly from the grower means you can acquire first hand growing tips and advice. Good luck!

For details of our meeting dates and venue see our entry in “What’s On Locally”. Visitors are very welcome and there is supper afterwards.

Betty Wright



### Walking Tour and Dreamtime Stories

At Starlight Reserve, Rowville on Sunday 20 May about 200 people turned out for the guided walk and talk with traditional aboriginal welcoming ceremony and a BBQ manned by 1st Rowville Scouts. This was one of a series of events organised by Knox Council to help people reconnect with our bushland heritage.



# Eastern Raptors

After much planning and hard work, teams representing the Eastern Raptors Rugby League Club took to the field for their first ever competition matches when the Victorian Rugby League's 2012 season commenced on Saturday 5 May.

This was the culmination of months of practice as players learnt both the rules of the game and the techniques & skills they would need to display on match day. Three teams are representing the Raptors in this inaugural year at the Under 7, Under 9 and Under 11.

The Raptors Under 9 team had an amazing experience when, before a huge crowd, they played the half-time game during the Storm v Broncos match at AAMI Park on Friday 25 May.

A group of Under 14 players are also in training, but this group is in need of more players before they can enter a



team in this year's competition. Any junior who turns 14 during 2012 is eligible to play in this age group and there are also places available in this squad for juniors who are 13 years old or turning 13 in 2012.

The Eastern Raptors Rugby League Club aims to be a strong, sustainable and community focused club for all members of the eastern suburbs community to participate, learn and have fun playing rugby league, in a positive and safe environment.

Whilst the club's home ground is Sasses Avenue Reserve in Terama Crescent, Bayswater, it will be providing a service throughout the eastern suburbs to residents in Knox, Maroondah, Yarra Ranges and as far as Healesville. The Club has recently received a grant that will help the Raptors install lighting at the ground to improve practice facilities.

The club is a true supporter of diversity with girls being eligible to play with the boys in the Under 7, Under 9 and Under 11 teams and its encouragement of people with a

## SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.

disability to get involved with the club.

The Raptors club is strongly backed by the Melbourne Storm, with all junior members signing on to play rugby league with the Raptors, receiving a Melbourne Storm pack, that included a junior Storm membership card for the 2012 season plus other merchandise items.

There are still plenty of opportunities for players, supporters, volunteers (including committee members) and sponsors wanting to get involved with the Raptors for the 2012 season and beyond. For more information about the Raptors visit the club's web site at [www.easternraptors.com.au](http://www.easternraptors.com.au), send an email to [raptors2011@live.com](mailto:raptors2011@live.com) or call the Club President, Terry Jenvey, on 0466 152 928 or Vice President, Col Fletcher, on 9720 1640.

## Victorian Under 18 Tennis

The 2012 School Sports Victorian Pizzey Cup team, finished third at the 2012 National competition. The Bronze medal performance also saw four of the team selected in the All Australian team, which included Michael Best, a student at Rowville Secondary College, Aaron Addison who plays at Eildon Park tennis club, Romy Stephens and Danielle McIntyre. Four of the team play their junior tennis at Rowville's Eildon Park Tennis Club, which competes in the Strong WDTA (Waverley District Tennis Association). Five of this year's team have either played in or represented the WDTA in junior tennis.

Alex van de Steenoven (another Rowville Secondary College student), Alana Parnaby, and Daniel Nickels were not selected in the All Australian team but had a strong showing at the competition.

The 2012 Victorian Pizzey Cup team travelled to



Michael, Aaron, Romy & Danielle with their bronze medals.

Toowoomba on the 28th April and were greeted with a torrential downpour. It was raining when the team arrived at Brisbane airport on the bus trip to their accommodation. No practice was possible in the afternoon, and the first day's play was washed out. The competition was comprised of seven teams playing a total of 6 matches each.

Team Vic opened their account against South Australia with a strong 17-1 win. Tasmania were next, and the Vics went one better with a 18-0 win. ACT were the Vics third opponent, and

were duly handed a 17-1 result as the Victorian team started to gather some momentum. The match versus QLD was a close affair, however the Vics were on the wrong end of a few key matches and went down 13-5 to the eventual silver medallists. Regrouping the Vics showed their class with a 16-2 win over a well-credentialed WA team.

The final round saw the Vics pitted against the strong NSW team, who had won the competition on the three previous occasions. The Vics were level after the Doubles and the Mixed doubles matches, and needed to win the majority of the singles to cause an upset. It was not to be and NSW duly won the match and the Cup with a well deserved 12-6, but Team Vic was far from disgraced.

### Final Standings of 2012 Pizzey Cup

		Points	Played	Matches	Sets	Games
1	NSW	12	6	6 - 0	6 - 0	94 - 14
2	Qld	10	6	5 - 1	5 - 1	88 - 20
3	Vic	8	6	4 - 2	4 - 2	79 - 29
4	WA	6	6	3 - 3	3 - 3	45 - 63
5	SA	2	6	1 - 5	1 - 4	26 - 82
6	ACT	2	6	1 - 5	0 - 4	24 - 84
7	Tas	2	6	1 - 5	0 - 5	22 - 86

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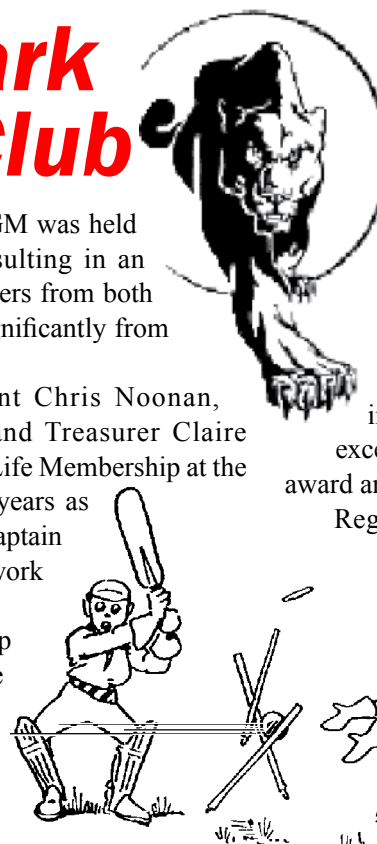


## Eildon Park Cricket Club

The Eildon Park Cricket Club AGM was held recently, with great support, resulting in an increase in new committee members from both our young male cricketers and significantly from the ladies, which is terrific to see.

Thanks to outgoing President Chris Noonan, Secretary Andrea Remington and Treasurer Claire Noonan. Chris was also awarded Life Membership at the club's presentation night after 3 years as President, 5 as Treasurer and 3 as captain of the second XI, amongst other work around the club over many years.

Christian Trotter has stepped up to take on the Presidency. One of the clubs hardest workers, Christian will do a great job as President, supported by Tricia Pollard as Secretary and Dinuka



Perera as Treasurer. Christian recently coached an invitational FTGDCA U17 side in Greece where the team were successful in winning the tournament. Congratulations to the team and to "Critic" for a great effort

Presentation night was held at the Mulgrave Country Club and was very successful, with senior batting and bowling averages presented along with club awards, including John Potalej receiving the Bert Jackson Best Clubman Award for his tireless work across the club and in particular the juniors. Cody Morris after an excellent season received the senior Club Champions award and Liam Dunkison the juniors.

Registration Day will be held in August and for In2Cricket in October. The club will be keen to hear from any new juniors keen for a game in the Under 10/11/12 age groups and In2cricket for the coming season. Keep an eye on our website [www.eildonpark.vic.cricket.com.au](http://www.eildonpark.vic.cricket.com.au), follow us on twitter at [pantherpark89](https://twitter.com/pantherpark89), or at our Facebook page.

Warren Griffin



# Lysterfield Junior Football Club

## Lysterfield Wolves Honour the Anzacs



Anzac Day is a special event for all Australians. It is a time to pay tribute. A time to pay respect. It is a time to be grateful and thankful to those who have sacrificed their lives so we can live in harmony today. And it is a time the Lysterfield Junior Football Club takes very seriously.

Since the beginning of 2011, the Wolves have developed a partnership with the Boronia RSL to commemorate the Anzacs. It is a link that club president Steve Ketzer is very proud of and one the Boronia RSL is keen to fortify. 'President Rod Canobie was more than happy to embrace the opportunity and strengthen the relationship between the two parties,' he said.

The club's U9, U12 and U13 sides held a memorial service before each home game during Anzac Round. The Wolves and the Boronia RSL developed a commemoration ceremony,



Medalists from the left, Dan, Dareo, Mitchel, Len, Lachlan and Luke with RSL member Rod Canobie and Steve Ketzer, LJFC President

which encouraged opposition clubs and EFL umpires to get involved, which they did. 'I thought we really captured the emotion of the day,' Ketzer said. 'It was a short five-minute service that included the last post, a minute silence, the rouse, and a short introduction that described the Anzacs and the acknowledgement of the Boronia RSL. For me, I took immense pride in being able to understand that this is why we're doing it. That eerie silence and stillness really allows

you to contemplate.'

Ketzer says that players in U8s all the way through to U13s were well aware of the significance of the occasion. 'The day was spoken about at training beforehand, so the anticipation really started to build early,' he said. 'We had a small contingent of U12 and U13 players visit the RSL on the Friday before Anzac Round. 'John from the RSL took everyone on a tour of the memorabilia and you could tell from the conversations between the kids and John about medals, uniforms, photos and souvenirs, that there is a strong understanding among the young players. They all see what Collingwood and Essendon do at AFL level, where everyone stands still and is silent.'

Medals were presented to Lysterfield players in each age group that best exemplified courage, determination and mateship. The medallists were voted on by the families, something Ketzer believes the families were quite chuffed about. 'Everyone took the voting very seriously,' he said. 'They were well aware that it was not to be awarded to the best player on the ground, because it's not about best player. 'It's about the Anzac elements.'

The medals were awarded to the players by the Boronia RSL at a club night last weekend. The medals went to Len Hanson (U8s), Mitchell Shruk (U9s) Dareo Rogers (U10s), Daniel Coulthard (U11s), Luke Morrison (U12s) and Lachlan Morrison (U13s).

Ben Waterworth

## St. Simons Community Football Club

Congratulations to the St Simons CFC boys that have been selected in the EFL Interleague squads for the 2012 AFL Metropolitan Junior Championships. The Knights had seven boys from the U14s & U15s try out for the squads and the following boys have made the final cut. **Corey Martino**, who has been selected for the second consecutive season, will play in the U15 Div 2 side and representing the U14 Div 2 side will be **Nick Rattle** and **Joseph Dikranian**. Good

luck Corey, Nick and Joseph. The St Simons Community Football Club is very proud of you and we wish you all the best.

The five week long Championship brings together the best of the best in Under 14 and Under 15 age groups. The first match of the preliminary rounds will be played under lights on Wednesday 30th May and games 2



& 3 will be played on the Queen's Birthday long weekend, Saturday June 9th and Monday June 11th. Hopefully, their teams are lucky enough to make it through to the Grand Final, which will be played on Saturday 30th June. Venues and start times are yet to be advised.

Well done to under 15 player, Mitch Dennis who has kicked bags of 10 and 11 goals in Rounds 2 and 4 while under 12, and Josh Hill who kicked a lazy 10 in round 3.

Saturday 30<sup>th</sup> June we are running a fun Trivia Night. Visit [www.stsimonsknights.org](http://www.stsimonsknights.org) for further information. Go Knights!

## Little Aths Cross Country



The Cross Country season is back! Multitudes of children have been trooping up hills and down dales, breathing in the chilly morning air at local parks. On the Saturday before Mother's Day, around one hundred boys and girls ran in the combined U9 and U10, 1500m race, with large numbers also involved in other age groups and distances.

Littlelies, including Elise Bardsley, Kelsie Ternes, Alicia Hutton and Emily Shugg covered 500m in the 4-6 year olds run. Thankfully, Ryan McLeod has been participating most weeks, since our clubs haven't had too many male representatives in this age group. We're very keen to hear from anyone interested.

The mother of U7 twins Trent and Joel Stapleton was heard telling them not to expect too high a finish this year, since they'd also be running against U8s. They've made a mockery of her comments and dominated the 1,000m each week!

Jay Sutherland has been putting in some strong runs in the U12, 2Km events. This race has also seen occasional appearances from Callum Braemer, Lachlan Viney and Blake Tahlambouris. U13 Alex Dean could do with the company of some more Rowville/Lysterfield runners in this age group. Simone Louey is also tending to be the only female U13 rep from one of our clubs in this race.

Many children use cross country to help keep up their fitness throughout the Winter. All Little Athletes who competed over the Summer season are eligible to run in weekly cross country races, at no additional cost. New members are also warmly welcomed. Cross Country begins at 9am on most Saturday mornings. Training is available for those who choose it, but is not necessary.

For further information contact Steve on 0409 231 380 or 9764 3384, or Nick on 9764 066.

Thanks to KLAC photographers who supply our photos. Rosemary Merrigan

## Rowville Football Club HAWKS



The season is off to a great start for the Rowville Hawks with five wins in the seniors from five games, which included collecting the Boococks Discount Meats - C.D. Automotive Trophy against Upper Ferntree Gully. The Colts are also five from five, whilst the Reserves are two from five after a slow start to the season.

In late April, over 80 people attended our first Presidents Lunch for the year and were entertained by Footscray Legend Doug Hawkins. Australian cricketer Rodney Hogg was our guest on May 6th and Anthony Koutafidis the former Carlton footballer entertained us on June 2nd. Our next lunch is on June 30th with the guest speaker yet to be announced. Presidents Lunches are a fantastic way to enjoy the footy and entertain guests with good food and entertainment. An additional highlight in June will be the Cocktail Night which will have a 'black and white' theme. Contact the club for details.

Why not join the Golden Hawk Coterie? You receive two complementary club memberships, two complementary season tickets, two seats at two Presidents lunches, invitations to other club hospitality, visual membership recognition in the Club's social rooms and an embroidered Golden Hawk polo shirt, all for only \$500 plus GST.

Club Memberships are also a great way to get involved with the club and represent great value, but remember it does not include match day entry to the ground. Entry is \$7, but you can save money by buying a season ticket for \$40 that gives you ground entry to 9 home games at Seebeck Oval. A season ticket for over 65s is only \$10.

The Rowville Football Club is proud to offer its Player Sponsorship Package for Season 2012. This is an exciting way to be involved in the football club, by having your Company highlighted with the players and supporting the player directly by subsidizing his costs. A package investment is \$350.00 and includes, club membership, season ticket, two Presidents Lunches, Sponsor networking functions and payment towards player fees.

However you wish to support us, we would love to see you at our home games.





# Nick Wakeling Column

## Multicultural Regional Advisory Council members announced

Member for Ferntree Gully, Nick Wakeling congratulates the recent appointment of Lysterfield resident, Emanuele Cicchiello, to the Victorian Multicultural Regional Advisory Council.

Minister for Multicultural Affairs and Citizenship, Nicholas Kotsiras, announced the membership of Victoria's eight new Regional Advisory Councils (RACs) and confirmed each RAC will be chaired by a VMC Commissioner and will include local residents, representatives from community organisations and multicultural service providers.

"Their knowledge and understanding of the important multicultural issues in each region will provide a vital

link between the Government and the local multicultural communities at a grassroots level." Mr Kotsiras said.

RAC members are volunteers and chosen for their understanding of multicultural issues, their experience and commitment in dealing with their local multicultural communities. All members of the RACs were selected through an open application process. RAC meetings were scheduled to commence in April 2012.

"The people chosen to champion the interests of each region were selected for their capabilities and expertise in multicultural affairs and citizenship" Mr Wakeling said. He confirmed Emanuele has been appointed to the Eastern Metropolitan region as a Community Representative.

## \$30,000 boost for H.V Jones Verandah

Cricket and Soccer at H.V Jones Reserve are set for a

major lift, thanks to a \$30,000 Victorian Government funding boost, to build a new verandah at the popular reserve.

The funding recently announced by Minister for Sport and Recreation, Hugh Delahunty was pledged during the 2010 election campaign. "Sport and recreation plays a vital role in Victorian communities, especially here in Ferntree Gully," Mr Delahunty said.

Nick Wakeling, Member for Ferntree Gully, confirmed the new verandah will enhance the facility enabling home clubs like the Mountain Gate Cricket Club to encourage more people to join in the fun and participate in a safe, friendly environment for all members of the community.

The funding will be used to extend the current verandah to provide additional shelter for cricket and soccer participants, coaches, officials, volunteers and spectators. H.V Jones Reserve is home to Mountain Gate Cricket Club during the summer months and Boronia Soccer Club, Boronia Junior Soccer Club and Knox United Soccer Club during the winter months.

## Knox BMX Track funding for Flood Lights

The Member for Scoresby and State Treasurer, Kim Wells and the Member for Ferntree Gully, Nick Wakeling have welcomed the announcement of \$44,000 funding for Knox Park BMX Track. The funding to Knox City Council will be used to upgrade floodlighting at Knox Park BMX Track. Knox Park BMX Track is one of four clubs in Melbourne's east to benefit from the funding injection announced by the Minister for Sport and Recreation, Hugh Delahunty.

Mr Wells, who lobbied for the funding on the club's behalf, said that the new lighting will make the track safer for night meets and will also improve the membership base at the club.

## Secondary students set to benefit from "Advance"

Nick Wakeling MP, Member for Ferntree Gully announced that Rowville Secondary College, Fairhills High School and Boronia K-12 College will each receive funding for

## Paul's Photography Patter



"An example of a photographic record of personal items with relevant details"

We all use cameras to record holidays, family gatherings, interesting scenes and events etc, but have you ever

considered using your camera as a cataloguing device?

In these days of robberies, house fires and floods, losses while on holidays, unfortunate breakages etc., we often need evidence of possession of valuable and personally precious articles to justify insurance claims or to give to the police to help identify items if hopefully recovered.

Naturally, purchase receipts are the best evidence of possession but who still has purchase receipts from many years ago? Even with receipts, they may get destroyed in a fire. Alternatively, the item may have been given as a gift or been handed down through the family generations, in which case there is no receipt!

What better way to record the existence of your possessions than photograph the most important ones with, perhaps, a small descriptive sign in the photo to provide better identification. Appropriate details will change with each item but suggestions are: - item description, date of purchase, serial number, price.

As you will want this "catalogue" to last for many years don't just store the photos on a CD disc as it may deteriorate over time, keep print copies as well. Remember to keep the "catalogue" up to date by deleting items you no longer have and even more importantly add any new items.

The good thing about this use of your camera is it can be done with just a low cost compact model.

Happy snapping, Paul Lucas.

**HINT:** Photograph your most precious and personal items with relevant details and always store copies off-site with family or friends.



## Looking after your pet inside and out

While the process of yearly faecal tests may seem unpleasant, it is crucial to the health and wellbeing for you, your family, and of course, your pet. These examinations are important in diagnosing intestinal parasites which can be dangerous.

Regular worm checks are recommended, as an important part of a total wellness program for your pet. It not only helps safeguard your pet's health against harmful effects of gastrointestinal worms, but also reduces the risk of exposing family members to the health threats posed by the worms that pets may harbour.

Some parasites detected in faecal examinations are zoonotic, meaning they are transmissible to humans. These include parasites such as roundworms and protozoans (such as Giardia).

And when it comes to your pet's health, parasites can cause damage:

1. Parasites are debilitating and rob the host of nutrition
2. Parasites can cause severe gastroenteritis and damage the gut lining

3. Parasites may cause general systemic disease due to the effect on the pet's immune system
4. Parasites may produce toxins which result in enterotoxaemia and serious illness
5. Parasites may cause anaemia which can be life threatening, particularly in young pets

### How to collect a faecal sample for your pets worm check

In order to collect the best poop sample, please follow these simple steps:

1. Collect about 3-5 grams of fresh faeces (1 gram is about 1 cubic centimetre)
2. The faeces should not be more than 1 hour old so the best sample is one which has been observed to be freshly passed
3. Place the sample in a clean, dry container or zip lock bag
4. Ensure that you write the pet's name and your surname on the container or bag
5. It is good hygiene practice to always wash your hands after handling your pet or your pets faeces
6. Avoid exposing the sample to extremes of temperature. Keep the sample out of direct sunlight, in a cool, dry place until you can take it to your local Greencross Vet

Contact your local Greencross Vets for more information on the importance of faecal tests and how they can keep your pet and family parasite free.



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students to volunteer in the community, thanks to the Victorian Government's \$4.5 million *Advance* program.

Following on from National Volunteer Week in May, Mr Wakeling said, "Without volunteers giving their time, energy and effort each and every week, so many people in our community would miss out on much needed services in so many different areas. Volunteering is a rewarding and fulfilling experience for all parties involved. It is a great opportunity for our youth to become engaged in their local communities, promote their schools, learn valuable communication skills and foster positive relationships while providing invaluable service to their community."

The *Advance* program engages and provides opportunities for young people between the ages of 14-18 to actively participate in their community through volunteering, while learning valuable transferable skills.

## National Volunteer Week

"National Volunteer Week, held from 14-20 May, celebrated the many volunteers in our electorate of Ferntree Gully and the vital contribution they make to the community. Volunteers are the back bone of nearly all Community Groups which offer our community vital services in so many different areas, families and children's welfare, sporting clubs, churches, school communities, youth groups, local CFA brigades, community newspapers, animal welfare and disability services just to name a few." Mr Wakeling said. "Without the volunteers giving their time, energy and effort each and every week, none of these groups would be operating."

Mr Wakeling thanked the many people in the Ferntree Gully electorate who donated their time and lent their skills and support to help out those in need. "National Volunteer Week was also an opportunity for others to consider becoming a volunteer for a local community group. Volunteering is rewarding and can enhance your life as well as the well-being of the whole community"

Deputy Premier and Minister for Regional and Rural Development Peter Ryan said,

"More than 1.5 million Victorians provide an invaluable service to their communities through the important volunteer work that they do".



## Local History

Sponsored by Nick Wakeling MP,  
State Member for Ferntree Gully



### 1982

On 26<sup>th</sup> May, the 90 children of **St Simon's Primary School** moved into their new building. Were you one of the first students? The **Tirhatuan Park Golf Club** held a 'Progressive Dinner'. Do people still have them? When was the last time you attended one? In relation to **Kelletts Road Reserve**, Council upheld a decision by local residents to do away with car parking space and use the allocated money for playground equipment. At an earlier Council meeting they decided that, owing to changed requirements, three future **Primary Schools**, north of Kelletts Rd, between Twin Views and Lakes Estates and Lysterfield, would be deleted. They preferred sites to the east of Twin Views and north of Wellington Rd.

### 1987

The Rowville Football Club and the 1<sup>st</sup> Rowville Scouts held dances, with music supplied by "The **Rockafellos**" and "**Tina and the Tornadoes**". Do you remember those bands or maybe you were in them? Education Minister Ian Cathie and Treasurer, Rob Jolly, gave the go ahead for **Rowville Secondary College**, to be opened in 1990. Council approved a 2-lot subdivision of the Peppertree Retirement Village to provide an alternative site for the **Uniting Church** on the corner of Fulham Rd and Bridgewater Way. Two Texan college students, from the Baptist Convention of Texas, visited Rowville **Baptist Church** for three weeks, taking part in all facets of the Church. Do you remember their visit?

### 1992

Is **ERA television** still transmitting? They presented 360 items and were on air for 60 hours in 10 days. **Brett Styles** won the pole vault at the Thailand championships with a leap of 5 metres. Are you still involved with the sport? The

**mobile schools dental van** visited Rowville Primary School and all students had a check up. Do you recall the van? The minister of Transport, Peter Spyker, announced that the 1.1 kilometre link between the Yarra and Gardiners Creek **bike path** would be constructed. According to the **1991 census results**, Knox was now the largest city in Victoria, with a population of 121,995. **Green Valley Darts Club** moved its competition venue to the Rowville Football Club rooms. Are you still there? Council approved Telstra's recommendation to install two **public phones** at the convenience stores on the corner of Dandelion Dr/Eildon Parade and Sullivan Avenue/Anthony Dr. Are they still in use?

### 1997

**Kerryn Westcott** was named as the Victorian Ambassador for Carecore Australia in recognition of her work with AIDS. Are you still involved with research? 70 objections were made to Council regarding a proposed **brothel** in Mosrael Place. Only 70? Visiting circuses were advised that they would have to find a new home in Rowville due to a multi-million dollar development on their normal site at the north east corner of Stud and Fulham Rds. Who remembers the **circus** there? Construction of multi-purpose sports courts at **Liberty Avenue Reserve** were completed. No bookings were required and there were no fees. Council wrote to the Minister of Roads and Ports, requesting confirmation that the option of a **rail link** from Glen Waverley to Rowville had not been precluded from an environment statement being prepared for the Scoresby Transport Corridor. The reply must have confirmed that it had!!

### 2002

One Rowville resident camped out for three days to secure a block of land in the **Hermitage Precinct** at the new release at Sovereign Crest. Was that you? What happened to the **Professional and Business Women's network**? The Rowville **Uniting Church** celebrated their 20<sup>th</sup> birthday and the national body, formed when the Presbyterian, Methodist and Congregational Churches combined, celebrated their 25<sup>th</sup>. **Patrick Finn**, Principal of Heany Park Primary School, retired having held the position since the school opened in 1993. Where are you today Patrick? Former editor, Darren Arnott and his wife Nadia, welcomed their first child, Emily Kate, the only Mother's Day birth at South Eastern Private Hospital. We obviously had young editors in those days!!

### 2007

**ISOMER Retirement Home** were seeking a volunteer to play old time songs on the piano twice a month. Did you 'tinkle the ivories' for them? **Rowville Library** hosted social justice author Robin Bowles, whose latest book explored the Peter Falconio mystery. Did you listen to her? When is a 'slug' not a gastropod mollusc? When they are running **Cross Country** races. Maddie, can you explain why Peter & Dave were slugs? **Carole Fenshaw** clocked up 20 years service at the Rowville Children's Centre and her popularity with children was highlighted when a Grandma complained to her grandchild that she had a photo of Carole and not her next to her bed!! What are you doing these days Carole?



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**Pay for the term and pay just \$13.50 per class**  
**Wednesday 9.15am Wednesday 6.15 pm**

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is a fun high energy class using kickboxing and boxing techniques in a circuit style hour of good technique, great fitness, with toning and strengthening for both upper and lower body. Use gloves and mitts for punching drills and kickshields for awesome lower body toning. Burn fat, work out your stress! Suitable beginners and all levels of fitness. No bookings required.

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# Alan Tudge Writes

## Thank you for supporting the Salvos!

When John Gore founded the Salvation Army in Adelaide in the 1880s, he said: 'If there is any man here who hasn't had a decent meal today, let him come home with me.' Gore's statement provided the guiding philosophy to this new organization and it still guides the work of the Salvos today, including the work of our great local corps in Knox.

The statistics speak for themselves. The Salvos provide 160,000 meals, 12,000 food vouchers, 3,000 beds for the homeless and 500 blankets every single week.

I have the honour of being the Knox Red Shield Appeal Chairman. As you would be aware, this Appeal is an annual event which provides funds to assist the Salvos to do their great work. As I write, the Appeal is just a couple of weeks away and I am sure will be another great success thanks to the generosity of people in our local community.

One of the things that it will help support is a new initiative of the Rowville Corps, a community kitchen for people to develop new skills in cooking, and also to provide meals to others in need.



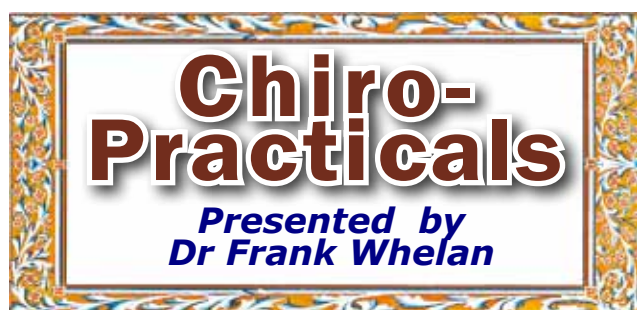
Alan Tudge with Judy Shaw

Throughout history, the Salvos have assisted on the front line with Australian soldiers in war time, with employment services and food provisions throughout the Great Depression and with natural disaster relief in situations such as Cyclone Tracy, Black Saturday and many others.

Thank you to those who gave their time as volunteers door knocking in the local area for the Red Shield Appeal. And thank you to those who made a donation. It is to a great cause.

If you want to assist the Salvos, the local corps is located at 16-18 Kingsley Place, Rowville. Enquiries to Judy on 0404 039 267

Alan Tudge, Federal Member for Aston



## Tips for a great night's sleep

Getting a good night's sleep can make all the difference in how you approach your day. Properly refreshed, you are ready to tackle the challenges of the day ahead. However, if you wake up feeling worse than when you went to bed, then mentally and physically you are in for a hard day and in a cycle that is difficult to overcome. Here's a few of the things you can do to achieve a restful night's sleep.

- Reduce your caffeine intake – avoid it 4 to 6 hours before bed.

- Use the bedroom for sleeping only – 24 hour accessibility of TVs and computers can disrupt normal sleeping patterns.

- Avoid alcohol before bedtime, as it can cause you to wake up during the night.

- Exercise at least 30 minutes a day, but avoid high intensity physical exercise just before bedtime. If exercising in the evening, try to do so at least 2-3 hours before going to sleep.

- Relax before bedtime. Try to forget about work and paying the bills before bedtime!

- Establish good sleep patterns. Try to go to bed at the same time each day and get up at the same time each day – even on weekends.

- Ensure you have a comfortable, supportive mattress and pillow. Speak to your local chiropractor for specialist advice on choosing the right mattress and pillow for long term spinal health.

The position your spine is in while you sleep is critical to your spinal health. The spine naturally curves forwards in the neck, backwards in the mid back and forwards again in the low back. In this position, the spine is relaxed with minimal pressure on nerves, muscles and spinal discs.

Sleeping on your stomach will eventually create problems with your spine as it puts unnecessary pressure on your neck due to twisting of the head and also strains your lower back.

Sleeping on your side is a better position for sleeping. Try lying with your lower leg fairly straight, and bend your upper leg at the hip and knee. Place a pillow between your upper knee and the bed. Alternatively, bend both knees and hips slightly and position a pillow between both knees. Your pillow should be the right height to keep the neck straight. It should mould to the shape of your head.

Sleeping on your back can also be a good position for sleeping. It is often useful to place a pillow under your knees. This may help reduce strain on the lower back. Your pillow will need to maintain the forward curve of the neck. If you have a fairly straight back, then you should use a thinner pillow than someone with rounded shoulders.

# Health & Wellbeing

Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine  
96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville  
Physiotherapy 9763 9233 Sports Medicine 9763 3944



## World Continence Week (18<sup>th</sup>-24<sup>th</sup> June)

World Continence Week is an annual initiative to raise awareness about incontinence related issues.

### Did you know?

- Bladder and bowel control problems affect one in four people;
- One in three women who have had a baby will wet themselves;
- Bladder and bowel control problems can be treated, better managed and cured.

Poor bladder control can range from leaking when you cough, sneeze or exercise to a complete inability to control your bladder. Poor bowel control problems can range from difficulty controlling wind to being unable to control your bowel when you have an urge to empty. These symptoms

affect both men and women. It is common, but it can be treated! To help with your bladder or bowel problems, there are some simple steps you can take:

- Eat well
- Drink well
- Exercise regularly
- Pelvic Floor strengthening exercises
- Practice good toilet habits
- Pelvic floor muscle strengthening exercises can significantly improve and even cure symptoms associated with bladder and bowel control problems. For these exercises to be effective, it is vital that you are contracting the muscles in the correct way.

For assessment and education on pelvic floor strengthening exercises as well as advice on how to manage your bladder or bowel problem, see a pelvic floor physiotherapist. Kathryn Oldman is a pelvic floor physiotherapist at Rowville Physiotherapy.



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Colour Me



Hello

# Kids Page

Compiled by St. Simon the Apostle Primary School

??????????????

**DID YOU KNOW** there are some countries that do not have an a in their spelling. Using a world map or the internet how many countries can YOU find? Clue – there are at least 8. Are there more????? (Answers below)

## Country and City Quiz Farm Jokes

1. What is the smallest country in the world?
2. The answer to the first question is found inside another country. Do you know the name of that country?
3. Do people live in Antarctica?
4. What is the biggest country in the world?
5. Who gave the United States of America the Statue of Liberty?
6. What is Big Ben?
7. In what city would you find Big Ben?
8. What is the capital of Poland?
9. Name a country where they mine opals?
10. In what country would you find a large rock nearly in the middle of it?

Q: Did you hear about the farmer who ploughed his field with a steamroller?  
A: He wanted to grow mash potatoes!

Q: When is a farmer like a magician?  
A: When he turns his cow to pasture.

Q: What did the neurotic pig say to the farmer?  
A: You take me for grunted.

Q: What do you call cattle with a sense of humor?  
A: Laughing stock.

Q: Why did the farmer call his pig "Ink"?  
A: Because it was always running out of the pen.

Q: Why can't the bankrupt cowboy complain?  
A: He has got no beef.

?????????Answer –

UK United Kingdom, Congo, DRCongo, Peru, Chile, Mexico, Puerto Rico, Czech Republic

## Snap shot of Activities at St Simon's

C	L	E	A	N	U	P	D	A	Y	K	Q	Y	Y	L
S	C	N	P	B	U	L	C	S	E	M	A	G	L	A
P	U	O	R	G	G	N	I	N	E	D	R	A	G	M
E	N	I	O	W	J	P	J	S	S	C	T	N	Y	A
S	Y	S	J	M	M	H	P	N	L	S	O	L	A	R
E	R	R	E	A	H	O	O	A	Y	I	B	I	D	A
N	A	U	C	H	R	M	S	A	S	M	C	T	L	T
A	R	C	T	T	I	S	D	R	E	Q	I	U	A	H
P	B	N	S	S	P	S	U	S	J	S	S	R	R	O
A	I	I	T	A	R	C	S	Z	S	R	U	G	U	N
J	L	S	R	E	X	A	A	R	T	C	M	Y	T	C
F	A	T	H	E	R	S	D	A	Y	S	T	A	L	L
C	Y	T	S	C	I	T	E	L	H	T	A	B	U	U
S	O	C	I	A	L	J	U	S	T	I	C	E	C	B
M	Y	R	T	N	U	O	C	S	S	O	R	C	V	M
ART	EXCURSION	MARATHONCLUB												
ASSEMBLY	FATHERSDAYSTALL	MOTHERSDAYSTALL												
ATHLETICS	GAMESCLUB	MUSIC												
CAMP	GARDENINGGROUP	PROJECTS												
CLASSPARTY	INCURSION	SOCIALJUSTICE												
CLEANUPDAY	JAPANESE	SPORTS												
CROSSCOUNTRY	LIBRARY	SRC												
CULTURALDAY	LITURGY	STSIMONSDAY												

## Quiz Answers

1. Vatican City
2. Rome, Italy
3. Yes but mainly scientists
4. Russia
5. France
6. The big bell in the clock tower of the Houses of Parliament in London.
7. London
8. Warsaw
9. Australia
10. Australia

## Is your poor posture affecting your health?

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## Stud Valley Ladies Golf Club

Stud Valley Ladies Golf held a 30<sup>th</sup> Anniversary Luncheon on the 10<sup>th</sup> May 2012, at the Waverley Club, where 44 members, both past & present, attended. A slide show of photos taken over the years was shown bringing back memories with nostalgia and mirth. A memento key ring was handed to everyone who attended.

The Club originated through a group of ladies playing with the YMCA Dandenong in 1978 at Tirhathuan Lakes Golf Course on a Thursday each week. On May 10<sup>th</sup> 1982, Stud Valley Ladies Golf became a registered Club, a break away from the YCWA group.

In 2007 the Club became affiliated with the "Victoria Womens Golf League", allowing an official Handicap through "Golf Link" and insurance for playing members.



The President and members of the committee

We still play every Thursday morning .  
New Members would be very welcome to join us.  
Contact our Captain, Nola on 9700 3804 or Pam on 0409 934 966.





## Primary School

### Fun Maths at Karoo

Year One students participated in a 'hands on' Maths activity session with the Professor Maths Road Show. He motivated the students to explore a variety of Maths activities.

Following the introduction the students worked in small groups supported by their Year 6 buddies. Every activity promoted curiosity whilst developing their thinking skills and by working cooperatively, they solved a range of problems.

There was plenty of discussion from the students as they explored, manipulated, and were challenged to use their Maths skills in a range of activities. This incursion supported our school's Maths Program, which encourages students to discuss, share, reflect, interact and importantly be confident learners, that are willing to take risks when problem solving.



### What's Happening @ Our House?



The five Neighbourhood Houses in Knox have teamed up to provide a variety of low cost social activities for you on Friday evenings. Please visit the "What's Happening @

Our House" website of up and coming social events [www.whatshappeningatourhouse.org](http://www.whatshappeningatourhouse.org) Everyone is welcome to come and enjoy a great Friday night of fun! This project has been supported by the Knox City Council Community Development Fund. Please contact Rowville Neighbourhood Learning Centre on 9764 1166 for further details.



One of the new chicks

### Chicks Galore

As part of their unit of work entitled "From Farm To You", our Year 2 teachers set up incubators for the purpose of hatching chickens. Students were able to monitor the eggs on a regular basis and were able to observe the chicks hatch. All of the 20 eggs provided hatched. Students spent the subsequent weeks watching the young birds develop. Each student kept a "Chick Diary", in which they noted their observations about the birds' behaviour, growth and feeding habits. Once the birds were independent they were adopted by the families of the students to be kept as pets. All involved agreed that this was an outstanding unit of integrated learning.

### Recycling Shoes

The Three Rs are very important at Park Ridge, but so too is creativity. Our Year 6 students have recently completed an activity in their Art lessons that required them to design

## PARK RIDGE PRIMARY SCHOOL



a 3D object based on a shoe. Under the guidance of our Art guru, Mr Craig Hall, students first planned their design on paper and then, using plaster, wire, glue, glitter, props and paint, everything from rabbits to mermaids were created by motivated and engaged students. A selection of the finished models formed a proud display in the foyer for the month of May.

### Rowville Neighbourhood Learning Centre Inc. Vacation Care Program

Vacation Care provides a fun, safe recreational holiday program for primary school aged children. Our program operates during the school holidays (excluding public holidays) from 7.45am to 5.45pm. Vacation Care provides a wide range of entertaining in-house activities, entertainers as well as exciting excursions, and recreational activities.

We are a registered child care service and you may be eligible to receive the Child Care Benefit as well as the Child Care Rebate.

Cost of the Vacation Care Program per day:

Early enrolment discount: \$43 (within stipulated days)

Regular daily fee: \$45

There are additional fees for any excursions or incursions and these are noted on the Activities Program. Program information can be obtained from our office 5 weeks prior to the start of the school holidays.

To claim for Child Care Benefit or Child Care Rebate you will need to be registered with the Family Assistance Office and may need to provide us with a copy of your current Assessment Notice at the time of booking. Information including enrolment forms can be found on our website [www.rdnh.org.au](http://www.rdnh.org.au)

For further information please contact our Vacation Care Co-ordinator on 9764 1166 or email [shp@rdnh.org.au](mailto:shp@rdnh.org.au)



Curry House Leaders proudly display the perpetual shield for Cross Country Running.

### Curry House Triumph

The annual House Country Run was held recently with students from all year levels participating in events ranging in distance from 200 to 1500 metres. The event was conducted in a fun run style atmosphere in the environs of the school. Whilst winners were acknowledged, the importance of participating and doing your best for the team was emphasised. All students gained points for their house with the blue ribbon events, that lead to participation in inter-school competition for older students attracting double points. The contest was close all day with the final result depending on the outcome of the Prep events. Eventually Curry House prevailed, winning by just two points from Flintoff with Lexcen and Border not far behind.

The best performers in the older age groups formed a training squad that, under the guidance of our Principal, David Mann, trained to participate in the inter-school competition in May.

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# Heany Park Primary School

On Monday 30<sup>th</sup> April, Heany Park students and teachers welcomed two teachers from SDNI Serang 2, Banten, West Java, Indonesia to our school. The teachers were the school's principal, Ibu Dewi Cahyangrat and the English language coordinator, Ibu Teti Ratna.



The purpose of the visit was for both schools to sign a Memorandum of Understanding to strengthen relationships and the understanding of, and awareness and respect for each other's cultures. Also, the exchange of teaching resources, course materials and teaching strategies will be a focus. Both schools will endeavour to establish student, teacher and administrator exchange programs to provide the opportunity to study, work and live in the sister school community.

The MOU also emphasises the teaching of English in Indonesia and Indonesian in Victoria. Above all, friendship is a major aim, through communication. This may include letters, emails and videos, and even Skype.

Heany Park was proud to host the new Consul-General of the Republic of Indonesia for Victoria and Tasmania, Bapak Irmawan Emir Wisnandar, at the MOU signing ceremony. In his speech he said he would like to

## Rowville Interact Club Helps Those in Need.



After twelve long months of hard work, Rowville Secondary College Year 11 students Meaghan Conroy, Amie Forrer and Jessica Forrer have had one of their more elaborate plans finally come to fruition. As year 10s in search of a charitable project for their Interact Club last year, the girls, with the help of their teacher Cathy Holleran, had the bright idea to approach Glenallen School. Spending a day with the school's students, all of whom have health or physical disabilities, led to the discovery that older models of wheelchairs and other such equipment were no longer used when newer models were made available. That this equipment was kept in storage with no particular use in mind, allowed the girls the opportunity to embark upon a charitable journey spanning several organisations and two countries.

After liaising with Rowville Rotary Club and the Sri Lankan Consulate, sitting through meeting upon meeting, and "feeling like it would never happen", the decision for the equipment to go to the disadvantaged in Sri Lanka was only the beginning. Arranging fundraisers, transport, and accommodating the needs and wishes of so many different people taught the girls that a project of such magnitude takes time and energy. The effort, however, has only made the victory sweeter, with the girls feeling proud, and privileged to have undertaken such an endeavour "It took a lot of organising, but we did it! It was worth it, it's so good to see that it's going somewhere good now".

The culmination of the project took form on Tuesday the 8<sup>th</sup> of May when Amie and Meaghan, along with Rowville Rotary Club's Gary Forrest, and several members of the Sri Lankan Consulate gathered at the Glenallen School to help



Meaghan Conroy and Amie Forrer

load the donated equipment into a truck to eventually be flown to Sri Lanka.

Jo Dalton, Glenallen's Assistant Principal whose involvement was integral to the process is amazed at the reception that their "old stuff" has received "When you see that they are very happy with our equipment... I felt a little bit self-conscious about that".

"We've got all of this beautiful stuff and we're giving them our old stuff, but... they've got nothing so they were very grateful, it was (the girls') initiative that got us moving."

Laura Gordon

Communications Officer, Rowville Secondary College

congratulate Heany Park Primary School and SD Negeri 2 Serang for creating a Sister School link and he particularly wanted to express congratulations to the two principals, Ibu Dewi Cahyaningrat and Mr David Rose, for the work they and their staff have done in bringing their two schools together in this way. Mr Wisnandar also mentioned the work of Ausindo Educational which has mediated this collaboration and guided it through the processes of setting up a Sister school linkage. Dr Herli Salim in Serang and Dr Peter Waterworth in Melbourne have done crucial work in helping to create this link.

The Consul General said "Sister School relationships are usually commenced with a sense of optimism and potential. They depend upon regular and sincere communication and require an enthusiastic liaison teacher in both the

Australian and Indonesian schools. Sister School links are a way of stimulating language learning of Indonesian in Australian schools and English in Indonesian schools. There are many barriers to the learning of another language and Sister School cooperation can break some of these barriers down. Indonesia and Australia are strong regional friends and neighbours. We share a joint responsibility for good relationships between our two countries. The Indonesian Government wants to foster all attempts to promote strong relationships of friendship and collaboration between schools and Departments of Education and it believes in the importance of schools in fostering international friendship in children".

Heather Brown Teacher of Indonesian

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# St Simon the Apostle Primary School

## Prep News

Last Monday the Prep level welcomed ten little eggs in an incubator.

Together we watched and waited and by Wednesday morning we observed the chicks beginning to pip. The cracks grew bigger before our eyes and before long we welcomed a very wet and tired looking chick. Shortly after this chick's birth the Prep children excitedly saw two black chicks come into the world. It was an amazing sight to arrive on Thursday morning to see the remaining seven chicks had been hatched overnight. We were the proudest level ever!

Since their arrival, many classes and visitors throughout our school environment have called in to make observations and marvel at their rapid growth.

The eggs were cracking and then out came chickens!

*Davina*

The chicks were wet and now they keep growing.

*Tanveer*

The chicks were ugly when they came out of their egg shells and now they look pretty because they're older.

*Kira*

When the chicks hatched out of their eggs they were wet but now their feathers look soft and fluffy.

*Lianne*



## Inter-School Sport

**Victorian Trials:** From the end of Term 1 until now we have had a number of Year 6 students participating in selection trials for Victorian Primary School Sport representative teams in Football, Soccer, Netball and Basketball. Currently we have some students who have progressed through the first two rounds.

**Cross Country:** Following very wet weather the Cross Country had to be postponed till Friday the 18<sup>th</sup> May at Jells Park. Our squad of 60 runners had an extra couple of

## Creative Art Work



*By Lucas*

weeks to put kms into their preparation.

### Year 6 Sport Round Robin:

On Friday 1st June our Year 6 students will participate in the first of their Inter School Sport Round Robins. They will be playing Netball, Football, Soccer,

Teeball and Volleyball with students from schools in the Rowville District.

**Marathon Club:** The colder weather is testing a few of our runners at the moment. We are averaging about 30 runners/ walkers per day. Parents are most welcome to join us for a jog or walk (we've already had a few) any Tuesday, Wednesday or Friday from 8.15am.

## Year 3s Lenten Giving

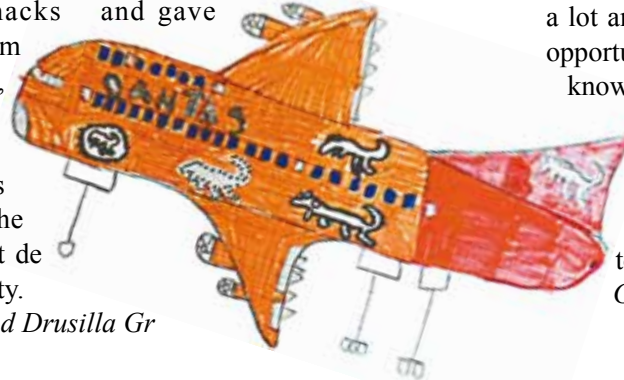
All the Grade 3s students collected Snacks in Lent and gave them to the poor people who don't get many snacks. We could donate any packaged snacks we wanted from our playlunches.

We did this to help the people who aren't as lucky as us and who aren't as successful as us.

We collected a whole laundry basket full of snacks and gave it to Ozanam

House, which is run for homeless men, by the St. Vincent de Paul Society.

*By Nick and Drusilla Gr 3B*



## Canberra March 2012

Our year 6 students were lucky enough to travel to Canberra for our school camp. It took us approximately 8 hours to arrive, it was a long journey. We stopped at Yea, The Ettamogah Pub, Holbrook, Gundagai where we saw The Dog on The Tuckerbox. They were all interesting stops. We arrived at the campsite at about 5:30 and got settled, had a look around and then had something to eat. Each day meant getting up really early around 6:00am, as the days were packed with activities. Each busy day encouraged a powerful hunger each night and the food was great. At night we played a few games and then lights out.

We did heaps of stuff to keep us busy in Canberra. We visited the Electoral Education Centre, The High Court of Australia, Questacon, New and Old Parliament House, The Australian Institute of Sport, Australian War Memorial and the Australian Mint. We did lots of activities when we arrived back at the campsite after a long day.

One of the first places we visited was Parliament House. We started off by looking around and going on the roof. The view was amazing! We acted out a small role-play and it was really fun because we got to argue about different topics. We also met Mr. Alan Tudge who is our local member for Aston.

Overall, camp was an awesome experience. We learnt a lot and got great sources of information. We got the opportunity to interact with other people and to get to know the teachers and students better. We got to see what it was like to be in a different environment for a week. We tried different food that some of us might not have every day. The Grade Six students would like to thank all the teachers and to recommend Canberra as a place to visit.

*Grade 6 Teachers and Students*



During Term 1, the children settled into the learning environment and established relationships with each other. Some of the learning aspects being covered in term 2 will include developing

skills that will help children to work as a contributing member of a small group – developing confidence, independence, respect for others and a sense of self worth. Other social skills we will be encouraging are, effective communication and listening skills, opportunities for sharing (including the play space, equipment, thoughts and ideas), taking turns and waiting. Working in small groups also helps children to develop trust, relationships and a sense of belonging. Developing patience, tolerance

and a sense of community are important skills that we use right throughout our lives.

In term 2 we are exploring natural materials in our artwork, which provides many opportunities for sensory exploration as we work with seeds, leaves, twigs, bark, sand and clay. Such experiences will assist the children in developing thumb and forefinger opposition and improve their dexterity-skills that will later help build the strength and movement required to hold a pen or pencil correctly and provide the control necessary to form shapes and letters for writing. Other activities to foster such development include providing elastic bands for the children to stretch and create shapes on wooden nail boards, painting with pipettes that require squeezing and using scissors-all activities that are great fun but also hold a valuable educational purpose.

At Liberty Avenue Three Year Old Kindergarten, we currently offer two different groups, each with a maximum of 20 children in attendance. Our Gumnut group

is a "deferred" group, specifically for children whose attendance at 4-year-old preschool has been deferred for a year, allowing the children more time to mature before going to school. This group attends for 2 x 3hr sessions per week. Our Bottlebrush group attends for 2 x 2.5hr sessions per week. The costs vary according to group preference.

We employ two staff members, including a qualified kindergarten teacher and an assistant. We pride ourselves in offering families an individually based programme, where the children's progress is monitored and their needs are planned for on an individual basis. We offer a safe, nurturing, learning environment and a stimulating educational programme that encourages the children to have fun together as they learn.

**Enrolments** If you would like more information about our kindergarten, our session times, the program we offer or obtain an enrolment application form, please contact our enrolment secretary, Kylie on 9752 9981.





## Parents Head Back to School at Rowville Primary!

We have known since the sixties that children learn better when their parents are involved in their learning. When it comes to the learning of mathematics we know that parents want to be involved in mathematics but it presents its own set of challenges for parents. The first is that mathematics is one of those subjects where parents sometimes have a fear or dislike which is based on their own experiences at school. There is always a danger that the belief, "I wasn't good at mathematics at school," will be passed down to the child. The second is that there are parents who excelled at mathematics at school and are really frustrated by the changes that have occurred in the teaching of mathematics since they were at school. Nowadays, a lot of the mathematics is of a practical nature and it is not perceived to be proper mathematics. The belief of these parents may be, "I learnt from text books and was successful so why do we need any changes?"

One wet, cold and dark Thursday evening, a large group of parents from Rowville Primary School braved the elements to come to school to learn about the teaching of mathematics. The aim of the forum was to give parents a greater understanding of how children approach the learning of mathematics at school. The evening was led by Rob Vingerhoets who is an International mathematics educator. He was both inspiring and entertaining.

Two parents agreed to be part of a game where the speaker demonstrated to the group that sometimes it is easier to undertake mental computation than to use a calculator. However calculators are part of everyday life and need to be available so that they can be used when needed. Furthermore the speaker presented research that demonstrates that using a calculator will not impede students' development of mental computation skills.

Our mathematics teaching today is all about helping children to make connections. For example when a child knows  $2 \times 4 = 8$ , it is possible for them to make three other connections within this number fact family. By doing this they are manipulating number facts which they will be able to recall when they are undertaking mental computation. Learning occurs when we make connections. Asking children just to memorise a set of number facts is not teaching.



*Parents back in the classroom*



## School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools & Rowville Sec. College

*The cast of 'Rock the Croc'*

Rob outlined to parents the importance of teaching mental computation. Teaching mental computation includes teaching distributive property, halving, doubling, estimating, rounding and number facts. He stressed that language can be developed through mathematics and explained how parents could extend their child's mathematical language at home with authentic activities around the house, when out shopping and when travelling. We want to equip our children with whatever is necessary for them to explore the wider world with confidence and understanding.

Since the event we have been asked by many parents if we can have a follow up session where they can be guided as to how the four operations are now taught in schools. This will occur later in the year and demonstrates that school is a place where we all come to learn.

## Lights! Camera! Action!

It's that time of year when preparations for our annual Senior School musical gets underway. This year's show, 'Rock the Croc', attracted many students for auditions. Over sixty students auditioned for the twenty main roles that are in the show. Students were judged on their

speaking and acting for most roles and dancing for some! Congratulations to those students who auditioned for the roles, you made it a tough choice for the judges!

Those students who didn't land a main role didn't miss out though! Every student in the Senior School will sing and dance to fantastic songs this year including Footloose and songs featured on the popular television series, Glee. The annual production is a fantastic opportunity for students in the senior school to shine in areas outside of the classroom! It develops their confidence, speaking and presenting skills and is a great way for students to show good teamwork and collaboration!

Not only have we been preparing for the Senior School musical production, but our year 5 and 6 students have also been performing in the local community. Last month some of our talented year six dancers competed in the annual Fairhills Dance Contest. Skye Ladell competed in the solo category while Kirra Datseres, Kristin Lang and Caitlin Williams competed in the group category. The girls worked well as a team and were great ambassadors for our school. Congratulations to Skye Ladell who, in a category of phenomenal dancers, was able to come in first place!

This month, our year 5 students will have the opportunity to compete in this competition. We wish them all the very best and know that they will make us proud!

*Editor's Note:- Congratulations to you girls, especially Skye who is obviously very talented indeed.*

## A Young Person's View Myki or MyMisery?

'Myki' has become a word that incites fear in non-regular transport users and welcomes a stream of stories from regular transport users about its inefficiency and never-ending problems.

When I purchased my Myki two years ago, I was of the opinion that I may as well not fight it, I knew I would have to buy it sooner or later. The only upside to my choice is that when the machines don't work on my bus (which probably happens at least once every three weeks), I won't have to pay for my fare because they don't work.

I was one of the few that was willing to give Myki the benefit of the doubt. I heard about all of the problems,

but I chose it over Metcard because I heard the rates were better and so on. But it is so inefficient and I don't like the touch on/touch off system at all. I hate having to touch off just before I get off the bus, and it's even more frustrating when the machine allowed you to touch on but then when it's time to touch off, you can't. And this costs you more.

I'll keep using my Myki. But I'm worried about when it will actually replace Metcard. It won't cope. That's not even a joke. Myki will not cope, it's a system that is inefficient, even for the occasional traveller. I think it's time for the Victorian Government to bite the bullet and return to Metcard. At least this is a system that works.

*Marita Lacota*

*Editor's Note:- Has anyone else had good or bad experiences with Myki? It has divided public transport users and we would like to hear your views.*



For over 30 years the Rowville Baptist Church has been running a low-cost program for primary-aged children during school holidays. It has become a highlight of the midyear holidays for a growing number of local families. Last year almost 200 children attended each day. The good news is that it's on again this year.

Every day (9:30am-12:30pm) from July 9-13, children who are in Prep to Grade 6 will be enjoying drama, craft, games and more. This year's theme – *Pirates* – should produce lots of fun and excitement.

Members of the church community, young and older, get involved in various ways. It's fun to see the church auditorium and other spaces decorated to reflect the theme. And it's fantastic to have so many children on site enjoying themselves so much.

Our generous volunteers and donors mean we can continue to offer this high quality program at an affordable price



*Rowville Baptist Church Club Extreme 2011*

It seems that Winter is settling in and the mornings are becoming cooler, the days shorter and the heating bill higher! However you are assured of a warm welcome at the Uniting church. We gather for worship at 10am on Sundays, where we seek to sing a good blend of the more traditional as well as contemporary music, we try to engage the Bible and understand it in the context of the 21<sup>st</sup> century. We have a small Sunday school and this meet during the service.

It is important to us that the church connects with the

community in which it is located. To this end we are proud that our building is used by many community groups. Activities range from a large variety of dance classes, singing for toddlers, Yoga, martial arts, weight loss, tutoring and more. In an active community it is great to see all this happening in our church buildings.

As well as these activities we also welcome people to our Toddler Gym program, on Tuesday mornings and Friday mornings. This program is a pay as you go program and costs just \$5 per family per session. Booking is essential for this program and people with toddler aged children should contact the church office for information.

We continue to offer the Bridgewater Centre counselling service. Our fully accredited Psychologist is available two days a week at a very low fee. This service is heavily subsidised by church members so that this service can be

offered to the Rowville community. Appointments for this service can be made through the church office.

We were pleased to offer our first Car Boot sale in May. This was a day blessed with great weather (although a little chilly). We had a large number of stall holders and cakes and sausages and cups of tea or coffee. Thanks to all those who supported us. We are looking forward to another Car Boot Sale on Saturday 10<sup>th</sup> November. Details will follow in later editions of this paper.

We are pleased to announce that we are also hosting the Grace Romanian Baptist Church in our buildings. This congregation now meets on Sunday afternoons at 5pm. The service is open to all, but would especially suit those from a Romanian background.

For more information about our church please contact our office on 9753 3495. *Trevor Bassett*

'An Anniversary Banquet in grand style!' That's how the culmination of thirty amazing years was celebrated at Fruitful Vine, Lysterfield.

A recent Sunday morning was turned into a beautifully decorated and sumptuously served luncheon, enjoyed by more than 200, including interstaters and country friends.

A pictorial overview of the thirty-year story of the church was presented by founding Pastors Philip and Yvonne Kitchen. Most notable has been the church's remarkable international impact. Teaching materials on family issues and spiritual, mental and physical health have gone out to fifty nations. Teams have travelled many times overseas with training and healing seminars that have brought life changing results.

An annual Training School at the attractive Lysterfield facility draws people from far and wide, and from across church denominations. Forty-four came out from the U.K. for the 2010 School.

Fruitful Vine is non-denominational and non-traditional, its ministries being apostolic and prophetic, strongly focused on worship and prayer that encounters the power of God.

"The next thirty years in an uncertain world will test the relevance and authenticity of what every church is doing," Pastor Kitchen said. "For us there have been many lessons learnt, old mindsets broken and miracles enjoyed, as we have followed the Good Shepherd's leading. But there is much still to do."

Meeting times appear in "What's On Locally" on page 2. Services are open to all. Contact the church for information on 9752 7767.

**A brief summary of items affecting Rowville-Lysterfield.**

**Item 8.5** Rowville Rail Stage 1 Draft Feasibility Report Summary:

The Rowville Rail Study Stage 1 Draft Report, examining the feasibility of a rail line from Huntingdale to Rowville along the Wellington Road corridor, has been released and the Consultant is now seeking feedback on the

draft report before the final report is presented to State Government in mid 2012. Council should continue to provide feedback on its preference and continue to advocate for Stage 2 of the study to be undertaken. Council resolved to:

1. Prepare a response advising the State Government's consultant that Council's position is that:

1.1 Stage 2 of the Study should continue the planning and detailed design work for the Rowville Rail line along alignment C (shown in Appendix A of the Council Report); 1.2 Stage 2 should also detail short and longer term public transport improvements for the corridor;

1.3 the preferred Rowville Rail Station location is within the Stud Park Shopping Centre to maximise development potential, walkability to the station and ensure it is an accessible transport option for the community. This accords with the long term strategic planning undertaken by Council over many years;

1.4 planning work for the Rowville Rail line should commence immediately to reduce delays. These works

should be undertaken concurrently with any planning and/or construction works for improvements to the Dandenong line;

1.5 any proposals to improve the Huntingdale Railway Station should take the Rowville Rail extension into consideration;

1.6 improvement works on the Dandenong line and Melbourne Metro should be expedited to ensure this does not impact on construction of the Rowville Rail; and

1.7 measures must be urgently put in place to protect the preferred rail alignment reservation;

2. Write to all Local State and Federal Members of Parliament advising of Council's position; and

3. Continue to advocate for the Rowville Rail.

**Works Report as at 5 April 2012**

**Stamford Park Redevelopment**

A town planning application has been lodged for subdivision of Stamford Park into three allotments.

**Corhanwarrabul Creek Trail (to Dandenong Creek) - Shared Path**



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## Council Minutes continued...

(1) Stamford House shed demolished and the remainder of pathway link constructed.

(2) Design works only for next stage. To be undertaken in consultation with Parks Victoria and the Scoresby Employment Precinct developer.

### Liberty Ave Reserve Master Plan Implementation Stage 1

Works underway with asphalt laid.

### Stud Road, Rowville - Sunshine Street to Timbertop Drive – Footpath

Developer has engaged a surveyor to prepare plans and submit a plan of subdivision to facilitate the transfer of land.

### Eildon Park Storm Water Harvesting - Stage 2

Tanks are installed and being connected to stormwater

pipe. Irrigation system being connected.

### Avalon/Stamford/Stud Road Intersection Modification

Further community consultation is required. To be deferred pending resolution of Stud Park Structure Plan

**Murrindal Playroom Extension (Stage - One)** - Building works completed and Certificate of Occupancy issued.

**Eildon Parade Playroom Extension - Construction** - Project on hold for a needs review.

**Taylors Lane Playroom Extension - Construction** - Project on hold for a needs review.

### Tirhatuan Drive (No 18) Rowville - Drainage Design

Initial in-principal agreement reached with Melbourne Water and Education Department on a partnership approach to facilitating a design solution within school grounds. Concept plan being prepared. This is to be followed by a meeting with the Education Department and school.

**McKay Road - Reconstruction** - Works completed.

**Norris Road - Reconstruction** - Contract works completed.

**Raymond Road - Reconstruction** - Works completed.

### Wellington Road / EastLink - Shared Path

(1) Bridge Crossings - Contractor appointed for Design & Construction of two bridges.

(2) Shared Use Path - construction has commenced.

Rowville Recreation Reserve No 1 - Renovation Design progressing on schedule.

### Reservoir Crescent Rowville, Dam Repair

Water level reduced to mitigate risk of dam breaching. Concept design presented by specialist dam safety consultant. Detailed design well underway.

Knox City Council Meeting minutes are available for viewing in full at the Council website:;  
[www.knox.vic.gov.au](http://www.knox.vic.gov.au)

Darren Arnott





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