



ROWVILLE-LYSTERFIELD

COMMUNITY NEWS

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Priceless

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From the Editor's Desk

So the Olympic Games are over for another four years and the whingers are out and about. Yes, seven gold medals were less than we all would have liked, but it was still a pretty good effort.

I found it particularly pleasing that for once we didn't rely on medals coming from in the water at the pool, instead the majority came from on top of the water! The results and the moans also beg the question, since when was a silver or bronze medal a failure? You are still in the top three in the world and that is something to be proud of in my book.

Back in chilly Rowville/Lysterfield, it seems that most of our Primary Schools held their own "Olympics" as can be seen in their reports. Don't let the fervour and enthusiasm slip as there may be an Olympian amongst you, if not by Rio in 2016 but certainly by 2020. Go down to Little Athletics and pursue the dream.

Staying with sport, our congratulations to Brianna Hans of Rowville Secondary College, on her selection in the Victorian Schools basketball team and for the Knox Junior Raiders at the

national championships. Good luck to you in both, Brianna.

Local Council elections will be held in October and Braille and large print ballot papers will be available for voters, but you must register. You can do this by calling 8620 1114 before September 18th.

If you are at a loose end on the weekend of 29th and 30th September, I can recommend visiting Stamford Park Homestead. Not only can you view the grandeur of the homestead, enjoy the tranquil gardens and inspect the archaeological diggings, but you can enjoy a barbeque with the gentlemen of the newly formed 'Stamford Park Men's Shed'. They may even let you see the renovation work they have been undertaking. For the keen amateur archaeologists, there is an opportunity to try your skills, details of which you can see in the article on Stamford Park Homestead by Peter Kavan, elsewhere in this edition.

This issue sees the completion of 31 years in print. My thanks to all the article writers and to my team of proof readers and a special thanks to the advertisers. Please support them where you can.

What's On Locally September 2012



Sponsored by:
Lions Club
of Rowville

DIRECTORY

Apex Club Meet on the 2nd & 4th Tuesdays each month. 7pm for 7.30pm rowvilleapex@gmail.com

ACF Church English services 10am (simultaneous kids R.O.C.K. program) and 5.30pm every Sunday. Indonesian: 10am every Sunday. Mandarin: 1.30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms). All at ACFC 1070 Stud Rd. Rowville. www.acfchurch.com

Baptist Church Services every Sunday 10am and Youths 7pm. 'Flying Solo' a single Mums support group every Wednesday, details 9759 6642
Playgroups - Tue, Thurs, and Fri. mornings during school terms.
CFA Juniors Meet every Thursday 7pm.

Cake Decorators Asscn Bi-monthly 2nd Sunday Oct. and Dec. 10am-3pm (watch for extra meetings) Scout Hall, Turrumurra Drive Contact 9763 8646

1st Rowville Scouts

Scouts (11-14 years) every Thursday 7.30-9.30pm

Cubs (7-10.5 years) every Wednesday 7.00-8.30pm

Joey Mob (6-7.5 years) - every Thursday 6.00-7.00pm

Venturers (14-17.5 years) every Friday 7.30-10.00pm
Contact Terri 0418 567 923 atm.russell@gmail.com

Fruitful Vine Church Services every Sunday 10am.

Girl Guides Age groups 5-8 years, 8-11 years, 11-14 years and 14-18 years. Contact Jill Livingston, Eastern Region Manager 0409 583 847.

Growville Growers 1st Friday each month 2pm at Library.

Hillview Comm. Church Services Sunday 10am. For details call 9763 7776

Knox & District Over 50s Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

Knox Home Garden Club Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus.

Knox Neighbourhood Watch Meet 1st Tues of month 7.30pm Knox Police Station. L S/C Lee Thomson 9881 7948 www.knoxsafercommunity.org.au

Life Activities Club Regular Activities. Call Melva 9762 3764

Lions Club Meet 2nd & 4th Wed - 7pm for 7.30pm at Knox Tavern. Transport & meal available Robert: 9752 2785

Little Athletics For training & event days: 9763 1404.

Mens Shed Meet at Stamford Park Homestead on Tues, Thurs & Sat (Stamford Park) from 10.00am – 3.00pm. Contact Phil Keily 0418 560 020 or www.stamfordparkshed.org.au

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays & Wednesdays 9.30am Kristin 9754 4318 Parents Coffee Morning - Fridays 10am Wendy 0425 805 918

Overeaters Anonymous Meet Saturdays, 8.30 to 10am at the Uniting Church. Free and no Weigh-ins. Ring 9874 5527 or 9873 7161. Web: www.oa.org.au

Possums Playgroup Mon.-Fri. 11.30-1.30 and 1.30-3.30. possumspg@hotmail.com

Probus Club (Knox Combined) Meet 1st Tues each month at the Stamford Hotel at 10am.

Probus Club (Knoxfield Ladies) Meet 4th Monday each month at Waverley Golf Club at 9.30am. Contact Jennifer on 9762 8181.

RAFT Anglican Church Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. **Mainly Music** every Wednesday 9.30am **New Vogue dance:** every Wed. 7.30pm. Contact Anthea or Arleen 9801 3509

Red Cross Rowville Meet 3rd Mon. each month 10am. Contact Joan: 9764 4611

Restore Comm. Church Services 10.15am at Eastern Campus of Rowville Secondary College. For details phone: 8736 9042

Ruby Gumnut Goddesses (Red Hat Society) For all events contact Kerry: 9764 4717

Rotary Club Every Tuesday at Baton Rouge at 7pm

Rowville Seniors Meet Wednesdays and Fridays 1pm to 3.30pm at Rowville Community Centre

Salvation Army Services every Sunday 10am

Shooting The Breeze Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

St Simon's Parish Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am Tuesday 7.30pm, Wednesday to Friday 9.15pm

Stud Valley Thursday mornings at Tirhatuan Golf Club 9 & 18 hole competition.

Ladies Golf Club Contact Nola 9700 3804 or Pam 0409 934 966

Timbertop Golf Club Saturday Ladies' Competition Tirhatuan Lakes Muriel: 0427 585 575

Toastmasters Meet 2nd & 4th & 5th Tuesday each month at 7.15pm for 7.30pm at RAFT Church, contact Debbie: contact@rowvilletoastmasters.org.au

TOWN Club Meet Wednesdays 9.30am at Uniting Church

Uniting Church Services Sunday at 10am. KUCA (Primary Children) Fridays 12.30pm LINK Thurs 10am. Toddler Gym Friday 9.30-10.30 & 11am-Noon (during School terms)

Yoga Buddies Yoga for Kids! 2-5 years Fri 10am, 6-13 Tue 4pm Rowville Scout Hall. Contact Erin: 0402 080 469 or erin@yogabuddies.com.au

September Events

Little Athletics Registrations Sept 8th 9am to noon at Knox Track. Try Out Day, Sept 22nd 9 to 11am both at Knox track. Season starts Oct 6th at 8am.

RAFT Anglican Prayer & Healing: Mon Sept 3 & 17, 8pm
Church Family History Group: Gail White will speak about "Researching Digitised Here and Abroad". All welcome. Inquiries Bev Cooen 9759 5455 or jibec@bigpond.com

If you would like to add your club, organisation or association to the 'Directory' or 'This Month' free listing, please contact the editor 9763 3157.

Calendar of Events September 2012

- 1 – 7 Sept **National Asthma Week** www.asthma.org.au
 1 – 30 Sept **Prostate Cancer Awareness Month**
www.prostate.org.au
 1 – 30 Sept **The Spring Graze**
www.melbournefoodandwine.com.au
 2 Sept **Fathers Day**
 2 – 8 Sept **Legacy Week** www.legacy.com.au/LegacyWeek
 3 Sept **National Flag Day** www.australianflag.org.au
 3 – 9 Sept **Landcare Week** www.landcareonline.com.au
 7 Sept **White Balloon Day** www.whiteballoonday.com.au
 9 Sept **Sustainable House Day**
www.sustainablehouseday.com
 9 – 15 Sept **Dream Week** www.dreamweek.org.au
 9 Sept – 31 Oct **The Dandenongs' Garden Festival**
www.villagesofmtdandenong.com.au/springfest
 10 – 16 Sept **National Stroke Week**
www.strokefoundation.com.au
 13 Sept – 9 Oct **Tesselaar Tulip Festival**
www.tulipfestival.com.au
 15 – 16 Sept **Clean Up the World Weekend**
www.cleanuptheworld.org/en/
 16 Sept **Papua New Guinea Independence Day**
 17 Sept **Diabetes Buzz Day** www.buzzday.com.au
 17 Sept **World Parks Day** www.worldparksday.org
 17 – 18 Sept **Rosh Hashanah**
 17 – 23 Sept **Include A Charity Week**
www.includeacharity.com.au
 21 Sept **World Alzheimer's Day** www.alzheimers.org.au
 22 Sept **World Car free Day** www.worldcarfree.net/wcfd/
 23 Sept **Vernal Equinox**
 23 Sept **Doveton Show at Myuna Farm**
www.dovetonshow.org.au
 25 – 27 Sept **Healesville Sanctuary Keeper for a Day**
www.zoo.org.au/learning/holiday/HS-Zoo-Keeper
 28 Sept **Cancer Council Walk to Work Day**
walk.com.au



Thank You to distributor Jan Bates who has volunteered to be the Captain for Area 2.

Voluntary Positions.

Can You or Do You know someone who can be a distributor in the following areas?

- ♦ North side of Rathgar Rd, Lords Crt, Sunset Tee, Ambley Rise, Viewgrand Rise, Viewline Dve, Park Valley Dve – 95 papers.
Please contact – *Kel Emerson* – 9752 9365
- ♦ Karoo Rd (odd nos. 255 to 287), Bonaparte Pl, Elba Cl, Crimea Cl, Murrindal Dr (between Karoo & Josephine) – 88 papers
- ♦ Murrindal Dve (from Karoo to drain), Alfa Crt, Mayfield Pl, Overton Cl, Rosebank Crt – 58 papers
Please contact – *Ian Richards* – 9763 9260

Letters to the Editor

Student's are studying, they're not slacking off

Many people say to me that I have a very easy and slack lifestyle, because I am a student with very few contact hours for my degree, which means I only spend a few hours a week at uni and a lot of time at home. However, people who haven't attended uni do not realise how much work goes on behind the scenes.

Every student varies, but most students have three contact hours per class, which I agree isn't much. However, students are usually expected to do about twelve hours of independent study per class per week. Multiply this by the amount of classes a student studies, (the full-time study load is four classes per semester) and you get the time a full time student is expected to study each week. It adds up to sixty hours,

which is a greater workload than the average working week!

On top of these hours, many students need to undertake volunteer work to be able to gain an edge in the professional world and to also gain experience in their chosen field, which seems to be necessary when applying for entry-level jobs. I do not have a volunteer job for my degree as I do not have the time to work in one, however I do have a part-time job to cover the cost of living expenses.

The life of a student is a very busy one and despite having few contact hours at uni., I have heaps of work which can be done at home. And just because I am at home doesn't mean I'm slack, it means I am studying, or should be studying. It's usually the latter.

Matt Wirth

Editor's Note:- Thanks Matt for the insight. School attendance is compulsory, but Uni is an individual's choice (marks permitting), so I suspect the majority of students think and react like Matt. Does anyone have a different view or opinion?

Fire Station.

Dear Sir

Thank you for the great pictures and write up on the new fire station. This is why I like to get the 'News' as I can still keep up with what is going on up there. The old, currently the new station, was built on Mum and Dad's old block and it is great to see they managed to acquire the land and expand.

I see that you are looking for things that happened in the Rowville area for your history. These memories may be of interest to you.

Nudists used to gather between Wakool Hill and Heany Park after the second world war. A lot of the local lads used to sneak up and spy on them, before they were spotted and chased off!

A gymkhana used to be held during the war in the Wakool grounds to raise money for the Red Cross. There were all kinds of stalls, novelty bikes, horse events and special children's events. They were always well attended and raised a lot of money.

They also used to hold motorbike hill climbs up Wakool Hill, which were great for the spectators when it was wet, as there were lots of spills.

Heany Park was a great gathering place for the locals, for swimming, fishing and canoeing. There was a Picnic Day

with swimming and diving competitions and everyone in the big crowd had lots of fun.

I hope your history project comes off.

Yours truly

Gwen Hayes (Gill)

California Gully

Thank-You

Dear Editor

I would like to give a big thank-you to everyone who donated to Team East Metro for our run in The Age Run Melbourne; we have managed to raise \$1,341.00 which will be going to Headspace National Office. We still aim to achieve our goal of raising \$10,000 for Headspace, which will be done by competing in other races like the Eureka Tower Climb.

We are quite grateful for everyone's donations to the cause and want to thank everyone for been so kind in their donations. A big thank-you has to go to Heathmont Secondary College who have raised over \$900 from a free dress day for the cause!

Donations can still be made until end of November at:

http://runmelbourne.everydayhero.com.au/east_metro

Anthony Osborne

3 x Area Contact Persons (ACP) who liaise between distributors and Distribution Coordinator

1 x Captain - who counts out the papers and delivers them to the distributors.

- ♦ The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road
- ♦ The area bordered by – Lakeview Ave, Waradgery Dve & Stud Rd (ACP only)
- ♦ The area is the Timbertop Dr and Seebeck Rd Estates (ACP only)

Please contact – *Peter Rumble* – 9752 7592

Peter Rumble - 9752 7592 - Distribution Co-ordinator

DEADLINES October 2012

**EDITORIAL & ADVERTISEMENTS
Wednesday, 12 September**

Articles, News or Letters to the Editor
editor@rlcnews.com.au

Or drop off/post to RLC News, c/- Community Centre, Fulham Road, Rowville 3178.

PHOTOS – email separately –
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Saturday, 29 September 2012

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Rowville Apex Club

On the 28th, the Apex Club of Rowville, celebrated the 900th dinner meeting for the club, at our Annual Handover for the year ending 2011-2012.

The event was combined with the Apex Club of Werribee and held at the Werribee club room. The evening was a terrific and fun night, which was an 80's fancy dress theme. It was a shared combined event, with several other clubs attending and joining in.

Most importantly, our club inducted our new delightful member Ute. You can see her in the photo having her hand shaken by a fancy dress Merv Hughes.

So if you're interested in finding out more about our club, please feel free to meet us at the Coffee Club Knox Ozone. Details of our meetings and contact address can be found in "What's On Locally" on page 2.

Katrina McMahon

Australian Red Cross Rowville Unit

The Rowville Unit of Australian Red Cross wishes to acknowledge the passing of long standing member Marian Allsup on the 5th August.

Marian moved to Rowville in 1989 to Bridgewater Way and then to Peppertree Hill Retirement Village in 1996, and joined our Unit in 1997.

During her time with Red Cross, she had been an active member helping with Red Cross Calling, Blood Bank,



Marian Allsup

and a very enthusiastic campaigner in acquiring great numbers for our annual Clover Cottage fund raising lunch.

In the past few years Marian had been our Publicity Officer, submitting interesting articles in relation to the involvement of Red Cross around the world.

A service of celebration for the life of Marian was held at the Rowville Uniting Church on August 9th. Her daughters, Robyn and Sue, along with their families shared memories of their mother with in excess of 150 people.

Marian was a true lady and friend to many. She will be sadly missed by us all.

Country Women's Association of Victoria

An information table will held on Thursday 27th September from 9am, at the Stud Park Shopping Centre, to investigate the interest in opening a Rowville branch of the CWA. Please contact Pam on 9755 8140 for further details.

The Association is open to all women over 18 and its aims are to improve the conditions for women and children in all communities, through community service



and is the largest women's organisation in Australia. We present educational grants, investigate social issues of the day, lobby government at all levels, undertake fundraising events, provide networking opportunities and teach life skills, whilst still maintaining the traditional pursuits of the Association.

We are not "all tea and scones", although we make no apologies for our perceived image. So come along and say hello to Maureen or Pam and learn more about the CWA.



WACKY WISDOM

Absence makes the heart grow fonder...
but on the other hand;
Out of sight is out of mind.



Rotary Club of Rowville-Lysterfield

"Melbourne's Underworld"

For those who love their crime books and are interested in hearing more about the intrigue of "Melbourne's Underworld", the Rotary Club of Rowville-Lysterfield is proud to bring the chance to meet and hear **John Silvester**, 3AW's (*Sly of the Underworld*) speak at a **Business Breakfast**, to be held at the Kingston Links Function Centre on the 11th October. The event will also include an auction of a set of 11 crime books he has co-written with Andrew Rule.

John has been a crime reporter in Melbourne since 1979 before moving to The Age in 1993. He has also worked with the *Sunday Times Insight* Team in London, won an ASEAN-AJA scholarship, to study crime and corruption in South East Asia and has given evidence at Royal Commissions on police

corruption. John has written, edited and published more than 30 crime books, including the bestselling *Underbelly* TV series, about Melbourne's Gangland War. He also appears on Radio 3AW as "*Sly of the Underworld*". He has won many journalistic awards, including a Walkley, three Melbourne Press Club Quills, a Ned Kelly Award for true crime writing and three Victorian Law awards.

For more information, or if you would like to attend the Business Breakfast, or your business would like to take advantage of our sponsorship opportunities, please contact Immediate Past President Steve Macdonald on 0418580651 or the Club President, Dr Daryl Moran on 0404069751.

Our club is passionate about raising funds and providing aid to causes dear to our hearts, with the proceeds of this Business Breakfast directed towards the local causes of 'CPS' and 'Evolve.'

CPS – Children's Protection Society, is a Melbourne

based organization, whose vision and mission is that all children will live and thrive in safe families and communities, to break the cycle of abuse and neglect in families and to improve the life chances and choices for all children.

Evolve is an Australian not-for-profit organization based in Melbourne, empowering disadvantaged and at-risk youth to make changes today for a positive tomorrow.

Our Rotary Club can be found on **Facebook** under our page 'Rotary Club of Rowville- Lysterfield' and we would love you to visit and 'Like' our page. More information on the **Business Breakfast** with **John Silvester**, can also be found on our page and at our website at www.rotanet.com.au/rowville.

You can also follow us on **Twitter** @RotaryRowLyster.

See the 'What's On Locally' section for further details of where and when our Rotary Club meets. If you would like to visit the Rotary Club of Rowville-Lysterfield one Tuesday night, or become a member, please call Jeff Somers on 0413 150 587 or email jjsomers@ozemail.com.au.

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Lions Club of Rowville



Lions Club Still Serving the Community After 20 Years

On August 11th this year, the members of the Lions Club of Rowville celebrated 20 years of service to the community, an enviable feat given that many service organisations have gone by the wayside in recent times.

The first formation meeting of the club was held on May 27th 1992, with formation being officially approved by Lions International on August 15th. The charter was handed over to President Philip Yates by the then District Governor, Maurie Gray, on September 12th of that year, with 24 Charter members, four of whom remain with the club to this day.

In 1917, Melvin Jones, a 38-year-old Chicago business leader, told members of his local business club they should reach beyond business issues and address the betterment of their communities and the world. Jones' group, the Business Circle of Chicago, agreed. After contacting similar groups around the United States, an organizational meeting was held on June 7, 1917, in Chicago, Illinois, USA. The new group took the name of one of the invited groups, the "Association of Lions Clubs", and a national convention was held in Dallas, Texas, USA in October of that year. A constitution, by-laws, objects and a code of ethics were approved.

Within three years, Lions became an international organization. Since then, we've earned high marks for both integrity and transparency. We're a well-run organization with a steady vision, a clear mission, and a long and proud history. Today, Lions are an international network of 1.4 million men and women in 208 countries with 46,000 clubs, which makes us the world's largest service club organization and one of the most effective. Working together in diverse geographic areas, we are able to answer the needs that challenge communities around the world. Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their communities. From those humble beginnings, the association of Lions Clubs has provided millions of people with the opportunity to give something back to their communities. The first Lions Club in Australia was opened in Lismore, NSW in 1947.

In one of its first charitable acts, the Rowville Lions Club provided an unfortunate little girl with a holiday she could only wish for. Her classmates were going on an excursion to Canberra and she dearly wanted to accompany them. However, she was suffering from cancer of the ear, so wrote to the Make A Wish Foundation requesting financial assistance, as her parents could not afford the cost involved. Unfortunately, as her condition was not life threatening, the Foundation was not able to help her. In stepped the Rowville Lions, providing the funds for the little girl to join her friends in Canberra and some pocket money to enable her to buy some souvenirs of that first special holiday.

Since then, the assistance the club has provided to the community of Knox and beyond, has been extensive and varied. Apart from gardening and maintenance tasks around the home for those who, for some reason can't manage, it has helped provide walkers and 'second skins' for children with cerebral palsy, dressings and support for some with EB, asthma pumps to several local schools, wheelchairs and hoists, a swim spa, plus a foetal heart monitor to the Angliss Hospital. The Club also sponsors an annual scholarship at Rowville Secondary College, bushfire and tsunami relief,



Alan Black makes a point...

Term 3 at U3A Knox is now half way through and only 6 weeks from this issue to our annual **Art and Craft Show**. The Show, sponsored by the Knox City Council this year, is in its 16th year and is again a feature of Seniors Week in Knox and one of the first events, on **13th and 14th October**.

This year, we are delighted to welcome as a new sponsor, F.T.G. Toyota, who will offer a prize of \$1000 (one thousand) for the BEST EXHIBIT in the craft section (which includes Patchwork, Needlework and Decorative Craft). This will be a great boost for the show which is one of the most popular events, with more than 700 attending last year. Knox Environment Society are again offering a prize of \$400 for the Best Landscape (any media), among many other good prizes for all categories. Entry forms are now available on our website www.u3aknox.com.au, and have been sent to all of last year's entrants. Forms are also available from our office, just send an email to: office@u3aknox.com.au or from The Art Shop (Power Road, Bayswater), Kiah Framing (Boronia Road, Boronia), and Nancraft (in Dorset Road). Entry is open to ALL. The Show will be opened by the Knox Mayor, Cr. Gill.

The usual stalls will be on site, the 98.1 Eastern F.M. van will be broadcasting and many other new attractions will be included. Our famous raffle will feature some wonderful prizes and the photograph shows the beautiful patchwork quilt made by our patchwork group, which will be a major prize. Closing date for entries is 8th October at 5 p.m. The

repairs and painting of the St Vincent de Paul emergency accommodation house in Boronia, and much more.

The club has also taken part in many community events, for example the 'One Canna Appeal', 'Driver Reviver', Stringybark and Knox Festivals and for the Rowville Centenary celebrations in 2005, the club arranged for the erection of the Lions/Apex/Rotary sign on Stud Road as its' contribution.

For several years, the club took a group of disadvantaged children on a trip to Luna Park. Charter member Laurie Bright recalls one child, on nearing St Kilda and seeing the bay, shouting excitedly "Is that the ocean?" That child had never seen the beach before even though he only lived in Rowville.

Lions Licola Village is also a favourite destination for many children who have been sponsored by the club over the years. Week-long camps are held several times a year and provide the kids with supervised activities and adventure programs.

Over the years, many members have gone beyond the call of duty and made a real difference, but three in particular stand out for their dedication to a specific project, or belief over a long period of time.

In 1996 Lion Judy Waneck was instrumental in helping to form the Lions Cord Blood Foundation, which today still continues to fund and support the collection and storage of babies' cord blood, in the hope that it one day might be called upon to offer the chance of recovery for a child with an illness such as leukaemia.

Another notable effort has been Lion Barry Treadwell's dedication to the sufferers of EB (Epidermolysis Bulosa), particularly local lass Eliza Baird. His involvement with their support group 'Debra', and his lobbying for the necessary, but extremely expensive, bandages to be accepted onto the PBS. Barry was awarded a Melvin Jones Fellowship in 2007 and was nominated by the club for Knox Volunteer of the Year in 2009.

official opening will be 13th October at Parkhills, Park Boulevard at 11 a.m. and the show will run over the two days, 10 a.m. to 4 p.m. daily.

During Seniors Week this year, there will be a special 30th anniversary event (of Knox Seniors Week), on Tuesday 16th at Rowville Community Centre where the theme of Healthy Eating and Healthy Exercise in later years will be featured. U3A Knox will have two groups in the entertainment section, our Knightline Line Dancers will perform and our Vocal Chords group will sing.

On Thursday of the same week (18th), U3A will have an open afternoon, at the U3A building in Park Boulevard, with some subjects operating as normal and some tutors available to talk to. Memberships will be taken if any visitors are interested after seeing the building and facilities. There will be Devonshire teas (all free) and afternoon tea, plus a free film "Andre Rieu Greatest Moments".

It will be a very busy week for U3A and it will also be the first day of Term 4. The cost for one term membership will be only \$10.

U3A Knox is also to get a mention overseas. The photograph featuring our tutor, Alan Black, has been sent, with a course description, to the British Library magazine, as we are probably the only U3A featuring a course in **Caves of The Silk Road – Ancient Trade Routes**, and this is a subject of interest to the Library.

Lionism is just a way of life for Neil Brown who, already having held several Cabinet positions, was elected District Governor for the 2004-2005 financial year and, supported by his wife Val, has tirelessly worked for both the club and District for many years. Neil has just completed three consecutive years as club President.

For creative students aged 11-13, the club sponsors the Lions Peace Poster Competition, which encourages participants to visually depict their interpretation of the contest's peace theme. For those aged 16-19, the Youth of the Year Quest offers the opportunity of gaining confidence and honing their public speaking skills. It is not always easy finding entrants for these competitions, but those who do enter are invariably glad they did.

Fundraising is crucial to any organisation and Lions is no exception. Federal and Local Government grants and paid activities, such as sports marshalling, have enabled the club to obtain essential equipment such as tents and a BBQ trailer. All public monies collected have to go back into the community and this is where such things as sausage sizzles, trivia nights, public raffles and, of course, the sale of cakes, puddings and mints come in. Without these, much of the work done in the community wouldn't be possible.

Early club records indicate how difficult it was to get new members and that hasn't changed over the years. It is an ongoing battle, not only for Lions clubs and regrettably it is one that doesn't look like changing any time soon. Yet the enjoyment, friendship and satisfaction of being involved in volunteering should never be underestimated.

Rowville Lions is renowned for being a very welcoming, friendly club and would be delighted to add some more community minded people to the ranks. Anyone interested in attending a meeting, or obtaining some more information, can ring current Membership Chair, Damien Johnson on 0421 847 960.

RUBY GUMNUT GODDESSES



RED HAT SOCIETY

The Ruby Gumnut Goddesses hold two types of events; those which are held in a private home and those where we go out for an event. For the home events we have afternoon teas, usually with a theme or activity involved, chicken and champagne breakfasts, birthday parties or dinners. Sometimes we get together to make or decorate things such as hats or fly swats (clean ones of course). Early next year we will be decorating a lampshade as a hat. All home functions involve food, drink and of course laughter.

When we travel for an event we can end up anywhere. We often go into the city for a variety of reasons, a picnic at the fairy tree dressed as fairies, shopping (our favourite sport), visiting the markets, live theatre events or just for lunch.

The Ruby Gumnut Goddesses plan a lot of activities in the local area. We just recently went on an 'op shop' trail, covering about six op shops in the Knox area. That was a lot of fun and an amazing array of goodies were purchased on the day. In a couple of weeks we are going to the Rowville Community Kitchen for lunch, which we are all looking forward to attending.

We will also be doing a deli and grocery tour in Dandenong. We have been to several performances at the Drum theatre and later in the year are heading into the city to see "More Sex Please... We are Senior's", which, according to reports, should be very funny.

The Ruby Gumnut Goddesses have become familiar faces in quite a few of the eating spots in the local area and in Knox. If you see us around come over and say hello. Our calendar of activities is full and varied. There is something there to amuse everyone.

If you would like to know more about Red Hatting please ring Kerry on 9764 4717



Op-shopping Red Hatters



Rowville Toastmasters

The Olympics have come and gone. Great examples of brilliance, amazing excellence and true determination were witnessed every day for two weeks. It was a spectacle that occurs because so many athletes do what they love and are prepared to go through the long haul of training demands to achieve the highest level. In spite of the setbacks, the enormous challenges and many sacrifices, Olympians chase a dream. (Cyclist Anna Meares rode in Beijing shortly after breaking her neck, but now she has a gold medal!)

Those of us who love to watch any sport are partially sad on the final day, while being honestly glad that normality will return. Some may be feeling guilty that so much time was spent on the couch and others may be simply wondering what drives people to make sacrifices and stick to the discipline of training.

What does drive any of us to see through goals to the end? The answer partly lies in the desire for a sense of achievement and beyond that, a desire for excellence in our actions. However, there are tasks that arise that are not the result of our desires, but someone else's. There are situations and circumstances that are not of our choosing. We have to publicly speak more in our work, or a family function demands a speech! You know, the sort where you have to say something in front of people! The whole speaking thing is not rated on our fun list and yet there it is.



A member celebrates her standard of excellence as a Distinguished Toastmaster at the 'Olympics' meeting.

The task looms like a dark cloud over our heads. Where to start? What then? Where to get some real ideas about what should be said? What is the most important message to get across? How long should it be? The questions could fill a page and the starting point is often the biggest hurdle. It all begins to feel like an Olympic 10 km race. The hope rises that it does not become a marathon!

Where to turn? How to get some help so that there is a sense of achievement and not

regret? Look no longer. This is where you start. We at Rowville Toastmasters Club celebrated the Olympics as part of a meeting theme recently, because we celebrate excellence, while cheering on those who take the road toward improving their performance and skills.

At every meeting we celebrate that people get off the couch and come to be supported in their quest to achieve and better themselves. For some, it is a huge step out of their comfort zone, but they soon see that the meetings are not races to be won, but self-paced tracks of learning and achieving in an atmosphere of fun. What? Fun and public speaking in the same space? Yes!

Toastmasters offers a speaking track that involves starting with a program, learning the rudiments or basics of public speaking and then moving on over the long term to programs that can help those who are aiming for loftier gains.

Rowville Community Centre



The Rowville Community Centre located in Fulham Road, Rowville has a vast array of programs that cater for all ages. The centre provides a 3 year old kinder program daily, with qualified teachers and small classes. There is also Yoga, Senior Citizens, Tennis, Basketball, Pilates and Zumba to name just a few of the activities. The term brochure is available at the centre or online at www.knox.vic.gov.au



Knox & District Over 50s

Hooray! Finally, Spring is here! Things are looking better and better each day, what with all the plants flowering, the slight warmth in the atmosphere and the increasing feeling of well-being as our systems adjust to the lengthening days.

So, what are you going to do with yourself now it's safe to venture out without feeling cold all the time? If you are an Over-50, why don't you come along to the Knox & District Over50s and "make a little hay while the sun shines".

I remember, as a girl, laughing at my Mum and Dad describing their friends as "the girls or the boys". Now, in a similar age group myself, I realise that you are only as young as you feel and at the Knox Over50s some of us feel very young indeed. Some of our "girls and boys" would put a teenager to shame!

Each month club members enjoy coffee mornings at Myer Knox City, lunches at various venues around Knox, day trips, book-clubs and much more. A 7-day trip to Merimbula at the end of September will be one of the highlights of our year. (Don't worry about missing the Grand Final – a big screen has already been arranged!). As a financial member of the Over50s, you would be welcome to participate in any or all of these events. So much more is planned for the remainder of the year and our monthly newsletter *Knox Natters Matter* (which is distributed at our General Meetings) will keep you up to date on all that's happening.

Meeting details can be found in "What's On Locally" on page. We'd be delighted if you could come along to our next meeting on Tuesday, 25th September, when our guest speaker will be Heidi Victoria, MP for Bayswater in the Victorian Parliament.

We look forward to seeing you there. Contact Jill on 9801 4363 for any further information.

There is also a leadership track, that is very helpful for people who are looking at promotion in the workplace, want to learn to be better volunteers, or want experience in leadership roles, to name a few examples.

Whatever your goals and whatever the demands for anyone right now, Toastmasters at Rowville is worth a visit. There won't be an Olympic spectacle, but you will see the ordinary displaying the extraordinary.

In the "What's On Locally" section of this paper, the meetings times are listed. If you are interested in visiting us to learn "to speak among friends", please feel very welcome to send an email to contact@rowvilltoastmasters.org.au.

Penny Barrington

Rowville Neighbourhood Learning Centre Inc.

HIP HOP CONCERT

Rowville Neighbourhood Learning Centre has planned an exciting start to spring, for locals to look forward to. On September 21st the Learning Centre will be proudly showcasing amazing local talent at the annual Hip Hop concert held on site this year. Children of all ages will entertain with dance moves to dazzle and amaze. It will be a fabulous celebration of all their hard work and great fun for the whole family. Tickets are available from Reception for \$11. Call 9764 1166 for details



Ros Wilson

Call Rowville Neighbourhood Learning Centre

Our diverse range of courses and opportunities have been enhanced this year with the introduction of, Learn Local quality pre-accredited courses, that are heavily subsidised and government funded during 2012. These courses are taught by experienced and qualified trainers, who adapt the course content to suit the individual needs of learners and can do the same for businesses wanting to up-skill their staff, at an affordable price. Whether you are seeking employment or a new career path, these courses can fill the gaps and launch you further on your skills journey. The following courses are on offer during Term 4:

- Introduction to 'Aussie English' (English as a second language)
- Short Courses in Office Administration
- Introduction to Horticulture
- Introduction to Small Business
- MYOB-Beginners
- Microsoft WORD and Excel 2010
- Getting re-started with computers
- Basic introduction to computers

To take advantage of the outstanding learning opportunities please contact Rowville Neighbourhood Learning Centre on 9764 1166. We also offer a broad range of courses to suit all ages and a variety of interests. Almost all courses offer 20+ hours of training for under \$50. Call 9764 1166 for further details.

Special courses and workshops "How to win at life".

This session covers many financial issues, but can be applied to any life goal. Come and learn how to set goals effectively for maximum success. Saturday 8th September or 17th November 10am-3pm
Call 9764 1166 to book

Introduction to Chinese Painting

Learn free style traditional flower and bird Chinese painting,



Hip Hop at last year's Stringybark Festival.

with basic brush strokes and techniques on rice paper. Chinese calligraphy will be taught to enhance skills with executing lines. Thursday 10am-12pm 25th October – 13th December. Call 9764 1166 to book.

Ros Wilson

Rowville Neighbourhood Learning Centre provides personal development courses specifically designed for women. These workshops and courses will be looking at different behaviours and confidence levels, that can effect employment, relationships and everyday life.

Ros Wilson provides assertive and empowering workshops for women. Please contact Rowville Neighbourhood Learning Centre on 9764 1166 to enrol in these workshops and courses.

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Chicken Parma with Chips and Salad
Grilled Fish with Chips and Salad
Lamb's Fry with Gravy, Mash Potato and Vegies
- **DESSERT – Choose One:**
Tiramisu Cake Chocolate Mousse
Gelati Ice Cream
- **GLASS SOFT DRINK – Choose One :**
Pepsi, Pepsi Max, Solo, Lemonade, Sunkist, Or Raspberry



Rowville Community Library

Sponsored by Cr Darren Pearce, Taylor Ward

September "Feeding the minds of our community..."



Do you have a will or need a new one?

All about wills with Robert Frajsman, Solicitor, who will offer two sessions (the same) on Thursday 6th September 2012 at 2pm or 6.30pm. The session will run for approximately 1.5 hours and Robert adopts a conversational tone with the group, which allows for questions and answers. All welcome. Free event. Bookings essential.

When great minds don't think alike - Insights for Parents of Children with Learning Difficulties:

Nadine Shome, from Reminds, will be joining us on Friday 14th September at 6.30pm for a session on helping children with learning difficulties including dyslexia, auditory processing disorder, neuro developmental delay, ADHD, sensory integration issues and language disorders. All welcome. Refreshments provided. Bookings preferred.

Hard times, great food: Once again Local chef Stephen Wilson will demonstrate some great recipes which all the family will love, on Tuesday 18th September 2012 at 2pm. Back by popular demand, Chef Stephen Wilson will demonstrate how to stretch your budget and still prepare great meals with an emphasis on using garden produce. Stephen Wilson is a chef with over twenty five years experience in a career that has taken him around the world and includes time spent at the Savoy and the Hilton in London. He has now returned to Melbourne where he is the proprietor of Chilled Out Cooking Classes. Bookings essential. Free event. All welcome. Gold coin donation appreciated.

Maths can be fun!: This session on Tuesday 25th September 2012 at 10.30am is for 6-12yo and the speaker is author Bill Handley. A great session to boost the confidence! Free Session. Bookings essential.

School Holiday Program: Join the fun at Rowville Library during the school holidays. Collect a brochure in the library or visit our website at www.erl.vic.gov.au for details. Sessions include a Roald Dahl theme day, Footy Fever, stories, craft and a 'Maths can be fun!' session on Tuesday 25th September at 10.30am with author Bill Hanley.

Computer Help Sessions: On Tuesday and Wednesday mornings a tutor is available from 10am to assist people to use the computers. Tutors are able to help with Internet, Email, Facebook, Word, and Excel, everyone is welcome, including complete beginners. The sessions are **free**.

Mobile phone help: Staff and friends from the Stud Park Telstra Shop will be available to assist you with any brand of phone or carrier on Thursday 6th September at 9.30am. Even if you have attended before you can come again for more help. All welcome. Bookings essential. Free event.

Saturday Storytimes: We are now offering a special storytime every Saturday morning at 10.30am during school terms. Come along with friends and family to join the children for this one hour session! We appreciate that not everyone can attend the storytimes during the week, so this is another opportunity which may suit. Everyone welcome. Free event. No bookings required.

Rowville Quilting and Craft group: This new group will meet on the third Friday of the month at 1.30pm. Bring along your latest project to work on, something to show and tell or just come to see and hear from others. Some months we may have a guest speaker. It's open to everyone who would like to come and you will be made welcome. Free event. No bookings required. The next session will be on 21st September at 1.30pm.

Rowville Writers' group: Meet at Rowville Library on the fourth Tuesday of the month to share their work and support each other in their endeavours. All welcome. Free event. No bookings required. Next meeting will be on Tuesday 25th September at 1pm.

Family History Help: If you are interested in your family history and don't know where to start, or if you are on the road to discovery but needing a little help along the way, you can come to the Rowville Library between 5pm and 8pm on Thursday evenings. Ask for Charles! Free. No bookings required although we recommend that you phone first to ensure staff availability.

Afternoon Bookchat! Have you ever read a fantastic book and wanted to tell someone about it? Join our group of avid readers for a relaxed discussion of what you are reading and what you think about your latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1st Monday of the month at 2pm our next meeting will be on Monday 3rd September at Rowville Library. Free event. Bookings not required.

Bedtime Storytime is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the

children in their pyjamas but not usually the parents!) Our next Bedtime Storytime is at 7pm on Friday 7th September. All Welcome.

Bookclubs: There are three bookclubs running in the library which meet once per month. Members of each group get a copy of the same book and read it before the meeting the following month where we discuss the book in an informal, chatty manner. It's a great way to read books which you might otherwise never choose to read and it's always interesting to hear what others think about the book. Our Friday evening session has vacancies so if you are free on the last Friday of the month at 7pm for about one hour or so, please come along.

Kids on Wednesdays: Held on Wednesdays at 4pm during school terms. This group will be specifically for primary school aged children and involve a variety of activities. It's meant to be fun and it's free!

Home Library Services: If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library to arrange for a home delivery service. Library staff will select some items after a discussion to ascertain your tastes, and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 9294 1300.

Tiny Tots storytime: Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

List of regular storytimes: Bookings not required.

Monday 10.30am Toddlers storytime (age 1 - 3)

Tuesday 10.30am Preschool storytime (age 3+)

Wednesday 10.30am Toddlers storytime (age 1 - 3)

and **2pm** Tiny Tots storytime (age 0 - 12 months)

Are you a member of the Rowville Community Library? If not, join now. Joining is easier than you think....all you need to join is a driver's licence with your current address (or similar ID). Joining is free. Borrowing is free.

Normal **opening hours** for Rowville library are Mondays, Tuesdays and Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 10-4 and Sundays 1-4.

Details about library service are available on our website at www.erl.vic.gov.au and you can even join on-line.

Rose Thompson Manager - Rowville Community Library 9294 1300



Having a taxing time?

It's the time of the year to send in tax returns. And the time for online scammers to come up with new stories to make you part with your money.

Such as sending out emails asking you to pay them an upfront fee, to cover the costs of sending you a tax rebate.

Do not send them any money. Do not send your personal or banking details. The email may look as if it is comes from 'the government'. But it doesn't. Government departments do not contact people asking for upfront fees.

If in doubt check the source, not by using the contact details on the email, but independently. Contact details for government departments are in the telephone directory or online at www.australia.gov.au

Report scams to the Australian Competition and Consumer Commission (ACCC) via their website www.scamwatch.gov.au or phone 1300 795 995.

The scamwatch website is worth browsing just to stay ahead of the game about stunts and scams, such as auction and shopping scams, dating scams, 'free' offers, pyramid schemes, bank fee refunds etc.

Working for a safer community

For details of our meetings please see "What's On Locally" on page 2.

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MEN'S SHED

Stamford Park Men's Shed Opens

From initial Steering Group discussions in March 2000, to discussions with Knox Council to find a home, restorations works at the old "Guest Quarters" at the Stamford Park Homestead, including fitting out of electrical works and lighting, the Stamford Park Men's Shed has now opened its doors.



The Stamford Park Men's Shed Inc is a community based, not for profit group, primarily aimed to assist in the improvement of the mental health and well being of men, by offering a friendly inclusive place for men to meet, to have a cuppa, and socialise with other men, to reduce the loneliness and isolation that may occur through unemployment, retrenchment, or retirement.

There are currently 15 members of the shed, mainly found through word of mouth, but now that the shed is officially open, they are looking to increase these numbers.

In addition to being a meeting place, the shed hopes to be able to provide activities, that not only help the members fill in their free time, but will also assist the wider community and make them feel a valuable part of that community. Some of these activities may include basic timber and metal work, gardening activities, computer training, small engine maintenance courses (how to tune a lawn mower, or whipper snipper), discussions on men's health awareness and healthy eating. In the future it is hoped that more activities will be provided, as more members are attracted, and their needs are identified.

The "Shed" also hopes to assist the Knox Council, where possible, in the restoration of the Stamford Park Homestead and its grounds to its former glory.

The shed is now open on Tuesdays, Thursdays and Saturdays from 10.00 am to 3.00pm, so call in, have a cuppa and a chat, have a look at what we do and you may find this is for you.

The Stamford Park Men's Shed are also working with a number of local business's, assisting them to distribute

surplus items and material off cuts, among other sheds in the Victoria Men's Shed network. If your business has surplus stock or material that you would like to donate to Men's Sheds, please feel free to contact us. .

The Stamford Park Men's Shed would like to thank a number of organisations, that have assisted them to open their doors and these include Knox City Council, Rinnai Australia, Quicksure Electrics, Bowens Rowville, SIA Abrasives and our members for their many hours of assistance.

Funding for the Shed is via membership fees, and activities that the members perform. Over the past 12 months, the Stamford Park Shed has provided a number of gardening activities. The Stamford Park Men's Shed Inc, is a financial member of both the Victorian Men's Shed Association and the Australian Men's Shed Association. When first registered with the AMSA in October 2010, it was shed number 293. The AMSA now has over 820 registered sheds in Australia and there are in excess of 200 Men's Sheds in Victoria.

For further details please feel free to contact the Stamford Park Men's Shed via email at info@stamfordparkshed.org.au or visit the website at www.stamfordparkshed.org.au or contact President Phil Keily on mobile 0418 560 020.



Stamford Park Homestead

Interested in local Archaeology?

The City of Knox is opening the grounds of the historic Stamford Park Homestead to the public from 9.00am until 4.00pm on 29th and 30th September 2012, to provide an opportunity to view the archaeological excavations.

The homestead is located at 2 Emmeline Row, Rowville (off Stud Road). If you would like to know more about the artefacts found at the site and its interesting history, free guided tours of the diggings will be available each day at 11am, and 2.00pm. Visitors are most welcome to bring a picnic hamper and enjoy the gardens, or purchase from the Stamford Park Men's Shed Inc's sausage sizzle. Parking is available in nearby Enterprise Drive, or you can walk or cycle via the new Corhanwarrabul Creek Shared Pathway.

Do you want to be an archaeologist for a day? Limited places are available to volunteer with our team of professional archaeologists from Heritage Insight, on selected sites around the homestead, during the open days. To register, call Peter Kavan, Stamford Park Project Manager on 9298 8591 or email peter.kavan@knox.vic.gov.au by close of business, 22nd September.

VALE

Rudi Derminn

The committee of the RLCN were saddened to learn of the passing of Rudi Derminn last month. Rudi and his wife Wikje were stalwarts of our newspaper distribution team, being presented in 2010 with their 25 year certificate. Their outstanding contribution to the newspaper was rewarded in 20?? when they received the RLCN's ultimate recognition, Life Membership.

Our sincere condolences are extended to Wikje and her family.



Forty-three Rowville Seniors visited the Regent Theatre in the City to see the stage production of "Annie". The show was very much enjoyed by everyone, as it appealed to young and old alike. The show closed on August 12th

and it has moved to Sydney, where we hope the locals get as much enjoyment as we did.

Our AGM was conducted on August 10th and new office bearers were elected as follows:-

President	Ann Berg
Vice President	Elizabeth Kuek
Secretary	Margaret Smith
Treasurer	Sandra Goodwin

In addition, 6 committee members were elected. Retiring President, Ena Thompson, presented out-going committee members with gifts of appreciation. We now look forward to an exciting 2012/13.

Anyone interested in joining our club can ring Ann Berg on 9873 0226, or mobile 0404007174. Alternatively you can call Margaret Smith on 9755 7542.



Cake Decorators Association of Victoria Rowville Branch

We had a very successful Workshop on August 12th, with 42 people covering and decorating then taking home some lovely Dolly Varden cakes. The variety was amazing so well done to everyone.

Our next work shop will be on Sunday, October 14th, where we will be making Singapore and Moth Orchids. Please bring your lunch. Tea, coffee and soup will be available

Our workshops are held on Sundays, bi-monthly at Turrammurra Dr. Scout Hall, Rowville 10am-3pm. We are also taking bookings for the November 11th workshop when the subject will be "Decorate A Christmas Cake In One Day".

For bookings and general enquiries, please call Velma on 9763 8646 or Madeleine on 9870 5743.

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ROWVILLE

Park Ridge Primary School
Wentworth Ave
Monday 7.00-8.00pm
Wednesday 7.00-8.00pm
Thursday 7.00-8.00pm
Saturday 10.30-11.30am

1st Rowville Scout Hall
66 Turramurra Dve
(Opposite St Simons P.S.)
Wednesday 9.30 - 10.30am

GLEN WAVERLEY

Brandon Park Community Centre

649 Ferntree Gully Rd
(Behind Fire Station)
Glen Waverley

Tuesday 9.30 - 10.30am
Saturday 9.30 - 10.30am

ROWVILLE

Park Ridge Primary School
Wentworth Ave
Tuesday 7.00-8.00pm

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Marcia with her three sons earlier this year

Marcia Kent 100 Not Out

Marcia Kent will become Rowville's newest centenarian on 23rd September. Born to parents Arped and Lillian, Marcia was their second child and, after living in rented accommodation in Toorak, spent most of her child and adolescent life there before marrying Richard Kent in 1940 and moving to East Malvern. They had three sons, before moving to Rowville in 1967, to a house that Marcia still lives in to this day.

From everyone at the RLCN and I'm sure the community in general, I hope you have a wonderfully happy day and that you receive your 100th birthday congratulations from the Queen.

Congratulations Marcia and may you have many more happy birthdays.

Achievers Page

Sponsored by Alan Tudge MP
Federal Member for Aston



LJ Hooker Rowville Win Top Award



Owners and staff with the Best Property
Investment Management Award

Local real estate identities and Principals of LJ Hooker Rowville, Admiral Craig Kelly and Stan Makantasis, claimed the prestigious title of "Franchise Owners of the Year 2012" for the second year in a row following the LJ Hooker Victoria/Tasmania "Night of the Stars" Awards at The Sofitel Melbourne recently.

Awards won by LJ Hooker Rowville include: Franchise Owners of the Year 2012, Best Property Investment Management – Business Growth Office, Top Marketing, Top Sales Office in Victoria and third Place Top Office (All Income).

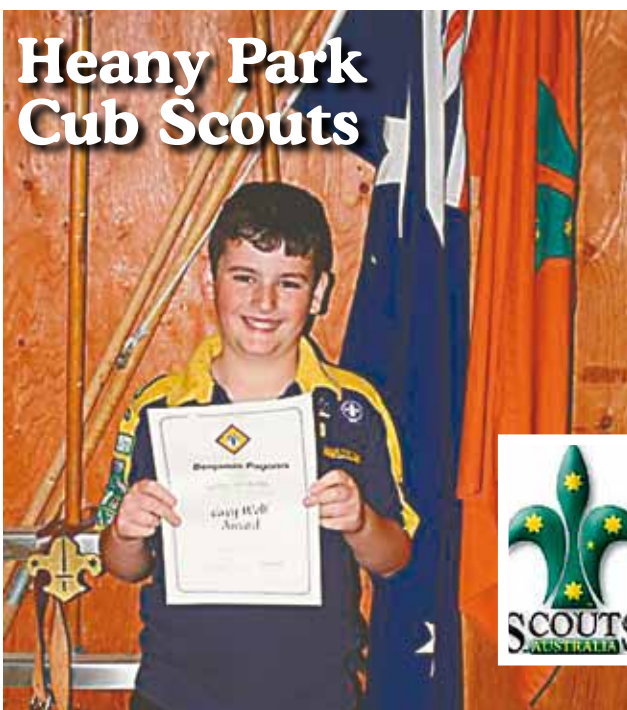
Craig and Stan believe that the right mix of management, financial, personal and sales skills, combined with the strength of the brand, have combined to bring about a hardworking and dedicated team. Both the owners and the whole team are extremely proud of their achievements and thank their clients for all their support.

hike around Lysterfield Lake.

The Grey Wolf award was presented by Cub Leaders from Knox District in a special ceremony, where family and Scouting friends gathered to help Ben celebrate his achievement. Well done Ben!

Editor's Note An excellent achievement Ben. I hope your efforts encourage others to follow your lead.

Heany Park Cub Scouts



Ben earns his Grey Wolf

Ben Pagonis, from Heany Park Cub Scouts, has earned top honours with his Grey Wolf badge, the highest award in Cub Scouts. Ben worked very hard over the last year to complete many challenges that the Grey Wolf requires.

He needed to complete four achievement badges at an advanced level. Ben did his Swimmer badge, which included swimming three hundred metres using various strokes, treading water fully clothed, and showing rescue techniques. For his World Friendship badge, he did a project on the United Nations and completed a scrapbook on Thailand, which detailed aspects of Thai life. Masks and Sculptures showed his creative side, where he made a self-portrait mask using paper mache, a model of a bird and a clay pot. He researched our native wildlife for his Animals and Birds badge and visited Healesville Sanctuary to help with his research.

Ben attended many camps, including "Cuboree", where Cub Scouts from all over Victoria gather together for five days of fun and activities. Other camps include, a "Gold Rush" theme at Ballarat, where he went down a mine shaft looking for gold (Crunchie bars), bush camping at Wonga Park where he did knotting and compass navigation, a sleepover at Scienceworks and many more.

His most difficult challenge was to plan and lead a bushwalk with his fellow Cubs and Leaders. He needed to work out where to go and be able to navigate using a map. He had to carry safety equipment and ensure the others in his group had water and the correct clothing for the walk. Ben did a great job and successfully took his group on an eight-kilometre

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Real Estate Tips

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barryplant.com.au/rowville 9753 2828

A Flick Of The Paint Brush Can Make You Money

When getting into the property market there are a few things to take into consideration, to make sure that your money is spent wisely. Everyone would like a home that has great street appeal, is perfectly presented and has lots of 'extras'. The reality is that the more features the home has and the 'prettier' it is, the more likely it is that there will be more than one buyer for the home, therefore putting pressure on price, with buyers offering a premium price in order to beat the competition.

Buying a home that is structurally sound, but lacking the 'extras' and perhaps requiring some

cosmetic work,
means that not only
should it cost you
less, but there is

likely to be less pressure on a high price. Not only should the home be available at a more realistic price, but also by being prepared to do some cosmetic work you should also, instantly, improve the value of the property.

Often the most rewarding feeling comes from adding your own touches to your home. Before you start, take some 'before' photos so that you can proudly show off your handiwork too! Good luck in your search for a property.



Youth Stage Wrap Up

The weekend of the 21st and 22nd of July saw many young bands from across Knox and the Eastern Region performing at The Basin Music Festival's **Big Break Youth Stage**.

The Youth Stage was moved to a later date this year to better facilitate young musicians in the school year. Each year there is a lot of amazing talent on offer from solo singers to large bands and in that fashion we offer prizes to the acts and performers, that our judges consider are the best in their category.

This year's winners are:

Best Act in the Open Category: Nina De La Cruz

Best Performer in the Open Category: Kim Croxford

Best Act in the Under 18's Category: Giorgia Deslandes and Oliver Ferres

Best Performer in the Under 18s Category: Luke from Youthless – Vermont South Secondary College

Committee Choice: Holly Jo

Committee Choice: Your Underground Hero

There were a lot of great acts and it's always hard to pick those who will get the prizes, so a big round of applause has to go to all the musicians that performed to the best of their abilities. I would also like to thank those who helped put the Youth Stage together and helped run it.

I look forward to seeing it grow in the future, and on a personal note I would love to see more performance opportunities for young people in Knox to encourage the creativity that is out there in the community.

Anthony Osborne Youth Stage Coordinator for The Basin Music Festival



Captain Koala Memorabilia
Little Lex Souvenirs
Station Tours Give-Aways
Sausage Sizzle
Demonstrations

Timetable of Events

10.00 am Sausage Sizzle Starts
10.30 am Fire Extinguisher & Fire Blanket Demo
11.00 am Junior Competition Running Demo
11.30 am Fire Extinguisher & Fire Blanket Demo
1.00 pm Junior Competition Running Demo
1:30 pm Burn-Over Demo with Tanker
2.00 pm gas Prop Demo / Pumping Demo
3.00 pm Close



understand but what they really do is limit us to seeing only the problem, and a set of meanings we assign to that problem, and not the person underneath.

For example, a child behaving badly is seen as a naughty child, possibly with a behavioural problem or an inadequate parent. They are not seen simply as a child caught displaying naughty behaviour at a particular time. Once the label is assigned, much of what that child does is attributed to the label. A generally well-behaved child misbehaving may be seen as a child having a bad day. But a "naughty" child misbehaving is seen as behaving true to form, confirming the stereotype. This kind of perception prevents us from connecting to the child within that behaviour and understanding what is going on for them.

One of the best ways we can prevent labels from causing harm is to apply a process of "separation" to the situation. This means separating the problem behaviour from the person, and labelling the *behaviour* rather than the person. Instead of "My son is a drug addict", we might say, "My son has a drug problem".

People are NOT their problems. They are people WITH problems.

Separation is not just a therapy technique, but something to consider within our family or lives in general whenever we get frustrated with people in our lives with things we may perceive as weakness, laziness, or helplessness, to help us see the bigger picture and an alternative perspective.

To return to my previous examples: is a child behaving badly a naughty child, or just a child not making good choices? Is a drug addict weak, or someone struggling to cope? Is a homeless person helpless, or just a person with a complex multitude of difficulties and vulnerabilities? Is a homosexual so different, or just a person as capable of loving their partner as anyone else?

If we can look past the labels and see the person inside, we can direct our energy to dealing with the problem, and continue to connect to the person themselves with empathy and unconditional positive regard. One of the saddest things I have seen is a parent screaming at their addicted teenager, "Why are you doing this to us? I hate what you have become and what you have done to our family!"



A typical postcard style photo, taken in the early morning.

We travel often and I take many thousands of scenic photos. I specifically seek out lovely scenic shots, as I use them for photographic presentations. But, like everyone on holidays, I have limited time to find the best shots. I don't have hours to wander the towns or countryside aimlessly looking for them.

Instead, I utilise two main sources to help me.

The first is to look at as many tourist brochures, or internet sites, as I can before I leave to see what views may make interesting photos. The second source is to visit local shops and tourist visitor centres on arrival and view the regional postcards and posters. I try to get inspiration and particularly try to pick where the photos were taken from, so I don't waste too much time seeking the vantage point.

It is important to try to gauge the time of day when any of the scenes were taken. Was it morning or afternoon light that makes the scene attractive? Is it taken in the same season as when I am there? It is not much good seeing a lovely autumn colour postcard view that I will be taking in winter when the trees are bare!

Obviously I don't just rely on these sources, as I also want as many inspirational and different photos as possible that represent what I saw and experienced, however the above sources ensure I at least get as many of the major interesting and scenic shots as possible.
Happy snapping, Paul Lucas.

HINT: Look at tourist brochures, postcards and posters to find the best photos to take and from the best angles and time of day.

When a parent is able to separate their child from their illness, they are able to say instead, "I love you, and so I hate what your illness/ addiction/ disease is doing to you." All that energy for change is directed against fighting the illness or the problem, rather than fighting against the person who is suffering. This is how we embrace, empathise and show compassion for people with difficulties.

The person is NOT the problem. The problem is the problem.

Bridgewater Centre's registered psychologist, Teresa Butler has more than 15 years counselling experience. Contact Bridgewater Centre on 9753 4203 to arrange an appointment for confidential counselling of children, adolescents or adults for any mental health concerns.
Teresa Butler, Psychologist (M.Psych MAPS).



Focus on Mental Health

***The person is not the problem;
the problem is the problem.***

Labels are everywhere. We use them to categorise things and people to fit into boxes that help us make sense of our world.

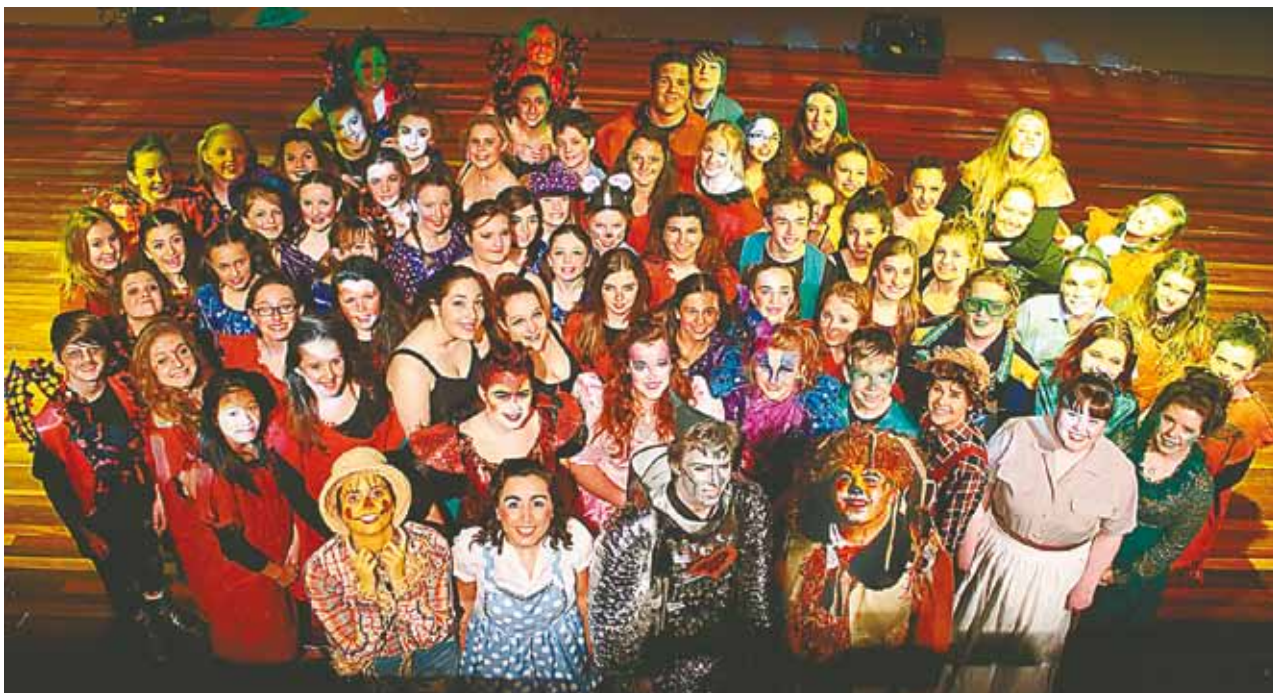
It starts young. A favourite children's book, the Mem Fox classic "Where is the Green Sheep?" teaches children about opposites, how one thing is different from another. But even in this innocent childhood story, there is evidence of labelling. "Here is the tall sheep and here is the short sheep. Here is the thin sheep and here is the wide sheep." A six-year-old boy reading the book to me commented, "Wide is a kind way of saying 'fat', isn't it?" At this young age, he had learned that "fat" was not a nice way to speak about someone's size. And yet, he was given another label in its place that says virtually the same thing. We teach children that it is not nice to label. And yet we fill their worlds with labels that help us to explain things, and more so, to make *us* feel comfortable. If everyone fits into a nice neat box with a nice neat descriptor, life is understood and simple.

However, life is rarely that simple. Labels can be limiting, restrictive, and discriminatory. Labels imply meaning far beyond the word that encapsulates them. The unemployed, the mentally ill, the criminals and then there are race, religion and sexuality labels.

Labels assign a blanket descriptor to a "category" of individuals and ultimately prevent us from actually seeing the individual. For example, a naughty child is terrible. A drug addict is weak. A homeless person is helpless. A homosexual is different.

Labels are sneaky, because they pretend to help us

The Wiz, a magical Journey



I've said it before and I'll say it again, if you didn't see a performance of this year's Rowville Secondary College musical, then you missed a real treat.

This year's show was "The Wiz" and once again Kacey Hocking and Julia Duke produced and directed a marvellous production that was a credit to them, the cast and the school.

The performers, that were excellently cast for their roles, all portrayed their characters in a professional manner with vitality, humour and enthusiasm. First class performances were not restricted to the four main characters, although the Lion was a stand-out, with the witches portraying their roles to perfection. When Addapearle first spoke I thought Cher had come onto the stage! Shining like a beacon was "The Wiz" himself, a seemingly young performer who I feel sure will star in future productions.

One of the most impressive aspects of the show was the talent in the ensemble, who danced and sang with fluency, clarity and first class projection. Maybe because he was the only male dancer, the young man showed a competency that caught the eye. The girls mastered the choreography with apparent ease and the number of slick changes was impressive.

Scenery changes, that can be a distraction, were carried out unobtrusively and the lighting was subtle and effective, highlighting the minimal make up. The band performed tirelessly and complemented the voices well without overpowering them.



The only downside for me was the low attendance on opening night. I understand that later performances were much better attended, but it was disappointing to see so many empty seats.

All in all, it was a performance that left the audience with a warm feeling about the talent we had just seen. I, for one, am already looking forward to next year's performance.

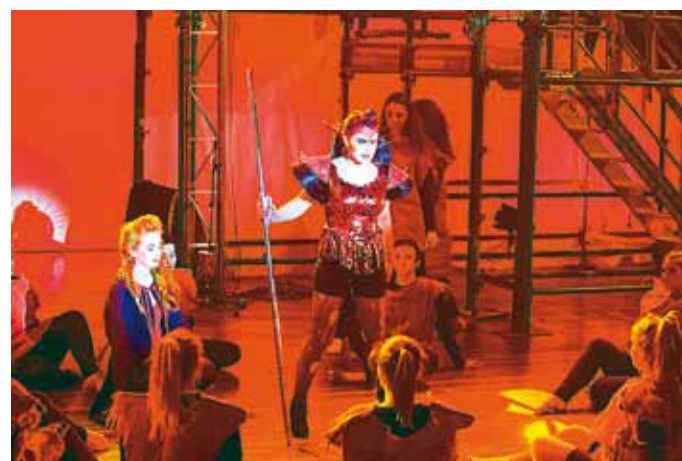
David Gilbert

Photos - clockwise from top: The Entire Cast; The Wiz Addapearle with Dorothy and the Munchkins; The Wiz Wicked Witch of the West; and Tin Man Holding An Audience

SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.



So happy that I joined the Newport Lakes walk, as it was a wonderful discovery, with 30 walkers enjoying the tracks, lakes, picnic spots, etc. The weather was kind to us, despite the forecast, and with train travel, a very pleasant, relaxing day.

As hoped, our Cinema Group is growing, with members stretching the evening by enjoying a meal together afterwards.

Still haven't heard of our club? Still working? But with some spare time? Let us introduce you to our many activities. Held weekly is badminton, bushwalking, cards, (500), and Water Aerobics, Twice each month, is Friday Walks, Cinema and Craft.

Monthly get-togethers include Lunches, Cards, Painting, Music Appreciation, and Garden Visits. Then there is the Organ group, not to mention Weekend Getaways, Social Outings, Bus Trips, etc.

If you would like to know more about our friendly club, please ring and the current newsletter will reach your letterbox. Or contact us on www.life.org.au Melva 9762 3764 or Helen 9729 1151



Rowville Junior Football Club

With the home and away season finishing on 22 July and our under 8's to Under 10's being non-competitive, attention at the club turned to those playing finals. In 2012, RHJFC fielded fourteen teams in the competitive age groups under 11 to under 17 with ten teams making finals. To the non-competitive age groups and teams not making finals, we hope your football year was enjoyable and educational.

The EFL has four weeks of Junior finals and is an exciting time of the year, getting the competitive juices flowing. The first round of finals were Elimination/Qualification games and seven teams were still alive. The second round of finals were First & Second semi finals. Three of our teams won themselves a week off and a start in the grand final, with another three still alive to play preliminary

finals. One of these three won their way into the grand final.

Rowville Hawks Junior Football Club had 4 teams playing in grand finals on Sunday 19th August 2012. Congratulations to our Under 14 Hawks winning the A grade Premiership. To our runner up teams, chin up, it was just not your day.

Registrations are now open for the 2013 season for all age groups Under 8 to Under 17. Please visit www.rowvillehawks.com.au or email registrations@rowvillehawks.com.au, for application forms to be forwarded to you. Our registration day is Saturday November 24th 2012, at Stud Park Shopping Centre 1pm-4pm.

Please visit the history page at www.rowvillehawks.com.au/history to see if you can find how famous you are. Please email history@rowvillehawks.com.au if you can offer any information.



Rowville/Rowville Lakes Little Athletics

Little Aths Prepare For Track & Field

Want to hurdle like Sally Pearson or run like Usain Bolt? How about play basketball like Lauren Jackson or the Boomers? The running, jumping, throwing and general fun and fitness you pick up at Little Aths is a great way to start.

With cross country finished and the track & field season upon us we are looking for children from six to fifteen years

to join our clubs. Ability doesn't matter. We want participation, and reward commitment and improvement.

Rowville and Rowville Lakes Clubs compete at the Knox track off Bunjil Way, Knoxfield. (Near where Scoresby and Ferntree Gully roads meet). We compete most Saturday mornings from October to March, with the odd twilight meeting on a Friday night.

Children are placed in age groups, determined by their age on October 1. You cannot commence until you turn six.

Events include sprints and distance running, hurdles, shot put, discus, javelin (commencing at U11) and hammer from U15, as well as high, long and triple jump. Knox is also a very successful centre for race walking.

Children are encouraged to take part in all events which occur on a three week rotating basis. Relays are available to children from U9 up. These are separate to weekly competition, and include the opportunity to run at State Relay Championships.

Training is optional and free of charge. Other options include Championships, Open Days, camps and development squads. Parents are required to assist with duty one week in three, but the tasks are not difficult and support is provided.



Who to contact:

Children attending Heany Park, Rowville and St Simons Primary schools are encouraged to contact Steve at the Rowville Club on 0409 231 380 or 9764 3384. Nick is the Rowville Lakes contact on 9764 066. The Lakes covers Park Ridge, Karoo and Lysterfield Primaries. Boys and girls from other schools, including secondary, may join either.

Dates for you to note:

Registrations will be taken on Saturday 8th Sept from 9am to 12pm at the Knox track. Please bring your birth certificate. (Be sure to look out for the Rowville and Lakes clubs since eleven others from around Knox will be present.) Try Out Day is Saturday 22nd Sept 9am-11am. The season proper starts on Saturday 6th Oct 8.30am.

Rosemary Merrigan



unfortunate were the U12s who lost to Heathmont in the Preliminary Final after playing so well throughout the season. The U13s defeated South Croydon 13.16.94 to 1.1.7 and now play Vermont in the GF. The U15s, who were undefeated throughout the home and away season, lost their first final but came back in the Preliminary Final, defeating Scoresby by 130 points. They now take on Eastern Lions in the GF. Good luck boys.

The club has had some great goal kicking this year with the following players up near the top of their respective sections: U17 – Lachlan Bowers; U15 – Mitchell Dennis, Nicholas Lang and Jackson McGrath; U13 – Shaun Lovell; U12 – Joshua Hill and U11 – Raine Wright and Riley Williams.

Recent milestones celebrated included, U14 captain Nick Rattle and team mate Matt Munnery, along with U17, Daniel Wiles, all playing their 100th games. Round 13

saw the Under 12s travel up to Montrose and celebrate a win for the 50th games of Leeroy, Puggs and JK, three very popular players in the team. Other U12 team mates, Spencer Gray, Michael and Daniel Napolitano, played their 50th games a week earlier. A full list of (late season) milestone games are listed below.

Milestones 50 Games

Aiden C (U12), Spencer G (U12), Daniel N (U12), Michael N (U12), Josh K (U12), Michael P (U12), Shaun M (U12), Adam V (U12), Taylor S (U13), Lachlan M (U15) and Riccardo A (U15)

100 Games

Matthew M (U14), Nicholas R (U14), Jacob K (U14), Samuel K (U15), Nicholas L (U15), Daniel Wiles (U17) and Aaron C (U17)

Congratulations to everyone

The Knight's had a very successful 2012 with four out of six, competitive teams, playing in finals. At newspaper deadline, the Grand Finals had not yet been played but here is how the teams progressed through the finals. The U11s fought hard, but unfortunately lost to North Ringwood and Rowville during their finals campaign. Equally



Nick Wakeling Column

\$100,000 Funding For Sports Stars at Rowville Secondary College

Rowville Secondary College has been granted \$100,000 to expand their programs at the Rowville Sports Academy

under the Coalition Government's 'School Specialisation Grants' initiative.

Kim Wells MP, Member for Scoresby, who recently announced the funding confirmed, "This funding provides Rowville Secondary students with new programs in AFL Football and volleyball. These will be in addition to the current programs offered in basketball, soccer, netball and golf within the Sports Academy Program at Rowville Secondary College. For budding football and volleyball players, this is a great opportunity to take their sport to the next level and to be part of an Elite Sports program within their secondary education." Mr Wells said.

Rowville Secondary College is among 13 schools who have each been awarded \$100,000 to specialise in fields of their choice. This is the second round of the Victorian Coalition Government's \$2.5 million 'School

Specialisation Grants' program, which allows schools to specialise in fields as diverse as science and the arts, to sustainability and languages and gives students and parents far greater educational choices.

Nick Wakeling MP, Member for Ferntree Gully, welcomed the recent announcement. "Rowville Secondary College offers fantastic programs for secondary students who excel at sport and want to pursue their sport seriously. For some students, the Rowville Sports Academy has led to professional careers in Australia and overseas, as well as the chance to compete at national and international levels."

A total of 25 schools across Victoria have been funded under the 'School Specialisation Grants' initiative, with projects including establishing an Elite Sports Program, setting up an olive grove and vineyard, as part of a school science project and a sustainability program to monitor wildlife.

Alan Tudge Writes

Our campaign for Cyberknife cancer treatment

Local Knox residents, and the nation as a whole, should have access to the best health care in the world.

I have been supporting the campaign of local Knox residents, Keith and Jenny Slater, for the introduction of the lifesaving 'Cyberknife' technology to help battle cancer. Keith and Jenny lost their granddaughter Kahlia Wilson

to cancer late last year. Technology such as 'Cyberknife' may have helped Kahlia survive. They have been active in galvanizing the massive number of petitioners in Kahlia's memory.

For those who have not yet heard of 'CyberKnife' let me explain a bit about it. This robotic arm radiotherapy treatment, precisely targets cancer cells so that less damage is done to non-cancerous parts of the body. It also enables radiotherapy to be delivered to some patients that otherwise could not receive radiotherapy, in particular younger people and some other special cases.

In February, when I first raised the issue in the parliament, 'Cyberknife' was available in 26 other countries including the US, UK, Canada, France, Germany, Japan, China, Italy, India, and South Korea. It's now is available in 31 countries

yet still not in Australia. Australian cancer sufferers are travelling to India, the USA and UK for treatment.

There have been claims that the technology is 'experimental'. However, from the number of countries already using the technology it is clear that it's time to bring 'Cyberknife' to Australia, so that we can save lives.

So what can be done? It's quite simple to help this campaign to bring the best cancer treatment to Melbourne. On my website and in my office, there is a petition calling on the government to expedite the approval process. Thousands of Knox residents have already signed up and I encourage you to do the same.

You can download the petition online at www.alantudge.com.au or collect it in person at my office, Level 1, 420 Burwood Hwy, Wantirna South.

Knox Home Garden Club

By September, the ground is just starting to warm up slowly. Many of your winter/ early spring bulbs and annuals will be covered in glory. Surprisingly, if these plants and flowers are covered in frost, most of them don't seem to mind too much. Iceland poppies, California poppies, tulips, daffodils, jonquils, pansies, snapdragons, anemones, and ranunculas are unaffected by frost burn, as they are well suited to cool climates. However, leave any frost affected leaves on the plants until the threat of frosts have passed, then trim off the dead foliage. Many of the spring or summer shrubs, fruit trees that were pruned back or had lost their leaves, will start to sprout new foliage or form branches, looking more like plants rather than

sticks in the ground.

If you read my article regarding how to create a habitat for frogs and my step by step directions for making a frog pond, then you will be enjoying a pond full of water, with water and marginal plants establishing, with hollow logs and rocks for frogs to hide in. Can you hear any frog noises e.g. tok- tok or pla-bonk, or kkkrek – kkkrek? Is your garden a corridor for wildlife, including birds, animals, reptiles, frogs and insects?

By corridors I mean, a wildlife habitat which are as "stepping stones" to indigenous creatures which help to link them to other bushland/parkland habitats. You can create these oases in areas of your garden, by establishing mini wetlands, native and indigenous plantings, eradicating "environmental weeds", controlling weeds by smothering with mulch. Indigenous plants are plants, shrubs, trees, grass varieties, orchids etc, which are native to your area.

Some of the benefits of indigenous plants are their drought tolerance and adaptability to local rainfall, therefore minimal water usage is required.

Biodiversity is improved and maintained as these plants provide food, shelter and nesting sites for the native wildlife. As well as enhancing our natural landscape and environment, it ensures the perpetuation of the species, including plant life and animals. It is well documented that the City of Knox has only a very small percentage of natural bushlands left, owing to urbanization and over development, but we can reclaim some of that which has been lost.

To find out more about what plants are "Indigenous" to your area, you can contact some local nurseries that sell these plants. Alternatively, contact Knox City Council, or visit the Knox Environmental Societies Community Nursery. Then you can watch and enjoy the wildlife returning to your delightful habitat, the garden that you've created for them...

Lonni Holland



Defence Against Dental Disease

It is a scary thought that 4 out of 5 pets are living with dental disease, without their owners even knowing.

Dental disease left untreated can cause tooth loss and internal disease such as kidney failure and heart disease. There are a number of signs which could alert you that your pet is living with dental disease, but believe it or not, bad breath is one of the most common signs.

During August and September your local Greencross Vet clinic want to help you defend your pet against dental disease and is offering FREE pet dental checks. These dental checks will be given by a trained pet care team member (nurse or vet) and you will be provided with a complete and personalised

home dental care program including instructions on how to maintain your pet's teeth.

Why Is Dental Care So Important?

Caring for your dog's and cat's teeth is a very important part of maintaining their overall well-being. There are three reasons why proper dental care deserves more emphasis these days:

Our pets are living longer

Thanks to advances that have been made in veterinary medicine and the increased public awareness of how to look after their pets properly, our dogs and cats are now living longer. Hence it is important that their teeth last a long time too.

Hereditary traits

Over many years our dogs and cats have been selectively bred to achieve the certain distinct characteristics that we know and love. However, as a result, some of our furry friends' mouths have become quite overcrowded and mal-aligned which can predispose to dental disease.

The hunter no more

Our canine and feline companions, large and small, had ancestors who resembled and behaved like wolves and lions, catching and eating their food, fur, bones and all which provided excellent cleaning actions for teeth.

Knox Regional Netball Centre



The Knox Regional Netball Centre in Ferntree Gully will be conducting its annual school holiday program on September 25th and 26th.

Participants will be coached by Vixens players and elite coaches on day one and play in a tournament on day two. Each participant will receive a t-shirt, show bag, morning tea and lunch both days all for \$90.

The clinic is open to players 7 to 13 years. Please log on to www.knoxnetball.com.au for an enrolment form – be quick there are limited spaces and they fill fast!



1982



Colin Tidball was elected to Council, joining another prominent Rowville resident, **Bernie Seebeck**. **Ron Cornes** was appointed as the new pastor at the Rowville Christian Community and took up the position in September. The Director of Transport, the TRB and Education Dept. met to discuss the removal of the “**Secondary School Bus Service**”. Who can tell us more about that service and was it removed then? Rowville Cricket Club appointed **Mick Metherell** as senior coach. How did he go?

1987



Council was concerned about the number of **horses** wandering from their paddocks onto nature strips in search of grass. Imagine the chaos today if that happened. Council approved an application to develop **Lot 3 Stud Road** as a 24 hour petrol station. **Rowville Scouts** were delighted that Council agreed to start procedures for a grant to assist with the building of a new Scout Hall in Taylors Lane, which could be added to the \$10,000 received from the Rowville/Scoresby Ward contingency plan and their own fund raising. Our editor, **Moir McCafferty**, was seen in an episode of “Hey Hey It’s Saturday”, in a rock video, backing her husband’s group. She was cast as a ‘gangster’s moll’, resplendent in red feathers. Has anyone still got a copy?

1992



After 11 years on council, **Cr Colin Tidball** was elected as Mayor of Knox. The Gaming Commission gave the green light to Tattersalls to supply the **Stamford Hotel**, with the



Local History

Sponsored by Nick Wakeling MP,
State Member for Ferntree Gully

proposed 105 pokies. **Jasmin Bencevich** won the State schools under 10 tennis title and was runner up in the under 11’s. Are you still playing? Over 100 students represented RSC at the **Rock Eisteddfod** at Broadmeadows Town Hall, with their interpretation of Shakespeare’s “The Tempest”. Were you one of them?

1997



Members of the Australian **Wallabies** Rugby Union squad had a round of golf at the Kingston Links prior to their game against the All Blacks. Children at St Simon’s PS participated in the 25th Silver Jubilee of **Father Tomlinson’s** ordination to the priesthood. **Rowville Senior Citizens Club** celebrated their sixth birthday, when 90% of their membership enjoyed a great meal at the Stamford Hotel. Council approved a master plan for the six hectare ‘**Peregrine Reserve**’.

2002



Rowville weightlifter, **Yourik Sarkisian**, returned from the Commonwealth games with three gold medals. Are you still involved with the sport? **Eileen and John Fairbairn**, whose history appeared in the September 1997 issue, celebrated their 65th wedding anniversary in July. **Emma Thompson**, a grade six St Simon’s PS student, won the 12 year old Victorian Little Athletics Cross Country championship. How did you go in the nationals? With a north-easterly blowing, many boats were blown over at **Lysterfield Sailing Club** and ended upside down with their masts stuck in the mud. With all sailors safe, that would have made a fascinating photo.

2007



Tammy Kestle became the first female member of the Rowville Apex Club. Are you still a member Tammy and how many females have followed you? **Kristy James** wrote that her mother’s ‘pop culture phenomenon’ were the ‘Monkees’. Are you still ‘A Believer’ Sandra? **Nomi Jackson**, a founding teacher at Park Ridge PS, retired after

seventeen years teaching and thirty five years with the Department. How did you settle into retirement? Who recalls listening to **Craig Sherborne** talking at the Library about his book “Hoi Polloi”, which tells of his life growing up in pubs and at the racetrack?

A Young Person’s View

Olympics vs. Arts

The Australian Institute of Sport spent \$310 million leading up the Olympics to support our Australian contenders in realising their dreams. It seems like a huge figure for Australian glory on the worldwide stage. But is it? Great Britain spent about the same amount through their UK Sport program. Is our funding justified, if we won half the amount of medals they did? Counting medals is problematic though, I’ll admit. You cannot put a price on winning medals, especially after all the criticism given to the commentators and other countries, when they didn’t win gold and what do we tell our kids when they come second at the school swimming carnival etc.

I’m not sure where I stand on the expense issue. I do know that if I have to choose sport or art I’ll be picking the arts hands down. But that’s just my opinion. Let me remind you though what occurred during the Opening and Closing ceremonies of the Olympics? That’s right, a showcase of art. From amazing light shows to incredible dancers, it completes the Olympic experience. And artists in Australia often need to scabble for grants to stay afloat. A gallery in Fitzroy, that I visited recently, relies solely on volunteers and struggles to pay its rent each month. Their exhibition space is highly coveted, having played host to the Melbourne International Film Festival this year. I’m not saying it is easy to be a gold-medal winning sportsman, but it would be nice if the government would give a bit more to the arts, to the experiences many Melbournians pay good money to see, despite limited funding.

Marita Lacota

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**Enquiries to Lisa on 0407 873 271
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Inject some fun and creativity into these school holidays with some great kid's entertainment at Stud Park Shopping Centre!

In week one of the holidays, kids can get artistic in our craft village where they will get the opportunity to decorate their own travel mug! Kids of all ages are welcome to join. They can make one for themselves to carry around their hot chocolate or one for Mum or Dad to have their morning coffee. The Craft Village will be at Stud Park Shopping Centre from Monday 24th September until Friday 28th September between 11am – 2pm daily.

In the second week of the school holidays, kids will be

entertained with the tongue twisted tales of Dr. Seuss' Cat in the Hat! Join Dr. Seuss in Centre Court as his best friend reads through Green Eggs and Ham. There'll be singing, dancing and be sure the kids are paying attention as he'll be testing everyone's listening skills by asking questions to the crowd. The shows will run from Monday 1st October until Friday 5th October at 11am and 1pm daily. As a special treat, children are also welcome to meet Cat in the Hat and have their photo taken for a lasting memory (don't forget your camera)! The meet and greet will be at 12 noon daily.

Both the craft village and live shows will be located at centre court at Stud Park Shopping Centre and best of all, both activities are completely free!

For more details on activities and other great deals available over the school holidays visit www.studparksc.com.au or phone 9764 1218.

Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine
96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville
Physiotherapy 9763 9233 Sports Medicine 9763 3944



Being Active with Asthma

Asthma Awareness Week: 1 – 7 September

About 10% of people living in Australia report to be currently suffering from asthma, a relatively common condition of the airways. Asthmatic symptoms, such as breathlessness, wheezing, the feeling of a tight chest and a persistent cough, occur when set off by 'triggers', causing sensitive airways to constrict and produce mucus which makes breathing difficult.

While people with a family history of asthma are more susceptible, it can, in some cases, be environmental factors that may trigger symptoms. Asthma may also be triggered by exercise. The condition affects people of all ages and may begin at any phase of life, but it is more common in those aged over 75 and frequently goes undiagnosed by suffers aged over 55. The cause of asthma is generally unknown.

People with asthma can continue to carry out their lives normally with appropriate management of their condition, which should include remaining active. This is especially important, given that regular exercise can help improve physical fitness and general well-being. Asthma should not prevent activities such as walking, climbing stairs, competing household chores, gardening, organized sports or attending the gym. Many athletes competing within elite level sport experience asthma.

Your Exercise Physiologist at Rowville Sports Medicine Centre can assist you with managing your Asthma by:

- ✓ Prescribing appropriate exercise programs and routines
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- ✓ Guiding correct use medication before and during activity
- ✓ Discussing the steps to take when asthma symptoms occur, including breathing techniques
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- ✓ Creating and monitoring an 'Asthma Action Plan'.



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Physiotherapy World Physiotherapy Day

September 8th 2012 marks World Physiotherapy Day, a day to recognise the work and skill of physiotherapists around the world.

What is a Physiotherapist?

Physiotherapists are experts in developing, maintaining and enhancing movement and function. Their extensive knowledge of the body and the way it functions allows them to identify, treat and prevent problems that may be caused by pain, injury, illness, disease, ageing and inactivity.

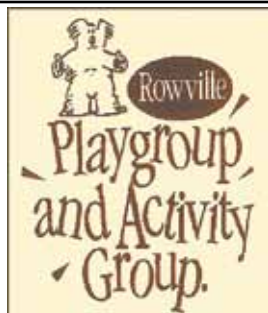
How?

Physiotherapists are highly trained, completing 4 years of university study and work placement. They are also required to undergo yearly courses to ensure they are constantly up to date with current research and changes in practice. They may use a range of techniques including manual 'hands on' techniques, exercise, stretching, movement education, video analysis, ultrasound, Pilates, lifestyle changes and many more.

What?

Physiotherapists are able to work with all members of the community and are skilled in treating all ages, activity levels, disability, sport and work related injury and disease.

A physiotherapist's skill lies in being able to consider all the unique individual factors of your lifestyle and condition to devise a safe, effective plan to help you reach your goals. They do this at hospitals, community centres, nursing homes, sports centres and local private practices like Rowville Physiotherapy.



**Rowville Playgroup
& Activity Group**

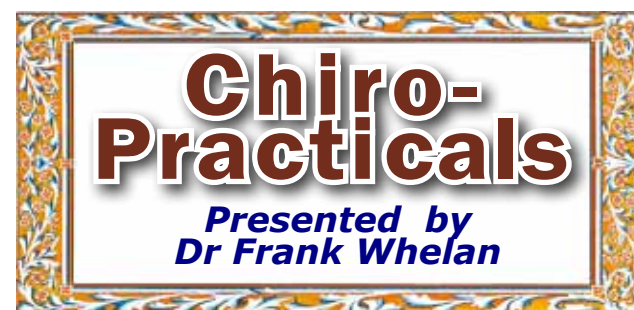
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Chiropractic during pregnancy

Research has shown the health benefits of Chiropractic for mother and babies. During pregnancy it is important to ensure your pelvis is sitting and moving correctly to allow optimum room for baby to grow and move. A well-functioning nervous system will also enable a mother to combat many of the hurdles of pregnancy.

Maintaining the integrity of the mid back spine can help alleviate pain due to an increase in breast size that can also lead to shortness of breath and heartburn. Mobility of the mid to low back can help with unnecessary discomforts such as constipation, frequent urination, sciatica, lower back pain, symphysis pubis pain and pelvic pain.

As the pregnancy progresses the weight of the baby and hormonal changes to relax ligaments in readiness for birthing, causes postural changes that can cause pain. Chiropractic care can assist in maintaining correct alignment both pre and post pregnancy.

Further research shows that the correct alignment of the spine and pelvis contributes to a more straightforward labour, with less pain and trauma for the mother and child. A study conducted by Dr Irvin Henderson MD (a member of the American Medical Association Board of Trustees) demonstrated that, "Women who received chiropractic adjustments in their third trimester were able to carry and deliver their child with much more comfort."

The adjustments during pregnancy are all low force and the mother is able to lie on her tummy using a Belly Pillow.

Dr Frank Whelan from Wellington Family Chiropractic can assist with any enquiries to enhance the enjoyment of your pregnancy.



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What is this message?

Try our Olympic QUIZ

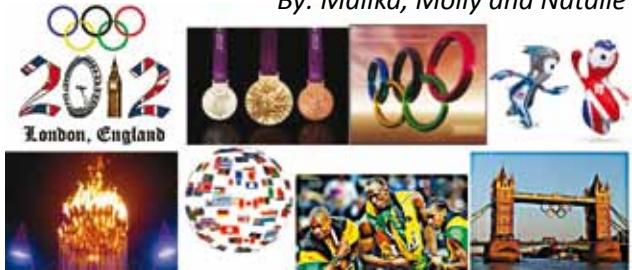
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1. What is the Olympic Motto?
A. Practise makes perfect.
B. Faster, Higher, Stronger.
C. Share the spirit.
D. Run, Skip, Hop, Run.
2. Who is the man holding the record for over 100 meters?
A. Tyson Gay
B. Yohan Blake
C. Asafa Powell
D. Usain Bolt
3. What are the colours of the Olympic rings?
A. Green, Purple, Orange, Blue and Red.
B. Aqua, Violet, Orange, Yellow and Red.
C. Blue, Black, Red, Yellow and Green.
D. Blue, Brown, Yellow, White and Red.
4. True or False? Women have always been allowed to compete in the Olympics?
A. True
B. False
5. What country does James Magnussen come from?
A. Australia.
B. New Zealand.
C. Germany.
D. France
6. How many hours is Melbourne ahead of London?
A. 1 hour.
B. 9 hours.
C. They are the same time.
D. 5 hours.

3/4H Olympic Blurb

In 3/4H, we have been learning about the Olympics and studying the athletes. We have been keeping track of the medal tally. We also learned about the different sports and the different countries. There is a time difference between London and Melbourne. Melbourne is 9 hours ahead of London. Over the past two weeks we've made up our own sports such as straw javelin, connect ball, ping pool hockey. We also did Olympic activities during these two weeks.

By: Malika, Molly and Natalie



Olympics is amazing
London is the best place
You have to try hard to get into the Olympics

Mountain biking is freaky, going down the hill

Pole vault is jumping so high!

I love the Olympic Games

Cycling is so fast around the roads

Swimming is a great competition

London represents the 2012 Olympic Games

Olympics are a great competition

Never give up

Don't let your team down

Olympics is a high level of competition

Never show bad sportsmanship

Great Olympics

A good sport should never be selfish

Mascots

Equestrian is full of amazing horses

Soccer is exciting when they score their goals!



6 Olympic facts

1. The Olympics started in ancient Greece because it was in honour of Zeus -The King of Gods.
2. In 1921 motto was Swifter, Higher, Stronger.
3. The colours of the Olympic rings are green, black, red, yellow and blue.
4. London hosted the Olympic Games in 1908 and 1925.
5. Did you know that there are 5 rings and they all stand for the continents that participate in the Olympics which are: Africa, America, Asia, Europe and Oceania?
6. Australia hosted the Olympic Games in 1956 and the 2000 Olympics.



Answers

1. B
2. D
3. C
4. B
5. A
6. B

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Motoyama Junior High School Visit

During the first week of August, Rowville Secondary College was lucky enough to host five students and three teachers from Motoyama Junior High School, our sister school in Japan. Each of the Japanese visitors stayed with a host family during their visit and were absolutely thrilled by the prospect of a week in the life of an R.S.C student.

Whilst they attended classes and spent the evenings with their host families, the excited students also had the opportunity to spend a day in the city of Melbourne and an afternoon at Knox Shopping Centre, as well as the varying activities that their host families planned for them. These included seeing the penguins at Phillip Island and of course, attending an AFL game. The students were encouraged to develop their English language skills over

Motoyama Students & Teachers

the course of the week and the difference that this short amount of time made was remarkable.

One student, Futa, presented a few short sentences at the farewell afternoon tea. *"When I return to Motoyama, I will tell other students that Rowville students are very cheerful and positive and that Rowville Secondary College is very large. I often lost my way. I must tell them that Rowville Secondary College is very enjoyable."*

The visit was an amazing experience for our guests and for the college community. We were particularly delighted by the Warrior gift that was presented to the college and is now displayed in Principal Glenn Fankhauser's office. We thank all of the Japanese visitors for a wonderful experience and can't wait to hear about the exciting adventures that our students and staff will undoubtedly have during their visit to Motoyama Junior High School later in the year.



Selena Nightingale with RSC students

RACV SpinChat Visit

On the 7th of August, the students of Rowville Secondary College were visited by Selena Nightingale, Rowville resident and a member of RACV's SpinChat program. The program aims to 'raise awareness, promote prevention and educate secondary students about spinal cord injury' and was an incredibly engaging session, capturing the attention of every student in the room.

Selena, herself a paraplegic, following a motorcycle accident six years ago, delivered the serious message about the realities and dangers of spinal cord injury, in a relaxed and friendly manner, ensuring that the students could relate to her on a personal level.

Laura Gordon,
Communications Officer

**Rowville
Secondary
College**



Warrior Gift



A game of football on the 5 acre site with the Dandenongs in the background

Times Remembered at Rowville Primary School The Special School Site

The view from Rowville Primary School to the Dandenongs has naturally changed much since my days at the School (1977-86). Then, our immediate northern neighbour was a herd of cows grazing in a huge paddock, which had a small dam at its lowest point. The Education Department had reserved a 5 acre site for a 'special school' on this paddock and beside it was a further 5 acres reserved for the Knox Council.

Having learnt that the Education Department no longer

intended to build a special school on the site, the school council sought, as far back as 1978, to gain the site to fulfil the most significant lack of our magnificent grounds, that of an open space area. Despite voluminous correspondence and communication with the Department over the following years, little progress had been made, so we met with Knox Council, with the idea of viewing the two 5 acre sites as one, giving much more flexibility to the best use of the total site. Council had already devised for their site a proposal for a community centre, tennis courts and a quiet area. Our idea was for an oval to be prepared on the department site, with council to be responsible for the building, care and maintenance of the oval, the School having access to it during school times. Although testy at times, the discussions with Council were proceeding satisfactorily, until one day I received a notification from the Department, that they would be sending one of their own staff to discuss the 'special school site'.

With the warning bells ringing I contacted the school council and the regional director, who agreed to have a representative at the meeting. I believe the council representative was Peter Nankivel and the regional director Robin Chapman attended

too.

Shortly after school started and the meeting began, the bureaucrat fired his opening salvo. He said that he had been instructed to get \$5/15 million, I can't recall which, from our region and the sale of the special school site would make an excellent start. We were taken aback by this initial broadside and hastily organised our defence. The arguments went back and forth with the bureaucrat holding firmly to his ground.

We spent the rest of the day in firm and resolute argument, which finally ended just about home time. I have rarely felt so drained, depressed and defeated as on that day. The general feeling from our group was that despite our best endeavours, we had lost the battle.

Imagine our surprise and delight when a few weeks later I received information from the department that we were free to pursue our dealings with Knox Council, as they had chosen not to sell the five acre block.

I left Rowville some time after this, so I don't know how the negotiations progressed, but it would seem a satisfactory outcome was achieved for all and the Rowville community and school were the beneficiaries.

Ron Pickett

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School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools & Rowville Sec. College



**St Simon
the Apostle
Primary School**

Olympic Ceremonies Opening and Closing

The St Simon's opening of the Olympic Games Ceremony was a great success.

Luckily the weather held off until the end. The children participated by choosing a country to represent and some of the national costumes worn were outstanding. The largest contingent being Australia, were loud and proud. The Olympic flag was carried with pride by a number of the school leaders, but the highlight would have to be the lighting of the cauldron. It was a fantastic sight which had all the children enthralled.

The cauldron could be seen through Mr. Klep's office for the two week duration of the Games.

During the two weeks, classes participated in a range of activities both in and outside the classroom related to the Olympics. Children certainly enjoyed the learning and games that took place outside.

If the Opening Ceremony was a hit so too was the Closing.

The school had the privilege to have two special dignitaries make a surprise visit and not only close the Games, but make awards to the children who won Gold, Silver and Bronze in the Marathon Club, which had been running over the past few months. Bronze won by Sophie B (1 Blue), Silver by Ben N (3 Blue) and Gold by Dharam D (4 Yellow). Queen Elizabeth and Prince Phillip were a wonderful addition to the Closing Ceremony.

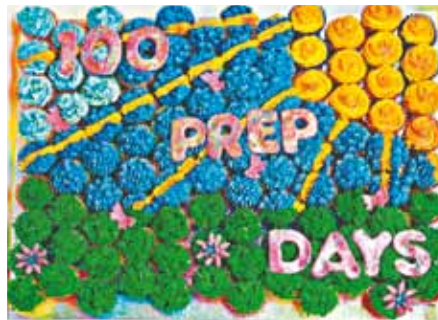
The ceremony opened with the school leaders carrying the Olympic and Australian flags into the Church and representatives from each grade parading in, carrying the flags and names of the participating countries. The cauldron was extinguished and medals presented. The classes displayed their athletic feats and participation in



100 Days Of School!

On Tuesday July 24th, the Prep students at Karoo celebrated their 100th day at school. They participated in a celebration day, filled with lots of fun activities including making '100 Day' hats, participating in party games and sharing 100 mini cupcakes! The students certainly enjoyed singing, dancing and participating in co-operative games.

They also eagerly devoured a lot of delicious party food for lunch and were presented with a '100 Days' certificate at the end of the day. It was great to see all the Prep children with smiles on their faces after a fantastic day of fun and celebration. What an amazing milestone, congratulations Preps!



Photos (clockwise from above) 1: Lighting the cauldron. 2. Arrival of the flag. 3. The cauldron.

different sporting events, by presenting to the parents and dignitaries slideshows of what they had accomplished over the two weeks.

The flags were carried out to be seen once again in 4 years.

Congratulations to all who participated in the St. Simon's Olympic Games 2012.

Carmel Cox



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Paralympian Visit

In the weeks preceding the Paralympics, the Prep classes were privileged to have a visit from paralympian, Madeleine Hogan. As a javelin thrower, Madeleine won a bronze medal at the Beijing Paralympics and is heading off to London, to once again compete for Australia.

Madeleine was born with one arm and she spoke to us about how it's okay to be different and that we should be happy that we **are** all different. Madeleine showed the children how a javelin was thrown and entertained them with humorous incidents. Hopefully, Madeleine achieves the success she deserves in London. Park Ridge PS wishes her well in her quest.

Thanks to our Prep teacher, Anna Christofis, who organised the visit.



Madeleine shows her style in front of the Prep classes.

Ethan's Make A Wish Day

On 14th August, our Junior School Council organised a free dress day, to support the "Make A Wish Foundation". Our own student, Ethan, from Year 1, agreed to lend his name to the venture and thus the activity became



Ethan celebrates the success of the day with the schools education support staffers, Trish, Marie, Lynda, Ilsa and Ankie

known as, "Ethan's Make A Wish Day". Students were encouraged to dress up in blue and white and make a gold coin donation to the foundation.

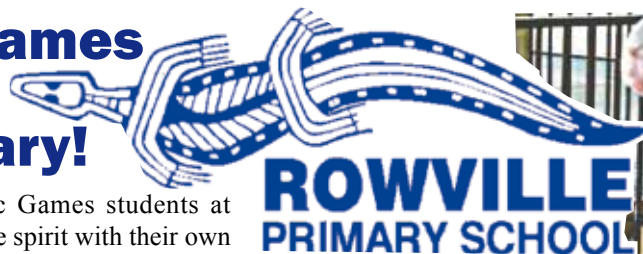
The activity raised over \$700 and was considered to be an amazing success.

The Olympic Games come to Rowville Primary!

During the London 2012 Olympic Games students at Rowville Primary School got into the spirit with their own version of the Olympics!

The week began with an opening ceremony which included student performances showing the spirit of the Olympics. Each class adopted a country and proudly dressed in colours and made flags to represent that country and marched into the ceremony as the athletes did in the London 2012 Games. The 'Queen' was present at the opening ceremony, as was the president of the IOC, 'Mr Jacques Rogge.' Both dignitaries officially opened the ceremony and spoke about the values that each Olympian should abide by. Respect, excellence and friendship. The school star aerobic team performed, representing the colours of the Olympic rings and teachers dressed as athletes carried the torch to the school captains who officially lit the Olympic cauldron.

As competition heated up we looked to the athletes of the London 2012 Olympics for inspiration. Throughout the week all students participated in a two hour Olympic themed sport rotation. Twelve Olympic sports were adapted to suit the school grounds, these



included high jump, table tennis, shot put, swimming, javelin, long jump, gymnastics, hockey, sprinting, basketball, equestrian and soccer. Students rotated through the sports collecting points for their group and their country. Medals were awarded to

the highest scoring small groups and certificates were given to the class at each year level that produced the highest collective score for their country.

It was great to see students, parents and staff enjoying the

spirit of the Olympics and showing the values that Olympians should uphold. Thank you to the many helpers who were able to assist with the sport rotations and to all of the parents who were able to attend the opening ceremony.

The excitement now turns to the opening of the huge new sports field that will include a running track and a variety of sporting courts.

2012 Musical Production Rock The Croc!

It is that time of year again when the entire Rowville Primary Senior School get their dancing shoes on, warm up those singing voices and hit the stage with a bang!

This year's musical production, 'Rock the Croc' is an amazing show with lots of colour, great music and action! The show follows the Pickles family as they get drawn out of the crowd to play the game show 'Rock the Croc', hosted by the one and only Ally Gator! The family can win cash and prizes if they complete all the challenges set by the host of the show. The family will bump into ghosts and zombies, pirates, acrobats and clowns on the adventure of their lifetime, but will they pass all the challenges and win the cash and prizes?

Be there to find out!

Tickets for the spectacular show being held at the Rowville Secondary College Eastern Campus Performing Arts Centre on Wednesday the 19th and Thursday 20th September at 7:15pm can be purchased by going to <http://www.trybooking.com/BSLT> Tickets are selling fast so make sure that you book now so that you can join in the action of 'Rock the Croc'!

Kim Coveney



The Torch is Presented

Heany Park Primary School



Olympics 2012 at Heany Park

Heany Park Primary School was really in the Olympic spirit, even though the Games may be over!



On Monday 13th August, all children from Prep to Grade 6 participated in their own Olympic Games, starting off with the running of the torch all the way from Heany Park's own "Greece".

Most countries were represented, which made for a very colourful display and all students were cheered on by enthusiastic classmates, teachers, family and friends and also by the odd dog in the crowd. Due to the previous weeks inclement weather the games had to be delayed but not the enthusiasm. It was great to see the Olympic spirit was very much alive at Heany Park!!!

Knox Council

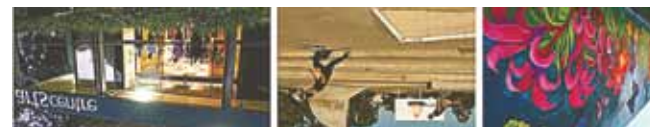
Knox Arts and Cultural Grants scheme open

Establishment of a youth theatre group, exploration of a local art history question, the launch of a website to connect artists and a long-running community art show, all were supported in 2011-12 by Knox Council. The common link was Council's Knox Arts and Cultural Grant Scheme, a funding scheme designed to develop the skills and capacity of local artists.

This year, Arts and Cultural Development Advisory

Committee Chair, Cr David Cooper, is asking Knox artists, 'What will you do to advance the arts in Knox?' 'We're providing grants of up to \$2,000 to assist,' Cr Cooper explained. 'Knox's arts and cultural community is a vibrant part of what makes our city so great, and this scheme is a fantastic way of supporting it. I'd encourage all of our city's artists to think about applying for a grant, and bringing something extra special to Knox.'

Cr Cooper said the grants could be used to assist individuals and arts organisations within Knox, and also support individuals and groups that are keen to represent Knox at recognised events outside the municipality. 'We basically want to see applications for anything that will advance our local artists, help to support groups wanting to expand and receive more training or tour work.'



Funding for the Arts and Cultural Grants Scheme closes at 5pm on Friday 21 September 2012. More information is available here or by searching 'arts and culture' on Council's website, www.knox.vic.gov.au Potential applicants can also call Knox Council on 9298 8000 or email the scheme's administrator, Sarah Dugdale on sarah.dugdale@knox.vic.gov.au

Knox Council

Bus services not up to scratch

"Don't forget Rowville"

More buses are urgently needed to fill critical transport gaps for Rowville. That's the plea from local Councillor and Chair of the Public Transport Consultative Committee Mick Van de Vreede.

"We need quick solutions to fill public transport gaps while we wait for Rowville Rail," Cr Van de Vreede said. "We can't wait 10 years, we need to improve this now! The connections to rail networks are quite poor for the people of Rowville."

Cr Van de Vreede emphasized the need to work on solutions for Rowville residents while Knox waits for Rowville Rail. He had several key suggestions for bus improvements, including:

- 1) A direct/express service from Stud Park to Ferntree Gully Station. No direct route currently exists, as all routes travel through residential areas.
- 2) More frequent express services for the 754 bus between Stud Park and Glen Waverley station, which currently only runs in the morning and evening peak times.
- 3) Extension of the 601 shuttle bus, which runs between Huntingdale station and Monash University, to include Stud Park and to run express daily.

Knox Council

Planning for the future of Rowville

Community Reference Group formed

Council and the community are set to embark on a two-way conversation about the future of Rowville, after a Community Reference Group for the Rowville Structure Plan was formed.

According to reference group member, Tirhatuan Ward Councillor Mick Van de Vreede, it's a major step forward for better planning certainty for Rowville. "Council heard the community, who wanted more of a say in the future of Rowville, loud and clear and this reference group is the answer to that call," Cr Van de Vreede said. "It is an extremely popular place to live, and we know that it will continue to attract many residents. Council wants to put good plans in place that will provide more certainty about how this area will grow now and into the future".

"This process will be two-way, with reference group members, who come from a cross-section of the community, providing advice to Council then feeding the Council's progress back to the community," Cr Van de Vreede said. Council expects to have a Draft Rowville Structure Plan completed by mid 2013.



Well, here we are in early spring and it is great to see the new growth and blossoms everywhere. Plants, shrubs, trees are all showing signs of new life after our cold winter months. We thank our creator God for his creation in all its forms.

As well as this experience, it becomes an analogy of the new life that Christ through his spirit brings into our lives.

At the Rowville Uniting Church we seek to live by his spirit, both spiritually and in outreach services, such as the Bridgewater Centre Counselling Service, Toddler Gym, and Kids Hope.

You can be assured of a warm welcome at our regular 10am Church service and other activities.

At this time Trevor Bassett is away on long service leave and we are appreciating the ministry of Rev. Graeme Kerr, which will conclude on the 30th September. Graeme has been a parish minister and significantly spent 25 years as chaplain of the Uniting Church's Haileybury College in Keysborough.

In addition to leading our worship services, he is available in the church office or visiting on Mondays and Thursdays each week and can be contacted there. For urgent matters he can be contacted on his mobile phone 0413 180 292 *Rev Lindsay Gorfine (retired) for Trevor Bassett.*



Rowville & Lysterfield

Council Minutes

July 24th Meeting

Here is a brief summary of items affecting the Rowville-Lysterfield area from the City of Knox Council meeting held on the 24th of July 2012.

Item 6.5 Application to Develop the Land for Four (4) Double Storey Dwellings at 3 Denver Crescent, Rowville, Melway Ref. 72 H12 (Application No. P2011/6321)

An Application for Review against Council's failure to determine the application for four (4) double storey dwellings within the prescribed timeframe was lodged with VCAT on 10 November 2011 and a hearing scheduled for 9 August 2012.

The application was considered by Council at its Ordinary Council Meeting of 13 December 2011, and the decision made that, if Council were in a position to make a decision, the application be refused.

The applicant circulated amended plans through VCAT on 26 June 2012.

The amended proposal is considered to sufficiently address the failings of the original design, particularly with regard to

energy efficiency, landscaping opportunities, vehicle access and walls on boundaries. The revised design is considered to achieve the balance between recognising the need for change within Activity Centres while respecting the desired Garden Suburban character of the neighbourhood, subject to modifications.

On balance it is considered that the amended proposal responds well to State and Local Planning Policies and it is therefore recommended that, if Council were in a position to make a decision on the amended plans, that Council issue a Planning Permit for the development of land for four (4) double storey dwellings at 3 Denver Crescent, Rowville, subject to a number of conditions.

Knox City Council Meeting minutes are available for viewing in full at the Council website, www.knox.vic.gov.au
Darren Arnott

Knox Council Budget

An investment in our community

Council's budget adopted

Investing in our community and putting your rates to work, that's the focus of Council's 2012-13 budget.

The budget will see existing levels of service maintained, with some minor growth in targeted areas of need. Among other things, the budget includes \$29.414 million for capital works, increased funding to libraries and preschools, and an increase to the eligible pensioner rate rebate from \$50

to \$100.

"This is a budget that delivers for our community, and it's one to be proud of," Cr Gill said. "It's a budget that will enable Council to continue providing services that meet our community's needs, now and into the future." Cr Gill said it was important for residents to remember that every Council service was vital for someone in the community. "Even if you don't use the service yourself, just remember that someone you know probably does", he said.

Cr Gill said this year's budget outlined a 5.5% rate rise, which included 1.5% to meet the expected cost of Clean Energy Future legislation (the 'carbon tax'). He added that the Victorian Government's landfill levy increased from \$44 per tonne, to \$48.40 per tonne in July. Most of all, Cr Gill stated "this budget helps us deliver our Annual Plan and Vision 2025".

Rowville winners in the Budget

Historic \$1.5 million open space improvements, including:

- Liberty Avenue and Heany Park
 - Murrindal Family Centre, expansion to preschool
- \$210,000 for early years upgrades across Knox
Continuing Library Outreach Storytime program for children and families
4.8% real increase in library funding, delivering more ebooks, wifi and traditional books
17% extra for services for seniors
Extra 3,000 hours in Home and Community Care services, cutting waiting lists
100% increase to Council's eligible pensioner rebate

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From valley Rowville to uplands Chiang Mai

A lush green mountainous landscape surrounded us as we trekked up the hills in the stifling hot and humid weather. Across streams, balancing on precarious bamboo bridges and sliding down slippery slopes, we were rewarded with breathtaking views and sceneries.

Leading us was Nam Seng, eager to show us his farm and crops. A "mountain trek" to us was a twice-a-day walk for Nam Seng, who farms his land in the hills of northern Thailand.

This year RAFT Anglican Church is embarking on building and fostering an ongoing working relationship with the Upland Holistic Development Project (UHDP) in Chiang Mai, northern Thailand.

In July, 10 members of RAFT visited the UHDP centre,



Nam Seng (left) and Arjan Tui showing us the fruits of agroforestry farming

a four-hour drive from Chiang Mai. The centre is working with more than 20 hilltribe communities in the region. Among other development initiatives to help marginalised hilltribe communities, UHDP is partnering with hilltribe farmers to promote agroforestry methods in farming.

At Nam Seng's farm, Arjan Tui, the UHDP centre director,

Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, Anglican Parish of Rowville & Ferntree Gully, Rowville Baptist Church, Rowville Uniting Church, Salvation Army - Lifewerx, St Simons Parish.

explained to us the various ways in which crop diversification and soil conservation was helping Nam Seng and his family through sustainable upland farming. Though what seemed like a world away, in a different culture, level of economics, and even the weather, the concept of sustainable farming and crop diversification was close to our hearts at RAFT.

In Rowville, RAFT partners with the local community in developing a community garden in the church grounds. A variety of crops provides a sustainable backyard garden alternative to city living.

RAFT aims to continue links established by the team this year that will help the community in Rowville and the hilltribe community in northern Thailand maintain a sustainable option.

In October, RAFT will be represented once again at the Stringybark Suburban Sustainability Festival, where the community garden will feature together with our other involvement in the community.

RAFT is delighted in the opportunity to partner with UHDP northern Thailand in sustainable development, which is of global significance.

Chamindra Ranasinghe



Rowville Baptist Church

www.rowvillebaptist.org.au

office@rowvillebaptist.org.au

Ph: **9764 4242**

The Church was packed to overflowing for the Farewell Service for David, Annette, Matthew and Sarah Devine.

David has served as Senior Pastor for over 15 years. He is leaving to take up the new position of "Head of Church Health and Capacity Building" with the Baptist Union of Victoria.

The service opened with a special musical item featuring some of the young people who have grown up in the Church during David's time as Pastor. When David spoke to the Church for the last time as its Pastor, he expressed thanks for their support and for several aspects of Rowville Baptist that mark it as a "healthy church". First was the church's growing relationship with God. In a recent survey 93% of the congregation reported growth in faith over the past year. Then David spoke about their love for one another, expressed in acts of kindness and through unity in diversity.

The Rowville Baptist congregation comprises about 30



nationalities, with one quarter born in non-English speaking countries. There is also generational and socio-economic diversity. Yet the church has experienced a high level of

unity over the past decade or so. David also spoke about the Church's outstanding level of community service, through activities such as the "Club Extreme" school holiday programme, playgroups, schools outreach, community meals and the Wellington Care Centre. At the end of the service two of the longest serving Members, Marg Carey and Joe Belousoff, offered warm reflections on the Devine family's time at Rowville. Then Federal Member for Aston, Alan Tudge, paid tribute to David's work in the church and community.

Alan spoke on behalf of the various community leaders and groups represented at the service. Finally Rev. Andrew Woff from the Baptist Union of Victoria spoke words of encouragement to David and the church at this time of transition.

There were many happy conversations over lunch.

Rowville Baptist will appoint an Interim Senior Pastor as it starts the process of seeking David's successor.

If you are interested in finding out more about Rowville Baptist, visit www.rowvillebaptist.org.au, phone 9764 4242 or drop in any Sunday at 10am (all generations) or 7pm (youth).

RESTORE

Community Church

2/18 Laser Drive Rowville

8736 9042

www.restorecc.com.au restore@restorecc.com.au

Restore Community Church covers all age groups, not only in ministry, but also in social activities. During our Sunday morning service, there is a crèche available for kids 18 months to 5 years old. From Grade 1 to Grade 6 the "Transformers" children's ministry, is held after the 'Praise & Worship', with a variety of activities based on God's Word, including games. Once kids are of secondary school age they can get together at 'Gen R', our youth group, which meets Fridays fortnightly.

The progression continues through to NextGen. NextGen, our newest group, has been running for almost a year now and is targeted at young adults and young families. The group usually meet once a month for a social gathering and periodically have other ministry meetings (i.e. Godly men etc). At this stage the group is forming relationships and building a good foundation for fellowship. The aim of the group is for enjoyment, but also to encourage each other in our walks with the Lord, towards marriage and raising

our young families. If we are strong in the Lord we are better equipped to deal with what life offers us and we can demonstrate to the world that we are normal and that they need what we have! Over the year we have organized grand final celebrations, games nights, dinner and movie nights, bowling, pizza lunches, and BBQs.

We have had a few ministry nights also that have gone really well. NextGen is about to have their next social for a dance off and games night. Also at this time NextGen will be planning for an upcoming service in September, that they themselves will be running. We are excited and nervous about this meeting!!!!

Our Men's and Women's groups meet monthly, as do the Seniors (65+). For further information visit our website, www.restorecc.com.au Home fellowship groups meet fortnightly in Rowville, Dandenong Nth, Dandenong, Lynbrook, Berwick, Endeavour Hills, Keysborough, Hallam and others, for a time of studying God's Word and fellowship. Pastoral care is also offered through Home Groups. Some Home Groups specifically cater for the young!!! On the alternate fortnight on Thursdays, Restore Community Church meets for a prayer night.

Just a reminder, that Restore Community Church is holding their HOPPER NIGHT to raise much needed funds for a home for the elderly in Sri Lanka. The HOPPER NIGHT will be held on 22nd September at 7.30pm at the Good Shepherd Convent Hall, Wheelers Hill. Information

and tickets are available by phoning Errol on 0412 054 481 or Jennifer on 0402 118 884. The cost is \$20 per person. Tickets have to be purchased prior to the night. There will be no tickets for sale at the door. Donations are also welcome. There are still tickets available for this night.



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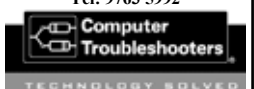
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a little more frequently across
our skies, of late? Little by little,
sunshine winks at us through windows,
tweaking the corners of many lips
upward. Despite the temperature stillpersuading us to dress cosily, there's something about seeing
sunshine that warms the heart, even if it can't be felt! A glint
of sunlight is capable of provoking hope and it is that hope
which can have powerful effects on a person's demeanour!The sunlight has seemed to bring a wave of newness, with
a sigh of relief. Trees are beginning to decorate themselves,
exhibiting blossoms and new leaves, covering their branches
with fresh dignity. One might agree it would be a good time
for the people in Rowville and Lysterfield to do likewise!
It's spring and a great time to arouse excitement at freshopportunities. Just like the appearance of sunlight, you can
be hopeful and raise your hopes even if the temperature of
your atmosphere hasn't seemed to change. That's the great
thing about hope. It has the ability to renew our perspective
and inspire us to keep going, though little's changed.The most inspiring people are the hopeful ones. It's spring!
New life is budding in nature and since we're not separate
from nature, we too should be hopeful and push forward!
Sometimes it's better to forget the cold of winter, especially
if you didn't feel like you were the best you've ever been.
It's a continual process, putting on hope and remembering
that every day is fresh and new, with renewed potential to
be lived brilliantly!Times may have been rough over winter, but take heart
and make a decision to start things new in this new season
of spring! It begins with your perspective and choosing to
get excited over a little ray of sunshine! Understandably, it
may have felt like it was winter over the last year or even few
years, this is where you might need a little help being hopeful
for the future. Did you know there's a community who wouldlove to support you? When winter chills the majority of us,
we should take a lesson from penguins and huddle together
to keep warm and in good company. We huddle on Sundays
all year round and throughout the week. We'd love to connect
with you and give you occasions to smile, laugh and remind
you to hope for the future!Feel free to join us in rejoicing in the springtime! Details
and times of our services can be found in "What's on Locally"
on page 2.

Nicole Fong

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