



ROWVILLE-LYSTERFIELD

COMMUNITY NEWS

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Priceless

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St Simon's Festival "Celebrating Our Community"



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From the Editor's Desk

I have had the pleasure of meeting many readers at two outstanding events this month. Firstly at the CFA Open Day and then at the Stringybark Festival, where the attendances were both gratifying for the organisers. It was really great to hear so many encouraging comments about the paper and I can assure all of you that we will continue to provide local information and entertainment for as many residents as possible.

By the time you read this we will have our new councillors. Some will be familiar faces, others will be new to us, but they will all have the one aim, to do their best for their communities. There will be more on the elections in next month's paper. On behalf of the newspaper, I offer hearty thanks to Mick van de Vreede who will not be standing for re-election. He has served the Tirhatuan Ward with distinction for many years and throughout that time has been a great supporter of the RLCN. We wish Mick all the very best for the future.

I also wish to acknowledge the bravery of Rowville resident, Garry Brewster, who rescued little Giorgio Dotas from his burning home in September. It was an act of pure heroism and deserves the highest praise. In another fire, the Carrolls of Rowville lost everything and have been overwhelmed by the

response from the community. That is what I believe Rowville and Lysterfield are, genuine communities, not just a faceless suburb. If we as the local community newspaper can nurture that, then we are very happy indeed.

November is a time for fun, study and memories. The Melbourne Cup will once again have many residents involved in sweeps and other activities, so good luck to you all. For year 12 students it is exam time, so we wish all of you every success. And of course memories will come flooding back at 11am on the 11th day of the 11th month as we remember those fallen men and women on Remembrance Day. Lest We Forget.

Please note that the RLCN now has a new telephone number, 9764 4703. I would ask you all to adjust your records accordingly, as the diversion from the old number will only last a few months.

Finally I couldn't resist this little story from the UK (where else!!). Builders who were renovating the main railway station in Birmingham, discovered a post box full of mail dating back to 1989! Apparently the Post office forgot to empty it for all those intervening years. No more complaints please about our postal services.

David Gilbert

What's On Locally

November 2012



Sponsored by:
Lions Club
of Rowville

DIRECTORY

Apex Club Meet on the 2nd & 4th Tuesdays each month.

7pm for 7.30pm rowvilleapex@gmail.com

ACF Church English services 10am (simultaneous kids R.O.C.K. program) and 5.30pm every Sunday. Indonesian: 10am every Sunday. Mandarin: 1:30pm every Sunday. Stompers Pre-School Playgroup 10am every Wednesday (during school terms). All at ACFC 1070 Stud Rd. Rowville. www.acfchurch.com

Baptist Church Services every Sunday 10am and Youths 7pm. 'Flying Solo' a single Mums support group every Wednesday, details 9759 6642

Playgroups - Tue, Thurs, and Fri. mornings during school terms.

CFA Juniors Meet every Thursday 7pm.

Cake Decorators Asscn Bi-monthly 2nd Sunday in Dec.. 10am-3pm (watch for extra meetings) Scout Hall, Turrumurra Drive Contact 9763 8646

1st Rowville Scouts

Scouts (11-14years) every Thursday 7.30-9.30pm

Cubs (7.5-10.5 years) every Wednesday 7.00-8.30pm

Joey Mob (6-7.5 years) - every Thursday 6.00-7.00pm

Venturers (14-17.5 years) every Friday 7.30-10.00pm

Contact Terri 0418 567 923 atm.russell@gmail.com

Fruitful Vine Church Services every Sunday 10am.

Girl Guides Age groups 5-8 years, 8-11 years, 11-14 years and 14-18 years. Contact Jill Livingston, Eastern Region Manager 0409 583 847.

Growville Growers 1st Friday each month 2pm at Library.

Hillview Comm. Church Services Sunday 10am. For details call 9763 7776

Knox & District Over 50s Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

Knox Home Garden Club Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus.

Knox Neighbourhood Watch Meet 1st Tues of month 7.30pm Knox Police Station. L S/C Lee Thomson 9881 7948 www.knoxsafercommunity.org.au

Life Activities Club Regular Activities. Call Melva 9762 3764

Lions Club Meet 2nd & 4th Wed - 7pm for 7.30pm at Knox Tavern. Transport & meal available Robert: 9752 2785

Little Athletics For training & event days: 9763 1404.

Mens Shed Meet at Stamford Park Homestead on Tues, Thurs & Sat (Stamford Park) from 10.00am – 3.00pm. Contact Phil Keily 0418 560 020 or www.stamfordparkshed.org.au

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays & Wednesdays 9.30am Kristin 9754 4318 Parents Coffee Morning - Fridays 10am Wendy 0425 805 918

Overeaters Anonymous Meet Saturdays, 8.30 to 10am at the Uniting Church. Free and no Weigh-ins. Ring 9874 5527 or 9873 7161. Web: www.oa.org.au

Possums Playgroup Mon.-Fri. 11.30-1.30 and 1.30-3.30. possumspg@hotmail.com

Probus Club (Knox Combined) Meet 1st Tues each month at the Stamford Hotel at 10am.

Probus Club (Knoxfield Ladies) Meet 4th Mon of month at Waverley Golf Club 9.30am. Contact Jennifer: 9762 8181

RAFT Anglican Church Holy Communion 8.30am Family Worship 10.30am every Sunday. **Family History Group** meet on 1st Wednesday each month at 10am. **Mainly Music** every Wednesday 9.30am **New Vogue dance:** every Wed. 7.30pm. Contact Anthea or Arleen 9801 3509

Red Cross Rowville Meet 3rd Mon. each month 10am. Contact Joan: 9764 4611

Restore Comm. Church Services 10.15am at Eastern Campus of Rowville Secondary College. Phone: 8736 9042

Ruby Gumnut Goddesses (Red Hat Society) For all events contact Kerry: 9764 4717

Rotary Club Every Tuesday at Baton Rouge at 7pm **Rowville Seniors** Meet Wednesdays and Fridays 1pm to 3.30pm at Rowville Community Centre

Salvation Army Services every Sunday 10am **Shooting The Breeze** Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

St Simon's Parish Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am Tuesday 7.30pm, Wednesday to Friday 9.15pm

Stud Valley Ladies Golf Club Thursday mornings at Tirhatuan Golf Club 9 & 18 hole competition. Contact Nola 9700 3804 or Pam 0409 934 966

Timbertop Golf Club Saturday Ladies' Competition Tirhatuan Lakes Muriel: 0427 585 575

Toastmasters Meet 2nd & 4th & 5th Tuesday each month at 7.15pm for 7.30pm at RAFT Church, contact Debbie: contact@rowvilletoastmasters.org.au

TOWN Club Meet Wednesdays 9.30am at Uniting Church

Uniting Church Services Sunday at 10am. KUCA (Primary Children) Fridays 12.30pm LINK Thurs 10am. Toddler Gym Friday 9.30-10.30 & 11am-Noon (during School terms)

Yoga Buddies Yoga for Kids! 2-5 years Fri 10am, 6-13 Tue 4pm Rowville Scout Hall. Contact Erin: 0402 080 469 or erin@yogabuddies.com.au

November Events

The Hut Gallery Treasures and Gifts Exhibition. Free admission. Jewellery, Pottery, Mosaics, Woodturning and Lacemaking Demos. 2pm 11th November to 9th December. 58 8955 or www.vicnet.net.au/~thehut

RAFT Anglican Church Craft for Christ: November 13, 7.30pm. Make your own Christmas gifts, cards and decoration.

Prayer and Healing: November 5 and 19, 8pm.

If you would like to add your club, organisation or association to the Directory or Calendar free listing, please contact the editor 9764 4703

Calendar of Events November 2012

- 1 – 30 Nov **Movember** au.movember.com/
 1 – 30 Nov **Lung Awareness Month** www.lungfoundation.com.au
 6 Nov **Melbourne Cup Day**
 7 Nov **National Day Tonga**
 7 Nov **Beltaine**
 10 – 11 Nov **Dandenong Show** www.dandyshow.com.au
 11 Nov **Remembrance Day**
 12 – 18 Nov **National Recycling Week** recyclingweek.planetark.org
 14 Nov **World Diabetes Day** www.diabetesaustralia.com.au
 24 Nov – 2 Dec **Great Victorian Bike Ride** www.greatvic.com.au
 25 Nov **White Ribbon Day** www.whiteribbonday.org.au
 25 Nov **Variety Santa Fun Run** www.varietysantafunrun.com.au/VIC
 30 Nov **St Andrew's Day**



Let's not spoil the party

End-of-year parties will soon be upon us. Everyone wants to enjoy themselves but sometimes things go wrong. Don't let gatecrashers or intoxicated guests ruin your fun. Victoria Police's Partysafe Program encourages you to register your party with the police, then if there's trouble and police have to be called they will have all the information they need. The Partysafe Program also offers helpful advice about minimising risks of disruption. Such as:

- Inform your neighbours beforehand.
- Display your Partysafe Poster (available from the Police).
- Ensure responsible supervision and keep noise levels down.
- Don't allow people to bring their own alcohol. That way you can keep better control.
- Provide plenty of food and soft drinks (if serving alcohol choose 'lite' varieties).
- Parents: drop your children off at the party and pick them up. Make sure you know what sort of party it is and have a contact number.
- Partygoers: do not spread your invitation to other people. Set up a buddy system with a friend so that you can look out for each other.
- If you are driving to a party, car pool and designate a driver who will not drink alcohol

To Register your party or get more information go to www.police.vic.gov.au and put Partysafe Program into the search box. Or collect a registration form and Partysafe kit from your local police station.

For details of our meeting dates, times and venue see "What's On Locally" on page 2

www.knoxsafercommunity.org.au **Working for a safer community**

Anne Boyd

Local Councillors 2012-2016



Our local Knox Councillors at the Declaration of the Polls, Monday 29 October. From left to right: Tony Holland - Friburg Ward; Karin Orpen - Dobson Ward; Darren Pearce - Taylor Ward; Nicole Seymour - Tirhatuan Ward. Darren has been re-elected for a second term and Karin is a former mayor and past long-serving Councillor for Dobson Ward while Nicole and Tony are both first term Councillors.

Rowville Community Bank® Branch

Bendigo Bank

Rowville Community Bank® Branch sets out to SAVE LIVES

The Rowville Community Bank® Branch of the Bendigo Bank has installed a defibrillator in its Wellington Village premises. This potentially life-saving machine will be readily available for use in an emergency.

Defibrillators have been shown to significantly increase the chance of surviving a heart attack. The machine requires minimum training to use effectively and the Bank will invite all shop keepers to undertake a short training course, so that there are a number of skilled operators in the shopping centre.

Together with the Eastern Football League, the Rowville Community Bank® Branch of the Bendigo Bank has also provided defibrillators to sporting venues in Rowville and Lysterfield. This project was motivated by the unfortunate death of a young footballer from heart attack in 2011.

The Bank will also install a defibrillator in its Ferntree Gully Community Bank® Branch in Station St Ferntree Gully. Your Community Bank® cares for our community and its members. Projects such as the defibrillators only happen because our customers choose a bank that is committed to the enrichment of the Rowville-Lysterfield community.

Andrew Williams

DEADLINES November 2012 EDITORIAL & ADVERTISEMENTS Wednesday, 14 November

Articles, News or Letters to the Editor
editor@rlcnews.com.au

Or drop off/post to RLC News, c/- Community Centre, Fulham Road, Rowville 3178.

PHOTOS – email separately -
do not embed in documents.

ADVERTISING: advertise@rlcnews.com.au

DISTRIBUTION
Saturday, 1 December 2012

AGM Advice

The Rowville Lysterfield Community News will be holding their AGM on Thursday 22nd November at 8.00pm. at the Rowville Neighbourhood Learning Centre within the Community Centre in Fulham Road Rowville. There will be a guest speaker and all our advertisers, contributors, sponsors and readers are very welcome to attend. We probably have the shortest meetings you've ever attended, no more than an hour, so it won't be a late night.

For further information
please call
9764 4703



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Australian Red Cross Rowville Unit

The Rowville Unit is always looking for new members to join our group, who enjoy social networking and fundraising by being part of the world's largest humanitarian organisation. We enjoy outings, speakers and demonstrations throughout the year.

We also knit "Trauma Teddies" which are distributed to hospitals and clinics in the area.

Donations of any 8 ply wool (acrylic acceptable, but NOT mohair or angora) to help our volunteer knitters would be greatly appreciated. Wool can be left at the Rowville Library. For details about our meeting dates, times and venue see "What's On Locally" on page 2 or ring Joan on 9764 4611

Pauline Lillie



On Friday 12th October, Rowville senior Citizens held a 'Soup Day'. 61 members enjoyed a variety of soups, some old favourites and some new tastes.

Afterwards, there was carrot cake, washed down with tea or coffee. Then it was time for 'Bingo' and Bowls.

The following week on Wednesday 17th, 16 teams from different clubs took part in the Knox City Indoor Bowls carnival, which was won by a team from Waterford Valley Retirement Village. Their medals were presented by Wendy Roberts. Our special thanks go to the management and staff at the Rowville Community Centre and to Wendy Roberts the Active Aging Co-ordinator in Community Transport at Knox Council.

In November we have a full month with three events to look forward to. Firstly on Friday 2nd we will have our Melbourne Cup lunch, a chicken and salad with sparkling apple cider. There will also be the sweeps on the race plus bingo and bowls. On 13th we will visit 'Karralyka' followed by lunch at the Ringwood Club, then six days later on the 19th we will have a barbeque in the botanical gardens at Cranbourne.

If anyone is interested in joining our vibrant and active Club please contact Anne Berg on 9873 0226 or Margaret Smith on 9755 7542.

Margaret Smith



Rotary Club of Rowville-Lysterfield A New Community Police Car for Knox

The Rotary Club of Rowville-Lysterfield held their final Business Breakfast for 2012 and what a fantastic

success it was! With nearly 150 people attending at the Kingston Links Golf Club to hear John Silvester, 3AW's (*Sly of the Underworld*) and author of the Underbelly books, speak about Melbourne's Underworld. John captivated the audience with his immense knowledge and had us in fits of laughter with his great sense of humour, as he related tales of Melbourne's criminal element.

Whilst the event is a great chance for locals to catch up, to network, enjoy a hearty breakfast and listen to an incredible speaker, the purpose is to raise much need funds for causes dear to our hearts. The event also included a spirited auction of a set of 11 crime books that John Silvester had co-written with Andrew Rule, which he personally signed for the successful bidder. One member of the audience, Wayne Millard, enjoyed the morning so much and saw the chance to also add funds to our great causes, that he immediately donated his door prize of a round of golf for four, back to Rotary to be auctioned by Brenton Wilson of Barry Plant Real Estate.

The proceeds of this very successful Business Breakfast saw donations of \$3000 being given to local causes the "Children's Protection Society" and "Evolve", which are both Melbourne based organizations doing amazing work with disadvantaged children and teenagers at risk.

The morning also saw the opportunity for us to proudly hand over keys to the Knox Police Command for a new community police car, which will be used for Community Policing in Knox. This project was a joint venture by the Rotary Clubs of Rowville-Lysterfield, Knox, Bayswater



and Ferntree-Gully, as well as the Bendigo Bank and the Knox City Council. Appearing in the photograph are the Presidents of the four Rotary Clubs involved, a Bendigo Bank representative plus Inspector Terry Kane and Senior Constable Lee Thompson of Knox Police.

We look forward to our next Business Breakfast to be held in Autumn 2013 and are pleased to note that our Business Breakfasts have raised nearly \$16,000 for local and international causes.

Our Rotary Club can be found on Facebook under our page 'Rotary Club of Rowville- Lysterfield' and we would love you to visit and 'Like' our page. You can also visit our website at www.rotanet.com.au/rowville_ or follow us on Twitter @RotaryRowLyster.

See the 'What's On Locally' section for further details of where and when our Rotary Club meets. If you would like to visit the Rotary Club of Rowville-Lysterfield one Tuesday night or become a member please call Jeff Somers on 0413 150 587 or email jjsomers@ozemail.com.au.

Anthony Johnson

Cake Decorators Assn of Vic Rowville Branch



A great response at our Stud Park Shopping Centre display saw our Decorated Christmas Cake workshop very popular with young and old.

We were booked out fully for the classes on 11th and 18th November so due to the enormous demand we are now doing an additional one on 25th November. If you want to book please don't take too long. All bookings should be through Madeleine on 9870 5743.

Please bring your own lunch - tea and coffee available.

Our Singapore and Phalaenopsis (Moth) Orchids workshop, was a great success in October. We had all levels of ability and the results were really excellent.

For dates, times and venue for our workshops please see our entry in "What's On Locally" on page 2. Non members most welcome.

Velma Brown



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 **Bendigo Bank**
banking

An Hour with Anne Babich

Anne Babich became the Principal at Rowville Primary School in July 2004, but she had garnered plenty of experience, including over a decade as a Principal prior to that.

Anne was born in Box Hill Hospital to Croatian migrants who had fled their homeland. It was a traditional tight-knit family. Dad provided for the family while Mum maintained the home. Living and growing up in Blackburn South with her two younger brothers, Anne recalls that the suburb was full of young families with lots of children. Anne recalls hearing the “clip clop” of the milk man’s horse in the early hours of the morning and bread was delivered daily by the baker in the small red van. The roads were unpaved and kids played outside. There was a paddock nearby that had a creek, declared dangerous by her parents, where Anne remembers clearly the tree house that had been built by the kids in the neighbourhood. “It was at this time that my mother says I showed my first signs of becoming a teacher, as I sat my young brother down after school every day and made him learn all my lessons” recalls Anne.

Her parents placed a very high premium on education and learning.

Anne attended Warrawong Primary School and Blackburn South High School. At the age of seventeen she graduated from secondary school and enrolled at Teacher’s College, where she completed a three year Diploma in Primary Teaching. Her first teaching position was in West Sunshine. She enrolled at Monash University, where over four years she completed an Arts degree, majoring in Sociology and Philosophy, whilst holding down a full time teaching position. If Anne had done an additional year of study she would have been a qualified social worker. So from her very first year of teaching her actions demonstrated her commitment to ongoing learning. In order to be closer to Monash University, in her second year of teaching she applied for a compassionate transfer to Doveton, something that Anne believes nobody had done before. However, as it turned out it was the building block for the rest of her career. Anne recalls “I was working in a tough school with an innovative Principal who loved learning and provided opportunities for teachers to undertake professional learning.” Anne was funded by the Pakenham and District Cluster to undertake a week long intensive writing seminar at Riverina CAE. Other participants included people like the famous children’s author, Mem Fox. “It was through this that I unlocked my passion for literacy, and I made sure no child left my classroom not reading. I even bought books for kids as prizes.

By the end of her third year at that school, other teachers from across the district were coming to visit her classroom. Anne then accepted a post as Head Teacher at Port Albert Primary School in South Gippsland. She completed a Masters degree in Education by correspondence from the University of New England in Armidale NSW, travelling

there in the school holidays for five years to complete the residential requirement of this course.

She returned to Melbourne in the mid-eighties to take up a position as “Literacy and Numeracy” consultant with the education department. She worked in both primary and secondary schools classrooms and school communities, in the inner city and Bayside suburbs. She learnt how to develop and track budgets and how to lobby for funding. Anne says, “This change of environment gave me a much fuller understanding of the workings of the broader education system and the role that education plays in creating a better society.”

The depth of the cuts to the education budget in the early 90’s signalled the end of the consultancy role. There were options at this time, but the passion to nurture young children, resulted in a return to a school. Anne was selected as Assistant Principal at Doveton Primary School. After two and a half years in this role, Anne was selected to be Principal of Aldercourt Primary School, a medium sized school, in what was then, the seventh poorest suburb in Victoria. “Poverty and disadvantage were the sources of complexity in my work at that time.”

Anne was one of the youngest Principals in the State and recalls that “This was a tough assignment, but I made sure that when everyone else had given up on a child, I would be the last person standing.” In fact, Anne was awarded a Centenary Medal in 2000 by the then Prime Minister, John Howard, for “outstanding service to education as a school principal”.

In 2004, Anne was selected as Principal of Rowville Primary School and is delighted with the way the School has grown and developed over the last eight years. I am most proud of the way the team at Rowville, with no exceptions, are committed to “making our best, better”. It is an honour to be serving a community that values education and where parents work with the school to support their children’s learning.

An interesting revelation was Anne’s recollection of sport whilst she was a student at school. “Unless you showed a natural talent for a specific sport, you simply didn’t receive any encouragement or training and I would have liked to have been a netball player” remembers Anne. I was the one that was left out so I buried myself in books. Today, reading, walking and many happy hours in her garden are how Anne unwinds. She also searches for ‘art deco’ artefacts, because “I love design” she says.

For the last six years Anne has been a principal facilitator in the state-wide ‘Emerging Leaders’ programme, where she works with a group of ten emerging leaders over a full school year. She considers it a privilege to have a part in shaping the future leaders of our education system and believes her mission as a leader is to grow other leaders. During her eight years at Rowville, one teacher has become an assistant principal and two of her assistant principals have been promoted as principals. Other teachers have also been recognised as leaders and she was extremely proud when two of her young teachers were invited earlier this year to share their work at a major



international literacy conference in Sydney.

Work is intertwined into her lifestyle. Anne has travelled widely, mostly on study tours that have taken in America, Asia, and Europe, including participation in a leadership program at Harvard University. A recent visit to Croatia was the exception, where Anne enjoyed visiting places where her parents grew up and is proud that she was able to test her bilingual expertise.

From time to time, Anne has been deeply saddened by adversities that strike families and recognises that school is often a place of safe refuge for the children. “These experiences have given me a greater appreciation and understanding of life in general and the importance that families play in the lives of children”. She believes that parents and teachers have a moral obligation to work together to nurture children, to build a solid and strong fabric of society.

Anne is driven by a passion for what she is doing. The opportunity to influence teaching and learning, have given Anne her greatest satisfaction and says leadership is about serving others, not self. Being selected to serve others is a privilege and an honour, which I have been fortunate to do as Principal for over eighteen years. “I hope that I will be remembered as someone who has contributed to the building of futures, dreams and hopes for children. I hope that I instil in all children a love of learning and that they will remember their time in schools under my leadership with fondness” says Anne.

To those youngsters considering a future in education Anne’s advice is ‘Work hard, set goals, and keep persevering until you achieve’. Her future goals, perhaps, completing a doctorate or working on an education project in an indigenous community or in an undeveloped third world country. Several of her teachers have been urging her to write a book about her experiences in order to inspire others to aspire to be a principal. “All kids have a right to a good education and we need to do whatever it takes to make it the very best that it can be for all children” she says.

Interviewed by David Gilbert

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Knox Remembrance Day Committee

Lest We Forget

At 11am on 11 November 1918 the guns on the Western Front in Europe fell silent after more than four years of continuous warfare. Since the first anniversary of the armistice in 1919, two minutes silence has been part of the commemorative ceremony held throughout Australia on the 11th hour of the 11th day of the 11th month.

Remembrance Day 2012 is the 94th anniversary of the ceasing of hostilities, which had brought about the mobilisation of over 70 million people and left between 9 and 13 million people dead, perhaps as many as one-third of them with no known grave.

At 11am on Sunday 11th November at the Tim Neville Arboretum, Dorset Road, Ferntree Gully a Remembrance Day ceremony will be conducted by the Knox Remembrance Day Committee. The ceremony will commence with a march, consisting of the armed service men and women, national service personnel, representatives of the Victoria Police, Country Fire Authority, Scouts, Guides and school children from the entire Knox municipality. The march will commence from Francis Crescent, Ferntree Gully at 10.45am.

The march will be led by Allan Small, Treasurer, Outer Eastern Melbourne Sub Branch Vietnam Veterans Association.



Following the march there will be a minute's silence, followed by a memorial service to remember those who have served in conflicts over the past 94 years, in order that we in Australia can enjoy the freedom we have today.

In an endeavour to have the younger generation of Australians continue to commemorate this very important portion of our nations' history, the Knox Remembrance Day committee wrote to a number of primary schools in the Knox area inviting school children to play an active role by participating in the service. We are pleased to advise that many accepted our invitation and will be present on the day.

People and organisations wishing to participate in the march should assemble at the corner of Francis Crescent and Dorset Road, Ferntree Gully, (Melway Ref 74 A1) at 10.40am. Members of the public are very welcome to attend this 94th anniversary of Remembrance Day and should gather in the forecourt of the Arboretum by 10.50am.

At the conclusion of the service an invitation is extended to attend the clubrooms of the Boronia RSL, Dorset Road Boronia.

Further details can be obtained by contacting Hurtle Lupton. ☎ 9762 3547 or 0408 312 823

John McLeod



Well folks here we are again, almost at the end of another year and wondering where it all goes. On the plus side, I'm sure most of us are looking forward to summer, the Festive Season and, for quite a few, the annual holiday.

Just before you all get caught up in these wonderful occasions, think about the New Year and what you can do for yourself in the way of an improved social life. At



Are you looking for a fun, challenging and friendly 3 yr old Activity Group or 4 yr old Deferred Activity Group for your child to learn and explore in?

Then Rowville Playgroup and Activity Group may be the answer for you!

Enrolments for 2013 are now open and filling fast! Don't miss out.

Call our enrolments officer - **Susan on 97010870** who will happily answer all your questions and send an information pack.

the Knox & District Over50s we are currently organising many wonderful events for 2013, including our famous, annual extended trip. Every month club members enjoy coffee mornings at Myer Knox City, lunches at various venues around Knox, day trips, book-clubs and much more.

As a financial member of the Over50s, you would be welcome to participate in any or all of these events.

There is so much more to come and our monthly newsletter *Knox Natters Matter* (which is distributed at our General Meetings) will keep you up to date on all that's happening. The Social Sub-committee welcomes input from all our members.

We'd be delighted if you could come along to our next meeting on **Tuesday, 27th November**, which as well as being our Annual General Meeting for the year ended 30th June 2012, is our last meeting for this year. At this meeting we will enjoy the comedy of Don Jones who entertained us earlier in the year with great success.

If you don't have time to catch up with us this year, why don't you put our first General Meeting for 2013 in your brand new diary. This is scheduled to be held on Tuesday, 22nd January, 2013.

We look forward to seeing you there.

Details of our meeting times, dates and venue can be found in "What's On Locally" on page 2. At these monthly meetings we are entertained/amused/informed about the things that matter to us.

Contact Jill on 9801 4363 for any further information.

Welcoming our Councillors

Councillors begin new term

Nine Councillors have begun a new four-year Council term, following an election on Saturday 27 November.

They are, Peter Lockwood for Baird Ward, John Mortimore for Chandler Ward, Joe Cossari for Collier Ward, Adam Gill for Dinsdale Ward, Karin Orpen for Dobson Ward, Tony Holland for Friberg Ward, David Cooper for Scott Ward, Darren Pearce for Taylor Ward and Nicole Seymour for Tirhatuan Ward.

Chief Executive Graeme Emonson extended his congratulations to the new and returning Councillors and thanked all the candidates who had stood for election.

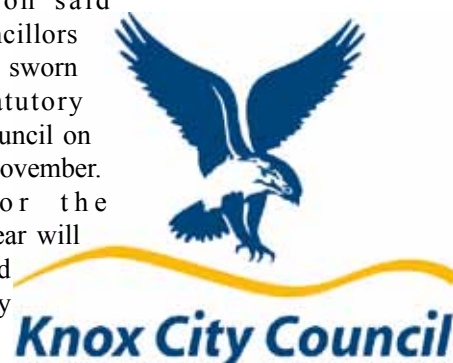
"It was fantastic to see so many people in our community willing to put their hands up to represent the people of Knox and stand in this most recent election," Mr Emonson said.

"I thank everyone who stood for Council for taking the time to do so, and I wish them all the best for the future. "I also offer my congratulations to our nine Councillors-elect.

"Governing on behalf of the community requires a lot of time, dedication and determination, and I thank you for your willingness to do so.

Mr Emonson said the nine Councillors elect would be sworn in at the Statutory Meeting of Council on Wednesday 7 November.

Mayor for the forthcoming year will also be elected at the Statutory Meeting.



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Life Activities Club Knox

Has every other year passed as quickly as 2012? I thought it a good idea to pass on my interpretation of our club activities, so here goes!

Armchair Travel - Seated comfortably, enjoying travel via video, without the packing, passports, customs, & stress, followed by afternoon tea with friends. **Badminton** - Feathers flying, fun and laughter, teamwork, good company too.

Walkers - Rain, hail or shine, another way to socialise, get out and about, fresh air and talk. **Cards** - Wheeling and Dealing, challenge, mental health, and supper.

Chinwaggers - Always a reason to mix with our friendly club, enjoy a meal and communicate. **Cinema** - Icebreaker, discussions, and more socialising over a meal or coffee.

Cuppa and Craft - Bring along needles, wools, u.f.o's and friendship. **Fishing** - Gear and lunch packed, all eager and at "The SPOT", it's great if we catch a fish, but who cares, we are outdoors and a sandwich and chat, is always enjoyable.

Garden Visits - Hands free gardening while enjoying other's carefully tended plots.



Entertainment at our 25th Party was provided by these brave men, our own members! Yes, they are Our Village People, with their version of the Y.M.C.A., and no, they are not for hire, (even though we were treated to an encore)

The same reasons to enjoy **Water Aerobics, Music, Weekend Getaways, Bus Trips, Extended Holidays, Organs and Painting.**

If you would like to know more about our friendly club, please ring and the current newsletter will reach your letterbox. Or contact us on www.life.org.au

Melva 9762 3764

Helen 9729 1151

Wellington Village Well Fed at Wellington Village

There is no need to go any further than your very local Wellington Village for an array of exciting cuisines with the fantastic food choices available within the cafes, restaurants and takeaways scattered throughout the centre. Separate seating is featured in many of the venues if you want to stop for a quiet coffee and breakfast or lunch, or just a power snack right through to a family or intimate dinner. With choices from Eating House, Choco Bean and Froth and Grind everyone, for a variety of reasons, has their favourites from the special cake in one place, stunning coffee in another, the staff, or simply the way the sunlight shines on a special spot.

Variety also means offerings including naturally gluten

free and sugar free. Whatever your tastes, our food selection is modern and appealing for you to enjoy in a vibrant, cosy setting with your car parked right at the doorstep!

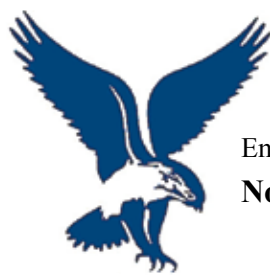
Moving onto lunch and dinner the world is your oyster with beautifully fresh grilled fish at Gills & Grills, Japanese in Sushi Express, nearby Asian food in Global Noodles and Australian chooks at Red Rocks Charcoal Chicken - save the airfare!

For that inner child on the summer days Cold Rock Ice Creamery has all the delicious indulgent mouth-watering flavours you can possibly dream of, so look no further to travel the gastronomic globe than right on your doorstep at Wellington Village.

For more details visit www.wellingtonvillage.com.au or Facebook.

Yvette Switalski

Knox Council Australia Day Awards



categories, then get nominating! Forms are available now

Web www.knox.vic.gov.au

Phone 9298 8000

Email ausday@knox.vic.gov.au

Nominations close 4pm on Monday 26th November 2012.

Award recipients will be announced at an Australia Day breakfast and flag raising ceremony to be held on 26th January 2013 at the Knox Civic Centre.

Know a Knox local you'd like to honour?

If so we'd love to hear from you! Nominations for the Knox Local Australia Day Awards 2013 are now open. These awards are a great opportunity for you to recognise a friend, family member, community leader or colleague who has made an impact in Knox and made our lives better. There are four categories

- Citizen Of The Year
- Young Citizen Of The Year
- Volunteer Of The Year
- Local Hero

If you know someone who you think deserves to be recognised and acknowledged in one of the above

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Wellington Village is on the corner of Wellington Road and Braeburn Parade Rowville.



wellingtonvillage.com.au

Sant Nirankari Mission



Sant Nirankari Mission - Melbourne organised 'Oneness Games Festival' on 6 October 2012 at its Rowville premises. This festival, which lasted for eight hours, was the first of its kind where the spiritual message of 'Oneness' was delivered in a very practical, engaging and entertaining manner, by conceptualising the whole event to portray 'Oneness' in its each and every content. The festival included various games, live songs and dance performances in various languages, English, Punjabi, Hindi, Marathi and Nepalese. People from all age groups and various communities gathered together and everyone was seen enjoying the vibrant music and living up the spirit of brotherhood by playing games and performing songs and dances throughout the day.

To bring the spirit of competition and enjoyment into games, all members of the Mission were divided into five teams, one organising team and four participating teams of Unity, Harmony, Love and Peace. These are the four core values to achieve the oneness in today's society. Each team member wore the colour of its team. The ground was giving an impression of a beautiful bouquet of flowers. Although each team was competing with other teams, in various performances members from different teams performed together to give the message of oneness. The emotion of 'Oneness' was seen resonating alike in everyone with smiling, laughing, cheering and dancing in 'Oneness'.

The event was successfully telecasted live on internet so that it could be watched across the globe. Members of the organising team put an immense amount of hard work throughout many weeks to bring it to the final stage.

Our Federal Member for Aston, Hon Alan Tudge, Ferntree Gully MP, Hon Nick Wakeling, Knox Interfaith President, Rev. Patricia Rivett, Knox Photographic Society and many



WALKING THE NEWS

NOVEMBER 2012

Distribution Report

Thank You - to retiring distributors Sunil and Tammy Soamia (6 years) **Welcome** - to new distributors Gill Williams and to the Sant Nirankari Mission who have volunteered to deliver 2 areas.

Voluntary Positions

Can You or Do You know someone who can be a distributor in the following areas?

Rowville Community Library

November "Feeding the minds of our community..."

Zinio Magazines: Members of Eastern Regional Libraries now have access to a huge range of magazines which can be downloaded from our website. Zinio is an online magazine platform that allows you to download your favourite magazines right into your PC, Mac, iPhone, iPad, Android, Kindle Fire and Blackberry Playbook. With over 200 titles to choose from, with another 100 to be added over the next couple of months - there is plenty to help keep boredom at bay. Zinio will notify you when the next edition of your magazine is available so you'll never miss out on an issue ever again. There is no limit to the number of magazines you "subscribe" to, no due dates and no overdue charges. Once you have downloaded your copy, it's there to view whenever you want. No more waiting lists (how good is that??).

Want to get started? Simply login to Zinio with your library account and follow the prompts. There is also a *User Guide* and a *Video Tutorial* available. Soon you'll be reading your favourite magazines wherever you are - in bed, on the train, or even the salon.

Current editions are available and it's all free. Some of the titles include: Australian Beading, Australian Country Collections, Australian Golf Digest, Australian Handyman,



Australian HiFi, Australian Home Beautiful, and Australian Reader's Digest, Australian Yoga Journal, Better Homes and Gardens Australia, Bicycling Australia and many, many more.

Public Holiday Cup Day: Rowville Library will be closed on Melbourne Cup Day, Tues 6 November. After hours returns chutes will be open. We hope everyone has a successful day!

eBAY Expert - Stan from YABE: on **Thursday 22nd November**

from 6pm to 7.30pm. Come along to discover more about this online marketplace with a live demonstration and comprehensive introduction to eBay. Learn how to browse, bid, buy and sell online. All welcome. Refreshments provided. Bookings preferred.

Normal **opening hours** for Rowville library are Mondays, Tuesdays and Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 10-4 and Sundays 1-4.

Details about the library service are available from our website at www.erl.vic.gov.au and you can even join on-line. *Rose Thompson Manager - 9294 1300*

more dignitaries also became part of the event and sincerely appreciated Mission's participation in community work and its teachings. Although rain tried to dampen the spirit of the event, rhythmic dance steps of all spectators on energetic performances created a unique experience during the showers.

Indian and Continental meals were served free of cost all through the event.

Where the game 'Ship Wreck' was seen portraying the message of 'first listen & then act', the principle of 'Piece not Pieces-let's work for it' was displayed well by the game 'All Together'. Although there were 4 teams competing to win, the essence of existence in peaceful co-existence was not lost. With the help of a Hakka dance of Maori people from New-Zealand, young volunteers of the Mission expressed their emotion of joy over this festival and the Sufi dance in Bollywood style had wonderfully woven volumes of love through the movements of their dance.

Inter-state members of the mission also arrived in large numbers from Sydney, Adelaide and Canberra and participated in games, performances and event management.



The ceremony concluded with a message from the President of Sant Nirankari Mission, Australia.

Mission will continue its efforts in spreading its spiritual message of 'Oneness' and Humanity by organising various events to witness the presence and active participation of members of other communities.

Manjit Singh

North side of Rathgar Rd - Lords Crt, Sunset Tce, Ambley Rise, Viewgrand Rise, Viewline Dve, Park Valley Dve - 95 papers
Palmerston Rd, Palm Crt, Constance Cl, Marmont Pl, Clayden Rise, Kimbolton Dr - 115 papers
Please contact - Kel Emerson - 9752 9365
Karoo Rd (odd nos. 255 to 287), Bonaparte Pl, Elba Cl, Crimea Cl, Murrindal Dr (between Karoo & Josephine) - 88 papers
Murrindal Dve (from Karoo to drain), Alfa Crt, Mayfield Pl, Overton Cl, Rosebank Crt, Karoo Rd (even Nos. 252 to 286) - 76 papers
Stephenson Crt, Webb Crt - 36 papers
Please contact - Ian Richards - 9763 9260
Dandelion Dve (west side from Eildon Pde to St Lawrence Way) Milk Bar - 30 papers
Please contact - Lesley Jenkins - 9755 5065
Milfull Cl, Gill Ct, Kemp Ct, Robbie Cl, Dandelion Dr (odd #'s 269 to 311) - 60 papers
Maybury Ct, Lancorn Rise, Kitson Ct, Dandelion Dr (odd #'s 313 to 339), Affleck Way (even #'s 4 to 10) - 61 papers

Lonsdale Ave, Mersey Cl, Dee Place, Dandelion Dve (east side - Severn - nearest to St Lawrence Way - to Pitfield), 3 houses in Severn Cres - 75 papers
Please contact - Peter Rumble - 9752 7592
3 x Area Contact Persons (ACP) - who liaise between the distributors and the Distribution Co-ordinator
3 x Captains - who counts out the papers and delivers them to the distributors.
1. (ACP & Captain) - The area bordered by - Napoleon Rd, Kelletts Rd and Wellington Road
2. (ACP only) - The area is the Timbertop Dr and Seebeck Rd Estates.
3. (Captain only) - The area bordered by - Kelletts Rd, Taylors Lane, Dandelion Dr & Eildon Pde / Murray Crescent.
4. (ACP & Captain) - The area bordered by - Napoleon Rd, Kelletts Rd, Rathgar Rd & Grange Dv
Please contact - Peter Rumble - 9752 7592
Peter Rumble - 9752 7592 - Distribution Co-ordinator

ROWVILLE FIRE BRIGADE

Rowville Fire Brigade 70th Anniversary Restoration Project

This Trailer Water Tank Unit was thought to have been built by GMH at its Fisherman's Bend plant, when the plant was re-tooled for military production during World War Two.

Rheem in Port Melbourne possibly manufactured the tank.

The Trailer Water Tank Unit was constructed for military use as a Jeep Trailer or Water Carrier. It had a round 90 gallon water tank and may have had a manual Low Down pump or relied on gravity feed via a tap.

After the war the units were made available to the newly formed Country Fire Authority as lend lease or purchased as military surplus. They were modified by the CFA and distributed to the many newly formed Rural Fire Brigades.

Rowville Fire Brigade's Trailer Water Tank Unit was issued to the Brigade in 1948 and the Brigade fitted at its own expense a Mark 10 Villiers motor, close coupled to a Alcon self priming pump.

In 1968 the Trailer tanker was transferred to the Swan Hill Rural Fire Brigade and over the years it had been modified greatly, square tank, new Gaam pump and Briggs and Stratton motor. In September 1999 the Rowville Fire Brigade Historical Committee travelled to Swan Hill and purchased the Trailer Tanker. Hand painted on the axle were the words "Rowville - Lysterfield" proof that this unit is the original Lysterfield / Rowville Rural Fire Brigade Trailer Water Tank Unit.

The unit has now been restored by volunteer members of the Rowville Brigade and is as close as possible to its original



This photo from "The Fireman" December 1948, RO L Lawry lecturing to members of Local Rural Fire Brigades in Region 7 at Highton

condition. It was presented to Captain John Farrer and Life Member Roy D'Andrea by 1st Lieutenant John Egbers on 6th October 2012 at the commemoration of the Brigade's 70th anniversary.

Certificates of Appreciation were presented to the Rowville Community Bank Branch® of Bendigo Bank, New Sector Engineering and Temple Body Works for their generous contributions towards the Restoration Project.

The Rowville Fire Brigade would like to thank the following for their assistance in the restoration:-

Rowville Community Bank® Branch of Bendigo Bank

A Nostalgic Collection (Buick Car Hire)
Test and Development Engineering P/L
Morando Bros Civil Engineering P/L
Bridgestone Tyres – Rowville
DH Corrosion DPC Coating
New Sector Engineering
Austank Carrum Downs
Milsome Auto Paints P/L
Temple Body Works
Industrial Surplus
PPG Industries
Mrs Kath Finn
Blastmasters
Spicer Axle



RED HAT SOCIETY RUBY GUMNUT GODDESSES

Red Hatting is an organisation of women of a certain age who love to enjoy life, make new friends and laugh often. It is primarily aimed at women in the over fifty bracket. However, women younger than fifty are very welcome to join. These members are known as Pink Hatters as they need to age a little more before than can wear the red hat and purple clothes. In the Ruby Gumnut Goddesses we have both pink hatters and red hatters. We have found that all of our members get on very well regardless of the age differences. We have two pink hatters, one of whom will be turning fifty in January. This is a great excuse for a party to celebrate this coming of a certain age for our friend. At this party we will hold a ceremony to turn her from a pink hatter to a red hatter, which is an occasion for much fun and laughter.

Older women are also very welcome into our chapter. Just recently our oldest member, The Very Delightful Dame Vera passed away at 102 years of age. Vera was an active member up until about six months before her passing. She loved red hatting and a glass of champers, which of course go together. The Very Delightful Vera would sit with her friend Inspirational Princess Desiree at events and chat and laugh away the afternoon. Both of these ladies were wonderful members of our group and took part in most activities to the best of their ability. Inspirational Princess Desiree is no longer an active member but will always be a member of our chapter.

At Dame Vera's funeral we celebrated her life and were amazed at what she had done over her 102 years. She did not let her age deter her from enjoying life to the maximum. Although we may be all different ages we all allow our inner child to shine and have fun. Being a red hatter is like belonging to a large family. We get together regularly, celebrate life, participate in all sorts of interesting activities and make lots of new friends regardless of their age.

If you would like to know more about red hatting please ring Kerry on 97644717

Kerry Eustace



The Very Delightful Dame Vera

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Wellington Care Centre
cnr Wellington Rd &
Le John St, Rowville.

School students give art a healthy twist



Achievers Page

Sponsored by Alan Tudge MP
Federal Member for Aston



Heany Park Primary School was recognised today for the creativity of its students with a \$1,000 prize when it was named as a winner in the 2013 Chemmart® Calendar School Art Project.

The competition, which ran through July and August, encouraged primary school students around Australia to explore what makes for a healthy and happy 'Big

Play' - lunchtime for the children.

Carly Wilson (above) at Rowville Chemmart Pharmacy said that this year, 1249 entries of drawings, illustrations and paintings were received from over 67 different schools across the country.

"This is a massive number and competition was very strong, so Heany Park Primary School has done incredibly well to be named in the top 12," Carly said.

In putting together their entry, students thought about what makes up a healthy lunchbox, which games they could play to help them stay healthy, which foods give them the energy they need to play the games they love and what makes them happy.

"Heany Park PS did exactly that, with an outstanding entry that showed, 'How a healthy diet can put a winning smile on your face'." Carly said.

Last year's Chemmart® Calendar Competition produced a glossy calendar featuring artwork by children across Australia. It was so popular amongst students and teachers that the competition was run again this year.



How a healthy diet can put a winning smile on your face.

Carly said Chemmart® Pharmacy designed the calendar competition to help educate primary school age children about looking after themselves better through healthier life choices.

"As most Australians know, many children in our community are not as fit and healthy as they should be," she said. Obesity rates among children are on the rise and it's estimated that approximately one-quarter of all Australian children, or around 600,000 children aged five to seventeen years, are overweight or obese.

Students at Heany Park Primary School were presented with a certificate and cheque for \$1,000 to go towards health and wellbeing programs at the school. The winning student was also presented with their winning entry framed.

The winning entries are currently on display at www.chemmart.com.au and will appear in the 2013 Chemmart® Calendar now available from Rowville.

Carly Wilson



Winner Jenny Huang with Chemmart Proprietor Giorgio Dadalias, Chemmart's Rose Martenstyn and HPPS Principal, David Rose.



U3A Knox's 16th Art and Craft Show

was another great success, and a good starter to Seniors Week in Knox, as more than 500 people attended over the two days. The standard of painting and craft on show for the judges and the public was excellent.

The winner of the Toyota \$1000 Prize for Best Craft item, was a beautiful mosaic Peacock, showing artistry as well as excellent craft work, the artist being Joan Naismith of Kilsyth. The winner of the \$1000 Council prize was Joan Dowling's Red Vase with Apples, a beautiful tonal work. Joan is from Menzies Creek. The Bill Batt Memorial Prize for Landscape, presented by Knox Environment Society was Peter Schmutter of Ringwood East. His picture was of the Twelve Apostles, in pastel.

Other local people winning prizes were Glenys Le



Emily Brennan with her 'honourable mention' for her quilling picture.

Cudennec of Ferntree Gully who won 2nd prize for craft for her "Tiger" in paper tole.

A clever 11 year old, Emily Brennan from Rowville, won an Honourable Mention for her "Teddy in the garden" quilling picture.

Another clever young person was Jeremy Swan from the Basin who won 3rd Prize in the Other Media Section for his "Jack Sparrow", a pencil picture of a pirate. First Prize for Needlework was taken out by Linda Jones for her Hardanger embroidered Table Runner (Linda is from Wantirna) and Fiona Gilder of Bayswater won second prize for her petit point of a Cafe Scene.

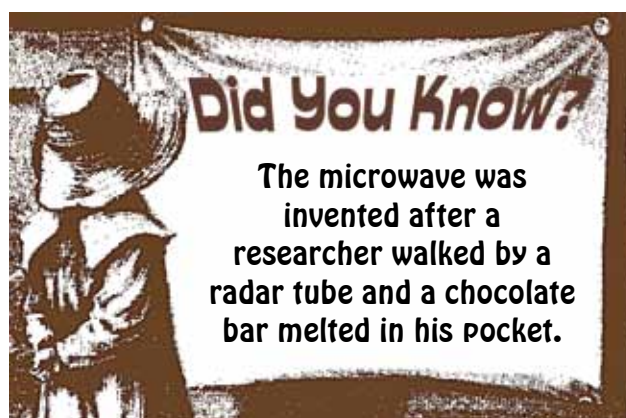
The Kiah Prize for Pastel was won by Heidi Messner of Boronia, for "Scenic Gippsland" and the Art Shop



Best Craft Item 1st Prize a Mosaic Peacock

Bayswater prize for Water Colour was Coral Phillips picture of Venetian Gondoliers. People's Choice was Mary Watson's beautiful oil painting, "Where Sparkling Waters Fall - Mt. Buffalo. Mary is from The Basin. Her prize was a voucher from the Art Shop.

Judge of paintings on the day was Molly Rourke, the well known local painter.



Letter to the Editor Time Capsule

Dear David,

Our son Mark attended Rowville PS from 1982 to 1987 and he clearly remembers the time capsule being buried at the base of the flagpole. Not having returned to the school for many years I am unable to advise whether there still is a flagpole or even if it is in the same place, but I dare say there are still plenty of Rowville residents who could confirm this.

On the same subject, the boy holding the time capsule is I believe Matthew Brigham who was in the same class as our son. I believe he may still live in the area so may be able to

add more info if he can be traced. Keep up the good work
Rick & Pat Goss (Rowville residents since 1981)

Editor's Note:- Your memory is very good. The boy in the photo was indeed Matthew Brigham and he was happy to have his photo taken at the Stringybark Festival. We believe that the original flagpole has been removed and new classrooms built on the site so the time capsule may well remain buried for many years to come.



Testing Time

Pen poised, the clock beating in precise monotone, I dare not glance around to see my friends. Are they as stressed as me? Every nerve is taut and charged. I swallow some perspective and attempt to calm my mind, a river of information threatening to cascade into a ravine of inertia. I am startled by a familiar authoritative voice,

"You may begin."

My trembling hand opens the paper lying in front of me. Initially I panic as the words dance around the page and I struggle to pin them down, how on earth am I going to get through this? Everyone tells me this is the first most important time in my life. My parents, teachers, a cousin who has travelled the world with his amazing career. These are the best days, they say, make the most of them. But it feels like a prison, bound by books, chores, limits to time with friends and even on Facebook. All I want to do is curl up and lose myself in TV, but somehow I start to digest some of that perspective. I've worked hard for this, I know the answers and I just have to get through the next 90 minutes conveying that onto this piece of paper. I want to do well and forge a bridge to the next most important time of my life. Suddenly my nerves fire up, igniting an adrenaline kick to my brain. It fuels my fingers and the answers start to flow. Freedom is imminent.

Amanda Lacey

Editor's Note:- Oh I remember this feeling well and I'm sure there are hundreds of students feeling exactly like this right now. It's normal. If you have done your preparation as well as you can, take a deep breath and as Amanda says, all those words on the paper really will make sense.

Real Estate Tips

Supplied by Barry Plant Real Estate 150 Kelletts Rd Rowville
barryplant.com.au/rowville 9753 2828

Better Weather Equals More Homes To See

Now that the weather is 'on the improve' after a long wet winter, owners are back to thinking about making a move. Whether the move is to a bigger home because of a growing family or a smaller home because the children have left the nest, for most it hasn't been very motivating to have your property on the market during the wet weather. Now that the sun is out more properties are coming onto the market and the lead up to Christmas looks as if it will be a very busy selling time.

Given that interest rates have also just dropped, buyers are out in numbers to get themselves into the property market or make the move whilst the opportunity is here to lock in a good rate. All of this is very encouraging for sellers and

buyers alike.

As a seller it is imperative that your property is presented to its best level and the gardens are looking lovely at the moment. Make sure your lawn is mowed and the edges trimmed. Sweep and clean the driveway, clear away rubbish and garden clippings, repair that broken fence or letterbox and make sure your pet's droppings are removed. You could also add a splash of colour with flowering annuals and maybe put a pot or tub with bright plants near the front entrance. As a buyer there could hardly be a better time to purchase a home with a large variety of homes to see.

Gayle Barrot Sales Manager, Barry Plant Rowville



An unusual view of a statue in a fountain.

Beware of unknown on-line photographic competitions, as many offer attractive prizes but rarely guarantee you will retain your copyright and are really just fronts to get beautiful photos they can sell or use without your permission or acknowledgement.

Anyway, have a try and good luck.

Happy snapping,

HINT: Look at the competition section categories and try to submit something a little different that catches the judge's eye.

Paul Lucas.

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Hot Shots Community Play arrives at Eildon Park Tennis Club

It's an exciting time at Eildon Park Tennis Club with the commencement of the Summer season of tennis. As a family club, with the arrival of Hot Shots Community Play for primary school aged children and night tennis options for the adults, we continue to provide playing options for all.

For the primary school aged children - Eildon Park TC has been invited by Tennis Victoria to be one of a few venues to participate in a pilot program of the MLC Tennis Hot Shots Community program. The program uses tailored equipment such as smaller nets, modified courts, smaller rackets and low compression balls. This ensures that children are introduced to tennis in an environment which is suited to their age and skill level and makes learning tennis fun and easy.

Details of the program are:

A 6 week programme will be run on Saturdays - 3 November, 10 November, 17 November, 24 November, 1 December and 8 December at Eildon Park Tennis Club from 5:00pm to 6:30pm

Cost per child is a total \$30 for the entire 6 weeks. Registration is essential.

While the kids are playing, parents will be welcome to get on the court and have a hit. Why should the kids have all of the fun!? If you are interested in the Community Play sessions or for further information, please contact Michael Tomlinson on 0438 759 245

For time-poor parents/adults, night tennis is an excellent

SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells M.P., State Member for Scoresby and Victorian Treasurer.

way to enjoy a hit of tennis in an evening. A variety of opportunities to experience the unique nature of tennis under lights are available at Eildon Park TC. There's a choice of nights (Monday thru to Thursdays) and formats (mixed, men's, ladies, doubles or singles) to pick from. There is also the option for men to become part of the Eildon Park TC in-house men's doubles social competition, on Thursday nights. This social competition provides an excellent opportunity for male club members to have a hit in a very social atmosphere.

Player entries for Eildon Park Tennis Club night tennis teams for the forthcoming Autumn season (February through to June) are now being sought. We participate in various competitions offered by the Waverley Tennis Association and Knox District Night Tennis Association. These competitions cater for a very wide variety of skill levels. With many teams made up of husbands and wives, brothers and sisters, friends or those making new friends, the opportunity is there to have a go.

If you are interested in getting involved in our club or any of the playing options detailed above please call Stuart Draffin our Membership Secretary on 0408 778 658. If you are interested in receiving coaching please call LEEP Tennis Academy and speak to Lee on 0409 396 479. Additional information about Eildon Park Tennis Club and what it has to offer can be found at www.eptc.org.au

Simone Lancashire



Eastern Raptors

Although rugby league may be a minor sport in Victoria, it is still one of the most popular team games nationally, with many following particularly in NSW and Queensland. Just ask someone from those States what "State Of Origin" is and you'll soon be educated.

The Eastern Raptors is an up and coming rugby league club, designed to provide a safe welcoming family environment that allows and encourages young kids to explore and further their skills and interest in the great game of rugby league. The Eastern Raptors are a community driven project based in Boronia, with the added support of the current NRL Premiers, Melbourne Storm, to provide an opportunity for the Eastern Suburbs of Melbourne to come together and play locally.

The Eastern Raptors welcome all boys & girls from the ages under 7's to under 12's for the 2013 season.

Our email address is raptors2011@live.com.au and our website www.easternraptors.com.au



Eastern Raptors at Stud Park

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1087 Stud Road, Rowville

Rowville Toastmasters

Not a Bandaid, but We Can Help.

Most of us know what it feels like to need help when we are really sick or injured in some way, like those small cuts to fingers from that knife in the kitchen that we thought wasn't sharp! Ouch! Such pain from such a little nick. Or a paper cut! Two ouches! The first thing that we have to do is to admit that help is needed. For some reason, there are people who avoid seeking help for injuries that often do not heal as well and can get infected. They seem to feel they are lessened in some strange way when they ask for and get help!

It reminds me of the bride who cut her thumb on the night before her wedding, when making pizza. "Ooooh," she gasped, "Just a cut thumb. It will be OK." The cut needed four stitches, but the upside was that a horrible looking bandage was not required. Looks matter on wedding days! Medical help had to be sought, even at the late hour of 7pm. The doctor sensibly pointed out that a bleeding thumb near a wedding dress is not a good look.

Why is it that people do not ask for help when clearly they could benefit? Is it that procrastination seems more powerful to direct our attention, rather than the satisfaction from a gaining a solution, treatment or assistance? What shame is there in getting someone to help? Of what can we be afraid? This idea makes me think of the father of the bride this time, who knew he was not a great speaker and knew he had no real idea of how to construct a good wedding speech. Out of fear, over many months, he kept putting off seeking help to learn how to get his ideas down on paper, to write the speech so that he could deliver it perfectly, to honour the occasion of his daughter's wedding. He wanted her to feel proud and

Rowville/Rowville Lakes Little Athletics Wants You

Did you know that Olympic Gold medallist Sally Pearson was once a Little Athlete? So was another Aussie gold winner Cathy Freeman.

Do you know what footballers Cameron, Travis and Jason Cloke, Gary Ablett and Gary Ablett Jnr, Sav and Anthony Rocca and Anthony Koutifidas have in common? They were all once Little Athletes.

Little Athletics is a track and field program, held mostly on Saturday mornings from October to March. Children from 6 to 16 years run, jump, hurdle, race walk and throw in fun and friendly competition. Whether there to become a champion, or just enjoying the family fun and fitness, Little Athletics is a great way to improve speed, co-ordination and friendships.

Many Little Athletes have gone on to excel in other sports. Geoff Ogilvie in golf and Kathy Watt, who claimed Olympic gold as a cyclist were a Little Athletes first. Kirsty Marshall, a Winter Olympian, Julie Prendergast, netball, Kate Allen, Jana Rawlinson and Terri Ettinghaus, all participated in Little Athletics.



Stay fit for next Winter's footy. Get the speedy edge on the netball court. Whatever your reason, we want to see you at Little Aths. Ability doesn't matter. We value participation, and will reward commitment and improvement. Rowville and Rowville Lakes Clubs compete as part of the Knox Centre at the Knox track off Bunjil Way, Knoxfield. (Near the junction of Scoresby and Ferntree Gully roads.) Children are placed in age groups, determined by their age on October 1. You cannot commence until you turn six.

Who to contact:

Children attending Heany Park, Rowville and St Simons Primary schools are encouraged to contact Steve at the Rowville Club on 0409 231 380 or 9764 3384. Nick is the Rowville Lakes contact on 9764 066. The Lakes covers Park Ridge, Karoo and Lysterfield Primary Schools. Boys and girls from other schools, including secondary, may join either.

Dates for you to note:

Please bring your birth certificate. **The season commences Saturday 6th Oct 8.30am** but it's fine to join later if you miss that date.

Special thanks to KLAC photographers.

Rosemary Merrigan



do a good job. He unfortunately left it until the week of the wedding and realised when talking to an expert that, had he got help sooner, the task would not be nearly so difficult. While on the subject of weddings, many family members find themselves having to speak publicly for the first time at a wedding. Apprehension strikes and there is a quiver of the spine. People tend to take one of two options. They ignore

the fear and carry on reckoning they can make it up on the day, ad lib and no notes, or they work on ideas and come up with more than a half decent speech, which people generally appreciate. I wonder how many take the first option. They would be the characters who may not seek help when the finger is cut, whereas the character who takes the second option has no problem with asking for assistance.

All of us, repeat, all of us can speak, even publicly. You do not have to be injured or damaged to seek help for any forthcoming speech making. Actually, it is not about band-aids or bandages. It is more about helping a person find out what they can do well and to support them in what is perceived as threatening. We all can use feedback to help us be better speakers. There is no shame in asking for a bit of help if one is not used to making speeches, in front of family or work colleagues.

We at Rowville Toastmasters know about that and hence our efforts to make people feel welcome and to reduce their feelings of embarrassment. Everyone can use help at some stage, on most things, because that is how we are made up, a 'two brains are better than one' sort of thing. When people experience helpful feedback, and that it is often accompanied by new ideas, the 'Why didn't I think of that?' moments often come as well, and they can see that they know more than they ever considered.

So simply, if you are in need of a bit of help for any forthcoming public speaking tasks, come to a meeting to see how we may help you. In the "What's On Locally" section of this paper, the meetings times are listed. If you are interested in visiting us to learn "to speak among friends", please feel very welcome to send an email to contact@rowvilletoastmasters.org.au



Lysterfield Junior Football Club



Registration Day 2013 Season

Registration Day for the 2013 season will be on Sunday 18th November 10.00 till 12.00pm at Lakesfield Reserve, Lakesfield Drive, Lysterfield

New players are sought for all teams (U/8 to U/14) for the 2013 season. Come along and play footy with the newest junior club in the area. Existing members can also renew their membership on this day.

The Annual General Meeting for the Club will also be held at Lakesfield Reserve, on Sunday the 18th November, commencing at 10.00 am.

Enquiries for new members or further details of our AGM may be directed to the President Mr. Steve Ketzner on 0498 141 850.



Knox Regional Netball Centre

The Knox Regional Netball Centre offers ladies netball on Wednesdays and Fridays (with a free crèche with qualified staff), a mixed competition on Sunday evenings and ladies evening competition on Mondays through to Thursdays. We would love some new teams in our Wednesday and Friday Ladies daytime competitions, which

are supported by a free crèche with qualified child care staff. So get fit, have fun and hang out with your friends and form a netball team today!

If you are interested in entering a team for 2013, the season begins in February. Often there are teams looking for players to join them so if you want to play email knox.netball@knox.vic.gov.au or telephone the centre on 9758 7191 to register your interest or find out more.

Rosalind Montgomery

Nick Wakeling Column

Congratulations to the Newly Awarded Life Members of Rowville CFA

Nick was honoured to recently attend Rowville CFA's 70th Anniversary celebrations. The brigade has been proudly serving the Rowville and Lysterfield communities for 70 years and continues to grow its volunteer membership each year.

As part of the evening celebrations, John Farrer, Eddie McDade, Ian Atherton and Neil Robinson, were honoured with Life Membership of the brigade. On behalf of Rowville residents, Nick would like to pay tribute to their many years of dedicated service to the local community.



L to R – Alan Tudge, Neil Robinson, John Farrer, Eddie McDade, Ian Atherton & Nick

\$30,000 boost gets Eildon Park Reserve upgrades underway

Eildon Park Reserve, Rowville is set for a major lift thanks to a \$30,000 Victorian Government funding boost to undertake minor facility upgrades.

The upgrades will enable home clubs like Rowville Hawks Junior Football Club and Eildon Park Cricket Club to encourage more people to join in the fun and develop their



With RLCN Treasurer, Graeme McEwin at the KnoxStringbark Festival.

skills whilst at the same time boosting memberships and local participation in their sports.

The funding will be used to construct a freestanding pergola with a fence at the Reserve's second oval.

In addition to the State Government's contribution of \$30,000, Rowville Hawks Junior Football Club and Eildon Park Cricket Club should also be commended for their \$2,060 contribution towards the project.

Alan Tudge Writes

Knox's Senior citizens share their views at local forum

Almost 100 Knox seniors shared their views on important issues such as superannuation, the health system and cuts to the government's Chronic Disease Dental Scheme, on 25th September at a Seniors Forum hosted by Federal Member for Aston Alan Tudge MP, with special guest The Hon Bronwyn Bishop MP, Shadow Minister for Seniors.

The forum was held at the Knox Italian Community Club in Rowville and attended, primarily, by seniors and those interested in issues relating to Knox's older residents.

Ms Bishop expressed her vision for the elimination of age discrimination in Australia, stating it should be just as unacceptable as discrimination on the basis of sex or race. "Our Knox seniors are a rich resource of experience, wisdom and local knowledge. Seniors play an important role in the fabric of our community, often being the first ones to volunteer to lend a hand at sports clubs, churches and other local organisations. I greatly value their comments and feedback and the contribution they have made and continue to make in our local community."

"It was great to see almost 100 seniors from around Knox at our forum," Mr Tudge said. "I'm passionate about forums like this one, as it gives the local community an opportunity to discuss ideas, ask questions and gain information from experts. I encourage all Knox residents to come along to a forum in the future and have your say," he said.

Alan Tudge has another forum coming up which is open to all Knox residents:

Childcare Forum

With the Hon Sussan Ley MP, Shadow Minister for Childcare and Early Childhood Learning & Mr Frank Cusmano, CEO Child Care Centres Association of Victoria

The forum will be held on Friday 16 November 2012 1:30pm – 3:00pm at Orana Neighbourhood House, 62 Coleman Road, Wantirna

For both events contact Alan Tudge's Office: (03) 9887 3890 or jenny.muggeridge@aph.gov.au

Community Safety must be our priority

The safety of our streets, shopping centres and community



areas is of paramount importance to all who live in our local community.

The recent tragic murder of Jill Meagher has again highlighted the issue of crime on our streets. As the father of two daughters I feel for the family of Ms Meagher. It was a tragedy that has affected us all.

Closer to home there have been a spate of robberies across Knox over the past 12 months.

These events must spur us all to do more to improve safety and tackle crime. I don't believe it unreasonable or unrealistic that a community is secure enough for people to walk home at night and not fear for their safety.

I've been talking to local traders across Knox and I believe an important tool in battling crime is installing community safety infrastructure such as CCTV cameras. It is not the panacea, but it can make a difference in deterring crime and capturing those who break the law. Indeed if it was not for CCTV footage Jill Meagher's murderer would probably still be on the loose.

I was pleased that the Federal Coalition recently announced \$50 million to go towards installing CCTV cameras in communities like Knox. This funding will help communities like ours tackle the issue of safety on our streets.

I'm keen to hear your views on whether safety is a concern and what measures could be put in place to increase it. Feel free to contact my office, send me an e-mail, log onto my website or message me on Facebook if you have any thoughts and ideas on the issue.

Contact Alan on (03) 9887 3890 or at Alan.tudge.mp@aph.gov.au Website www.alantudge.com.au www.facebook.com/alantudgemp

Tony Abbott commits to fixing Eastern bottlenecks at Knox community forum

On October 3rd over 200 Knox residents joined Federal

Opposition Leader Tony Abbott, his wife Margie and Federal Member for Aston Alan Tudge at a community morning tea at the Knox Italian Community Club in Rowville.

Tony Abbott reaffirmed his commitment to fixing bottlenecks on the Eastern Freeway as part of \$1.5 billion towards building the East West Link. The need for the link has been particularly highlighted today with the closure of the Burnley and Domain tunnels.

Mr Abbott also answered a number of questions from residents concerned about the cuts to the Chronic Disease Dental Scheme and the impact of the Carbon Tax on Knox electricity bills.

"I'm working hard to help the families of our country to have a better life," Mr Abbott said. "The costs of living are going up and up and up. That's why getting rid of the Carbon Tax will be the first action of a Coalition Government."

"I'm also proud to recommit to the funding of the East West link which will help residents get around our city much easier," he said.



Alan Tudge welcomed Mr Abbott to Knox and said it was important to provide locals with an opportunity to have their questions answered. "It's great to have Tony Abbott here today to listen to the concerns of local Knox residents," Mr Tudge said. "With electricity bills hitting Knox letterboxes in the past weeks, residents are looking for reassurance that the Opposition has plans for easing cost of living pressures, starting with scrapping the carbon tax. Tony Abbott did that," Mr Tudge said.

"Today we have also seen a strong recommitment to fixing the bottlenecks on the Eastern Freeway."

"This project will greatly benefit Knox residents who have to commute into the city via the Eastern Freeway," he said.



1982

The Red Cross held their AGM at the **Park Motel**. Where was that? The National Parks Service allocated \$200,000 to start developing **Lysterfield Lake Park**. The Co-ordinating committee for the Police Paddocks strongly opposed an application to use the area for flying **radio controlled aircraft**. Council agreed to investigate other suitable areas. Are you still flying? **Rowville Local Association**, formed to support Guides and Brownies, held a Rock 'n' Roll supper at the Stamford Hotel, with music supplied by well known rock band "**Flashback**". Were you there?

1987

Residents, who had previously volunteered to help, were summoned to **Park Ridge Reserve** to start the building of the new playground equipment. Did you help? **Peter Lindenbaum** wrote a regular article 'Movie Buffs Choice', discussing films and their 'stars' plus a 'Trivia Quiz'. Do you still enjoy a movie Peter? We reproduced a 1925 **bus timetable** which showed the journey from FTG station to Rowville took 25 minutes. In 1987, over the same route it was 20 minutes. **Rowville Secondary School** became the first 'planned school' in Victoria. The first council meeting was held and office bearers elected. Were you one of the 15?

1992

Chaos reigned at the **Council elections** as the boundary between Knox and Wantirna ran through the middle of Rowville and many residents had no idea which booths served which Council!! **Pauline and Peter Rumble** took over the organisation of counting and bundling the papers for East Rowville. They do far more these days. Thanks to you both. 400 people attended the dedication of the **Baptist Church** new building, where five members were baptised. **Marilyn Duerr** was welcomed as the new coordinator of the Rowville Community Centre and **Jane Haussegger**, the incumbent, moved on to Carrington Park Leisure Centre.

1997

The RLCN Garden Competition was won by **Elaine Kortholt**. How is your garden these days? **Ross Young** won the Master Builders award for best Renovation or Addition under \$60,000. Are you still building Ross? **Lois Vancam** won the 'Lucky Buys' prize draw at Stud Park, a \$1,000 Ansett Package Holiday. She contemplated a Bali holiday. Did you go Lois? A petition signed by 1400 residents requesting **traffic signals** at the corner of Wellington Rd and Taylors Lane was presented to Council. The refit at the **Community Centre** to accommodate the Rowville & District Neighbourhood House was completed.

2002

The RLCN sponsored **Cobie Williams** to travel to Scotland to perform at the Edinburgh Military Tattoo, in



Local History

Sponsored by Nick Wakeling MP,
State Member for Ferntree Gully


front of Queen Elizabeth. Are you still 'highland dancing' Cobie? Students in **3H at Karoo Primary School** entered a Village Cinemas competition to design a house for Stuart Little. They won a trip to see "Stuart Little Two". Were you one of those students? Council announced that tenders would be called, before Christmas, to construct **Heany Park Rd**, much to the delight of residents. **Dr Simon Bol** was the main speaker as the **Lions Club** hosted an information night on "Lions Cord Blood Stem Cell Research". Did you hear his presentation?

Times Remembered at Rowville Primary School Horse Manure

At one stage we were fortunate enough to be able to use a dilapidated portable classroom for science classes and one of our teachers, let's call her Mrs Brown, was prepared to take the portfolio on a half time basis. She took to the task enthusiastically and had the children keenly interested. Doug, our cleaner, was not won over as the room was often less than perfect after her classes. One Monday morning, Doug came to me in total exasperation and asked me to accompany him to the science room. When he opened the door we both recoiled from the horrible smell emanating from the room, a smell, as Kenny famously said, "would outlast religion". Gasping for air we managed to open the windows and after a time the room was more or less habitable again. When we explored the room in more detail to find the source of the smell we detected a substantial amount of broken glass across the floor with the mysterious noxious substance there too. Doug cleaned up the mess and we deoderised the room as best we could. When Mrs Brown came to school the next day, I questioned her about the situation that had arisen in the science room. After some coaxing, it finally came out that she was conducting some experiments, containing amongst other things, some fermenting horse manure in glass jars.



Is That You Enjoying a Break In The School Grounds?



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Chiro-Practicals

Presented by Dr Frank Whelan

Sustainable Health and Wellbeing.

Our nation's total expenditure on Health has increased from \$7.5 Billion in 1977/78 to \$130 Billion in 2010/11. Yet we continue to hear stories in the media each day about how our health system isn't coping with the demands being placed on it. We have made great strides in utilising new technologies to find cures for diseases which have helped extend the lives of current generations. The average life span of Australians is approaching 80 for males and 84 for females, the 6th highest in the developed world.

It will hopefully come as a shock that Nike has recently released research undertaken across five of the most populated nations on the planet, which shows that the life expectancy of our youngest generation is on the brink of changing that trend by predicting they could die up to 5 years sooner because of the way we now live our lives.

Our statistics are that 1 in 4 schoolchildren are now considered to be overweight or obese and that 70% of Australians don't exercise enough. On the basis of similar numbers, Nike's research predicted physically inactive children would miss more school, achieve lower grades, earn less at work, spend more on their health care, live shorter lives and set a poor example for their children which would perpetuate an intergenerational cycle.

Regrettably this prediction will come true if we continue our current lifestyles with virtually unlimited access to food and alcohol in addition to not exercising our bodies. Similarly this prediction will come true if we rely firstly on taking a pill and secondly on an overloaded health system, both of which are focused on addressing the symptoms but not the

causes. This is the Outside-In approach to healthcare. Our bodies were designed to move and more and more research is now showing us that the lifestyle diseases such as Type 2 Diabetes, many Cancers and Cardiovascular conditions are caused by being overweight and by being less active than we should be. The good news is that this can be prevented by maintaining a healthy weight, a flexible spine and by 30 minutes a day of moderate exercise.

It surprises many to learn that doctors can't heal, our bodies do that. Our bodies have the intelligence within them to regulate the millions of processes that are being managed every second of your life to keep you performing at your best. This is done by your Nervous System and understanding this is the Inside-Out approach to sustainable healthcare.

Dr Frank Whelan

References: AIHW 2012. Australia's health 2012. Australia's health no. 13. Cat. no. AUS 156. Canberra: AIHW
<http://nikeinc.com/news/designed-to-move>

Stringybark 2012 Competition Winners

Kids RLCN Questions Competition Winner Nick of Rowville

Survey Hamper Competition Winner Mrs Dierdre Loveless of Rowville

Our thanks to everyone who entered. The response was most pleasing. Presentation photos will appear in the December edition.

A Young Person's View

Being a young person who loves scampering around the city, often at night, the Jill Meagher tragedy really hit home for me. Although it was such a rare occurrence, it reminded me of the risk I take just to walk down a side street, some hundred metres to my car after a night out. It makes me so angry to know that I can't walk around my own city at the time of my choosing, though there are more dangerous places I could be. In comparison, Melbourne is probably pretty safe. Having taken a real interest in the case, even staying up late at home the night the accused was taken in to custody, I have been following what happened fairly closely. One of the most interesting things related to this case is the fact that the accused has been identified in CCTV footage, his name has been broadcast, and it's pretty impossible not to know the sequence of events that occurred.

Unfortunately, this has the potential to impede on the right to a fair trial. So much so, that there have been attempts to censor his photo from the internet and a ban on abusive Facebook groups related to the accused. Although the defence will be hard pressed to find a jury that hadn't heard of the murder and circumstances in question, in the end this case *has* had an impact on the community, and *we* are the ones, through the court of law established by us over how many hundreds of years, that decide the fate of such offenders in our community. This is done through an expert judge with many years' experience in the field, who decides on the sentence. It will be interesting to see what kind of sentence is handed down, compared to other murder cases in the past, that have not received as much public attention. The judge will decide the sentence, but is their judgement ever affected by popular pressure?

Marita Lacota

Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine
96 Kelleets Rd, (Cnr Kelleets Rd & Taylors Lane) Rowville
Physiotherapy 9763 9233 Sports Medicine 9763 3944



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November 19th is 'International Men's Day', which is a day designed to bring attention to men's health. Men's health and wellbeing does not get as much attention in the media, however men have just as many health related conditions as women and require just as much support. We are all aware men are notorious for not talking about their health related concerns, so on the 19th ask yourself or a male friend or loved one "when was your last medical check up?"

As an example, unfortunately most men will come in contact with prostate cancer at some point throughout their lives, either themselves or through a friend or family member. Prostate cancer is one of the most common cancers in Australia, accounting for approximately 13% of all diagnosed cancers in Australia and New Zealand, rivalling breast cancer. Fortunately there are now many treatment options for prostate cancer which provide a positive and successful outcome. With more and more survivors every year, attention has been turned to the ongoing effects from cancer treatment and the effect this has on quality of life.

There are now many support programs which have been developed specifically for men recovering from or undergoing treatment for health conditions, like prostate cancer. These services are designed to offer specialist support, advice and rehabilitation and are becoming more widely available throughout Australia. One of the common features of these programs is re-starting graduated exercise, such as 'Steel Pilates' as research has shown increased quality of life and decreased fatigue.

Kim McDonald



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Rowville Neighbourhood Learning Centre

Supporting the broad range of courses we have on offer at Rowville Neighbourhood

Learning Centre are our skilled tutors.

Penny Buttler Tutor Profile— Jazz, Ballet and Music and Movement for pre-schoolers

Many young children in our community have learnt Jazz dance for 10 years at Rowville Neighbourhood Learning Centre, under the very capable instruction of Mrs Penny Butler, known affectionately as “Mrs B”. Dance is a wonderful form of expression that helps young children build coordination, confidence and friendships. Children have the opportunity to dress up, learn choreography and be part of a team from a very young age.

This year at the Stringybark Festival, 70 children proudly performed on the Community Stage showcasing their skills in beautiful costumes. These performances and the many smiling faces that go with them would not be possible without the hard work and dedication of “Mrs B”. Penny has been a Life member of ATOD (Australian Teachers of Dancing), an International and Australasian Examiner ATOD, holds a Licentiate Teacher of Ballet qualification and is an Associate Teacher of Jazz and Tap. Classes with Mrs B are available from pre-school to 14 years old, including jazz, preschool movement to music and, in the last year, ballet. As well as performing annually at the Stringybark Festival, all age groups are involved in the end of year concert in December. Mrs B is fond of



Penny Butler With A Dance Class

the quote: “Dance is the only area wherein we ourselves are the substance of which it is made.”

Neloo Alwis Kreltzhaim Tutor profile – Drawing and Painting for children

The “Kevin Hills’ Top Ten Australian Artists” Art show is a roving exhibition that encompasses nine famous Australian artists, supplemented by a local artist and attracts connoisseurs of art from all over Australia. As this year’s Casey Guest Artist, Neloo was selected to represent the City of Casey recently. Her artworks, like those on display in the Casey Council Chambers, are predominantly pencil, water colours and pastel. Neloo has exhibited her work extensively and won numerous awards at esteemed exhibitions. At the Casey Council Civic Centre recently, artwork featured the elusive shadows of African figures,



Neloo With Kevin Hills

bright and colourful devil masks and drummers.

At only 10 years old, **Neloo** won an impressive award from the Royal Drawing Society in London. Studies in Architecture and Art in Melbourne continued her artistic journey into work life. Neloo established the Palette and Paintbrush School of Art in 1990, which went on to become a very successful school of art for adults and children and is now widely known. Her passion and extensive artistic skills are being passed on to children at the Learning Centre, after school hours during the school terms. Expressions of interest are being taken now for a class for teenage artists for Term 1 in 2013. Please phone 9764 1166 for further details.

Please contact our friendly staff at Rowville Neighbourhood Learning Centre to learn more about our courses or to enrol on 9764 1166. Visit our website on www.rdnh.org.au

AFL WORD SEARCH:

T I S Q D U H Q F A I Q L T H B G
F M E H E H K H G H E W J K M P Y
S W N T U A U N X V Y U K J U G S
R B R T Q W Z W H X H A W K S Y Q
E Q U F L T E F C H Y Y S A H H E
Y X O B A H A I L A R T S U A P B
A W B C N O M I T Z A D S L R O A
L O L D I R Q R P D C R E H O R J
P L E W F N L L I J F H H E E T L
D L M V X H G U D X G F B D Q O E
W E S T A B M O Y M W L F Q W A R
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G R A N D U S N A W S Y T P L S X
E T I H W X N W O R B I Y A F I E
D E N T E R T A I N M E N T A F V

WORDS

AFL Grand players Australia Hawks
red Brown Hawthorn stadium Final
Entertainment Melbourne swans
Sydney White Trophy Yellow

Did you know that the MCG
can hold up to 121,000 people ?

Do you know that the MCG
stands for Melbourne Cricket
Ground?



QUIZ:

**How Well Do You
Know Your Footy ?**

1. Who won the AFL grand final in 2011 ?
2. How many teams are in the AFL ?
3. Who won the Brownlow medal for 2012 ?
4. Who is the captain for the Richmond Tigers ?
5. Name 3 of the teams that were on the top of the ladder this year.

(Answers on the bottom of the page)

**BY LYSTERFIELD
PRIMARY SCHOOL**

KIDS' Stuff!



Quiz answers:

1. Geelong
2. 18
3. Jobe Watson
4. Chris Newman
- Sydney, Hawthorn and Adelaide

Focus on Mental Health

Post-natal depression

Mental health concerns occurring during pregnancy and after birth have recently received increased attention. Post natal depression (PND) is one of the more common conditions experienced by new parents. What was once considered simply a persistent case of the “baby blues” or new parent anxiety has for some years been recognised as a serious concern, with untreated illness having far reaching consequences for individuals, families and communities, including difficulties with bonding and relationship breakdown.

PND presents with the same symptoms as other clinical depressive episodes. The difference is that the trigger for onset is the arrival of a new baby. Like all depression, it is characterised by cognitive, emotional, and physical symptoms (negative thoughts, sadness, lack of energy, for instance). PND is not just a hormonal reaction to having a baby. Adoptive parents and fathers who have not given birth are also vulnerable to developing PND.

There are numerous symptoms that indicate the presence of PND. Some of these may initially slip under the radar, because “baby blues”, fatigue, feelings of being

overwhelmed, and sleep disturbance are a normal part of life with a newborn. Here is a more comprehensive list:

- Not enjoying things previously enjoyed (notwithstanding the restrictions life with a newborn creates)
- Blaming oneself for anything and everything that goes wrong
- Being inexplicably anxious, worried, scared or panicky
- Feeling a sense of hopelessness and failure
- Feeling overwhelmed by life and everything in it
- Loss of appetite and libido
- Not being able to sleep (even when baby does!)
- Feeling sad, unhappy, miserable, teary
- Feeling suicidal

Depression is a label that is used frequently in everyday language so it is sometimes difficult to acknowledge that there is a problem. “I’m so depressed,” is something heard commonly when one is having a bad day. Most new parents – indeed most people – will have experienced some of the symptoms from the above list at some point, but not everyone experiences them all at once or for an extended period of time. It is the severity and duration of the symptoms, and the level of dysfunction occurring from them that marks the difference between normative discontent and clinical depression.

Risk factors

A previous history of depression or other mental health concerns places parents at higher risk for developing PND. Many expectant mothers prefer to cease taking antidepressant medications while pregnant, even though

most are quite safe (check with your doctor), and this may also increase the risk. It is advisable that those who have recently or previously had counselling to continue with regular “monitoring” therapy during pregnancy. Sometimes it might not be obvious that symptoms are returning, but family members, friends, or a counsellor may notice changes. A previous loss (for example, through miscarriage, or other unresolved grief) can also increase the risk of PND.

Treatment

Medications for depression are not addictive and medication has been found quite effective. Many people find that things don’t bother them as much as they did, their thoughts don’t race as much, they sleep better, and they have more energy. Medication primarily targets the physical and neurological symptoms of depression. Doctors agree that while medication alone can be helpful, counselling in addition to medication can help people make a faster and fuller recovery from depression and PND.

Counselling can help in a number of ways. Challenging negative thoughts and developing healthy ways of thinking is typical in a course of cognitive-behavioural therapy, and this has been proven effective in treating PND and other types of depression. In addition, interpersonal psychotherapy can help validate and normalise experiences and emotions for the new parent, and to help with communication between partners and family members to preserve and repair relationships.

Supporting a family member or friend

As for anyone experiencing depression, suicide risk is a serious concern in PND. It may be hard to understand that a person could leave a new baby and grieving family behind. But a person with depression may have negative thoughts so powerful they can easily believe that the family and new baby may be better off without them.

It is common for new parents to withdraw. Most people are independent, competent adults in responsible positions in work and life before they become parents. It is difficult to suddenly feel as helpless as the newborn baby and to ask for help when one has never needed it before. It is important not to let friends disconnect, but to help them remain engaged and connected with their social and family groups, which become an important support network after the arrival of a new baby.

Importantly, it is not just first time parents who are affected by PND. Some experience it after each child; some only after later children. It is these parents especially who may feel like they “should know what it’s all about by now” and may be at risk when they do not seek professional support. PND is also common in fathers, who have to adapt to their new or changed family as well, and are often unaccustomed to feelings of helplessness that are common with an unpredictable newborn and the chaotic life they bring to the household. Feelings of not being able to fix, control or help in a meaningful way can trigger depressive thinking in men.

Bridgewater Centre’s registered psychologist, Teresa Butler has more than 15 years counselling experience, including working with new parents to help them adapt to their evolving families. Contact Bridgewater Centre on 9753 4203 to arrange an appointment for confidential counselling for depression or other mental health concerns.

Visit blackdoginstitute.com.au; beyondblue.org.au; and beatbabyblues.com.au for some helpful websites and support information about PND, or see your doctor or maternal and child health nurse.

Teresa Butler, Psychologist (M.Psych MAPS).



Birds are popular pets throughout Australia, but unfortunately they are often the ‘overlooked’ family pet when it comes time for them to be ‘off colour’. From finches to cockatoos, pet caged birds provide companionship, entertainment and interest for their owners. Budgerigars are the most commonly kept cage-bird, while canaries, lovebirds, finches, galahs and various parrots and cockatoos are favoured by others. Regardless of how well cared for a bird is, a multitude of illnesses can affect it. Many of these are related to stress, poor nutrition, caging or age. Unfortunately, sick birds all tend to look the same regardless of their complaint. The most common signs are fluffing or ruffling of the feathers, drooping eyelids, head tucked under a wing and perhaps bobbing of the tail. Any of these for a prolonged time indicates that a bird is quite ill, as most birds try to hide the fact that they are sick for as long as possible. This is an instinctive behaviour aimed at minimizing the chances of being attacked by predators. Your Veterinarian is trained to help you treat your bird’s illness. While a phone call to the clinic may help, a visit may be necessary for proper diagnosis because, as mentioned above, most sick birds show the same signs.

For example, diarrhoea may be due to 10 or more causes. There are several tips for taking birds to your Vet:

1. Take your bird in its own cage without removing any toys etc.

2. Leave food in the cage but remove water.

3. DO NOT clean the cage, as valuable diagnostic evidence may be destroyed.



4. Take with you any remedies or medicines you have been giving at home.

5. Be prepared to answer questions concerning signs you’ve seen, feeding, length of illness and environment.

Modern veterinary science is placing increasing importance on pet birds as ‘companion animals’, the same as dogs and cats, and treatment for most illnesses is available. Surgery on birds is performed on a regular basis for such things as fracture repair, tumour excisions and wound suturing. As some pet birds are destined to live many years (decades in the case of galahs and cockatoos) their health can be better maintained by attention to their basic care, nutrition and caging. So look after your bird, as they will be with you for many many years, if looked after properly.

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School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools & Rowville Sec. College

Lysterfield Primary School



School Production

Over two exciting days and nights, the students from Lysterfield PS were involved in their school production, **Taking Care of Business**. The play, creatively written by the Performing Arts teacher, centred around Dr Freud and his secretary (played by Kaya B and Grace S). Character after character came to visit him to seek assistance with an issue surrounding food. To name a few there was the Gingerbread Man, who had no smarties to complete his outfit, Willy Wonka, who was struggling to control his Oompa Loompas, Colonel Sanders, who had to deal with psycho chickens and Farmer Joe, who had a crazy obsession with potatoes. Each grade also had an item to sing and dance to, which also

cleverly linked into the theme of the play. It was an exhausting yet brilliant couple of days, with students giving their all in brightly coloured costumes.

Lysterfield Football League

The annual, football, lunchtime competition was once again held throughout Term 3, involving girls and boys from Grades 4, 5 and 6. Each week players from the 5 different clubs battled it out in the wintery weather, establishing a wider group of friendships whilst developing their football skills. This year it was great to see each club wearing their own club uniform. Each club was also coached and organised by one of the teachers.

After the rounds, finals followed and sadly teams were eliminated until we were left with two teams for the clash in the Grand Final, Tolley's Titans and Barnard's Bravehearts. Preceding the Grand Final match was pre match entertainment, the Grade 5 and 6 Dance Club, and the singing of the National Anthem. The match was a close encounter, only 1 point separating the two teams at three quarter time.



When the final siren sounded, Tolley Titans were narrowly in front and named Premiers for 2012.

Several awards followed the season's conclusion. Jake M was named best on ground in the grand final. There was an overall best and fairest boy and girl awarded for the season and the medal was named after the previous year's winner. Bridgette M won the 'Gibson Medal' and Mitch M won the 'Hulston Medal'.

It was an exciting and enjoyable season for all the students and teachers involved (over 120 people!) and they are now all looking forward to the 2013 season.

Karin Bristowe



Performer extraordinaire at Karoo!

The walls of Karoo Primary reverberated to the sound of great music when Jon Madin visited the school in October. Jon Madin is a well known performer and at the forefront in music education. His fun participatory approach is used widely throughout Australia and certainly in the Performing Arts Program at Karoo. Every student from Year 1 through to Year 6 participated instrumentally during the day. The excitement continued through to four concerts attended by both Preps and parents. All children played marimbas with popular items including

Blue Danube Waltz, Cabbage Patch Café and Cincinnati City. Echocellos (Jon's invention) were also a big hit and there were even musical bikes.

Past incursions at the school have included Musica Viva, Aussie Kids Rock and Ozopera. With the school just completing a performance in the State Schools Spectacular and now the Kidzongs Choral Festival it can be seen that Karoo is a busy place when it comes to students and performance!

Alexandra Watson



Twilight Concert

On Thursday 13th of September 2012, Heany Park Primary School had their annual Twilight Concert. We opened the night with a performance from the Year 6 Percussion Band, which set the mood for the rest of the night.

Then there was an amazing dance from one of our Year Six teams. They did their dance to 'Run the World'.

After the dance that got everyone moving, it was time for the youngest people to perform. They didn't let us down with a fantastic performance by the Year Three Choir.

As the mood grew backstage, it was time for Mr Rose to introduce the Heany Park Band. With the harmony of the instruments it put a smile on people's faces. The next act was from the recorder group with three different types of



recorders the room was filled with magical harmony. The Ukulele Band was up next and performed a classic ukulele song Iko, Iko. The eight of them kept in tune the whole time while performing.

There were two parts to the astonishing circus performances. Firstly, the flexible acrobats who have really fast arms. Secondly, was the devil sticks, diablo, spinning plates, juggling and the finale, which had everyone included.

After the Year 6 Circus act, everyone was excited to see what was next and it was the year 4-6 choir. They did a magnificent job, it was the perfect closing act for the Twilight concert. But there was still one more act to come...the last, but certainly not the least, was the Grade 6 Dance Team dancing to Ballroom Blitz. This dance won the Dance Fair. We've saved the best till the last with the finale by the whole cast of the Twilight Concert. The song we were dancing to was a mash-up from Glee - 'Singing in the Rain' and 'Umbrella'.

Thank you to everyone who helped with the day and organising it.

Laura Kelly, Maddy Moorhouse, Ben Morgan, Mason O'Sullivan and Leah Santomaggio



Students In The Concert

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... gains three new enrolments

During term three, at Rowville primary school, the class 6DA has constructed a lizard enclosure. We have been working on this project for approximately 10 weeks. We had to go through lots of planning, researching, constructing and teamwork. This article will tell you all about this Lizard Enclosure and how we pulled it together to get this fantastic result!

The purpose for this class project was to develop an area of the school of which we could take ownership. We also wanted to leave something behind for the school to remember 6DA because this is our last year at Rowville Primary School.

We decided to brainstorm ideas of what it could be. These included a frog pond, quail aviary, an area to sit, a turtle area and a lizard enclosure. After much debate and a few designs we settled on a 'Lizard Enclosure' that would house

the Blue Tongues.

We then decided to place the lizards in the fern garden because the fern garden was the most obvious place to put the enclosure, as it was unattractive and it was one of the first areas that you saw when you entered the school.

Our first step was to get permission to do the project overall! We first wrote a detailed letter to Ms Vetsica the Environmental Science teacher. She agreed with our project so long as it was 100% environmentally friendly. The second letter we wrote was to our principal Ms Babich who after many letters and persuasion finally agreed to allow us to proceed with the project. We also completed a petition with over 200 signatures which supported our project and made us even more determined to make this project successful.

Our second step was to research and plan what the lizard enclosure would look like and what products were needed. We also had to undertake research about the Blue Tongue and their habitats, diet, heating, handling, hygiene, breeding and feeding. The students of 6DA successfully collected enough information to have a detailed understanding of all the aspects about Blue Tongues. Whilst we were researching and planning we also measured and took the temperatures so we could monitor the enclosure so we could make sure it would fit the to the Blue Tongue's likings.


The third step was our money problem. We needed to raise at least \$400, or above, for the enclosure to be successful.

We decided to brainstorm ideas so we could decide how we would get the money that we required. We finally came up with the idea of a fundraiser. So we were fortunately able to hold a Footy Colours Day, but before we were able to do this project, we had to write a letter to the School Council who granted 6DA permission to hold this fundraiser. We successfully raised \$527 which was used on the project.

The fourth step was to actually start building the enclosure and get it finished before the end of grade six. We have successfully finished the constructing stage and now are just completing the last finishing touches before the year 6's graduate!

To build it we have had to remove 3 tree ferns, build a fence around the air conditioners and cover the grate, make 2 environments, a desert and a forest floor. We also had to lizard proof it so the Blue Tongues couldn't escape and make it a safe environment for the lizards living there. The enclosure also used red sand, leaves, plants, ferns, fencing, pebbles, stones, food and a small drinking area.

We now have 3 Blotched Blue Tongues living happily in the enclosure, providing much excitement for the students. Now we are waiting to name them!

The whole school has been excited ever since the project started and it's provided a new way of being educated. We would also like to thank all the people who generously helped and donated products to make this project happen! 

Rowville Primary Students in Italy

To enhance the learning potential at Rowville Primary School, we create authentic links to an international experience. In fact there has been a long history of students from Rowville Primary School being provided with opportunities to participate in an International learning experience. We now organise a biannual trip to Italy to complement our Italian program.

During the term 3 holidays a group of students, teachers and one parent departed for a two and a half week cultural tour of Italy. The first part of the tour the group was based in the town of Orvieto in the region of Umbria. The site of the city is among the most dramatic in Europe, rising above the almost-vertical faces of cliffs that are completed by defensive walls built of the same volcanic stone. A unique aspect of Orvieto is the network of tunnels snaking through its rocky base. The students were lucky enough to explore these and being a small town, were able to quickly familiarise themselves with the layout and the locals.

They spent time with a language school, 'LUDUS School Point'. The Italian student guided the Rowville students in a bilingual discovery of Orvieto, including some language based activities they needed to solve together. This led to a treasure hunt around the town, and an opportunity to practice their language skills. A highlight of the trip was the cooking lesson with Chef Maurizio. Here the students not only got to engage and practice their language skills, but also their cooking skills. Pizza was on the menu for the day. The group travelled to and from Rome to engage with



A well deserved gelato

some of the historical aspects of Italy. Highlights included the Colosseum, St Peter's Basilica and the Sistine Chapel. The group had to contend with a bus strike in Rome at the time, so there was lots of walking and some very tired feet by the end of each day. A lucky saviour was definitely the easy access to great tasting gelato.

There was a visit the lovely Roman/Medieval town of Bevagna, renowned for its festivals, processions and challenges between the 4 quarters. The students visited the hidden Roman baths, and the local workshops of faithfully reconstructed medieval crafts. For the Rowville Group this included making paper and candles medieval style, or as the students observed, 'the long way'.

There was a trip to Assisi which is best known as the

birthplace of St. Francis of Assisi, patron saint of Italy. The town of Assisi, also has its Roman ruins, winding medieval streets and sacred shrines. The group then spent the last few nights of their cultural tour in Florence. From here the group saw Michaelangelo's David and the famous bridge 'Ponte Vecchio'. It was also a great time to enjoy some shopping around the famous Florence markets, leather goods being the pick of the purchases. The tour provided the students, teachers and parents the opportunity to compare Italian country life to city life, as well as making a comparison to their own. They experienced historical monuments and yesteryear's influences, the opportunity to see, touch, smell, hear and taste every part of what Italy has to offer, including food, language, people and create their own life experiences.

Anne Babich and Danielle Webster



With chef Maurizio



Photo: McDonalds Cup Winning Team

Term Four at Rowville S.C is an exciting time, with our Year 12s finishing their final classes and hitting the books in preparation for their VCE exams. Year 12 Celebration Day was held on the 25th of October, a day for the students and their teachers to reflect on the good times, bid tearful farewells, and have some fun before the intensity of the examination period.



Showcase is being held on Wednesday the 7th of November and will give the entire college community the opportunity to see the amazing pieces and performances, which our arts students have put together across Semester Two (bookings at www.trybooking.com/CAUR). The 15th of

U p c o m i n g events include our two Presentation Evenings, for the Senior School on the 26th of November, and the Junior School on the 3rd of December, which will recognise the achievements and hard work of our students throughout 2012. The ever popular R I A

November will see music students from both campuses and across all of our music programs perform a variety of pieces at Music Night (bookings at www.trybooking.com/CAUP).

As always, many of our students deserve congratulating for both curricular and extracurricular achievements over the past month. Finding the space to mention all of them can sometimes prove challenging, but this month a special congratulations ought to be delivered to our Intermediate Boys, Intermediate Girls, and Senior Girls Basketball Teams for their recent triumphs in the McDonalds Cup. The three teams will now compete in the National Australian Schools Championship during December. Our graduating Year 12s in the Senior Girls team will relish their final opportunity to shine as part of the Rowville Sports Academy program and should be applauded for their many successes during their time at RSC.

For more news on the successes of our students, and to find out what else is happening at RSC visit <http://www.rowville.vic.edu.au/whats-on/newsletter>



An unnamed Blue Tongue In The New Enclosure

We learnt lots of different things in doing the Lizard Enclosure Project. We learnt how to look after the Lizards, constructing ideas and most importantly we worked as a team. If we weren't able to work as a team we couldn't finish this project! We are also very proud and pleased with the result!

From Cissy Xue and Mabel Soon.

Editor's Note:- Well done Cissy and Mabel and the whole of 6DA. Perhaps next month, before you graduate to senior school you can sent us a new picture and tell us the Blue Tongues names.

Knox Home Garden Club

I have recently returned from visiting my daughter and her family in Stockholm, Sweden. There, summer was handing over the reins to autumn, with foliage colouring up and the temperature dropping quite sharply. Stockholm is 40% green, with many parks, gardens, and natural forest. Many of these parks are within walking distance of where my daughter lives, albeit some walks were much longer than others!

The family lives in an apartment on Valhallavagen, a busy Stockholm esplanade, one of 8 grand esplanades created by Albert Lindhagen. The central avenue incorporates four rows of oak trees, car parking for the apartment dwellers, a bicycle path, park benches and even a some gorgeous squirrels doing their last minute foraging before bunking down for winter. Freezing temperatures and up to six months of snow limits the planting choices in the gardens.

Many streets have elaborate, colourful planter boxes and bowls containing annuals and perennials. Almost all trees are deciduous except for the native firs and pines. The Swedes are outdoors people, city parks are full in summer. Well equipped childrens' playgrounds are included in many parks and are very much utilised. One such park where I took my grandson to play, Humlegarden, meaning hops, which used to be grown there many years ago, had a large statue of Carl Von Linne. He was a very prominent Swedish botanist, geologist, educationalist, and zoologist.



The statue was encircled by a large garden bed which contained many flowers that we are familiar with ie. hostas, peonys, windflowers, cone flowers, rudbeckias, cat mint, euphorbias, miniature dahlias, and bergenia to name a few.

A short bus ride away, Rosendals Tradgard is another garden that is very popular with the public. You can cut your own bunch of flowers, buy plants, picnic in the orchard or eat lunch in one of the glass houses. Kungliga Nationalstadsparken, the Royal National City Park, contains one of Northern Europe's largest stands of ancient oaks, many of which have been growing since the time of King Karl X1 in the late 17th century. A beautiful city in a beautiful country! Now I'm back home, where the vegie patch is calling out for immediate attention!
Betty Wright

Editor's Note:- I have never been to Sweden, but after reading your account, it is now on my 'bucket list'.

Rowville & Lysterfield Knox City Council Council Minutes Sept. 25th Meeting

Council Minutes – September 25th Meeting

Here is a brief summary of items affecting the Rowville-Lysterfield area from the Knox City Council meeting held on the 25th of September 2012.

Item 6.9 Application To Use And Develop The Land for Materials Recycling Business, Identification Signage, Dispensation of Car Parking and Alteration of Access to a Category 1 Road (Stud Road) at 1060 Stud Road, Rowville, Melway Ref.72 J12 (Application No. P2011/6572)

The proposal to use and develop the land at 1060 Stud Road, Rowville for a Materials Recycling facility was refused by Council at its Ordinary Council Meeting of 27 March 2012. An Application for Review was lodged with VCAT on 2 April 2012 and the matter scheduled for a hearing on the Major Case list for the week of 29 October 2012. Amended plans were circulated through VCAT on 18th September 2012. The amended proposal relocates and expands operations on the site by taking over the existing building previously utilised for pool display and sales and alters vehicle access arrangements. These amendments however do not alter the fundamental conflict the proposal has with the design and amenity objectives of the Business 3 Zone, Stud Park Activity Centre and the Scoresby-Rowville Employment Precinct. It is considered to cause unreasonable amenity impacts to adjoining community, residential and cultural uses. On balance it is considered that the amended proposal fails significantly in responding to State and Local Planning Policies, and it is recommended that, if Council were in a position to make a decision on the amended plans, that a Notice of Refusal to Grant a Planning Permit be issued. Council resolved to issue a Notice of Refusal to Grant a Planning Permit on the following grounds:

1. The nature of the proposed use is a 'Transfer Station' which, due to insufficient setbacks to residential zones is a prohibited use in the Business 3 Zone.

2. The proposed use and development is inconsistent with the State and Local Planning Policy Framework, in particular Clause 22.02 Industrial and Restricted Retail Sales Area Design and Clause 22.08 Scoresby-Rowville Employment Precinct, and the Business 3 Zone.

3. The proposed development will result in unreasonable amenity impacts on adjoining properties including maintaining and enhancing the heritage values of the nearby Stamford House.

4. The proposed access is incompatible with the operation of Stud Road and public safety as determined by VicRoads. 198 Council – City Development 25 September 2012

5. The proposed car parking and loading arrangements are inconsistent with Clause 52.06 Car Parking and Clause 52.07 Loading and Unloading of Vehicles.

6. The proposed use and development does not represent orderly planning and is not consistent with the objectives of Planning in Victoria.

Item 10.3 Discontinuance and Sale of Road between 17 and 19 Avalon Road Rowville (Melway Ref: 81 H2)

Property Management Coordinator, Angela Mitchell presented a report following the hearing of submissions by a Committee of Council regarding the proposed discontinuance and sale of road between 17 and 19 Avalon Road, Rowville. Council resolved to:

1. Proceed with the closure of the road reserve.
2. Direct that a notice of the road closure be published in the Victoria Government Gazette.
3. Authorise the sale of the road.
4. Write and advise submitters of Council's decision.
5. Authorise the Chief Executive Officer to sign and seal all necessary documentation associated with the sale of the .

Item 11.1 Works Report as at 11 September 2012

The Works Report shows projects on Council's Capital Works Program and indicates the status of each project as at 11 September 2012.

Stamford Park Redevelopment

The Planning Panel for Amendment C93 reconvened on 20 August 2012. Council now awaits its final report.

Corhanwarrabul Creek Trail (to Dandenong Creek) – Shared Path. Design works only. To be undertaken in consultation with Parks

Rowville Oval No. 1 - works are currently being tendered.

Liberty Avenue Reserve Master Plan Implementation

Stage 2 Scope of works for tender package in the process of being finalised for tendering in September/October 2012.

Stud Road, Rowville - Sunshine Street to Timbertop Drive – Footpath Awaiting contractor to complete road works and submit plan of Subdivision

Eildon Park Stormwater Harvesting - Stage 2 Currently adding UV filtration to irrigation system.

Avalon/Stamford/Stud Road Intersection Modification.

This project is to be undertaken after the Stud Park Structure Plan has been prepared.

Tirhatuan Drive (No 18) Rowville - Drainage Upgrade. Drainage analysis underway - including Melbourne Water main drain re-design

Wellington Road / Eastlink - Shared Path (1) Bridge Crossings

- Contractor for design & construction of two bridges has received approval from Melbourne Water with condition requirements which conflict with DSE. Seeking clarification and also awaiting improved weather conditions before commencing erection of bridges; (2) Shared Use Path - awaiting completion of bridge works to finish remainder of path.

Rowville Recreation Reserve No 1 – Renovation Works tendered for construction to commence by mid October

Straughan Close, Lysterfield

Works to address slippage issue well underway with earthworks completed. Commencement of gabion wall delayed due to adverse weather conditions.

Reservoir Crescent Rowville, Dam Repair design to be forwarded to consultant for final audit and check.

Cairn Curren Close, Rowville - Rehabilitation – Survey and pavement testing completed. Design due to commence early 2013.

486 Tali Karng, Rowville - Rehabilitation - Survey and pavement testing completed. Design due to commence early 2013.

487 Ranceby Close, Rowville - Rehabilitation - Survey works due to commence September 2012.

488 Camley Court, Rowville - Rehabilitation - Survey works due to commence September 2012.

Knox City Council Meeting minutes are available for viewing in full at the Council website, www.knox.vic.gov.au

Darren Arnott

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Life skills from world around us

So, your 13-year-old wants to have his or her own car by the time s/he is able to get a licence at age 18. You may be one of the fortunate ones to be able to run him/her to the dealership for that dream car if s/he turned 16 overnight.

Perhaps not now. But you may be among the fortunate to be able to start thinking about how you might start saving for that dream car for him/her.

Wait a minute. How about if you could get the kid to journey with you on that five-year plan, and instil valuable life skills along the way? Help get the kid to start saving!

And learn about financial literacy that will stand anyone in good stead for the rest of their life.

Or think about this scenario. Christmas is racing up headlong. Your household is "it" this year. The extended family is descending on you. Never mind the prep for



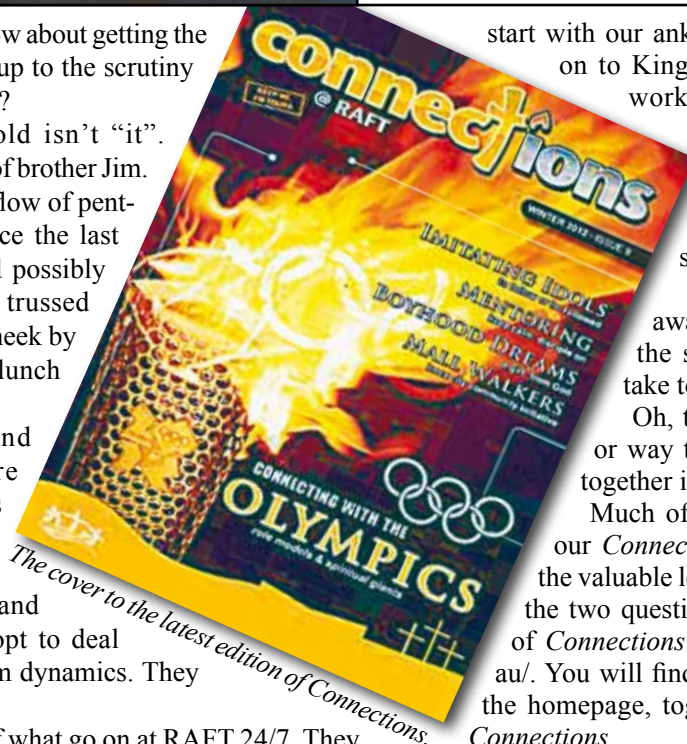
Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, RAFT Anglican Church, Rowville Baptist Church, Rowville Uniting Church, Salvation Army, St Simons Parish, Restore Community Church.

"the" lunch or dinner. How about getting the house in order to stand up to the scrutiny of that busybody cousin?

Okay, your household isn't "it". Fortunately it's the turn of brother Jim. But how about the overflow of pent-up emotions buried since the last Christmas, which could possibly surface with everyone trussed up against each other, cheek by jowl, over the barbie, lunch or dinner?

As with the car, and with Christmas, there is much households can learn from the public, commercial and services spheres, and strategies that they adopt to deal with individual and team dynamics. They all deal with life skills.

Life skills are much of what go on at RAFT 24/7. They



The cover to the latest edition of Connections.

start with our ankle biters at Little Fishes, and on to Kingfishers. They go on with the work that we do with schools in our neighbourhood. With the youth activities at RAFT and in the community, young adults, young families, and senior citizens at Wise Owls.

RAFT has won Knox Council awards and community grants for the sustainable approach that we take to our building and our living.

Oh, the answers to that dream car, or way to that blissful Christmas get-together in the season of peace?

Much of what we do is chronicled in our *Connections* magazine. Look out for the valuable lessons to life skills raised from the two questions above in the next edition of *Connections* at <http://www.raftchurch.org.au>. You will find it at the lower left corner of the homepage, together with all past issues of *Connections*.



Restore Community Church will be presenting their bi-annual Christmas Production on Saturday 15th December at Rowville Secondary College's Performing Arts Theatre. This is a free community event and everyone is welcome. This year will again see the traditional Christmas message presented live, with animals, by a group of the church's

seasoned and accomplished cast from previous years, along with some new comers. The pageant will be supported by a live band playing many of our favourite, and some newer Christmas Carols and solo performances. The evening will commence with a performance by a group of children from the church's Children's Ministry presenting a Christmas song in a contemporary and fun style. The production will also feature a number of kids in a variety of roles. There will be a free BBQ commencing at 4.30pm before the performance at 6.00pm. A petting zoo, face painting, jumping castle and other entertainment will keep children and adults entertained before the pageant, while an appearance by Santa will cap off the evening. There is no need to book tickets, just come along on the night. Watch out for newspaper advertisements and letter box drops commencing late November. The 500

seat theatre quickly fills at these events and there is ample on site parking available.

On Saturday 24th November at 6.00pm at Laser Drive, there will be a special service with guest speaker Dr. Rajan Thiagarajah for the entire family. He will also be speaking at our Sunday morning service (10.15am) at Rowville Secondary College and again at our 6.00pm service at Laser Drive the following day. There will be prayer for the sick at all services. Dr. Rajan is a well know conference speaker with a great gift of prophecy; come and let him speak into your life!

Want to come, but do not have transport! Restore Community Church has a commuter bus available to pick you up. Call the church office on 8736 9042 Tuesday to Friday between 10.00am and 5.00pm to make arrangements. More information from the church website www.restorecc.com.au



In our Church, we have a pulpit banner with the challenging words "Let us grow in the Holy Spirit". It is a constant reminder each week at worship, to expand our faith in every area of our life, to draw on the life of Christ in the Spirit to

be stronger in our personal faith and in our service in love to those around us and in the community at large.

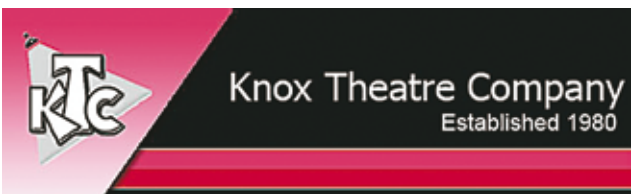
All are welcome to share with others in this challenge at our regular Sunday worship at 10am. On Sunday 11th November, our service will feature the activities of our Toddler Gym programme.

Last year's advent workshop went very well, so a further event will take place this year at our church. All primary school children are invited to take part in the workshop. It will be held on consecutive Wednesdays, 21st and 28th November and the 5th and 12th of December from 4pm to 5.15pm. It will

be a programme of crafts, plays and singing to welcome us all to become prepared for Christmas and the celebration of the birth of Jesus. The cost is \$3 per child or \$7 per family for each week.

Please contact Kerryn at the Church office on 9753 3495 for more information on all events and services at our Church. Details of prayer times can be found in "What's On Locally" on page 2. At this time our regular minister, Rev Trevor Bassett is back from long service leave and is available for those who seek his ministry.

Lindsay Gorfine



Knox Theatre Company, which has been providing quality theatre productions to the Knox Community for 32 years, is in grave danger of closing as we are unable to locate a new home. We are still alive and kicking, but time's quickly ticking by for us to find a new base. Our current base, located at LeJohn Street in Rowville, has been sold by the Council. Although supportive, Knox Council has been inundated with different groups requiring facilities, and as a result we will be without a home in December and will have to close our doors. Unfortunately due to being extremely busy trying to find a new home for KTC we will not be able to go ahead with our second production for the year, which was to be

held in October.

It was decided, after several emotional meetings, that if we cannot secure premises by early November, the Knox Theatre Company will have to fold.

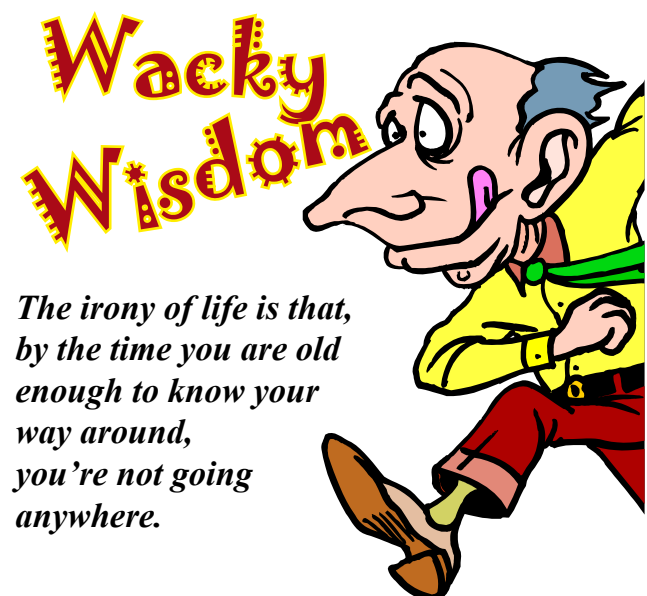
We are therefore asking for your help.

We have spent endless hours exploring all avenues to secure a space of 200 square meters (1,000 sq ft). All we need is an area that is waterproof and has basic amenities, including power, toilet and water. This area would be for storage of props, costumes and set building materials and would be used for rehearsals and set builds.

If you know of any site in the Knox area that may suit our requirements please email Jill Hiam at jhiam@netspace.net.au, or phone 9762 1901. We are desperate to hear from anyone that may be able to help.

Hopefully we can secure a new home and will be performing again in 2013.

Janna Wright



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Rosalind Montgomery

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