



# ROWVILLE-LYSTERFIELD

## COMMUNITY NEWS

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**Priceless**

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## EILDON PARK

• CRICKET CLUB •



IN 2013 WE CELEBRATE THE 25TH ANNIVERSARY OF EILDON PARK CRICKET CLUB.  
SINCE 1989 OUR CLUB HAS BEEN BUILDING A REPUTATION AS ONE OF THE MOST SUCCESSFUL  
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We invite our members, families and the broader public to participate in the festivities  
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Contact **Caroline Dietzel** on [caroline.dietzel@pacific.net.au](mailto:caroline.dietzel@pacific.net.au)

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## From the Editor's Desk

I wonder how many of our readers have noticed the steadily increasing occurrence of garden shrubs, bushes and trees encroaching onto footpaths, including the hazard of low branches

on trees which force people to duck or use the nature strip or in some cases the road. It is selfish and dangerous and in most cases idleness, that inconvenience walkers and the local 'postie'. It is the householder's responsibility to ensure that the footpath is not obstructed, so I urge all residents to have a look at the footpath outside their property (even if they are only renting) and get out the secateurs or hedgetrimmer and cut back offending growth.

Back in 1993 plans to extend the Stud Park Shopping Centre were approved by Council, increasing the leasable floor space by 9,000 sq.m and reducing the car parking ratio from 8 to 6 spaces per 100 sq.m. of floor space. Mitre 10 was built (now Sams), but the link from what is now Woolworths to the south

end of the centre never materialised.

With the benefit of hindsight and the current car parking volume perhaps it

was just as well. Then of course there was the ING plan to put parking underground and expand the shopping area at the South and North end, which didn't come to fruition after the property was sold to Lend Lease. Today the Centre needs to expand, as customers are going to other centres where the variety and competitiveness of stores is much greater. I dare say the current owners are well aware of the situation, but action is required sooner rather than later to curtail the drain. What do our readers think?

On a positive note, this issue of the RLCN is number 350, another landmark for our community newspaper. 1981 seems a long long time ago. Inside this month we welcome the Australian Air League and congratulate Jean and Keith Hardy on their 70<sup>th</sup> wedding anniversary, Eildon Park Cricket Club on their 25<sup>th</sup> birthday and all the recipients in the recent Victoria Day Awards.

David Gilbert

## What's On Locally August 2013



Sponsored by:  
Lions Club  
of Rowville

## DIRECTORY

**Apex Club** Meet on the 2nd & 4th Tuesdays each month. 7pm for 7.30pm rowvilleapex@gmail.com

**ACF Church** English services 10am (simultaneous kids R.O.C.K. programme) and 5.30pm Sunday. Indonesian 10am Sunday. Mandarin 1.30pm Sunday. Stompers Pre-School Playgroup 10am Wednesday (during school terms). All at ACFC 1070 Stud Rd. Rowville. www.acfchurch.com

### Australian Air League

Meet Wednesday 7.30 to 9.30pm at Salvation Army Hall, Kingsley Close. Freecall 1800 502 175 or visit the website: www.airleague.com.au

**Baptist Church** Services every Sunday 10am and Youths 7pm. 'Flying Solo' a Single Mums support group every Wednesday, details 9759 6642

Playgroups - Tue, Thur & Fri. mornings during school terms.

**Body, Mind & Spirit** All classes at old Lysterfield School, Yoga, Stretch, Dance, Meditation, **Fitness Centre** Pre-natal etc. Contact Donna Jordan on 9758 6636 or 0400 679 888

**CFA Juniors** Meet every Thursday 7pm.

**Cake Decorators Assn** Bi-monthly 2nd Sunday - 10am-3pm Feb, Apr, Jun, Aug, Oct, & Dec. Scout Hall, Turrumurra Drive Contact 9763 8646

### 1<sup>st</sup> Rowville Scouts:

**Joey Mob** (6-7.5 years) - every Thursday 6.00-7.00pm

**Cubs** (7.5-10.5 years) every Wednesday 7.00-8.30pm

**Scouts** (11-14 years) every Thursday 7.30-9.30pm

**Venturers** (14-17.5 years) every Friday 7.30-10.00pm Contact Terri 0418 567 923 atm.russell@gmail.com

**Fruitful Vine Church** Services every Sunday 10am.

**Girl Guides** Age groups 5-8 yrs, 8-11 yrs, 11-14 yrs, 14-18 yrs. Contact Jill Livingston, Eastern Region Manager 0409 583 847.

**Hillview Comm. Church** Services Sunday 10am. For details call 9763 7776

**Knox & District Over 50s** Meet 4th Tues each month at 1.30pm (except Jan & Dec) at Boronia Progress Hall.

**Knox Home Garden** Meet on 3<sup>rd</sup> Monday of each month at 8pm at U3A Parkhills Campus. May, June & July meetings on 3<sup>rd</sup> Saturday at 10am

**Knox Neighbourhood Watch** Meet 1<sup>st</sup> Tuesday each month 7.30pm at Knox Police Station 2<sup>nd</sup> Floor. L S/C Lee Thomson 9881 7948 www.knoxsafercommunity.org.au

**Life Activities Club** Regular Activities. Call Melva 9762 3764

**Lions Club** Meet 2<sup>nd</sup> & 4<sup>th</sup> Wed - 7pm for 7.30pm at Knox Tavern. Transport & meal available. Robert on 9752 2785

**Little Athletics** For training & event days: 9763 1404.

**Men's Shed (Stamford Park)** Meet at Stamford Park Homestead Tues, Thurs & Sat from 10.00am – 3.00pm. Barry Treadwell 0425 719 451 or www.stamfordparkshed.org.au

**Multiple Birth Assoc.** 2-3 yr old Playgroup Tuesdays & Thursdays 9.30am Michele 0407 837 973 Parents Coffee Morning - Fridays 10am Kaylene 0409 200 830

**Possums Playgroup** Mon.-Fri. 11.30-1.30 and 1.30-3.30. possumspg@hotmail.com

**Probus Club** (Knox Combined) Meet 1<sup>st</sup> Tues each month at the Stamford Hotel at 10am.

**Probus Club** (Knoxfield Ladies) Meet 4<sup>th</sup> Mon. of month at Waverley Golf Club 9.30am. Contact Jennifer: 9762 8181

**RAFT Anglican Church** Holy Communion 8.30am Family Worship with children's teaching time 10.30am Sunday. **Family History Group** meet 1<sup>st</sup> Wed. each month at 10am. Bev 9759 5455 **Mainly Music** every Wednesday 9.30am **New Vogue dance:** every Wed. 7.30pm. Contact Anthea or Arleen 9801 3509 **Craft for Christ** 2<sup>nd</sup> & 4<sup>th</sup> Tues each month at 7.30pm. **Playgroup** Tues & Thurs 10-11.30am. **Toddler Church** every second Friday 9.30am. Contact Jenny Coole 9764 2573

**Red Cross Rowville** Meet 3<sup>rd</sup> Wednesday of each month 10am. Contact Joan: 9764 4611

**Restore Comm. Church** Services 10.15am at Eastern Campus of Rowville Secondary College. Tamil service, Sunday 10.30am Laser Dr. Transport available. Phone: 8736 9042

**Ruby Gumnut Goddesses** (Red Hat Society) For all events contact Kerry: 9764 4717

**Rosella Rounds Dancing Club** Fridays at 6.30pm. We are the closest club and meet at the Uniting Church Hall, 333a Canterbury Rd Forest Hill. Contact Fiona 9802 5807

**Rotary Club** Every Tuesday at Baton Rouge at 7pm

**Rowville Seniors** Meet Wednesdays and Fridays 1pm to 3.30pm at Rowville Community Centre

**Salvation Army** Services every Sunday 10am followed by morning tea. **Shooting The Breeze** Jazz & Pop Group, Every Wednesday 7.30pm Maureen 9768 3896

**Sant Nirankari Mission** Congregation session every Sunday from 12noon to 2pm followed by an Indian community meal. Everyone is welcome.

**St Simon's Parish** Services Saturday 6.00pm.

Sunday 8am, 9.30am and 11.00am

Tuesday 7.30pm, Wednesday to Friday 9.15pm

**Stud Valley Ladies Golf Club** Thursday mornings at Tirhatuan Golf Club 9 & 18 hole competition.

Contact Nola 9700 3804 or Pam 0409 934 966

**Timbertop Golf Club** Saturday Ladies' Competition Tirhatuan Lakes Muriel: 0427 585 575

**Toastmasters** Meet 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Tuesday each month at 7.15pm for 7.30pm at RAFT Church, contact Qi: contact@rowvilletoastmasters.org.au

**Uniting Church** Services Sunday at 10am. Contact 9753 3495 **LINK** Thurs 10am. **Toddler Gym** Tues & Friday 9.30-10.30 & 11am - Noon (during School terms)

### Yoga for Kids

Fun classes to help primary students stretch and relax. Tuesdays 4.30pm Rowville Scout Hall Contact info@schooltimeyoga.com.au or 0468 471 102 www.schooltimeyoga.com.au

## August Events

### Yoga for Kids

**Pyjama Yoga For Kids** A one-off session Tues Aug 20th at Rowville Scout Hall & Thurs Aug 22nd at Knox Gardens Community Hall, both 4.30-5.30pm

# Calendar of Events August 2013

- 1-7 August **World Breastfeeding Week**  
www.who.int/mediacentre/events/world\_breastfeeding\_week
- 2 Aug **Jeans for Genes Day** www.jeansforgenes.org.au
- 3-10 Aug **OCD and Anxiety Disorders Week**  
www.arcvic.com.au
- 4-10 Aug **National Healthy Bones Week**  
www.healthybones.com.au
- 5-11 Aug **Homeless Persons Week**  
www.homelessnessaustralia.org.au
- 5-11 Aug **National Dental Health Week** ada.org.au
- 8 Aug **Eid al Fitr – Islam** (End of Ramadan)
- 9 Aug **World's Indigenous Peoples Day**  
www.un.org/en/events/indigenousday
- 10-18 Aug **National Science Week**  
www.scienceweek.net.au
- 12 Au **Cupcake Day (RSPCA)**  
www.rspcacupcakeday.com.au
- 12 Aug **International Youth Day**  
www.un.org/en/events/youthday
- 17-23 Aug **Children's Book Week**  
cbca.org.au/bookweek.htm
- 19 Aug **World Humanitarian Day**  
www.un.org/en/events/humanitarianday
- 19-25 Aug **Keep Australia Beautiful Week**  
kab.org.au/keep-australia-beautiful-week
- 23 Aug **Daffodil Day** www.daffodilday.com.au
- 25 Aug **Walk in the Park (Parkinsons Victoria)**  
www.parkinsonswalk.com.au/
- 25-31 Aug **Hearing Awareness Week**  
www.hearingawarenessweek.org.au
- 26 Aug -1 Sept **National Skills Week**  
www.nationalskillsweek.com.au
- 27 Aug- 2Sept **National Parkinson's Awareness Week**  
www.parkinsons.org.au
- 28 Aug **National Meals on Wheels Day**  
www.mealsonwheels.org.au/Home.aspx
- 31 Aug **International Overdose Awareness Day**  
www.overdoseday.com
- 1 September **Father's Day**
- 1-7 Sept **Legacy Week**  
www.legacy.com.au/LegacyWeek
- 1-7 Sept **National Asthma Awareness Week**  
www.asthmafoundation.org.au

**To add your club, organisation or association to the Directory or This Month's Events free listing, please contact the editor 9764 4703 or editor1@rlcnews.com.au**

**DEADLINES**  
**September 2013**  
**EDITORIAL & ADVERTISEMENTS**  
**Wednesday, 14 August**

**Articles, News or Letters to the Editor**  
**editor1@rlcnews.com.au**

Or drop off/post to RLC News, c/- Community Centre, Fulham Road, Rowville 3178.

**PHOTOS** – email separately – do not embed in documents.

**ADVERTISING:** advertise@rlcnews.com.au

**DISTRIBUTION**  
**Saturday, 31 August 2013**



## Victoria Day Awards 2013

Did you know that the Floral emblem for Victoria is the *Common Heath*? Did you also know that our Faunal Emblem is the *Leadbeater's Possum*? That our Bird Emblem is the *Helmeted Honeyeater*? And that our Aquatic Emblem for Victoria is the *Weedy Seadragon*?

Did you also know that an initiative of Nick Wakeling, our State Member for Ferntree Gully, is to acknowledge local residents for their service to community? Nick does this by holding Victoria Day Awards each year on the 1<sup>st</sup> of July, which is the date that Victoria was declared a separate colony from New South Wales in 1851. There were 32 people acknowledged for the work that they do in the community including **Darren St Ledger** from the Rotary Club of Rowville-Lysterfield; **Donald Horsburgh** from Waterford Valley Lakes Bowls Club; **Kathy Callaway** of Rowville Football Club; **Kevin Prior** of Rowville Hawks Junior Football Club; **Laurie Zuccarini** of 1<sup>st</sup> Rowville

Scout Group; **Lorna Keay** of Australian Air League-Rowville Squadron; **Simon Humphrey** of Lysterfield Sailing Club and finally **Graeme McEwin** who has been the treasurer for this newspaper since 2003 and a robust member of the community for many years.

I would like to acknowledge the on-going support of the Victoria Day Awards major sponsor, Bendigo Community Bank through their Fern Tree Gully and Rowville branches and congratulate all the award recipients especially our local ones.

*Rob James*



*Graeme McEwin receives his medal and certificate from Nick Wakeling, State Member for Ferntree Gully*

## Wacky Wisdom

**When everything's coming your way, you're on the wrong side of the road.**



**Welcome** – new distributors – Bronwyn Hawkins and Mrs Liza Collins.

**Thank You** – to retiring distributor Donna Tukukino (12 years) to distributors Evelyn & Alan Bishop and Janette Anderiessen for taking on extra distribution.

### Voluntary Positions

**Can You or Do You** know someone who can be a distributor in the following areas?

- \* Landsborough Ave (south side) from Kellbourne Drive to Oakdene Court, Bensam Close
- \* Oakdene Court, Maitland Close, Landsborough Ave (south side from Oakdene to Karoo), 4 in Karoo Rd. Please contact – *Ian Richards* – 9763 9260
- \* Rathgar Rd (odd #'s 1 to 37 & 67), Viewgrand Rise, Viewline Dve, Park Valley Way, Skyline Way, Amley Rise, Sunset Tce, Lords Ct – 100 papers
- \* Oaktree Rise (Major Cres to Pendelton Pl), Pineview, Redwood, Conifer Cts.

Please contact – *Peter Rumble* – 9752 7592

3 x **Area Contact Persons (ACP)** – who liaises between the distributors and the Distribution Co-ordinator.

1 **X Captain** – who counts out the papers and delivers them to the distributors.

1. (ACP only) – The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road

2. (ACP only) – This area is the Timbertop Dr and Seebeck Rd Estates.

3. (ACP and Captain) – The area bordered by – Napoleon Rd, Kelletts Rd, Rathgar Rd & Grange Dv

Please contact – *Peter Rumble* – 9752 7592

*Peter Rumble* - 9752 7592 - Distribution Co-ordinator

# Lions Club of Rowville



Just a month into our new Lions year and we are thrilled that we have already inducted three new members, with several others showing interest. We welcome Allan, Ash and Maggie to the club and look forward to working with them and getting to know them. No doubt they will bring some new ideas to the table, which always helps in keeping the club relevant and up to date with what is happening in the community. Without a steady influx of new people and ideas, service organisations can very easily become stagnant and less able to carry out the core functions they are set up to do.

With Spring and Summer rapidly approaching, the club is gearing up for what is traditionally our busiest time of the year. Whether it be helping Knox families in times of crisis, holding fundraising events, or taking part in social activities, there will be ample opportunity for members to experience some rewarding and enjoyable times. Being a Lion is about working to help those in need, but it is also about making friends and having fun.

Anyone who would like to obtain some information about the services we offer to the community, or what it entails to become a Lion, can call our President Harald on 0403 158 010 or our Secretary Julia on 0414 608 824.

Chris Carr



## Home alone

One of the benefits of living in a place with strong community connections is to have many opportunities to develop a network of people

whom you can trust. This is especially important if you live alone and feel vulnerable, perhaps because you are old, frail, or disabled.

We all need to know people we can trust. These might be relatives, friends, work mates, neighbours, support groups, programs at community houses. There are lots of places to go for advice or assistance, especially in an emergency.

Take the trouble to think about what you need. Have plans to ensure your safety. If you are afraid, face your fears and take steps that will enable you to live your everyday life without constant anxiety or fear.

The volunteer community newspapers in Knox are full of stories, information, websites and events that will help you to build up the network you need.

In a serious emergency phone 000 and ask for police, fire or ambulance. Report suspicious or threatening behaviour to your local police station.

For details of Knox Neighbourhood Watch and community safety information, go to [knoxsafercommunity.org.au](http://knoxsafercommunity.org.au)

Anne Boyd

Rowville Dry Cleaners
BROWN GOUGE
THE DRY CLEANING EXPERTS

**AT STUD PARK SHOPPING CENTRE**  
**Shop 48, Cnr Stud & Fulham Rds**  
**Rowville, next to LIQOURLAND**  
**THIS VOUCHER IS WORTH**

**Present this voucher to receive**  
**\$5.00 off the cost**  
**of any dry cleaning or laundering service\*.**  
\*Offer valid for minimum charge of \$25.00. 1 coupon applies per order. Expires 31<sup>st</sup> October 2013

# Stamford Park MEN'S SHED

The SPMS members undertook a small community project to assist in the fundraising for 'Radio Lollipop'. Radio Lollipop is an in-hospital children's radio station and play service. They are a registered charity run entirely by volunteers. Our part in the project was to create 'wishing wands', by drilling holes into 70 pieces of dowelling. The volunteers then decorated and transformed this into a wand for sale at their charity stall. A new radio lollipop service is being established at the Monash Children's Hospital in 2013.

The picture shows some of the finished products.

For more information contact Mirjana on 0418122964 or [www.radiolollipop.org](http://www.radiolollipop.org)

The members spent a day, with the help of Jims Mowing, laying new turf in front of the Stamford Park home-



Leanne Chisholm-Guy



## Australian Red Cross Rowville Unit

Our week at the Lions Opportunity Shop in Mount Waverley was a huge success. Although we don't yet have the official amount the Red Cross made, we are anticipating a figure of around \$1,000. All those who donated their time and effort during the week found the experience very rewarding.

Our AGM is scheduled for late July. There are options for changes within the local units, but we will continue to go on as we have done in recent years. The big problem for all voluntary organisations is how to attract younger volunteers and the Red Cross is no different. Memberships are aging and we need younger people to come forward and inject their enthusiasm and energy into the organisation. If you think you could help us to continue our life saving operations, or if you know someone else who could, please contact Joan on 9764 4611. We make all new members very welcome.

Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2.

Elly Baré



The Rowville Community Centre runs 3 year old Pre Kinder groups from Monday to Friday during school terms. These sessions are specifically designed to encourage imagination, creativity and social interaction in children. The program's structure incorporates sensory, gross and fine motor skills and gives special attention to

emotional and social maturity, by helping children separate from their primary caregiver.

We are currently taking applications for the 2014 Pre Kinder waiting list. To fill out an application form, please either contact us directly or submit a form online via the Knox City Council website.

To find out more about the Rowville Community Centre please contact 9763 7400 to request a brochure or log on to [www.knox.vic.gov.au/A-Z](http://www.knox.vic.gov.au/A-Z) listing

Patricia Massie

## Rowville Community Bank® Branch, part of Knox Community Bank® Group

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'Some say money is power, but I think people are powerful too.'



'It's powerful stuff knowing my banking is helping my community.'



Newly elected President and Ranges 36 Area Governor, Henk van den Bergen (right) with Peter Tuck (left), Toastmaster for the 400<sup>th</sup> Meeting.

## Rowville Toastmasters Celebrates its 400<sup>th</sup> Club Meeting and Announces its new Theme

Rowville Toastmasters celebrated its 400<sup>th</sup> Club Meeting in July having been part of the Rowville community for 17 years. Leona Jorgensen, Vice President Public Relations, said, "The 400<sup>th</sup> meeting is a milestone in the Club's history and is a tribute to the members who make Rowville Toastmasters one of the most innovative and enthusiastic Clubs in the area. With balloons, party bags and an exquisite supper, to equal the glamour and glitz of the new Great Gatsby movie, members and guests let their hair down for their 400<sup>th</sup> meeting

to create a fun party spirit around the theme of Celebrations.

Long time member, Peter Tuck, has cemented his role in the history of Rowville Toastmasters, having given his Icebreaker Speech at the Club's 200<sup>th</sup> meeting in August 2004 and being the Toastmaster for the 400<sup>th</sup> meeting on 9 July 2013. While Henk van den Bergen, who was an evaluator at the 200<sup>th</sup> meeting, presided over his first meeting as the new Rowville Toastmasters President at the 400<sup>th</sup> meeting in July.

The Rowville Toastmasters Club has more than 30 active members who have the chance to give impromptu speeches as well as longer prepared speeches. It's the passionate spirit of Rowville Toastmasters that contributes to the success of each meeting. There has been around 2400 Table Topics Questions to help refine our members speaking skills.

## New President and New Theme

The 400<sup>th</sup> meeting coincides with the election of a new President, Henk van den Bergen, who announced the new theme for 2013-14, as 'The Power of Passion', clearly demonstrated by the enthusiasm in which he has taken on his new role.

"As in all aspects in life, you never stop learning and everything you learn is a building block for the next stage in your life", President van den Bergen said. "I am excited about my new role and intend to perform it with excellence, passion and joy". Henk van den Bergen, is also the Toastmasters Ranges 36 Area Governor for 2013-14.

You can attend meetings of Rowville Toastmasters as a guest and join at any time. Details of meeting dates, times and venue can be found in "What's On Locally" on page 2.

Leona Jorgensen

## Is This True?

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of "Holding a Wake".

## Community NoticeBoard

Supported by Cr  
Nicole Seymour  
Knox City Council,  
Tirhatuan Ward



## Knox Council

### Knox initiates Seedlings project



*Seedlings*, a pilot led by Knox and funded by the State Government and partner local councils, offers opportunities for young children to become more aware of their natural environment and sustainable living.

Parliamentary Secretary for the Environment, Mr Brad Battin says, "The *Seedlings* program gives children a first-hand insight into nature at work and is designed to respond to the way children learn in their early years, through play, exploration and experience."

Knox Council Mayor Councillor Karin Orpen, says "We know how important waste, water and energy systems are, so it's really lovely to see a program that can excite our children and grandchildren about the importance of sustainability."

*Seedlings* is being piloted for 12 months from July 2013, in 60 early childhood services across the local government areas including Knox. Participating services include maternal and child health, playgroups, family day care, childcare, preschools and integrated services.

*Seedlings* is funded by the Victorian Government's Victorian Sustainability and Adaptation Partnership (formerly known as the Sustainability Accord).

For further information contact Knox Council at 9298 8000 or visit the website [www.knox.vic.gov.au](http://www.knox.vic.gov.au)



## Knox Community Newspapers

Recently six editors of volunteer-run community papers in Knox met for a lunch hosted by *Ferntree Gully News*. This was a first for Knox and we plan to continue occasional meetings.

Not everyone is aware that there are in Knox six volunteer community papers with a total circulation over 55,000 copies, around the same number as that of households in the municipality.

The papers are, in order of years of publication: *The Rowville-Lysterfield Community News* in existence for 31 years, *The Boronia-Basin Community News*, *The Foothills* (formerly *Upper Gully News*), *The Studfield-Wantirna Community News*, *Ferntree Gully News* and most recently, *The Bayswater Buzz*. All are community owned, three as independent incorporated bodies, two *The Foothills* and *Gully News* are published by community houses. *The Bayswater Buzz* is auspiced by a partnership of Knox Community Health and Interchange. All the papers are financed largely by advertising, often from small businesses who understand the importance of offering their services in a strong community.

The two oldest papers are published monthly, three are bi-monthly and *The Buzz* is quarterly. Each paper is produced and distributed by big teams of volunteers, many of whom put in long years of service.

Each paper, while quite individual in style and content, has as its vision and goal to strengthen and connect community in their locality. The Mayor of Knox, Karin Orpen said at a gathering of volunteers of *Gully News* earlier this year: 'These papers are like gold in our community.' The editors are hoping that by sharing their challenges and opportunities, their newspapers can continue to fulfil their role.

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**Ph: 9763 8828**



### Author and poet, Peter Bakowski presents:

at Rowville Library on Tuesday 6th August 2013 at 2pm. Peter has 30 years experience writing poetry, has won numerous prizes and believes that those attending this session will come away fired up, re-enthused about poetry, writing and words! Peter's books will be available for purchase on the day. All welcome. Free event! Please book by phoning 92941300 or online [www.yourlibrary.com.au](http://www.yourlibrary.com.au)

### Facebook Training Workshop for Beginners:

Create a Facebook account and start Facebooking! Bring your photo on a USB or camera (with lead). Basic computer skills and an email account are requisites (don't forget to bring the password!). The session will run from 2pm until approximately 3.30pm on Friday 9th August. BOOKINGS ESSENTIAL (limited to a small group, but those on the waiting list may be offered an alternate time) Free event Ph 9294 1300 or online [www.yourlibrary.com.au](http://www.yourlibrary.com.au)

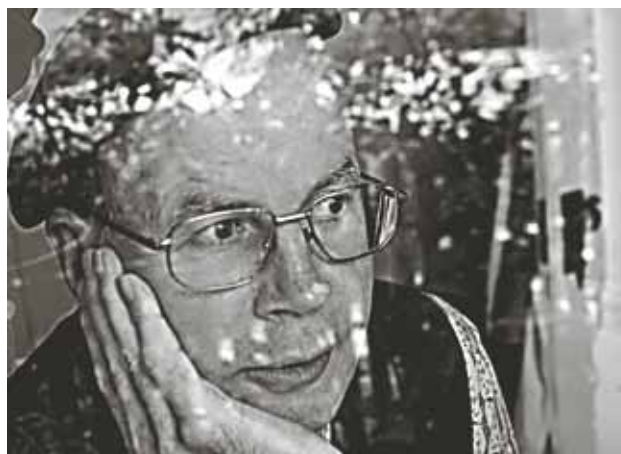
**Saturday opening times:** We are happy to announce that from Saturday 17th August the library will open at 9am instead of 10am. (Other times will remain the same). Hopefully this will benefit those who are out and about early on Saturdays! See you then!

**Mobile phone help:** Staff and friends from the Stud Park Telstra Shop will be available to assist you with any brand of phone or carrier on Thursday 1st August at 9.30am. Even if you have attended before you can come again for more help. All welcome. Bookings essential. Free event.

**Bookclubs:** There are three bookclubs running in the library which meet once per month. Our evening sessions have **vacancies** so if you are free on the second Thursday or the last Friday of the month at 7pm for about one hour or so, please come along. If you would like more information please ring Rose 92941300. Joining in July qualifies for a 50 % discount on the annual fee (calendar year is \$30, half year is \$15!)

**Computer Help Sessions:** On Tuesday and Wednesday mornings a tutor is available from 10am to assist people to use the computers. Tutors are able to help with Internet, iPads, tablets, Email, Facebook, Word, and Excel, everyone is welcome. The sessions are **free**. Do you need help to set margins, attachments for emails, access online services, etc? This is for you!

**Beginner's Internet and Basic Email training sessions are now on offer:** Rowville Library is running these sessions on a regular basis, classes are small (maximum of 3), run for 2 hours and the cost is just \$15 (concession \$12.50). **Beginner's Internet** is held on the 1st Thursday of the month at 10am and **Basic Email** is held on the 3rd Thursday of the month at 10am. Ability to use the mouse and keyboard is essential. For those who would like a one-



Peter Bakowski

on-one 2 hour session, a session time can be negotiated for \$40. If you already have the basics but need help please refer to the Computer Help Sessions section above. For more information, or to make a booking, call 92941300.

**Kids on Wednesdays:** Bring along the children to our craft session on **Wednesdays at 4pm** during school terms. This group is specifically for primary school aged children and involves a variety of activities. It's meant to be fun and it's free! See you Wednesday!

**Chinese Friendship Group:** This group meets at the library on **Thursdays at 10.30am**. If you know of anyone from a Chinese speaking background, who would be able to attend the sessions, please let them know about it. Some weeks the groups just meet and chat, some learn English, often guest speakers attend to provide information in Chinese about services which are available, health topics and more. The sessions are free and there is no need to book.

**Saturday Storytimes:** A special family storytime will be held every Saturday morning at 10.30am during school terms. Come along with friends and family to join the children for this one hour session! We appreciate that not everyone can attend the storytimes during the week, so this is another opportunity which may suit. Everyone is welcome. This is a free event. No bookings required.

**Rowville Writers' Group:** Meet at Rowville Library on the fourth Tuesday of the month to share their work and support each other in their endeavours. All welcome. Free event. No bookings required. Next meeting will be on Tuesday 27th August at 1pm.

**Family History Help:** If you are interested in your family history and don't know where to start, or if you are on the road to discovery but needing a little help along the way, you can come to the Rowville Library for some **FREE** one-on-one assistance, but first please telephone 92941300

for an appointment time to ensure staff availability. Ask for Charles!

**Afternoon Bookchat!** Have you ever read a fantastic book and wanted to tell someone about it? Join our group of avid readers for a relaxed discussion of what you are reading and what you think about your latest favourite book. It's a great session to get ideas about what you might like to read next and is open to everyone. Held on the 1st Monday of the month at 2pm our next meeting will be on Monday 5th August at Rowville Library. Free event. Bookings not required.

**Bedtime Storytime** is held on the first Friday of the month at 7pm. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the children in their pyjamas but not usually the parents!) Our next Bedtime Storytime is at 7pm on Friday 2nd August. All Welcome.

**Home Library Services:** If you have difficulty coming to the library to borrow materials, or if you know someone else with difficulties, please contact the library to arrange for a home delivery service. Library staff will select some items after a discussion to ascertain your tastes, and volunteers will make monthly deliveries. For further information please ask to speak to Rose or Raelene on 9294 1300.

**Tiny Tots storytime:** Come and enjoy our special storytime designed for babies aged 0-12mths on Wednesdays at 2pm. Relax, enjoy the stories and meet new friends.

**List of regular storytimes held during school terms: Bookings are not required.**

**Monday 10.30am** Toddlers storytime (age 1 - 3)

**Tuesday 10.30am** Preschool storytime (age 3+)

**Wednesday 10.30am** Toddlers storytime (age 1 - 3) and 2pm Tiny Tots storytime (age 0 - 12 months)

**Saturday 10.30am** during school terms

**Bedtime storytime** is on first Friday of the month at 7pm

**Are you a member of the Rowville Community Library?**

If not, join now. Joining is easier than you think....all you need to join is a driver's licence with your current address (or similar ID). Joining is free. Borrowing is free.

Normal opening hours for Rowville library are Mondays, Tuesdays and Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 10-4 and Sundays 1-4.

Details about the library service are available from our website at [www.erl.vic.gov.au](http://www.erl.vic.gov.au), and you can even join on-line.

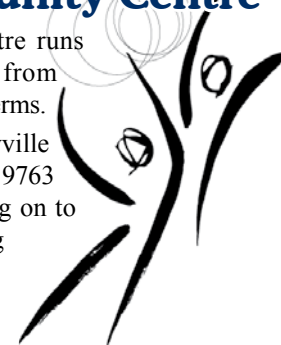
Rose Thompson Manager - Rowville Community Library 9294 1300

## Rowville Community Centre

The Rowville Community Centre runs 3 year old Pre Kinder groups from Monday to Friday during school terms.

To find out more about the Rowville Community Centre please contact 9763 7400 to request a brochure or log on to [www.knox.vic.gov.au/A-Z](http://www.knox.vic.gov.au/A-Z) listing

Patricia Massie



## Looking for Year 7 in 2015?

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# Wellington Village Shopping Centre

## First National Real Estate

Wellington Village Shopping Centre is a local community centre in the truest form, with Vincent and Sandra at the helm of your local real estate agent.

The agency was first established in 2004 as N.R. Reid & Co right here in the Wellington Village Shopping Centre. With the growth of the business came a need to be a part of a larger network and in 2010 it was rebranded to First National Rowville.

Owned and operated by husband and wife team, Vincent and Sandra Haupt, both of whom are fully Licensed Estate Agents. The business has steadily grown and gained momentum within the community and surrounding areas.

One of the key attributes of their business was that many of their past and current clients enjoy is the fact that First

National Rowville is the only family owned and operated real estate agency in Rowville.

Not only are Vincent and Sandra active within the Sales and

Rental departments of the business, they have been joined by their two daughters. Brooke, who is a fully qualified Agents Representative, is heavily involved in their New Business Development Program and works closely with Vincent in achieving successful integration for new Rental properties and Landlords. Bridgitte is the face of the business, running reception, meeting and greeting clients in the office and on the phones.

Vincent said "We see our business as the best of both worlds, not only do you get the peace of mind of doing business with the backing of a company as large as the First National Group but you also get the personalised service of dealing with a family owned business"



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## Knox & District Over 50s Club

With winter in full swing it is tempting to hibernate and stay at home in the warmth. However, to do this would be to miss out on the delights of the various events organized by the Knox Over 50s during the winter months. So make the effort and come and join us, where you can be assured of a warm welcome as you sample the happy and inclusive atmosphere, while you enjoy the entertainment and social events planned for the year.

In August we plan visits to the Monet Exhibition, a theatre outing to see Hot Shoe Shuffle and a Cancer Research Fashion Show as well as all of our regular activities. These

include coffee mornings at Myer Knox City, lunches at various venues around Knox, book clubs, Morning Melody mornings and much more. Our 6 day bus tour holiday in September, staying at Mannum in South Australia, is fully booked and there is now a waiting list for that event.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input from all our members.

At our monthly meetings we are entertained, amused and informed about things that matter to us. Make a note in your diary, or on your calendar, or on your iPhone and come along to our meeting on **Tuesday, 27 August 2013**, to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers.

Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. Contact Jill on 9801 4363 for any further information. We look forward to seeing you there.

Jim McLoughlin



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Sandra Haupt	General Manager	0438 150 155
Michelle Bolton	Sales	0408 339 717
Nathan Guner	Sales	0413 612 044
Nicola Parreira	Sales	0432 473 563
Annette Hagen	Sales	0402 186 581
Daniella Korosa	Rentals	0432 435 513
Brooke Haupt	Rentals	0402 817 573
Bridgitte Haupt	Reception	9755 6666



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U3A Knox programs continue in Term 3 at Rowville, and at time of writing there are plenty of vacancies in both Tuesday and Thursday classes at RAFT.

On Tuesdays we have the folk music group at 10am and at 11am Philosophy and Religion in the Western Cultural tradition.

On Thursdays at 10.30 there is, Church History in Australia and at 1pm the Gardening Class. These are just a few of the 130+ classes we have every week at Parkhills or Rowville or other centres. Full information is on our website [www.u3aknox.com.au](http://www.u3aknox.com.au) under Classes. Membership for term 3 is \$20 (half year sub).

Meanwhile we are hard at work preparing for our **Annual Art Show**, which this year is sponsored by both Bendigo Bank (providing a \$1000 prize for the Art Section) and F.T.G. Toyota, (providing again, the \$1000 prize for Craft). There will be 8 categories



*Ross Gaird*

including Photography. The Bill Batt Memorial Prize for Landscape (any media) will again be donated by the Knox Environment Society, and several other sponsors are already on board for the 2 day show, to be held on 12th and 13th October. Our judges this year will be Farimah Eshraghi, a well known artist and Nan Kelly. Photography will be judged this year by Barbara Oehring.

We are hoping that the people from 98.1FM will again be there on the Sunday, with their broadcast van. There will be the usual stalls (bargain books,

craft and garden items), Devonshire teas, People's choice award and the Annual Raffle (special surprise prize this year). The Mayor of Knox Cr. Orpen will open the show which is a



*Ross, one on a 1973 souvenir booklet, with him riding atop the royal coach*

special part of Seniors Week in Knox. As mentioned last month, our speaker at the end of term luncheon for term 2, was Ross Gaird, who for 10 years was on the staff of the Royal Household and at one stage was valet to the Duke of Edinburgh. Initially, one of his tasks was walking the royal dogs and he worked in all the royal residences as well as the royal yacht Britannia. He brought some souvenir books and booklets, which the audience found fascinating. He and his wife

have returned to England a few times and met his former employers again. After the luncheon members were able to have an unofficial valuation of their "antiques", as a fund raiser for the organisation, with former tutor Malvina Donohue assessing the items.

Inquiries about classes to [office@u3aknox.com.au](mailto:office@u3aknox.com.au) or phone 9752 2737

*Kath Brown*



## Rowville Squadron Is Rebuilding

Young Girls and Boys of the Rowville area, it's time to fly high.

The Australian Air League is looking forward to the rebuilding of the Rowville Squadron and returning it to its former glory. People say that they haven't heard very much about the Australian Air League, so even just making the community aware that we exist is a bit of a challenge. The Australian Air League and all of its' Squadrons across Victoria are run by volunteers and we encourage adults to join and become leaders and enjoy the same experiences.

It's important to embrace this opportunity to provide a high

quality youth organisation, which is steeped in history, for the boys and girls in the Rowville area aged between 8 and 18.

As a community based youth group, we seek to introduce young people to the exciting world of aviation.

At our weekly parades, members can take part in a variety of courses designed to give them a firm understanding of all areas of aviation, from theory of flight to navigation, meteorology, aircraft engines and model making. We also go on camps, swimming and athletics carnivals and better still, make new friends.

Drill (marching) also forms a core part of our program, with members training to eventually compete against other Victorian Squadrons at our Annual Group Review. Dedicated members may even find themselves leading their Squadron in these competitions.

The Australian Air League teaches kids discipline and respect in a fun, structured and educational manner. It

develops people's life skills, including self-esteem, self-confidence and social interaction. Once a cadet turns 15 years of age and is in the Air Activities Club, they can apply for training to get their Pilots License, which is organized through our Air Activities Officer, Gp. Executive Comr. Adrienne Fleming at Tristar Aviation in Moorabbin.

The Australian Air League is also known as the "Primary School of Aviation" where they are "Training tomorrow's Pilots today".

If you think the Australian Air League sounds like fun and might be for you! Come and join us.

The Squadron parade nights is every Wednesday evening from 7.30pm – 9.30pm at the Salvation Army Hall, 16 – 18 Kingsley Close, Rowville

For more information about the Rowville Squadron, call 1800 502 175 or visit the website: [www.airleague.com.au](http://www.airleague.com.au)

*Lorna Keay, Wing Captain, Officer Commanding Nolan Wing*

## 2013 Community Grants Presentation Night

On the evening of 3<sup>rd</sup> June, Bank directors, managers and staff joined about sixty locals at the Peace and Loyalty Lodge in Ferntree Gully for the Annual Community Grants Presentation evening.

This year, 17 local community groups and charities received grants totaling over \$35,000. Hurtle Lupton, Chairman of the bank presented over-size cheques to each recipient and called on them to briefly explain their group and how the grant will be utilized.

One of the grants went to the Knox Historical Society, whose aim is to preserve, conserve and promote history, particularly the history of Knox and the former shires of Berwick and Ferntree Gully. They received a grant of \$1250 to digitize their historical archival records. We all owe them a debt of gratitude for the work these volunteers do to preserve our local history.

U3A (University of the Third Age) Knox received a grant of \$1000 to provide the first prize for their 17<sup>th</sup> annual Art and Craft Show and Exhibition that will be held in October.

It was a very inspirational evening with much discussion after the ceremony between the attendees. It is always great to witness what locals are doing in and around their community, often with little or no recognition for their deeds. As well as



*"Worthy recipients of 2013 Knox Community Bank® Group grants"*

monetary funding, two more defibrillators were provided for local venues. The Ferntree Gully Football Club received one and also the Peace and Loyalty Lodge. Both venues have many users and the defibrillators will be an excellent asset to these organisations in case of emergency.

This is another example of your local Community Bank® giving back to the local community. 42% of the grants went to local not for profit organisations to help with their work, 35% to local charities, 13% for defibrillators and 10% to local sporting clubs.

At the beginning of July, the bank was pleased to launch their new look website. Check it out at [www.ftgcommunity.com.au](http://www.ftgcommunity.com.au). This new website will keep you up to date with what your bank is doing in your local community. If you are a local business or organisation in the community that banks with the Community Bank®, you may be eligible to be linked in the Community Partner section of the website. If you are interested in this, contact the Community Liaison Officer at [janine.d.shepherd@gmail.com](mailto:janine.d.shepherd@gmail.com) for further information

*Janine Shepherd*



## Combined Probud Club of Knox

The mid-year lunch is held every year in July at the Stamford Hotel.

This year's one was enjoyed by many members who had a delicious 3 course meal.

The July outing for the Combined Probud Club of Knox Inc. was to the Burrenja Gallery in Upwey. A number of members went to see Peter Elfes' wonderful Kati Thanda Desert photographic exhibition. This multimedia exhibition is a journey through time into the ancient world

of Australia's desert interior – particularly around the Lake Eyre area. Photographs were taken predominantly from the air and looked for all the world like modern art paintings. After viewing the exhibition members had a very nice lunch in the gallery café. Those who were unable to come missed an excellent event.

Some of the members have put their names down to do a tour to Brunei and Borneo in October. This should prove to be very interesting.

*Maureen Lucas*

*Photo: Some members at the Exhibition*



## Times Remembered at Rowville Primary School Bureaucrats and Bungles

I knew the next year, 1985, was not going to start well.

We had submitted our prediction of school population and therefore staffing and accommodation needs in November and the Education Department had disagreed with our prediction of rising pupil numbers, their answer being that Rowville's numbers would decline.

As a warning of things to come, I had a call from security in early January telling me there had been forty-six windows smashed at the school by marauding vandals, so the clean-up and repairs had to be carried out before the holidays ended.

A fortnight before school was to begin, I started to ring Staffing Branch to try to convince them of the accuracy of my figures, but I met with only an engaged signal every time I rang. I phoned many times daily with the same result, so that, when we started school, we were three teachers short and classes had to be held in the General Purpose room and at the end of the corridor.

The task of phoning Staffing was passed to Jeanette, our

school secretary, with no better result than mine. It is a mighty coincidence to have phoned so many times and the phones to be engaged every time. By the third day we had reached crisis point, so at ten o'clock I departed for Rialto Towers, the central location of the bureaucracy of the Education Department.

On arrival, I identified myself and my purpose. I was told to wait, and at 3.30 pm. I was ushered in to the bureaucratic presence where, contrary to what could be expected, I remained calm and collected and outlined my case, after which I was given the soft shoe shuffle by the departmental representative. At the end of this, I pointed out to him that, should we have no satisfactory result by the end of the following week, the next phone numbers I would ring would be the daily newspapers, and they would be given full details of the case and access to take photographs.

We were phoned the following Monday to be assured that three additional teachers would be at the school by Friday,



*Plenty of Room For More Portables and a Game of Baseball in the Grounds*

and so it was, though the required portables were much later in coming. Rowville went on to become at one time the largest primary school in the state, with over eight hundred students.

*Ron Pickett*

## Rowville Fire Brigade Kitchen Fire Safety



42% of fires in the home occur in the kitchen. Over the cooler months of the year, the likelihood of fire increases by 15-20%. Together we can help to reduce this and keep our community safer.

Here are some simple tips to help reduce the risks:

Install a fire blanket and fire extinguisher properly and within easy reach of your cooktop in the kitchen and know how to use them. Both should be on the wall, not in a drawer.

Most of us know the importance of keeping our cooktops clean and free of any build-up caused by overflowing pots, however something that is often overlooked is the range hood that just about every house now has. Over the years there are layers of oil that are sucked into these range hoods every time we cook and unless they are removed regularly, can be a fire waiting to happen with an errant spark from the cooktop.

For those with gas cooktops or ovens, it is just as important to make sure they are serviced regularly, especially if you are



On the 14th June we had an "Entertainment Day" at the club. Firstly, comedian Don Jones entertained us with his jokes and quick wit. Later, Alan Buckley took over with his lovely songs from yesteryear, with many people joining in. A great day was had by all.

Our Annual General Meeting will be held on the 9th August. Membership is nearing 150, but new members are

seeing an orange flame, as this means you may be releasing dangerous and toxic gases into your home.

If you would like more tips or information on how to use a fire blanket safely, please contact Rowville Fire Brigade via email on [communitysafety@rowvillecfa.com](mailto:communitysafety@rowvillecfa.com), or call the station during business hours on 97644414 to arrange a time.  
*Joyce Hollingsworth*



always welcome. For enquiries, contact Anne Berg on 0404 007 174 or 9873 0226, or Margaret Smith on 9755 7542.

*Anne Berg*

## Red Hat Society

The Ruby Gumnut Goddesses are a Red Hat Chapter based in Rowville but that doesn't mean that everything we do happens in this particular suburb. We like to travel around and see new places and do new things. In February six of us attended a Red Hat Convention in Mornington. Ladies travelled from all over Australia and one lady from Devon in England. The weather was perfect and a lot of fun and laughter was had by all as we dressed up in our Abba costumes for a night of singing and dancing. In April a group of us took a ferry from the city to Williamstown. On the way we met up with lots of lovely people and had a great day shopping and of course, having lunch.

Some of our more adventurous members have been to Hobart and to Norfolk Island to attend Red Hat Gatherings. We don't spend all of our time going to conventions and gatherings but it is great to meet up with old friends and to make new friends. Red Hatters like to get together in multi-chapter events on a regular basis. The Ruby Gumnut Goddesses held a clothes swap party recently to which two other chapters were invited. Everyone went home with new



items of red hat clothing and accessories. Red Hatters love a bargain!

Some of the other places we have visited this year include Arkoona Market in Berwick and Lady Lavender's Tea Rooms in Bunyip. Later in the year we are off to Warburton to the Patchwork Teahouse, to Essendon DFO and to Bendigo just to name a few places of interest. In our travels we have the opportunity to meet many people, have fun, get out and try new things and most important of all, enjoy ourselves.

If you would like to know more about the Ruby Gumnut Goddesses please ring Kerry on 97644717.

*Kerry Eustace*

## Wellington Care Centre Counselling Services

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## Big Changes Are Afoot!!!

We now need to elect a new President, as our current President Rhonda, who has filled the position for 4 years, (wow), is stepping down. Also some committee members will retire making space for others to move in and share their ideas.

Before this, it is all aboard again, to travel by train to Geelong for the Scarf Festival at the Geelong Wool Store. This'll be good.

Being August, kitted out with gloves, hats and scarves, the garden group will stay local and visit "Maples on Canterbury", a plant nursery in Kilsyth, where we can enjoy a great range of beautiful things, gifts and pots for the garden and possibly make a few purchases. Then, after a warming



cuppa, it's back home to our cosy abodes.

**New!!** Please make contact if you are interested in a daytime card group, as a member has offered to take on this responsibility. A photography group is also planned for next

year. We have so many keen people in this club and we are always seeking new interests. Plenty of support is available to help in organising new activities.

This month, the Wheelers Hill Hotel is the meeting point for our lunch group. Mmmm!

Our two Conveners are planning our September 'Weekend Getaway' in Eildon. Caravanners, Cabiners, Tenters(?), are most welcome and our single members can organise to share cabins and join in on the fun.

The Friday walkers will be visiting the famous landmark: Schwerkolt Cottage and Museum.

**Annual General Meeting** will be on August 26<sup>th</sup> at 7:30pm at the Boronia Senior Citizens Hall. After elections, representatives from Odyssey Travel will show us what is on offer.

The current newsletter is available and we will be happy to post one to you. Or contact us on [www.life.org.au](http://www.life.org.au) or call Melva on 9762 3764 or Helen on 9729 1151

Melva Bauer



## Rowville Neighbourhood Learning Centre

Introducing New Tutors joining the Team

**Chandell Clancy** Tutor for the new Employment Preparation course

Chandell Clancy has an extensive background in Human Resources and Recruitment spending a number of years employed as a Permanent Placement Specialist for one of the world's largest recruitment agencies. She has also worked as a Human Resources Manager



for over five years during which time she interviewed and employed staff around Australia and New Zealand. Over her career Chandell has had experience in recruiting for all types of roles from factory floor, trades, sales, admin and finance all the way through to state management positions. Chandell is now looking forward to sharing some of her knowledge of the employment sector with her participants in Rowville's new Employment Preparation course.

**Betha Woods** Tutor for Basic Introduction to Computers

Betha



comes to RNLC with more than 20 years' experience working in large corporations, where she has developed capabilities in business management and administration. Her spirited personality and desire to see students involved in their own development, guarantees each session is enjoyable, diversified and informative. Her goal is to make learning an experience to remember.

**Julia Tasker** Tutor for Short Course in Officer Administration

Julia has a strong background in a wide range of Customer Service and administrative roles with over twenty-five years' experience. Having worked as a trainer for a large retail organization, she has written and implemented programs across multiple disciplines and with qualifications in Education, Community Development and Professional Writing; she is passionate about the opportunities learning provides.



## Tales from the Rowville Writers

### More Than One Solution

"NO," Amy heard her mother say for the third time, and she knew that was it.

"And what's more," her mother added, in time with the rhythmic thumping of her fists on the bread dough, "If you say one more word you can forget about Saturday's footy."

Amy felt the hot tears starting to sting her eyeballs and dribble down her cheeks. She flung one soaking wet tissue into the rubbish bin and ripped a fresh one from the box. What's the use? How would she tell her friends? They had bought their tickets to the pop concert weeks ago. Every day they asked, "Have you got yours yet?"

"I'll think of something," Amy told herself. "Poor Mum! I guess I'm being mean."

Another wet tissue sailed towards the bin - and missed. "That'd be right," she thought to herself and shrugged as she slid off the bed and went out to the kitchen. A little shame-faced, she went over to her mother and slipped her arms around her waist.

"Sorry, Mum. I understand. I'll shut up about it now."

Amy knew things had been hard for her mother since Dad had gone. If she had heard her mother say once, she had heard

it a thousand times. "My purse isn't a bottomless pit, you know." But she didn't say it this time, she just choked a little as she mumbled, handing Amy the bread pan, "Its okay love. Put this in the oven. You'd better get on with your practice."

Getting the drums out and setting them up, Amy tried to dismiss the whole thing from her mind. She was part of a small group from school that had formed themselves into a band, and she was on the drums. Dad had bought the set for her before he left. She loved them. She could always lose herself in the rhythmic sound and beat, whether she needed to drown out sad thoughts or not. Her mother had spent almost the last of her savings on a gadget for the drums that allowed Amy to hear the sound she was making, but neighbours and others were spared the noise. "Noise!" she thought. "Not noise. Exciting sound."

At school, next day, she was trying to concentrate on writing her in-class essay. At the same time, she was wondering what excuse she could give to her friends for not going with them to the pop concert.

The crackle of the school's loudspeaker system interrupted her thoughts. The members of her unofficial band were being summoned to the Principal's office. Amy looked around for the other band members in her classroom. All the students had lifted their heads from their papers, their eyes silently questioning. "What have you been up to? Something good, or trouble?"

David, Justin, Jody and Tim got up from their desks and joined Amy in the corridor. Their faces reflecting neither

concern nor happy expectation; simply curiosity - a big question mark sat on every face.

"Come in." The Principal's command answered their knock. "Pull over some chairs and sit down. I want to introduce you to Mr and Mrs Bentleigh. They'll explain why they are here."

The questions on the student's faces remained. Were these people Ben Bentleigh's parents? Ben often hung around when they were practicing. They knew he was graduating at the end of the school year; a month away now. Having got the introductions over with, Mr Bentleigh began his explanation.

"You probably know our son Ben? He's told us a lot about you. In fact, he asked if we would have you play at his graduation party. We wanted to hear you play first, but he assures us you're as good as any band playing in the pubs; better than a lot." He paused, looking around at the faces; each still wearing a question mark.

"I would pay you," Mr Bentleigh hurriedly assured them. "What fee would you be asking?"

The group looked around at each other, questions still on their faces.

"I see you need to discuss it amongst yourselves; my offer would be around \$250 for the whole group. I'll arrange for transport. Talk it over with your parents. You'll need their permission in writing. Here's my card. Could you give me your answer by the weekend?"

"\$50 each," thought Amy. "More than enough for a ticket to the pop concert - and a little left for Mum." She smiled. "Dad always said there's more than one way to solve a problem."

By Barbara Scott

# Achievers Page

Sponsored by Alan Tudge MP  
Federal Member for Aston



## Keith & Jean Hardy

### 70 Years Of Wedded Bliss For Peppertree Couple

There has to be a secret to being happily married for 70 years doesn't there, but not as far as Jean and Keith Hardy are concerned. "Get lots of fresh air and exercise is a start" they said, "but being happy, getting on with and enjoying each other's company and keeping busy" has been our recipe. Keith Hardy was the youngest of 8 siblings (4 brothers and 3 sisters) when he was born in 1919 in Preston. His father worked for the railways, which resulted in the family moving around quite a bit, including time in East Gippsland, Box Hill, Yannathan (Gippsland again) and Benalla. He started his schooling in Box Hill before completing his studies in Yannathan. It was no surprise when he went to work at the Spencer Street railway yards in 1936, as an apprentice lamp maker.

Jean MacDonald Scott was born in Hawthorn in 1921 and was the eldest of four (2 brothers and a sister) children. Her father was a butcher in Mont Albert and the family grew up in Surrey Hills. After completing her schooling, Jean went to Metropolitan Business College, where she learnt shorthand and typing. On graduation she gained employment in the Victorian Titles Office, searching through mountains of paperwork to find the necessary records.

"We first met at the Victoria Hall in Carlton, where there was a regular 50/50 dance (half old time and half modern)", said Jean, "With an entry fee of 2/-" added Keith.. With the Second World War showing no signs of ending, the couple married in 1943 at the Presbyterian Church in Kew and honeymooned

in the Grampians. "We were able to take advantage of special fares on the train of course!" said Keith. Their first house was in Rose Street, Surrey Hills, then they lived above a grocers store in Mont Albert for 6 years, before buying a block of land for £60 and building their first house in Heathmont. Keith took two years to build the fibro house that he saw in a Hardie design magazine and the family lived there for 24 years. Keith realised that making and maintaining gas lights in trains had no future and as he had worked alongside sheet metalworkers and plumbers at the railway yards at Spotswood, he went to night school and learnt his trade as a plumber.

Jenny and Grant, their two children, attended Tintern Girls School and Trinity College. They followed similar career paths, Jenny as an SEC home service advisor and Grant working in catering and hotel management. Jean and Keith have 5 grandchildren and 2 great grandchildren.

In 1945 Keith started his own business and struggled to begin with, as money was tight everywhere and chasing money for jobs that had been done was a part of life. He went on to employ 12 people at one time before retiring in 1986. They purchased a holiday house in Blairgowrie, which the family enjoyed as much as possible despite the sometimes unsociable hours attached to being 'a plumber on call'. Keith also recalled "I bought one of the first Holden Utes and had to wait twelve months for delivery".

Keith belonged to a Drum & Fife band in his youth, where he played the flute, which, "I lost on the train" he recalled. Whilst at Spotswood, he was a member of their Mouth Organ band. Jean, like many girls, enjoyed ballet and dance and was accomplished enough to appear on a number of City stages. Together they belonged to the 1812 Theatre Company but it was their membership at the Ringwood Athletics Club, where Jean was their first Secretary, that opened up the world to them. They were at the forefront of organising tickets for the 1972 Munich Olympics for members and from then until the Commonwealth Games in 1990, they went to every Olympic and Commonwealth Games. As a result they have visited Russia twice, Scandinavia, UK, Canada, Alaska,



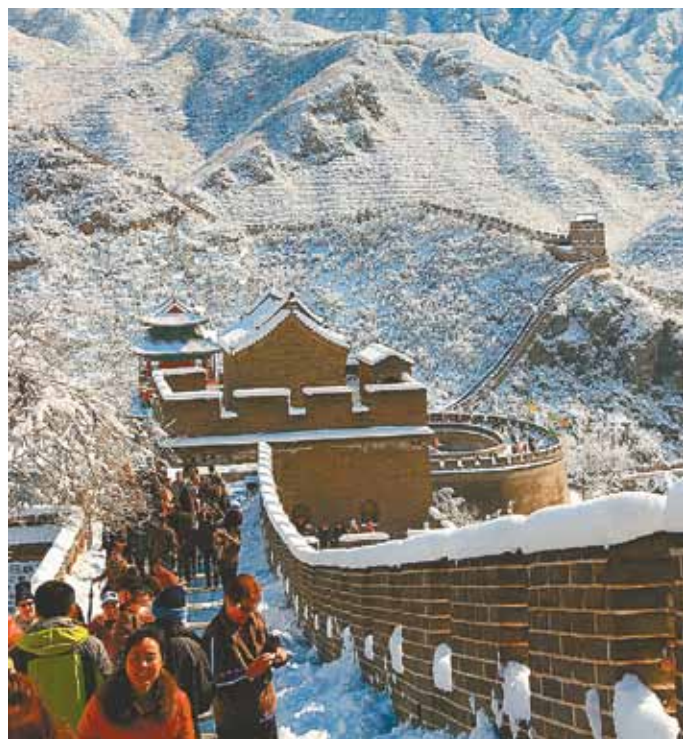
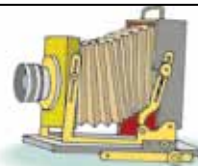
China and Japan.

"We have met many, many wonderful people in our lives, none more so than the families that were members of the Heathmont Advancement League, who together built the local kindergarten".

They moved to Kew and then Croydon before coming to Peppertree Hill in 1996 where their garden is a testament to their love of gardening. Jean and Keith are absolutely marvellous for their age and a couple with a more positive outlook on life would be hard to find. Congratulations from everyone at the RLCN and may you celebrate many more happy years together.

David Gilbert

## Paul's Photography Patter



*The Great Wall of China with people to add interest and scale*

One of the highlights during holidays is taking photographs of well known scenes that most friends instantly recognise. Particularly if you are lucky to visit places where the scene is world famous.

I was fortunate to recently tour China and naturally the Great Wall of China was on the itinerary. It had snowed overnight and the Wall and surrounding countryside and trees were stunningly beautiful, covered in snow in brilliant sunshine, with no polluted air as the snowfall had cleared it.

As usual, I moved around the hillside to get shots of the Wall from as many different angles as possible to show it in all its glory, before the rising sun melted the snow. However as I viewed each photo I felt they were all rather "sterile" with just the classic stone work and countryside. Something was missing.

Then it occurred to me, that while the Wall itself is incredibly impressive, when actually seen in reality winding its way over the mountains, this same grandeur is difficult to convey in a photograph. By itself, the structure did not seem to hold enough focus and interest to show its massive size. I decided to take the rest of my photos to include people enjoying the experience of being on the Wall and they would also add to conveying the scale of the structure.

The attached photograph hopefully illustrates the point.

*Happy snapping, Paul Lucas.*

**HINT:** When photographing iconic well known scenes don't just focus on the view which looks great when being photographed, but is not as impressive in the final photograph. Think about including people or objects that add scale, a point of focus and interest.

## Did You Know?

Babies are born without kneecaps. They don't appear until the child reaches 2 to 6 years of age.

**Are you interested in supporting your community to be a better place for people with disabilities?**



## Leading Change for people with disabilities and carers

Hosted by Knox City Council, the Leading Change – Systemic Advocacy course supports participants to develop their understanding of advocacy principles and strategies for change, providing skills for planning and leading successful systemic advocacy campaigns.

**When:** Four consecutive Fridays: 27 September, 4, 11, 18 October

**Time:** 10.30am–2:30pm \*Please note participants must be available to attend all sessions.

**Where:** Knox City Council – Civic Centre  
511 Burwood Hwy, Wantirna South 3152 (Melway Ref: 64 A12)

Transport can be arranged on request. Lunch is provided. Please advise of any dietary requirements.

**Places are limited to Knox residents and registration is essential.**



**For more information contact:**  
**Peter Johnston – Metro Access Officer**  
**T: 9298 8819**

**E: peter.johnston@knox.vic.gov.au**  
**Applications close Friday 6 September 2013**



# Eastern Raptors



## Recruiting additional players!

The growth of the local rugby league club, based in Boronia, has been astonishing over the past two years, with a significant increase in players and supporters. However, we are continuing the search for players to join our U10s and U14s teams.

The U10s have begun to grow and work as a team supporting each other both on and off the field. If you would like to be a part of a winning and welcoming young team, the boys and girls along with their coach are inviting you to come down and visit their training session!

The young men from our U14's side and their coaches are looking for new players to enjoy the growing success of their team. The U14s have become an eager and welcoming team showcasing many great skills such as team work, enthusiasm and their growing knowledge of the game.

If your child is getting restless around your home and would like to be outside making new friends and being a part of a team the Eastern Raptors Rugby League Club may be the answer you are looking for. Come down to our training sessions on Monday and Wednesday nights at 5:30pm at Colchester Reserve to see what our club is about.

For further information on how to become involved in our U10s and U14s teams contact our registrar Kirsty 0422 394 339 or email us at [raptors2011@live.com](mailto:raptors2011@live.com) Alternatively visit us at [www.easternraptors.com.au](http://www.easternraptors.com.au) or like us on Facebook.

*Tahnee Collins*



## St Simons Community Football Club

This season has been a very successful one for St Simons, after fielding seven sides in competitive age groups we look like having at least five sides playing finals. The U12's and U13's are currently on top of their ladders after Round 13, our U15's are 2<sup>nd</sup> and our U14 and U17 white team are currently



## Lysterfield Junior Football Club



With one round left to play in the 2013 home and away season, this year has been a great year for the Lysterfield Wolves Junior Football Club. Our under 14s are third on the ladder and are all set to play finals.

The under 13s are 3 games clear on top of the ladder and are eagerly awaiting the finals.

The under 12s are 6<sup>th</sup> on the ladder.

The under 11s are 2<sup>nd</sup> on the ladder which will see them amongst the finals action as well.

The under 8, 9 & 10s have all had a great season and are continuing to develop their skills each week.

With three of our teams set to make the finals the club is looking forward to an exciting August!!



placed 4<sup>th</sup> on their ladders. Our U8's, U9's and U10's have all had an enjoyable year and look forward to returning to the Knights in 2014.

A number of our U 12's reached their 50 game milestone this season, congratulations to James Buck, Byron Browne, Kobe Barlow, Kade Harris, Lachlan Fitt, Cailyn Theodore, Joel Sweetten, Jarryd Lynch, Dylan Mastos, Riley Williams, Blake Muccitelli, and Jordan Patterson.

The club has seen a number of improvements in 2013 with

## SPORTING ROUNDUP



Sporting Roundup is sponsored by Kim Wells MP, State Member for Scoresby and Minister for Police and Emergency Services.

We have several players who have recently reached their 50 game milestones. They are:

Jake Whitchurch; Jake Phipps; Ben Milkeraitis; Thomas McKerral; Edward Jones; and Josh Saliba.

Congratulations boys on achieving 50 games. May you all enjoy many more memorable games with the Wolves.

Our younger players were recently involved in a Footy Clinic run by the EFL in conjunction with Channel 9 which saw them showing off their skills to the likes of Billy Brownless, Nathan Brown and Garry Lyon. All the boys involved had a great time!

We also had our Auskick boys showing their talent at Etihad stadium at a recent half time Grid Game. Ben C, Bradley C, Brody R, Denver C, Dylan V, Ethan S, Fletcher L, Hayden S, Joshua L, Lachlan B, Noah S and Stephen L all enjoyed this fantastic experience of playing on the big stage!

The club now has a presence on Facebook so if you would like to follow us, please search for "Lysterfield Wolves Junior Football Club" and like us!

Any enquiries may be directed to the President Mr. Steve Ketzer on 0498 141 850.

*Tanya Carroll*

the installation of new coaches' boxes at Stud Park Reserve, a new kitchen and an electronic scoreboard, with lots more to come in 2014.

**With 2013 season coming to a close St Simons Community Football Club is now inviting coaching applications for the 2014 season. Positions that need to be filled range from Under 8's to Under 15's inclusive. Applications should be in writing to "Football Operations" PO Box 2236 Rowville 3178 or email [admin@stsimonsknights.org.au](mailto:admin@stsimonsknights.org.au)**

If you have any questions about the positions or other aspects of the Club please contact Brett on 0408 826 135. Applications for all positions close on Monday August 26<sup>th</sup> 2013

St Simons is also looking for a Major Jumper sponsor in 2014. If you are interested in finding out more about sponsoring our club please contact the club at the above email address and phone number.

Come and join us at St Simons in 2014 for all your football fun.

*Kate Harris*

## Swimland Swim Club



The last month has been a busy time for the swimmers from Swimland Swim Club. Athletes have been involved in a number of activities outside their regular training schedule. An intra-club triathlon was held over the Queen's birthday long weekend. Members came together to swim, bike and run against each other. The swim leg made use of the Noble Park Aquatic Centre, followed by the bike and run legs along one of the bike paths alongside Eastlink. Although it was a bit chilly for those parents acting as marshals, a great time was had by all.

A couple of weeks later, another challenge was thrown out, to come and complete the 1000 steps at Ferntree Gully



National Park. Some decided to run the course, others completed it twice and a few brave parents also took up the challenge. Everyone enjoyed the breakfast of eggs, bacon and sausages that parents cooked up to keep warm, while waiting for the return of hungry mouths!

*Photo: Ready for the Challenge*

*Swimland Club at the Kokoda Memorial Walking Track ("1000 Steps") in Upper Ferntree Gully.*

During the last few weeks, Saturday morning training has given senior swimmers the opportunity to hone their own skills by being involved in the coaching of junior swimmers, overseen by Head Coach, Peter Howes.

So belonging to a swim club is not just all about swimming. There are opportunities to be involved in a range of activities to promote a strong sense of community and being part of a club. But of course we all love to swim and strive to improve our performances every time we enter the water.

For general enquiries or further information contact Jodie Browne on 0427 774 727 E: [Jodie\\_browne@yahoo.com.au](mailto:Jodie_browne@yahoo.com.au)

*Jodie Browne*

# Little Athletics

## Cross Country

Cross country is in the business end of the season with Regional Championships over and Centre and State Championships running around the time that this paper is produced and delivered. See the next edition for news of how local youngsters fared.

Numbers were a little down for races held over the school holidays but faithful and committed non holiday makers turned up to participate. Well done to our young guns Ryan McLeod and Codi Shanley who competed in the Under 6s, and Joel Stapleton and Tyler Ryan who finished first and second in the boys U8 1km event that day. Big sisters Zoe and Brielle Shanley, who are part of a family new to the club, have been reaping the benefits of a sport where siblings can be out at one activity at the same time.

### Calling New Members for the Upcoming Track and Field Season.

If you've celebrated your 5<sup>th</sup> birthday but haven't had your 16<sup>th</sup> by October 1<sup>st</sup>. this year, you're the right age to join Little Athletics. It's a value-for- money sport providing a whole Saturday morning of fun, friendship and fitness. Athletes participate in a range of running, jumping, throwing, walking and hurdling events just like the ones you see at the Olympics!

You don't have to be fast, fit or competitive to join, but you're still welcome if you are! Little Aths caters for everyone, including children with a disability.

Relays are a terrific way to be part of a Little Aths team and relay training and competitions are available to all athletes from 8 years. The Eastern Region offers two coaching camps each year, one for U10 & 11 athletes and the other for the older age groups.



Various Open Days and Championships are available to those who wish to test their performances in a more competitive environment.

The Rowville and Rowville Lakes Clubs are both part of the wider Knox Centre, which caters for children throughout the municipality. Involvement of adult and parent volunteers creates a great sense of community and provides the opportunity for grown-ups and older siblings to learn new skills, in a supportive well-organised environment.

Athletes may choose which club to join, but it is recommended that children attending Karoo, Park Ridge and Lysterfield Primaries link up with Rowville Lakes (Contact Nick on 9764 066) and those at Rowville, Heany Park and St Simons connect to Rowville (Contact Steve 0409 231 380). Secondary students and those from other schools can take their pick! Registration and Try Out days are coming up in September so now is the time to make contact if you'd like more details.

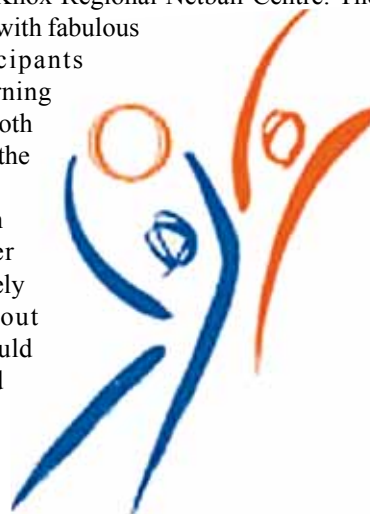
Because of the wonderful Knox Little Aths volunteer photographers, including locals Lorelle Stevenson and Claire Lillie, you may have the chance to appear in this paper if you join up!

*Rosemary Merrigan*

*Editor's Note:- What more encouragement do you need than your photograph in our community newspaper?*

The Clinic will take place on Tuesday 24<sup>th</sup> & Wednesday 25<sup>th</sup> September at the Knox Regional Netball Centre. The cost is \$100 and along with fabulous coaching, all participants receive a t-shirt, morning tea, lunch and drinks both days and a show bag at the end of the clinic. This Clinic has been running for a number of years and is extremely popular and books out quickly so if you would like to enrol your child or find out more log on to [www.knoxnetball.com.au](http://www.knoxnetball.com.au)

*Rosalind Montgomery*



*Come join us and pick up your Eildon Park junior cap & shirt.*

## Eildon Park Cricket Club

Eildon Park Cricket Club held a very successful Registration Day on 27<sup>th</sup> July. It was great to see our members returning, signing up and looking forward to another big season. We are still open for registrations and welcome new members and their families, whether you are a junior, senior or veteran player. Please contact Caroline Dietzel on [caroline.dietzel@pacific.net.au](mailto:caroline.dietzel@pacific.net.au) for all enquiries. You can also check out our website [www.eildonpark.vic.cricket.com.au](http://www.eildonpark.vic.cricket.com.au)

New junior players receive a playing shirt and cap included with their registration and junior pre-season training will be held indoors at Saxon Sports on Saturdays during September. As mentioned last month we celebrate our 25<sup>th</sup> birthday this coming season – a wonderful evening in November is being planned along with many other social functions including our annual shopping tour just for starters. Watch out in the next edition of the RLCN for details of our season launch and birthday celebrations.

*Tricia Pollard, Secretary*




*Starlight Reserve, Rowville - 20 July 2013. Official launch of the discovery walk. A lot of local fun despite the rain!*

## Knox Regional Netball Centre

### September School Holiday Netball Clinic

The Knox Regional Netball Centre is conducting its annual School Holiday Clinic in the September school holidays. On day 1 the players will be coached by Ex Vixens players, current Australian Netball League coaches and 'A' grade umpires. On day 2, the players will be placed into teams to put their newly acquired skills into practice with a tournament day.



## Rowville Group Fitness

### Pilates

**Book Now for Term 3**

Pilates is a relaxing yet challenging mind and body class that can ease back pain, strengthen back and core abdominals and provide great toning and improved posture.


The class includes Pilates matwork and strength and toning with the fitball. Improve your flexibility and mobility with this quality workout.

Bookings are essential.

**Wednesday 9.15am**  
**Wednesday 6.15 pm**

**Rowville Group Fitness**  
**at the Rowville Community Centre**

**Enquiries to Lisa on 0407 873 271**  
**or go to: [www.rowvillegroupfitness.com.au](http://www.rowvillegroupfitness.com.au)**



Find us on Facebook

Like us at [facebook.com/RowvilleGroupFitness](https://www.facebook.com/RowvilleGroupFitness)



*Sebastian on the digger during our outdoor construction*

Our playground is amazing! We now have a beautiful outdoor space for the children to play in thanks to Knox Council's Community Grant and fantastic planning and direction support of Kris from KD Landscapes.

Our three and four year olds love playing outside in our huge sandpit that fits our entire group of children, as well as the large physical play area for them to climb, slide, jump, ball play and so much more. We will be having a fun day of planting local trees and grasses in the space during July, when any of our Rowville-Lysterfield neighbours are welcome to join us!

Places are now available for a Thursday afternoon session 1.00-3.00pm starting July (Term 3). 2014 enrolments are also open.

Rowville Playgroup and Activity Group is located on the corner Stud and Police Roads, Rowville Phone 0498 613 600 Email rowvilleactivitygroup@gmail.com

## Alan Tudge Writes



## Progress on Wellington Village Post Office

I am pleased to report that progress is being made on getting additional postal services at Wellington Village.

Local residents and traders have been voicing their desire for a Wellington Village post office for some time. They make a clear case. The nearest post office, Stud Park, is often very busy. Lysterfield and the east side of Rowville have been growing rapidly in population in recent years and Wellington Village itself is now a substantial destination in its own right.

Over the last 18 months, I have been negotiating with Senior Executives at Australia Post to see if we can achieve this community objective.

The issue is not straightforward, as existing licence agreements at other postal outlets impact on developments elsewhere including at Wellington Village. Moreover, with the decline of mail sent, Australia Post is under pressure to reduce its retail footprint, not expand it.

However, we believe that we have made a breakthrough. We have been negotiating with Australia Post to partner with Bendigo Bank. The plan is for the Australia Post

## Liberty Avenue Three Year Old Kindergarten



We are the staff at Liberty Avenue Three Year Old Kindergarten; Mandy Shaw (pictured left) has been the assistant at the kindergarten for 19 years and Debbie McNamara (pictured right) has been the teacher at the kindergarten for 17 years. After working together for the past 17 years, we have seen many of the children in our local community pass

through the doors of the kindergarten. It is great that we are a part of an educational hub where we can stay in touch with families as they move from one service to another, often getting feedback from the local community about the achievements and experiences of our previous students.

We have also had the pleasure over the past few years of some of our former students returning to do their Year 10 work experience at the Centre and this is when we realise we have been at the same Centre for a significant period of time. We both have adult children ourselves now but still get great pleasure as we see the children grow, learn and develop throughout their time at the kindergarten.

We would like to thank the parents and families, past and present, who have been a part of the kindergarten throughout the years, for their tireless efforts and ongoing support, enabling us to offer a program that we both feel very passionate about.

At Liberty Avenue Three Year Old Kindergarten, we are a not-for-profit, community owned and run group and have been a part of the Rowville community since 1995. We currently offer two groups, each with a maximum of 20 children in attendance. We still have a few vacancies in one of our groups for 2013 and are currently taking enrolments for future years. For enrolment information, please contact our enrolment secretary Kylie on 9752 9981.

*Penny Drago*

## Nick Wakeling Column



*Nick with club President, David McKay.*

## St Simons Community Football Club Cook up a Storm

Nick was pleased to recently view the newly upgraded kitchen facilities at the home ground of St Simons Community Football Club in Rowville.

With the recent completion of their club kitchen facility upgrade, which was made possible as part of \$30,000 in funding from the State Coalition Government, St Simons Community Football Club can now cook up a storm. Nick was pleased to see the new kitchen in full swing at a recent home game.

'This upgrade will now enable the club to provide a wider variety and also larger quantities of hot food for their club members and visitors. Already the club has seen an increase in canteen sales so this will definitely assist the club with raising funds into the future,' Nick said.

The \$30,000 in funding enabled the club to install new deep fryers, a new commercial exhaust system, hot servery, renewing of existing cupboards and bench tops plus an upgrade to their cricket pitch.

presence to sit alongside the Bendigo Bank presence and collectively offer close to the full suite of services that other Australia Postal outlets offer.

There is still work to be done to iron out the details, but at the time of writing, it is looking very promising.

If we can achieve this arrangement, it will be an Australian first – right here in Rowville – and possibly a model that could be replicated elsewhere.

This is an exciting development that I hope we can get across the line. I will keep you posted – no pun intended!

ADVERTISEMENT

# Alan TUDGE MP

Federal Member for Aston

Real Action for Knox

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Authorised by Alan Tudge MP, Federal Member for Aston, 420 Burwood Hwy, Wantirna South.

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## 1983

Local artist, **Anthony Phillips**, donated the RLCN an original oil painting of bushwalkers in the foothills. Where are you today Anthony? The Rowville Pre-School farewelled stalwart **Gail Harvey**, who was off on a sailing venture with her family. How was it and how long were you away? After a 'romantic association' with Rowville formed in 1973 whilst doing a town planning course, **Alan Mathews** was welcomed as the new Uniting Church minister. The **Heany Park Area Progress Association** was formed with Roy D'Andrea as President and the **Friends Of Lysterfield Lake Park** under the guidance of Ken Mylius, were seeking volunteers. Are both these groups defunct?

## 1988

The **Delmatics** played at a 50's & 60's dance at the Polish Club. Were you there, or maybe in the band? The **RLCN** became an incorporated association, electing David Hodges as President, Moira McCafferty as Secretary and Carol Belcourt as Treasurer. Are you all still enjoying the paper? Council decided to sell the site on the south east corner of Fulham and Stud Roads to **McDonalds Properties** for \$1.5million, provided 3 fast food/drive-in restaurants received planning permits and that a Stud Park Shopping



## Local History

Sponsored by Nick Wakeling MP,  
State Member for Ferntree Gully

Centre pole sign was erected. Council also approved a 'flagged school crossing' in Simon Avenue adjacent to Rowville Primary School access gate.

## 1993

The proposed extensions to **Stud Park Shopping Centre** were approved by council, increasing the leasable floor space by 9,000 sq.m and reducing the car parking ratio from 8 to 6 spaces per 100 sq.m. The "**Synchronettes**" roller skating team that contained 3 local girls, **Sarah Cartwright, Kimberley Humble and Emma Lawrence**, won the Australian Junior Precision Skating title in Perth. Which of you can recall that day for us? The **Stamford Hotel Pool Club** were poised to win the Eastern District Pool League having won 17 out of 18 games with only 2 to play. Were you part of that team and does the Club still exist? **St Simon's Primary School** welcomed the opening of their new adventure playground.

## 1998

Long time editor **Bryan Power** announced he was moving to Gisborne after thirty years association with the paper, so the search for a replacement was on. **Rob James** wrote his fiftieth and last "**Cop This**" column and no-one from the Police has stepped up since to keep our readers informed. **Jonathon Tong** finished in the top 5% Victorian VCE students and received a \$2,000 prize to assist with his commerce and law degree studies at Melbourne University. Where are you today Jonathon? **Eildon Park Cricket Club** were preparing

to celebrate their 10<sup>th</sup> anniversary, whilst **Rowville Tennis Club** celebrated a very successful season with 17 out of 20 teams making the finals. Stage 3 of the RSC Eastern Campus building programme was completed which gave it a capacity of 1,000 students in permanent buildings.

## 2003

Due to the redevelopment of the Rowville Community Centre, Council announced there would be no **Stringybark Festival** this year. Lysterfield resident, **Mathew Gray**, won a gold and two bronze medals at the Australian All-Schools Swimming Championships. He hoped to go on to Olympic trials in the future. Did you Mathew? Hon Helen Buckingham MLC, the Mayor and Councillors plus a representative from Tennis Victoria, officially opened the **Eildon Park Tennis Club's** three new courts. **Harald Pries** retired from the Lysterfield Sailing Club committee after seven years' service as President, leaving behind him a list of significant improvements to the Club. What are you up to today Harald? **Heany Park Primary School** opened six new classrooms, a large undercover area and a spacious corridor that would act as a gallery for student's art.

## 2008

**Nick Wakeling and his wife Levili** welcomed the arrival of their third child, Grace, a sister for Thomas and Emily. **Rowville Community Centre** held a Grand Opening for their '**Coffee Zone**' which was to be conducted every Friday fortnight. Is it still going? **Rowville CFA** inaugurated a new operational structure to reflect our 'rural country' aspect. Rowville Secondary College added a **netball programme** as part of their Sports Academy. Rowville Primary School farewelled their longest serving teacher, **Sue Addison**. Sue had been a teacher for more than 37 years and 28 of those were spent at RPS. How are you enjoying retirement Sue?

## Monet's Garden at Park Ridge Primary School

We are fortunate at Park Ridge to have the services of an outstanding Visual Arts teacher in Mr Craig Hall. A typical Art lesson with Mr Hall involves more than drawing, painting, printing, constructing and sculpting. As well as

learning to apply paint using everything except a brush, or using plaster to turn an old shoe into a motor car, or an insect or creature of some description, students also are introduced to aspects of art history, from caveman to Salvador Dali, the old masters to Pablo Picasso.

To interest students in the latest exhibition at the National Gallery of Victoria, Craig's latest venture has been to introduce students to the work of Claude Monet. Students heard about the life of Monet and how his sight disability

affected his later work. They also studied his techniques and were then given the opportunity to produce a Monet style piece of work using a broad range of media and techniques. Year 4 undertook to create Monet's lily pond. Their combined efforts became a popular and acclaimed supplementary display to our 'Wall Of Excellence' that is situated in our Wentworth Building. The efforts of other students who dabbled in "Impressionism" are to be found in the school foyer.

Craig's enthusiasm for his subject is best summed up by the quotation openly displayed on the Art Room window, "**EARTH**" without art is just "**EH**". *Graeme Lloyd*

### BOYD Academy of Dance

## Welcomes New Students...

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Monet's Lilies on the Wall Of Excellence.

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## Rowville Group Fitness

# Boxing Bootcamp

## Avoid Winter Weight Gain

Stay active through these cold winter months and you'll be in great shape when summer comes back! This high energy ladies-only class is great fun and will give you great results too. If you want the fat burning and strength benefits of a boxing class - you'll get them here! You'll also combine that with the power of high intensity intervals, amazing bodyweight exercises and the result is a killer workout! You'll laugh a lot, sweat a lot and gain some serious fitness with this class! Burn fat and work out your winter blues! Beginners are welcome and this session is suitable for all levels of fitness. No memberships necessary and there's NO need to book.

**Wednesday 7.30pm - \$13**

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Find us on **Facebook** LIKE 'ROWVILLE GROUP FITNESS' & GET YOUR FIRST SESSION FREE!

**Enquiries to Lisa on 0407 873 271 or go to: [www.rowvillegroupfitness.com.au](http://www.rowvillegroupfitness.com.au)**

# Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rowville Sports Medicine  
96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville  
Physiotherapy 9763 9233 Sports Medicine 9763 3944



## Understanding Dry Needling



Dry Needling is a form of treatment which has increased in popularity with Myotherapists and Physiotherapists in the past 5-10 years. It is a technique whereby the use of a fine solid needle (acupuncture needle) is inserted into the skin and/or muscle tissue to allow a twitch response and/or increase of blood flow to the area which therefore decreases Trigger Points, or more commonly known as “knots” in the muscle tissue.

The difference between Dry Needling and Acupuncture is simply that Dry Needling is much more specific in its selection and search for Trigger Points relevant to the client's dysfunction or condition, as interpreted by an extensive assessment and diagnostic protocols. Acupuncture on the other hand is based on the principles of Traditional Chinese Medicine (TCM), including stimulating the movement or flow of Chi through a selection of local and distal points found on acupuncture meridians. Chinese medicine believes that pain or poor function of the body occurs when Chi is blocked.

Dry Needling has been found to extensively treat conditions (in conjunction with massage, taping, exercises/stretches and advice/education) including headaches/migraines, stiff&painful necks, TMJ dysfunction, Chronic overuse syndromes- tendonitis, RSI, tennis/golfer's elbow, carpal tunnel, acute/chronic back pain, 'sciatica', knee, leg & foot pain, shin splints, patella tracking dysfunction, runner's knee, ankle sprains and postural issues causing increased pressure on associated soft tissue structures.

*Sheridan Misuno (Myotherapist)*

## Headache

Headaches are one of the most common complaints in health. They are frequently related to and can be referred from muscle, nerve or joint

dysfunction in the neck and shoulders. It is these headaches, called cervicogenic headaches, that can be most successfully treated and prevented by physiotherapists. There are many other different headache types, such as migraines, tension-type, and cluster headaches, which may have a neck dysfunction component, which can be assessed and also treated effectively by a physiotherapist.

Headaches can cause a variety of symptoms. These range from sharp and severe, affecting a small portion of the head, to a constant dull ache throughout the entire head. They are often accompanied by tension in the neck and shoulders, pressure in the head or eyes and possible other symptoms such as nausea and light sensitivity. Headaches can be present for hours, for days, or even weeks.

Physiotherapy treatment of your specific headache will follow after a detailed assessment of the dysfunction found in the joints, muscles and neural structures (of not only your neck and head but maybe even your shoulders and spine, as these can contribute as well!).

Your individualised treatment plan might involve a combination of postural and sleeping advice, mobilisation, strengthening of the muscles, ergonomic assessment, soft tissue massage, dry needling, stress and tension management. It may also include education on how to improve your condition and self-manage yourself so it does not occur again.

*Raymond Quach Physiotherapist*



## Stress Part 2



Hopefully you have been practicing your red traffic light to stop those out of control thoughts and you are feeling much more empowered. So the next step is to come to a yoga class and really learn to gain control forever. No, nothing is stopping you but you. Yes, you can do it. I know it is hard to try something different, but the only way to combat stress is to actually start something positive.

You are the most important person and you have to take responsibility for yourself. You owe it to yourself to leave the anxiety, fear and negative self-defeating thoughts behind. Pick up the phone and give it a try. Your first class is free, so what have you got to lose? Just your stress I think. Look, I could talk to you all day about ways of combatting stress, but seriously, the best way is to take action.

There are three types of people in the world and only one gets better. There are the medication takers, they never get better. There are the ones who live in therapy and courses, they never get better and then there are the ones who get out there and help themselves. They are the ones who get better.

There has never been a time in history when we have been so well educated in health and well-being, so with all these classes at your fingertips, take action, as Nike says “Just Do It”.

We are located at 1430 Wellington Rd Lysterfield Ph 9758-6636 Mob 0400679888

*Donna Jordan*

## Chiro-Practicals

**Dr Frank Whelan**

### Movement Essential for Brain Development.

Childhood developmental delay and behavioural problems are a serious issue within our community, with 10.9% of Rowville and 6% of Lysterfield first graders rated by the Australian Government's Early Development Index as “developmentally vulnerable”.

Developmental delay is a complex problem as the child is unable to communicate any issues, so it relies on those in close contact to identify where the child's progress may not adhere to the developmental milestones specified for various ages, across the areas of movement, language, memory and socialisation.

It had been thought that areas of the brain that controlled cognitive function (thinking), were separate from areas that controlled motor function (movement). New research is now confirming that the cerebellum, a part of the brain that was just thought to be involved in fine tuning movement, is now being recognized to be just as important in establishing cognitive and emotional behaviours.

What puts this into context even more is that the size of our ancestors' brains increased from less than 500cc over six million years ago to our current size of 1400cc due to our progression to walking upright. This requires greater input from receptors, mostly located within our spinal muscles, to communicate with the motor control centre within our brain to defy the effects of gravity. It was this increased size and capacity that then allowed for our cognitive development.

What started changing about 60 years ago with the widespread introduction of motor vehicles and television, has now become more firmly entrenched in the last 20 years with computer usage and the internet. We have stopped moving to the degree that we need to and it is now impacting on the development of our children.

It may seem cute to have young children learning to use smart phones and tablets, but the longer term benefit will come from active play where they are moving their spine.

*Dr Frank Whelan*

## 280 Australians are diagnosed with Diabetes every day

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**The Life! Program** consists of six sessions with our Exercise Physiologist and Dietitian, including one-on-one initial consultation, for those wanting to improve their lifestyle and most at risk (AUSDRISK). **FREE to most eligible participants!**



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**Bridgewater Centre**

## Focus on Mental Health

### Surviving Year Twelve – tips for school leavers

As the end of school life rapidly approaches for those undertaking year twelve, it seems timely to discuss tips for making the best of this stressful time.

What's the big deal and why is year twelve so stressful?

*There is so much going on!* There is the pressure of exams and the need to achieve the best ATAR score possible for the university course of choice. There is an overwhelming fear of failing to find a study/work/life balance. There is often coming of age birthdays, along with parental conflict and changed expectations. ("I don't care if you're eighteen – while you're under our roof, you'll follow our rules!") There are driving lessons, university applications, career choices, changing social and personal relationships, and plans for schoolies week. There is often conflict at home with parents who don't feel their teen is putting in enough effort, and conflict with siblings who don't understand the school leaver's need to concentrate on studying for the exams that will define the rest of their life...

And that's the crux of it, I suppose. They actually *don't*!

We spend so much time encouraging more effort in hope that *our* dreams for them as well as their own will be fulfilled if they get a good result, that we often only add more pressure during this difficult year.

Tips for parents

Make every effort to communicate to your teenager that their best is good enough – whatever their results, it will not change your love for them.

Remember that their results are a reflection of *their* efforts – not a reflection on your parenting or your intelligence. (It's not about you!)

Exam results are only a snippet of what their capabilities

are – a measure of academic performance on a given day in given conditions, and are subject to many contextual variables.

Balance is important – allow them time away from their books to find it!

Tips for students

Creating a study schedule and setting specific and concrete goals is the best way to focus on where you are headed. It is hard to go in the right direction if you can't see the road!

Find balance – reward good study efforts with breaks between subjects or assignments, including time out of the house and away from the computer (social networking does not count).

Remember that your best effort is *always* good enough. What defines "your best" depends on lots of factors. Your best yesterday might not be your *very* best, but it is what you were best able to deliver on the day or in that exam.

Remember that year twelve results are only a representation of your academic performance. *They do not define you!* Most successful people achieve their success through persistence, dedication and patience, regardless of their school results.

Remember there is always more than one pathway to your goal. If you don't get the ATAR you need for your first preference, don't despair. There are ways to change courses later, or to get to your goal via other avenues. TAFE is often a viable "foot in the door" that enables an "upgrade" to a university course later. Some commercial pilots started out as beginner cadets in the Airforce. Some business managers started with a traineeship in a fast food franchise.

You are nearly at the finish line... 51 terms down; 1 to go! In the words of the inimitable Dory from *Finding Nemo*, "Just keep swimming!"

Teresa Butler 9753 4203



## Cleaning your Pets Teeth

*Dental disease is one of the most common ailments seen by vets. It presents as one or more of the following: gingivitis (inflammation of the gums), tartar accumulation (a combination of food, saliva, bacteria and hair) and tooth enamel damage. The build up of tartar (brown-green material) on teeth and under the gum line will cause pain and infection. If left unchecked the infection can spread to surrounding bone and enter the blood stream causing general health deterioration.*

There are a number of signs which should alert you to the possibility of dental disease or other mouth problems being present. Your pet may show less interest in food, or approach the food bowl but be reluctant to eat. It may chew with obvious caution or discomfort, drop food from the mouth, or may swallow with difficulty. Dribbling may be seen, possibly with blood and there may be an unpleasant odour to the breath. In some cases pets will paw at their mouths or shake their heads. Reluctance to eat may lead to weight loss.

If your pet is showing any of these signs it should be checked by your vet.

The first stage of cleaning is to remove any thick, heavy tartar build up, then a hand scaler is used to remove any finer particles of tartar from the tooth. Next is the most critical stage, a curette is used to clean any tartar, hair or debris under the gumline. It is this material under the gum-line, which leads to progression of dental disease and all of its associated health risks.

Once the hand cleaning is completed an ultrasonic scaling machine similar to the one used by your dentist is used to finish cleaning the exposed tooth surface, followed by a polish. After the teeth are cleaned, any requiring removal are extracted. Pets are usually given antibiotics by injection. A check up will be required if any teeth have been extracted to ensure that gums are healing well.

How Do I Keep My Pet's Teeth Clean?

## Poetry Corner

### Searching For a Pet Minder

A poem for five voices

Edel Wignell ©

'We're going on holidays, and I'm looking for someone Who'll mind a special pet while we're away.'

'Miffy, my kitten, will be glad of a mate –

She loves to tumble and run and play.

Show me the photo...

*No! Oh no!*

'We're going on holidays and I need a minder Who's gentle and kind and will look after my pet.'

'I'll do it. Rover, my puppy is friendly –

He's loved every puppy and dog that he's met.

Show me the photo...

*No! Oh no!*

'We're going on holidays and I need a kind friend To look after my pet – he doesn't eat much.'

'Rory, my rabbit, would like a new friend

To romp and chase and sleep in his hutch.

Show me the photo...

*No! Oh no!*

'Hi, Grandpa! We're going on holidays, Will *you* look after my pet for me?'

'I've *seen* your pet - *the best pet yet!*

He'll wind round my body and curve on my knee!

'I'd love to – a python is the perfect pet.

Freelance writer Edel Wignell lives in Rowville. Her latest title is *Bilby Secrets* (Walker Books Australia) for ages 5-10 years. [www.edelwignell.com.au](http://www.edelwignell.com.au) [www.walkerbooks.com.au](http://www.walkerbooks.com.au)



Foods that are chewy will provide friction at the gum-line physically removing plaque before it mineralises and hardens.

For dogs this means raw, never cooked, marrowbones such as lamb shanks, beef shins or even brisket flaps. Smaller dogs can be fed raw chicken wings or legs. In addition any tough cuts of meat cut into long strips or larger will provide dental exercise. Raw hide chews and specially prepared dental "treats" are also effective removers of plaque.

For cats, raw chicken wings or necks are very effective and strips or chunks of tough, raw meat will help keep the tartar from their teeth. There are some special dental "treats" as well. As with dogs some form of dental workout should be done at least twice weekly.

### Tooth Brushing

Using a brush to clean your pet's teeth is effective but pet only toothpastes must be used. Consult your vet about brush options.

### Food

Dry food will reduce the amount of tartar build up but a special dental diet "Hills t/d" has recently become available. The biscuits are a structured mesh, which act like a brush, cleaning the teeth as the pet eats. It can be fed as a fully balanced diet and sole food source and is available for cats, small dogs and medium to large dogs.

Greencross Vets nationwide are offering free dental check-ups for pets until the end of August, to show pet owners really simple ways they can take care of their pet's teeth at home. You may even see a tooth fairy during your visit!!

Michelle Bierman

## Free Health Talk

10.9% of Rowville and 6% of Lysterfield 1st Graders are rated as developmentally vulnerable. (AEDI 2012 Report)

Hear why movement is critical to your child's brain development:

**Tuesday August 13th at 7pm.**

Bookings essential. Places limited.

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**Wellington  
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## Researchers Sharing Their Readings

As a true inquiry unit goes, students undertake an investigation into a chosen topic. In Grade 1 at Rowville Primary School, students have undertaken a unit of inquiry about "How the World Works", specifically looking at natural disasters and the impact they have on our world. Students have participated in simple experiments, class discussions and small group investigations about a variety of natural disasters. Students created wonderings and questions about natural disasters and then investigated their wonderings about their chosen natural disaster, by researching through books, pictures and with the help of their grade 5 buddies.

At Rowville Primary School, we have traditional had a buddy system for only Preps and Grade 6. However, when the Grade 1s and Grade 5s got together to create anti-bullying posters at the beginning of the year, we could see how beneficial the buddy program still was.

In writing workshop in a Grade 1 classroom, students



have been learning about writing like a non-fiction writer. Fortunately, our inquiry topic is a factual topic, which allowed for a much stronger unit, as students could create a non-fiction text about their chosen inquiry topic. As both subjects linked, this created a stronger learning experience for students. During writing workshop, students used the publishing process as a guide to plan, write, edit, share, revise and publish their non-fiction piece of writing. Students presented their published piece of writing as a poster, a non-fiction text or a question and answer book.

## School Talk

Sponsored by: Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools & Rowville Sec. College



As you walk through a classroom compiled of Grade 1s and 5s, the atmosphere is quite remarkable. The Grade 1s are learning from the Grade 5s, practising their presenting and oral language skills, while sharing what they have learnt over the term. They look up to their Grade 5 buddy and not to mention, the Grade 5s are learning from the Grade 1s, as they are learning to be leaders, mentors and acting as a role model to those who will follow their footsteps in the near future. This is a great stepping stone for the Grade 5 students, as we have many leadership opportunities for the senior school students, such as school captains, house captains and parliamentary leaders. The Grade 5s are always excited and enthusiastic about supporting their Grade 1 buddy with their academic and social learning.

Anita Yon



## Division Cross Country Championship

On Thursday the 6<sup>th</sup> June, 12 students from Heany Park Primary School competed in the Division Cross Country Championships at Norton's Park. There were 6 races. The 10 year olds ran 2 km and the 11 and 12 year olds ran 3km. There were lots of hills, which made it a very hard race.

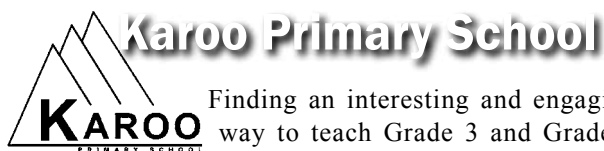
Of the twelve students, eight got through to the Regional Cross Country Championships. They were Naomi A, Olivia W, Hayley M, Jai E, Cooper S, Michael O, Jemma S and Reganne J. The Regionals will be held at Yarra Glen.

We competed against, Templeton PS, Boronia Heights PS, Karoo PS, St Simons PS, St

Bernadettes PS, The Knox School, Lysterfield PS, St Judes PS, St Andrews College and Rowville PS.

We would like to thank all the parents for taking us. A huge thanks to Mr Lukas, for coaching us. Thank you for everyone's help and support at school. We had a FANTASTIC day!

By Naomi A and Olivia W



Finding an interesting and engaging way to teach Grade 3 and Grade 4 students and help them learn was one of my greatest challenges as the new Visual Arts teacher at Karoo Primary School. I was determined to deliver a quality program, integrating visual arts and other areas of the curriculum, empowering them through engaging and fun activities.

I took inspiration from my students who at the beginning of Term 1, showed such enthusiasm and interest in my own experiences with art, travelling and different cultures. With this in mind, we commenced the *Art From Around the World* program. Through this platform, students explore and respond to art from different cultures in activities that engage intellectually, physically, and emotionally. Before the week has even begun, students come and ask, *What are we doing this week in Art? Which country are we going to this week?*

The program commenced with the creation of a passport by each student and after the completion of an art activity, the students would add a new stamp to their passport. The students love adding new stamps to their passport. Through this program, students travel the world, 'visiting' countries, trying new and different skills, techniques and art. So far we have visited Russia, Japan and France. The students have made Koi Carp kites for Children's Day in Japan, had a go at Origami, replicated artworks by French artists Henri Matisse



and Claude Monet and made their own Faberge eggs.

With the help of the Smartboard in the Art Room, iPads, music and other mediums, the students are delivered a program, which is engaging, helping them to learn, grow and build their knowledge about other cultures and visual arts and develop into social and responsible students.

Kimberley Cunningham



# Rowville Secondary College



## Semester Two Begins

July has seen our students return to school, after a relaxing break, with enthusiasm for the term ahead. For many of our students the College production is the highlight of Term Three and with this year's production of 'Seussical the Musical' the enthusiasm levels are as high as can be. Events such as this really bring the College together as fundraising activities take place, seeing sausage sizzles, raffles and the opportunity to come to school dressed up as your favourite Dr Seuss character. Whilst many of our students are involved in the show as singers, dancers, actors, or as part of the backstage crew, the entire College community shows its school spirit in production week supporting friends and family who are part of the show. With the show being performed over the first few days of August we won't have photos for you until the September edition of RLCN, however I'm sure that many of you will be attending and witnessing the spectacle first hand. In other news, our RIA (Rowville Institute of the Arts)



students were recently fortunate enough to attend *Legally Blonde The Musical* at Melbourne's Princess Theatre. An amazing time was had by all and the experience was further enhanced by a Question and Answer session with members of the cast at RSC the following week. David Harris, Ash Bee and Darren Tyler visited the College to discuss their experiences as members of the cast, the pathways that led to them being cast in their roles, and the highs and lows of working in the industry. The session was invaluable for our RIA students who brought pre-prepared questions and paid close attention to the stories and advice on offer with one student, Amy, saying it was her favourite RIA activity of the semester "because it assured me that that's what I want to do!"

## Pyjama Yoga For Kids

Life is busy and even children as young as 4 are finding it hard to calm themselves down and settle into good bed-time routines.

Pyjama yoga is a special one hour class run by School Time Yoga founder Erin Scott, to help children unwind and get a good night's sleep. Children aged 4-12 years, are invited to come along dressed in their pyjamas with a pillow and or favourite toy keen to learn some new strategies to help them sleep better at night.

During the session, children establish and practise a positive bedtime routine including reflecting on the day, breathing techniques, postures to calm the body and mind, guided imagery to help create peaceful dreams and massage techniques. Many of these strategies are also useful when we are emotional and can help to relieve our minds of stress and worry – a major contributor to poor sleep and stress even for children.

These special one-off sessions will be held at Rowville Scout Hall (Tuesday 20<sup>th</sup> August) and Knox Gardens Community Hall (Thursday 22<sup>nd</sup> August) from 4.30-5.30pm. Cost is \$13 per child. Bookings are essential. For more information or to book online visit [www.schooltimeyoga.com.au](http://www.schooltimeyoga.com.au) or call Erin 0468 471 102.



## The Salvation Army Rowville

Worship & Mission Centre

One of the amazing privileges that I have, being a part of this community here in Rowville, is to have significant conversations with every day people who are doing their best just to make life work. You know, we're all in the same boat! Life is always so much better when we have people to do life with, to share the load and just walk alongside us.

We have recently finished an Alpha Course where we have been able to ask the kind of questions about what makes life work and have discovered that when we come together in community and search these kinds of issues, we grow as individuals and as a community. After this course being such a success, we are planning to start another beginning on **Monday August 5<sup>th</sup> at 7pm** with Dinner and DVD presentation. While Alpha is running there will be opportunity for other groups to meet and they will be looking into the Bible in a deeper way, or the other group will be learning about The Salvation Army, what we believe in and stand for and what it means to become a member of this church. If you are interested in attending any of these, please contact the church office on 9753 2795 or email [corpsofficer.rowville@aus.salvationarmy.org](mailto:corpsofficer.rowville@aus.salvationarmy.org) there is no limit on the number who can attend, we have plenty of room.

If you are interested in doing some volunteer work, we are always looking for helpers at our Thrift Shop on High Street Road, Wantirna South. There are always great items for you to buy and donations of pre-loved goods in good condition are always welcome. The shop is open 10-4 on week days and 10-1 on Saturdays. You never know what you need until you see it. ☺

Thursday lunches are always a hit. The students in our kitchen always cook up an superb two course meal which you're welcome to book in and come to share each week on 0416 305 741. Each month they do a themed day so on Thursday August 15<sup>th</sup> it is Italian day.

Saturday 31 August is our next Craft and Car Boot sale. 8am – 1pm. To book a space, please contact Graeme on 0417 510 321 or contact the church office on 9753 2795 or email. We've had some great responses to past events, so make sure you come down and have a look. You just might find a great bargain too and you can always enjoy the sausage sizzle and coffee is a must!

Sundays are always a great time here. We meet at 10am for all age family worship where we all learn and grow together. It's all about sharing life together, building a strong sense of family and community and it's most encouraging to see new people joining us and feeling like they belong from the minute they walk in the door. Our children's ministry is growing too, so if you've got kids, bring them too, you are all very welcome here.

Every blessing,

Judy Shaw, Corps Officer

## RESTORE

**Community Church**  
2/18 Laser Drive Rowville  
8736 9042  
[www.restorecc.com.au](http://www.restorecc.com.au) [restore@restorecc.com.au](mailto:restore@restorecc.com.au)

Isaiah 53:5- But He was wounded for our transgressions, He was bruised for our iniquities: the chastisement of our peace was upon Him: and by His stripes we are healed.

Church, we have come to the point that we must have faith through the blood of Jesus, then we have access to all of His blessings.

- We can receive our healing through the blood of Jesus.
- We are delivered from the curse as he bled, when the crown was placed on his head.
- His hands were pierced and he has set us free from poverty and has made us prosperous.

- His feet were pierced to give us back our dominion from all the work of the enemy.
- His side was pierced and blood and water flowed representing the washing of the water of the word and the blood of Jesus Christ by which we have been cleansed from all our sins.

Now we have faith in the blood of Jesus and we believe through the blood of Jesus we have access to our healing, prosperity, cleansing, dominion and free from all curses. Therefore we need to appropriate our authority in the blood and expect our miracles.

**Restore Community Care** is the Care Arm of Restore Community Church. It is a non-profit organization that assists the under-privileged, disadvantaged, unemployed, aged, lonely, marginalised, refugees and new Australians in the local communities throughout Knox. Our focus is on restoring the lives of people and walking alongside them through their hardships, helping in practical ways and giving them a hand to regain their confidence and become actively involved, confident, community members. People from all backgrounds are

welcome and all information remains confidential. (In some cases, some information may need to be revealed through referral to best provide for an individuals need or care: this is always done with the client's permission).

Services include: transport, brunch programs, food parcels, clothing including footwear, soft bedroom and bathroom products, kitchenware, assistance with school needs, referrals, visitations and assistance to refugees.

August events include, Next Gen, young adults, including young families, Sunday 4<sup>th</sup> @ 3:00pm, Gen R, Youth, secondary school age to early twenties will be held on Friday 9<sup>th</sup> & 23<sup>rd</sup>, commencing 7:30pm and Ladies meeting, Thursday 29<sup>th</sup> from 10:30am

Commencing soon will be our English Language Classes, Garden Restoration Service and Light Home Duties and watch out for news of an Alpha Program in Tamil.

If you are in the area you are welcome to come in for a coffee/tea and a chat in our relaxing meals area. Our contact details are in "What's On Locally" on page 2.

Ray Green

# RAFT Anglican Church

"Building passionate

followers of Jesus Christ"

Parish of Rowville  
& Ferntree Gully

131 Taylors Lane, Rowville Ph: 9764 2573

Email: admin@raftchurch.org.au

Web: www.raftchurch.org.au

## Visit of Roy Funu

As part of the Missions month, Roy Funu, from the Solomon Islands, will be visiting us on the 10th, 11th and 12 August and we invite you to join us at 7.30am for a 7.45 start, for a Parish breakfast in the Church Hall on Saturday 10th August. After breakfast, at 9.00am we will move into the Worship Area for the talk. We really do look forward to your company. Please add your name to the list in the foyer, and if you have any queries contact the office on 9764 2573, Jan and Clyde Andrews 9763 3196, Anthea 9801 4110 or Rhona on 9763 9143.

Cost \$8.00 (single) OR \$20.00 (family). (Proceeds to the work of Roy Funu)

Roy will also speak at our services on Sunday 11th August at 8:30 a.m. and 10:30 a.m. followed by morning tea.

Please join the Prayer and Healing team for a special service at 8.00pm in the Worship area on Monday 12th August.



9753 3495 office@rowville.unitingchurch.org.au

It's hard to believe the year is more than half gone! Sometimes time slips by and before we know it another year is past. I have noticed that sometimes things take forever and other times, like the year, things fly by. God's time, it seems, is different to our time and even when our time is not so well planned, we should be encouraged that God's time is well planned and allowing God's time to work in our life can make a huge difference to how we feel about ourselves and the world.

The Uniting Church worships on Sundays at 10am. The third Sunday of each month is a special family and children focus with "messy" activities part of these services. In our worship we seek to understand where God is in our life and how we can use our time for God's time. We believe that life works, when we seek to, in balance with God.

Link is a morning tea group that meets at the church and aims to share friendship as well as being a place of welcome and care.

Toddler Gym is a program that helps early childhood development in an unstructured environment, using equipment that has high educational and early development value. Registration for Toddler Gym is essential as there is a waiting list for places.

The Bridgewater Centre continues to offer low cost Psychological services. Mental health is an issue that many live with. The Bridgewater offers a highly qualified Psychologist who can be accessed by self referral. If you think you could be helped by an appointment with a Psychologist, please call our office and speak to us about it. We have a Family Fun indoor market coming up. This market will take place on Saturday October 5th, 9am-2pm.



This will be a market with lots of activities for children and where people can sell their pre loved goods or the homemade goods they have the talent to produce. There will be cakes, a bbq and other foods also available.

Details of our Clubs and Services can be found in "What's On Locally"

on page 2. For information on any of our activities please call the church office on 9753 3495

Trevor Bassett



Roy Funu

## Wedding Dresses Through The Ages

You are invited to take a trip down memory lane, to that special day when you said "I Do". From satin and lace to chiffon and silk, this fashion extravaganza of wedding dresses through the ages, will be an afternoon to remember, bringing back wonderful memories of your wedding day. For those intending to tie the knot, come along if you need some ideas for your wedding. There will be a silent auction of some of the wedding dresses. Devonshire tea will be served to top off this joy filled afternoon.

Date: Sunday 18th August 2013

Time: 2.00pm to 3.00pm – Silent Auction Dresses available for viewing and fitting.

3.00pm to 5.00pm – Wedding Dress Parade and Winners of the Silent Auction.

Where: RAFT All Souls Anglican Church (Hall)

Cnr Taylors Lane and Kellets Road, Rowville 3178

Tickets: On sale from 22nd July, 2013 and available:



Sponsored by: Australia for Christ Fellowship, Hillview Community Church, Fruitful Vine Melbourne Church, RAFT Anglican Church, Rowville Baptist Church, Rowville Uniting Church, Salvation Army, St Simons Parish, Restore Community Church, Sant Nirankari Mission



In person from the RAFT Church Office - 10.00am to 4.00pm Monday to Friday

By phone from the RAFT office: 9764 2573

Email: admin@raftchurch.org.au with your ticket request and return phone number (Please do not email your credit card details) Payment via Cash, EFT or Credit Card

Entry: \$ 7 Students & Pensioners \$10 Adults \$18

Mother & Daughter Discount

On **Sat, 21st Sept.** We will be holding our Spring Ball. So shed your winter warmers and dress to impress. There will be lots of food, fun and games, new vogue dance exhibitions and lots more. Do join us at the church hall from 7 – 11pm. BYO. Cost \$35 p.p. \$30 concession p.p.

Early bird \$60 per couple if you book before Aug.25th.

Clare Byrne



## Rowville Baptist Church

www.rowvillebaptist.org.au

office@rowvillebaptist.org.au

Ph: 9764 4242

In the second week of the July school holidays, the church was again filled with the excited voices of nearly 200 children. They arrived in eager anticipation of the morning ahead. The nearly 50 volunteers did not disappoint. The church came alive with fun games, singing by our wonderful group Snowfire and many visits by our mailman, Thunder, who arrived each morning to ACDC's 'Thunderstruck'. As soon as the music started to play the kids were immediately drawn to look for Thunder. He brought with him 'mail' which the children are encouraged to write to their leaders and to which our leaders then write back. In a world where the traditional letter has often gone by the wayside, it is a treat for the children to receive a hand written letter.

One of the highlights of the morning's program is our daily drama. This year the team performed magnificently the Lion, the Witch and the Wardrobe from the Chronicles of Narnia. The children were mesmerised for the 15minutes it ran daily. Many parents and carers arrived early so they could also see the performance.

During the program we share a small story from the Bible. This year we learned The Creation Story, the true story of Christmas, which was told in the form of chocolate, some sheep puppets shared the parable of The Lost Sheep and a DVD told us all about The Prodigal Son. Some of our team shared a skit which introduced the children

to The Holy Spirit.

The children were divided into age groups where they spent time creating some very special craft projects, all in our Winter Wonderland theme. A favourite was the polar fleece pillow the children made, which was decorated in snowflakes. Many parents and carers reported back to our leaders how the pillow had been taken to bed that night.

An enormous blow up maze kept the children entertained on Wednesday and the children enjoyed being outside on a glorious winter's day. I have only detailed a taste of the program, so please set aside the same time next year and join with us Rowville Baptist Church for another exciting year of Club Extreme.

Robynne Hoskin (Co-Ordinator)



# Knox Home Garden Club

If you're not a lover of the cold weather, spare a thought for your garden. There are sure to be some plants not enjoying the chilly weather and frosty nights. Plants that are susceptible to frost damage can be protected by covering with cloth or plastic at night, but remember to remove the covers the next morning or the plants will expire in the sunshine. Potted tropical plants and any others that are frost tender, can be moved under cover or to a more protected position. Any that are too heavy to move or are planted in the garden can be covered as above or sprayed with a product that gives some frost protection. Remember that your pot plants require much less watering in the colder months.

There are many varieties of narcissus in bloom now and they make a colourful display. Many bulbs can be left in the

ground for several years. When flowering is finished, give them some fertiliser and no matter how untidy they look, do not remove the leaves until they have completely yellowed.

If weeds have launched a take-over bid of your lawn, now is the time to attack them. Broad-leaved weeds, eg: dandelions, clover, thistles, daisies, etc; can be sprayed or spotted with a selective herbicide. A lawn weed and feed preparation is also an easy way to, well, weed and feed your lawn at the same time. Or you can just feed your lawn in late August. If your lawn has become compacted, aerate by pushing a fork deeply into the soil, or hire a powered aerator.

A lot of pruning takes place in winter. Take care, just because a tree or shrub is leafless, it doesn't mean that it is time to prune it. Always make sure that you prune at the right time for your plant and for the right reasons. It's not the correct time to prune spring bloomers and if you have to continually prune something to keep it in the space allocated for it, it's not in the right spot. Rose pruning should be completed by now, and get those bare rooted plants in before the weather warms up.

Winter is also a good time to repair, clean and sharpen your garden tools. That includes your faithful old lawnmower. Digging over unused vegie beds makes the soil easier to manage at spring planting.

Give yourself a treat by putting in some flowering plants for a little splash of colour. Pansies and versatile polyanthus are ideal.

Knox Home Garden Club meeting details appear in "What's On Locally" on page 2. Our next meeting is on Saturday 17th August after which we revert to normal times. Visitors are made very welcome, supper afterwards. For info contact 9739 8783.

*Betty Wright*

## Cake Decorators Association of Victoria Rowville Branch

Our next hands-on workshop will be Sunday, 11<sup>th</sup> August.

At this event we will be making a Fathers' Day theme Plaque, which can also be used for a male's birthday cake. Irene Williams will be our guest demonstrator. As we only have elections every two years, this year's AGM, on the same date,

will not include elections.

The Christmas in July Demonstration Day, which we held on Sunday 14<sup>th</sup> July, was a great success with 70 present for lunch. Many thanks to Councillor Darren Pearce, who made it possible and presented us with our microphone system, which we badly needed.

We are taking bookings now for our two Christmas Cake Workshops on November 10<sup>th</sup> and 17<sup>th</sup>, as we were fully booked out last year. I urge all interested to book as early as possible.

We have direct banking facilities available on request.

For details of our venue, dates and meeting times please refer to "What's On Locally" on page 2. Members \$10 non members \$15. New members are always most welcome.

For bookings & enquiries call Velma on 9763 8646 or Madeleine on 9870 5743

*Velma Brown*

currently in progress or scheduled are; 3 Gibbs Court, 13 Dion Street and Seebeck Road.

### Stamford Park Redevelopment

Council is awaiting the outcome of a request to the Minister for Planning to approve Amendment C93 to rezone land at Stamford Park. Work is continuing to satisfy the remaining subdivision permit conditions.

### Corhanwarrabul Creek Trail (to Dandenong Creek) – Shared Path

Design works only. To be undertaken in consultation with Parks Victoria and Caribbean Gardens management.

### Drainage Upgrades – Ongoing Customer Response

Minor Works Package 1: Ling Drive – Detailed design and service depthing completed and owner consulted. Works to be integrated with Tirhatuan Drive drainage upgrade; Daniella Court – Melbourne Water have agreed to modify a main drain pit and additional Council works to be assessed in 2013/14; Minor Works Package 2: Timbertop Drive – Works completed.

### Liberty Avenue Reserve Master Plan Implementation Stage 2

Contractor has commenced construction. Construction is anticipated to take 6 Weeks.

### Stud Road, Rowville - Sunshine Street to Timbertop Drive – Footpath

Plan of subdivision has been lodged with Council. Currently working through the approval process.

### Murrindal Playroom Extension (Stage - Two)

Works progressing well. Foundations completed, internal strip-out underway.

### Tirhatuan Drive (No 18) Rowville - Drainage Upgrade

Advice on funding approval (\$100k-\$200k) received

## Preparing to celebrate our 21<sup>st</sup> birthday in 2014

Heany Park Primary School opened its doors in 1993 to 147 students and 7 teachers and Liberty Avenue Kindergarten in one of its rooms! The school population grew each year by approximately one hundred students and many teachers became an integral part of the school.

A strong community spirit developed in the early years, the parents being involved in many fund raisers to help provide equipment and library books for the students. That great community spirit continues to provide support for the school.

Heany Park reached its highest number of students in its history in 2003, over eight hundred! Next year we would like to see as many people from the past as possible, including, students, teachers, committee members and helpers, come together with today's school team to celebrate the years that Heany Park has been a great community school.

Please contact the school on 9764 5533 if you want to be involved in the planning of this significant event for Heany Park Primary School. Full details of dates and times will be finalised in the coming months and advised in the RLCN.

*Heather Brown*



## Rowville & Lysterfield Council Minutes June 25<sup>th</sup> Meeting

Here is a brief summary of items affecting the Rowville-Lysterfield area.

### Item 5.2 Ward Issues

#### Councillor Pearce (Taylor Ward)

- Councillor Pearce advised that stage 2 of construction work at Emerson Place Reserve had commenced noting that this would further enhance the quality of open space to this part of Rowville.

#### Councillor Seymour (Tirhatuan Ward)

- Councillor Seymour advised that she had recently met with local churches with a view to identifying immediate issues of concern for the community. Alcohol and gambling across the Rowville area were identified as a key concern.
- Councillor Seymour raised an issue of concern in relation to the condition and safety of the netball courts at the Rowville Community Centre and noted that the responsible club had applied for a community grant to address the problem.

#### Councillor Holland (Friberg Ward)

- Councillor Holland advised that he recently attended the Waterford Park Community Advisory Committee to discuss and work through resolving a number of issues including complaints regarding the recently installed

lights at the Knox BMX Club. Councillor Holland advised there would be an ongoing relationship with the Committee.

### Item 9.3 Skate Petition – Emerson Place

A report was presented which responds to a petition tabled at 26 March 2013 Ordinary Council meeting and an additional petition tabled at 28 May 2013 Ordinary Council meeting which requests that Council investigate the feasibility of a Skate Park at Emerson Place Reserve. The report provides details of the development of Council's Skate and BMX Plan and recommends that Council maintains its current policy position on the provision of skate facilities in the municipality.

Council resolved to:

1. Note this report responding to two petitions presented to Council relating to investigating "the feasibility of a Skate Park at Emerson Place Rowville next to Wellington Village Shopping Centre to provide an activity space for young people in the local area and beyond" which affirms Council's current policy on the provision of a centralised, regional Skate and BMX facility rather than smaller local facilities.
2. Note that the current landscape improvement project at Emerson Place Reserve as approved in the 2012-13 budget will include some skateable features.
3. Inform the lead petitioners of Council's response.
4. Refer to the 2013/14 mid year budget review consideration of resources to undertake a strategic review of Council's Skate and BMX Plan.

### Works Report as at 7<sup>th</sup> June 2013

#### Drainage Pit and Pipe Renewal Program

Drainage renewal program is progressing well. Works

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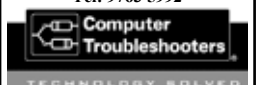
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**Council Minutes...continued**

from Melbourne Water - final amount to be confirmed on approval of plans and estimate. Contractor appointed for foundation assessment and separate dilapidation report with outcome likely to influence final design. About to engage with residents. Assessing advice from Melbourne Water on design requirements of main drain.

**Water Sensitive Urban Design Renewal**

Investigation on initial project list has been undertaken.

Projects to be renewed/amended:

Starlight Reserve - Contractor appointed and works have commenced.

**Rowville Recreation Reserve No 1 – Renovation**

Ground has been sprigged with approximately 50% cover

**Hampden Court, Rowville – Rehabilitation**

Design nearing completion with works deferred until 2013/14.

**Cairn Curren Close, Rowville – Rehabilitation Design**

Design nearing completion.

**Ranceby Close, Rowville – Rehabilitation Design**

Design nearing completion.

**Camley Court, Rowville – Rehabilitation Design**

Detailed design nearing completion.

**Heany Park - Access Road**

Consultants are currently undertaking design works for education/interpretive precinct.

**Completed Projects:-** Kelletts Road Duplication - Footpath

Construction; Karoo Road / Landsborough Avenue Bus

Turn; Bergins Road / Liberty Avenue Traffic Island;

Reservoir Crescent Rowville, Dam Repair; Straughan

Close, Lysterfield - Drainage Upgrade; Wellington Road

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Harvesting – Stage 2; Drainage Pit and Pipe Renewal  
Program in Stamford Crescent and White Road.

Knox City Council Meeting minutes are available for  
viewing in full at the Council website,  
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Darren Arnott



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