



# ROWVILLE-LYSTERFIELD COMMUNITY NEWS

PUBLISHED MONTHLY BY THE ROWVILLE  
LYSTERFIELD COMMUNITY NEWS INC.

**Priceless**

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Rowville Neighbourhood  
Learning Centre Inc.



**There's something for everyone**

**@ Rowville Neighbourhood Learning Centre**

**Contact us on 9764 1166**



**ROWVILLE SECONDARY COLLEGE**

*"Opportunities For All"*

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## Rowville–Lysterfield Community News Supported By



**Rowville Neighbourhood Learning Centre Inc.**

Meetings are held at the RLNC at 7.30pm on the first Tuesday of the month, except July & November. Visitors and potential committee members most welcome.

### Our Team

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## From the Editor's Desk



The Rowville Lysterfield Community News relies on community spirit and the volunteering of many families to deliver the paper to every house in Rowville and Lysterfield. Many other community newspapers look at us enviously as they are unable to match the dedication and commitment of our residents. They deliver to milk bars; corner shops community centres etc. for people to pick up a copy. We have more than 160 delivery people, yet some areas have been without a dedicated delivery person for a year. This results in other people having to do multiple rounds, which they are prepared to do for a limited time to ensure continuity of supply, but we need **YOU** to come forward and make sure that we continue to proudly deliver the paper to every household. A list of the areas that we need a delivery person for are listed in "Walking the News". An average round of 60-70 papers takes around 45 minutes, once a month. Please contact myself on 9764 4703 or our distribution coordinator Peter Rumble on 9752 7592.

Whilst on the volunteer cause, we would also welcome

new members to our committee. Apart from the two major vacancies of treasurer and assistant treasurer that must be filled, every extra member means we have cover for all positions when holidays or illness intervene. Our monthly meetings are held at the Rowville Neighbourhood Learning Centre every first Tuesday of the month (except January) at 7.30pm and are always over before 9pm. We recently welcomed Sher Singh as our website administrator and he brings a new aspect to our meetings. You too could be part of our friendly committee and bring your experience to our table. Actions speak louder than words, so act now.

This month we welcome Sher Singh to our committee as "website administrator". 'Sunny' has a wealth of experience and runs his own IT Solutions Company, EvokedIT. He will also be contributing a new segment called 'Tech Wiz', aimed at helping readers with their computer problems. Welcome Sher.

Vaccination is in the news today with a government push to ensure that the majority, if not all, children are vaccinated. You can visit your doctor or attend one of this month's immunisation sessions at the Community Centre

**What's On Locally**



Sponsored by:  
**Lions Club of Rowville**

### DIRECTORY

**May 2015**

**Australia For Christ Church** English services 10am (simultaneous kids R.O.C.K. program) Sunday. Indonesian 10am Sunday. Mandarin 1:30pm Sunday. Stompers Pre-School Playgroup 10am Wednesday (during school terms). 1070 Stud Rd. Rowville. www.acfchurch.com

**Australian Air League** Meet Wednesday 7.30 to 9.30pm at Salvation Army Hall, Kingsley Close. Freecall 1800 502 175 or visit the website: www.airleague.com.au

**Baptist Church** Services every Sunday 10am

Playgroups - Tue, Thur & Fri. mornings during school terms.

**Body, Mind & Spirit** All classes at old Lysterfield School, Yoga, Stretch, Dance, Meditation, **Fitness Centre** Pre-natal etc.

Contact Donna Jordan on 9758 6636 or 0400 679 888

**CFA Juniors** Meet every Thursday 7pm

**Cake Decorators Assn** Bi-monthly 2nd Sunday - 10am-3pm Feb, Apr, Jun, Aug, Oct, & Dec. Scout Hall, Turrumurra Drive Contact 9763 8646

**1st Rowville Scouts:**

**Joey Mob (6-7.5 years)** - every Thursday 6.00-7.00pm

**Cubs (7.5-10.5 years)** every Wednesday 7.00-8.30pm

**Scouts (11-14years)** every Thursday 7.30-9.30pm

**Venturers (14-17.5 years)** every Friday 7.30-10.00pm

Contact Terri 0418 567 923 atm.russell@gmail.com

**Fruitful Vine Church** Services every Sunday 10am.

**Girl Guides** Age groups 5-8 yrs, 8-11 yrs, 11-14 yrs, 14-18 yrs. Contact Jill Livingston, Eastern Region Manager on 0409 583 847

**Hillview Comm. Church** Services Sunday 10am. For details call 9763 7776

**Knox & District Over 50s** Meet 4th Tues each month at 10.30am (except Jan & Dec) at Boronia Progress Hall

**Knox Home Garden** Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus. May, June & July meetings on 3rd Saturday at 10am

**Life Activities Club** Regular Activities. Call Melva 9762 3764

**Lions Club** Meet 2nd & 4th Wednesday – 7pm for 7.30pm at the Knox Club. Meal available. Contact Roger on 0428 105 121

**Little Athletics** For training & event days: 9763 1404.

**Men's Shed (Stamford Park)** Meet at Stamford Park Homestead Tues, Thurs & Sat from 10am to 3pm. Orana Shed, Neighbourhood House, Coleman Rd, Wantirna every Thursday from 10am to 3pm.. Barry Treadwell 0425 719 451 or www.stamfordparkshed.org.au

**Multiple Birth Assoc.** 2-3 yr old Playgroup Tuesdays & Thursdays, 9.30am, Michele 0407 837 973 Parents Coffee Morning - Fridays, 10am, Kaylene 0409 200 830

**National Seniors Australia** For over 55s, the Knox Branch meets at 10am on 4th Wednesday of the month at the Knox Club, Stud Rd, Wantirna. All welcome. For enquiries, ring John Giles on 9778 6784

**Possums Playgroup** Mon.-Fri. 11.30-1.30 and 1.30-3.30. possumspg@hotmail.com

**Probus Club (Knox Combined)** Meet 1st Tues each month at the Stamford Hotel at 10am. Contact Pam: 0422 403 465

**Probus Club, (Knoxfield Ladies)** Meet 4th Mon. of month at Waverley Golf Club 9.30am. Contact Jennifer: 9762 8181

**RAFT Anglican Church** Holy Communion 8.30am. Evening Service Sunday 5pm. Family Worship with children's teaching time 10.30am Sunday. **Family History Group** meet 1st Wed. each month at 10am. Bev 9759 5455 **Mainly Music** every Wednesday 9.30am **New Vogue dance:** every Wed. 7.30pm. Contact Anthea or Arleen 9801 3509 **Craft for Christ** 2nd & 4th Tues each month at 7.30pm. **Playgroup** Tues & Thurs 10-11.30am.

**Toddler Church** every second Friday 9.30am. Contact Jenny Coole 9764 2573

**Red Cross Rowville** Meet 3rd Wednesday of each month 10am. Contact Joan: 9764 4611

**Restore Comm. Church** Sunday services are held at 10.15am at 24 Laser Drive. Light refreshments and finger food served after the service. Phone 8736 7053

**Ruby Gumnut Goddesses** (Red Hat Society) For all events contact Kerry: 9764 4717

**Rosella Rounds Dancing Club** Fridays at 6.30pm. We are the closest club and meet at the Uniting Church Hall, 333a Canterbury Rd Forest Hill. Contact Fiona 9802 5807

**Rotary Club** Every Tuesday at Baton Rouge at 7pm

**Rowville Seniors** Meet Wednesdays and Fridays 1pm to 3.30pm at Rowville Community Centre

**Salvation Army** Services every Sunday 10am followed by morning tea

**Sant Nirankari Mission** Congregation session every Sunday from 12noon to 2pm followed by an Indian community meal. Everyone is welcome

**St Simon's Parish** Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am. Tuesday 7.30pm, Wednesday to Friday 9.15pm. Cancer Group meets every 3rd Thursday at 7.30pm in the Meeting House

**Stud Valley Ladies Golf Club** Thursday mornings at Tirhatuan Golf Club, 9 & 18 hole competition. Contact Nola 9700 3804 or Pam 0409 934 966

**Timbertop Golf Club** Saturday Ladies' Competition Tirhatuan Lakes. Muriel: 0427 585 575

**Tirhatuan Ladies Golf Club** Wednesday & Saturday competitions at Tirhatuan Lakes Golf Course. Membership information - Heather 0438 545 483 or Kaye 0408 038 363

**Toastmasters** Meet 2nd, 4th & 5th Tuesday each month at 7.15pm for 7.30pm at RAFT Church, contact Leona contact@rowvilletoastmasters.org.au

**Uniting Church** Services Sunday at 10am. Contact 9753 3495 **LINK** Thurs 10am. **Toddler Gym** Tues & Friday 9.30-10.30 & 11am - Noon (during School terms)

**Yoga for Kids** Fun classes for primary students. Tuesdays 4.30pm Rowville Scout Hall Contact info@schooltimeyoga.com.au or 0468 471 102 www.schooltimeyoga.com.au

**Yoga With Karen** in Knox. Open to all levels of Yoga. \$15 casual - \$120 for 10 class pass. For all bookings call Karen: 0421 349 520

## May Events

**RAFT Church** The next meeting of the Family History group will be on Wednesday 6th May, 10am to 12 noon, at RAFT Anglican Church. The speaker Jane Davies will discuss "Maps in Family History". All welcome. Inquiries Bev at 9759 5455 or jibec@bigpond.com



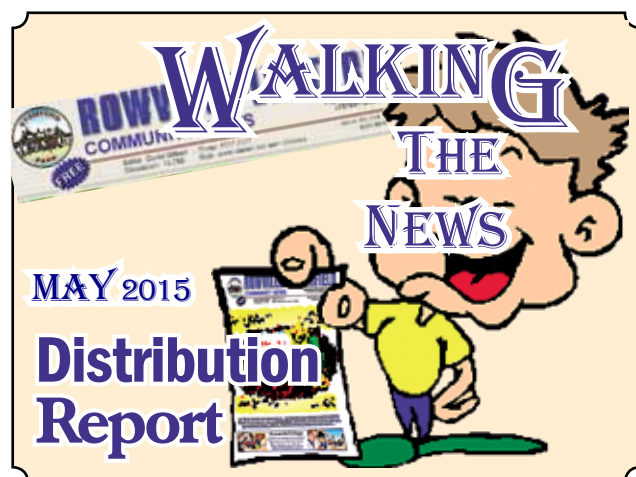
or Australia for Christ Church. In my opinion this is a must for all children.

I am delighted to report that 2014 Rowville Secondary College Dux, Samuel Goh, has been further recognised for his outstanding VCE results in 2014, with a prestigious **Engineering Scholarship from Monash University**. Samuel was among a select group of new Engineering undergraduates to receive this award in a ceremony held at Monash University. Well done Samuel! To all the children out there, don't forget it is Mum's Day on Sunday 10th May. After all they do for you every day of the year, how about surprising her with a cup of tea in bed, in some cases of course, with Dad's help.

There are two "Biggest Morning Teas" this month, at the Rowville Neighbourhood Learning Centre at 10.30am on the 15<sup>th</sup> and the big one inside Stud Park on the 28<sup>th</sup> at 10am. My mouth is already watering at the thought of all those calorie increasing cakes.

Knox Council is moving to control the number of foxes in our suburbs. Many residents have seen foxes recently, particularly in the evenings. I suggest you let the Council know if you have a particular problem.

David Gilbert



**WELCOME** to NEW distributor - Laura Cherubin

**THANK YOU** to retiring distributor Gordon Tucker (1 year); Catherine Ubay – retiring from Captain of Area 7 and to Raelene Templeman for taking on extra distribution.

## Voluntary Positions

Can you or do you know someone who can be a distributor in the following areas?

\*Waradgery Dve (odd #'s from 1 to 93 & 109), Troon Crt, Carnoustie Crt, Muirfield Crt, Gleneagles Crt – 80 papers  
Waradgery Dve (odd #'s from 111 to 137), Watson Close, Sunningdale Ct, The Fairway – 70 papers

**Please contact – Jan Bates – 0418 583 631**

\*Pia Dr (Trisha to Sheridan), Suzana Place, Edmond Ct – 86 papers

\*Heany Park Rd (even #'s 24 to 30), Perri-Raso Rise, Jejana Tce, Reservoir Cr, Nocera Pl, Providence Pl, - 72 papers

\*Quail Way (even #'s 4 to 26; odd #'s 3 to 45), Goldfinch Pl, Whipbird Ct – 60 papers

\*Quail Way (even #'s 28 to 88; odd #'s 47 to 69), Harwood Ct, Chatsworth Ct – 60 papers

**Please contact – Shirley Oudshoorn – 9764 4672**

\*Lakesfield Dr (even #'s 2 to 66; odd #'s 3 to 57), McFarlane, Nicholas, Marlene & Farmillo Cts, Crusoe Dr (even #'s 40 to 56; odd #'s 39 to 61) – 130 papers

\*Lakeside Blvd, Winnipeg Street – 57 papers

**Please contact – Peter Rumble – 9752 7592**

**3 x Area Contact Persons (ACP)** – who liaise between the distributors and Distribution Co-ordinator.

**2 x Captains** – who count out the papers and deliver them to the distributors.

1. (ACP) – The area bordered by – Napoleon Rd, Kelletts Rd and Wellington Road

2. (ACP) – This area is the Timbertop Dr and Seebeck Rd Estates.

3. (ACP) – The area bordered by – Napoleon Rd, Kelletts Rd, Rathgar Rd & Grange Dve.

**Peter Rumble - 9752 7592 - Distribution Co-ordinator**

# Calendar of Events May 2015

## Month of May–

April-May **The National Trust Heritage Festival** : [www.nationaltrustfestival.org.au/](http://www.nationaltrustfestival.org.au/)

1-31 May **International Respect for Chickens Month**: [www.upc-online.org/respect/](http://www.upc-online.org/respect/)

**65 Roses**: [www.cysticfibrosis.org.au/all/65roses](http://www.cysticfibrosis.org.au/all/65roses)

**Crohns & Colitis Awareness Month**: [www.crohnsandcolitis.com.au/cc-a-awareness-month.php](http://www.crohnsandcolitis.com.au/cc-a-awareness-month.php)

**Neurofibromatosis Awareness Month** : [www.nfaa.org.au/](http://www.nfaa.org.au/)

**Miracle Month of May**: [www.miraclebabies.org.au](http://www.miraclebabies.org.au)

**Domestic and Family Violence Prevention Month** [www.domesticviolence.com.au/pages](http://www.domesticviolence.com.au/pages)

**Mindful in May**: [www.mindfulinmay.org](http://www.mindfulinmay.org)

1 May – **Kiss Goodbye to MS** - [www.kissgoodbyetoms.org](http://www.kissgoodbyetoms.org)

1-7 May **IAIM One-in-Five Challenge** [www.iaim.org.au/take-one-five-challenge.asp](http://www.iaim.org.au/take-one-five-challenge.asp)

2 May – **Starlight Day** - [www.starlightday.org.au](http://www.starlightday.org.au)

2-10 May - **Australian Dance Week** [ausdance.org.au/news/archive/events](http://ausdance.org.au/news/archive/events)

3 May – **World Press Freedom Day** [www.un.org/en/events/pressfreedomday/](http://www.un.org/en/events/pressfreedomday/)

3-9 May – **Heart Week** - [www.heartfoundation.org.au](http://www.heartfoundation.org.au)

3-9 May – **Tourette Syndrome Awareness Week** [www.tourette.org.au/index.php](http://www.tourette.org.au/index.php)

4-8 May – **Live Below the Line** [www.livebelowtheline.com.au/](http://www.livebelowtheline.com.au/)

4-10 May – **National Family Day Care Week** [www.fdcweek.com.au/](http://www.fdcweek.com.au/)

5 May - **Immunisation** – Rowville Community Centre - No appointments necessary. Please bring your Medicare card and your child's Health Record book to the session. 1.30pm – 3pm

7-May – **National Domestic Violence Remembrance Day**

8-May – **World Red Cross Day** - [www.redcross.org.au](http://www.redcross.org.au)

**10-May - MOTHERS DAY**

10-16 May – **Schizophrenia Awareness Week** [www.sfnsw.org.au](http://www.sfnsw.org.au)

11-17 May – **National Volunteer Week** [www.volunteeringaustralia.org](http://www.volunteeringaustralia.org)

11-17 May – **Law Week** - [www.victorialawfoundation.org.au/community/law-week](http://www.victorialawfoundation.org.au/community/law-week)

12 May - **Immunisation** – Australia for Christ Fellowship – 1070 Stud Rd - No appointments necessary. Please bring your Medicare card and your child's Health Record book

To add your club, organisation or association to the Directory or This Month's Events free listing, please contact the editor

9764 4703 or [editor1@rlcnews.com.au](mailto:editor1@rlcnews.com.au)

**- Deadline -  
June 2015  
EDITORIAL & ADVERTISEMENTS  
Wednesday 13th May**

Articles, News or Letters to the Editor  
**editor1@rlcnews.com.au**

PHOTOS: please email SEPARATELY,  
do not embed in documents

**ALL ADVERTISING  
TO BE SENT TO:  
RLCNadvertising@gmail.com**

**DISTRIBUTION  
Saturday, 30 May 2015**

to the session. 6pm – 7.30pm

13-20 May – **Coeliac Awareness Week**  
[www.coeliac.org.au/CAW/](http://www.coeliac.org.au/CAW/)

15-21 May – **National Families Week** - [www.familiesaustralia.org.au/familiesweek/index.htm](http://www.familiesaustralia.org.au/familiesweek/index.htm)

16 May – **Shine a Light on Road Safety** - [www.rtssv.org.au](http://www.rtssv.org.au)

17-23 May – **Food Allergy Week**  
[www.foodallergyaware.com.au/](http://www.foodallergyaware.com.au/)

20 May - **Immunisation** – Rowville Community Centre - No appointments necessary. Please bring your Medicare card and your child's Health Record book to the session. 9.30am – 11.30am

22 May – **National Walk Safely To School Day**  
[www.walk.com.au/](http://www.walk.com.au/)

24-30 May – **National Palliative Care Week**  
[www.palliativecare.org.au/Ourwork/NationalPalliativeCareWeek](http://www.palliativecare.org.au/Ourwork/NationalPalliativeCareWeek)

24- 30 May - **Macular Degeneration Awareness Week**  
[www.mdfoundation.com.au/](http://www.mdfoundation.com.au/)

25-31 May – **Kidney Health Awareness Week**  
[www.kidney.org.au/NewsEvents/KidneyHealthWeek/tabid/648/Default.aspx](http://www.kidney.org.au/NewsEvents/KidneyHealthWeek/tabid/648/Default.aspx)

25-31 May – **Spinal Health Week**  
[www.chiropractors.asn.au/](http://www.chiropractors.asn.au/)

26 May – **National Sorry Day** - [www.nsd.org.au](http://www.nsd.org.au)  
Please join us for the raising of the Aboriginal and Torres Strait Islander Flags and a traditional **Welcome to Country and Smoking Ceremony** in recognition of **Sorry Day and Reconciliation Week** at Knox Civic Centre front lawn. Morning tea will be provided.

26 May - **Knox Council Ordinary Council Meeting**  
7.00pm start Knox Civic Centre

27 May-3 June – **National Reconciliation Week**  
[www.reconciliation.org.au/nrw/](http://www.reconciliation.org.au/nrw/)

28 May **Australia's Biggest Morning Tea**  
[www.biggestmorningtea.com.au](http://www.biggestmorningtea.com.au)

29 May **White Wreath Day**  
[www.whitewreath.com/coming-events](http://www.whitewreath.com/coming-events)

30-31 May - **Red Shield Appeal** - [salvos.org.au/get-involved/help-us-fundraise/red-shield-appeal/](http://salvos.org.au/get-involved/help-us-fundraise/red-shield-appeal/)

31 May – **World No Tobacco Day**  
[www.who.int/tobacco/wntd/en/](http://www.who.int/tobacco/wntd/en/)

**ROWVILLE PICTURE FRAMING**

**12/3 HI-TECH PLACE  
ROWVILLE  
(OFF LASER DRIVE)**

**WEDNESDAY TO SATURDAY  
9 AM TO 5 PM**

**9763 0069**

12/3 Hi Tech Place, Rowville  
[www.rowvilleframing.com.au](http://www.rowvilleframing.com.au)





PREMIER'S  
**ACTIVE  
APRIL**



## Street Orienteering Walkers Group

On Friday 17<sup>th</sup> April, 18 walkers took part in the LAC (Knox) **Street Orienteering Walkers** Group that was part of the **Knox Active April** promotion. Assisted by the recent article in *Rowville Lysterfield Community News*, 4 new people joined the Group. The walk started at Knox Park in the carpark of the Knox Athletic Track in Bunjil Way, Knoxfield. There was a school athletics meet on the Track so we began amid a cacophony of public address announcements, starting guns and cheering!

Convenor, David welcomed the 4 new walkers and 5 teams set off with maps in hand to discover the answers to a variety of different clues from 'elephants in cages' and 'an owl on a roof' to 'the number of tennis balls on the Windermere Tennis Club's mural', as well as the usual fire hydrant locations, letterbox colours and street names. The last 2 teams arrived back with about 5 seconds to go and were cheered in. The team scores ranged from 29 for Glenys & David to 61 for the fast walkers, Julie, Ted, Pat, Lothar and Michael. The new walkers, Edith, Alan, Marion

and Christine, all scored over 40 out of the possible 70 points.

The Knox Council requested a group photo and we were also asked to send them a feedback form. After the walk we made our way to Frank's Cakes nearby for a cuppa and a chat. Their range of cakes is enormous and the 'home-made' muffins are delicious and reasonably priced. Two huge iced coffees were delivered in small jars with handles!

Our one hour Street Orienteering walks are on the 3<sup>rd</sup> Friday of the month and are good exercise for the body and the brain. They start at a different location each month. If you would like to come along, just contact David, on 0419 337 311. The first three walks are free, then you will have to join LAC (Knox) for \$20 per year to cover insurance and newsletters. This is just \$1.67 per walk!

Go to the website [life.org.au/the-clubs/knox](http://life.org.au/the-clubs/knox) or search for "orienteering" on the **TeamUp** app.

*David Mallen*



## Knox & District Over 50s

Well four months of the year have passed already. It's frightening isn't it. You begin to wonder whether time speeds up as you get older. Will it soon be Christmas even before Easter? How can we combat this headlong rush of time? Do we have a solution to this problem? Well maybe. While we cannot claim to slow down time, joining the Knox Over 50s will ensure that you get some fun and laughter into your life so much so that you will not notice the passage of time. Friendship and laughter are our top priorities and everyone is welcome and made to feel that they are part of the Club.

A number of activities have already taken place. Our winery coach day trip was a most wonderful day out and a very good day at the Harness Racing at Yarra Glen was greatly enjoyed by 50 members. Our Coffee morning at Myers Knox City and the lunch at the Knox Club were all well attended and highly enjoyable and many more events are planned. Subscriptions for the year 2015 are due now and the subscription cost for 2015 is **\$15.00** which is unchanged from 2014. You can of course visit us three times before deciding to join and become a member and you are assured of a warm welcome as you sample the happy and inclusive atmosphere while you enjoy the entertainment and social events planned for the year.

Regular events each month include, a monthly cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and much more. Events planned for the remainder

## Rowville Toastmasters

### New Members Join Toastmasters To Find Their Voice.



People join Toastmasters for a number of reasons. Students join to enhance their oral presentations, career people trying to impress their employers with a passionate sales pitch, or even people preparing for a milestone speech such as a wedding. They all have one thing in common. They are all trying to find their public speaking voice, and Toastmasters has the ideal program to help them find it.

Rowville Toastmasters Club is experiencing a rapid growth in membership to start 2015. With a steady stream of new and enthusiastic members, the club is constantly being refreshed and energised with new ideas and diverse thinking. New members are challenged by the guidance of experienced members. Different perspectives brought to the club by new members challenge experienced members. This combination of ideas creates a healthy and dynamic club, and an exciting place to be.

New Toastmasters Kerryn, Rebecca and Minesh will soon be facing their first challenge, the "Icebreaker"



*Club President Paul and Mentor Coordinator Michael (back row) are joined by new members Kerryn, Rebecca and Minesh.*

speech. With a detailed step-by-step program and a Mentor appointed to assist with direction, their Toastmasters journey will take them from a novice to a successful public



## National Seniors Australia

**The next meeting of the Knox Branch of National Seniors will be held at the Knox Club on the 27<sup>th</sup> May 2015 starting at 10.15am for a 10.30 start.**

Join us for the Meeting/Social time and enjoy our guest speakers for the month, John and Isabelle Mentha, who will be talking about the History of Modern Magic. You can stay for lunch if you wish.

We are also looking forward to our outings this month. On 12th May we are going via bus to St Kilda Road for a Tour of the Shrine of Remembrance. Then on the 21st May we are having a dine out at Casalinga Restaurant in Croydon, which promises to be a jolly occasion. Thinking further ahead, we will be going out on the 19th June, for a night of comedy at the Mooroolbark Theatre where we will see a play called "Rumors".

National Seniors are a fun loving group of people aged from 50 plus and new members are warmly welcomed.

Please contact the President John on 9778 6784 for any further information .

*Rhondda Cowen*

of the year include a day trip to Marysville and a tour of the Chinese Museum as well as theatre outings both local and City.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input from all our members.

Details of our monthly meetings can be found in "What's On Locally" on page 2. **For 2015 the meetings will start at 10.30am.** Come early to get a good seat. Make a note in your diary, on your calendar, or on your iPhone and come along to our next meeting on **Tuesday, 26 May 2015, starting at 10.30am** to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers. We look forward to seeing you there.

Contact Jill on 9801 4363 for any further information.

*Jim McLoughlin*

speaker. The Toastmasters Education Program is central to all Toastmaster clubs. It provides members with a proven curriculum to build communication and leadership skills, with opportunities for recognition and encouragement along the way. Members can learn to speak spontaneously by participating in the regular table topic segments.

A Toastmasters club adopts a "learn-by-doing" philosophy, where each member learns at a pace suitable to their developmental needs. The Toastmasters program is divided into two separate tracks, Communication and Leadership, with members progressing along each track by presenting speeches and taking on roles within their club. One of the most positive benefits from Toastmasters is the shared journey with such a positive and friendly group.

Perhaps you could find your public speaking voice at Toastmasters. With a warm supportive club environment, you will soon become the speaker you always wanted to be.

Guests and New Members Welcome - Free

You can participate at Rowville Toastmasters by attending meetings as a guest, or by joining at any time. Guests can attend free of charge. Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2.

If you are interested in attending a meeting and learning 'to speak among friends' please send an email to [contact@rowvilletoastmasters.org.au](mailto:contact@rowvilletoastmasters.org.au) or visit the website at [www.rowvilletoastmasters.org.au](http://www.rowvilletoastmasters.org.au) to see details of Club activities.

*Peter Tuck, Vice President Public Relations.*



## RIP Alice Lilian Ladd

Starting with a sad note, we lost our beautiful life member, Ali Ladd, on 2/4/2015

Always happy and smiling, she was almost 102 years of age and was an inspiration to all who knew her. Ali will be greatly missed at bingo every Friday. There was a wonderful turn-out at the service to celebrate her life.

### On the 17th March, we had an outing to the Shrine to see the new WW1 & WW2 exhibits.

It was extremely interesting and moving, seeing the photos of the 10 Victoria Cross recipients and realizing how young most of our Australian soldiers were, many only teenagers. We thank each and every man and woman who bravely fought for our freedom.



After our tour, we headed off to Williamstown and enjoyed a delicious lunch at the Williamstown RSL, then a drive around the area. Everybody had a fantastic day.

On March 20th, we had another trading table at the club to raise extra funds. Many a treasure was donated and snapped up at a very moderate price, for the next person to enjoy.



*Our Group At The Shrine Of Remembrance*

For information regarding our activities, please call Anne Berg on 9873 0226 or 0404 007 174.  
Anne Berg President

## Knox Council National Sorry Day 2015 – Tuesday 26 May

Knox Council invites all residents and visitors to attend its Sorry Day ceremony, to be held on Tuesday 26 May.

The event, which coincides with National Sorry Day, will be marked with the annual ceremony outside Council's Civic Centre at 511 Burwood Highway, Wantirna South from 10:30am. Official proceedings include a Welcome to Country and Smoking Ceremony, to



be conducted by a Wurundjeri Elder. The ceremony will conclude with a morning tea.

Knox Mayor, Cr Peter Lockwood encouraged all residents to attend the Sorry Day ceremony.

"As a community, we have the opportunity to unite together to acknowledge and move towards healing for the Stolen Generations," Mayor Lockwood said. "It is a day of high significance on the Australian calendar and Knox welcomes all residents and visitors to attend our local ceremony.

"It is a day of high significance on the Australian calendar and Knox welcomes all residents and visitors to attend our local ceremony.



I hope all Knox residents can make every effort to attend."

The Sorry Day ceremony is in partnership with TR@K, an independent, grassroots community group concerned with Indigenous and Reconciliation issues across Knox and the Eastern region of Victoria.

*Editor's Note:- Knox has the second largest population of Aboriginal and Torres Strait Islander people in Melbourne's Eastern Metropolitan Region. The 2011 Census has identified an increase in the Aboriginal population living in the City of Knox from 482 in 2006 to 544 people.*



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The Sup And Sip Club At Rahimi Photo Courtesy Janet Soo

## Knox Combined Probus Club

Our Outings coordinator has resumed our visits to the Waverley Cinema. On the second Tuesday of each month we go along to the morning session and see a movie chosen after consultation with members. The morning session is very popular with other seniors groups as well, so that quite often the theatre is close to full. Last month we saw "The Second Best Marigold Hotel" which was thoroughly enjoyed by all of us. It was a packed house and the laughter was evident throughout. This month it was "Elsa and Fred" and although some thought it was predictable, the acting was excellent from the two old stagers.

17 members ventured over to "Chesterfield Farm" on the 10th March. A beautiful sunny day was spent wandering around the animal paddocks and being "entertained" by some Far North Queensland cowboys (Not the rugby team!!). After lunch we saw an amazing display of sheep



herding by "Bridget" the Border Collie and her handler.

Our outing for the month was to Como Gardens at the Basin, but it was cancelled due to a lack of numbers. However for our May trip

we had to cancel our normal bus and book a much bigger one. We will take a cruise up the Maribyrnong River on the Tramboat with lunch at the Anglers Tavern.

Our guest speaker for the month was comedian and magician, Don Jones. His presentation was hilarious and judging by the broad smiles on our faces, was enjoyed by all, particularly Audrey who had the luck (?) to be sitting right in front of him and became involved in much of his repartee.

Our "Sup and Sip" club took 20 members to the Rahimi restaurant in Dandenong and enjoyed a veritable Afghani feast. The Dandenong Industrial Expo outside was an interesting diversion too.

Why not come to a meeting, details of which can be found in "What's On Locally" on page 2 and see how we are a friendly and inclusive group. The scones, jam and cream are a major attraction.

Ray Stackpole



Harald Pries Presenting The Bears To The CFA

Recently and on behalf of the Rowville Lions Club, our member Harald Pries presented a number of teddy bears to the Scoresby CFA. These bears are then given by the CFA and other emergency services, to distressed and upset children, involved in an accident or fire.

Rowville Lions raise funds for various charities through their regular BBQ on the first Friday of each month at Bunnings on Ferntree Gully Road, Scoresby. From January to May, we have donated to the Lions Cord Blood Foundation, (cord blood is collected at The Angliss Hospital), The Royal Children's Hospital Appeal, Vietnam Vets, the Anzac Day Appeal and Legacy.

Our May BBQ is to support ALCCRF – Australian Lions Childhood Cancer Research Fund.

Our June BBQ is to support the Lions Village at Licola, a great camp for children. Ask us about it.

The Rowville Lions Club now meet at The Knox Club in Wantirna, on the corner of Stud and Boronia Roads.

We meet on the 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month at 7p.m. for 7.30p.m.

Phone Roger on 0428 105 121 for further details.

Julia Young

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Easter has come and gone and the grass keeps growing so the Shedders have been busy keeping the Stamford Park Homestead grounds looking good. This takes a considerable amount of work but we have also found time to complete a couple of projects for Knox residents.

A maze for some pet rats was requested by 14yo Caitlin. It was constructed from metal mesh and Perspex tube that should manage to contain and entertain them. Both Caitlin and the rats are happy with the result.

Tree Fern Potters enquired about the provision of display stands for displaying ferns. These were also delivered in



The Apex Trailer Ready For The Community.

time for an exhibition at the Ferntree Gully Community Centre in mid-April.

We are saddened to learn of the disbandment of the Rowville Apex Club which had provided assistance in the area since the 1970s. It is sad that service clubs find it difficult to get new members nowadays; it's a sign of the times I suppose. Two of our Shedders were charter members of the Club and assisted in hosting the final farewell at the Homestead. The Apex name though will still be seen in the area as they donated a cool room trailer to the Shed so that it could continue to be used as a community asset. Any group or resident wishing to enquire about the use of the trailer (for weddings, parties, anything) should send an email to [info@stamfordparkshed.org.au](mailto:info@stamfordparkshed.org.au)

For more information visit our website [www.stamfordparkshed.org.au](http://www.stamfordparkshed.org.au), go to our Facebook page, or see our contact details in the "What's On Locally" section

Allan Billham 0418 677 898



# Red Hat Society

## All This Fun and Chocolate Too!

Ruby Gumnut Goddesses certainly know how to celebrate their love of chocolate, with a trip to the Yarra Valley Chocolatier plus the cheese and wineries of the local area. We had lunch and then more tastings of very fine wine of the local area. Wow! What a day! More chocolate was had at an Easter egg hunt and hotcross bun morning tea, which was celebrated by 12 very happy ladies. We collected coloured sticks instead of eggs from the garden and then exchanged these for eggs.

Laughs galore were also had at the Royal Botanic Gardens Cranbourne, where we admired the many stunning native plants, in such a great setting, rode the hop on hop off train and enjoyed a delicious lunch with many patrons commenting on our red hats and purple costumes.



The Ladies in the Yarra Valley

A movie morning and clothes swap lunch was also on the calendar for this month, with many Red Hat Goddesses

0418 102 064.

Gillian George

attending the various functions.

This month we will be holding a Biggest Morning Tea. We will be inviting other Red Hat Chapters to join us for the occasion and join in the fun. We have a quilt up for raffle, several silent auctions and lots of minor raffle prizes. We are hoping for a successful day in early May.

Some members are also attending the Melbourne Red Hatters conference, with the theme being, "Fashion through the Ages". This should be a great chance to catch up with other chapters and see old friends and make many new ones.

A group of Red Hatters are also going on a visit to Federation Square to see the 5000 Knitted Poppies program. We will be going to see the Poppies and to have lunch in Fed Square.

As you can see we are a very busy chapter and if you would like to know more about Red Hatters and join in the fun ring Catherine on

## Knox Council

### How can Council best support the operation of your community group?

Council invites community groups to participate in the Community Groups Support Project, a project designed to explore the ways Council can best support the operation of community groups in Knox.

Council will be having conversations with community groups during April and May. We want to hear about experiences with administrative or regulatory processes that help or hinder your community group.

If you, or someone from your group, would be interested in contributing then please contact Suzi Hayes, the Community Groups Support Project Officer, to arrange a time to talk.

Don't miss this opportunity to shape the future of Council's relationship with community groups!

For more information please contact Suzi Hayes in the Community Strengthening Team at [Suzi.Hayes@knox.vic.gov.au](mailto:Suzi.Hayes@knox.vic.gov.au) or (03) 9298 8130 or 0407 809 447.

### Writing Winning Grant Applications

This session will provide an introduction to the answer to all your grant seeking questions. Learn the secrets

for easily winning more grants for your community organisation or school, and find out how to drastically increase the number of grants you can apply for without pushing yourself (and your group) into an early grave. You will be taken through a grant process that will allow you to save time and be proactive with grant funding.

**When:** Wednesday 27 May 2015, 7pm to 9:30pm

**Where:** Knox Civic Centre, 511 Burwood Highway, Wantirna South

**RSVP before:** Monday 25 May

**Cost:** \$5

### Registration: Book for the 'Writing Winning Grant Applications' workshop

**Need funds for your Community Group? Grant opportunities now available**

#### Council Grant Information Sessions

Community groups are encouraged to come along and learn about the various funding opportunities available through Knox City Council.

Attendees will have an opportunity to speak with Council staff directly involved

with administering each program, and meet with other community organisations and individuals.

The sessions are an opportunity to have both Council and other community organisations contribute to your ideas and share their knowledge to strengthen your project and application potential.

This workshop will be held on four separate occasions (subject to viable numbers):

**Where:** Knox Civic Centre, 511 Burwood Highway, Wantirna South

**Cost:** Free

**When:** Thursday 14 May 2015, 7pm to 9:30pm

**RSVP before:** Tuesday 12 May 2015

**When:** Friday 15 May 2015, 12:30pm to 3pm

**RSVP before:** Wednesday 13 May 2015



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## COMMUNITY DEVELOPMENT FUND GRANTS

Grant submissions close  
**Monday 6 July 2015 at 8am**

For further info visit  
[knox.vic.gov.au/cdf](http://knox.vic.gov.au/cdf)

From Friday 22 May 2015, groups can apply to Knox Council's Community Development Fund, a program that provides grants of up to \$20,000 to help not-for-profit groups carry out projects to benefit the Knox community.

Groups interested in applying for a grant should attend one of the 'Grant Programs @ Knox' information sessions being held at the Knox Civic Centre on:

**14 May** 7pm-9:30pm

**15 May** 12:30pm-3pm

**11 June** 11am-1:30pm

**15 June** 7pm-9:30pm

To book into a session or for further information call 9298 8000 or email [cdf@knox.vic.gov.au](mailto:cdf@knox.vic.gov.au)





# Rowville Community Library

May

"Feeding the minds of our community..."  
Sponsored by Cr Darren Pearce



**It's National Families Week in May, time to research your family history!** : on Monday 18<sup>th</sup> May- make a one hour booking from 2-5pm for a one-on- one session with Charles. Free event. Bookings please.

**Selling on Ebay:** on Thursday May 21<sup>st</sup> from 6.30-8pm Micah will present his session with all the tips and tricks for selling on Ebay. Free event. Booking essential.

**Library tours!** : Please book in for your very own tour of the library and an introduction to all of its resources by telephoning Rose on 98006443. It's free and will ensure that you do not miss out on any advantages of your library membership!

**Biggest Morning Tea:** on the 28<sup>th</sup> May from 10am we will be hosting this year's Biggest Morning Tea in Centre Court at Stud Park Shopping Centre! As in previous years we have been given enormous support from Ray White, the Coffee Club and Shopping Centre Management. Do come along to enjoy a morning tea with us, listen to Graeme the accordion player and contribute to the very worthy cause in the Cancer Council. Donations over \$2 are tax deductible!!

**ANZAC Day artwork:** The children from Rowville Primary School have created some wonderful artwork for our front windows to form a backdrop to the memorial. I hope that you will have seen the artwork already (perhaps you came to the memorial service on ANZAC Day?) but if not then there is still time to pop by. Well done RPS!

**Afternoon Bookchat!** Our book discussion group is open to new members to share what they have been reading. A selection of new books will be available. The next meeting will be on Monday 4<sup>th</sup> May at 2pm.

**One-on-one eHelp:** Ask an eLibrarian - Book a 45 minute one-on-one session to help you use library services on your eDevice while connected to the library's Wi-Fi... Bookings are essential 98006443

**Mobile phone help:** will now be incorporated into the Tech Help sessions held every Tuesday, Wednesday and Thursday morning from 10am – 12 noon. All welcome. Free event.

**Bookclubs:** There are three bookclubs running in the library which meet once per month - Friday evening Thursday evening or Tuesday afternoon. All groups are full but ring Rose 98006439 to go on a waiting list.

**Tech Help!:** On Tuesday and Wednesday and now Thursday mornings a tutor is available from 10am to assist people to use the computers (ours or yours!). Tutors are able to help with Internet, iPads, tablets, Email, Facebook, Office and now **mobile phone** usage, everyone is welcome. The sessions are free. Do you need help to set margins,

attachments for emails, access online services, etc? This is for you! Includes help with eBooks and eMagazines.

**Rowville Writers' group:** Next meeting will be on Tuesday 26<sup>th</sup> May at 1pm.

**Chinese Friendship Group:** This group normally meets weekly at the library on Thursdays **at 10.30am** but during May will meet **Fridays** instead.

**Family History Help:** Rowville Library offer **FREE** one-on-one assistance, but first please telephone 9800 6443 for a time to ensure staff availability. By the way did you know that you can access Ancestry.com from the library for free? Charles is available to assist you with any Family History question.

**Home Library Services:** for free book deliveries please ask to speak to Rose or Raelene on 9800 6443.

## Children's activities

**Kids on Wednesdays:** Bring along the children to our craft session on **Wednesdays at 4pm** during school terms. This group is specifically for primary school aged children and involves a variety of activities. It's meant to be fun and it's free! See you Wednesday!

**List of regular storytimes held during school terms: Bookings are not required.**

**Monday 10.30am** Toddlers storytime (age 1 - 3)

**Tuesday 10.30am** Preschool storytime (age 3+)

**Wednesday 10.30am** Toddlers storytime (age 1 – 3) and **2pm** Tiny Tots storytime (age 0 – 12 months)

**Saturday 10.30am** during school terms. A special family storytime will be held every Saturday morning at 10.30am during school terms. Come along with friends and family to join the children for this one hour session! We appreciate that not everyone can attend the storytimes during the week, so this is another opportunity which may suit. Everyone is welcome. This is a free event. No bookings required.

**Bedtime storytime** is held on first **Friday** of the month at **7pm**. This month it will be on the **1<sup>st</sup> May**. Wear your pyjamas if you want and join us for some stories before bed. (Quite often we see the children in their pyjamas but not usually the parents!) All Welcome.

**Are you a member of the Rowville Community Library?** Joining is easier than you think....all you need to join is a driver's licence with your current address (or similar ID). Joining is free. Borrowing is free. Normal **opening hours** are Mondays to Wednesdays 9–5.30, Thursday and Friday 9–8, Saturdays 9-4 and Sundays 1–4.

Details about the library service are available from our website at [www.erl.vic.gov.au](http://www.erl.vic.gov.au), and you can even join on-line.

*Rose Thompson, Manager – Rowville Community Library*  
9800 6443



## Plenty: A Place To Call Home

Ananda Braxton-Smith

Plenty is a poignant new novel by Ananda Braxton-Smith, set in and around Melbourne and aimed at confident ten to twelve year old readers.

Maddy Frank is an only child and has lived in inner suburban Jermyn Street her entire life. On Maddy's tenth birthday she is devastated to learn that the family will be moving to the town of Plenty in the country to be closer to her aging grandmother. They are taking Maddy away from everyone and everything she loves.

Maddy is homesick and angry in her new house which is too big, has a bad smell and a dark mountain looming over it. Maddy's parents try their best to make her see the

positives of the move but she is cold and resentful towards them.

At her new school, Maddy is paired for a school project and becomes friends with Grace Wek, a "beautiful giant" who is a refugee from South Sudan. Grace's family endured war, famine, drought and homelessness before being brought to Australia.

Maddy must also forge a new relationship with her Nana who she hasn't seen since she was a baby. When Maddy learns her Nana was a Cypriot refugee, she comes to realise that others have suffered more than she has. And that of course, home is where the heart is.

Plenty is a beautiful story, sprinkled with fairies, stars and spider orchids. Expect to see this book on the 2015 Children's Book Council – Book of the Year shortlist.

*Michelle Tomazin* Youth Services Librarian, Rowville Library



## My Oldest Memory

The white metal gates creaked open, as flecks of white paint fell onto the gravel road. The garden was inhabited by an assortment of fruit trees and ferns that were overgrown and needed pruning. Three mature coconut trees lined the perimeter of the house, all painted with large serpents on its tree trunks, to ward off any thieves that were hoping for an easy meal.

Towards the side of the house was a long, winding sewer, which overflowed into the river that adjoined the back yard. The sewer was mostly dry, and home to tiny mud crabs that were enticing to keep as pets.

The house would often be visited by the local fauna and such animals would roam the garden, as if it was their own. Giant monitors were observed searching the grounds for rodents. At night, bats would fly over the tree tops, gorging on fruit that was only intended for human consumption. By far the most intimidating species that were revered by the local neighbourhood, were cunning alligators that somehow managed to survive in a river, which was also used as a dumping ground.

As a five year old child in Sri Lanka, I was warned not to play by myself in the garden and was constantly tempted by the delectable pink fruit tree that grew towards the edge of the river. I remember skimming stones against the water, as my mother fed me rice and kept a watchful eye. It seemed so innocent back then, but now as I recollect these flashbacks, I tend to shudder at the thought of how dangerous the situation could have really been.

I also remember peeking through the back door and observing several alligators lounging in the back yard. Sheba, my Uncle's pet dog would howl and scratch the window relentlessly, hoping to challenge the intruders.

I was also told stories of when the heavy rains flooded the house and my Grandma had to chase an alligator from out under the bed, with a mere broom. After these perilous times, I was not allowed to visit until the house was in a habitable condition.

Shortly after, I migrated to Australia. At the age of sixteen, I was lucky enough to return back home. My Grandmother's house remained the same, although it seemed a lot smaller. The backyard was almost non existent, as the local council had taken away most of the land, to accommodate the river's rising water level.

As each family member migrated overseas, the house and land was sold to the highest bidder. My grandmother was the last to leave.

I visited the house six years ago, standing on my tiptoes, to take a quick glance over the thick metal gate, the new owner had erected. I was horrified to see an empty patch of dirt. The house was bulldozed down, to make way for a school (which was never approved by the council). The fruit trees and ferns were gone and I assumed the animals had no motive to return. I pondered at the thought of whether the alligators survived, as the river was infested with so much waste that it was hard to believe that anything could endure such hazardous conditions.

These distinct childhood memories will always be entrenched in my mind, as such thoughts bring me closer to my Grandmother, whom I loved so dearly!

She has now since passed away, spending her remaining years in Australia, amongst family and friends that adored her. But in my heart, I know she longed to be home.

As I return to my country of birth, for a holiday with my daughter, I feel a sense of sadness. My daughter will not experience the remarkable environment that existed during my childhood and most importantly, she will never get to meet such a wonderful woman, as my Grandmother.

When the day comes, I will share my childhood experiences with my daughter, as I've come to realise that my recollections will always just be that, a cherished memory!

*Amani Gunawardana*



# Paul's Photography Patter

How many of you use the various "mode" settings that most point and shoot and DSLR cameras have?

Even I often use the standard "**Automatic Mode**" setting when I'm out taking a variety of subject shots, as the camera generally does a reasonable job in selecting what it considers the best shutter speed, ISO, white balance, focus, flash and aperture to obtain a nice photo.

However, using an appropriate mode may improve particular subject photos as better settings may help. So, over the next few months' issues, I will cover the benefits of using the various modes to improve your appropriate shots.

"**Portrait Mode**" means the camera will choose a large aperture (small number) to reduce the depth of field and throw the background out of focus so your person stands out in the scene. Move in as close as possible, or zoom in, to ensure the person "fills the frame".

"**Landscape Mode**" is virtually the opposite of portrait mode. It sets a small aperture (large number) so as many of the different objects at different distances in the landscape

scene will be in focus, due to the large depth of field it creates. Unfortunately this small aperture may mean the camera chooses a slower shutter speed to compensate for less light getting in, so you may need to stabilise your camera on a tripod or against a wall or whatever.

"**Macro Mode**" is used to let you get very close to subjects such as flowers, insects or small objects. The downside is the depth of field (or focussing distance) is very small. Try to have the subject as parallel to the camera as possible to minimise the amount of the subject that is out of focus. A steady hand or tripod is necessary for successful shots.

Next month we will cover "Sports Mode", "Night Mode", and "Movie Mode etc.

Then in following months we will move on to cover the "**Semi-Automatic Modes**" such as A or AV, S or TV, P etc.

Be warned; don't forget to reset your camera, setting back to a more appropriate mode before taking the next

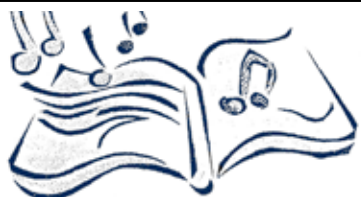


4. "Portrait Mode" photo taken recently on the Falkland Islands.

"different photo.

**HINT:** As you can see the only things in focus in this shot are the King penguins and chick.

**Happy snapping,**  
Paul Lucas.



## VICTORIAN JAZZ WORKSHOPS

The over 25's Jazz improvisation workshops will commence on Saturday July 4<sup>th</sup> and continue until Saturday 19<sup>th</sup> September 2015. The twelve workshops will be conducted every Saturday afternoon from 1pm to 4pm at the Australian Jazz Museum (formerly the Victorian Jazz Archive) at 15 Mountain Highway Wantirna.

The cost of the 12 weeks, plus a 12 months membership (\$50) of the museum, is \$250.00.

Two principal tutors are engaged and several other musicians donate their time and enthusiasm at specific sessions.

The workshops are open to musicians of all ages. Applicants should have acquired a reasonable level of competence on their instruments. Vocalists are also catered for. Learning to improvise and play with groups is an essential part of the course.

All music is provided, so you only need to bring yourself and your instrument. Keyboards/Piano and Drums provided.



For any further information regarding this workshop, please contact Marina on either 9781 4972 mobile 0409 964 753 or at the Australian Jazz Museum on 9800 5535. Alternatively you can email [vhmarinap@bigpond.com](mailto:vhmarinap@bigpond.com) or [mpollard@ajm.org.au](mailto:mpollard@ajm.org.au).

Marina Pollard

## Letter to the Editor



## Rowville – Lysterfield Bridge Club

I am interested in starting a Bridge Club in the Rowville – Lysterfield area, where I have noticed we do not have a club and have to travel to join one. I would like to invite people who have some experience and knowledge of Bridge, as well as beginners, to contact me to join.

Playing bridge is not just a game but it helps your memory and you can make some good friends.

I suggest meeting at 7pm on a weekday for those who still work or during the day at a convenient time for others. Initially we would play in a member's house but with sufficient members could consider hiring a room at the Community Centre.

Please contact me on 0425 803 302 if you are interested.

Suba Mohan

## Delivery People Needed

The following delivery areas need volunteers. Less than an hour a month. Please help.

Pia Dr (Trisha to Sheridan), Suzana Place, Edmond Court – 86 papers

Heany Park Rd (even #'s 24 to 30), Perri-Raso Rise, Jejana Tce, Reservoir Cr, Nocera Pl, Providence Pl – 72 papers

Quail Way (even #'s 4 to 26; odd #'s 3 to 45), Goldfinch Pl, Whipbird Ct – 60 papers

Quail Way (even #'s 28 to 88; odd #'s 47 to 69), Harwood Ct, Chatsworth Ct – 60 papers

Lakeside Blvd, Winnipeg Street - 57 papers

**Delivery in these areas depends on you. Think of the exercise. Think of your community.**

For a full list of the areas looking for delivery people see 'Walking The News' on page 3.

## Fishing Competition

As part of the Knox Council Active April Scheme and in conjunction with the Knox Boat Fishing Club, there was a fishing competition at Hill Lake on the 19<sup>th</sup> April and despite the cold and rain a pleasing number of contestants turned up. Hardy people these fishermen!



Photo courtesy Maureen McEwin

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## Anzac Day 100<sup>th</sup> Anniversary at Gallipoli

While you are all reading this in the weeks following Anzac Day, I am writing this several weeks early, because on the 25<sup>th</sup> of April I will be standing on the Gallipoli Peninsula paying my respects to our fallen diggers.

In July last year I applied to be part of a special Australian Contingent made up of Year Nine - Twelve secondary school students. Through the application process, I had to write essays on the ANZAC history, which demonstrates my knowledge and interest. The number of applications was cut down from the 800 students who applied, to the 80 who were selected to go and I was thrilled and delighted to discover I was one of them.

I will be leaving on the 20<sup>th</sup> of April and spending nine days discovering Turkey. This trip includes visiting various temples and significant landmarks in Turkey. I hope I can immerse myself in the culture and embrace everything that I can learn from this once in a lifetime trip. I look forward to sharing my stories with you when I return.

Jade Sheehan

*Editor's note: - We look forward to hearing all about the experience Jade in next month's paper.*



Jade in the front of the travelling group

## A Young Persons View Teens in Politics

### Issue #2

Hello again! So teenagers in politics... what an idea. We are so controlled by the media and what we see on TV, social media and even in advertising, that it brings to mind the question; do us teens really have a clear idea about what politics is? Honestly I think all we know is that Tony Abbot has seriously **huge** ears and makes poor decisions, while Kevin Rudd is kind of grumpy.

Therefore this brings to mind that our main source of education about the real world comes from school... so why don't we know more about this stuff? Maybe schools should focus more on the big things instead of letting the media plague our minds with negative and often untrue story-telling. Which, as it happens, is a great link to my next point.

In the past month, thirty of my classmates from the ages of 14-17 undertook a survey I designed to get to the bottom of what would be a teen's main focus if they were ever elected into parliament. Unsurprisingly it was tax, economy and the budget at the bottom of the list with an overall total of five people saying it would be their top priority over all categories. However, alarmingly (in a good way) it was unemployment that topped the charts with fifteen people saying that this would be their main focus (followed by education in a close second). No one said immigration would be their main focus.

So let's take this data and run with it. Absolutely no one said that immigration would be their main focus. And why do you think that is? The answer, because of all the negativity surrounding it in the media. There are so many videos, songs and Facebook pages dedicated to keeping immigrants escaping poverty out of Australia that it has now become its own punchline. This is just an example of how seeing a one-sided view of everything can pollute young minds. And I know this stuff, I'm a teenager! I have literally grown up in the age where technology and the media are at their finest and they just keep on developing.

And look, you may or may not agree with me, but the facts speak for themselves: teens just aren't interested in the numbers or what's happening outside our own little world. However, this does not mean that our hypothetical teenage politicians wouldn't be able to make things work. With an impressive approach and an unbiased and critical outlook on what should and has to be done for our country, I see no reason that today's young adults couldn't run a stable and just country.

Thanks for reading! See you next month,  
Katrina Miller, RSC Student

## Tech Wiz... Evoke IT

### LET'S TALK ABOUT TECHNOLOGY Computer Viruses



For our first article in this new segment, we will discuss **computer virus**, which can impact performance of your machine, loss of your computer hard drive and most importantly your beloved data, which can include your images, videos, emails, your assignments and much much more.

A Computer Virus is a malware program that, when executed, replicates by inserting copies of itself (possibly modified) into other computer programs, data files, or the boot sector of the hard drive; when this replication succeeds, the affected areas are then said to be "infected". Viruses often perform some type of harmful activity on infected hosts, such as stealing hard disk space or CPU time, accessing private information, corrupting data, displaying political or humorous messages on the user's screen, spamming their contacts, or logging their keystrokes. However, not all viruses carry a destructive payload or attempt to hide themselves. The defining characteristic of viruses is that they are self-replicating computer programs, which install themselves without user consent. Computer viruses currently cause billions of dollars worth of economic damage each year, due to causing systems failure, wasting computer resources, corrupting data, increasing maintenance costs, etc.

In response, free, open-source antivirus tools have been developed and a multi-billion dollar industry of antivirus software vendors has cropped up, selling virus protection to users of various operating systems of which Windows is often the most victimised, partially due to its extreme popularity. No currently existing antivirus software is able to catch all computer viruses (especially new ones). Computer security researchers are actively searching for new ways to enable antivirus solutions to more effectively detect emerging viruses, before they have already become widely distributed.

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## Achievers Page

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## Samantha Star Mother's Day Concerts

On Sunday 10<sup>th</sup> May, Mother's Day, Samantha Star will be performing two concerts inside the Tea, Elegance, Aromatics (TEA) Company in Stud Park Shopping Centre at 10am and 2pm.

Samantha has been a resident of Rowville for six years and has been singing since school, where she was the music captain. She has a family tradition of entertaining as her father was a jazz pianist. She won a scholarship to Trinity College at Melbourne University where she studied under the late Dr Christopher Dearnley, who is best remembered as the organist in St Paul's Cathedral London during the wedding of Prince Charles and Lady Diana Spencer.

Samantha started out singing liturgical songs before joining the "Eternal Choir" for four years. Today she has returned to her roots, Celtic music, and has released 15 CDs of her music and many more songs on compilation CDs.

In conjunction with the Romanian based "InnerSync" producer Mihai Pana, better known as Michael Feathers, they have developed an 'Enya' type sound that will please the most critical ear. Samantha's new digital album "Blessed" from Mermaid Music is described as angelic Celtic Trance Music with a retro edge. It can be sourced at [www.samanthastar.bandcamp.com](http://www.samanthastar.bandcamp.com)

Bookings are essential for the concerts and can be made either by phone to Olivia at 0430 348 384 or by email to [olivia@teacompanyonline.com.au](mailto:olivia@teacompanyonline.com.au)



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# Local History

## FROM MEMORY LA THE ARCHIVES

### May 2010

International Women's Day at the **Community Centre** came to an abrupt end as giant hailstones penetrated the skylights and flooded areas below.

13 year old **Joshua Juandy**, a Lysterfield resident, attending the Knox School, had one of his competitions performed at the Yamaha Music Education Centre and hoped to have the piece played at the Asia Pacific Concert. Did it get played Joshua and are you still playing. Let us know.

**Eildon Park Cricket Club** had 8 teams in Grand Finals with six being triumphant, plus **Ryan Hicks** being nominated as the FTGDCA Junior Player Of The Year. How did you perform this season Ryan and how did the Club go?

**Rowville Uniting Church** welcomed their new minister, **Trevor Bassett**, who referred to his first few weeks as "A baptism by hail", referring to the extensive damage to the church skylights and the resultant flooding, from the hailstorms that month.

**Charanja Thavendran**, having missed last year's Victorian Championships due to injury, stormed back to win the under 14 girls 100 and 200 metre titles. Club mate **Jackie-Lee Fredricksen** won the under 12 girls 70metre title whilst **Tim O'Brien** won the boys under 15 shot put, **Blake Tahlambouris** the under 9 boys 400metres and **Brodie Richardson** the boys under 9 walk. Are you all still involved with athletics?

Becton Group officially opened their newest retirement community at **Waverley Country Club** with 52 of the 58 units already sold.

## Stemming the spread of Cypress Canker in Knox

Knox Council is working to stem the spread of a disease that has been spotted in Knox's Cypress trees.

Mayor Peter Lockwood said the dreaded *Cypress Canker* disease that only kills one type of tree has arrived in Knox, and our teams are working to keep it in check.

"Cypress canker is a fungal infection that targets just one type of tree," Mayor Lockwood said. "Sadly, the only answer in many such cases is to remove a tree found to be infected. It's sad to have to remove such large trees when we find an infection, but there's no other way we can protect other healthy ones. Pruning doesn't help as it would only slow down the tree disease not prevent it."



The Mayor added "Trees that need to be removed will be also checked so we can relocate wildlife if found in them. The infected trees will be disposed of straight away so the fungal spores don't spread."

Residents will be notified of any removals found necessary and we will do our best to minimise any disruption during works.

**Editor's Note:-** Cypress canker is the most significant of the pathogens currently affecting exotic conifers in Victoria. Unfortunately there is no proven cure for this disease. It attacks at least 25 conifer species of the Cupressaceae family in many parts of the world, including Australia, the United States and Europe. It is not known to affect other plant families.

Previously this disease was thought to be caused by a single *Seiridium* species, but scientists now believe that three species (*S.cardinale*, *S.cupressi* and *S.unicorne*) can cause the same symptoms. These fungi have been present in Victoria for more than 50 years.' (Source: DEPI)

## You get a second opinion on the little things, why not on your home loan?



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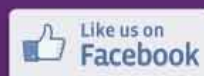
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It's Smart to Ask for a Second Opinion



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# Eastern Community Legal Centre



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## 'Taking Good Legal Care of Yourself'

is a regular contribution by Eastern Community Legal Centre (ECLC) to raise awareness of legal needs in the community, and encourage people to seek legal advice early. ECLC is a not-for-profit community service that provides free legal advice to Melbourne's outer-eastern communities, including Rowville and Lysterfield.

## Personal Safety Intervention Orders

### David's Story

David has been having problems with his next door neighbour John for a number of years. This has recently escalated because David asked John to repair damage he caused to the trellis fencing between their properties. Since then, John has played his music very loudly throughout the night, verbally abused David when he is in his backyard, blocked David's driveway access with his garbage bins and parked cars, and most recently thrown glass, rocks and nails on David's driveway and in his back garden. David feels very anxious, adding to the grief he is dealing with having recently lost his wife. He is fearful for his safety and also worries about leaving his dog alone in the backyard.

David sought help from ECLC and with the assistance of a community lawyer applied for a personal safety

intervention order against John. At court, the magistrate felt there were sufficient reasons to grant an interim order to protect David whilst his application was being assessed. A full intervention order was later granted without contest by John. David has informed his lawyer that John's menacing behaviours stopped from the time the interim order was served on him.

Do you feel unsafe because of the behaviour of someone who is not a member of your family? For example, this person could be a friend, a neighbour, a person in your workplace or an acquaintance. The threatening behaviour could include stalking, violence, threats of violence or damage to property? If so, then a personal safety intervention order may help you.

A personal safety intervention order is similar to the family violence intervention order discussed in last month's edition. It is a court order made by a magistrate in the Magistrates' Court. In this case, it protects a person (the affected person) from a non-family member who has threatened their safety (the respondent).

An order has a list of conditions that tell the respondent what they cannot do, including stopping them from contacting or threatening you, coming near your home, and from damaging your property. To get an intervention order you need to go through a legal process and must go to court. An intervention order is not a criminal charge against a person. However if the person breaches a condition on the order, this is a criminal offence.

Denise Budge, Manager at the ECLC Boronia Office, says "It is very important for someone to understand all of their options before applying for a personal safety intervention



order. If they decide to proceed, they will need to have all the relevant information before making the application and going to court". Ms Budge encourages anyone who is feeling unsafe because of another person's behaviour to contact the Boronia office to arrange an appointment for free legal advice, and to better understand the legal process involved. Free advice is also available to people who are responding to an intervention order application made against them.

- Contact ECLC on (03) 9762 6235 to make an appointment for free and confidential legal advice
- If you are in immediate danger please contact Vic Police 000
- If your dispute does not involve risk to your personal safety or property, the Dispute Settlement Centre of Victoria may be able to help on (03) 8803 8533



## Preparation Is The Best Weapon

"You have cancer" are words that you never want to hear, but when you do you can be faced with questions like: Why me? What will happen to my family? How do I fight this? How much will it cost? How will my family cope financially if I can't work or, worse yet, if I don't survive?

According to the Cancer Council of Australia, cancer is the second leading cause of death with approximately 43,000 people estimated to have died from the disease in Australia in 2010 and about 114,000 new cases diagnosed during the year.

Being told that you have cancer is a big enough blow without having to worry about your finances. Your first priority is to get well again, however it can be hard to concentrate on your priorities when you have bills to pay, a family to feed and mounting medical costs.

Many people believe that taking out life insurance is for the aged, those who are ill, have children or are thinking about retiring. This is a myth.

An illness like cancer can strike when you least expect it

and one of the most responsible actions you can take is to be financially prepared. Similar to private health insurance, taking out life insurance when you are young and healthy ensures lower premiums for the lifetime of your policy.

So what life insurance policies should you be considering?

### Trauma Cover

Trauma Cover provides a lump sum payment if you're diagnosed with a specified trauma condition. Trauma Cover is designed to help pay for your medical costs and living expenses, providing you with some financial security during the important recovery process.

The types of conditions that Trauma Cover may cover you for include: heart attack, multiple sclerosis, motor neurone disease, major organ transplant, severe burns, cancers, dementia and stroke or paralysis.

### Income Protection

Income Protection, also known as salary continuance, usually pays a monthly benefit of up to 75 per cent of your regular income if you're too sick or injured to work.

This type of insurance is designed to help you continue to pay the mortgage, children's school fees, utility bills and buy food, clothes and other day-to-day expenses.

### Total and Permanent Disablement (TPD)

TPD cover provides a lump sum payment if you're totally and permanently disabled. This cover will usually help you

pay for medical expenses, repay major debts and ensure that you are looked after in the future.

### Death Cover

Death cover works by making a lump sum payment to your family if you were to die, or, under some policies, are diagnosed with a terminal illness. It offers you the security that if the unexpected were to happen, your family would have financial protection.

For anyone who has large debts, such as a mortgage, it is important to take out death cover, irrespective of your age.

Making sure you have the right cover will help give you peace of mind now and financial support in the unfortunate event that you experience disability, illness or death.

If you would like professional advice about which life insurance option is most suitable for you and your family, you could consider consulting with an accredited financial planner. Your financial planner will investigate how much cover you currently have and how much you should have by taking into consideration your personal circumstances and needs.

Enis Vural\*

\*Enis Vural is an Authorised Representative of AMP Financial Planning Pty Ltd, ABN 89 051 208 327, AFS Licence No. 232706.

Any advice given is general only and has not taken into account your objectives, financial situation or needs. Because of this, before acting on any advice, you should consult a financial planner to consider how appropriate the advice is to your objectives, financial situation and needs.

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*Delicious Feijoa Loaf*



Our recipe this month should be called The Community Loaf, not Feijoa Loaf.

The feijoas come from Lea in Emerald, who just loves to share the excess produce from her property. The recipe comes from Claire, one of our Facebook Family, who answered the call for recipes.

We added the rest of the feijoas to this week's dessert and made apple & feijoa crumble. If you didn't come to lunch you missed a real treat. Give us a call and book your place for lunch on 0416 305 741

Give this simple recipe a try, I found it worked a treat, our accountant loved it.

## Feijoa Loaf

### Ingredients:

- 1 heaped cup of peeled and sliced feijoas
- 1 cup of boiling water
- 1 cup of sugar
- 2 cups of flour
- 1 tsp baking powder
- 50g butter
- 1 tsp baking soda
- 1 egg, beaten

### Method:

Preheat oven to 180°

Place feijoas, sugar, butter and water in a saucepan

Bring to the boil and simmer gently for 5 minutes

Remove from the heat and allow to cool

Stir in the dry ingredients and egg

Mix until all ingredients are combined

Bake in lined loaf pan for 50 minutes or until skewer comes out clean

*Christine Smith*

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## No Ordinary Life – Positive Ageing in Knox

It was over a pot of tea at the Tea House in Stud Park, that David Gilbert and I discussed the possibility of a new regular column for the RLCN, that discusses openly and frankly the challenges of growing old in Knox, particularly the southern areas such as Rowville and Lysterfield. I had been talking with David about many of the challenges I see/hear through my active involvement with local community groups and my role as co-chair of Knox Active Ageing Advisory Committee. David suggested I might like to pen my thoughts for the benefit of RLCN readers, so here goes.. column 1.

### Rowville needs supported aged care accommodation!

Today I start with the words – “Age in Place”. You may have heard this phrase before. In Council we certainly bandy it about, especially in the context of the Knox Housing Strategy and Rowville Plan. It is based on the premise that neighbourhoods / communities should be flexible and accommodating to people regardless of life stage. It recognises that quality of life is influenced by our sense of connectedness to the area in which we live and that this is influenced by our relationships with neighbours, proximity to family and friends, or the convenience of local shopping areas, essential services such as our Doctor, the smiling faces at the Post Office and so on.

In the context of ageing what it means is that housing needs may change with time because as we age there may be a desire to downsize and simplify one's home and garden, but not at the expense of the connectedness mentioned above. However, change can be scary. Life is manageable when it is predictable and routine. For some, selling the family home and downsizing may be simply too overwhelming to consider. Where would I go? What are my options?

If a person is physically and mentally capable, then remaining independent is strongly recommended. Age is not a measure of capability, it is more an evaluation point of how things may need to be done differently to achieve the same outcomes.



*Cr Nicole Seymour opening the Knox Art Show*

In the Southern part of Knox we have a growing number of quality retirement villages. We are also starting to see smaller dwellings such as units and apartments become more readily available.

Whilst this is encouraging, there is a glaring gap in supported aged care accommodation down our end of town and this is problematic. Whether it is low, medium or high care accommodation, the fact is we have none. People needing these types of facilities often need to move to a neighbouring municipality or to older suburbs within Knox (predominantly in the north or west) where such facilities are well established. A move such as this disconnects the person from the community they are most familiar with and can create emotional, physical and financial hardship for a spouse and family trying to maintain the family unit.

The fact is that as we age, many will need a supported care environment, especially low to medium care, to facilitate the transition in life stages. This came through loud and clear from the community consultation undertaken through the Rowville Plan process. I am particularly thankful to the many residents of Peppertree Hill Retirement Village who lobbied and petitioned Council regarding the need for supported aged care in the Rowville area. As a result of their fortitude this was picked up as a key theme in the Rowville Plan.

The opportunity to “Age in Place” should not be selective to only those who can live independently. It should be a right of all our seniors regardless of life stage and should also respect the needs of spouses and families doing the best they can to look after loved ones in the latter years of life. Let's hope private aged care providers take notice and build what will be an invaluable asset to the Rowville Community.



## Three Year Old Pre Kinder

Our Three Year Old Pre Kinder program at the Rowville Community Centre is held from Monday to Friday during school terms. The sessions are run with only 10 children per group with higher children to staff ratios than other three year old groups. Parents are welcomed but not obliged to do kinder duty and there is no committee of management as the program is run by Knox City Council.

The two hour sessions, which are at 10am to 12pm and from 1pm to 3pm, are structured to develop creativity, imagination and social interaction in the children. They participate in activities such as painting, free play, craft, storytelling and singing. Our teachers are all fully qualified and the centre operates under the Department of Education and Early Childhood Education (DEECD)



guidelines.

Limited places are still available. Please contact Juliet or Trish for enrolment details.

To find out more about the activities at Rowville Community Centre please contact 9763 7400 or log on to [www.knox.vic.gov.au/A-Z](http://www.knox.vic.gov.au/A-Z) listing.

*Patricia Massie*



## St Simon's Shine On A Nice Autumn Day.

St Simon's participated in Councils "Premier's Active April" Program. It was a lovely sunny day and approximately 80 children experienced an active start to April when the club held its' first "Active April" event.

Activities included, the pop the balloon game and the throwing up the water bombs and catching them were a hit. But the winner was the commando crawl through the pool of jelly! The kids did get a kick of the footy as well - blindfolded though! There were lots of happy faces on the kids and that is what it was all about!

Organiser and Club Secretary, Natalie Williams said, "It was great to see the kids and families from various clubs and schools come together and have a great day. St Simon's is a community football club and this event, supported by Council, was a great way of demonstrating this."

The age group of the participant's varied from five to fifteen, with the aim of the day focusing on providing everyone with the opportunity to have fun with footy.

"It was encouraging to see so many people turn up. With St Simons working to get a girls football team up and running, it was great to see almost twenty girls, having a kick, catch a balloon, but most of all learning that footy is all about fun." Natalie said.

St Simon's would like to thank all of those who participated and as the only local club to be involved look forward to a bigger and better program next April.

## Girls Wanted

The club wants, for the first time, to put forward a girls team in the under 12s and under 16s. The EFL are very keen for us to be at the forefront



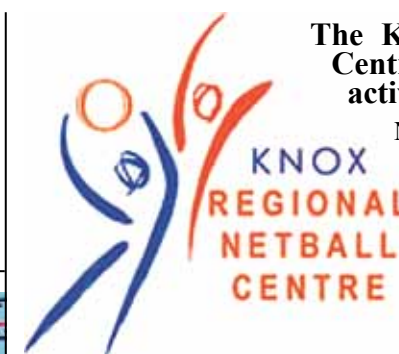
## St Simons Community Football Club



Sporting Roundup is sponsored by Kim Wells MP, State Member for Rowville.

**SPORTING  
ROUNDUP**

for Rowville. If you know anyone who is interested please let us know. We still have limited vacancies in the following; ♦Under 8s ♦Under 9s ♦Under 12s ♦Under 15s ♦Under 17s Anyone wanting to know more about The Knights contact Natalie 0417 346 863  
*Natalie Williams*



## The Knox Regional Netball Centre is packed with activities in May!

**Net Set Go** – for 5 to 9 year olds! The Knox Regional Netball Centre runs Net Set Go on Thursdays and Fridays after school (4.15pm – 5.00pm) during the school term. This is a great introductory program to netball for children and there are limited vacancies for term 2. Please see our website or call us for more details.

On Sunday 3<sup>rd</sup> May the centre will be hosting a Victorian Netball League match between Yarra Valley Grammar Aerials and Monash University Storm. These are the local teams in this competition. If you would like to see the best netballers outside the ANZ Championship, then come to the centre and watch the action.

Saturday 9<sup>th</sup> May is pink day for the Saturday competition and is a great fundraiser for Breast

## Swimland Swim Club

### Metro All Juniors

The last weekend in March saw 17 SSC swimmers (14 and under) represent the club in the Metro All Juniors, at MSAC in 43 events, three of whom finished top 10 on the Saturday and went on to compete in the finals on Sunday. They were Audrey C – 8<sup>th</sup> FR, 9<sup>th</sup> BR (Semis) & 10<sup>th</sup> in Final; Blake P – 5<sup>th</sup> in both the FR and FL and Laura S – 6<sup>th</sup> BR. Fantastic effort by these three and congratulations to all those who qualified top 10 in their region and progressed to the Semi Finals.

### 2015 Indian Ocean All Stars Challenge

Over the Easter school holidays, 10 club swimmers (from various sites) flew over to Perth to compete in the 2015 Indian Ocean All Stars Challenge, over two days. The swimmers were part of the Aussie team who competed against Team Asia. It was a great experience for the swimmers to compete against international swimmers, with the majority of swims being Personal Best times. A total of 12 medals were won by Swimland Swim Club, 3 gold, 4 silver and 5 bronze. Keely W finished with 2 gold and 1 bronze; Alicia M - 1 gold, 2 silver and 1 bronze; Peter H (Head coach) - 2 silver and 1 bronze; Bethany F - 1 bronze; Patrick - F 1 bronze.

The athletes enjoyed being part of a bigger team but also enjoyed spending time together, during training, at the beach and many a meal. Thank you to Peter and parents/families that ventured over and supported the group.

If you are interested in joining Swimland Swim Club contact SSC via email secretary@swimlandswimclub.com for more information. Over east we train out of PSS Rowville (Rowville Secondary College – Western Campus), PSS Narre Warren, PSS Carrum Downs and Noble Park Aquatic Centre.

*Janine Boyton Membership Officer*



*The Aussie Team At The Indian Ocean All Stars Challenge In Perth*



JUNIOR FOOTBALL CLUB

In 2015, Lysterfield Junior Football Club is fielding 16 sides in the Eastern Football League, from Under 8's through to Under 17's. New players are welcome for most age groups. In particular we would like to see some more players in Under 10, U/12, U/15 & U17's. Enquiries may be directed to our Registration Officer, Rohan Young on 0412 377 866.

*Tanya Carroll*

On 10<sup>th</sup> April all players were formally presented with their Jumpers for the season at our temporary home for the year, Windermere Reserve, then on 12<sup>th</sup> April the 2015 season commenced. All our teams are now ready and raring for a great season ahead! Go Wolves in 2015!

## Waverley Golf Club..Bowls Division

**Waverley Golf Club celebrates 50th Anniversary of opening of the first bowling green.**

The concept of lawn bowls at Waverley Golf Club was considered when the club moved from the original Waverley site in 1962. In 1964 interested members commenced work on the bowling green which was officially opened in 1965.

Last month the club held a 50th Anniversary luncheon with some 95 past and present members and guests celebrating the vision and efforts of early members in the building of the first bowling green.

Various "older" members related stories and the background in the creation of the club's bowling facilities, all enjoyed the collections of early photographs and memorabilia covering those fifty years.

A highlight was the visit of WGC Life Member Bill Powell, who travelled from Cobram to attend.

Bill has a remarkable record of employment, as he has worked for only one employer, the





Thomas 'suffering' a waxing

Cancer. The centre turns pink for the day and all spectators are welcome to add to the pink!

Sunday 31<sup>st</sup> May is the Association Zone Championships where over 100 teams compete to move on to the state championships. Great netball will be played in one day!

The Eastern Football League Netball division has commenced playing on a Friday night at the Knox Regional Netball Centre. This is a great competition bringing many netballers back to their local clubs and strengthening the relationship between community sporting groups.

During this action packed month the centre will continue to run its normal Wednesday and Friday daytime ladies competition, its' Sunday evening mixed competition and its' Net Set Go program! The new season for all of these begins in July, so get a team together and join in!

We look forward to seeing you at the netball centre soon.

To find out more contact us on 9758 7191 [knox.netball@knox.vic.gov.au](mailto:knox.netball@knox.vic.gov.au) or log on to [www.knoxnetball.com.au](http://www.knoxnetball.com.au)

Rosalind Montgomery

Waverley Golf Club throughout his fifty year career as a greenkeeper. In 1990 the first bowling green was named "The Bill Powell Green" in recognition of his incredible contributions.

John Noble



Bill Powell Recounting Some Of His Memories



Several boys from the Under 15 side at the Rowville Junior Cricket Club decided to have their heads shaved to support "The World's Greatest Shave". This decision followed one of their team members, Nathan Munasingha, being diagnosed with leukemia early in 2015. Five boys Triyan, Chansika, Aryan, Julian and Riley had their heads shaved by hairdresser Nisha, who volunteered her services free. A further two boys, including Thomas, had their legs waxed. Riley was in hospital the previous day having his appendix removed, but managed to get discharged and persuade his parents to drive him to the club – that's dedication!

The boys set a target to raise \$500 for cancer research. They started collecting during the Grand Final of the fourth grade team and collected \$260 that day. Triyan messaged all his relatives and friends and asked them to donate, managing to collect around \$700 in donations. The total donations were in excess of \$1,000. A truly great effort from the boys.

A further fund raiser, supported mainly by the Sri Lankan community, raised around \$30,000. This was supported by the visiting Sri Lankan cricket team, in Australia for the World Cup. A player shirt, cricket bat and many other items were auctioned on the night.

Presentation night for the junior section was held following the "Greatest Shave", the following players



Triyan, Chansika, Aryan, Riley and Julian

received awards in their age group:

U/12 Batting: Josh Buck Bowling: Taylor Blackman

Team Champion: Josh Buck

U/13 Batting: Josh Zacky Bowling: Preetal Patel

Team Champion: Chansika Kapukotuwa

U/15 Batting: Triyan De Silva Bowling: Julian Thomas

Team Champion: Triyan De Silva

Triyan De Silva won his third consecutive Junior Club Champion, while Andrew Williams received the Barry Mitchell Best Club Person of the year award. Triyan also represented the senior club in the first grade team, and was a valuable member of that team. A bright future is envisaged for this young cricketer.

Anyone interested in playing cricket with the club is welcome to contact the club for more details or visit our website - [www.rowvillecc.com](http://www.rowvillecc.com) for more information about the Club.

Matt Blackman 0404 077 063

## Rowville/Rowville Lakes Little Athletics



*Editor's Note;- A 1st XI player at Rowville Cricket Club, Nick Dunn, was so impressed with the Under 15 boys and their "Greatest Shave" effort, he entered into the spirit and also had his head shaved. Through his work-place, he managed to raise around \$5,000 to add to the \$1,000 already collected. In the words of the late, great Richie Benaud "super effort that"!*

## Rowville Group Fitness

### Pilates **Book Now**

In these sessions you'll not only improve posture and mobility, you'll also ease back and neck pain so that you can get back to doing the things you love.

*"Thanks to Lisa, my body is now stronger, fitter and healthier than ever before."* Katie W

*"I have found that my overall fitness, strength and joint mobility have improved greatly"* Lynda S.

*"I highly recommend anyone wanting to improve their fitness and maintain good health, and have fun at the same time, to check out Lisa's programs"* Liz P

**Bookings are essential and numbers are limited!**

**Wednesday 9.15am**  
**Wednesday 6.15 pm**

**All classes at the Rowville Community Centre**

**Enquiries to Lisa on 0407 873 271**  
or go to: [www.rowvillegrouppilates.com.au](http://www.rowvillegrouppilates.com.au)





### A Reflection Upon Your Life Balance

Consider these aspects of human wellness:

**Rest, Recreation, Exercise, Emotion, Diet, Development, Duty, Spirituality.**

Each of these needs to be included in your life and to be nurtured in order for you to be a healthy, happy and whole individual. While it's normal to be stronger or weaker in certain areas, ignoring one or two areas can lead to imbalance and stress.

#### Rest

How much sleep do you need a day?  
What do you do when you're tired or exhausted?  
Can you rest? If not, what stops you?

#### Recreation

What do you do for recreation?  
Are you rested and relaxed afterwards?  
Are there any pressures in your recreational activities?  
How much time do you spend on these activities?  
Can you think of any barriers to you taking part in recreational activities?  
How could you reorganize your day/week to include recreation?

#### Exercise

What exercise do you do?  
How could you increase the amount of exercise you do?  
If you are not doing any at all, what could you do to introduce some exercise into your life? Keep it realistic!

#### Emotions

Under what circumstances do you feel anxious or nervous or fearful?  
How do you manage these uncomfortable feelings?  
What situations are you good at handling?  
In what situations do you feel comfortable and most at ease?

#### Diet

Do you eat regular meals?  
Do you try to include foods you enjoy at mealtimes?  
What are some foods that you look forward to and get pleasure from?

#### Duty

List your current 'duties':  
How many hours a day are spent caring for the needs of others?  
How much caring is there for you in your life?  
If the demands on you are too great, how can you change this?  
Do you really have to be so 'dutiful'?

### Development

Do you need more time for your personal development?  
What interests would you like to develop?  
How could you go about doing this?  
Spirituality  
Is there a spiritual element in your life?  
How do you define your spirituality?  
What does it mean to you?  
Is it a once a week thing or an integral part of your life?

## Tips for getting some more balance back into your life : Accept that many things in life cannot be controlled.

While it's good and necessary to plan and prepare for your future, it's impossible to know exactly what tomorrow will bring. Change may be uncomfortable, but it is a reality. Try to focus on the present (i.e. what you need to accomplish today, this week, or this quarter), and hold off on worrying about next year and beyond.

#### Learn to prioritize

Make a list of all the activities you are currently juggling: homework, job, housework, parenting, socializing, etc. What about YOU? Remember if you don't take care of yourself you'll be less effective in the other areas of your life. Prioritize the items on your lists in order of importance and don't forget to include self-care.

#### Practise saying "NO"

Are you a people-pleaser? Are you someone who is always trying to please others? Do you take on extra projects whenever asked? Do you sacrifice your own time, interests and needs for someone else's benefit? If so, you are certain to feel exhausted, overwhelmed, resentful, angry, and out of control. Learning how to say "No" is not easy and you may be afraid of disappointing others. Being assertive with your needs may not feel comfortable at first, but with practice and experience you'll be happier and healthier.

#### Let go of perfection

While it's positive and noble to strive for your personal best, it's not realistic nor healthy to strive for perfection in all things. No one is (or can be) perfect. If you set impossible standards for yourself, you are certain to fail and feel inadequate no matter how well you perform.

**Suzanne Katzmann-Fogel Clinical Social Worker/CounsellorBA, BSW, Member AASW**

If you feel your life is out of balance and would like to discuss issues with a qualified counsellor, the Bridgewater Centre provides low-cost relationship and family counselling available to residents of Rowville and surrounding suburbs. To make an appointment call 9753 4203 on Monday or Thursday. After hours appointments are available.

**Health  
Page**

sponsored by  
**Cr Tony Holland**



## Chiro-Practicals

### "Get Your Happy Back"

Every day more and more Australians experience disabling low back pain, neck pain and headaches, limiting their ability to work and engage in an active healthy life. One explanation for this is the negative impact an increasingly sedentary lifestyle has on postural fitness.

Think about all the hours you spend each day sitting at work or school, commuting, on your computer or other mobile device and watching television. Poor posture increases pressure on your spine which can cause lower back pain, neck pain, headaches and fatigue.

Lower back pain is a growing problem and now ranks second in Australasia and seventh in the world according to the World Health Organisation's latest Global Burden of Disease study. Neck pain is also problematic ranking ninth in Australasia and 21<sup>st</sup> in the world.

Back, neck and spinal problems are also a leading cause of lost productivity in the workplace and forced early retirement. Every year forced early retirement has a traumatic effect on the hopes and prosperity of a large number of Australians.

Chiropractic care focuses on the relationship between body structure (primarily the spine and pelvis) and function (as coordinated by the nervous system) and how this relationship can restore and maintain health.

Chiropractic care is an increasingly common and effective treatment for back pain, neck pain and headaches eliminating the need for drugs or surgery. This means chiropractic care can also be very cost effective in comparison to other types of treatment.

Helping patients make positive changes with respect to nutrition, exercise and wellness is also fundamental to maintaining normal spinal function.

Adopting healthy habits today, such as improving postural fitness, maintaining a healthy weight and exercising daily can significantly reduce the risk of injury or pain in later years, positively impacting on our self-esteem, social relationships and mental health.

If you suffer from back pain, neck pain or headaches or if poor postural fitness is impacting on your ability to live life to the fullest, visit a chiropractor and *Get Your Happy Back*.

*Dr Frank Whelan*

# Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rise Health Group

96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville

Physiotherapy 9763 9233 Sports Medicine 9763 3944

## Clinical Pilates

Clinical Pilates is a specific form of exercise, rehabilitation or performance enhancement that is derived from the Pilates method. Clinical Pilates is an excellent form of exercise for all members of the community. Whether recovering from any injury or surgery, preparing for elite sport or just looking to improve your strength and posture, Clinical Pilates is right for you.

Why is Clinical Pilates more beneficial than 'fitness Pilates'?

- Programs are designed and taught by physiotherapists who are highly trained in injury identification, treatment and exercise design.
- Programs are individually designed for each person to get maximum benefit. Pilates is an excellent form of exercise if it is specific for your needs.
- Programs follow the 'principles' of Pilates that are important to ensure you get optimal benefit from your Pilates practice.

- Clinical Pilates aims to treat not only the symptoms but the cause of problems.

Clinical Pilates can be performed on the floor or using equipment such as reformers and trapeze tables. It is appropriate for any level of fitness, from first timers to advanced.

Clinical Pilates is used by elite athletes all over the world across all sports. It is an excellent adjunct to any exercise program as a strength session or 'off legs' recovery session.

What's the best thing about Clinical Pilates?

It is an individual program designed by a highly qualified instructor to target your specific needs allowing you to reach your goals as quickly as possible.

To find out more about how Clinical Pilates can help you contact your local physiotherapist who offers Clinical Pilates.

*Kathryn Oldman*

## IS YOUR SPINE ALIGNED?

Unlike the Leaning Tower of Pisa which has degenerated over time, Dr. Frank Whelan's aim is to actively boost your body's ability to heal and repair itself with CHIROPRACTIC care.



#### IF YOU SUFFER FROM:

- \* Neck pain and headaches
- \* Lower back and pelvic pain
- \* Shoulder and arm pain
- \* Leg, knee and foot pain
- \* Upper back and rib pain

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to make an appointment



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[www.rowvillechiro.com.au](http://www.rowvillechiro.com.au)



# Knox Home Garden Club

Every year, several yellow-tailed black cockatoos descend upon my hakea, giving it a decent pruning by nipping off the nut laden branch tips. Holding the stem in one claw, they crack the nuts open, eat the kernels, then drop the depleted stem onto the ground for me to tidy up. If they think my backyard is predator free, they then glide to the birdbath for a drink. It is delightful to be able to see so many birds in your garden.

One of the best ways to attract birds is to have a constant clean water supply. I have many birdbaths dotted around my garden. Bird baths should be carefully placed, off the ground and where the birds can escape quickly from predators to nearby cover. Ask your favourite neighbour to keep your birdbaths topped up when you are away. Water, insects, nectar, seeds, and shelter all encourage birds into your garden. While indigenous plants will attract local Australian birds, a mixture of native and exotic plants will meet the needs of many birds. Choose plants that flower, bear fruit or seeds. Grevilleas, melaleucas, banksias, solanum (Kangaroo apple) are good examples and add some grasses for seed. It's not recommended that food is left out regularly for birds, as they can become dependent on it. Also, it may not meet their dietary requirements, affecting their health and future generations. Feeding meat-eating birds, such as magpies and kookaburras, can lead to an excessive increase in their population. This is disaster for the finches, wrens,



and smaller birds that they prey on.

Protect birds from cats, yours and the neighbours. Cats are not difficult to keep indoors, it's harder to train family and friends to not let them out!

Another enemy of birds is pesticide. Sure, you are only spraying the bugs, but who feeds on them? Chemical sprays are also toxic to bees, fish, and humans. Do some research, there are many alternative natural options available.

I do like to watch the birds that visit my garden, there is a surprising variety through the seasons. Magpies are the wallies of the bird world, splashing around until there is hardly a drop left in the birdbath. Pigeons just sit and soak, much to the chagrin of the wattle birds, who just want a quick dip in and out. Wattle birds do an excellent job of eating the spiders in my outdoor area. A crow/raven arrived with some stale bread, dipping it into the water to soften it before eating it. He also made short work of removing gleditsia seeds out of the long seed pods. One night, there was a tawny frogmouth sitting on a post near the vegetable garden, but I haven't seen him again. There are the blackbirds that deliberately scratch mulch all over the paths, the mynahs, the magpie larks, and many different rosellas, and some New Holland honeyeaters. One bird that did make me catch my breath was a gorgeous spotted pardalote. Although I had never seen one before, it was instantly recognisable. So, take a closer look at your garden's birdlife - encourage and enjoy one of nature's very special gifts. Details of our meeting place, dates and times can be found in "What's On Locally" on page 2. Please direct enquiries to 9739 8783

Betty Wright



## Mayor's Message

I hope many of you are feeling particularly fresh and fit following Council's 'Active April Knox' campaign last month. The initiative aimed to build on the State Government's Active April Campaign and promote local sporting activities to the community.

It was pleasing to see so many residents take advantage of the program, with a calendar of events featuring free sessions of tai chi, cheerleading, junior football clinics, model gliding and bowls, in fact, more than 60 activities were offered free for residents.

On the topic of community activities, I'd like to thank the many thousands of residents and visitors who attended this year's Knox Festival, held on the weekend of 28 February and 1 March. As part of this year's Festival, it was also moving to see so many sleep out under the stars for the inaugural 'Big Sleepout' fundraiser—an effort which helped to raise close to \$3000 for Uniting Care Harrison, a wonderful local organisation which supports Knox's homeless.

Looking forward, I anticipate that we will continue to see strong support for Council's recognition of National Sorry Day, which falls this year on Tuesday 26 May. I'd love to see as many residents and visitors as possible unite in Knox to recognise this occasion. We will be meeting outside Council's Civic Centre at 511 Burwood Highway, Wantirna South, from 10:30am.

Not only does this official community event include a Flag Raising Ceremony, Smoke Ceremony and Welcome to Country, but it also serves as an opportunity for all residents to come together, acknowledge and move towards healing for the Stolen Generations.

Cr Peter Lockwood

## Alan Tudge Writes

### New strategy to tackle ice epidemic



Drug dependence, particularly ice, is becoming rife in many communities and is tearing apart young people and families and unfortunately that

includes Knox.

Young people, parents, teachers and club coaches have raised their concerns with me about the impact ice is having in all areas of our community.

Recent statistics back up the reality that ice has become an epidemic, with its use having almost doubled in the last 12 months alone.

This is a shocking figure that needs to be tackled head-on.

One resident recently wrote to me: "As a mother of an ice addict and prior speed habit since 2000, I think the government needs to start looking and seeking information from the grass roots... not the so called professionals, but people who see the addiction and know how, what, where and when."

Announced by the Prime Minister and Minister for Justice, the federal government has just announced a new National Ice Action Strategy to tackle this destructive drug. The Strategy will coordinate action from all levels of government and police to ensure targeted, efficient and effective solutions to the spread of ice.

Submissions by those with grass roots experience with ice and its devastating effects, like that of the mother concerned for her son above, will be a key part of the Strategy.

The first step of the Strategy is the establishment of the National Ice Taskforce, which will examine all existing efforts to address ice and identify any gaps. The Taskforce will provide an interim report to the Prime Minister by the middle of 2015.

I encourage every parent, sports club or community organisation concerned about ice in our local area to make a submission once public submissions open in the near future.

Look out for more information about how to make a submission and updates on the National Ice Action Strategy on my website ([www.alantudge.com.au](http://www.alantudge.com.au)) and Facebook page ([www.facebook.com/tudgeMP](http://www.facebook.com/tudgeMP)) in the coming months.

## Making the Internet safer for children

Many parents have expressed concern about their children being bullied online. To date, there have been few avenues to address it as schools are sometimes unable to intervene on private devices.

It is estimated that 1 in 5 kids above 8 years of age are subject to cyberbullying.

Last month, we passed legislation to establish a Children's e-Safety Commissioner who will have the power to quickly remove bullying material from social media sites. This is an important step to keep our kids safe on the Internet.



Alan Discussing The Ice Problem With Knox Police



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## Rowville Group Fitness

### Boxing Bootcamp

This high energy ladies-only class is great fun and will give you great results too. If you want the fat burning and strength benefits of a boxing class - you'll get them here! You'll also combine that with the power of high intensity intervals, amazing bodyweight exercises and the result is a killer workout!

You'll laugh a lot, sweat a lot and gain some serious fitness with this class! Beginners are welcome and this session is suitable for all levels of fitness. No memberships necessary and there's NO need to book.

**FULLY AIR-CONDITIONED AND TONS OF SPACE IN HALL 2, MAIN CENTRE**

**Wednesday 7.30pm - \$13**

All classes at the Rowville Community Centre

Like [www.facebook.com/RowvilleGroupFitness](http://www.facebook.com/RowvilleGroupFitness) and get your first class FREE!

**Enquiries to Lisa on 0407 873 271**  
or go to: [www.rowvillegroupfitness.com.au](http://www.rowvillegroupfitness.com.au)





## Murrindal Playgroup

100 Murrindal Drive, Rowville  
murrindalplaygroup@hotmail.com

Happy chatter and squeals of glee filled the crisp morning air on Sunday March 29 at Murrindal Playgroup in Rowville. It was our Easter Egg Hunt Family Event and we had over 40 of our children attend with their families. A small hunt was set up inside our beautiful garden for the younger children, while the older children ventured out into the neighbouring park to hunt further afield for their eggs. It was wonderful to see the smiles of delight on the children's faces as they found the eggs!

### Egg and Spoon Race

The Egg and Spoon Race was good fun as well as the Easter craft table, which saw many children enjoying creating bunny ears and masks. Children also donned their carefully crafted hats and marched around our garden for the Easter Bonnet Parade. Special congratulations went to



*How many eggs have i*

Charlie for his impressive multi-level hat and to sisters Kiara and Ebony for their bright matching hats.

Thank you to the hard-working committee members who arranged the fun morning for our playgroup members. It was enjoyed by all, and was a lovely opportunity for families to meet others in our playgroup.

*Alison Thomason*

*Ready to go in the egg and spoon race*



### Pet Obesity

**Is your pet's weight a growing concern?**

There is a very high percentage of slightly overweight pets that very quickly become 'obese' and unfortunately with this comes many health risks. If you have noticed that your pet has adopted a few extra kilos or is a little tubby in general, then now is the time to set your pet off on the right paw.

#### What is obesity?

Obesity is the most common nutritional disorder seen in cats and dogs. In Australia, it's estimated that over 40% of Australia's pets are overweight.

#### Causes of obesity

We have little control over some contributing factors to obesity; e.g. breed, sex, heredity, and age. However, there are others which we can control, these being over-feeding and exercise. Most obesity is caused simply because a pet eats more calories than they need. This, in combination with a lack of exercise means the excess calories are stored as body fat.

#### Overweight pets are likely to:

- Live a less active and shorter life
- Become prone to joint and mobility problems
- Develop skin problems and a lower resistance to infection



- Be at greater risk during surgery
- Be disinterested in exercise and play

#### How to identify if your pet has a weighty problem?

If you answer 'yes' to any of the 'weighty' quiz questions below, or if you think your pet is not at its optimum body condition, you may want to talk to your local Greencross Vet team about a professional weight management program that can be tailored to your pet's specific needs.

#### Weighty Quiz Questions (Y or N)

- Do you have difficulty feeling your pet's ribs?
- Is there little or no 'waist'?
- Do you give your pet table scraps or left overs?
- Is your pet reluctant to exercise?
- Does your pet seem to tire easily with activity?
- Does your pet waddle when it walks?
- Does your pet keep eating so long as there is food in the bowl?

- Has your pet been desexed?
  - Have you been told your pet is overweight?
- Identifying if your pet has a weight problem is essential for their health and well-being and key to preventing health risks that can be associated with overweight pets.

#### Health risks associated with overweight pets:

- Heart disease
- Susceptibility to infections
- Diabetes mellitus
- Neurological disorders
- Increased surgical & anaesthetic risk
- Respiratory problems
- Cancer
- Earlier onset of joint problems e.g. arthritis
- Skin problems
- Reproductive disorders

If your pet has a weight problem, (this includes being underweight) then why not start off the New Year with the help from your local Greencross Vet. Greencross Vet clinic's offer weight management programs tailored specifically to your pets needs, to help them maintain their optimal body weight.

## Origins of Words & Phrases

### 'Dear old Blighty'

'Blighty' is another nickname for Britain. In the first World War, soldiers would pray for a 'blighty'. This was a wound that would get them back to 'Blighty' for treatment. Some people say it's a corruption of 'beauty' but more probably it's derived from a Hindu word meaning 'stranger' and picked up by the British while ruling India.



### Can You Believe It?

The reclusive Baduy people of the highland jungles of west Java have won the right not to vote in the Indonesia polls. Politics is banned by their religion - along with the wheel, toothpaste, electricity, poisoning fish, and touching the breasts of a virgin.

## Dining In Review Cocomo's

A group of five ladies visited Cocomo's Restaurant one Wednesday evening in early April. Most had visited previously and commented on the appearance of the restaurant, white tablecloths under the paper menus gave a "classier" appearance to the room.

The restaurant was about half full that evening and a constant buzz was evident. The place was warm and well lit.

We took a little while to order, but after ordering, meals arrived in a reasonable amount of time. There were a variety of meals ordered, chicken or fish based, served with a variety of vegetables. The chicken was cooked to perfection and served with fresh mango, which was delicious. On the other hand the vegetables were undercooked and barely warm when the plate arrived. The salmon was well presented, but both ladies felt it was a little over-cooked, however, the crispy potatoes got a 100% approval. The seafood pancake was a favourite and had been ordered previously, but on this occasion seemed to have an over-abundance of cheese topping.

Again, dessert wasn't ordered immediately and maybe the waitress was a little over enthusiastic and kept asking if we were ready to order. Once ordered we received our desserts promptly and everyone was more than pleased with their choice. However, one coffee was forgotten and the waitress had to be reminded.

On the whole the ladies had an enjoyable evening and most agreed, that although some of the items were not up to the standard of previous visits, the evening was on the whole enjoyable and good value for money.

*Christine Mitchell*





# Knox Council

## Lisa Cooper Wins Scott Ward By-Election

Knox Mayor Peter Lockwood has welcomed Lisa Cooper as the newly-elected Councillor for Scott Ward.

Ms Cooper won 51% of the formal primary vote of Scott Ward residents, centred on the mid-west area of the Knox municipality, including suburbs of Wantirna South, Knoxfield, and parts of Rowville.

“I’m looking forward to working with Lisa and congratulate her on being named our new Councillor,” the Mayor said.

The by-election was conducted by the VEC, with more information and results available on its website: [www.vec.vic.gov.au](http://www.vec.vic.gov.au)



We run a play based preschool program at Liberty Avenue Play is something that children do very well, that they can be successful at and that provides countless opportunities for learning, creativity and fun! We are a not-for-profit, community owned and run kindergarten, registered with the Department of Education and Early Childhood Development. We employ two educators, including a qualified preschool teacher Deb and Mandy have worked together offering preschool education to the local community for more than twenty years.

It is hard to believe that we are in second term already. It has been very rewarding to see our children settle into their new learning environment so well, building their

## Rowville Pets Home Feeding Service

Your pets can stay in the comfort of their own home.

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Mail Collected & Bins Put Out for Collection

House Sitting Available On Request

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# Swinburne Childcare Centre

Swinburne Childcare Centre, which serves many children from Lysterfield and Rowville, recently organised a mini excursion for all our children to an Autumn picnic, to enjoy the last of the fine weather and to implement as many life skills within it as well.

Rowville Coles Supermarket got word of the Centre’s mini excursion and surprised the children by showing up with platters of healthy watermelon to enjoy for their picnic. It is always a great sight to see a young member of society tucking into a juicy slice of watermelon like 1 year old Taliyah did. The children and Educators made their own sandwiches and ventured out onto their grassy area for some picnic fun and singing with the guitar.

Centre Educator, Karen Gianelly said “We are committed to promoting and providing healthy food choices for our children and encouraging autonomous and independence skills. This picnic has been a tool to inspire our children as they have made choices of healthy fillings for their sandwiches, independently wrap them up, then prepared for the outing with Educator guidance by applying sunscreen and sunhats. Karen went on to say that the “fruity” Coles surprise visit was truly the “the cherry on the top” for the picnic and definitely added such a fun vibe to the important message of enjoying healthy foods.

Therese from Coles, complimented our healthy food picnic as she chatted to our children about eating delicious fruit to make them feel healthy. Therese’s engaging and friendly manner must have had a positive influence on our children as there wasn’t too much watermelon left by the end of the picnic!

For children, a sense of community plays an important role in the development of their feelings of belonging. They



confidence and independence, becoming integral members of a group, with each bringing their own learning and family experiences with them, as they embark upon a new chapter in their learning journey.

The children have been busy socialising, communicating, problem solving, negotiating, learning and investigating throughout the term. We have been learning about the importance of drinking water and eating healthy food as part of the ‘Smiles 4 Miles’ program. An experiment using some hard boiled eggs helped to show the children (and families) the impact sweet drinks can have on the enamel of our teeth as we incorporate aspect of oral hygiene into our learning curriculum.

At the end of first term we held a family fun night where we invited families to join us at kinder for a sausage sizzle/picnic dinner and an opportunity for the children to share their kindergarten experience with their families. This was a great night filled with conversation, laughter and sharing, providing everyone with opportunities to build relationships with other families in the community.

A big thank you to the families who attended our recent working bee. Our playground has had a re-vamp and a tidy up and is ready for another term of fun, exploration and learning.

Some special events to look forward to include our annual trivia night, which will be held on July 25<sup>th</sup> at Churchill Park Golf Club and a sausage sizzle at our local Woolworths Store at Stud Park (date TBA).

At Liberty Avenue Three Year old Kindergarten we offer two groups, one of which includes our deferred children. We currently have positions available in both groups. For enrolment information regarding 2015 or future years, please contact Sia on 0402 383 322.

Jackie McCallum



Raphael, Taliyah and Chloe

thrive in an environment of security with mutually supportive and caring relationships. For this reason developing a sense of community within a service is crucial. It is also valuable for children to feel part of a wider community that extends beyond the learning environment.

Karen Gianelly Toddler Room Leader



The Picnic In Full Swing

## BOYD Academy of Dance

### Welcomes New Students...

We offer RAD ballet, Contemporary, Hip Hop, Jazz, Funk, Musical Theatre, Kinder Song & Dance, and **BOYS ONLY CLASSES.**

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# Kids' Page by Lysterfield Primary School



## Jokes / Riddles Of The Month by 5B

1 If you drop me I'm sure to crack but give me a smile and I'll smile back. What Am I? *mirror*  
From Sienna

2 Knock Knock - 'Who's there?' 'Cows.' 'Cows who?'  
*Cows don't say who, they say moo*  
From Grace

3 Why did the boy bring a picture of the Queen to school?  
*Because the teacher said to bring a ruler to school.*  
From Deana

4 What did the fish say when he swam into the wall? *Damn!*  
From Nick

5 Why is it so hard to play cards in the jungle?  
*Because there are too many Cheetahs.*  
From Briana

6 There is a teacher and a boy in a classroom. The teacher asked the boy if you have one dollar and you asked your dad for another dollar, how much money would you have? The boy replied one dollar. The teacher said you don't know your maths very well. The boy replied, you don't understand my dad!  
From Tanya.

7 Why do mice need oil? *Because they squeak.*  
From Haig/Nick



## Tongue Twisters

Try and say these very quickly

Irish wrist watch from Eddie  
One one was a race horse two two was one too one one won  
one race two two won one too  
From Grace.

## Favourite Songs

My favourite song is Cheerleader, What's Going On? One Last Time and Chandelier from Brianna and Grace  
A popular song at the moment is The Knights from Zak,  
The Fireflies from Khayam, Burning Bridges from Nick, I Really Don't Care from Sarah, Young and Beautiful  
From Deana.

## Holiday Fun

I went to the movies two times. I saw Cinderella and Home. On Sunday I got the xbox360 and 3 other games and another game which came with the box. From Caitlyn

During Easter me and all my cousins were at my Nenna's house. She has a little pond in the backyard and I spotted something in the pond. My cousin Adam took it out with a stick and it was a dead rat!! From Shania

Last Tuesday my family and I went to the Grampians National Park. We first went to a restaurant to have lunch. Then we went to visit MacKenzie Falls. My dad's foot was too sore so I went with my brother. After that we went to Gariwerd Motel to stay for the night.

From Raymond

## Footy Predictions

These students were asked for their tips on who would win the 2015 AFL season Premiership.

Grace	Geelong	Haig	Hawthorn
Luca	Hawthorn	Sarah	Hawthorn
Shania	Hawthorn	Zak	Hawthorn
Caitlyn	Geelong	Laura	Richmond
Lachlan	Collingwood	Sienna	Richmond
Matthew	Hawthorn	Deana	Collingwood
Brianna	Carlton	Eddie	Essendon
Makayla	Carlton	Khayam	Hawthorn
Nick	Hawthorn	Brendon	Hawthorn
Vanessa	Carlton	Justin	Hawthorn
Michael	Nth Melbourne	Tanya	Collingwood

# PARK RIDGE

## PRIMARY SCHOOL

### Planning The Way Forward

The new School Council took over the reins at the recently held Annual General meeting. The Council welcomed on board new councillors Gavin Nash, Lyndell Aylen and Bronwyn Bromley who bring to the table considerable expertise and new perspectives related to the future and management and development of the many aspects of the school's existence.

Jenny Phillips was again elected President whilst Gavin Nash filled the role of Vice-President and David Craig took on the important role of Treasurer. As well as focussing on the implementation of the new Strategic Plan adopted at the end of 2014, the Council will be looking at developing



The new School Council meet for the first time in 2015

a Five Year Plan aimed at improving and maintaining facilities. Input from the student body is seen as an important factor in this process. Considerable input will be sought from the Junior School Council whose representatives, Tia and Adam, attended and reported to the Annual General Meeting.

## Getting To Know You

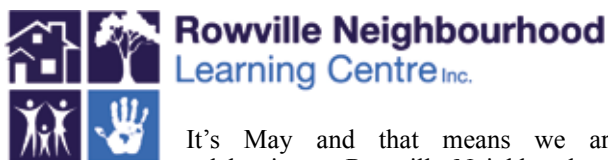
Each year the school holds a Prep Picnic where the families of the new Prep students are invited to participate



The Voysey family, along with many others at the 2015 Prep Picnic

in a picnic held within the school grounds for the sole purpose of meeting other families with whom they will be associated for the next seven years. This year's event was held in perfect picnic weather and attracted most families. Whilst the children played in the sand or on the adventure playgrounds, the adults were able to familiarise themselves with other families and the teachers of their children. All in all, a most successful event.

Graeme Lloyd



It's May and that means we are celebrating at Rowville Neighbourhood Learning Centre!! Monday 11 May to Sunday 17 May is Neighbourhood House Week and we are inviting you to join us for Morning Tea on Friday 15 May 10.30am – 12.30pm. It's all about becoming involved and getting to know your Neighbourhood at your local Neighbourhood Learning Centre.

Here at Rowville Neighbourhood Learning Centre we can help you return to study, improve your numeracy and literacy skills, gain a qualification, get a job or learn

something new all within your local community. Learn Locals are friendly and welcoming, with qualified trainers who are focused on helping you succeed.

The Learning Centre strives to provide a wide range of classes and activities to meet the needs and interests of our community and we have lots of fantastic courses on offer. In addition to our popular, regular classes we have added some new & exciting courses in Term 2.

- Ebay - Buying & Selling
- Hip Hop for Mums
- Card Making
- Henna Art
- Oriental Nutrition
- Medical Database Training
- Keyboard Lessons

- Early Childhood Dance Program

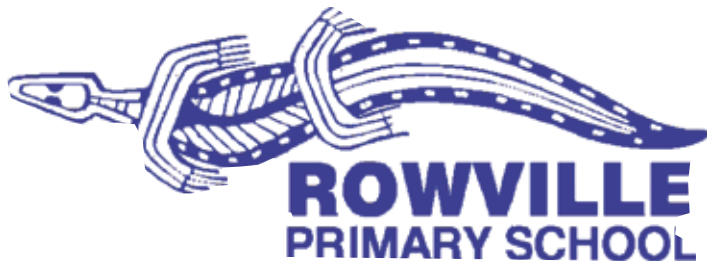
We are also offering some free workshops this Term. Do you want to learn how to make the best of your life this year? Then our YB12 workshop is for you. This free 40 minute presentation, which explores how to maximise your potential, the reasons why you procrastinate and don't achieve your goals, will set you on the right path for 2015.

In partnership with Diabetes Australia, we will present a free workshop on "How to Prevent Type 2 Diabetes". With Australia facing an aging population, developing strategies to change behaviour and improve health and wellbeing will benefit our entire community.

For more details on these or any of our classes and social activities, please visit our website. [www.rowvillenc.org.au](http://www.rowvillenc.org.au) or come and visit our friendly centre staff.

Heather Mileto Business Support Officer





## Searching For Hen's Teeth

Poet and author, Alan Wright, recently came to Rowville Primary School to share the writing journey that culminated in his latest publication titled, *Searching for Hens Teeth*. Alan has been a frequent visitor at our school for many years. He has inspired teachers through his work as a literacy consultant. He has inspired our students with his writer's notebooks and his experiences as an author. Many of our students purchased their own copy of his latest publication, which was personally inscribed and signed by Alan.



The whole school approach to the teaching of writing at Rowville Primary School includes exposing students to mentor texts from a variety of sources, including published or professional texts. Mentor texts are used to illustrate a number of features, including text structure; use of graphs, charts and pictures; effective word choice; and varied sentence structure.

One of the great indicators that our writing program is successful is that students are increasingly doing more writing out of school to capture everyday experiences. Following the visit from Alan, many students were inspired to write their own poetry during the recent holiday break. Below are some examples of their work.

## Poems

**Emily** went to GESAC (Glen Eira Sports & Aquatic Centre) with her family during the break:

Water splashing,  
Kids screaming with joy,  
The smell of chlorine rushing up my nose,  
Flying through the tunnel of darkness,  
Zooming across the obstacle course as fast as lightning,  
So much fun!!!

**Alexia** and her friends went to Bounce during the holidays:  
Bouncing, bouncing, jumping for joy  
Bouncing, bouncing, high in the sky  
As free as a bird,  
Not a care in the world.  
Laughing and giggling and chuckling with friends,  
Leaping and prancing, hope this day never ends.

### My Dog by Alisha

Dogs can be trained	No matter their actions
But really don't care	We always care.
Then turn your head,	Found in the street
But some do care	Clear to see
Some jump and bark	No tag, no collar
Others sit and stare	He belongs to me.

### Knock, Knock by Zitian

Knock, knock! Is that a rock?  
Quack, quack! Is that a duck?  
Come here dog, come here frog.  
Let's check, is that a rock?  
Wait! Duck said it's a brick, fallen from the wall.  
It's a little hill, No! It stands so still.  
Chick is coming, go back chick!

BOO!!!

It's a tortoise.

### Before School by Madeline

Wake up  
Get Dressed  
Down the stairs, Breakfast  
Brush your teeth  
Comb your hair  
Check you've got clean underwear  
Pack my bag  
Feed the cats  
'Don't forget to take your hat'  
Jump in car  
Drive away  
We've got school for the day  
Round and round  
And round again  
Learning time, it never ends

### Time for Play by Natalie

Running, jumping, standing still  
In the sandpit  
Up the hill  
Over, under, sideways, down  
Making faces  
Like a clown  
Chase me, catch me  
Watch me run  
Morning playtime  
Oh what fun!  
Racing, chasing, scream and shout  
Ring the bell  
Time for play!

### The Clock Is Ticking by Tyler

"It's time to go to school!"  
Mum says to me.  
I sprang out of bed,  
"School is finally here!"  
I said with a cheer.  
But then I ceased.  
I had no pants on my knees!  
I put on my pants,  
And my mum says,  
"The clock is ticking!"  
Tic, Toc, Tic, Toc!  
I thought in my head.  
But then I remembered,  
I didn't make my bed!  
All of a sudden,  
I got so tired,  
Instead of making my bed,  
I went to bed!!  
Mum came up and screamed,  
"OH NO!!"  
"My child has gone to sleep!"  
Then I shot up and said,  
"Oh." "It was only just a dream."



1

Some Writers With Author Alan Wright



The Writers Group With Principal Anne

### Eating Dinner by Arwa

Eating garlic bread,  
No vampires,  
Mum has bought beetroot dip for garlic bread,  
I say "You're bringing evil to the harmony of food",  
Mum doesn't care,  
Gets a knife,  
Spreads all over,  
Takes a bite,  
War has begun with beetroot dip and garlic bread,  
The vampire is on the beetroot's side.

### Horse riding by Teagan

On the school holidays I went to the Victorian Equestrian Centre to learn about horse riding. It was fun. I got to see my friend and see lots of horses. I was feeling very nervous.

When we drove in, the first thing I saw were horses. I was saying to myself 'wow'. Then I saw my friend she was also nervous, but excited at the same time.

I went into the sheds to pay for the day and then one of the teachers got a horse named Pete for me. Now I was feeling so nervous and scared I wanted to say no. When I got to my horse it was next to my friends.

When it was our turn to ride I didn't want to because I was nervous and it was my first time. Then I gave it a shot. I liked it. It was fun, but I was still a little nervous.

When we came back another teacher helped me tie my horse up.

"Lunch time" said both of the teachers. "Yum I can't wait till I have my yummy pie" I said to myself.

When I finished my pie I came out and said "Where is my horse?" "There he is eating grass", my friend replied. I got my horse and told my teacher and put him back.

Then we did horse riding and I got on him straight away.

When we finished our riding we went back to the stables and clipped our horses up. Our teacher then said to everyone that they could go and watch the other group, so they all did.

Our teacher said, "Whoever had the horses Beau and Pete please get your horses and come with me and we'll put them in their paddocks." My friend and I got the horses and took them back and said bye. Then we helped our teacher with some other horses.

Finally we sat down and had a rest while watching the other group.

I learnt how to get on a horse, how to use the reins and how to ride a horse. I also learnt the parts that make up a saddle and about horses' ears and that they tell about the horses moods.

I had a fun day.



## College Captain Enjoying New Role

As Term Two commences, our four College captains are taking on greater levels of responsibility and feeling much more at home in their roles as College leaders. In Week Two of Term One, we inducted Nick Griffin and Taylor Lindsay as Captains at the Western Campus, with Jess Tyler and Jade Sheehan as Captains at the Eastern Campus. The Captains took an oath to serve the College to the best of their abilities, while dedicating themselves to their Year Twelve studies during the most important year of their secondary schooling.

The Captains have taken on a wide range of responsibilities including attending the Knox Expo, and speaking to families at Open Nights, which offers prospective families an insight into life at Rowville from a student's perspective. Other tasks have included planning dress up days and free dress days to raise money for various student initiatives. Jade and Jess spoke passionately about the money they have raised to build park benches or "friendship seats" which will soon be featured at the Eastern Campus.

Taylor and Nick discussed the process for being selected as Captains, from the initial application through to interviews with the Heads of School who asked them what they would bring to the College if they were selected. Taylor says "I had always wanted to be in a leadership position so I went for it! I honestly didn't think I would be selected, but obviously I was and now I'm really enjoying how involved I am with the school."

For Nick the responsibilities of being a College leader came naturally, with varying roles in sporting clubs preparing him for this new challenge. He says that a highlight of the role has been "being able to help everyone. We're a way that students feel like they can be heard, because we can pass on what they're saying to those higher up".

Jess says she has enjoyed the way that her fellow students, across all of the programs have interacted with her since taking on the role. "Everyone's really supportive, it's been nice because even really shy people feel like they can approach us".

Her fellow Eastern Campus Captain Jade has also noticed a shift in attitude, with other students eager to get involved. "They bring us ideas for different things we can do. It's an open forum so students feel that they can talk to you about whatever is going on, if they have problems or suggestions they come to us".

We are very proud of the way these four passionate students have represented the College in the short time they have spent in their roles so far. They attended a ceremony in the first week of term, and were presented with Lone Pine seedlings to plant at the College, commemorating the 100th anniversary of the ANZAC landings in Turkey. The pine tree seedlings are sprouted from the famous Lone Pine in Gallipoli, and were gifted to the College by the



Federal Member for Aston, Alan Tudge, serving as a special reminder of the sacrifices of Australian forces during the First World War.

Congratulations to all four of our Captains for your work so far and we look forward to seeing what else you achieve in 2015.

### Open Nights, School Council & Lone Pine Seedlings

Our Open Nights saw over 700 people visiting our two campuses and participating in lots of fun activities. Prospective students from near and far flocked to the College to learn about our four unique programs and were very impressed with our state of the art facilities and myriad opportunities.

Thank you to everyone who nominated and ultimately helped to form our 2015 School Council. We welcome new school council members include Lori Massin, Peter Dietzel, and our new Vice-President Terri-Ann Dietzel, who will bring different skills, experience and opinions to the group. They join ongoing Council members including our President, Malcolm Hills, our Treasurer, Tony Chapman, and other parent/community members Theo Niakolas, Mareena Corbett, Jeff Somers and Wayne Pollock. We would like to farewell and thank exiting members Monica Varcoe, Robyn Thomson and Tracey Newman, for the great service they have given to the school. Three of our College captains were fortunate enough to attend a special ceremony in Bayswater, to accept on behalf of the College two Lone Pine seedlings, sprouted from the famous Lone Pine in Gallipoli, which will be planted at our campuses.

### Humour

On the 14th of March Alex Lowes was the runner up in the Victorian State Final of the Comedy Festival Class Clowns. This is the first time Rowville has had a student competing. Famous comedians Josh Thomas and Tom Ballard both experienced their first taste of the comedy circuit in the Class Clowns competition and it is an established pathway for those who might like to think about taking their comedy more seriously. In Alex's case, the consensus seems to be that he is indeed very funny.

Year Eleven General Maths A students wanted to go Bungee jumping and work out the mathematical relationship between the length of the rope used and how far you could safely fall. Unfortunately such an excursion was not possible. Instead they used Barbie dolls and rubber bands to model bungee jumping and to come up with a mathematical model that could then be used to make predictions about different scenarios. They thank their sisters and girlfriends for the loan of the dolls!

### Sport

Congratulations to our RSA Soccer Players for taking out the inaugural Melbourne Victory School Sport Victoria (SSV) Premier League Cup at AAMI Park. Competing against Sirius College as a pre-cursor to the A League game between Melbourne Victory and the Newcastle Jets, the boys came from behind 0-1 at half time to win 3-1. Well done to both teams! We have also recorded some successful results in the Knox District Swimming at the Monash Aquatic Centre. Xander Soh, Year Nine RIA student, came first in all four of his events, 50m free, 50m back, 50m fly and 50m breast. Matthew Burns, also in Year Nine won three individual events, 100m free, 200m free and 200m IM

Congratulations to all those who auditioned to be State School Spectacular Featured Dancers. We are excited to announce that Lily Anderson, Tayla Brown, Kaitlyn Clift, Larah Dalton, Ebony-Rose Dossestter, Callum Hawthorn, Brooke Macrae, Emily Macrae, Kristen Pennicuik, Gabby Sanderson and Xander Soh have all been selected to be part of the RIA dance performance.

Laura Gordon

*Editor's Note:- "So long, farewell, auf Wiedersehen, goodbye" or so the song goes. My sincere thanks Laura for all your 'last minute' efforts over the last 3 years. Your commitment to the paper has been outstanding and I wish you all the best for the future.*

## Lysterfield Primary School

"Greatways".....  
Sometimes Known  
As The 'Curiosity Club'.



Have you been to Greatways yet?

We have already-

Learnt everything about pirates,

Discussed mini-beasts especially wasps and bees,

Studied at length endangered and extinct animals including dinosaurs

Learnt about pyramids and how they fit into ancient egyptian history

Sketched dinosaurs, sea creatures and Aussie Animals

Considered the stories of Adolf Hitler and Anne Frank



## St Simon The Apostle Primary School

**Congratulations:** To Nicholas (6 Red), who completed the 15.5km course for the Run 4 The Kids. This is in support of his two cousins who have a rare disease called Ataxia Telangiectasia and are outpatients of the Royal Children's Hospital.

**Good Manners Award** goes to Alessia (1 Red) and Corinne (4 Yellow) and Uniform Award goes to Nathan (1 Red) and Daniel (2 Blue). Well done to these children.

## Outstanding Achievements

The following students have been selected from each class for their outstanding achievements within the school. We congratulate the following:

**Prep B** – Lily, Alwis  
1 Blue – Valentina  
2 Blue – Joshua, Grace  
4 Red – Olivia  
6 Blue – George  
5 Green – Tristan

**Prep G** – Alex, Kwan  
1 Green Joshua, Mudie  
3 Blue – Mai-Ly  
4 Yellow – Annie  
6 Green – Alana

**Prep R** – Cooper, Dwyer  
5/6 Purple – Cooper, Alyssa  
2 Red – Crystom  
3 Red – Davina  
6 Red – Benjamin

**Prep Y** – Ethan, Quiambao  
5 Red – Kiara  
2 Yellow – Emilie  
4 Blue – James  
5 Blue – Luca, Tanya

**Quote Of The Week** - This week's quote is from Alyssia in Grade 4: "Measure twice, you get it right"

## Knox Art Show

The 41<sup>st</sup> Knox Rotary Art Show was held in April. In the 40 years it has been running, over \$300,000 has been raised for Rotary projects in the local community. This year the Show included a separate Children's Art Show for Schools, open to all students attending schools in the Knox/ Maroondah area, aged 7 years to 13 years, to encourage young students to develop their artistic skills. The theme for the children's artwork is "Design your own postage stamp".

All children who had their work displayed had free entry to the entire art show, received a certificate acknowledging their participation, were given a small gift in appreciation for their efforts and had their work displayed on the Art Show website for the next 12 months.

Amongst other prizes, the winner in each age category will have their artwork made into 40 personalised standard letter (\$0.70) stamps by Australia Post, which they can use for postage or keep as a memento. Australia Post publish a guide related to Personalised Stamps that can be found here: <http://auspost.com.au/parcels-mail/personalised-stamps.html>

Congratulations to the following children whose art work was selected by the Art Leaders to go into the competition. Good Luck!

### 4 Green

Grace  
Kevin  
Krisahna  
Sarah  
Matthew

### 4 Yellow

Jayden  
Jaida  
Sarah  
Sophia  
Max

### 4 Red

Catherine  
Alyssia  
James  
Daniel  
Ada

Andrew Miller



# Heany Park Primary School

## Writing from the Preps

On Harmony Day we saw a lion dance and I was excited. *Ben*  
On Harmony Day we went to see a lion dancing. *Isabella*  
On Harmony Day we went on a stage and did tricks. We saw the lion. *Dominic*

## House Cross Country

Yesterday we had cross country on the oval. I was feeling very nervous and excited at the same time.  
Soon it was the Grade 4s turn to race. The girls were running first. Mr Davey told us where to run. Then the race started. Soon I was outside the gate. I was walking for a while before I started running.  
I came twenty-third out of all the year four girls. I received an orange ribbon. I felt very tired. When the Grade One



girls were racing, I was cheering for my buddy, Mischa.  
At the end of the races Mr Davey told us which house had won. I thought Green House was going to win again, but this time Blue House won. Next year I want to finish in the top ten.

*Sarisha Grade 4*

Yesterday was Cross Country. Firstly we walked to the hill on the school oval. We sat in our house colours and I sat with green house.  
Next Mr Davy started talking into the microphone. He told us to go to the starting line when our age group was called out.

After that the grade fours were called, so we put our stuff down and went to the starting line. The girls were racing first. I was very nervous. Soon the whistle blew and off we went. Misty was in front and so was Stephanie. Meanwhile I was catching up. Then I was second, I was trying to catch up to Misty while what was happening Gemma was right on my tail.

Finally we were close to the finish line. I sprinted and finally I came second. I was so puffed.  
After that Mr Davy announced the winning house. It was Blue House. It was a surprise because normally Green House wins. I can't wait for next year.

*Laura Grade 4*

We walked up to the hill and sat in our house colours.  
Meanwhile I was waiting for the Grade Five race to finish. After that the grade fours were called. We walked up to the starting line. I was so nervous. Then the whistle blew. I ran. I was so puffed when I ran out of the school. I only had two hundred metres left. I was so tired I wanted to stop and lie down. I saw the finish line coming up and I heard people cheering. Finally I went cross the finish line. I came first! I



*The Girls Have Time To Smile For The Camera*

was relieved the race was over. I was proud of myself. The winning house was Blue House. I was so happy!

*Misty Grade 4*

Studied the history of Australia including pre-English settlement  
Learnt about Aboriginal culture and art  
What else do you want to learn about?  
Is it gravity, snails, crocodiles, the history of writing and counting, Castles, the legends of King Arthur, the story of money, bikes and motorbikes, the heart and blood, Albert Einstein, inventions, volcanoes, weather, the Middle Ages, geography including capital cities and flags or Antarctica wildlife?  
Make sure when your areas of interest come up, you get your hand up fast and get down to the library for the next session, when we build on our knowledge and skills and come out wanting to know more!  
If you don't know JFK or MLK from HRH and her DNA  
If you don't know how much a camel can drink  
If you don't know how Tutankhamen became a pharaoh as a young boy  
If you don't know chemistry from cooking  
If you didn't know Albert Einstein was a violinist, a comedian and a kleptomaniac  
If you don't know that Lieutenant Robert Maynard beheaded Blackbeard back in 1718  
And you would like to find out-  
**Greatways is for you! Get involved!**

Here are some comments from students who have participated in a Great Ways unit with Mr. Barnard:  
"I loved Great Ways program because it's inspiring to me and I really wanted to learn about war. It inspired me and maybe one day I could be remembered for becoming a great soldier."  
"I loved Great Ways! It was very interesting to learn about famous and infamous historical figures and events. I was very inspiring and I would love to do it again! 10 out of 10!  
"Great Ways was fantastic! I loved learning about the war and the history of the world. It definitely helped me to become more grateful that I live in a more peaceful world. 10 out of 10!  
"Great Ways was fantastic! It taught me that pirates were really true. It was very educational and it was more of a 'hands-on' learning program. We got to build and frame maps."  
"Great Ways was a fun and interactive way to learn about something I wanted and I chose war. It made me want to look into the subject further. I really loved it!"

*Rachel Hastings*



## Tribes at Karoo

Karoo Primary School aims to provide a stimulating, secure, safe and happy environment conducive to optimal learning and where our core values are evident. We have a strong commitment to the wellbeing of all students and pride ourselves on the Wellbeing programs that we offer.  
We believe in supporting our students to become caring, considerate, compassionate and active citizens. We do this by explicitly teaching social skills that complement our school values of responsibility, integrity, tolerance and understanding, excellence and respect. At Karoo Primary School we implement the **Tribes Learning Community Program** in Terms Two and Three. These sessions involve students from all year levels coming together in small groups with a staff member as a facilitator. Four agreements are honoured both during Tribes sessions and in the classroom and yard:

- attentive listening
- appreciation/no put downs
- mutual respect, and
- the right to pass

These sessions allow our students to:

- feel included and appreciated by peers and teachers
- be respected for their different abilities, cultures, gender, interests and dreams
- be actively involved in their own learning
- receive positive affirmations, encouragement and support from others and the belief that they will succeed.

Student comments about our Tribes program:

'Tribes is the best! I learn how to be friendly, cooperative,



mates' – **Jayden, 6M**

"Tribes offers the staff at Karoo the opportunity to be positively involved in developing student wellbeing and enhancing community spirit across the whole school. It is also a privilege to be a part of student learning across all year levels. – **Sabine Elliott (Prep teacher)**

*Jessica Bruce*

to take pride in my work and respect others' - **Taruni, 4V**  
'Tribes is good because you get to know new people and it is fun. You care and share with people and you find out new things that you don't know about people.' - **Sam K, 4V**

'I like Tribes because you learn how to make better friendships' - **Angelina H, 4V**

'I feel Tribes is a great way to communicate and get to know other people and to learn about the Karoo Primary School values' - **Hannah T, 6M**

'I really enjoy Tribes because it is exciting, fun and helps me to know more people in my school environment. I think Tribes is a good thing for nervous and shy kids too.' – **Elliot, 6M**

'My tribes is a fun and enjoyable group which involves all ages' – **Sammy V, 6M**

'Tribes is a great thing at our school because you meet new friends and do some really fun activities with your tribe-



# Baptism

Baptism is the first of the sacraments of initiation, it is the sacrament by which we become members of the body of Christ, which is the Church. Once a person is baptised they are then eligible to receive the other sacraments offered by the church. At St Simon's Parish, Baptisms are conducted on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month commencing at 12.15 in our Parish church

Prior to the baptism ceremony, parents are asked to undertake our parish preparation program. This program is held on Wednesday evenings. At these sessions the baptism ceremony and the symbols used are explained.

At a weekend mass prior to the baptism a welcoming ceremony is conducted, where the child/candidate is introduced to the Parish community. At this mass a stole which is worn by the child at their baptism is presented to them by a member of the Parish community.



*I baptize you in the name of the Father and of the Son and of the Holy Spirit*

For information regarding baptism or any of the other sacraments please contact our Parish Office on 9764 4058.  
*Suzette Diaz*



## Restore Church/Care Centre

Since opening our doors on Monday 23<sup>rd</sup> February, Restore Community Care has been able to help numerous families in food crisis and the number keeps growing by the week.

Currently, Restore Community Care's main focus is on food relief through our Food Room. Residents of the City of Knox and surrounding suburbs, identifying themselves as 'in crisis' are able to access food, free, from our well-stocked food rooms. Initially, 4 visits can be made, spaced a fortnight apart. Clients will shop, choosing from a range of dry and packaged goods, fresh produce, frozen and refrigerated and toiletries. There is also fresh bread available most week days. Stocked items will vary depending on availability and our range continues to increase.

We also offer chaplaincy support on Wednesdays and Thursdays, a referral service and our 12-seater commuter bus is available to assist groups with outings. Other services will be added in the future based on sufficient need and demand, coupled with our capacity to deliver them. Restore Community Care is predominantly run by volunteers from the local community. We offer training and support for all volunteers, working in partnership with other local organisations. Applications to volunteer are welcome.

Restore Community Care is situated in the same building as Restore Community Church at 24 Laser Drive, Rowville, (Cnr Seismic Crt. Ent: Seismic Crt). Hours of Business: Monday to Friday 11:00am-3:00pm. Ph: 8736 7053. W: [www.restore@restorecc.com.au](http://www.restore@restorecc.com.au) and click on *Community*.

A number of Restore Community Care's clients have also attended Restore Community Church where they find open arms to embrace them and share the love of Jesus. Ours is a welcoming environment, with contemporary music, bible based teaching, a crèche and a kids program, all within the church service experience, with fellowship invited after the service (hot/ cold soft beverages and finger food served). Some people have found it hard to leave, as they are making new connections and trying to help each other.

Programs for youth, men, women, seniors, and Home Groups (Bible Study and more fellowship, for all ages) complement the Sunday services.

Restore Community Church/Care also appreciates the assistance of other local churches, relief organisations, businesses and individuals, which when combined can best meet the needs of those in need in the local community, the greater Knox area and neighbouring suburbs.

We invite you to visit us some time, either on the web, or in person where the *love of Jesus will always be on display.*

For all enquiries about Restore Community Church/Care, please call 8736 7053.

*Ray Green*



When I was younger there was a dreaded diagnosis. Cancer was, and still is, a word no one wants to hear in relation to their personal health. However, for many people today, their cancer is treatable and there continues to be encouraging advances in treatment possibilities for many cancers.

Today there is another diagnosis that is growing in frequency and is just as chilling. Alzheimer's disease is now a diagnosis we are hearing more and more. Associated with this disease is memory loss and personality change and many of us wonder if there are lifestyle issues we can employ that might help us. The 'use it or lose it' theme is something I hear often in relation to memory.

In early April the Bridgewater Centre ran a well attended information session about memory. Our counsellor, Suzanne Katzmann-Fogel, is very experienced in this field and we will shortly be offering a 10 week course on memory strengthening. In this time when we feel so much concern about this issue, we invite people to call our office for more information if this is an area that you would like to know more about.

The Uniting Church is on the corner of Fulham Rd and Bridgewater Way. We meet at 10am for worship on Sundays. We also have a specific family focus on the third Sunday of the month where worship takes a messier approach!

Toddler Gym is running on Tuesday and Friday mornings, offering two 1 hour sessions at 9:30 and 11am. Registration is essential for this program as there is a waiting list for places. The cost is \$5 per family per session on a pay as you go basis. Please call the church office with enquires about this program.

If you need counselling for any issues in your life, appointments can be made to see our counsellor at the Bridgewater Centre. This low cost service has operated for almost 20 years.

Rowville Uniting Church seeks to be a community contributor and we believe what we offer enhances and strengthens Rowville and Lysterfield communities.

*Trevor Bassett*

## Wacky Wisdom

One thing I can't recycle is wasted time.



## Faith v Confidence

In the Book of Matthew, Chapter 22, we read that one day Jesus sent his disciples on ahead in a boat after he had preached to a multitude. When it was evening the boat was far from land and a storm was brewing. Early in the morning Jesus approached them, walking on the lake. They thought Jesus was a ghost and cried out in terror. Jesus immediately spoke to them and said, 'Take heart, it is I; do not be afraid.'

Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water. But when he noticed the strong wind, he became frightened

and beginning to sink he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased and those in the boat worshipped him, saying, 'Truly you are the Son of God.'

Peter stepped out in faith, as it was the voice of the Master that had called him, but when he began to measure his own confidence, he started to sink. Thankfully we are not called upon to literally step out of a boat and walk on water, or to jump out of a plane, but we have so many other challenges in life.

The lack of confidence does not mean lack of faith any more than feelings of confidence indicate the presence of faith. There is a difference between the two. A confident person is one who is assured of his or her abilities. It can be part of their personality, part of their character development, or as a result of the encouragement of others.

We put our confidence daily in experts in their field, like doctors, into whose hands we literally put our lives. Recently we heard of the sad case of people who boarded a plane and trusted the pilot to take them to their destination,

but never made it. Having confidence is no guarantee in a fallible world.

Faith on the other hand is confidence in the divine God-factor. Confidence is acquired; faith is God-given. The Bible says that we have all been given a measure of faith. Jesus also said that if we have faith as small as a mustard seed, it could produce a great tree.

Do not despair if at times faith seems to be hard to hold on to. Our faith level might seem to fluctuate, but our God is always faithful. He will be pleased with even mustard seed faith and we can have the certain hope that it will bring its reward.

If you do not belong to a church or have not attended for some time, do visit us at Australia for Christ Church, which is a church where miracles happen, simply because of the faithfulness of our Lord Jesus and the faith-fullness of the people. It is an international church with separate services in English and other languages, plus many weekly activities apart from the Sunday services. More details can be found in "What's On Locally" on Page 2.

*Marlene Smith*



# Sant Nirankari Mission



## Clean Up Australia Day

135 volunteers from Sant Nirankari Mission (SNM) gathered to participate in the Clean-Up drive on the occasion of "Clean Up Australia Day", organised by SNM on 1<sup>st</sup> March 2015 at its premises (Bhawan) at 1377 Stud Road, Rowville. The drive started at around 9am and went on for almost 3 hours. The drive was organised under the motto "Cleanliness is next to Godliness".

Mission is keen on giving its message that the world should have a green, pollution-free environment and with a right ecological balance so that man can breathe and live comfortably.

Clean-up drive is one of the various initiatives undertaken by Mission on a regular basis, among others which includes blood donation, tree plantation, multicultural harmony festivals, women empowerment and many others.

More Info: [www.nirankari.org/melbourne](http://www.nirankari.org/melbourne)

## Harmony Day

The 21<sup>st</sup> March is marked as Harmony Day in Australia, which is intended to show cohesion and inclusion in Australia and promote a tolerant and culturally diverse society. The day coincides with the United Nations International Day for the Elimination of Racial Discrimination.

Sant Nirankari Mission, Melbourne branch have been actively participating and celebrating this day along with other communities for the last 15 years. Other communities mark the occasion in various ways, some have morning teas, others organise a fair and some celebrate by dressing in national costumes.

Mission truly believes that Harmony in Oneness should not remain a dream but become a principle to be followed in life by one and all.

We celebrated Harmony Day on 22<sup>nd</sup> of March with an event themed "Harmony in Oneness". The event was attended by distinguished heads and members from Council, various Associations and interfaith groups.

Amongst the distinguished speakers were, Mr Nick Wakeling (Shadow Minister for Education), Dr Ali Khan (Deputy Chairman – Regional Advisory Council, Victoria Multicultural Commission & CEO – Aboriginal Health Services), Mr Rehmat S Mohammed (Secretary External Affairs – Ahmadiyya Muslim Association, Victoria), Cr Joe Cossari (Councillor, Knox City



Council), Mr Peter Evans (Secretary – Knox Interfaith), Mr Kevin Harrison (President Elect – Rotary Club, Rowville) and Mr Shashi Kochhar (President – Friends of the Children Foundation)

Mr Rehmat S Mohammed shared the motto of Ahmadiyya Muslim Association, which is 'Love for all and hatred for none'. He said that the mission of their association is to serve humanity and to spread universal brotherhood.

Mr Kevin Harrison said that to make a difference in the world is one aim of the Rotary Club. They are very close to achieving the goal of eradicating Polio from the world. He congratulated the mission for its efforts in bringing the community together through these events and offered his help.

Cr Joe Cossari highlighted the message of Christianity "Love thy neighbour". He thanked Mission for participating in Harmony festival. He said that people of different ages, from different religions and countries are sitting here together and enjoying life. This is what the real Harmony is.

Dr Ali Khan paid respect to His Holiness Baba Hardev

Singh Ji and said that the message of His Holiness of oneness goes to the heart of the communities in endeavouring to promote peace and prosperity through tolerance. Let's make harmony day every day.

Mr Tuli Ji, Committee Member of Mission conveyed the message of HH that religion unites never divides. He said that first we have to become human beings. Oneness can be achieved only when we know one, the one almighty. Harmony in Oneness is possible only when we shed our egos. He added that the volunteers of the mission would be made available round the clock for any assistance.

Mr Nick Wakeling said that the Harmony day is important day for all Australians. He praised the efforts of His Holiness Baba Hardev Singh Ji in leading the SNM. He added that the SNM, Melbourne branch has the largest participation in blood donation and Clean-up Australia Day in the entire state of Victoria.

Mr Raj Kumar Ji, Committee member of Mission emphasized that the Harmony should not be due to compulsion or because of choice, it should be a preference. Harmony should be achieved naturally.

Towards the end the message was delivered from Holy chair, presided by Mr Sunny Duggal Ji. He said that to bring harmony we should be harmonious in nature. "It cannot be achieved only through words. It should be put in practice. HH Baba Hardev Singh Ji is guiding and teaching us to love all and hate none. He said that Mission believes in walk the talk. The members of the mission follow the teachings of HH in practice".

He thanked all the distinguished guests for participating in the event and sharing their thoughts and giving insights on what Harmony is and how it can be achieved.

The event was concluded with the community meal.

*Raj Gopal*



## The Salvation Army Rowville



Worship & Mission Centre

May already! This is Red Shield Appeal month and one of the busiest months of the year for The Salvation Army. If you would like to volunteer to help with collecting for our appeal, we would be very happy to accommodate you. You can contact me (Rosie) to discuss volunteer options.

Apart from our social programs we are also a church. The church service on Sunday at 10am is a wonderful opportunity to share with families of all ages. Everyone is welcome and children are included in the service. We love to sing and we have a contemporary style of worship.

We love doing "life" together and it is great to be able to get together for coffee or tea at the Coffee Club at Stud Park Shopping Centre every Friday morning from 10am.

Everyone is welcome to come and chat and it is a great way to meet new friends.

Do you love to do craft or hobbies? C.H.A.T. (craft, hobbies and talk) has commenced on Wednesday evenings from 7.30pm-9.30pm. The cost is a gold coin donation to cover supper. This is an awesome time to have fun, being creative and is for the whole family, men, women and children.

Have you been to one of our Car Boot Sales yet? These are usually held on the last Saturday of every month. Due to The Red Shield Appeal in May the car boot sale will be held on the 23rd and stalls are available for \$10 outside, or within our basketball court with tables available for \$15. Starting time is 8am and we finish at 1pm. The morning is a busy one and that creates a hunger for a BBQ and who can resist the smell of fresh coffee, which is also available for you to enjoy. To book a space for the 23rd May please contact Kriss on 0415 511 588 or call the church office on 9753 2795 or email [corpsofficer.rowville@aus.salvationarmy.org](mailto:corpsofficer.rowville@aus.salvationarmy.org)

If you can't make the car boot sale, pop on down to our Thrift shop in Wantirna South. The friendly manager and wonderful volunteers would love to see you. We value the support that you, the community, give us and we thank you for the donations you give to help those struggling in our community. The shop is open between 10am - 4pm Monday - Friday and 10am - 1pm on Saturdays.

I pray that God will continue to bless this community of Rowville.

*Rosie Massey (Captain)*



**RED SHIELD  
APPEAL**

THANK GOD FOR THE SALVOS



# Knox Council ELECTORAL STRUCTURE



## VEC preliminary report released

### Option B' is Knox's preference

Knox Council welcomes a preliminary report into its electoral structure that preserves an option for maintaining

the existing ward representation.

Mayor Peter Lockwood said the preferred option of the VEC in the report recommends a change to three, 3-Councillor wards, but he remains hopeful that Council's preferred option will win final approval. "Our current system of nine councillors across nine wards, called Option B in the preliminary report, works well in Knox," the Mayor said, "and although that option is not at the top of the list provided by the Victorian Electoral Commission review, that remains our preference."

### The report presents three options:

**Option A** (preferred option): Nine councillors divided between three three-councillor wards.

**Option B** (alternative option): Nine councillors divided between nine single-councillor wards.

**Option C** (alternative option): Ten councillors divided

between two two-councillor wards and two three-councillor wards.

"The VEC preliminary report itself says our structure has 'provided fair and equitable representation for the voters of the City of Knox'," Mayor Lockwood pointed out. "So why change it? We know it works well because we have high participation rates in council elections, generally more than 70 per cent, and generally a moderate number of candidates."

*The VEC welcomes public submissions responding to the preliminary report. Submissions should address the proposed options and must be received by 5.00 pm on Wednesday 6 May 2015. Submissions can be made via: the online submission form at [vec.vic.gov.au](http://vec.vic.gov.au) email to [review@vec.vic.gov.au](mailto:review@vec.vic.gov.au) post to VEC, Level 11, 530 Collins Street, Melbourne VIC 3000 A public hearing will be held at 6.30 pm on Wednesday 13 May at the Civic Centre, Knox City Council, 511 Burwood Highway, Wantirna South. People can speak at the hearing only if they have requested to do so in their submission.' Source: VEC*



## Council Minutes March 24<sup>th</sup> Meeting

A brief summary of items relevant to Rowville-Lysterfield

### 5.2.6 Councillor Seymour (Tirhatuan Ward)

Councillor Seymour expressed her thanks to the Community Services Youth Team for their fantastic efforts in putting together the 2015 Knox Schools Expo. Councillor Seymour noted more than 300 people had attended the event which provided an excellent forum for showcasing schools in Knox.

Councillor Seymour raised an issue of concern on behalf of senior citizens within the Tirhatuan ward who had expressed some frustration at the lack of supported aged care facilities in the southern part of the municipality. Councillor Seymour encouraged Council to advocate for the Minister for Planning to adopt the Housing Strategy given the need for supported care in the Tirhatuan ward.

Councillor Seymour advised that she would be a guest speaker at the first pop up conference in Knox to look at the issue of food poverty.

### 6.1 Report Of Planning Applications Decided

**UnderDelegation** 1 February 2015 to 28 February 2015

**3A Sunset Terrace, Lysterfield.** The construction of a single dwelling on the land 6/02/2015. Approved  
**402 Lysterfield Road, Lysterfield.** Buildings and works (construction of a shed) 17/02/2015 Approved

**4A Lords Court, Lysterfield.** Boundary realignment, Creation of Carriageway easement and Amendment to Building Exclusion Zone Plan 20/02/2015. Approved

**550 Lysterfield Road, Lysterfield.** Extension to an existing animal supplies store. 13/02/2015 Refused

### 6.2 Annual Housing Monitoring and Review Program Summary: Project Manager – Strategic Planning (Jonathan Wright)

This report summarises the findings of Council's seventh annual Housing Monitoring and Review program. The results show that the current Housing Policy is continuing to deliver positive results for the type, size, and location of new residential development across Knox against the previous Housing Statement objectives.

The 2014 results show a similar pattern to previous years, with a general increase in applications across the board. More apartments, townhouses, and other smaller dwellings are being approved in Activity Centres, making a positive contribution to dwelling diversity and affordability in the areas that have the best access to services and transport. The Foothills saw relatively low development on a scale appropriate to protect its unique landscape and neighborhood character. Development in other areas of Knox is generally low-scale dual occupancy and villa units, which are generally in keeping with the existing character of those neighborhoods. Progress with respect to diversity of dwelling sizes was mixed, with three-bedroom dwellings the most common type approved for the first time since monitoring began in 2008. For the third year in a row, no new social housing developments were approved to address the existing identified deficit.

This report also introduces the proposed new Knox

Housing Monitoring and Review Program, which is proposed to commence in 2015. This new Program updates the current program to reflect the new Knox Housing Strategy, adopted by Council in January 2015. The detail of the proposed new Housing Monitoring and Review Program will be reported to Council for consideration and endorsement in the coming months, once there is greater certainty on the pending approval of Amendment C13

### Conclusion

Overall, the current Housing Policy continued to deliver mostly positive results in the type and location of applications that were approved in 2014 against the previous Housing Statement. The number of approvals increased overall, while the number of VCAT referrals and percentage of Council refusals overturned were both less than in previous years. Higher density development continues to deliver much needed diversity in dwelling type and size, the vast majority of which was located in Activity Centres and appropriate Strategic Sites. Development approvals in the dispersed areas and Foothills continue to be low-scale villa units and dual occupancies with a small number of new subdivisions for single dwellings on a few larger sites.

Housing affordability continues to be a challenging issue with complex causes and influences. There are clear limits to what the Planning Scheme can deliver in terms of achieving appropriate levels of affordable housing, but in the areas it can address the current Housing Policy has had mixed levels of success. The increase in apartment and townhouse approvals in Activity Centres has the potential to provide a much-needed improvement to the choice of dwelling type and price point, even though the number of new approvals is small relative to the number of existing dwellings across the city. However for the first time since Housing Monitoring began, the number of 3-bedroom dwellings was the most common size approved, which does not represent a change from the existing condition. For the third year in a row, no new social housing units were approved in Knox. This means the gap between what is needed and what is available not only failed to narrow in 2014, it actually continued to widen. The new Knox Housing Strategy addresses issues of affordable and social housing, but it is an issue that may require further action if trends from recent years continue.

The new Knox Housing Strategy and Residential Design Guidelines adopted in January 2015 represent a major policy shift in Council's approach to future housing. They were developed through extensive engagement with the Knox community with the goal of continuing the aspects of the current Housing

Policy that have worked well while addressing areas that have needed improvement. A new Housing Monitoring and Review Program tailored to the new Housing Strategy will begin in 2015, the detail of which will be reported to Council under a report to follow at a later date.

### 8.3 Quail Way Tree Removal - Petition

Summary: Manager – Operations (John McCarthy)

This report is in response to a petition tabled at the Council meeting on 27 January 2015 requesting the removal of Eucalyptus trees from the nature strips of Quail Way, Rowville.

### Conclusion

Whilst it is acknowledged that a percentage of the residents within Quail Way wish to have their trees removed and replaced with a different species, it is recommended that the trees in Quail Way be retained based on the following: Eucalypt trees have evolved to cope with drought and hot weather conditions. It is this capacity to cope with adverse climatic conditions that makes Eucalypts appropriate street

trees in Australia, particularly as these climatic conditions are predicted to get more extreme.

In general, the trees in Quail Way have been found to be in good health and have good structure, therefore the level of risk associated with these trees has been classified as low.

All trees will shed leaves and bark over the course of the year – the rate of leaf loss can increase in periods of extreme temperature as trees shed leaves in order to reduce moisture loss through transpiration. This has been witnessed, not only in Quail Way, but across the municipality to a number of streets in the past 4-5 years.

Quail Way has been assessed for tree related infrastructure risk using Council's Street Tree Infrastructure Risk Assessment Matrix. The overall risk rating for Quail Way is 'Negligible' meaning further action is not

required. Maintaining street trees is a constant challenge and Council understands there is an ongoing maintenance requirement associated with street trees. However, the benefits that a healthy tree avenue provides to the residents in a street outweigh these requirements. Healthy tree avenues should be retained as part of Council's streetscapes as identified in Council's Liveable Streets Policy 2012-22 and Green Streets Policy.

In summary, it is recommended that Council replace the three trees identified for removal, remove the deadwood from a further 19 trees and continue to inspect and manage the trees within Quail Way both on a reactive and proactive basis.

### Council Resolution

1. retain the existing *Eucalyptus scoparia* (Wallangarra White Gum) avenue in Quail Way, Rowville, and continue to monitor it as part of Council's street tree inspection program;
2. deadwood the identified nineteen trees and replace the three *Eucalyptus scoparia* trees identified as having poor health or structure with *Eucalyptus mannifera* 'Little Spotty'; and
3. advise the lead petitioner of Council's decision in writing

### 10.1 Works Report As At 11 March 2015

#### 016 Building Renewal Program

Program is currently approximately 85% expended/committed and approximately 65% complete. Works commencing in March or nearing completion include Civic Centre (Engineering) - toilet refits and office refurbishment; Eildon Park Tennis - external painting; Leisureworks - family change rooms/shower refit; Knox Community Arts Centre - external painting;.

#### 017 Playground Renewal Program Three 2014/2015

local playgrounds (Lakesfield, Deschamp and Gravenstein) are to be publicly tendered in March.

#### 031 Stamford Park Redevelopment \$469,838

Council's Probity Advisor has endorsed the land sale and restaurant lease expression of interest (EOI) documentation and proposed selection process. Council has engaged DTZ as Marketing and Realty services provide for the EOI phase. DTZ has provided useful input into the EOI process. Council's solicitors have completed the final draft EOI documentation which was presented to the February Stamford Park Project Steering Committee for approval. The planned EOI launch date is currently 5 March, closing 1 April.

#### 055 Corhanwarrabul Creek Trail (to Dandenong Creek) – Shared Path

Consultant has completed designs for three different styles of bridge across Corhanwarrabul Creek. Designs will be discussed at the next meeting of the Stamford Park Committee.

#### 102 Major Reserves Conversion to Warm Season Grass





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## Council Minutes continued...

Works include the completion of warm season grass at Eildon Oval No. 2. Further topdressing to follow by end of March.

### 353 Avalon/Stamford/Stud Road Intersection Modification

Consultant is currently undertaking a Road Safety Audit on the final design. Final sign off has been sought from PTV.

### 393 Tirhatuan Drive (No 18) Rowville - Drainage Upgrade

Contract works nearing completion with works along Ling Drive being finalised.

### 412 Water Sensitive Urban Design Renewal

Minor Renewals:

Project 3: Orville Court, Rowville, Industrial Catchment Developer Constructed Raingarden - audit assessment of system performance undertaken; monitoring system effectiveness in partnership with Melbourne University now complete. Recommendations to renew asset as currently failing; renewal design now underway

### 439 Rowville Recreation Reserve No 1 - Renovation

Works complete

### 443 Reserves Paths Renewal

Works identified in Faraday and Seebeck Reserves set to commence in March.

### 492 Compliance to Food Act - Various Buildings

Works program has been set. Proportion of budget designated kitchen upgrade at Rowville Community Centre. Expected expenditure now will occur in March/April.

### 518 Heany Park - Open Space Upgrade

Detailed design is currently being revised for seating circle in consultation with Biodiversity Team.



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**551 Blackwood Park Road, Rowville - Rehabilitation**  
 Works integrated with Windermere Drive renewal works. Contractor appointed and expect works in Blackwood Park Road to be completed during March.

**604 Liberty Reserve Carpark Lighting** Quotations for works received. Contractor to be appointed by March 13.

**621 Stud Road Aero Club, Knoxfield/Rowville (Toilet Facility)** Construction complete

**623 Seebeck Reserve, Rowville - Spectator Seating** Seating has been purchased and installed.

**624 Lakesfield Reserve, Lysterfield - Floodlighting Design** Design work commenced.

**625 Lakesfield Reserve, Lysterfield - Pavilion Upgrade design** Survey completed. Initial concept proposals received for review.

**633 Bergins Road, Rowville - Footpath 1** Completed.

**638 Karoo Road, Rowville - Design** Detailed design for bus stop at southern end of Karoo Road (near Valleyview Drive) completed and quotes for electrical power pole stay relocation now approved. Plans being amended for WSUD inclusions and nearing completion. Detailed design for remainder of Karoo Road underway

**640 Napoleon Road/Affleck Way/Bark Avenue - Splitter Islands** Works to commence in March.

**641 Kelletts Road - Shared Path 1** Project Complete.

**647 Stud Park Reserve, Rowville - Masterplan**

Preparation of brief for Stud Park masterplan to engage a design consultant.

**648 Row Reserve, Rowville - Development Plan** Design work about to commence

**650 Arcadia Reserve, Rowville - Masterplan** Feature survey completed for project design to commence in March.

**676 Lakesfield Reserve Oval Renewal** Contractor appointed and Possession of Site granted with contract works about to commence.

**677 Liberty Reserve Oval Renewal** Contractor appointed and Possession of Site granted with contract works about to commence

**679 Eildon Park Tennis Court Upgrade** Advice received in December 2014 of available funding – project scope being established.

*Summary submitted by Jan Bates*