



ROWVILLE-LYSTERFIELD COMMUNITY NEWS

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LYSTERFIELD COMMUNITY NEWS INC.

Priceless

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PREP - GRADE 6

club extreme
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Rowville–Lysterfield Community News Supported By



**Rowville Neighbourhood
Learning Centre Inc.**

Meetings are held at the RNLC at 7.30pm on the first Tuesday of the month, except July & November. Visitors and potential committee members most welcome.

OUR TEAM

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Calendar of Events - June 2016

Bowel Cancer Awareness Month

2-10 June – **Medical Research Week**

www.asmr.org.au/MRW.html

3 June – **Mabo Day**

www.aboriginalheritage.org/news/2013/mabo-day/

6-12 June – **Heart Rhythm Week** - www.aa-international.org/au

7 June – **Immunisation** – Rowville Community Centre -

No appointment necessary 1.30pm to 3 pm. Bring Medicare card and child's Health Record book to the session.

9 June – **Go Red for Women** - National Heart Foundation

www.goredforwomen.org.au

9 June – **On Your Feet Australia** - Baker IDI Heart and

Diabetes Institute - www.onyourfeet.org.au

10 June – **National Buddy Day** - www.buddyday.org.au

14 June – **Immunisation** – Aust. for Christ Fellowship - No appointments necessary 6 pm to 7.30 pm. Bring your Medicare card and child's Health Record book to the session.

15 June – **Red Apple Day** – Bowel Cancer Australia

www.redappleday.org

15 June - **Immunisation** – Rowville Community Centre No appointments necessary 9.30 to 11am. Bring Medicare card and child's Health Record book.

17 June – **Red Nose Day** - www.rednoseday.com.au

19-25 June – **Refugee Week** - www.refugeeweek.org.au

20-26 June – **National Pain Week**

www.nationalpainweek.org.au

26 June – **National Whale Day** - www.nationalwhaleday.com.au

28 June – **Knox Council Meeting** 7.00pm Civic Centre

29 June – **World Scleroderma Day**

www.sclerodermaaustralia.com.au

30 June – **Social Media Day** - mashable.com/smday

Note: International event days happening throughout the world haven't been included. All events originate within Australia.

What's On
Locally



Sponsored by:
**Lions Club
of Rowville**

DIRECTORY

June 2016

Australia For Christ Church Sunday Services:- English Service 9-10am and 10:30am-12pm

Indonesian Service 10:30am, Mandarin Service 1:30pm

Stomper Play Group 10am -11:45am (during School Term).

1070 Stud Rd. Rowville. www.acfchurch.com

Australian Air League Meet Wednesday 7.30 to 9.30pm at

Salvation Army Hall, Kingsley Close. Freecall 1800 502 175 or visit the website: www.airleague.com.au

Baptist Church Services every Sunday 10am

Playgroups - Tue, Thur & Fri. mornings during school terms.

CFA Juniors Meet every Thursday 7pm

Cake Decorators Assn Bi-monthly 2nd Sunday - 10am-3pm

Feb, Apr, Jun, Aug, Oct, & Dec. Scout Hall, Turramurra Drive

Contact 5998 4067

1st Rowville Scouts:

Joey Mob (6-7.5 years) - every Thursday 6.00-7.00pm

Cubs (7.5-10.5 years) every Wednesday 7.00-8.30pm

Scouts (11-14years) every Thursday 7.30-9.30pm

Venturers (14-17.5 years) every Friday 7.30-10.00pm

Contact Terri 0418 567 923 atm.russell@gmail.com

Fruitful Vine Church Services every Sunday 10am

Girl Guides Age groups 5-8 yrs, 8-11 yrs, 11-14 yrs, 14-

18 yrs. Contact Jill Livingston, Eastern Region Manager

on 0409 583 847 or Knox District Leader Christine Clifton on

0408 505 661

Heany Park Scouts Meets at: Makeham Road, Heany Park

Joey Mob (6-7 years old) - meet Thursday 5.45 - 6.45pm,

Cub Pack (8-10 years old) - meet Thursday 7 - 8.30pm,

Scout Troop (10-14 years old) meet Monday 6.30 - 8.30pm

Venturer Unit (14-17 years old) meet Friday 7.30 - 10.30pm

Contact Gavin Thomas on 0417 529 848

or email gl.heany-park@vicscouts.asn.au

Hillview Comm. Church Services Sunday 10am. For

details call 9763 7776

Knox & District Over 50s Meet 4th Tues each month at

10.30am (except Jan & Dec) at Boronia Progress Hall

Knox Home Garden Meet on 3rd Monday of each month at

8pm at U3A Parkhills Campus. May, June & July meetings on

3rd Saturday at 10am

Life Activities Club Knox Enquiries 0481 831 788

knox.enquiries@life.org.au

Lions Club Meet 2nd & 4th Wednesday – 7pm for 7.30pm at

the Knox Tavern, Knox City. Meal available. Contact Julia:

0414 608 824

Little Athletics For training & event days: 9763 1404

Men's Shed (Stamford Park) Meet at Stamford Park

Homestead Tues, Thurs & Sat from 10am to 3pm. Orana

Shed, Neighbourhood House, Coleman Rd, Wantirna every

Thursday from 10am to 3pm.. Barry Treadwell 0425 719 451 or

www.stamfordparkshed.org.au

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays &

Thursdays, 9.30am, Michele 0407 837 973 Parents Coffee

Morning - Fridays, 10am, Kaylene 0409 200 830

National Seniors Australia For over 55s, the Knox Branch meets at 10am, Stud Rd, Wantirna. All welcome. For enquiries, ring John Giles on 9778 6784

Possums Playgroup Mon.-Fri. 11.30-1.30 and 1.30-3.30.

possumspg@hotmail.com

Probus Club (Knox Combined) Meet 1st Tues each month at

the Stamford Hotel at 10am. Contact Kaye: 0412 660 734

Probus Club (Knoxfield Ladies) Meet 4th Mon. of month at

Waverley Golf Club 9.30am. Contact Beverley 9753 3224

RAFT Anglican Church Holy Communion 8.30am. Evening

Service Sunday 5pm. Family Worship with children's teaching

time 10.30am Sunday. **Family History Group** meet 1st Wed.

each month at 10am. Bev 9759 5455 **Mainly Music** every

Wednesday 9.30am **New Vogue dance:** every Wed. 7.30pm.

Contact Bob or Ken Reid 9764 2573 **Craft for Christ** 2nd & 4th

Tues each month at 7.30pm. **Playgroup** Tuesdays 10-11.30am.

Red Cross Rowville Meet 3rd Wednesday of each month

10am. Contact Joan: 9764 4611

Restore Church Sunday services are held at 10.15am at 24

Laser Drive. Light refreshments and finger food served after the

service. Phone 8736 7053

Ruby Gumnut Goddesses (Red Hat Society) For all events

contact Catherine 0418 102 064

Rotary Club Every Tuesday evening at Tosario Restaurant,

at 6.30 for 7.00pm,

Rowville Seniors Meet Wednesdays and Fridays 1pm to

3.30pm at Rowville Community Centre

Salvation Army Services every Sunday 10am followed by

morning tea

Sant Nirankari Mission Congregation session every Sunday

from 12 noon to 2pm followed by an Indian community meal.

Everyone is welcome

St Simon's Parish Services Saturday 6.00pm.

Sunday 8am, 9.30am and 11.00am. Tuesday 7.30pm,

Wednesday to Friday 9.15pm.

Stud Valley Ladies Golf Club Thursday mornings at Tirhatuan

Golf Club, 9 & 18 hole competition.

Contact Nola 9700 3804 or Pam 0409 934 966

Timbertop Golf Club Saturday Ladies' Competition

Tirhatuan Lakes. Muriel: 0427 585 575

Tirhatuan Ladies Golf Club Wednesday & Saturday

competitions at Tirhatuan Lakes Golf Course. Membership

information - Heather 0438 545 483 or Kaye 0408 038 363

Rowville Toastmasters meet on 2nd, 4th and 5th Tuesday

each month at 7.15 pm for 7.30 pm at RAFT Church. Contact,

Rina: contact@rowvilletoastmasters.org.au

Rafters Toastmasters meet on 1st, 3rd and 5th Tuesday

each month at 7.15 pm for 7.30 pm at RAFT Church. Contact,

Laura; rafterstm@gmail.com

Uniting Church Services Sunday at 10am. Contact 9753 3495

LINK Thurs 10am. **Toddler Gym** Tues & Friday 9.30-10.30 &

11am - Noon (during School terms)

Yoga for Kids Fun classes for primary students. Tuesdays

4.30pm Rowville Scout Hall Contact info@schooltimeyoga.

com.au or 0468 471 102 www.schooltimeyoga.com.au



we're closing

The Knox City Council Rowville Customer Service Centre will be closing.

Our last day of operation will be Friday 17 June 2016.

You can continue to pay your rates at:

The Stud Park Shopping Centre,
Stud Road, Rowville with:

- Australia Post
- Commonwealth Bank

Or visit the Knox Civic Centre Customer Service Centre: 511 Burwood Highway, Wantirna South

For all other enquiries and payments

- Visit the Knox Civic Centre Customer Service Centre
- Use our online payment system www.knox.vic.gov.au/payments
- Phone our Customer Service team on 9298 8000
- For more information visit www.knox.vic.gov.au/rowville

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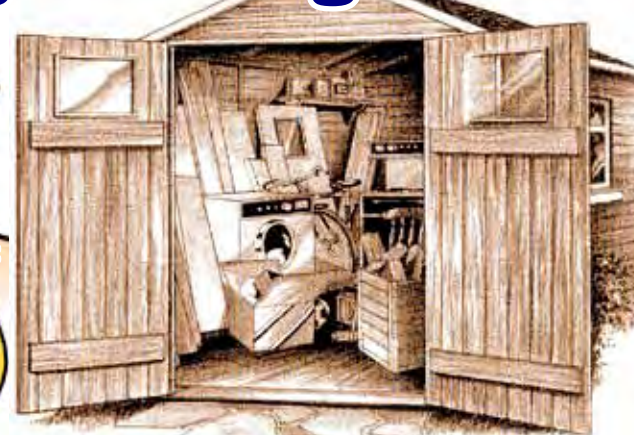
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- 2 Click the Advertising tab
- 3 And follow the prompts

Examples of your advertisement-information and content:

14, Common Lane
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16th and 17th July 2016
8.30am to 4.00pm
Special Items
4 Stroke Lawn Mower; 3 sets Golf Clubs; Various Power tools



14 Second Street
Rowville
9th and 10th July 2016
9.00 am to 3.00 pm
Special Items
Weber Kettle BBQ; Set of weights; Ladies size 14 clothing



Remember:- It is against EPA Litter Rules/Laws to leave posters on public property after the sale and you risk receiving an infringement notice.

If you are looking for a bargain, check out the Garage Sales by visiting our website

This is a community initiative by your community newspaper.



Heany Park Scouts To The Rescue

As we are struggling to find distributors/deliverers in some areas, particularly the Heany Park area, thanks to the help of scout leaders Keith Young and Kylie Durant, we enlisted the help of the Heany Park Scouts, who were only too happy to give up a small amount of time to help the community.

I visited the scouts in their meeting hall on a



Heany Park Scouts Pose for the RLCN

windy Monday evening and joined their parade and raising of the flag. Speaking to members of the troop they said that they had enjoyed the experience and didn't find it very difficult or time consuming. They were broken into groups and assigned set areas to deliver in. They told me that some newspaper receptacles were very full of 'junk mail', so they had to place the papers in the letterbox, making sure they didn't block the entry slit for letters. .

We would like to thank the Heany Park Scouts for their assistance and for a job very well done.

David Gilbert

Origins of Words and Phrases

'Goodnight, sleep tight'

In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. That's where the phrase "goodnight, sleep tight" came from.



Jagnoor and Mabel

One of the lesser known Rotary Youth Programs is MUNA and you may well ask "What is this?"

MUNA stands for the Model United Nations Assembly. Sounds impressive doesn't it and it is! This international youth program is aimed at encouraging young people to learn about the workings of the United Nations General Assembly and increases students' understanding of international affairs, whilst also giving students the chance



General View Of The MUNA Assembly In Session

to develop debating and public speaking skills. Rotary International first conducted MUNA in Canada and it was first held in Australia in 1980. The event is held every year during the May Victorian Parliament break, in the Legislative Council Chamber at Parliament House over two days, Saturday and Sunday and includes a brief tour of the building. They get to sit in the seats of our state politicians and experience the atmosphere in the chamber.

Students compete in small teams, with each team representing a UN member country. The teams research their country's politics and culture to prepare themselves for the lively and sometimes heated debate. They speak from the point of view of that country and get into the spirit of the Assembly by adopting their country's national dress.

A "Secretary General" controls proceedings and students soon engage in a rhetorical war of words over the recommendations under discussion.

Our Rowville-Lysterfield Club sponsored two students from Rowville Secondary College to attend MUNA in early May. Jagnoor Jaswal and Mabel Soon (from the RSC Interact Club) were our Club's sponsored team and were assigned RUSSIA as their country to represent. This presented them with quite a challenge to prepare for the day, however they acquitted themselves very competently; for example, in ensuing discussion with the representatives from North Korea and Turkey, the Turks formally declared war on our country, Russia and then North Korea raised a motion to have the Secretary General dismissed for bias!! How similar to the real thing in New York!!

Jagnoor and Mabel attended our Club meeting on 10 May and gave us an enthusiastic report on their experiences over the two days spent at MUNA. They obviously hugely enjoyed the time, rising to the challenge and actively participating in debate. We are sure that the College will support this event again next year, with our Rotary Club support. As MUNA is run by most of the Rotary Districts around Australia, a winner is selected from each event and then invited to represent their District the National MUNA event held in Canberra each year in August.

Each year, stories emerge where participants have changed their career aspirations just as one student did a few years ago when he changed from following Science as a career to doing International Politics gaining a

Masters degree in International Politics and now lives in Prague.

MUNA is one of several Rotary specific Youth Oriented programs; others are NYSF (National Youth Science Forum), RYLA (Rotary Youth Leadership Awards and RYPEN (Rotary Youth Program of Enrichment).

If you would like to know more about any of these Youth programs, log on to the website: www.9810rotary.com.au and click on the Operations tab or call either Stephen Lakey on 0418 422 232 or James Wilson on 0417 548 662.

Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. If you are community minded and would like to give something back, meet some like-minded people and have some fun and fellowship, then you are invited to come along to a meeting to find out what Rotary is all about. Come as a guest the first time. Interested? Then call either President Kevin Harrison on 0419 919 011 or Jeff Somers on 0413 150 587. Log on to our website at: www.rowvillerotary.com.au and follow us on Facebook and/or Twitter.

Rotarian James Wilson

**- Deadline -
JULY 2016**

**EDITORIAL & ADVERTISEMENTS
Wednesday 15th June**

Articles, News or Letters to the Editor
editor1@rlcnews.com.au

PHOTOS: please email SEPARATELY,
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**DISTRIBUTION
Saturday, 2 July 2016**

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9764 4703 or editor1@rlcnews.com.au

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ABT BLAST & FAT BURNER classes at 6.30pm and the MINDFUL MOTION class at 7.30pm. I am so confident that you will absolutely love these classes that the first one (\$15 value) is on me! Yes, that's right. To reserve your place in one of these classes either call or text Linda Mainwaring on 0417 370 489



Good Mates



Good Neighbours

STAMFORD PARK MENS SHED

This month good mates, good neighbours and good citizens is the theme to demonstrate what our shed is about.

As good mates, we catered for the annual Victorian Mens Shed Association day out at the National Steam Centre on Ferntree Gully Road Scoresby. This was an opportunity for members of Men's Sheds across the state to come together to look at the steam engines on display and of course chat with each other over a cup of tea or coffee and a bite to eat. It was good to see people wandering around enjoying themselves, while we cooked up a BBQ feast and as the photo shows it was a relaxed atmosphere and the weather was fine.



As good neighbours, residents on Corhanwarrabul Close and Lakeside Avenue in Rowville who back onto the grassland may have noticed that the long grass that abuts their back fence has been cleared – as the photo shows. This provides a buffer to their properties and hopefully will keep out pests. We do this without any payment for the benefit of

the local community.

As good citizens, several members attended the Anzac Day service held at the memorial outside the Rowville Library at Stud Park Shopping Centre. The guys laid a wreath to honour those who served their country and later mingled with the many who attended.

As always we welcome visitors on the days we are open – please see the Mens Shed entry on page 2 for details, or just Google us.

Rowville Seniors

Anzac Day was celebrated with a solemn and beautiful ceremony at the memorial outside the Rowville Library this year. The Rowville Seniors had the privilege of laying a wreath in memory of our fallen heroes. Sandra Goodwin (treasurer) and Elizabeth Kuek (Vice-President) did the honours in the absence of President, Anne Berg.

On the 3rd of May, we went to the Lynbrook Hotel for Morning Melodies and a buffet lunch. We went down memory lane, listening to songs from popular musicals, followed by a delicious spread of international cuisine.

We have lots of activities like carpet bowls, cards, trivia and bingo. Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. For enquiries please call Sandra on 9758 7996 or 0402 811 789.

Elizabeth Kuek (Vice-President)



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Combined Probus Club of Knox

During our visit to the Hastings Ostrich Farm & Country Dahlias it was a case of who was more curious- us or the ostriches! We learnt about them being farmed for their feathers, meat, and hide. Then in complete contrast we 'wandered through the Dahlias', an amazingly beautiful display of over 20 thousand varieties and colours. Our picnic of chicken and salad was enjoyed in the gardens where the weather was magnificent.

On 12th May a group of 21 members went into the City for a tour of the 3T's (in this cases the 'T' stands for treasures). We were met on the Treasury steps by our well informed and companionable guide Kenneth Park, who led us through the history of the building, even visiting rooms that visitors do not normally have access to. Then we walked around the treasury buildings, including the Premiers Department, the Education Department and the

Commonwealth Offices before returning to the Treasury Gardens, where we learnt the reasons for creating a garden in that exact spot. This was followed by tea and coffee in the Windsor Hotel.

There will be more details in the next issue of our upcoming trips to, the Sound of Music, lunch at De Bortoli's Winery/Restaurant and the tour of the Jayco factory in Dandenong. On 11th June, some of our members depart for a cruise to Vanuatu and New Caledonia. No doubt there will be stories to tell and lots of photos to show.

The speakers in May, Shirley-Hardy Rix and Brian Rix were a fantastic example of doing something outside the square when you retire. Brian retired in 2011 after serving as a policeman for 36 years. They met whilst Shirley was working as a crime reporter for Melbourne TV and radio. She is now a freelance journalist, magazine editor and publicist. Between them they have ridden a motorcycle more than 170,000 kms



through 68 countries and 6 continents. Their latest book 'A Long Way to Vladivostok' describes their journey through Scandinavia and the Silk Road to Siberia. Other books are 'Two for the Road', a journey from England to Australia through Europe, the Middle East and Asia and 'Circle to Circle', a journey through the Americas and beyond.

Their talk and slide show was fascinating and at the end Brian had to go out twice to get extra cartons of books, such was the demand. Our next speaker on 7th June will be from Access Comm talking about telephones for people who are hearing impaired and will be demonstrating the phones available.

On 5th July we will have our Mid-Year luncheon at the Stamford. As 2016 marks the 40th Anniversary of Probus in Australia and the Pacific, which we traditionally celebrate as a Ruby anniversary, we will be going red to celebrate. Will it be red hats, boas or something more unusual?

The following Thursday we are going on a tour of the Telstra Museum, followed by lunch at the Mulgrave Country Club.

You can view details of our meeting venue, dates and times in "What's On Locally" on page 2 You can come as a guest to see what a friendly and inclusive group we are and the scones are delicious!

Val Eldridge

Knoxfield Ladies Probus...



The Knoxfield Ladies Probus Club enjoyed a full day of activities recently. Firstly, we travelled by bus to Balnarring, to inspect the Coolart Homestead and in spite of early rain, we were able to walk around some of the Wetlands.

We searched for birds from the strategically placed hides, although unfortunately the lagoon was dry due to the hot, dry weather experienced over the last few seasons. Our experienced guide was knowledgeable as well as interesting and the Information Centre was fascinating.

Lunch and chatter was fully enjoyed in the attractive Marina Restaurant in Hastings and the good food and pleasant surroundings were an ideal antidote to the blustery

Our Group Listening Intently At Cerberus Centre

wind outside. Replete, we then wandered through the Naval Museum at the Cerberus Naval Training Centre, where we were informed by yet another experienced and knowledgeable guide.

Details of the Knoxfield Ladies Probus Club meeting venue, dates and times can be found in "What's On Locally" on page 2.

If you would like to join us and you are over 55, please contact Val on 9763 6175 or Bev on 9753 3224. You will be very welcome.

Bev Bishop



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Wellington Village

Robert Gearon and the other family members, as owners of Wellington Village Shopping Centre, wanted to enliven an already successful shopping area by introducing community artworks to the centre. The first evidence of this can be seen by the removal of the old flagpoles and the bin from the centre walkway. In their place there are now four old telegraph poles and atop these poles you will see two different metal cockatoos designed by Georgie Seccull.

Georgie is a self-taught artist who has a large portfolio of art work using salvaged and recycled materials. Recently her work, butterflies carved out of wood and hundreds of paper butterflies, could be seen in the Lexus Pavilion at Flemington during the Spring Carnival. Other clients include the Melbourne Flower and Garden Show and the BHP Sustainability Awards. Her father, Andrew, is the centre's landscape architect who did the design work for the paving and landscaping at "The Corner".



Further artwork will adorn the foyer and forecourt in the future and the gardens will be upgraded to attract more wildlife as part of the "Knox Gardens For Wildlife" initiative.

Red Hatters Having Fun

Six of our ladies from the Ruby Gumnut Goddesses recently went to Bendigo for a very fun time with 150 other Red Hatters from around Australia. We had a lovely time, with the Mayor of Bendigo welcoming us to the City and giving us each a lovely friendship pin. We enjoyed the sites of Bendigo and fell in love with it and all vowed to go back and spend more time enjoying all Bendigo has to offer.

Blustery winter days are made for fun for Red Hatters. We go inside the shopping centres and indulge in our favourite pastimes of friendship and shopping. A Yum Cha lunch at Knox City was utterly delicious and while we were there enjoying ourselves another diner had a birthday. Well, of course we joined in and sang Happy Birthday to her....as a result of which her Mum is going



Arabian Nights Fun

to join us! She's a fun-loving lady who has just moved to Rowville and we gave her a fascinator on the spot. Of course we had to promenade after lunch, through Knox where we shopped and indulged in coffee until we dropped.

A fun time was had by all at a mini convention at Puffing Billy for a lakeside picnic, which was a hoot with fifty red hatters all dressed in colours for the occasion, waving and enjoying the fun trip. Then off to the Knox Club, where we joined in the fun of an Arabian Nights theme, dressed in our outfits and were entertained by belly dancers. Lots of lovely people approached us for a chat and wanted to know more about us.

Red Hatting is for ladies over 50 (Red and Purple) and for those under 50 (Pink and Lavender) who want to have fun and friendship and not be invisible in their later years.

Contact Gillian on 0408 801 624 if you would like to join in our fun. You will be most welcome!

Gillian George

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Can You Believe It?

Swaziland's parliamentary Speaker has been asked to resign for taking cow dung from the royal yard. The Speaker, who claimed he had dreams warning that King Mswati III was in danger, insists he took the cow dung to perform rituals to protect the king.

FREE CRAYOLA CREATIVE CENTRE FOR KIDS!

Bring the kids along to Wellington Village for some creative fun these school holidays.

Wed 29 - Thurs 30 June & Fri 1 July.

Times: 11am - 2pm

For more info on our stores see our website or follow us on Facebook for news and special events.



*Limited spaces at one time, no bookings required. Parental supervision required.



WELLINGTON VILLAGE

Wellington Village
Cnr Wellington Road and
Braeburn Parade, Rowville



wellingtonvillage.com.au

Give Us The Transport Network We Need and Deserve!

I want you to stop for a moment and close your eyes, imagine you are now in 2036...

Knox has 200,000 residents (Rowville and Lysterfield 50,000), well in excess of the 2015 estimate of 185,000 (when the total was only 155,000). The average price of a family home in Rowville and Lysterfield is now \$2M. Most of the people who grew up in both suburbs are unable to rent, let alone buy their own place, so they continue to live with their parents. This is the impact of an additional 100,000 people settling in Melbourne, every year since the 2010's. The local transport network is "choking to death".

Rowville and Lysterfield is an absolute "basket case"! The car still "rules", for 92% of residents, as the primary mode of transport. The 3hr peak period results in a 90 minute commute to the city. Traffic is "bottlenecked" on Wellington Rd, east of Stud Rd, for 10km each morning Mon-Fri. The travel time between Stud Park and Knox City shopping centres is at least 40 minutes. If you want to use Napoleon Rd to travel north; forget it! Although long retired as a Councillor, I still reflect on how did it come to this?

Council is not directly responsible for the provision of major roads, rail, tram or buses. However, it does have a responsibility under the Local government Act 1989 Sec 3D (d), "advocating in the interests of the local community to... governments". Back when I was a councillor, we developed the 2015-25 Knox Integrated Transport Plan, to provide the strategic basis for advocating for desperately needed transport initiatives.

Unfortunately, due to a lack of vision, planning and political willpower, by every Commonwealth and State Government since, nothing has happened. Opportunities have been lost that would have made an incredible difference to the liveability of not only Rowville and Lysterfield, but across the entire eastern suburbs region.

Scrapping East-West Link in 2014 was a disaster. True, the State Government at the time had a mandate to do so on the basis the contract, "was not worth the paper it was written on, therefore no compensation would be payable". However \$1.2B in compensation payments to pacify a cohort of self-centred, "latte sipping", inner city elitists was short sighted, an inexcusable waste of taxpayer's money and an "up yours!" to the eastern suburbs.

What should have been the crowning connection to create a continuous ring road around Melbourne, catering for the growing volumes of traffic, has resulted in two decades of motorist frustration from not just Rowville and Lysterfield but the rest of the middle and outer east.

Of course reliance on cars could have been reduced years ago if the Rowville rail line was built. I remember years ago, taking my son on a scout camp (2015 I think) to Bendigo by train. What caught my attention was the date carved into the brickwork over the station's main entrance ...1862! It really hit home to me, only one generation after European settlement in Victoria, our forbearers had the drive, ingenuity and "can do" attitude to finance and construct a 162km rail line.



174 years later, apparently, it is not viable to build a 12km line extension in the suburbs, as it is "too" expensive, "too" many difficulties and "not" an immediate priority. Of course, this has absolutely nothing to do with the State Seat of Rowville being considered "safe" for decades. Of course it was purely coincidental during the 2014 state election, both major

parties fell over each other to promise to construct the 8km Mernda rail extension to service what was in that election the most marginal seat in the state!

Originally included in the 1969 Melbourne Transportation Plan, the line has been promised by one state government after another ever since. Despite millions spent on a continuous stream of feasibility studies and high priced consultants, all saying the project was viable, local community hopes were raised only to be let down again and again.

Just imagine, there could have been up to 68,000 daily users, every weekday (according to last feasibility report done in 2012), travelling by rail to and from Rowville, Waverley Park, Wheelers Hill, Mulgrave and Monash University. The convenience of a train every 10 minutes in peak period travel would have removed the equivalent of 1 lane of traffic from the Monash Freeway!

Critics argue a rail line is a great idea if you work in the city, but how does it assist in going north – south? I fully agree! That's why the Rowville and Lysterfield community still desperately need the Dorest Rd by-pass. A land reservation was made by Vic Roads through Ferntree Gully

and Lysterfield back in the 1970's. It was foreseen, that what was the then urban fringe, would rapidly grow (and it did!), so the construction of a by-pass connecting Dorest Rd (across Napoleon Rd) to Lysterfield Rd would be required. This would have provided an alternative from Stud Rd for traffic moving between the southern and northern suburbs of Knox As nothing has been done since, Napoleon and Glenfern Rd's are "clogged" all day, with traffic not only from within Knox, but the "rat runners" from the south eastern suburbs that now extend as far as Westernport Bay.

Of course chronic congestion problems at Napoleon and Glenfern Rd's, are a result of the overflow problem, created by even more severe traffic conditions on Burwood Hwy, impacted by no tram to Knox City. As envisioned in the 2005 strategy and brought to life in the following 25 years by Knox Council, this residential, commercial and entertainment hub is home to 20,000 residents and Australia's 2nd largest shopping centre. Unfortunately, more than 85% of those residents still rely on cars to commute into the city, due to the stubbornness of successive State Governments not extending the tram line just 7km from Vermont South to the Knox City precinct.

During the 1999 state election campaign, the then opposition, committed to extend tram route 75 to Knox City Shopping Centre. However, once in government, this commitment was cut short at the current Vermont South terminus in 2005. So much traffic could have been off Burwood Hwy had any state government since, been prepared invest a relatively small sum of less than \$100M to complete the extension.

Ok, you can come back to today...

Yes, I was somewhat dramatic! But Melbourne's rapid growth could make this a reality. 2036 is not that far away! How many of you remember what you were doing in 1996? I certainly can! I do not care which party is in power, State or Federal, they need to stop taking all of us out here for granted. They need to realise that if they want to continue to allow the population to grow, investment in the transport network needs to take place today! If you want to provide feedback please contact me

Cr Darren Pearce m: 0402 780 950

e: darren.pearce@knox.vic.gov.au



Knox Council calls on the State and Commonwealth to 'Connect the Dots'

Knox City Council has begun a campaign to pressure the State and Federal Governments to improve public transport in Melbourne's outer east.

"Melbourne's outer east needs a fully-integrated transport network that can move high volumes of people and make better use of the existing infrastructure," the Chair of Knox Council's Transport and Mobility Advisory Committee John Mortimore said.

The 'Connect the Dots' campaign seeks:

- a rail service to Rowville, passing Monash University branching from the Dandenong line near Huntingdale Station.
 - extension of the Route 75 tram service from Wantirna South to Knox City along Burwood Highway.
- Knox Council is erecting banners on four main roads - Burwood Highway, Stud Road, Ferntree Gully and

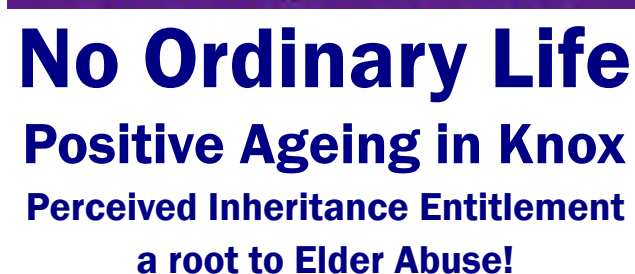
No plastic bags in recycling bins. That's the way the planet wins.



Never place plastic bags in recycling bins. Next time you have household items to recycle, place them in without the bag. You'll keep recycling going strong, and help put your rubbish to work.

Find out what to recycle at
knox.vic.gov.au/waste





Typically, when one hears the word “abuse”, it is assumed to be physical or sexual abuse. Whilst these can be a form of Elder abuse, there are other forms including psychological

“With the recent release of the Federal Government Smart Cities Plan, there is a strong opportunity for us to help position Melbourne’s outer east to succeed in the 21st Century economy. The State Government can do its part to support Rowville Rail by enacting planning processes now to protect the future use of this multi-modal corridor. There is nothing to stop this project from beginning immediately. With Federal Government assistance, this timeframe could be brought forward as both projects could be built concurrently. As it stands now, we’ve got the outline of a first class transport system, we just need to ‘Connect the Dots’, said Cr Mortimore

Have your say:

You can have your say on the Federal Government Smart Cities Plan via their website: <https://cities.dpmc.gov.au/smart-cities-plan-have-your-say>

emotional, social, or financial abuse. It involves the neglect of an older person; typically, a parent, relative, family friend or neighbour who entrusted their care and well-being to someone they know only to be betrayed, often financially fleeced and all too often neglected.

According to the World Health Organisation, Elder abuse is vastly under-reported, but estimates that up to 10 per cent of older people worldwide are affected. It is hoped however, that with the release of the Royal Commission into Family Violence (RCFV) report in March this year, that greater action will be taken to address the problem of Elder Abuse and more will be done to protect seniors' rights especially with respect to misappropriation of financial assets by family members.

At the recent Seniors Rights Victoria 4th National Elder Abuse conference, it was shared that there is increasing evidence of a direct link between the rising cost of real estate in Victoria and an entitlement attitude that the family home will eventually become inheritance anyway. There are also anecdotal examples of where there is judgement that Seniors need less by virtue of their age and therefore should redistribute their wealth to their adult children who because of life stage are of “greater need”. Older parents are “guilted” into feeling obliged to “help their adult children and grandchildren” by forgoing their own financial security and freedom.



5 steps to presenting your great idea in the best possible way!

We all have great ideas, but no matter how great our ideas they can easily end up in a pile with all other great ideas, unless you are able to present your idea in the best possible way.

Here are 5 steps towards putting your great idea forward:

Step 1: Set your intention- know exactly what you want to accomplish, what is your main goal? Once you are clear on this you will be able work backward and be able to put together an effective presentation of your idea.

Step 2: Prepare – leave no stone unturned in preparing as well as you can for your opportunity to present your idea. Think of the different scenarios that may present themselves to you. Be prepared.

Step 3: What's in it for me? - Remember it is about your audience. WIIFM (What's in it for me). Tune into what matters to your audience. And deliver your content according to their needs.

Step 4: Encourage questions – look forward to being asked questions. Questions mean that they are seeking more information to make informed decisions to accept your idea.

Step 5: Say it like you mean it – Exuberate confidence as you speak and present your idea. Believe completely in your idea. Let your audience know how they will benefit from taking the next step.

Confidence comes from surrounding yourself with other members on a similar journey focused on gaining

Let's Talk Local Issues

**With Cr
Nicole Seymour**



Elder Abuse is a form of domestic violence and it is a criminal offence. For those Seniors in our community who feel vulnerable or at risk, there is support available. Seniors Rights Victoria is a great resource whether you are experiencing abuse or you suspect someone you know is. Their phone number is 1300 368 821. Help can also be sought from the Eastern Community Legal Centre ph: 9762 6235.

Best regards for the month ahead.

Cr Nicole Seymour (Knox City Council - Tirhatuan Ward)



Lakshini feeling accomplished after successfully delivering her first 'ice breaker' toastmasters speech.

confidence in speaking.

Lucky for you there is a Toastmasters club near **you** - the Rafter's and Rowville Toastmasters Clubs. Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. Guests and new members are warmly welcome. Come along to either Toastmasters meetings as a guest to find out more about what we do. Guests are invited to attend FREE of charge. We look forward to seeing you there!

Yolanda Alvares Vice President Public Relations Rafters Toastmasters

Cr Nicole SEYMOUR

**Tirhatuan Ward Councillor
Knox City Council**

0427 245 834

nicole.seymour@knox.vic.gov.au

 Cr Nicole Seymour



From the Editor's Desk



No doubt many of you have noticed the "For Sale" signs on the almost a half hectare block of land south of the Stud Park Shopping Centre, currently occupied by the writers of our monthly iPETZ article, Greencross Vets. Originally, Council refused a permit to build a five storey development that would have had 76 apartments included. The seller's website says it is a "Prime Medical" investment with a 'strong income' for another 3 years. There are houses adjacent to the land, so I'm sure a multi storey block would not be welcomed. Watch this space! Whilst on building developments, I observed that the old "Sam's Warehouse" has been divided into three shops with "Best Friends" taking about half. I understand that one of the other two is to be a reject shop (\$2 shop?).

We would like to pass on our congratulations to two local residents who recently won Club Person of the Year awards at the Knox Sports and Leisure Awards. In the adult club section Stuart Draffin of the Eildon Park Tennis Club was the recipient and in the junior club section Winston Wu from the Rowville Tennis Club came away with the award. Well done to both of you.

Congratulations also to Dynamic Wheel Company of Laser Drive, for winning the RACV best aftermarket award. They have been in business since 1989 and thrive on their commitment to clients in a friendly, professional and efficient manner. Have a look at their website if you are looking for 'wheels'. Their range is impressive.

Whilst it is not strictly in Rowville/Lysterfield, I want to make a congratulations exception in the case of Caribbean Gardens Market. I don't think anybody in the local community doesn't know where they are as they have been in the same place with continuous operation for 50 years. When it started in 1966, most items were sold from car boots, a far cry from the 1,200 undercover stalls and 150 outside. There is also the lake, gardens, a train, chair lift, mini golf, children's attractions and a café, in fact a perfect day out for the family.

Finally, remember those holiday photos with the RLCN on display. You can see another 'candid' shot this month, so will yours be the one for inclusion next month?

David Gilbert



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Distributor of the Month

This Month our featured Distributor is Lynn, who along with her husband Doug has been an RLCN distributor in the Mantung, Turramurra area for the past 30 years. 5 years ago Lynn and Doug were made Life Members of the RLCN for their continued work for the paper and the community.

Lynn has lived in the Rowville area for the past 30 years, raising her 4 children here who also help with the delivery of her 78 papers. Nowadays of course her grandchildren help her when they are staying over.

Lynn is also a local Primary School teacher and is a member of the Rowville Uniting Church and through these connections is involved in several other areas of community work throughout the Rowville/Lysterfield areas. She keeps herself fit, walking and exercising and delivering the RLCN papers contributes to her maintaining her good health.

RLCN is proud to feature Lynn as our distributor of the Month

John Woodward



WALKING THE NEWS MAY 2016 Distribution Report

WELCOME to new distributor - Lauren Whyte.

THANK YOU to 4B Captains Ross & Janis Brown (9 years) and distributors Christine & Mal White (23 years).

THANK YOU – to John Woodward who will be looking after 4B and to Charles Bartlett & Federica Mastrangelo who are taking on extra distribution.

A HUGE THANK YOU – to the HEANY PARK SCOUTS for attaching 'Distributor Needed' stickers and delivering 475 papers to all the houses in the vacant areas of 3A.

Voluntary Positions

Can you or do you know someone who can be a distributor in the following areas?

- *3A-02 - Pia Dr (Trisha to Sheridan), Suzana Place, Edmond Court – 86 papers
- *3A-08 - Heany Park Rd (even #'s 24 to 30), Perri-Raso Rise, Jejana Tce, Reservoir Cr, Nocera Pl, Providence Pl – 72 papers
- *3A-15 - Quail Way (even #'s 4 to 26; odd #'s 3 to 45), Goldfinch Pl, Whipbird Ct – 60 papers
- *3A-17 - Clausen Dve (both sides - from Drain to Trisha Dve), Magdalena Pl, Leah Ct, Jonathon Pl – 96 papers
- *3A-22 - Quail Way (even #'s 28 to 88; odd #'s 47 to 69), Harwood Ct, Chatsworth Ct – 60 papers
- *3A-23 - Devira Ct, Robina Ct, Liberty Av (odd #'s 1 to 37), Westminster Dr (odd #'s 17 to 65) – 57 papers
- *3A-24 - Lesay Ct, Liberty Av (odd #'s 41 to 57), Westminster Dr (even #'s 24 to 60) – 40 papers
- Please contact – Shirley Oudshoorn – 9764 4672**
- *5B-04 - Sovereign Manors Crescent - (130 papers)
- *6A-05 - Moss Crt, Weeks Cl, Wentworth Ave

(odd #'s 71 to 103), Humphreys Way, Primula Crt – (70 papers) + 2 special drop-offs – (35 papers)
 *6A-08 - Stableford, Treboryn, Lawnclyffe Cts, Ravenscourt Cl, Moorgate Crt, Airedale Way (Lawnclyffe to Wentworth), Wentworth Ave (west side - Woodside to Dandelion) – 120 papers

Please contact – Peter Rumble – 9752 7592

1 x Area Contact Person (ACP) - who liaises between the distributors and the Distribution Co-ordinator
 Area 1 – This area is the Timbertop Dr and Seebeck Rd Estates.

Please contact – Peter Rumble – 9752 7592

Peter Rumble - 9752 7592 - Distribution Co-ordinator

LAWS OF LIFE

Variation Law -

If you change lines (or traffic lanes), the one you were in will always move faster than the one you are in now (works every time).



We've got a new home

Rowville **Community Bank**® Branch has moved to Shop G7, The Corner, 1090 Wellington Road, phone 9755 8611.

Our new branch is filled with every comfort and convenience and you'll still experience our full range of banking products and services, genuine service and friendly team.

Bendigo and Adelaide Bank Limited. ABN 11 068 049 178. AFSL 237879. S40200AR (265483_v1) (6/08/2015)

Rowville **Community Bank**® Branch



Paul's Photography Patter

Most people love photographing sunsets and sunrises but become enamoured by the colors in the sky, and neglect other areas of the image. The sun and pretty colours in the sky should be just an element in the overall image. So here are a few tips to improve your sunset or sunrise photos.

1- Put the sun in the background

This tip is the most obvious. Sunsets make great backgrounds, but rarely do they make great subjects. Find a good foreground so the play of light and shadow over objects in the foreground create interest.

Identify something of interest in the foreground area and focus on this object to ensure it's sharp.

Generally zoom out using the widest angled lens you have and set your aperture to f/11 or smaller to maximize the depth of focus

This often creates a silhouette of the foreground objects, while properly exposing the colorful sky and sun in the background and works best with a singular object with a distinctive form, such as a bridge, a tree, a distinctive building, or a person in a distinctive pose.

2 – Photograph with the sun at your side

Here the sun itself won't be in your scene at all. The magic of sunsets or sunrises is the soft, warm, directional light that creates tremendous light and shadow play. Rocks, logs, trees, grasses, and undulations or patterns on the ground, will create interesting shadows and highlights that draw your viewer's eye into the scene. Put the sun to your side, so that it rakes across the scene, letting the shadows and highlights play from one side to the other.

3 – Keep the sun at your back

This creates a soft frontal light on your scene, illuminating all of the details. The light will be very even with soft, warm pastel colors if any clouds or haze in the sky reflect the sun's light.

4 – Arrive early, stay late

The color in the sky can start half an hour, or more, before the sun rises, with clouds showing subtle traces of pink and purple before the red, orange, and yellows appear. Sunset is the reverse.

HINT: Use the sun and colourful sky to compliment your overall photo – not to dominant the scene.

Happy snapping, Paul Lucas.



A Fijian sunset.

Save time, money and effort with Aussie Knox and Rowville.

Best of all our appointment is free!



Stud Park has school holidays covered this winter

With winter being a more challenging time to entertain the children Stud Park has made sure these school holidays are covered for you. For two weeks, Stud Park has a program of children's entertainment and activities to keep everyone happy.

Week 1: Mon 27 June – Thurs 30 June

Don't miss the ever popular Tricky Nick Magic Show. Kids will love the magic tricks and hilarious comedy. Trick Nick will do two shows daily 11am and 1pm.

Friday 1 July – FREE face painting from 11am – 2pm.

Week 2: Mon 4 July – Fri 8 July

A children's painting workshop will be set up from 11am – 2pm daily. Let the children explore their creativity through art. All entertainment and activities are free of charge and will be located at Centre Court near The Coffee Club.

Visit www.studparksc.com.au for full details.

Baby Show back at Stud Park

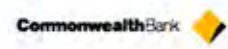
The Stud Park Baby Show is being held on Monday 6th June at 11.00am. Come down with your baby and join in the fun.

There will be trophies and sashes to be won with various categories including Prince, Princess, Tiny Tot and Best Dressed. Don't forget to bring your photos for the photo section.

Entry fee \$3 - \$5 taken on the day, with all proceeds being donated to the Cancer Council Victoria. The Baby Show will be located at Centre Court, next to The Coffee Club.

For further information or enquiries in relation to all events please contact Fiona Murray, Marketing Manager on 9764 1218

Fiona Murray



Nari Khera
Franchisee

Aussie Rowville
Shop 35A, Stud Park Shopping
Centre, Rowville VIC 3178
03 8740 1818 or 0409 786 121
aussie.com.au/rowville
rowville@aussie.com.au

Aussie Knox
Studfield Shops, 249 Stud Rd,
Wantirna VIC 3152
03 9887 4088 or 0409 786 121
aussie.com.au/knox
knox@aussie.com.au



It's Smart to Ask for a Second Opinion



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Rowville Community Library

June

"Feeding the minds of our community..."
Sponsored by Cr Darren Pearce



Closure for Queen's Birthday holiday: The Rowville Library and all of Eastern Regional Library branches will be closed for the public Holiday, Monday 13th June. After-hours chute will be available for returns.

Refurbished library: As you will discover on your next visit to Rowville Library we were refurbished and painted recently. Please ask the staff if you need assistance to find anything. We now have the children's library located in the former activity room. The adult collections have been rearranged including the non-fiction and in the fiction separate sections for Thrillers, Romance and Historical Fiction. We hope you like our 'new look'!

Hearing screenings: Australian Hearing will be at Rowville Library on Monday afternoon 20th June from 1.30 to 3.30pm. You must make an appointment by telephone or in person at Rowville Library. Phone 9800 6443

Databases on the library website: have you checked out the library website lately? It's at www.yourlibrary.com.au and many of the databases which we subscribe to can be accessed from home – and therefore 24/7. To gain access to these databases you just need to be a member of the library and then it is free. Databases include Encyclopedia Britannica (Juniors, Teenage and Adult levels), Beama Film, Busythings, Tumblebooks, Ancestry, Find my Past, Choice magazine, newspapers, Mango languages, lynda.com and many more! It's incredible what we have there, for example, lynda.com has over 3,000 online courses to choose from.

Tech Help: On Tuesday and Wednesday mornings a tutor is available from 10am to assist people to use the computers (ours or yours!). Tutors are able to help with Internet, iPads, tablets, Email, Facebook, Office and now mobile phone usage. Everyone is welcome. The sessions are free. Do you need help to set margins, attachments for emails, access online services, etc? This is for you! Includes help with eBooks and eMagazines.

Afternoon Bookchat! Our book discussion group is open to new members to share what they have been reading. A selection of new books will be available. The next meeting will be on Monday 6th June at 2pm. (A week later than usual due to the closure).

Bookclubs: There are three bookclubs running in the library which each meet once per month - Friday evening



Inger engaged in storytime in the 'new' children's library

Thursday evening or Tuesday afternoon. Interested? ... Ring Rose 98006439. Total cost is \$36 per person for 2016.

Ask our Expert, including Family History Help: Rowville Library offer FREE one-on-one assistance, but first please telephone 9800 6443 for a time to ensure staff availability. Charles can assist with a range of research options based on years of experience!

eBooks and eAudiobooks: We now have Borrow Books (in addition to Overdrive) where you can borrow from a wider choice of Australian and eAudiobook titles. Not set up for eBooks? We can help. Make a One on One eHelp appointment now!

One-on-one eHelp: Ask an eLibrarian - Book a 45 minute one-on-one session to help you use library services on your eDevice while connected to the library's Wi-Fi... Bookings are essential 9800 6443.

Rowville Writers' group: Next workshop 7th June and the meeting will be Tuesday 28th June, both at 1pm.

Home Library Services: for free book deliveries please ask to speak to Rose or Raelene on 9800 6443.

Chinese Friendship Group: This group meets at the library weekly on Thursdays at 10.30am.

enhancing the prominent site which has been a part of the Knox landscape for over 30 years.

Mr Shaw said, "The masterplan is both ambitious, visionary and focussed on learning." It includes a major redevelopment of the school's site and is the culmination of many month's discussion with architects, parents, students and staff of the school.

Other improvements will see a new administration building; underground parking; new technology facilities; canteen; the development of a central village piazza with coffee shop for parents, staff and senior students; as well as quiet spaces for study, reflection and meditation. Current



All the Light We Cannot See

By Anthony Doerr

This novel is set in Germany and France during World War II and won the Pulitzer Prize for Fiction in 2015. The story follows the lives of Marie Laure, a blind French girl who is fascinated by adventure stories and a young Nazi recruit called Werner, who has a natural skill for fixing radios. The book's structure is non-chronological and sometimes confuses the reader in the way it moves back and forth in time, reflecting the way each of the characters' lives are disrupted by war. Both Werner and Marie-Laure experience the pain of loved ones lost, but their natural instinct to survive brings them together towards

Children's activities

List of regular storytimes held during school terms: Bookings are not required.

Monday 10.30am Toddlers storytime (age 1 - 3)

Tuesday 10.30am Preschool storytime (age 3+)

Wednesday 10.30am Toddlers storytime (age 1 - 3) and 2pm Tiny Tots storytime (age 0 - 12 months)

Saturday 10.30am (excluding summer holidays). A special family storytime will be held every Saturday morning at 10.30am. Come along with friends and family to join the children for this one hour session! We appreciate that not everyone can attend the storytimes during the week, so this is another opportunity which may suit. Everyone is welcome. This is a free event. No bookings required.

Bedtime storytime is held on first Friday of the month at 7pm. This month the session will be held on June 3. (A week later than usual due to the closure)

Are you a member of the Rowville Community Library? Joining is easier than you think....all you need to join is a driver's licence with your current address (or similar ID). Joining is free. Borrowing is free. Normal opening hours are Mondays to Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 9-4 and Sundays 1-4.

Details about the library service are available from our website: www.erl.vic.gov.au, and you can even join on-line.

Rose Thompson, Manager
Rowville Community Library 9800 6443

The Knox School

The Knox School has announced significant changes to the Burwood Highway streetscape

The Principal of The Knox School, Mr Allan Shaw, has launched a 10 year building and site masterplan which will herald a major upgrade to the school's buildings and radically change the school's Burwood Highway frontage.

The masterplan will see an expanded Early Learning Centre and Junior School spread across the campus frontage

buildings will also undergo refurbishment.

Mr Shaw went on to say, "Many of our current facilities were state of the art at the time of their construction but we will now reconfigure them to meet the needs of current and future students. Our masterplan reflects our belief in the future possibilities for each student of The Knox School and will support purposeful learning, positioning students for a future where they thrive in a complex and changing world." For more information, contact: Barrye Dickinson Director of Marketing on 8805 3800.

Barrye Dickinson

OPPORTUNITY KNOX
OLD FASHIONED VALUES 21ST CENTURY EDUCATION
School Tour Saturday May 28, 9.30am
School in Action Tour Wednesday July 20, 9.00am
Bookings Essential



The Knox School
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Ph: 8805 3800
www.knox.vic.edu.au



the end. The changing circumstances of the war in France and the characters' constant fear of being discovered doing something against the regime, draws the reader in and refuses to relinquish its grip until the final page is read.

I thoroughly enjoyed this book because it is beautifully written and was completely engrossing in its heartbreaking depictions of innocent people trying their best to survive and do the right thing, while living in a world of fear. The decisions the characters were forced to make often made me question what I would do in such circumstances and I wonder if I would have been as brave as the characters who risked their lives to protect their families, friends, and even complete strangers who happened to find themselves in danger through no fault of their own.

Marita Lacota, Rowville Library



Rowville Aspiring Writers

Perfume, scent or stench



By Ron Barbaroux

He was born an orphan, or was he? Having no name, he was left at the orphanage by this woman from the fish market, who said she found him crying underneath a bench where they cut and cleaned fish prior to selling them. Paris was a smelly place in the 1700s and this baby exuded a smell the nuns found repulsive.

This troubled him throughout his life. The nuns at the orphanage named him Grenouille because he had thin legs like a frog and could climb better than all other boys. As time went on, Grenouille was not a popular figure among the others. His body odour was repugnant, his appetite was enormous and he used to clean up all the left overs from the other boys at the meal table. The duties were hard on the boys, who were made to perform heavy manual work around the grounds.

Lying in bed in the dormitory one bright night, separated from the rest, Grenouille had a vision, he leapt out of bed, packed his few belongings into a sack and quietly walked out onto the grounds, climbed over the fence and ran to freedom.

He ran through the fields taking in all the odours around him of the wild thyme and lavender. It was a clear evening, Grenouille decided to continue through the forest, guided by the smells coming from the nearest town, a mixture of human and animal, leathers, eggs, noodles, grease and soggy straw. He separated these smells through his nostrils, giving the occasional whiff by shifting the odour between both nostrils.

Feeling a little exhausted, he found a clearing under a tree where he lay and slept until the morning sun shone through.

He could not help being energised by the scent coming closer and stronger.

He arrived on the outskirts of Paris, walking through narrow cobble-stoned roads, flanked by narrow cement buildings attached to each other, noting the smell of the canals, of water, ashes, leather, soap and fresh baked bread, boiled eggs in vinegar. It was utopia to Grenouille.

A sign on a tannery door said, "Assistant required. Apply within."

"What an opportunity," muttered Grenouille. "I can really work here and earn some money as well as developing my senses to take me to a new world."

He worked as long as there was light, eight hours in winter, and fourteen hours in summer. He scraped the meat from stinking hides, watered them down, plucked them and finally rubbed them with watered dung.

After some months of this existence, Trimbole, the owner of the tannery asked him to deliver the special hides to an eloquent perfumery in town, reputed to be the most prestigious in Paris.

"I am here to deliver the skins to Monsieur Courtier."

The hunched up man standing at the door waved him to follow him through a maze of the greatest number of scents assembled in the one spot. Grenouille was almost frantic with excitement, shaking and waving his head left to right, trying to expel some of the scents invading his nostrils like a tsunami.

When they reached a room at the top of the stairs, a figure stood - frail, wrinkled, looking straight at Grenouille.

Monsieur Courtier said, "I don't need them anymore. Countess Barone passed away last week. It is all over for me. I cannot fulfil my dream."

"What is your dream, Sir?" sighed Grenouille.

"Amour, Amour, Amour." Three times Courtier shouted, then he went into a rant about the swine Bouchon who stole his formula and combined it with his to make the most exquisite perfume in Paris - creating the greatest demand among the aristocracy.

While all this was going on Grenouille was picking up all the scents coming from Monsieur Courtier.

"You reek of it," Grenouille hissed. "It's coming from your forehead. The handkerchief in your pocket is soaked in it. It is not very good - it contains rosemary and not enough roses."

"What else?" asked Courtier, surprised at the conversation.

"You have everything here to make the absolute queen of all perfumes."

With that, Grenouille pointed to the cupboard where all the mixtures were kept. "Open it!" he yelled at Courtier, almost as if he was ready to explode, pointing systematically at the various mixtures, orange blossom, lime, clove, musk, jasmine and alcohol that were all right there.



World Red Cross Day was celebrated on May 8th, on the birthday of Henry Dunant, founder of the Red Cross/Red Crescent movement.

This year the celebration focused on how we are "everywhere for everyone".

We have 17 million volunteers in 190 countries.

CEO Robert Tickner says 'A recent global survey found Red Cross and Red Crescent volunteers contributed 6 billion dollars worth of services worldwide in 2010, or around 90 cents for every person on earth. The work of Red Cross volunteers in Australia is valued at more than \$82 million a year.'

Our principles of neutrality and impartiality allow us to be there for people when and where they need us most.

The Red Cross emblem, a red cross (crescent/crystal in other countries) on a white background is one of the world's most well-known symbols. In times of war it means "don't shoot we're not part of the fight" in every language. People die in conflict when the emblem meaning is misunderstood.

In Australia an emblem app is available to report misuse of the emblem. The emblem must not be used without first obtaining the written permission of the Minister for Defence and penalties may apply under Commonwealth law. It is imperative to safeguard the emblem and educate the community on its use. Unfortunately, misuse occurs in advertising, signage and even clothing and toys.

Joan Read

Travels With The RLCN



RLCN President Rob catching up with The News in Amsterdam

Memory Lane June 2011

Rowville Seniors introduced the art of playing bowls to 65 youngsters and enjoyed the interaction. Do you remember the day?

Richard loved music and always wanted a clarinet but couldn't afford one. He applied for a loan from **NILS (No Interest Loan Scheme)** and it was granted. How many others benefited from the scheme and is it still operating today?

Eildon Park Tennis Club players, Ben Jones and Alana Parnaby, captured the prestigious top section title of the Presidents Cup, which reflected their performances throughout the season. Are you both still playing tennis?

Rowville Cricket Club's under 13s won the Premiership after completing an undefeated season. It was the Club's first flag in a decade. How many of you are still playing?

11 VET students at RSC commenced umpire training with former VFL umpire Neville Nash in a course that included theory and practical sessions including a chance to umpire Auskick games at the MCG and Etihad. Are any of the 11 still umpiring?

RAFT Church started their Community Garden by constructing, with the help of VCAL students, nine 3m² boxes and fencing off the garden. It was hoped that a formal launch could take place later in the year.

GROOVE Dance Classes "United & Unique"

GROOVE is a fun, funky and rhythmical dance class, suited for everybody. NO fancy steps, just really simple moves and you get to dance them in your OWN way!

Held on Saturdays
Rowville Uniting Church from
11am-12pm. Bookings essential,
call Rebecca 0419 899 867.

For more information:

www.theworldgroovemovement.com/australia
or www.facebook.com/rebeccakatejones



LIFE ACTIVITIES CLUB KNOX



Life Activities Club Knox is one of the largest seniors clubs in Knox run by volunteers. We provide over 20 activities for people who want to make friends and enjoy the second half of their life!

Come Getaway with Us

Our Weekday Getaway Group goes on two or three midweek breaks each year. We usually stay in Caravan Parks within 3 hours of Melbourne. A few of our members have caravans but most stay in cabins.

In March we went to the Riverglens Holiday Park in Geelong, where 23 people came along for an enjoyable 3-day break. We visited the huge Geelong Vintage Markets area, which was full of memorabilia and nostalgia, Balyang Sanctuary and Fort Queenscliff. Some people had great fun dressing up and taking pictures. The Fort was a highlight with its retracting gun and black lighthouse. We enjoyed a BBQ by the pool one evening, but no one went into the water. The Fyansford Hotel provided a free pick-up bus so we had dinner there twice!

Our next Getaway will be at the Stratford Tourist Park on the beautiful Avon River. This time it will be 4 nights, from Monday 5th to Friday 9th September. They have some new cabins facing the river so if you would like to join us, please contact Jane on 0416 362 175 or knox.enquiries@life.org.au. New members are always welcome. Book now.

If you would like to find out about our activities and what fun we are having, phone 0481 831 788 or email knox.enquiries@life.org.au. A full activity list is on our website. www.life.org.au/knox

David Mallen

Publicity Officer



If you are reading this then you might be looking for a senior's club to join. At the Knox Over 50's we understand that this is no easy matter. Choosing the right club is like choosing a comfortable pair of shoes. A club that makes you feel uncomfortable is akin to shoes that give you bunions, added to which it is often just so overwhelming fronting up to a club on your own. It's a bit like the first day at school, where it's a sea of new faces and you know absolutely no one. Well let me put your mind at rest, because here at the Knox Over 50s you are just a smile away from making new friends. We take pride in looking after our visitors and new members, which explains why we are a very popular club with a growing membership of both married and single members. You will find the club offers a wide range of activities, with a focus on **friendship** and having fun.

There are various activities the Club has planned for the next few months, including a holiday to Warrnambool in October, a trip to the Vic Market and the Casino, two theatre outings to see 'Mary Poppins' and the 'Sound of Music' and a visit to Rippon Lea Mansion to see 'The Dressmaker Costume Exhibition'. We are also planning morning melodies to see Mirusia: Andre Rieu's Angel of Australia at Hamer Hall. Not forgetting the clubs regular events that are held each month which include, a monthly cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and our monthly meeting with a speaker. Subscriptions for 2016 remain at the same level as for 2015; that is \$15.00 for the year. You can of course visit us three times before deciding to join and become a member. You are assured of a warm welcome as you sample the happy and inclusive atmosphere while you enjoy the entertainment and social events planned for the year.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input

Knox Council Council Water Consumption Reduced Beyond Targets



In 2006 Council adopted a corporate water reduction goal of 25% below the pre-water restrictions of 2003. A target of 25% below the baseline annual average of 273,322,000 litres (273ML) was set as the water reduction goal. Council has exceeded this goal, achieving a 63% reduction. The Sustainable Water Use Plan (SWUP) incorporating the Implementation Plan was adopted in 2006 to address all aspects of water use by Council.

Community attitudes and behaviours about water conservation have mirrored a similar pattern to Council's own water use, with significant action being taken by all sectors of the community. Between 2007 and 2013, Knox Council, in partnership with South East Water, assisted with the community exchange of over 12,000 showerheads, saving an estimated 235 ML of drinking water over the same period.

With water restrictions being lifted in 2012, Knox residential water use has increased from 145 litres per person per day in 2009/10 to 159 litres per person per day in 2014/15.

In April 2016, Melbourne's dams were at 61% capacity, compared with 72% in November 2015. Average rainfall over the major catchments this summer was 188mm (10.4% below the long-term average).

from all our members.

Details of our venue, dates and times can be found in "What's On Locally" on page 2. Our next meeting is on Tuesday 28 June 2016. Meetings start at 10.30am so come early to get a good seat. Make a note in your diary, on your calendar, or on your iPhone and come along to the meeting to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers. Contact Jill on 9801 4363 for any further information. We look forward to seeing you there.

Kay McLoughlin (Media Officer)



Looking To Enrol Your Child In Three Year Old Pre-Kinder In 2017?

The Rowville Community Centre runs Three Year Old Pre kinder Monday-Friday during school terms. The two hour sessions are structured to develop creativity, imagination and social interaction in the children. They participate in activities such as painting, free play, craft, storytelling and singing. Our teachers are all fully qualified and the centre operates under the Department of Education and Training (DET) guidelines.

The sessions are run with only 10 children per group with higher children to staff ratios than other three year old groups.

Applications for the 2017 waiting list are now open.

Please call 9763 7400 and speak to one of our friendly staff, or complete an application form online by logging on to www.knox.vic.gov.au/A-Z listing and follow the prompts.

Fitness Classes

Fitness classes at the Rowville Community Centre run throughout the school terms and can be joined at any time where vacancies exist. For more information on these classes, or on what other activities we have to offer here at the Rowville Community Centre, please contact us on 9763 7400 or log on to www.knox.vic.gov.au/A-Z listing for more information.

Trish Massie

National Seniors Australia

Our guest speaker for April was John Liddell. John gave us a very informative talk about the origins of hang gliding, the early attempts and the many different types of hang gliders.

Our guest speaker for May will be Dr Ikram Nizam, an Orthopaedic Surgeon who will speak about 'Knee and Hip Replacements' and the recovery programs. As we all get

older I think this subject could be very interesting.

Our 'Dine Out' in May will be at Natalia's Italian Restaurant in Croydon. There is plenty of parking, a very good menu to select from so it will be a good night.

Also in May, we are organizing a "Day in Geelong". The day's outing includes a 'rest stop' on the way, then on to lunch at the RSL. After lunch we have been invited to join a 'Walking Tour of Geelong'. If you are not up to that, then maybe a leisurely walk along the coastline or even a ride on the Carousel may be preferable. Then it's off to the Novatel for 'High Tea' (la de da). We will be returning via the Queenscliff - Sorrento ferry then join our wonderful freeway system to get us home.

Our walking group now meets every 2nd Thursday. If you require any further information, please contact Darryl on 9878 1045

The next meeting of the Knox Branch of National Seniors will be held at the Knox Club on the 25th May, with the doors open at 10.15 for a 10.30am start. Full details of our meeting venue, dates and times can be found in 'What's On Locally' on page 2.

National Seniors are a fun loving group of people aged from 50 plus and new members are warmly welcomed. Please contact the President John on 9778 6784 for any further information or just turn up.

Rhondda Cowen

New Chief Executive for Knox City Council

Tony Doyle, currently Chief Executive at Hindmarsh Shire Council in Western Victoria, has had an extensive career in the financial services sector and more recently in local government and brings strong leadership and financial skills to the role as well as a passion for working with communities and creating formative community partnerships.

Knox Mayor, Tony Holland, said the new CEO had a wealth of experience and expertise in business management, governance, financial management, community engagement and customer service. "Before joining Local Government, he had a successful career in the financial services sector, holding senior leadership positions with one of Australia's largest banks. Tony has a strong knowledge of how successful organisations operate

at a strategic and operational level. With his commercial and local government background and experience, the Council is confident Mr Doyle will lead the organisation in an increasingly complex and constrained financial environment with a focus on business process improvement."

Mr Doyle said being the CEO at a Council was a privilege because local government played such an important part in the life of the Victorian community. "I am incredibly excited to have been appointed as Chief Executive Officer of Knox City Council. It is an area that has so much opportunity ahead of it. I am really looking forward to being part of that future," he said.

Mr Doyle replaces Dr Graeme Emonson who resigned as Knox CEO in December last year to take up a senior position with Local Government Victoria. He'd been with Knox for 14 years. The new Chief Executive begins at Knox on 4 July.

Editor's Note:- We hope to run an interview with Mr Doyle once he has settled in.



Locals paid their respects at Stud Park Anzac Day Service.

A crowd larger than previous years attended the Anzac Day Service held at Stud Park Shopping Centre on Monday 25 April. Approximately 350 locals along with dignitaries, including the Rowville CFA and Rowville Police, congregated at the Anzac Memorial to pay tribute to those who served in war.

Councillor Nicole Seymour delivered a memorable commemorative address, touching on what Anzac Day meant to the local Rowville area. Captain Rosemary Massey from the Salvation Army read a prayer and school captains from Rowville Secondary College read a touching poem, 'Not a Hero' by Clyde Hamilton. Max Henry a life-long member of Boronia RSL delivered the Anzac Requiem and The Ode. During the service wreaths were laid by the following dignitaries:

- * Councillor Nicole Seymour
- * Sandra Goodwin and Elizabeth Kuek representing



Rowville Senior Citizens

- * Sergeant Marco Paoli and Senior Constable Jemma Hale representing Rowville Police
- * VFF Phil Carey, VFF Monica Garstan, SO Emma Conway and Amy Walker representing Rowville CFA
- * School leaders from Rowville Secondary College
- * Representatives from Heany Park Scouts
- * Representatives from Stamford Park Men's Shed
- * Captain Rosemary Massey representing The Salvation Army

The service concluded with The Last Post, one minute's silence, raising of the Australian flag by the Rowville Police



and finally the National Anthem to honour those who died in battle. The formalities were followed by a sausage sizzle supplied by the Rowville Lions Club with all proceeds going to the Anzac Day appeal.

Fiona Murray, Marketing Manager
Stud Park Shopping Centre

Rowville Lions Club



Do you know what your Blood Pressure readings are?

During April and May, members of Rowville Lions have been at Knox City, assisting the staff at Terry White's pharmacy, with the free blood pressure testing sessions they offer to the patrons of the shopping centre.

When asking shoppers if they would like to have their blood pressure checked for free, the responses we get include "I've just been to my Doctor and had it done" or "I have my own machine at home and do it myself."

It is gratifying that the public are more aware and taking greater care of themselves in respect to this aspect of their health.

Of the many who do take advantage of this free offer and we average 55-60 people in the three hours we are there, most are satisfied with the reading they get. These readings are done by a qualified pharmacist. There have been a few however, who have been surprised by the reading and follow up with a visit to their own doctor.

On Anzac Day, members were busy serving sausages at Stud Park after the Anzac Day Service there. We were also at Scoresby Bunnings, where we gave away sausages for two hours prior to the store's opening for the day. All funds raised through sales and generous donations on Anzac Day and our May BBQ, will be shared between Legacy and ALCCRF (Australian Lions Children's Cancer Research



Gordon, pharmacist Liz and Julia

Foundation.)

Details of our meeting place, dates and times can be found in "What's On Locally" on page 2. For further information, phone Julia on 0414 608 824 or Gordon on 0412 624 202.

Julia Young

Swimland Swim Club



At the Masters Swimming Victoria State LC

Championships @ Ringwood Aquanation on 20th March, we had ten swimmers (6 Female & 4

Male) compete in 30 swims, 13 of

which were PBs with all but one swimmer medalling. Well done to: Eric Du – Gold 200 IM & Silver 200 BR; Angela Forster – Silver 200 FR & Bronze 200 BR; Levi Grech – Gold 100 FLY, Silver 50 FR & 100 FR; Peter Howes – Silver 200 BR & 200 FLY; Dee Longwill – Gold 50 FLY, Bronze 200 IM & 200 FR; Sandra McAlpine – Silver 200 IM, Bronze 200 BR & 50 FR; Maria Phlorides – Silver 100 BR, Bronze 200 IM & 100 FR; James Sabell – Gold 100 BR & 100 FR; Keely Williams – Gold 100 BK & Silver 100 FLY. Special notes: It was their first Masters meet for Levi Grech, James Sabell and Keely Williams. A new club record was set by Peter Howes in the 19 and over 200 FLY.

Over Easter, 9 athletes travelled to Western Australia to join with the Australian Team to Battle Team Asia in Indian Ocean All Stars @ HBF Stadium, Perth. Our athletes helped Australia to win the meet by overall team points for the 3rd year straight! Each swimmer was able to swim in

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Muscillo Tennis Academy nominated for an unprecedented 3 award categories at the Victorian Tennis Awards!

Adrian (AJ) Muscillo – Head Coach of Eildon Park Tennis Club and Director of Muscillo Tennis Academy has been shortlisted as one of three finalists in an unprecedented 3 award categories at the Victorian Tennis Awards to be held in June. AJ and team MUSTA are nominated for Coaching Excellence – Club/Centre, Coaching Excellence – ANZ Tennis Hot Shots, and Most Outstanding Tournament. This is yet another remarkable achievement for AJ who was awarded the prestigious Newcombe Medal Award for Australian Hot Shots Coach of the Year at the end of last year and finalist for Australian Club Coach of the Year.

Muscillo Tennis Academy's (MUSTA) program boasts many features that distinguish it as the best program in the country. Classes for all ages and levels of ability are run following all of the Tennis Australia Hot Shots guidelines, but use MUSTA philosophies to further enhance the coaching experience. Classes range from FUNDamental Stage (3-5 year olds) which helps develop the basics of tennis and co-ordination, moving to the technical Red Stage (5-7yrs), play Orange (8-10yrs), pre-comp Green (9yrs+), Competition Stage (12yrs+) classes and High performance sessions for the aspiring tournament players. The program also fast tracks kids through to competition level by offering coached Hot Shots Tennis Competitions throughout the week and on the weekend where kids are taught specifically how to participate in match play, including point scoring and all the important rules and tactics of competitive play.

MUSTA's Hot Shots program was selected to showcase during the Australian Open this year, with its junior tennis players being lucky enough to play on a show court in front of 10,000 people. MUSTA's junior players also got to high-five the famous players as they entered the court and even toss the coin. An amazing experience they will never forget!

AJ has also been selected to be a Fitbit Cardio Tennis Ambassador and was asked to put celebrities through their paces at a recent Tennis Australia event. AJ and his team of Cardio coaches run numerous adult cardio classes per week, putting on show a fast paced high energy workout to music. Cardio players say that they love the fun, social, group tennis-fitness program, have enjoyed improving their tennis game but most of all enjoy burning those



MUSTA award winning Coaches & MUSTA Hot Shots players showcasing at the Australian Open!



calories, relieving their stress and increasing their fitness, all at the same time. Even better is that both beginner and advanced tennis players are welcome, and all equipment is supplied! *MUSTA is offering a one-off Cardio special for the remainder of Term 2 – contact admin@musta.com.au for details.*

MUSTA has over 50 Hot Shots classes running per week as well as adult Cardio Tennis classes and private lessons, so there is a class for everyone. Muscillo Tennis Academy is also one of only a few national academies that offer Level 1, 2 and 3 Tennis Australia Qualified Coaches. For all enquires about any of the MUSTA Coaching and Training Programs please contact our Program Administrator on admin@musta.com.au or by phone 0478 097 377.

Upcoming Junior Tournaments

Muscillo Tennis Academy will be hosting two Tennis Australia Junior Tennis Tournaments in the July school holidays. **2nd-3rd July** Junior Development Series and **4th-8th July** Bronze JT.

Tournaments are open to any player aged between 9-16 years in both singles and doubles events. Players can look forward to a professionally run event with trophies, referees, a free player welcome pack full of tennis goodies and Tennis Australia National Ranking Points (JT only). Enter online at tournaments.tennis.com.au or send an enquiry to MUSTA at admin@musta.com.au. Entries close on June 20th with an early bird discount ending on 23rd May.

MUSTA Community Initiative – “Serving The Community”

MUSTA is giving a child the opportunity to learn tennis!

We realise that learning a sport is a privilege and something that every person and particularly every child deserves to have the opportunity to do. The team at MUSTA believe that more than all of the technical training, sport provides children with an opportunity to gain valuable life lessons, to practise discipline, to learn to respect others and to demand respect for themselves, to learn to appreciate their health and bodies, to gain a sense of commitment and achievement, and to establish a sense of self esteem and to feel a part of something.

MUSTA will be accepting nominations from the community to offer a child the chance to learn tennis, free for 6 months and to see where it takes them!

If you know of a child or a family who, through their circumstances could benefit from this, please email your nominations to admin@musta.com.au and tell us why they should be given this opportunity.

All nominations will be considered and treated in confidence. Nominations close Friday 27th May 2016.

Eildon Park Tennis Club

Eildon Park Tennis Club is always looking to recruit new members to its great club and boasts many club competitions to join. From Junior Competition for the kids and Men's & Woman's Competitions for the adults to Mixed and Social Competition, there is something for everyone who wants to play some tennis and have a bit of fun. For all Club Membership and Competition enquiries contact Stuart Draffin at Eildon Park Tennis Club on 0408 778 658.

Swimland Swim Club From page 15/...

up to 8 individual events, over the two days. Well done to Rowvilles Ethan F who swam a PB in all 8 of his events. Highlights of the trip included the great team dinner on Saturday as well as bodysurfing at the beach every day!

Australian Age Championships (March 28-Apr 4) in Adelaide. We were all very excited to have two of our athletes qualify for this meet ... the National Championships for athletes aged 12-18yrs. For both our athletes this was their first ever Age Nationals and both had the lights in their eyes, as they swam in the same pool and lanes that our Olympic qualifiers were to swim in the week following their events.

Stephanie Pavlovic

200 BK was on day 1 setting a New Club Record of 2:28.59 and finishing 31st in the country

100 BK was on day 4 setting yet another New Club Record of 1:08.13 and finishing 31st in the country

(Steph broke the previous club record by just over 3 seconds held by Brooke Griffin who last represented SSC at the Australian Age Championships in 2011 and Olympic Trials in 2012)

Alicia Mandato

100 BR was on day 5 improving 1.63 seconds and setting 4 New Club Records! In the 13yrs Girls 50 and 100 BR as well as the Open Girls 50 and 100 BR (also finishing 32nd in the country)

Both Steph and Alicia did SSC very proud in their first AAC. They enjoyed their special training sessions before, during and after their events, some local fun and finished off

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Head coach, Peter, Rowville Development and Intraclub coach, James with SSC President, Janine

the week with a day on MEGA the High Ropes Adventure Course.

Thanks so much to Toni, Chris, Steven, Joanne, Mark and Ciara for the fantastic family support and to our extra supporters who made the trip to enjoy the success Karsha, Karen, Janine and Will who helped make the week fun and successful.

Metro All Junior Semi Finals & Finals (April 16-17) @ MSAC

We had 16 swimmers qualify over 48 swims with 3

qualifying for Sundays finals. They were *William C* - 50 FLY, *Amiety K* - 50 BK and *Laura S* - 50 FLY & 50 BR (both of which are new club records). Those who swam 100% PBs were: *Aleesha B, Nicole C, William C, Liam H, Amiety K, Jessica L, Rachel L, Georgia M, Emmerson N & Laura S*. SSC finished the Meet ranked 38th of 69 teams (26 points). Well done to our upcoming juniors.

Masters National Championships (April 21-24) @ MSAC

Yes Nationals, we had eight swimmers (4 female & 4 male) compete in 66 individual events and 5 relays with 23 PBs. Congratulations to Rowville junior coach, *James Sabell*, on 100% PBs in his 6 events. Podium finishes went to: *Eric Du* – Bronze 800 FR; *Levi Grech* – Silver 100 FR & 50 FLY; *Keely Williams* – Silver 200 FLY & 400 FR, Bronze 800 FR, 100 FLY & 200 IM. This was the first Masters National Championships for Eric Du, Angela Forster, Levi Grech, John Organ, James Sabell and Keely Williams. Swimland Swim Club won the Life Membership Trophy for the top scoring team with 5-20 members and finished 21st out of 102 making us the 9th Victorian Team. Fantastic effort. New Club Records went to: *Keely Williams* 17-18yrs 400 FR and in the 19 and over category *Levi Grech* 100 FR and 50 FLY, *James Sabell* 100 FR and *Peter Howes* 200 FR.

For more information go to <https://www.facebook.com/SwimlandSwimClub/> See you in the Pool!

Jodie Brown



Sporting Roundup is sponsored by Kim Wells MP, State Member for Rowville.

SPORTING ROUNDUP

St Simon's Knights Football Club

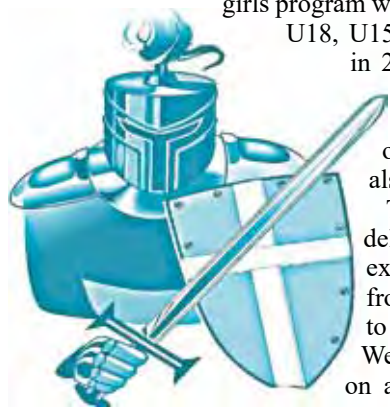
The footy season is well under way with the season 8 games in. We have had our Under 14s moved up to the A division from Bs and they are taking on the challenge of this grade. This is a great opportunity for the boys to experience footy at the highest level. This team have largely played together since Under 9s and as a team having started in C Division, to move up the ratings is a credit to them and their parents and coaches.

The under 8s are playing well as a team, with the coach very proud of them "for their professionalism and for living our core values; Listening, Team Work and Playing in the right spirit". The under 9 coach reports that he is seeing impressive football, with the kids working hard with excellent ball movement. Under 10s are playing really great footy and have adapted well to the more physical game of Under 10 footy. Our Under 11 team coach reports they are making good progress with the focus on developing movement, balance and team play. The under 12 team are playing well as a team, improving their game play and always putting in a great effort on the day. Our Under 17 teams are playing hard, tough and fast footy and both doing well.

The U15 girls are flying with 20 now registered. They are loving their footy, particularly the tackling! Although most girls in the team are 12 or 13 years old, they are showing that enthusiasm, team work and friendship is an important tool in success. If you are interested in playing, we still have some spots available. Contact Brad Slater 0418 325 018. The girls have been attending the Eildon Park Auskick and assisting with drills and activities for the girls. Our girls program will be expanding to host

U18, U15 and U12 girl's teams in 2017. There is also the possibility that there may be a younger U10 or U9 Girls competition also in 2017.

The Knights would be delighted to accept any expression of interest from girls that may want to play football in 2017. We are happy to put you on an email list and keep



*The under 17's in the Anzac jumpers (above)
Anzac Day medal winners (left)*

you up-to-date with the plans. To express interest please email the club at stsimonsknights@gmail.com or call



Secretary, Natalie Williams on 0417 346 863.

Anzac Day saw our Under 17 D team play in the Anzac jumpers which was very special for the players and club as a whole. Our team was one of only 100 teams selected in Victoria to play with the Anzac Spirit Jumpers. Each team nominated a player to receive an Anzac medal on the day which was chosen by the opposition coach. The players who received these medals were very proud to have been chosen for this medal.

We were lucky to have a Hawthorn player, Will Langford, visit in April and attend a training session with many of the teams. The kids enjoyed having him there and to speak to them on the night.

The Knights are very proud of how our players have taken on the challenge of footy this season and improving their skills but always having some fun. It is a great club to be part of!

Natalie Williams

Girls Footy coming to the Rowville Hawks!

The Rowville Hawks Football Club is a thriving Division 1 club in the Eastern Football League with thirteen competitive teams ranging from under 8's to our senior team. The club has a strong culture built on our values of commitment, trust & respect and we're the only Victorian football club affiliated with the Hawthorn Football Club. We are proud to announce that the Rowville Hawks Football Club will be fielding 4 junior girls' football teams in season 2017 from Under 10's through to Under 18's. With the commencement of the AFL Women's League in 2017 which offers all girls a genuine



talent pathway and career in Australian Football, now is the perfect time for girls to come and try our great game. The club is holding a free 6 week "Come Try AFL" program commencing on Wednesday 15th June between 5-6pm at Seebeck Oval in Rowville. We invite all girls who want to have a bit of fun to come and participate either alone or with some friends. There'll be a special guest helping out at the sessions and the club will supply-free pizza for all girls after the opening training session. So come down, have some fun and learn the basic skills of Australian Football! For any enquiries or to book your place in for this program, please contact Tony on 0409 691 969 or tony.costanzo@rowvillefc.org.au

In other developments around the club, together with the Eildon Park Cricket Club we're very excited to announce the redevelopment of Eildon Park to incorporate upgraded facilities, featuring state of the art social rooms. Works will commence shortly and should be completed by the start of season 2017. Come season 2017, all junior social activities will be relocated back to Eildon Park.

Helen Ruddell

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Waverley Golf Club fielded three teams in the 2016 Golf Victoria Pennant Season. With a mix of young talent and experienced members, the Mens Division 3 and Colts Division One sides had a number of close matches. However, 2016 proved to be a difficult year with each team winning one contest for the year. Some notable performances by junior representatives including members of the Rowville Sports Academy were pleasing and will hold the club in good stead for 2017. The Ladies Division 4 team had a great home and away season and was undefeated! Their semi final was played at Eastern GC against Settlers Run. Two contests were decided on the last hole with Waverley narrowly defeated 5 / 2. It was a great year and

18 — Rowville-Lysterfield Community News, June 2016



An Aerial View Of The Netball Courts



Walking with Knox U3A

There is a school of thought that considers regular walking is the best form of exercise one can have and in keeping with our philosophy of catering to the health and well-being of our members, Knox U3A has a number of very active walking groups. For



The Monday Morning bushwalkers along the George Bass Coastal Trail near San Remo.

Waterford Valley Lakes Anzac Day

Residents and guests were welcomed to the 2016 Anzac Day service by Elaine Furniss, the acting chair of the Resident and Management Committee. Bram Southwell led the guests in the Prayer of Remembrance and the Lord's Prayer, before Rowville Secondary College captain Erin Patterson read the Anzac Requiem.

After the laying of wreaths, Adrian Furniss AM read the 'Ode', before the Last Post and Reveille were professionally played by the young Hanna Heathcote. After the traditional minutes silence, the visiting Jubilate Choir sang to end the service and entertain the guests afterwards.

Special thanks were reserved for the Village resident ladies for the morning tea and organising the lunch.

David Gilbert



the safety of the members, strict guidelines as to individual capabilities are in place and are enforced, but there is something available for everyone.

The "Full-Day" bushwalking group usually gathers on a Wednesday and visits established walking venues in and within 1.5 hours drive of Melbourne. Walks are usually between 12 and 15 kilometres in length and participants need to supply their own meals and transport to and from the starting point. Areas in the Dandenong Ranges, Gembrook State Park and Philip Island have been among the venues for this group in the past.

The Monday and Wednesday walking groups follow the same format and requirements of the full-day group, but their walks are set between 9 and 12 kilometres. Indeed, the Monday Walkers recently spent a week on Philip Island covering a different short walk every day.

Easier still, we have our "Strollers" group, which gathers on a Tuesday morning and undertakes interesting, leisurely walks of approximately two hours duration. The group recently had a walking tour of Nellie Melba's Coombe cottage and farm and approximately 20 members enjoyed this outing.

For something completely different, there is the Dog Walkers and Coffee Group, meeting on a Thursday and accompanied by their beloved pets, engage in one of the many walking opportunities in Knox, often encompassing a coffee at a dog-friendly café. However, this group is at full capacity at the time of writing and those interested in joining would need to go on a waiting list.

Finally, a new activity for Term 2 is "Exploring Melbourne", held fortnightly on Mondays, where many of the hidden treasures of our City are visited and explored.

So, if walking is your thing, find out more about these walking groups by telephoning 9752 2737, or visiting our website at www.u3aknox.org.au

John Ford

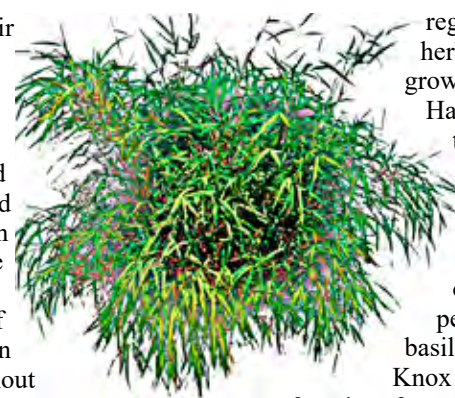
Knox Home Garden Club Herbs

Do you buy a bunch of fresh herbs for a recipe and find that you use only a small portion and the rest goes into the compost bin? The solution is simple: grow your own.

Some of the most popular home grown herbs are basil, thyme, rosemary, mint, dill, parsley, coriander and chives. Herbs don't necessarily need their own special garden bed, anywhere in the garden that suits their growing requirements will do. Most do best in full sun, with rosemary, thyme and sage preferring well drained soil. Mint and parsley

can handle a little shade and like their roots to be moist. Mint needs to be monitored as it can spread quickly via runners and become a pest. A cluster of terracotta pots full of lush, healthy herbs on a tiered plant stand looks stunning, as does an herb-filled 'strawberry' pot, but these pots can dry out quickly so you need to be diligent with the watering.

Herbs, with their many different leaf shapes, are a very attractive addition to your garden when dotted throughout your flower beds. Herbs can be annual or perennial, may be grown from seed, some grow from rooted divisions, and others grow readily from cuttings. And of course, seedlings can be purchased from nurseries. Pick the right time to grow different herbs. For instance, growing coriander in the hot weather will only end in tears as it bolts straight to seed. Perennial herbs should be trimmed



regularly to prevent them going woody. Most herbs need a regular haircut to promote new growth and to delay them from going to seed.

Harvesting your herbs is a good way to keep them pruned. Harvested herbs can be dried by hanging bunches upside down in an airy, dry and shaded spot until they are quite dry. Herbs can also be dried in a slow oven, or they can be frozen chopped or whole. Next time that you need basil pesto, have a go at making it yourself with basil from your own garden. Happy gardening.

Knox Home Garden Club has a special club function for members June 26th, then meets at U3A Parkhills Campus (Saturday) 16th July and 20th August at 10am. From September we return to our evening meetings on the 3rd Monday of the month, same venue, at 8pm. Visitors welcome. For all enquiries call 97398783.

Betty Wright

Strength Training for Cyclists – It's not all about the bike!



Let's face it, competitive cyclists love riding their bikes and will not always engage in other training methods that can greatly aid in improving performance on the bike. Quite simply, in the world of high performance and sports science over the last 10-15 years, the evidence clearly demonstrates that strength training off the bike does improve on-bike performance. So why should a competitive endurance cyclist allocate time in their training schedule to do some work in the gym?

Strength training research in cyclists has been demonstrated to improve mean power and peak power, time trial performance, the ability to develop power at the end of long race and earlier in a pedal stroke, reduce fatigability and injury risk. The research demonstrates that endurance athletes that engage in weight training do not have excessive weight gains.

If you are a competitive cyclist who wants to start a strength program what are some key points to know?

1. Find an experienced strength and conditioning coach/high performance professional or health professional to perform a detailed assessment of your movement competency and identify any other risk factors requiring consideration in your program design. This session should include a discussion of your goals as an athlete.
2. Your initial program should ensure that you learn to move well. The ability to squat, deadlift and perform Olympic lifts and their derivatives well, requires movement 'competency'. As a cyclist you will perform patterns of movement in a gym setting that may be very unfamiliar to you. It is an important foundation for program progression.
3. Develop both relative and absolute strength progressively. Relative strength refers to the ability to control your body weight whereas absolute strength generally involves the addition of external load such as weights, kettlebells and/or resistance bands. You need to control your body well so be patient, your body will respond to strength training but too much too soon can lead to negative outcomes.
4. Work to a plan. Like all areas of training, strength training requires progressive overload and a training structure. As a general rule you should be aiming for at least two strength based sessions per week. These sessions may only have 2-3 key strength exercises combined with complimentary exercises. Sessions need not consume excessive amounts of time.
5. Focus on developing strength as a base. Power improvements will follow. Your eventual program focus is to develop heavy weight training with an emphasis on rapid concentric contraction speeds and when possible use movement patterns similar to those used in cycling.
6. Don't do a long ride immediately before strength training. It will 'wash out' the physiological effects and favourable responses to strength training.



7. Communicate with your coaches about your training responses.
8. Recover well. Good hydration, nutrition and sound sleep will aid in maximising training effects.

Stuart Canavan is the director and a physiotherapist and high performance professional at Rise Health Group. He has over 20 years of experience as a health professional working with athletes from recreational to the elite both in rehabilitation and performance enhancement. He is the current Performance Director for the Pat's Veg Cycling Team (Drapac Pro Cycling Development Team) and the Well Being Director for Drapac Pro Cycling. He regularly conducts cycling specific strength & power training sessions from the Rise High Performance training centre in Rowville.

Chiro-Practicals

Back yourself at work

Our backs were not designed to spend long periods of time sitting at desks, a common feature of many work environments.

Spending six to eight hours a day in front of a computer can lead to shoulder, arm, hand and neck problems, which may also lead to issues with balance and coordination. One study found that over 45% of office workers experience neck pain. Back problems are big contributors to lost productivity in the workplace.

Low back pain is one of the most common causes of disability among people of working age and its impact on our economy is enormous. It's been reported that after headaches and colds, back pain is the third most common reason for taking time off work.

Specifically, the work-related physical activities that are related to the onset of low back symptoms include lifting heavy weights, bending and twisting, and, of course, working in the same position for extended periods which can lead to the following common posture problems.

Health Pages

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- Forward head posture is the most common postural defect found in computer operators.
- Rounded shoulders is distinguished by the hunched over appearance it creates, and is a poor posture that is often associated with office workers and computer operators.
- Rotated hips can be caused by holding a poor position for a long period of time, such as sitting at your desk twisting to write as well as looking at the computer.

The good news is that Chiropractic care can assist with correcting postural issues, and in some instances reversing them. When in a working environment that requires a lot of desk and computer work, make sure your workstation equipment is ergonomically sound. Take regular breaks – in fact you should take a 1 – 2 minute break every 30 minutes you spend sitting at a desk or workstation to stretch and realign your posture.

Dr Frank Whelan Wellington Family Chiro

Health and Wellbeing Dietician Approved Recipe

Brought to you by Rise Health Group

Slow Cooked Beef and Vegetables Hot Pot

Serves 2

Ingredients

- 300g oyster blade steak, cut into bite size pieces
- 1 zucchini
- 8 button mushrooms cut in halves
- 150g oyster mushrooms
- 5 stalks spring onion
- 15cm white radish
- 3 cloves garlic, mince
- 1 tablespoon soy sauce
- 2 teaspoon sesame oil
- 500ml water



Method

1. Put water and all ingredients in the slow cooker until beef and vegetables are tender.
2. Enjoy!
3. Alternative method (without slow cooker)
4. Boil water and simmer the beef for 30mins or until tender.
5. Put all the vegetables, garlic, soy sauce and sesame oil.
6. Simmer on low heat until vegetables are cooked.
7. Serve and enjoy.



ROWVILLE 3 YEAR OLD KINDER
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still available for
immediate start or
Welcoming New
Enrolments for 2017.

Our Rowville 3 Year Old Kindergarten located at 965 Wellington Rd Rowville runs a Three Year Old Kinder Program on Monday's and Wednesday's 9:30am-12:30pm (a total of 6 contact hours per week) during each of the school terms.

Our programmed sessions are well structured to support the early learning of your child in a safe, fun and nurturing environment. The children are encouraged to use their imagination and creativity skills in many of the tasks they undertake whilst building social relationships along the way. Our highly qualified teachers are second to none, are passionate about their key role in the education of children and work to ensure that **early learning** is the **fundamental key** to their growth and development.

We still have positions available for immediate start. We are also taking enrolments for 2017. For general enquires, including enrolment information please feel free to contact our President Rebecca on 0419880149 / Enrolment Officer Karen on 0403 064 372 or by email karennotman@hotmail.com. We look forward to welcoming you.

For more of an insight into our programs and community activities please visit our Facebook page at Rowville 3 Year Old Kindergarten.

Rebecca Howell

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The Attitude of Gratitude

"Australia is a wonderful island with a treasure trove of unique plants, animals and people."

Through the amplified nature of social media, it is without a doubt that the world has seen the infamous *Apology Video* featuring actor Johnny Depp and Amber Heard. The opening line has been the foundation to many more "apology" gimmicks as a result of the (arguably) reluctant delivery from the duo. Aside from the mockery of the video and its "cheesy" content, a question comes to mind. Do we reflect the "wonderful island" we get to live in and appreciate its "treasure trove of unique plants, animals and people"?

Too many a time, society gets caught up in the negative aspects of a given situation. Sometimes it is the littlest of things, be it the food served to us at a restaurant or the phone we own, that our attention is solely fixated on. Seldom do we consider how fortunate we are to even have the opportunity to eat at a restaurant, or to own the iPhone 6. Such mindsets revolve around the notions of comparison and inferiority. We want what is not ours, yet once we have it we are not satisfied.

Many businessmen and psychologists have tapped into this knowledge and have continually used this to lure us into the traps of "effective marketing". Reflect back on the last time someone complained to you that their phone is too slow or becoming outdated even though they just bought it six months ago. Technology is a pure example of a continually growing industry that has stirred the desire of many to continually chase.

But if you step back, what else is there to it? The nature of wishful thinking does not allow us to see what we already have, rather it fixates our eyes on the flaws and what could be better. Like a pet-cone, the dog's vision is hindered from seeing what is nearby as it can only see what is further ahead. Why then should we be forced into a mindset so prevalent in our society and lead ourselves into a never-ending chase?

Even successful people such as Oprah Winfrey have agreed that the practice of gratitude can define the success or failure of a person. Gratitude allows us to be content with what we already have and make decisions using what we already own. Being contented allows us to remove those thoughts of envy, jealousy and dissatisfaction which effectively give us a positive outlook to life. What is the link between success and gratitude you may ask? Gratitude allows a shift in our focus from what we don't have to what we can do to achieve our dreams and goals - what we deem important and impactful in our current circumstances. It is one thing to be thankful as a chore; it is another to implement the attitude of gratitude throughout our lives. Through the thick or thin or rain and shine.

It's time we take off the metaphorical "pet-cone" and look down at what is already ours.

Joyee Koay

Editor's Note:- A thought provoking piece, especially so as Joyee is only 16 years of age.



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ELECTION 2016



Liberal Candidate for Aston

Alan Edward Tudge was born in Pakenham on 24th February 1971, the youngest of three children. His parents emigrated from Scotland in the late 1960s and were both veterinarians although to date none of their children have followed in their footsteps.

Alan's early schooling was at Pakenham Primary then Haileybury College before going to Melbourne University where he gained a Bachelor of Laws and a Bachelor of Arts and it was here that he had his first taste of 'politics'. Around seven years later he completed a Masters of Business Administration at Harvard University in Boston USA.

After University Alan worked initially with the Boston Consulting Group, then later operating his own business in a similar strategic company advisory capacity. Experience in Government started in 2010 with three years as a senior advisor to the Education Minister in the Howard Government followed by several years as deputy director of the Cape York Institute. Alan says "I worked on some of the toughest problems in remote communities including welfare and alcohol abuse, following the Noel Pearson 'tough love' approach". Today Alan is the Federal Minister for Human Services.

Alan has been involved in helping to found the 'Teach For Australia' organisation that targets high-calibre non-teacher graduates and encourages them into teaching, particularly in disadvantaged schools. Alan says "I will also continue to fight for recognition of the problem of youth mental health."

Alan has been involved with local charities (including Chairman of the Knox Red Shield Appeal), the Lions Club, his local church and his daughter's school council. Not surprisingly, Alan also serves on the House of Representatives Standing Committee for Education and Employment.

In 1999, through friends, Alan met Teri and in 2003 they were married. They live in Vermont South and have two daughters and a new born son. Asked what he does to relax, he says: "Between work and family, there is not much spare time! I enjoy watching my favourite AFL team North Melbourne and it has been a great pleasure this season... so far."

On the question of priorities for his seat of Aston, Alan lists mental health, the Rowville rail, population growth control, community safety and schools funding. Alan concludes "Aston is a great place to live, but resolve these issues and it could be even better".

Interviewed by David Gilbert

At the time of going to press there were no other candidates declared.



Labor Candidate for Aston

Paul Klisaris was born in 1967 in Greece and emigrated with his parents, who spoke no English and with very little money, to Australia in 1968 on the last migrant ship, the *Australis* (migrants came by air after that). His father, who had been living in Germany as a renderer, came to Australia in search of more work and a better life for his family.

The family lived for 5 years in North Melbourne public housing before moving to Brunswick where Paul attended Brunswick Central PS, Trinity Regional College and finally completing his education at St Joseph's Christian Brothers College in North Melbourne, where he captained the soccer team and played AFL. Having spent much of his early years in North Melbourne it is no surprise that he is a Kangaroos supporter. He went on to Latrobe University and gained a BA in Social Sciences and after an extra year a Diploma of Education.

Whilst at Latrobe, he met Kathy and they were married in 1990 in Fawkner. Having recently sold their house in Windsor, Paul, Kathy and their three children, Jami, Tari and Diana, will be moving to the City of Knox as soon as they can, win or lose the election.

Paul was a teacher at various schools after University and then a courier for DHL before opening, with Kathy, their first child care centre. He has spent more than 20 years running his own business and served his community with three terms as Mayor during the 16 years as a Monash Councillor.

"I go to the gym every day and when time permits I enjoy gardening," said Paul. He has travelled extensively through USA, South America and Europe, particularly Spain where his son, who plays for Malvern City in the State league, played professional soccer.

When asked who he admires, Paul nominated Hugh Jackman who he sees as a 'great ambassador' for Australia.

"The electorate of Aston has achieved a great level of vibrancy that has been achieved through diversity from a range of ethnic backgrounds," he said "and I want to see that developed through fairness and progressive social policies. I strongly believe that all Australians, regardless of background are equal".

Interviewed by David Gilbert



City of Knox District Cub Scouts

Celebrating 100 Years of Cubbing

Between the 15th and 17th April, 23 ten year old Cub Scouts went camping under canvas at GWS Anderson Scout Camp, Officer. The weather was just lovely with the rain holding off and fun was had by Cubs and leaders alike. On Saturday the Cub Scouts participated in trestle bridge making, bird watching, canoeing, cooking chocolate cake in oranges and making bush donuts. The screen printing on dilly bags with 'Celebrating 100 years of Cubbing 2016' was a big hit. The Cubs also enjoyed making leather woggles, marble painting and Kub Kar soap carving. The night culminated in a campfire sing-a-long. All the Cubs entered the campfire circle by going over the Cub-built trestle bridge in the dark: the Cubs thought it was absolutely marvellous!

On Sunday the Cubs enjoyed a Scouts Own in a beautiful bushy setting and meandered back to camp whilst doing a scavenger hunt. The final activity, much awaited by the Cubs, was the Kub Kar races. The Cubs had carved a car out of soap on the Saturday, which had to be within certain weight specification. They then raced it down a 2 metre race track against fellow Cubs. Peyton from 8th Knox took home the Kub Kar 'Ashes' trophy. Well done to all the Cubs on the great designs! The weekend finished on a high for everyone and the Cubs loved the blanket badge they all received.

If you are interested in trying Scouting go to: <http://www.vicscouts.com.au/join-us.html> You get to try three nights for free! So come along and join in the fun. Scouting is for youth from age 6 to 26 years and after 26 lots of fun is to be had by becoming a leader!

Nicole Klep, District Leader Cub Scouts



Alan Tudge Writes

Extra funding for more capacity on the Monash

Everyone knows that the Monash Freeway is a car park during peak hours. It is bad enough today, let alone in a few years' time with an ever increasing population.

Congestion on our roads means Rowville and Lysterfield locals take longer getting to work and it's harder for business to move goods and provide services. Over the last few months, my colleagues and I have been pushing to get the Monash upgraded and the Prime Minister has now announced \$500 million to expand the capacity of the Monash Freeway from Clyde Road in Berwick all the way through to Warrigal Road. It will take a bit of time to get the expansion completed, but once done, it should reduce time spent on the road.

Pleasingly, the Victorian Government is keen to get going on the upgrades, although I remain concerned about its proposal to extend the tolls on the Monash to pay for the Western Distributor project on the other side of the city. I think people accept that some roads have to be tolled to pay for their construction and maintenance. But we shouldn't be paying tolls on the Monash to pay for a different road altogether!

Whenever I mention the Monash, people ask me about the Rowville Rail. If there was one project that I wish I could click my fingers and have built, it would be the Rowville Rail. I will always be an advocate for it as I know how important it is for local residents.

As you may know, the Turnbull Government is prepared to fund rail projects, but ultimately only a state government can make it happen as they own the land and the rail network. We need to get them to prioritise it.

The Feasibility Study into the Rowville Rail found that capacity needs to be boosted on the Dandenong Rail Corridor and through the city in order for a rail line to Rowville to be feasible. This is partially why we have invested to make Melbourne Metro a reality, as it is a precursor to a line to Rowville being built.

The extra lanes on the Monash will not solve all congestion and traffic problems, but they will certainly make a noticeable difference for families and business.



Alan discussing the Monash Freeway widening

Local Community Groups

Knox is home to some great local community groups and sports clubs. A number of these community groups have received grants for small capital projects through the Federal Government's Stronger Communities Programme.

The programme opened up the opportunity for organisations to do the capital works they have been deferring for years because their budgets haven't allowed it.

It was a pleasure to visit the Fields Pre-School in **Rowville** to see their new outdoor play area and landscaping which has given the kids a whole new area to play and explore.



Alan at the Fields Pre School

Kim Wells Reports



I have been contacted by a number of Rowville Country Fire Authority (CFA) volunteers who are deeply concerned about the pressure and demands the United Firefighters Union (UFU) are placing on the government in the latest round of the enterprise bargaining agreement. CFA volunteers play a significant role in keeping Victorians safe and have done so for more than 70 years. Volunteers provide essential surge capacity in the bushfire season and when there is highest demand. They take time out of their jobs, away from their families to go to call-outs and to attend training, all to protect Victorians.

Yet clauses in the proposed agreement, such as clause 21, the 'veto clause', will allow for CFA management decisions to be vetoed by a consultative committee dominated by the UFU.

Clause 36.4 states a Paid Fire-Fighter can only report to a Paid Fire-Fighter. This would allow a ridiculous situation to occur, where new Career Staff Members would not be able to answer to more experienced or Senior Volunteers. As most of the Level 3 Incident controllers are Volunteers, this would effectively create 2 separate chains of command.

In Parliament, I asked the Minister for Emergency Services when she would give a guarantee that she would not hand control of the CFA over to the UFU by allowing these clauses to be in the agreement.

For the record, the Minister responded by writing:

"The Country Fire Authority (CFA) volunteers, including those of the Rowville and Scoresby CFA Brigades play a vital role in protecting Victoria from all manner of disasters. The Victorian Government greatly values and respects the work of volunteers in our communities.

Please be assured that I have noted the concerns raised by members of the CFA in your electorate. As I have stated publicly, the focus of the Victorian Government is ensuring that we reach an enterprise agreement with the United Fire Fighters Union that respects and values the great work of both our paid and volunteer firefighters."

To date, no enterprise bargaining agreement has been reached. It remains to be seen whether the Minister's good intentions towards the volunteers can withstand the pressure of the union in this negotiation.

Let's Talk About Technology



How to buy the right video card for your gaming PC

Ever since 3dfx launched the original Voodoo and in virtually every case, how a PC performs in games has been tied to its graphics card. But choosing a video card isn't all that easy. The purpose of this guide isn't to answer whether you should buy any specific product from AMD or Nvidia, but to create a framework that you can use to determine how much GPU performance you need, and how much you should spend to get it.

We're going to assume that if you're gamer enough to know you need a new graphics card, you're gamer enough to at least have a small preference for a particular GPU manufacturer.

Determine your goals and budget

The first thing you need to determine before buying a card, is what you want that card to do for you. Do you prefer turn-based games like Civilization, which tend to be less hard on the GPU, or do you play cutting-edge first-person shooters? Are you happy with an existing 1080p display with no plans to upgrade, or do you want a GPU that can push cutting-edge technologies like 4K and VR?

Here's a good rule of thumb: Think about whatever system or GPU you currently use for gaming and figure out how long you've owned it, what you paid for it (or at least the graphics card) and whether you're still happy with what you've got. AMD and Nvidia tend to offer steady progression across product families over time, at least at the mid-range level and above. If you typically buy a new GPU every three years for \$250, you'll probably be happy targeting that price point if nothing else about your use case has changed.

Once you've got an idea what it is you want your PC to do, you can start researching whether or not your budget matches those capabilities.

Specs, capabilities, and VRAM

Once you've got a budget in mind, you're ready to look at some potential cards. A quick peek at NewEgg illustrates why plenty of people find this overwhelming — NewEgg lists 140 graphics cards for sale *between \$200 and \$300 alone*. Even if you limit yourself to only the GPUs that NewEgg sells and ships itself, you've got 41 options to choose from.

Resources and research

The last major piece of the puzzle involves the technology cycle itself. It's actually a good idea to wait a little bit longer before upgrading your GPU (if you can), because both AMD and Nvidia have major refresh cycles coming up. The transition to 14/16nm FinFET GPUs is expected to offer a significant improvement over current cards, so how do you make certain you're buying on the right side of an introduction if you don't follow these trends on a regular basis?

The simplest method is to check Wikipedia's page for AMD and Nvidia GPUs and check the dates on when the last major releases occurred. For Nvidia, the GTX 970 and 980 are now over 18 months old, while even the GTX 980 Ti and Titan X are coming up on a year. AMD's R9 300 family is only slightly younger.

Let us know if there are topics you think need to be unpacked, or if things are unclear so that we can try to cover them here.

Sher Singh Evoke IT

www.evokeit.com.au 1300-788-405

Quote Of The Week

You have brains in your head and feet in your shoes, you can steer yourself in any direction you choose. Say what you are and say what you feel because those who matter don't mind and those who don't, don't matter.

Fletcher Gr 5B



eastern community legal centre

'Taking Good Legal Care of Yourself' is a regular contribution by Eastern Community Legal Centre (ECLC) to raise awareness of legal needs in the community and encourage people to seek legal advice early. ECLC is a not-for-profit community service that provides free legal advice to Melbourne's outer-eastern communities, including Rowville and Lysterfield. This edition discusses Elder Abuse in support of June 15 - World Elder Abuse Awareness Day.

Elder Abuse

Elder abuse is a form of family violence. It is any act that harms an older person that is carried out by someone they know or trust. This person can be a son, daughter, grandchild, husband or wife, other family member or a friend. Like family violence, elder abuse can take many forms - financial, verbal, emotional, physical or sexual abuse, as well as neglect. Some types of elder abuse are more serious and have greater impact than others. However, all forms of elder abuse are unacceptable.

People experiencing elder abuse are unlikely to seek help because of shame or fear of family breakdown. However, financial abuse - due to the impact of not having enough money for everyday survival - is the type that will be more commonly raised with others. For the older person, financial abuse can look like:

- Having your credit card used without your permission;
- Being forced to change your Will or assign Powers of Attorney;
- Signing as a guarantor for another person's loan without being given independent advice about the implications to your financial security; and
- Having your property or assets sold without your permission.

Financial abuse, however, is often connected to other types of abuse that are equally destructive such as threatening or controlling behaviour. This can include hitting, swearing or yelling at someone, or not allowing someone to go out or have friends visit.

Elder abuse can happen regardless of gender, background or culture. This harmful behaviour can be deliberate or unintentional. Sometimes, there may be a co-dependent



relationship where both the older person and the person who is harming them are dependent on each other.

Often the person doing the harm can have other issues impacting on their life and may need help themselves. They may have limited experience caring for older people and may be experiencing carer stress. Or they may be coping with poor mental health, financial difficulties or drug, alcohol or gambling issues. This person may not be aware they have a problem, or may not know where to go for help.

Often helping the older person experiencing elder abuse can also mean helping other family members too. Services recognise each family is different, and that understanding family dynamics and respecting the older person's wishes is very important.

How ECLC Can Help

ECLC is working with other services as part of the Elder Abuse Awareness and Advocacy Project to increase awareness of this important community concern, and to promote the rights of older people. When communities talk openly about the issue, it gives people permission to speak up if they or someone they know is experiencing abuse.

Being able to identify the signs is also the first step in being able to seek support.

If you, or someone you know, are experiencing elder abuse and you are unsure what to do, please contact ECLC on 9762 6235 to speak with Kaz Mackay, Project Coordinator who can provide information, advocacy and/or referrals to the specialist services that can help. If appropriate, an appointment may also be made with you to speak with an ECLC community lawyer for advice on your legal options.

June 15 2016 World Elder Abuse Awareness Day – How to Get Involved

- Contact your local community house or neighbourhood learning centre to see what activities are being held in your area.
- Contact ECLC if you would like to organise a presentation on elder abuse prevention for your group or organisation.
- For more information on World Elder Abuse Awareness Day and activities in Victoria go to <http://elderabuseawarenessday.org.au/>

Other Information & Support

- Call Vic Police on 000 if you, or another person, is in immediate danger.
- Call Seniors Information Victoria on 1300 135 090 for information about older person's services in your area.

Jacqui D'Sylva



St Simon The Apostle Primary School

Caritas Australia Project Compassion

This year the incredible support and generosity from our St Simon's parishioners and school families has raised \$3908.85. This is a great achievement and is up \$1025.50 from last year's collection.

Wishing the following students a very happy birthday.

Anneliese Prep G, Dante 2B, Emma 3R, Angie 4G, Alexia 4R, Tanveer 4R and Corrinne 5B.

Environmental News: Congratulations to the year 6 environmental team, including Emma, Rubey, Zac and Michael for their dedication and effort in raising \$66.00 from selling our home grown herbs and silver beet at our market stalls last week. Thank you to all the parents and children who supported and purchased the products. The money raised will be used to purchase new crops for each year level, to watch grow and consume! Many thanks again.

Melinda Wharton Environmental group leader

Student Of The Week Awards

The following students have been selected from each class for their outstanding achievements within the school. We congratulate the following:

Prep B – Zac, Prep Green – Zach S, Prep Red – Oliver, Prep Yellow – Georgia 1 Blue – Matthew, 1 Green – Blake, 1 Red – Lucas, 1 Yellow – Alessia Dalle, 2 Blue – Daniel M, 2 Green – Dylan, 2 Red – Nicole, 2 Yellow – Geet 3 Blue – Jodie, 3 Green – Danielle, 3 Red – Chanush, 3 Yellow – Nathan, 4 Blue – Corrine, 4 Green – Chloe-Jane, 4 Red – Kayd, 5 Blue – Fletcher, 5 Green – Joshua & Chloe, 5 Red – Kevin P, 5 Yellow – Karan 6 Blue – Eddie & Ella Rose, 6 Green – Ryan, 6 Red – Shania & Christian D, 6 Yellow – Daniel

Student Of The Week For Music: This week's award goes to *Jake (2R)* and *Ethan (2R)* for playing their single note ostinato perfectly to the class.

Music News: Congratulations to *Antony (4B)* who is now on his Blue Belt in Recorder. *Ella Howard (4R)*, *Ashanti (4R)*, *Ivrea (4G)* and *Phoenix (4R)* have now received their Orange Belts and *Charlie (4G)*, *Jasleen D (3G)*, *Amelia (3G)*, and *Thomas (3G)* have received their Yellow Belt.



Emma, Rubey, Zac and Michael at their stall

Term Two at LPS

Who would believe that we are over the half way mark of Term Two already?! Lysterfield has been a hub of activity with lots of new exciting programs, excursions, incursions and of course learning.

Around the grounds at LPS: Foundation

Our Foundation students had a glorious day for their first excursion to the Melbourne Zoo. They had a great time visiting the exhibits, attending the education centre and admiring and learning about all of the wonderful animals.

'I liked seeing the turtle' Lainey

'I went to the zoo. I liked being explorers with Josh.' Ben

'We went to the Zoo. I liked the butterflies. I liked the leopards and the snakes.' Lexter

Junior School

On Thursday April 21st, the Year One and Two students had a Sea life incursion with the wonderful and very interesting Andrew Wegener. First we sat down and he told us about sea creatures that live in reefs. He told us that when a sea star loses its body parts it can grow them back in a few years and as long as it has not been eaten it will form a new body. He told us some more facts and then we got to stand up and touch the displays. The fed-ray stunk! The saw-fish doesn't lay a fish on the ground and slice it like it's a knife, instead, it swipes its saw from side to side in order to catch other fish. There were also heaps of amazing posters. The Junior School students thought it was a fantastic and very informative incursion.

Ryder G and Charlie D

Middle School

On Friday the 6th of May, the Grades 3 and 4 students had Professor Bunsen come into the Gymnasium to intrigue and inform them about forces and gravity (science). Some of the things he showed us were: balanced and unbalanced forces, rockets using fuel and air (and old Coke bottles), flying monkeys, as well as some wind-up toys. He was

Lysterfield Primary School



very enthusiastic at teaching us about our Inquiry question: 'What affects movement?' One of the coolest things was an unidentified 'hovercraft' that, like table ice hockey, shot air out of the bottom when a leaf blower was attached to the inflation port, making it 'float'. A square rubber mat with a doorknob attached was another thing he showed us. He placed it on a table and without glue, it *stuck like glue!* You needed to slide it off the table to detach it. When we made a rocket out of a Coke bottle filled with water about halfway, we sat Barbie on it and she went flying! PYEWWW! #awesomebarbiedeath. Anyway, we enjoyed every bit of that incursion and we were buzzing with excitement before it started. We would truly recommend all other schools to invite Professor Bunsen to come to them and intrigue and inform their students, like us!

Daniel W and Jackson C

Senior School

Pizza Night

On Monday May 2nd, most of the former year sixes (2015) and the current year sixes got together for a Pizza night. For the first hour all of the students caught up with their friends while enjoying pizza and drinks. After that, we all sat down and groups of students from each of the different high schools spoke to us about their experiences in year 7 so far. Listening to the year 7 students has helped prepare us for the transition from primary school to high school and allowed us to hear first-hand that high school isn't as scary or daunting as we all think it may be.

Start Smart

To support our Inquiry 'How can a successful charitable business help people in need?' we had an incursion about being smart with money. We learnt how to make money in many ways including neighbourhood jobs, chores, selling



Students L-R are Ashley, Lauren, Cam, Cooper

and trading as well as many others. Following on from this, we had a session about how to make a successful business. We discussed different factors and considerations in creating and running a successful business such as expenses, a catchy name, and how to ensure profit is made. This, along with our Inquiry investigations, will hopefully culminate in successful businesses for our market day which in turn, will raise money for our chosen charity, *One Girl*.

Whole School

This year one of our school captains suggested that we should have 'House Assemblies' to build teamwork, spirit and great sportsmanship. Every third Monday we have a 'House Assembly' where students and teachers attend assembly in one of the four designated areas depending on which house they are in (Sturt, Mitchell, Cook, Flinders). A house assembly is very similar to a normal whole school assembly, we listen to 'Acknowledgment of Country', sing our national anthem, give out student awards, have speeches and these assemblies are run by our house captains instead of our school captains. Each house has their own chant which we love to bellow and we also have new sport tops that have the colour of the house you're in on it.

Brooke B- Promotions Leader

Wayne Judge takes top honour!

Head of senior school Wayne Judge was awarded with the ACHPER Victorian Branch Honour Award this month. ACHPER, the Australian Council for Health, Physical Education and Recreation, is the peak professional association for HPE teachers. The award recognises those who have gone above and beyond the requirements of their profession, according to ACHPER Chief Executive Officer Hilary Shelton. "The criteria for the award is essentially for people who have done a considerable amount of work, largely volunteer, so largely above and beyond what would be expected of them in their profession towards ACHPER, the branch itself but also towards the broader health and physical education community," Shelton said. A member of ACHPER for many years, as well as serving at board level, Shelton believes Judge has been an 'enthusiastic and dedicated contributor'.

International Programs Coordinator Chris Rodier recently launched the 2016 Motoyama visit.



This year will see the seventh visit from Motoyama Junior High School, Japan, since the College's partnership was established in 2004. Families are encouraged to consider hosting during this year's visit. Final details are to be confirmed, but it is expected home-stays will provide accommodation, meals and any activities the host family would like to provide, especially on the Saturday and Sunday. If you are interested in offering home-stay or would like to discuss the arrangements or obtain further information, please contact the College on 9755 4555.

It is a requirement that anyone in the household over 18 years old must undergo a Working with Children check (which can easily be arranged at no cost).

Yuki Akiyama

2006 graduate Yuki Akiyama visited the College. Yuki, from Japan, was part of the first group of students in our international student program. After completing Year 12, Yuki went on to study first in New York and then in Boston, completing a degree specialising in film and television, while still maintaining a passion for experimental visual arts, with 3D projecting being a particular focus. She toured both campuses noting what has changed in the past 10 years met up with past teachers and principal team members and said that Rowville set her on the path to her successful.



Matilda Garrett and Alex Moody

RSA netballers Matilda Garrett and Alex Moody represented Victoria at the National titles played in Perth. Garrett won gold representing the Victorian U19 side, when it survived a late scare from arch-rivals New South Wales to record a 31-27 victory in the grand final on Saturday afternoon. Moody was subsequently selected in the under 17 Australian squad. "These young athletes will have the opportunity to work with some of the country's most experienced coaching and support staff at the Centre of Excellence in improving all aspects of their games," Netball Australia National High Performance Pathway Manager Stacey West told *netball.com.au*.

Brooke Struylaart

At just 15 years of age, RSA's Brooke Struylaart starred for Vic Metro in the AFL Youth Girls National Championships. One of the youngest players in the competition, Struylaart booted 13 goals across four matches, including three majors in her side's 95-point win over Western Australia in the grand final at the MCG, "I've been named in the All Stars team and hopefully I'll be named in the All Australian team" said Brooke.

Verity Runje

RIA student Verity Runje attended the Global Dance Convention recently in Sydney. Held annually since 2005, five master teachers from an elite USA dance teaching faculty provide a variety of classes. Verity, 15, won an advanced scholarship/mentorship with the privilege to assist the GDC faculty at next year's event. *Courtesy "Five Exciting Things"*



Photos (L to R) Poppies Outside At Our Anzac Ceremony - Ethan's Loro Jonggrong Drawing - The Poppy & Wreath Board

Anzac Day Ceremony

The Heany Park School Captains and subject captains led the commemoration ceremony with assistance from Middle Years students and the School Choir. The ceremony was enhanced by the artwork created by all the students.

Some parents were moved to reflect on the ceremony as seen in this article:

I did attend the ceremony. I thought it was really good. I thought that all the children spoke beautifully. I was actually amazed at how well they all spoke and their understanding of what Anzac Day was about really astounded me. I think that when I was that age I wouldn't have known as much as they did and been able to talk so well about it. It was really good.

Will's Mum

I actually thought it was really good, especially being outside was nice around the flagpole. The part that I liked the most was that the kids took the ceremony or the assembly rather than the adults or teachers. So the kids pretty much guided the ceremony and talked about what they knew about war, so it was very relevant. It was a really good community assembly.

Sophie's Mum

Some Anzac Day reflections written by 3/4GW after the commemoration ceremony:

What does Anzac Day mean to me?

To me Anzac Day is a day for me to remember the soldiers who risked their lives for us. It also means to me that I need to remember the soldiers who were wounded or killed. Some of the values they had to show are courage, bravery, mateship, determination and sacrifice. That is what Anzac Day means to me.

Natasha

On Anzac Day there is a dawn service in the city. People march and remember soldiers who were killed or wounded in war. The bugler plays The Last Post.

Anzac Day is an important day to remember, show respect and be thankful that we live in Australia.

Petros

Anzac Day means to me that soldiers risked their lives to keep the country safe. Remember soldiers who have passed away or wounded.

We commemorate that we have peace in the world. Every Anzac Day, The Last Post is played using the bugle.

Brooke S

On the 25th April is Anzac Day. Here are some of the reasons what Anzac Day means to me.

On Anzac Day we think of the soldiers who risked their lives for our wonderful country Australia and the people who lived there with a minute of silence. We think of the courage and determination they showed us. Also after the minute of silence we celebrate that we are all in peace today.

Brooke D

The story of Loro Jonggrong.

The Middle Years students have been learning about ancient buildings in Indonesia such as Borobodur and Prambanan. This is related to the classroom unit: 'Where we are in place and time'. There is a legend about a princess named Loro Jonggrong who was made to marry. She gave the chosen prince a challenge to build one thousand temples in one night. As she watched, Loro Jonggrong had a plan. She sent a message to the village to wake the roosters before dawn. When the prince found out he had been tricked he turned Loro Jonggrong into a statue that can be seen to this day in the Shiva temple of the Prambanan complex.

The students visualised the story as they listened. Their most intense visualisation became the picture to tell their favourite part of the story.

One of my favourite parts about the story was when the man turned the lady into stone.

Ethan 3RL

My picture is about the perfect prince. Princess Loro

Jonggrong didn't like any of the princes until her father was fed up and she had no choice but to marry the last prince. Luckily the last prince was perfect, still she needed him to pass a test. Poor prince didn't pass the test because the naughty princess cheated. She pretended that morning was earlier than it actually was. The princess turned her into stone forever.

Sarah 4RW

The princess set up a test for the prince. He had to make 1000 temples from sunset to sunrise. He had completed 998 and a half. But the princess tricked him. He found out and turned her into stone.

Alex 4RW

The Middle School students recently explored past civilisations and made connections from the past to present times in the unit 'Where we are in place and time'. The students looked into their backgrounds and found that their families had migrated to Australia too. They also were looking for a better life and more opportunities. The students have researched the history and people that were significant to the development of a country/town/city that interested them or connected to their families past.

Grade Four Excursion to the Immigration Museum

On the second of May the Grade Four students had an excursion to the Immigration Museum.

We learnt why some people come to Australia: one common reason is war and disaster. And we learnt what it would be like to be on a ship sailing to Australia back in the old days. Being on a ship in old times is smelly and the beds were hard. I think no one would like to be on a ship like that!

I was excited all the way and happy but I think some people were as interested as me. In the end I enjoyed myself at the Immigration Museum.

Ethan M 4RW

Ask the Principal

Q Mr Shaw, what is the value of handwriting these days when so much work and learning involves computers and keyboard skills?

A I remember a time where it was thought that computers would replace handwriting! Thankfully that has not happened for several reasons.

Research of late has shown the importance of handwriting. Mueller and Oppenheimer (2014) have found in three studies of university students that handwriting, when used for taking notes, leads to deeper mental processing than notes taken with a laptop. They also found performance on conceptual questions was higher for students who took notes by hand.

Virginia Berninger (2006) conducted a study that followed children in grades 2 through 5. She demonstrated that printing and handwriting are associated with separate brain patterns and produce different results to those gained by typing. Text written by hand had more words than that produced on a keyboard. In these longer texts, more ideas



were expressed.

Brain scans of the oldest subjects suggested that the connection between writing and idea generation was even more complex. When asked to come up with ideas for a composition, those with better handwriting exhibited greater neural activation in areas of the brain associated with working memory and also showed higher levels of brain activation in areas associated with reading and writing.

Feder and Majnemer (2007) comment that children spend a significant portion of their school day performing handwriting and other fine motor tasks. They show that handwriting is important for letter processing in brain

regions known to underlie successful reading. Handwriting therefore may facilitate reading acquisition in young children. Saperstein Associates (2012) support this finding. They suggest that handwriting is a foundational skill that can deeply influence a student's reading, writing, language use and critical thinking.

Finally, James and Engelhardt (2012) remind us that the acquisition of handwriting is a very complex task, requiring high quality explicit teaching as it has a significant array of component skills. They maintain that legible handwriting remains an important life skill, no matter the ease of access or usefulness of computers.

Computers and handwriting are both important tools for our young people, whether they be young students learning to read and write or Year 12 or older. Both handwriting and keyboarding have a role to play in learning and the balance in their use will change depending upon the learning task at the time.

References are available on request.

Allan Shaw Principal – The Knox School

Editor's Note:- Allan, I am appalled at the way many children hold a pencil or ball point pen. It looks cumbersome and ungainly and the results on paper are quite often unintelligible. When students start writing shouldn't they be shown how to hold the implement for best results?



Left: A TRIBES session in full swing

Above: A funny moment in a TRIBES

and improving cyber safety. Cyber safety and awareness of how best to use technology in a safe, legal and responsible manner is an essential skill that students need, making this a focus both in our classrooms and during TRIBES sessions.

Here are some comments from some Year 3 students about TRIBES and being Cybersmart;

“I enjoy TRIBES because I make lots of new friends and we learn new things about friendship.” – **Maia**

“I like the people in my TRIBE because they are all kind and I like the activities we do because they are fun and they teach you how to be a good friend.”

– **Emmerson**

“In my TRIBE I really like learning from other people I don’t usually see. I love the activities because you work with other people and see what they can do.” – **Elai**

“Being Cybersmart means that you don’t put your personal information all over the internet. You shouldn’t be mean to other people on the internet or post photos of other people without their permission.” – **Lilli**

Monique Watson

Student Wellbeing at Karoo

At Karoo Primary School, we place great importance on the wellbeing of our students and the relationships they form with other students and staff members across the school. We do this through a range of wellbeing programs, including TRIBES, circle times in classrooms and the eSmart program.

During Terms 2 and 3, we hold TRIBES sessions, where students meet in groups consisting of students from Foundation to Year 6. The TRIBES groups remain the same each year, allowing students to build on and strengthen relationships with each other. This program has been successful in developing relationships across the school and encouraging students to socialise and mix with a range of students.

During TRIBES sessions, students participate in a range of activities that are based around our school values of Respect, Honesty and Fairness, Excellence, Responsibility and Tolerance and Understanding. Each week there is a different wellbeing focus, with follow up sessions held in classrooms to continue the program throughout the school. Students look forward to TRIBES and enjoy running into their fellow TRIBES members and teacher when they are outside at playtimes.

Karoo is also becoming an eSmart accredited school, which focusses on reducing cyberbullying and bullying,



House Athletics – a big success

Friday, May 13 saw over 300 students, their teachers and a multitude of parents make their way to the Knox Athletics Track for our annual House Athletics Carnival. The weather was perfect and the enthusiasm was high. All students participated in a 100 metre sprint, an 80 metre hurdles event, a 400metre run and field events including long jump, shot putt, discus and a vortex throw. On the track each student competed against peers of roughly equal ability whilst in field events, points were gained for achieving certain designated levels of performance. Featured individual events included the 800metre and 200 metre runs for all age groups and a 4 x 100 metre relay.

At the end of the field events, Curry House held a 28 point advantage over its nearest rival. By the end of the first two relay events, a surging Flintoff House had halved that lead to just fourteen. However, Curry steadied and by the end of the day found themselves thirteen points in front of Flintoff. In third place came Lexcen with Border coming fourth. The win by Curry broke a three year hold over the shield held by Lexcen.

This style of competition enables all students to compete and have success and allows them to make use of the skills taught in their Physical Education lessons. The success of the day was due to the thorough



planning of our P.E. teacher Matt Davey and his team, the class teachers and the support of the parent community who lent a hand with judging and recording.

These Were Once Shoes

Park Ridge is fortunate to be able to offer its students a high quality Visual Arts Program masterminded by Mr Craig Hall. Craig is passionate about his program and his latest 3D project with our Year 6 students has been to convert a shoe into an object. The photos show some of the creative attempts by our students to fulfil the design



Creative display by Ruby and Dylan

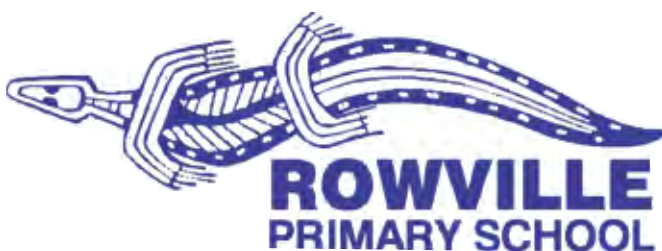
brief. Craig has the firm belief that all art is valuable and instils in the students the need to have a go, hone your skills and experiment with an enormous variety of media ranging from chalk and ink to clay and plaster. Craig’s thoughts are best summed up by the poster in his window which reads “Earth without art is just eh”.

Graeme Lloyd



Curry Captains, Jake and Emilie proudly display the shield

We are 21st Century Learners at Rowville Primary School



Junior School Technology Overview

Students in the Junior School have access to technology with a focus on developing the computer skills to enable students to become more comfortable with using technology. The stages of development range from learning where the keys are through touch typing programs, to learning how to create folders in which to save their published works. Students in Year 2 have been using various digital platforms to conduct research into a specific topic relating to a non-fiction writing piece they are completing. The published works are being completed using a range of different software programs that will give students various options of presenting work as they progress into middle and senior school.

(Right) Year 6 students working with their Foundation buddies to improve computer literacy.'

Technology Club

My name is Gareth and I'm one of the student managers of the Coding Club at Rowville Primary School. As the world becomes more technology centred, knowing how to make use of it becomes increasingly more important to everyday life, including making a living. At the Coding Club, we're teaching students to program games. Some people will remember the good, old days of programming when you would have to buy a bulky, expensive textbook to simply learn how to program something that said "Hello World." At Rowville Primary School, students come to a coding club every Thursday to learn how to code by clicking virtual 'blocks' together that have various functions. In one short session, you can create a gaming masterpiece complete with narrations, cut scenes and custom soundtrack.



Members of the Coding Club demonstrating their creations
Sam Peters



Colouring in competition
entry from Sam aged 2

This year Rowville Primary School has launched the One-to-One Personal Device Program for students in Years 3 – 6. The focus of this device program is to provide additional tools and resources to the 21st Century Learner. Excellence in education requires that technology be seamlessly integrated to enhance the educational program. The individual use of devices is a way to empower students to maximise their full potential and to prepare them for further studies and the workplace. Learning results from continuous dynamic interaction among students, educators, parents and the extended community. Technology immersion transforms the teacher from a director of learning to a facilitator of learning. Effective teaching and learning with one-to-one devices integrates technology into the curriculum anytime, anyplace.

Senior School Technology Overview

Having one-to-one devices has made access to information easier in the Senior School. Students in Years 5 and 6 are using their devices during Inquiry to research and conduct investigations. An example of the way the devices are being used in Reading, is where Year 5 students have been accessing a computer program called 'Audacity' to improve their fluency. They read from a text and use the program to record their voice. Then in small groups they listen to recordings of other students and give and receive constructive feedback on how they might improve their fluency. Various online platforms, including blogs, are being used to assist students in the setting of and working towards learning goals. Students in the Senior School have also been using tools such as 'Popplet' and 'Padlet' to brainstorm and share their thinking in a virtual space.



Using Audacity to improve fluency'

Middle School Technology Overview

In the Middle School, we are working on including our one-to-one devices into our everyday classroom. In Year 4 we have introduced the students to Google Classroom, where students can view assessment rubrics, upload self-reflections and assessment tasks online. They also can submit their work digitally. They have made movies to teach key mathematical skills to younger students, using Movie Maker to crop and add details. The students love using their devices, creating new and innovative ways to publish their work.



100 Murrindal Drive, Rowville
murrindalplaygroup@hotmail.com



Murrindal Playgroup

Mother's Day has been and gone, but the special occasion wasn't forgotten by the children of Murrindal Playgroup. After all, if it weren't for mums where would we all be?

This year we on the playgroup committee, decided to do something special for all the mums, as a way of saying 'thank you' for all the work they do throughout the year. The idea we came up with was to run a mother's day themed colouring in competition (only children could enter – no adults), with the prizes being awarded to the mums and not to the children.

The competition was close and was judged by age group. Three winners were chosen (one from each group) and three lucky mums received their pampering hampers.

We would like to wish all mums a belated Happy Mother's Day and we hope you were all spoiled rotten on your special day.

We still have sessions available, so if you know anyone who might like to come along and see what we have to offer, please contact Alison on 0487 988 321, or email us at murrindal_enrolments@hotmail.com

Mums, Dads, and Grandparents are all welcome!

Ben McFarlin



Rainy Day Play at Possums Playgroup!

Looking for fun activities to keep the little ones occupied this winter? Look no further then creating your very own musical instruments!

This week the children at playgroup have loved playing with our music sets, so we thought why not create our own using everyday things we can recycle from home.

Home Made Maracas

What you will need:

Empty plastic water bottles
Masking tape or electrical tape
Toilet rolls or paper towel cardboard rolls
Paper clips/rice etc

Method:

Fill up the empty water bottle with your desired filling eg. Rice or paper clips
Close the lid

To make a handle cut a cardboard roll straight down from one end to the other

Tighten the roll in on itself

Then apply electrical tape to hold in place

Feel free to pop down and share in the musical fun at 965 Wellington road, Rowville!

All enquiries to possumspg@hotmail.com or call 0433 765 441
Gillian Poulton



It is hard to believe that we are at the end of second term already. It has been very rewarding to see our children settle into their new learning environment to become an integral member of a group, each bringing their own learning and family experiences with them as they embark upon a new chapter in their learning journey.

A big thank you to the families who attended our recent working bee; our playground has had a mini makeover and is inspiring great exploration and learning amongst the children. We have been searching for insects, collecting natural materials to include in our artwork and going on

exciting adventures together, as we explore our imaginations and storytelling abilities within our dramatic play. The children have been challenging their motor skills and observing colour mixing, as they participate in various forms of painting and using scissors in their artwork. We have been learning new songs, dances and games throughout each session when we come together as a group.

Another big thank you to families who attended our recent Mother's Day morning and afternoon teas.



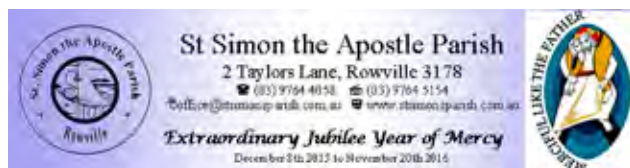
Making Muddy Puddles

We sang some of our favourite songs together, presented our mums with a special gift, an environmentally friendly, reusable shopping bag that we had decorated for them and made some healthy fruit kebabs together to share. This, along with the vegetable soup we cooked with the children, has provided us with valuable opportunities to incorporate learning about health and nutrition into our educational program.

At Liberty Avenue Three Year Old Kindergarten, we offer two groups who attend for 2 x sessions per week – a total of 5.5 hr (consisting of 1x 3hr morning session & 1 x 2.5 hr afternoon session, weekly). We employ a qualified VIT registered kindergarten teacher and a co educator, both of whom are also trained in first aid, anaphylaxis and asthma management. We are registered as a kindergarten with the Department of Education & Training.

We are very excited to announce the launch of our new website. For more information and a glimpse of what we do, visit www.libertyavenuekinder.com.au or "Like" our Facebook page "Liberty Avenue 3 year old Kindergarten".

Michelle Collier



Eight adults became Catholics at St Simon's on Easter Sunday this year, making a total of 25 adults in the last four years.

At St Simon's, sessions begin with an information night from 8pm in the parish house, 2 Taylors Lane, on Tuesday 5th July 2016. Adults entering the Catholic Church or just thinking about it, follow a process called RCIA the Rite of

Christian Initiation of Adults. The goal of the process is full active participation in the Eucharist and in the whole life of the Catholic faith community.

Many persons who want to join the Catholic Church have already been baptised in another Christian Church. They must attend the sessions but do not need to be baptised again.

First Step is a Period of Enquiry

The RCIA process is a period of reflection, discernment and formation. Those who join the process are encouraged to go at their own pace but on average the journey takes about eight to ten months of weekly or fortnightly sessions leading to, if the candidate wishes, reception of

the Sacraments of Baptism, Confirmation and Eucharist at Easter with an on-going attendance at Sunday Mass and observance of Catholic teachings and practices.

The RCIA Team

Team members are volunteers who bring their gifts, talents and life experiences to the sessions. They follow the Rite of Christian Initiation of Adults approved by the Catholic Congregation for Divine Worship. At St Simon's the Team meets with enquirers weekly or fortnightly as required usually on Tuesday nights from 8-9.30pm.

If you would like to find out more, ring the Parish office on 9764 4058

Suzette Diaz Business Manager



The Evidence for Jesus

There are people who have difficulty believing in the 'Jesus of the Bible' from Christians, thinking that their view is biased due to their chosen belief. If we take a look at evidence from ancient *non-Christian* sources for the life of Jesus, then we can demonstrate that such sources help confirm the historical reliability of the Gospels.

Evidence from Tacitus

Although there is overwhelming evidence that the New Testament is an accurate and trustworthy historical document, many people are still reluctant to believe what it says unless there is also some independent, non-biblical testimony that corroborates its statements. In the

introduction to one of his books, F.F. Bruce tells about a Christian correspondent who was told by an agnostic friend that "apart from obscure references in Josephus and the like," there was no historical evidence for the life of Jesus outside the Bible. This, he wrote to Bruce, had caused him "great concern and some little upset in [his] spiritual life." He concludes his letter by asking, "Is such collateral proof available, and if not, are there reasons for the lack of it?" The answer to this question is, "Yes, such collateral proof is available," and we will be looking at some of it over the next few months.

Let's begin our inquiry with a passage that historian Edwin Yamauchi calls "probably the most important reference to Jesus outside the New Testament." Reporting on Emperor Nero's decision to blame the Christians for the fire that had destroyed Rome in A.D. 64, the Roman historian Tacitus wrote:

Nero fastened the guilt . . . on a class hated for their abominations, called Christians by the populace. Christus, from whom the name had its origin, suffered the extreme penalty during the reign of Tiberius at the hands of . . . Pontius Pilatus, and a most mischievous superstition, thus checked for the moment, again broke out not only in Judaea, the first source of the evil, but even in Rome. . . .

What can we learn from this ancient (and rather

unsympathetic) reference to Jesus and the early Christians? Notice, first, that Tacitus reports Christians derived their name from a historical person called Christus (from the Latin), or Christ. He is said to have "suffered the extreme penalty," obviously alluding to the Roman method of execution known as crucifixion. This is said to have occurred during the reign of Tiberius and by the sentence of Pontius Pilatus. This confirms much of what the Gospels tell us about the death of Jesus. (Matt. 27; Mk 15, Luke 23 & Jn 18).

But what are we to make of Tacitus' rather enigmatic statement that Christ's death briefly checked "a most mischievous superstition," which subsequently arose not only in Judaea, but also in Rome? One historian suggests that Tacitus is here "bearing indirect . . . testimony to the conviction of the early church that the Christ who had been crucified had risen from the grave." While this interpretation is admittedly speculative, it does help explain the otherwise bizarre occurrence of a rapidly growing religion based on the worship of a man who had been crucified as a criminal. How else might one explain *that*?

In the following months, we'll look at Pliny the Younger, a Roman Governor, Josephus, a Jewish historian, the Babylonian Talmud and others.

Ray Green

As Winter is closing in, it has seemed more like Spring than Autumn. Our temperatures have been high and rainfall low. Perhaps the great benefit is that our gas bills will be low! Climate change is an issue that while most agree in the science, not all embrace. I was reminded again that the Bible gives humanity an awesome challenge in the care of our planet. Psalm 8 suggests that God has given humanity dominion over all the works of God's hands and all things are put under their feet. Sadly too many have interpreted this to mean the world is humanities to do with it as it will. However, a more correct understanding would be that God has given these things for humanity to care for and look after. As a Christian church we believe that we are called to remind governments and other public policy makers of the responsibilities that come with dominion.

A special service was held as a celebration of the Bridgewater's 20 years of service to the community following their closure on May 1st this year. A tree was planted in our grounds as a symbol of thanks.

The Uniting Church meets on Sunday mornings at 10am. Worship is aimed to be relevant in the 21st century and Sunday school is offered during the service in school term. The third Sunday of each month is a special family service with a more interactive and hands on approach.

Our Toddler Gym program aims to engage children under kinder age in early development through a philosophy of free play supervised by parents. As well as free play, we engage in singing and other play. Toddler Gym runs on



Jacquie Dodemaide and Graeme McEwin planting a tree as a symbol of thanks for the work of the Bridgewater Centre

Tuesday and Friday mornings with 2 sessions: 9:30-10:30 and 11-12md. Registration for this program is essential and enquiries can be made at the church office.

Trevor Bassett

The Churches

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From left to right- Hilton Jordan (senior minister RAFT), Bob Barclay (BCA Victoria), Bp. Rick Lewers (Armidale Diocese NSW) and Dale Barclay (BCA Redcliffs)

BCA – Going The Distance

BCA: Bush Church Aid is a mission society of the Anglican Church in Australia, established in 1919. It promotes Christian ministry to peoples living in remote and regional areas of our nation.

The field staff are currently working in many diverse situations such as the mining towns of the North West, with FIFO workers, church planting and renewal, the islands of Bass Strait, Norfolk and Kangaroo Islands, the tourist destinations of the Top End and drought affected areas of inland Australia. Schools, youth and indigenous teaching and training are all part of BCA.

The annual dinner and meeting for supporters of BCA Victoria was recently held at RAFT Anglican Church Rowville. Representing the Field Staff was Canon Dale Barclay, working in Red Cliffs, a town of 5000 inhabitants in Northern Victoria.

Through stories and photographs, Dale shared the practical ways their church family is reaching out to a community dealing with drugs, family violence and mental illness. The church notice board recently declared; “Hey ICE dealer – leave our kids alone”

The Keynote speaker, Bishop Rick Lewers from the drought stricken Diocese of Armidale shared: “Following Christ in a Different Country.”

‘Plenty of people speak of a rural crisis; the lack of rain, political decisions that affect markets and more. But the real crisis is not just a rural one but a national one. In a changing country where money speaks, mining has created enormous divisions, environmentally and socially. Abuse and domestic violence are not limited to our Aboriginal communities. Greed, pride, materialism and racism are to be found in all Australia. And the biggest problem is where the answer lies, in a crisis in confidence, delivery and unbelief in the word of God.

God never leaves us without hope and it is true to say that He is the only answer to our crisis. There is nothing more important than God's word and discipleship in a changing country.’

Ann Hargreaves



P (03) 9764 8330 E info@acfchurch.com
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What an occasion!

Our church has just celebrated its 30th Anniversary. With humble beginnings, starting with just 14 families in a garage, we are now a congregation tipping the 800 mark!

At the special service on Sunday 15th May, Senior Pastor Luis Cabral and his wife Senior Pastor Alexandra welcomed the dignitaries, Alan Tudge Federal MP for Aston and Kim Wells, State MP for Rowville. The guest speaker was Pastor Hal Oxley who at 99 years of age kept a huge audience spell bound with his oratory. A huge birthday cake was carried in and cut by Senior Pastors Luis and Alexandra.

From the onset, we have taken on the challenge to open our doors to the nations within Australia. This church is gladly ‘home’ for families from 28 different nationalities, accommodating four different language groups: English, Mandarin, Indonesian and most recently Arabic. We are also blessed enough to be actively supporting communities in



99 year old Pastor Hal Oxley engaging the audience.

Mozambique, Italy, Panama, India, China, Japan, Vietnam, Cambodia and the Philippines.

Though we love to travel, we have by no means neglected our own neighbourhood, continuing in our 5th year to provide bi-monthly free meals, food parcels and vouchers, here in Rowville. We feel honoured to have so many opportunities to make a difference both locally and internationally.

It's a very exciting time for us, because our rapid increase in numbers has meant that we have now outgrown our auditorium. This has orchestrated a new season in our

church's timeline, as we now have double services to accommodate our congregation boom. New English service times are 9 - 10am and 10:30am - 12pm every Sunday.

Upcoming Events:

Thursday 16th June @ 8pm: Movie Night screening ‘War Room’. Free admission.

Sunday 26th June: Renowned apologist, Dr. Michael Brown will be speaking at the 9am and 10:30am service, followed by a 5pm Q&A session.

We warmly welcome you to join us at these events, as well as at weekly church services at 1070 Stud Road, Rowville.

Nicole Connellan



Senior Pastors Luis and Alexandra Cabral, cut the 30th birthday cake

Knox Council Responsible Knox City Council Budget

Knox City Council has released a responsible and progressive plan for the next financial year with more than \$57 million to be spent on preparing Knox for the future.

Council has earmarked \$25.857 Million to renew and maintain existing community infrastructure such as roads, footpaths, drains and buildings while \$31.199 million is budgeted for new, upgraded and expanded community assets next financial year.

Mayor Tony Holland said the Budget provided for an operating surplus of \$9.966 million which would help deliver significant value for the Knox community. Surpluses are also expected over the next five years. "This Budget continues Council's commitment to renew ageing infrastructure, within the bounds of current and projected financial resourcing. Council's long term planning is focused on staying on top of our costs while providing essential community services that local people, and those who work in the area, use every day."

In line with the rate cap imposed by the State Government the average general-rate increase will be 2.5%. However, as rates are levied on the value of a property and with many local property values rising, as recorded in this year's revaluation, the final figure paid by some may be more than 2.5%. Total Council income from rates is expected to be



Will my chicken get cold?

Chickens have some pretty clever ways of beating the winter chill, but they may still need a bit of help from you. Like all birds, chickens use their feathers for insulation. "They can fluff up their feathers and trap air which warms it up," says Greencross Vets' Dr Matthew Gosbell.

The Springvale vet says chickens kept outdoors naturally adapt to gradual changes in weather, season and day length. "They will usually eat more if they need to keep warm, reduce egg production and huddle together," he says.

Shelter

But for the times when nature is hard to predict, good pet care involves providing appropriate refuge.

"Always provide shelter from the weather including sun, rain and wind so chickens don't get caught out by natural extreme weather changes," Dr Gosbell says. "Birds in the wild will find shelter from extreme weather so we need to provide the same opportunity for birds in captivity."

Insulation

In cold parts of Australia you could insulate your chicken coop with tree branches, cardboard or styrofoam. Care should be taken if hay or straw is used for insulation, as these can become infested with mould and vermin and carry chicken parasites. Also remember to keep the insulation tidy. "Exposed insulation may not be a good idea as the chickens will likely peck at it and pull it apart," Dr Gosbell says.

It's also important to maintain ventilation to prevent the build up of humidity, disease and ammonia fumes from your chickens' droppings. "Proper and regular cleaning of the chicken coop is essential. This will help avoid the build-up of droppings," Dr Gosbell says. "Keeping the coop clean and dry is also essential as most bacteria, fungus and parasites thrive in warm, moist environments."

Visit your local Greencross Vets for expert advice on the care of your chickens.

Michelle Bierman



\$104.834 million in 2016/17 compared with \$101.872 million in 2015/16.

"Maintaining services as diverse as footpaths, roads, waste collection, immunisation and a range of other services for children and the elderly, along with planning functions and enforcing laws so public places are safe and orderly," said the Mayor. "With wages and salaries costs rising (3.2%) along with utility costs (5%) and the State Government's landfill levy (\$2.113 Million up from \$2.045 Million), coupled with a freeze on Grants Commission funding, Knox is doing exceptionally well to maintain services while delivering exciting new projects," he added.

Projects affecting our community include:

- Installing 10,000 LED street lights from May to late 2016
- Increased levels of hard waste collections (\$328,000)
- A series of major park upgrades worth \$2.87 Million will include work at Eildon Park Reserve
- Council will contribute \$4.180 Million to the development of the Stamford Park precinct.
- Upgrade of Karoo Rd Rowville (\$800,000)

Copies of the Draft Budget are available online, at the Knox Civic Centre (511 Burwood Hwy, Wantirna South), Council's Customer Service Centre at Stud Park Shopping Centre, Rowville and at local libraries. Unfortunately comments and submissions closed on June 2nd. However, a public submissions hearing will be held on 8 June with a decision on the Budget to be made on 28 June 2016.



Items of relevance to Rowville -Lysterfield residents 5.2 Ward Issues

5.2.1 Councillor Seymour (Tirhatuan Ward)

• Councillor Seymour indicated her interest in what the amendments to C131 / Rowville Plan would mean for the local area and whether they honour the views of the community. • Councillor Seymour noted that there were a number of issues with street trees and hard rubbish being placed out without a booking.

5.2.2 **Councillor Pearce (Taylor Ward)** • Councillor Pearce advised of his recent attendance at the Eildon Park Cricket Club Presentation and acknowledged the effort and enthusiasm of the Club's members. • Councillor Pearce advised that he had recently been contacted by residents of Woodside Drive, Rowville expressing their concerns about the street tree program in their street. (See below)

6.1 Report of Planning Applications Decided Under Delegation

Planning Applications Decided by Responsible Officer 1 March – 31 March 2016

Dobson 2016/6120 12 Grange Drive Lysterfield

Construction of a colourbond garage 22/03/2016 Approved
Dobson 2016/9014 8 Broadview Terrace Lysterfield
Front Fence 7/03/2016 Approved

Dobson 2015/6932 8 Amley Rise Lysterfield Variation of covenant V517431Y to allow a second dwelling on a Lot of at least 1000sqm 24/03/2016 Notice of Decision

Taylor 2016/6004 1377 Stud Road Rowville Removal of twenty-one (21) trees and the pruning of five (5) trees 18/03/2016 Approved

Tirhatuan 2016/6124 Lot 2 Police Road Rowville Buildings and works (to deepen existing depressions to create refuge pools and planting vegetation) 9/03/2016 Approved

Tirhatuan 2016/6032 Stud Park SC Sh 2/1101 Stud Road Rowville Use of part of the existing retail tenancy for a veterinary centre 18/03/2016 Approved

Tirhatuan 2016/6018 14 Gilligans Court Rowville 3 Lot Subdivision (Approved Unit Development) 4/03/2016 Approved

Tirhatuan 2015/6699 23 Yvette Drive Rowville Development of land for a double storey dwelling to the rear of the existing dwelling 21/03/2016 Approved

6.3 Proposed Changes To The Local Laws



The Real Estate Institute of Victoria has just released the March quarter 2016 Median House Prices which are good news for most City of Knox home owners, particularly good for Rowville and Lysterfield. The recent Reserve Bank of Australia interest rates drop to a new historic low of 1.75% is certainly good news for both home buyers and sellers alike.

Lysterfield increased by 9.3% to \$905,100 and Rowville by 6.5% to \$760,000. Knoxfield had the largest increase 15%, whilst Scoresby, Wantirna and Wantirna Sth decreased by up to 8.1%. Additionally in 6 out of the 9 areas sales of less than 30 properties were recorded for the quarter

If there is any additional information you require please don't hesitate to call 0408 534 952 or e-mail rowvilleea@barryplant.com.au .

Brenton Wilson Managing Director

Administrative Guidelines

1. **Introduction** Council, at its 25 August 2015 meeting, resolved to review the Local Laws Administrative Guidelines, including a review of the Real Estate Signage provisions in accordance with a Call Up Item resolved at the 23 June 2015 Council meeting.

8. **Conclusion** The proposed changes to the Local Laws Administrative Guidelines are designed to satisfy community expectations for a safe and liveable community.

6.4 Annual Housing Monitoring and Review Program

8. **Conclusion** The new Knox Housing Strategy and Residential Design Guidelines adopted in January 2015 represent a major policy shift in Council's approach to future housing. The number of potential new dwellings approved increased for the second year in a row, however, the 901 new dwellings approved continue to represent a slow growth. The type and location of applications approved in 2015 continue to be generally aligned with the 2005 Housing Statement. Higher density development continues to deliver much needed diversity, however progress on this issue was less than in previous years, due to low numbers of apartment approvals and smaller dwellings overall. Housing affordability continues to be a challenging issue with complex causes and influences. However for the second year in a row, 3-bedroom dwellings were the most common size approved. For the fourth year in a row, no new social housing units were approved in Knox. This means the gap between what is needed and what is available continued to widen. Affordable and social housing is an issue that will require further action. A new Housing Monitoring and Review Program will begin next year. It is expected to include new data on dwelling constructions, new advances in aerial imagery to measure tree canopy cover and increased input from residents.

6.5 Progress Report on Sustainable Water Use Plan 2006-2015

8. **Conclusion** This report provides a summary of Council's water consumption from 2000 to 2015. Council has exceeded its reduction target of 25% by achieving a reduction of 63% below our baseline water use. With water storages on the decline again and the possibility of water restrictions being reintroduced, conserving potable water will continue to be a critical issue for the community.

Council Resolution Moved: Cr. Mortimore Seconded: Cr. Lockwood That Council: 1. Notes the targets achieved and exceeded in reducing water consumption across all sectors of Council's operations; and 2. Continues to show leadership by implementing the principles of Integrated Water Management in all Council initiatives to facilitate Knox's transition to a Water Sensitive City

7. Public Question Time

Question 1 I believe a petition was submitted by 52 residents of Woodside Dve concerning the tree "infill and renewal." I wish to know of the Council's consideration on

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Council Minutes continued...

this matter

Answer The Director of Engineering & Infrastructure Dr Ian Bell responded that Councillor Pearce had raised this matter directly with him and that the works were currently on hold pending further discussions. Dr Bell clarified that the proposed tree planting in Woodside Drive was infill planting which replaces missing trees and not tree removal and replacement as the size and condition of the existing trees is ok.

15.1 Appointment of The Chief Executive Officer

2. **Discussion** After a thorough and intensive selection process, Council has selected, and subject to this resolution will offer the position of Chief Executive Officer for the next five years to Mr Tony Doyle. (See article in this paper)

8. **Conclusion** Council is pleased to welcome Mr Tony Doyle to Knox City Council and looks forward to working together with him to lead the City into the future.

RLCN Life Members

Diana Amend, Peter Barton, Jan Bates, Beattie family, Carol Belcourt, Wendy and Andrew Beveridge, Colin Bradley, Muriel Cartwright, Nola & Andrew Chapman Josie Dawson, Christine Dawson-Marsh, Wikje Derminn, Kel & Di Emerson, Graham & Margaret Freestone, Hazel Haynes, Mary Henderson, Tony & Marjo Ho, David Hodgins, Patricia Jackson, Barbara King, King family, Marjorie Lade, Lyn & Doug Laphorne, Nicky Laughton, Joan & Ray Lightowler, Luxmoore family, Maureen & Graeme McEwin, Rod McKenzie, Christine Mitchell, June

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Life Membership

Boyd Academy of Dance, Heany Park Primary School, Hillview Community Church, Karoo Primary School, Lions Club of Rowville, Lysterfield Primary School, Park Ridge Primary School, Promech Automotive Services, Revamp Automotives, Rowville Baptist Church, Rowville Pets Home Feeding Service, Rowville Primary School, Rowville Secondary College, Rowville Uniting Church, Salvation Army – Rowville Corps.



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