



ROWVILLE-LYSTERFIELD COMMUNITY NEWS

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LYSTERFIELD COMMUNITY NEWS INC.

FREE

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Rowville Primary School
is celebrating six years of the
Stephanie Alexander Kitchen Garden Program.

Growing Harvesting Preparing Sharing
Teaching students positive food habits for life, under the guidance of Chef Jodie.

ROWVILLE SECONDARY COLLEGE

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Rowville-Lysterfield Community News Supported By



**Rowville Neighbourhood
Learning Centre Inc.**

Meetings are held at Aimee Seebeck Hall, Police Road at 7.30pm on the first Tuesday of the month. Visitors and potential committee members are most welcome.

OUR TEAM

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What's On Locally

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of Rowville**



DIRECTORY - March 2017

Australia For Christ Church Sunday Services:- English Service 9-10am and 10:30am-12pm
Indonesian Service 10:30am, Mandarin Service 1:30pm
Stomper Play Group 10am -11:45am (during School Term).
1070 Stud Rd. Rowville. www.acfchurch.com

Australian Air League Meet Wednesday 7.30 to 9.30pm at Salvation Army Hall, Kingsley Close. Freecall 1800 502 175 or visit the website: www.airleague.com.au

Baptist Church Services every Sunday 10am
Playgroups - Tue, Thur & Fri. mornings during school terms.

CFA Juniors Meet every Thursday 7pm

Cake Decorators Assn Bi-Monthly, 2nd Sunday in Feb, Apr, Jun, Aug, Oct & Nov. Scout Hall, Turramurra Drive. Contact Jean 9763 1702

1st Rowville Scouts:

Joey Mob (6-7.5 years) - every Thursday 6.00-7.00pm

Cubs (7.5-10.5 years) every Wednesday 7.00-8.30pm

Scouts (11-14 years) every Thursday 7.30-9.30pm

Venturers (14-17.5 years) every Friday 7.30-10.00pm

Contact Terri 0418 567 923 atm.russell@gmail.com

Fruitful Vine Church Services every Sunday 10am

Girl Guides Age groups 5-8 yrs, 8-11 yrs, 11-14 yrs, 14-18 yrs. Contact Jill Livingston, Eastern Region Manager on 0409 583 847 or Knox District Leader Christine Clifton on 0408 505 661

Heany Park Scouts Meets at: Makeham Road, Heany Park

Joey Mob (6-7 years old) - meet Thursday 5.45 - 6.45pm,

Cub Pack (8-10 years old) - meet Thursday 7 - 8.30pm,

Scout Troop (10-14 years old) meet Monday 6.30 - 8.30pm

Venturer Unit (14-17 years old) meet Friday 7.30 - 10.30pm

Contact Gavin Thomas on 0417 529 848

or email gl.heany-park@vicscouts.asn.au

Hillview Comm. Church Services Sunday 10am. For details call 9763 7776

Knox & District Over 50s Meet 4th Tues each month at 10.30am (except Jan & Dec) at Boronia Progress Hall

Knox Home Garden Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus. May, June & July meetings on 3rd Saturday at 10am

Life Activities Club Knox Enquiries 0481 831 788

knox.enquiries@life.org.au

Lions Club Meet 2nd & 4th Wednesday - 7pm for 7.30pm at the Knox Tavern, Knox City. Meal available. Contact Julia: 0414 608 824

Little Athletics For training & event days: 9763 1404

Men's Shed (Stamford Park) Meet at Stamford Park Homestead Tues, Thurs & Sat from 10am to 3pm. Orana Shed, Neighbourhood House, Coleman Rd, Wantirna every Thursday from 10am to 3pm.. Barry Treadwell 0425 719 451 or www.stamfordparkshed.org.au

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays & Thursdays, 9.30am, Michele 0407 837 973 Parents Coffee Morning - Fridays, 10am, Kaylene 0409 200 830

National Seniors Australia For over 55s, the Knox Branch meets at 10am, Stud Rd, Wantirna. All welcome. For enquiries, ring John Giles on 9778 6784

Possums Playgroup Mon.-Fri. 11.30-1.30 and 1.30-3.30. possumspg@hotmail.com

Probus Club (Knox Combined) Meet 1st Tues each month

at the Stamford Hotel at 10am. Contact Kaye: 0412 660 734

Probus Club (Knoxfield Ladies) Meet 4th Mon. of month at Waverley Golf Club 9.30am. Contact Beverley 9753 3224

RAFT Anglican Church Holy Communion 8.30am. Evening Service Sunday 5pm. Family Worship with children's teaching time 10.30am Sunday. **Mainly Music** every Wednesday 9.30am
New Vogue dance: every Wed. 7.30pm. Contact Bob or Ken Reid 9764 2573 **Craft for Christ** 2nd & 4th Tues each month at 7.30pm. **Playgroup** Tuesdays 10-11.30am.

Red Cross Rowville Meet 3rd Wednesday of each month 10am. Contact Joan: 9764 4611

Restore Church Sunday services are held at 10.15am at 24 Laser Drive. Light refreshments and finger food served after the service. Phone 8736 7053

Ruby Gumnut Goddesses (Red Hat Society) For all events contact Catherine 0418 102 064

Rotary Club Every Tuesday evening at Tosario Restaurant, at 6.30 for 7.00pm,

Rowville Seniors Meet Wednesdays and Fridays 1pm to 3.30pm at Rowville Community Centre

Salvation Army Services every Sunday 10am followed by morning tea

Sant Nirankari Mission Congregation session every Sunday from 12 noon to 2pm followed by an Indian community meal. Everyone is welcome

St Simon's Parish Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am. Tuesday 7.30pm, Wednesday to Friday 9.15pm.

Stud Valley Ladies Golf Club Thursday mornings at Tirhatuan Golf Club, 9 & 18 hole competition. Contact Nola 9700 3804 or Pam 0409 934 966

Timbertop Golf Club Saturday Ladies' Competition Tirhatuan Lakes. Muriel: 0427 585 575

Tirhatuan Ladies Golf Club Wednesday & Saturday competitions at Tirhatuan Lakes Golf Course. Membership information - Heather 0438 545 483 or Kaye 0408 038 363

Rowville Toastmasters meet on 2nd, 4th and 5th Tuesday each month at 7.15 pm for 7.30 pm at RAFT Church. Contact, Kerryn contact@rowvilletoastmasters.org.au

Rafters Toastmasters meet on 1st, 3rd and 5th Tuesday each month at 7.15 pm for 7.30 pm at RAFT Church. Contact, Laura; rafterstm@gmail.com

Uniting Church Services Sunday at 10am. Contact 9753 3495

Toddler Gym Tues & Friday 9.30-10.30 & 11am - Noon (during School terms)

Yoga for Kids Fun classes for primary students. Tuesdays 4.30pm Rowville Scout Hall Contact info@schooltimeyoga.com.au or 0468 471 102 www.schooltimeyoga.com.au

March Events

World Day Of Prayer March 3rd., 7.30pm at the Uniting Church. Enquiries Judy 9759 6860

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From the Editor's Desk



It is not often we can offer congratulations to a local resident on gaining a 'Medal of the Order of Australia' in the general division, but this is one such occasion. In the Australia Day awards, Ms Janet Spooner of Elmdon Grange Lysterfield, received her OAM for her services to the community through charitable organisations. These included 14 years as the treasurer of the Lady Mayoress committee of Melbourne, where she was a member for 18 years and life member since 2004, plus service on committees of many of Melbourne's leading hospitals. She was awarded a Dame of Honour, Order of St John of Jerusalem, Knights Hospitaller, in 2004 and a Dame of Grace, in the same Order in 2009.

Congratulations also to Shirley and Harry Christensen on their 66th wedding anniversary last month.

It came to my attention last week that Peter Cavan, that stalwart of the push to renovate Stamford House to its former glories, has moved on to a new job in the City. We at the RLCN met with and listened to his informative and interesting presentations on the progress of the 'House' and the adjacent land development, many times. Many readers will also have taken part in one of his archaeological digs which he conducted in his capacity as Project Manager. Don't be a stranger Peter; we will miss your enthusiasm.

Thanks this month go to Marion Williams for the time she spent sorting and collating some old RLCN newspapers she had, which have been integrated into our collection. If anyone else has copies of old back issues of the paper in good condition please give me a call.

Finally a word of thanks to Dr Frank Whelan, the author of the "Chiropracticals" column, who has not missed a single edition of the paper for 5 years. I have learnt quite a bit from his contributions as I'm sure many readers have too. Your ongoing support is much appreciated Frank.

It was also in that same edition that 'Wacky Wisdom', which had no connection to Frank...just a publication coincidence!

David Gilbert

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Saturday, 1 April 2017

To add your club, organisation or association to the Directory or This Month's Events free listing, please contact the editor
9764 4703 or editor1@rlcnews.com.au

Coffee With A Cop

"Coffee With A Cop", a Rowville Police initiative of 'Community Engagement' was launched at Stud Park Shopping Centre on Tuesday 7th February in Gloria Jeans Coffee Shop. The idea was to have open and frank discussions in an informal setting with members of the public on subjects that they care about.

The first thing that struck me was the number of people present and the prevailing happy atmosphere. There were six police officers, ranging in rank from senior constable to senior sergeant, seated at various locations around the shop and even outside, where some high school students were engaged in conversation with some of the younger officers.

This initiative, adopted from similar ones in Canada and the USA, is designed to reinforce the police commitment to connecting with the community (Rowville/Lysterfield) by having informal 'chats' over coffee. This, in conjunction with Neighbourhood Watch, Eye Watch and other similar Victoria Police programs, enables a two way conversation to be conducted between police and the public. Matters of public concern and perceptions, traffic management and public safety were high on the agenda of issues raised.

Senior Sergeant, Dean Hayes, who is the driving force behind this program, said that at the end of the session,



police members would gather back at Rowville Police Station to discuss the matters raised and prioritise actions that required consideration and attention. He said that "overall members of the public expressed their appreciation and thanks towards the police and the job we are doing to keep our community safe."

He expressed his appreciation to Stud Park Centre Management and to the management of Gloria Jeans for their support and co-operation.

The next session is scheduled for March the 7th at the 'Quirky Bean' situated in the walkway near the Library.

John Woodward

Calendar of Events - March 2017

Australian Women's History Month
womenshistory.net.au/

National Epilepsy Awareness Month
www.epilepsyaustralia.net

Polite Pets Month

Jump to Cure Diabetes - www.jdrf.org.au/jump

March into Yellow - Endometriosis Australia
www.marchintoyellow.org.au/

1 March - **World Compliment Day** - Give a genuine compliment today-www.worldcomplimentday.info/

1 March - **Immunisation** - Rowville Community Centre - No appointments needed 1.30pm to 3 pm. Bring your Medicare card and your child's Health Record book.

1-19 March - **Melbourne Fashion Festival**

3 March - **Ride2School Day** - www.ride2school.com.au

3-5 March - **Australian International Airshow**

4-5 March - **Knox Festival** -
www.knox.vic.gov.au/knoxfestival

4-12 March - **Parks Week** - www.parks-week.org

5 March - **MS Melbourne Cycle** - Support Multiple Sclerosis (MS) www.msmelbournecycle.org.au

5 March - **Clean Up Australia Day**
www.cleanupaustraliaday.org.au

5 March - **Oppy Bike Ride** -www.knox.vic.gov.au/oppo

5-11 March - **Kidney Health Week** - www.kidney.org.au

7 March - **Immunisation** - Rowville Community Centre - No appointments necessary. 1.30-3pm. Bring Medicare card and your child's Health Record book to the session.

9-12 March - **World's Greatest Shave**
www.worldsgreatestshave.com

13 March - **Labour Day** - Public Holiday

20 March - **Multiple Birth Awareness Week**
www.amba.org.au

13-20 March - **Coeliac Awareness Week**
www.coeliac.org.au/CAW/

15 March - **Immunisation** - Rowville Community Centre - No appointments needed. 9.30-11.30am. Bring your Medicare card and child's Health Record book to session.

17 March - **St.Patrick's Day**

17March - **Close the Gap Day**
www.oxfam.org.au/act/events/close-the-gap-day

18-26 March - **Cultural Diversity Week**
www.multicultural.vic.gov.au/projects-and-initiatives/cultural-diversity-week

18 March - **National Day of Action against Bullying and Violence** - www.bullyingnoway.gov.au/national-day

19 March - **Undiagnosed Children's Awareness Day**
www.swanaus.com.au/

20-26 March - **A Taste of Harmony** - www.tasteofharmony.org.au

21 March - **Harmony Day** - www.harmony.gov.au/

23-26 March - **Melbourne Formula 1 Grand Prix**

26 March - **Purple Day** - www.epilepsyaustralia.net/Purple_Day/Purple_Day.aspx

26 March - **Neighbour Day** - www.neighbourday.org/

27 March - **Knox Council Meeting** 7.00pm Civic Centre.

29 Mar-2 Apr - **Melbourne International Flower and Garden Show**

29Mar-23Apr - **Melbourne International Comedy Festival**

31 Mar - 9 Apr - **Melbourne Food and Wine Festival**

Note: Many International Special Days have not been included.



School books distribution

Last month we talked about the Rotary Bequest scheme that is available to anyone who wants to include it in their estate planning. It is designated as an Endowment Fund, where the principle is never spent as it earns interest on the capital. It is these funds that are used all over the world, including in Australia, to support Rotary Club programs, like our own Club's project on Kiriwina Island in Papua



Clothing distribution

New Guinea.

Among the items that were despatched late last year to Kiriwina Island, were 141 boxes of school books and 60 boxes of donated clothing. This enabled one Primary school to finally have school uniforms and a supply of school books. So far five schools have received similar supplies.

The previous container contained 42 hospital beds, mattresses and over bed tables to fit out the hospital wards. As can be seen from the 2 photos, the transformation was amazing! Since then several stainless steel wash basins with taps have been installed in each ward ready for connection to the revamped water supply. Previously the only hand washing possible had to be done at one outside tap!!

Our next Club Business Breakfast is scheduled to be held in late April and we hope to book a very interesting and entertaining speaker. Since the Club started the Business Breakfast events 6 years ago, just over \$31,000 has been raised and distributed mostly to local charity support networks in and around Knox. The date is not fixed as yet, but final details will be in the April RLCN.

More and more women are becoming Rotarians, joining with men folk in the cause of Rotary. 'Women in Rotary' will be celebrating International Women's Day with a breakfast theme of "The Media – Women's Friend or Foe?" Planned for Wednesday 8th March at the Box Hill Town Hall, bookings can be made by logging onto: www.breakfastinboxhill.com

Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. If you are community minded, enjoy volunteering and would like to give something back, then you are invited to come along to find out what Rotary is about. Just call either Jeff Somers on 0413 150 587 or Kevin Harrison on 0419 919 011. Log on to our website at: www.rowvillerotary.com.au and follow us on Facebook and/or Twitter

Rotarian James Wilson



Renovations in progress at the Homestead

We always have lunch at Rowville Community Kitchen on Thursdays. The meal to celebrate Chinese New Year was different, to say the least. You may have seen some snippets

on facebook. <http://rowvillecommunitykitchen.com.au/>.

Other days, if it's hot, we dine Al Fresco under the mighty Bay Tree on the Homestead grounds. Who could fit a huge tree like this one in their back yard today? Check out our web site at <http://stamfordparkmensshed.org.au/> to catch us working or to simply see a great bunch of blokes enjoying themselves and adding ten years to an otherwise sedentary life-style. We wouldn't be dead for quids.

Preparations are well on the way for our impending move to the temporary site while underpinning is carried out on the old homestead which will get the homestead buildings back on an even keel. (Pun intended).

After nine and a half dedicated years, Peter Kavan is no longer Project Officer for the Stamford Park homestead. He

has taken up an appointment in the city, where we are sure he will be most appreciated. Peter put so much passion and effort into the Stamford Park project during his time here that we at the shed will miss him greatly. Hopefully, he will drop in to visit us now and again.

We had representatives from the Dandenong Ranges branch of the National Trust pay us a visit and they were given a tour through the old homestead to see and hear of its envisioned future to make and keep Stamford Park in the limelight. With the grounds being dug up here and there for necessary work, we can't have the regular tours of the homestead very often, but when all is settled, tours will be a regular part of the scene for any history buffs and interested members of the public to see how the Row family lived in a bygone era.

Ernie Morgan

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Rowville Unit

March is Red Cross Calling time, the most important annual fundraising event for Red Cross.

Rowville members will be collecting at Stud Park and Wellington Village between March 21st to 25th and at Bunnings Scoresby over the Labour Day weekend (March 10th -12th).

A donation is always appreciated and goes to assisting people in need in Australia and overseas.

Red Cross have recently been working with people affected by bushfires in NSW, as well as working with outback communities developing health programmes and also providing practical assistance to people who are seeking asylum. They also work with elderly people, making it possible for them to remain independently in their own homes.

The work of Red Cross/Red Crescent internationally is very well known. The principles of Red Cross ensure that all participants in situations of trauma are treated in a fair and equitable way.

Please come and say hello to the members who are in the shopping centres during March.

Alison Sharrock

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Lions Club of Rowville



Since its introduction in 1988, an estimated 4 million children worldwide have participated in the Lions International Peace Poster Competition. (LIPPC). Each year approximately 400,000 young people from more than 100 countries participate in the contest. Students between the ages of 11 and 13 are eligible to enter.

Judging is conducted at several levels, initially at Club/School/Youth Group, then District, Multiple District (national) and finally International.

LIPPC presents an opportunity for enrichment of the school curriculum in areas of learning, creating, communicating, technology and achievement, a unique, enjoyable and enriched educational experience. It further develops artistic and writing skills, the use of technology, personal growth and an increase in confidence and self-esteem. All participants receive a Certificate that acknowledges their participation and achievement.

Approximately 1200 students from 19 schools in District 201v5 took part in this year's competition. District 201v5 includes mostly suburban clubs, but also clubs from Tatura, Wandong-Wallan, Tallygaroopna, Alexandra, Nagambie and Mooroopna.

Again this year, Rowville Lions Club was pleased to sponsor two students from Westall Secondary College and Westall English Language Centre in the Peace Poster Competition. 201v5 District Judging occurred last December and the winner was Lianna from Blackburn High School who was sponsored by the Lions Club of Blackburn. Her poster progressed to Lions Australia for national judging, where she received a Highly Commended (runner-up)

At the National Judging level, Casey from Hawthorn West Primary School and sponsored by the Melbourne Chinese Lions Club, District V1-4 was the winner. Her poster was forwarded for judging at the International level.



Casey's National Award and International Merit winning LIPPC poster.

For the first time in LIPPC's almost 30 year history, the Australian LIPPC entry submitted by Casey, was selected as one of the 23 Merit Award achievers at the Lions Clubs International judging. A Merit Award is the rank below International Peace Poster Winner.

The International Grand Prize Winner will be announced on Lions Day 4th March 2017.

Julia Young



Speeches, Food and Friendship

Rowville Toastmasters Club began the 2017 year with a special meeting - a speechathon. As Rina Rosemeyer, Toastmaster (master of ceremonies) for the afternoon announced with a sparkle in her eye, a speechathon is a meeting where "the focus is very much on eating and speaking!"

Staying true to that idea, our gracious host, Lakshini Watson gave a speech about a child's cooking, incorporating a real life cooking demonstration and distributing tasting portions of sorbet and risotto.

The speeches were diverse. From a heartbreaking personal experience of civil war in Sri Lanka, a well considered exploration of the subconscious mind, a rollercoaster of encounters with customers and their unexpected expectations, plus a persuasive speech

in defence of girls' schools, to a hilarious jailbreak story leading us to think deeply about trust in the workplace, the speechathon contained a rich palette of ideas and passions.

One of our most experienced Toastmasters gave a thorough and thought provoking presentation on improving the productivity of meetings. I'm glad our vast array of food and friendship didn't distract from the productivity of this first Rowville Toastmasters gathering of the year!

If you are interested in coming to see what Toastmasters meetings like, you are welcome to attend as a guest. Please see the details of our meeting venue, dates and times for both Rowville and Rafter's Toastmasters Clubs in "What's On Locally" on page 2.

Lou Horgen



Members enjoying the speechathon and the food.

Punographer Fun
I tried to catch some fog, but I mist.

Signs That Make a Statement
In a Podiatrist's office:
"Time wounds all heels."

Celebrating our community at Wellington Village



JOIN US ON SATURDAY 1ST APRIL FOR OUR COMMUNITY FUN DAY

There will be lots of displays and stalls celebrating our community and small business.

Rowville Community Kitchen
with their delicious treats for sale for a great cause.

Rowville CFA Sausage Sizzle
And who doesn't love a Sanga on bread with tomato sauce? Plus handy reminders to change the batteries on the smoke alarm as daylight savings end.

Yoga 432
Free demonstrations by the Yoga 432 team PLUS FREE PASSES.

Heany Park Primary School
Annual art exhibition by the students.

Plus loads more fun....

Visit our website and check out our Facebook page for regular updates and details.



WELLINGTON VILLAGE

Wellington Village
Cnr Wellington Road and
Braeburn Parade, Rowville

wellingtonvillage.com.au

Memory Lane March 2012

The **Stud Park Newsagency** was moved to make room for the Bank of Melbourne. They moved into an expanded retail space where Abby Rose used to be, plus additional area that used to be part of the hairdresser. The shopping complex is constantly evolving.

We conducted a 'Find The Coloured Tokens' promotion for our junior members. **Dana Schwas** and **Antonia Notaro**

FROM THE ARCHIVES

were the winners. Did you spend the \$50 wisely girls?

The building of a **new CFA station** on Wellington Road was announced by State MP's Nick Wakeling and Kim Wells. Today we have a functional and strategically placed station.

9 year old Lysterfield Primary School student **Dareo Rogers** took part in 8 events at the Australian Inline Speed Skating Championship and won all 8. What a great achievement Dareo. Do you still race?

Waterford Valley Lakes Retirement Village celebrated

their 10th birthday with a large celebration that recalled the history of the Village in front of many dignitaries and the original managers Wendy and Bob Meyer. Laurie Hanson remembered that hailstorm of 2010 broke all the village skylights and 300 windows!

Anna Nguyen with an ATAR score of 99.75 was the Rowville Secondary College Dux. Anna was to continue her studies at Latrobe University doing a Bachelor of Health Science (Dentistry). Are you in a practice now Anna?

About 20 youngsters from the **Baptist Church** gave a week of their summer holiday to "**Summer of Service**". They camped at the Church and during the days created a landscaped garden out of a patch of weeds at Rowville Primary School. Were you one of the 20?

Knox Home Garden Club



Pink Brugmansia (Angel's Trumpet)

There is something really special about sitting outdoors on a summer evening, with the rich narcotic perfume of brugmansia (angel's trumpet) wafting through the air. An exotic-looking plant, the brugmansia can have as many as 200 'angel's trumpets' on the one plant at any time.

It is easy to have fragrance in your garden. Popular aromatic shrubs include: daphne, gardenia, boronia, lilac, prostanthera, mahonia, buddleia and luculia, to name just a few. All roses are beautiful, but not all roses are fragrant. If you want to stop and smell the roses, you will have to purchase accordingly. You're sure to find a rose of the type and colour that you want, with a delicious perfume. I like Mr Lincoln, with its perfume and long stems, it's a winner.

A garden arch, arbour or pergola is another way to add fragrance. There are many climbers such as jasmine, honeysuckle, clematis (make sure it is a fragrant variety), and climbing/rambling roses. Wisteria is a hardy climber with beautiful perfumed hanging racemes. Even sweet peas can be encouraged to climb an arch and flower for a long period. Your lawn could also become a fragrant carpet. Imagine the delightful aromas released as you traipse across an area planted out with chamomile or thyme. For a fragrant tree, check the height, width, deciduous or evergreen before making a decision. Take a look at

magnolias, native frangipani, acacias or eucalyptus. There are lots of choices.

No room for trees or shrubs? Try some bulbs. Plant babianas, lily of the valley, amaryllis, jonquils, or freesias either straight into your garden or in a pot, where you can enjoy their perfume.

Even your pond can play its part in making your garden smell sweet. Try water lillies, water violets or water iris. Plant around your pond's edge with the delicately scented primulas. With herbs, the aromatic foliage is a real bonus, as they do double duty in the kitchen. Crush a handful of oregano, mint, thyme or rosemary and breathe in the delightful fresh aromas. So, garden with your nose and add some fragrant elements. Place something heavenly scented at your door to greet you and your guests. Ensure that your fragranced plants are placed where you can enjoy and appreciate them. Happy gardening,

Details of the Knox Home Garden Club's meeting venue, dates and times can be found in "What's On Locally" on page 2. Please direct all enquiries to 9739 8783.

Betty Wright

nbn urges people to work with their service providers to resolve broadband issues

In response to the letter published in the February edition of the RLCN, nbn Victorian spokesperson Michael Moore said that "Rowville residents or businesses having issues with phone or internet services delivered via the nbn network should speak with their internet service providers to get them resolved. Internet service providers should be following up these issues on behalf of their customers. These service providers have direct access to nbn and are ultimately responsible for investigating service issues on behalf of their customers. They are the one point of contact for all service requirements for their customers, sometimes working with nbn directly if needed."

Michael continued, "For example, if a service complaint is found to be due to a fault in the nbn network infrastructure, the service provider will refer all the appropriate technical information on to nbn for us to conduct diagnostic testing, send out a technician if need be and ultimately make sure the nbn network is operating as designed."

Mr Moore said there can be a variety of factors that impact on the service experienced by homes and businesses. "Some of these can be outside of nbn's control and are actually the responsibility of the service provider, while some are outside of the control of the telecommunications network entirely, such as the private equipment used in the house or business premises. This is why it is important that a customer has one point of contact ie their chosen internet service provider."

Mr Moore said that people can visit www.nbn.com.au to find information about the nbn network, including how to choose the right package for their needs, as well as progress on building the nbn network in their area.

Editor's Note:- Our thanks to Mr Moore for his prompt reaction to the complaint last month. Whilst some of us will have to wait until mid 2018 for the service, others will be enjoying the benefits already.

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Paul's Photography Patter

Many of you will have heard the phrase "fill the frame" from experienced photographers. Adopting this important advice and technique means you leave your viewers no doubt as to what the subject was you were photographing.

The phrase merely means, ensure the subject you want to highlight is the dominant portion of your photo and the viewer is not distracted by surrounding objects etc. The obvious way to "fill the frame" is to move as close as possible to the subject, but this is not always practical. Another technique is to zoom in on the subject, but again this is not always possible if you do not have a suitable zoom lens.

The third method is to manipulate your photo at home using a Photo software program, or manipulate the photo at the local printing shop. Naturally, I try to get the best photo I can "in camera", as again, the experienced photographers

say to minimise the work on each photo before printing.

I use, what I consider the most important tool, to "crop" in the

Photo software. This process deletes the area around the main subject and makes the subject appear larger in the final photo. You can resize the photo but it generally changes the dimensions of the final printed photo. However, I do not think that is a major fault if it improves the image. You can always trim the edge of the final photo!

I do several other minor and simple manipulations of my photos but I will discuss those in a future issue. However, my main principle is, if I have to spend a lot of time on the computer or at a photo store, then is the photo really worth it?

HINT: "Crop" images, if necessary, to "fill the frame" to ensure viewers focus on the main subject and don't get distracted by surrounding items.

Happy snapping, Paul Lucas.



An image of a glass flower that "fills the frame"

A Young Person's View

The process of getting your learners:

At the moment, like many other teens, I am in the process of getting my learners driving licence. When I was first getting started, I was a little bit confused on the

correct steps to take. Luckily a few of my friends had taken the test and were able to point me in the right direction. However, it is a new chapter of your life and knowing all the facts can really help. I am, by no means an expert, so if after reading this you are not clear on anything or want any further information go to, <https://www.vicroads.vic.gov.au/licences>.

The first thing to do is purchase the 'Road to Solo' driving handbook. It is available in a number of languages, not just English. You can buy this, at Vic roads, newsagents, online book shops or read the online links. You will hear a lot of people say that only the last chapter is important, so don't bother reading the whole book. This is not good advice. I believe it is beneficial to read it cover to cover and would recommend doing so.

As well as reading the book, take the online practice learner permit test. This is located under the 'get your Ls' section under licenses on the VicRoads website. Once you turn sixteen, you are eligible to take the test. It is recommend to book early as the spots fill up quickly. The three closest places you can book your appointment are, Burwood East, Dandenong and Mooroolbark.

Don't forget to take a copy of your birth certificate with you and remember they will not accept a photocopied version. Hopefully this information was helpful and good luck on the road.

Meagan Brooks



Cake Decorators Association of Victoria Rowville Branch



The Cake Decorators Association of Victoria, Rowville branch will be holding their second workshop for 2017 on Sunday April 9th from 10am to approximately 3pm in the Rowville Scout Hall Turramurra Drive, Rowville.

Our guest demonstrator will be Pam Archibald, who will be teaching us how to make a ladies handbag and then decorating it using buttercream. This would make a lovely Mothers Day cake or birthday cake.

The cost for members is \$10-00 entry and \$15-00 entry for non-members. Also the requirements for the day are at your own expense. It is a B.Y.O. lunch, with tea and coffee available.

Please book as early as possible as any demonstration or workshop with Pam is always well attended.

Future workshops will be held in June, July, August, October and November 2017. New members are very welcome.

For all bookings or enquiries please ring Jean on 9763-1702 or Jan on 0412-809024.

Jan Longley Secretary



An Example Of A Pam Archibald Handbag

Learn Jazz From The Experts

Would you like to broaden your ability to improvise in your school stage band? Would you like to learn how to improvise on your instrument and create your own music? If you have answered "Yes" to these questions, you might like to consider learning jazz improvisation on a Saturday afternoon from 1 – 4pm at the Australian Jazz Museum, 15 Mountain Hwy, Wantirna. The cost of the Course is: \$60 for 12 weeks of tuition, plus \$15 to join the Australian Jazz Museum which provides the student with a 12 month subscription to the newsletter, access to the archives (particularly beneficial to the student who might be studying graduate or postgraduate Australian jazz) and facilities to rehearse in outside of the Saturday rehearsals.

The Victorian Jazz Workshops Under 25's Workshops have been running for over 15 years and have introduced countless young musicians to the creative art of Jazz Improvisation. Many of our students have gone on to form their own working jazz bands, study jazz improvisation at a tertiary level and enter the field of music education.

Students tuition and guidance from three of Melbourne's expert music educationalists: Graeme Pender (clarinet and saxophone), Viv Doolan (brass, woodwind and rhythm) and Brian Abrahams (drums and percussion).

It is expected that students can play their instrument to a reasonable standard of proficiency (the equivalent of Grade 5 AMEB). The Course focuses on developing the students' knowledge of chords, transposition, chord progressions, aural training, general knowledge of the jazz genre, difference in styles, and performance skills. It enhances VCE Solo Performance Music Unit 1-4.

If you are interested, please contact: Marina Pollard (9781 4972) or mpollard@ajm.org.au (Convenor).

Marina Pollard



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Centrelink Financial Information Service Info Session: Thursday 2 March 2pm. Recently there have been important changes to the way in which Centrelink asset tests Australians. Join the library team and a Centrelink representative for a special information session detailing these changes and to learn how they may affect you. There will be lots of time for questions and this event is completely free.

Bookings Essential: phone 98006443. Free event.

Coding fundamentals: Thursday 2 March 6.30pm. Join us for an information session designed to introduce adults to the world of programming. It'll provide an overview of how programming works on a general level, as well as assisting individuals in choosing their first programming language and providing direction as to where to go next. If you've got big plans to build an app, website or anything digital, come along to ask any questions and discover the best resources to help you learn. This information session is considered a precursor to the follow up workshop titled *Introduction to PHP* which is happening at Rowville Library on **Thursday 20 April**. Join us and start building!

New group. Family Circle: Join us for complimentary health and wellness sessions at the Rowville Library Family Circle in conjunction with local community partner Rise Health Group "Your Health Care Partner for Life". Held on the **third Thursday** of the month at 10.30am, the next session will be **Thursday 16 March**. To book in, please call Rowville Library 98006443!

Italian Chat: Sessions will be held on **March 8**, the second Wednesday of the month at **2pm**. We have our Italian speaking librarian who will lead this session so that you can practice your Italian (not a class).

Gardening @ Rowville: Tuesday 14 March at 10.30am. **Summer Harvest Seed, Cuttings, Plant and Produce Swap.** Join us in the harvest season for a Gardener's Bookchat, and bring along your cuttings, produce, plants, recipes or simply your garden mojo to swap and share!

All welcome. For further information, phone 98006443

Simply Stitching: will be held weekly on **Wednesdays** from **9.30am**. This is a 'bring your craft session' which anyone can attend. Phone 98006443. All will be made



Frederica at the Italian Chat session

welcome. Refreshments provided.

Tech Help: On Tuesday and Wednesday mornings a staff member is available from 10am to assist people to use the computers (ours or yours!). Everyone is welcome. The sessions are free.

Afternoon Bookchat! Our book discussion group is open to new members to share what they have been reading. A selection of new books will be available. Next meeting will be on **Monday 6 March** at 2pm.

Bookclubs: Three bookclubs each meet once per month - Friday evening, Thursday evening or Tuesday afternoon. Interested? ... Ring Rose 98006439. Total cost is \$36 per person for 2017.

Family History Help: Rowville Library offer **FREE** one-on-one assistance, but first please telephone 9800 6443 for a time, to ensure staff availability. Charles can

assist with a range of research options!

eBooks and eAudiobooks: Book a 45-minute one-on-one session to help you use library services on your eDevice while connected to the library's Wi-Fi... Sessions are also available in Italian. Bookings 98006443

Rowville Writers' group: Next workshop will be Tuesday 7 March and the meeting will be Tuesday 28 March, at 1pm.

Home Library Services: for free book deliveries please ask to speak to Rose or Raelene on 9800 6443.

Chinese Friendship Group: This group meets at the library weekly on Thursdays at 10.30am.

Welsh Language Group: Usually held at Rowville Library on the **1st and 3rd Sundays** of the month **1-4pm** the group will sometimes meet at another location/time. Register your contact details with the Rowville Library staff and a member of the Welsh Group will contact you to confirm time and place. It's free!

Children's activities:

List of regular storytimes held during school terms: Bookings are not required.

Monday 10.30am Pre-school storytime (age 3 - 5):
Tuesday 10.30am Family storytime (all ages)

Wednesday 10.30am Toddler storytime (age 1 - 3) and
2pm Tiny Tots storytime (age 0 - 12 months)

Saturday 10.30am Family storytime will be held every Saturday morning (excluding summer holidays).

Are you a member of the Rowville Community Library? You just need ID to join. Joining is free. Borrowing is free. Normal opening hours are Mondays to Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays 9-4 and Sundays 1-4. Details about the library service are available from our website at www.ert.vic.gov.au, and you can even join on-line.

Rose Thompson, Manager - Rowville Community Library
9800 6443

A man called Ove by Fredrik Backman

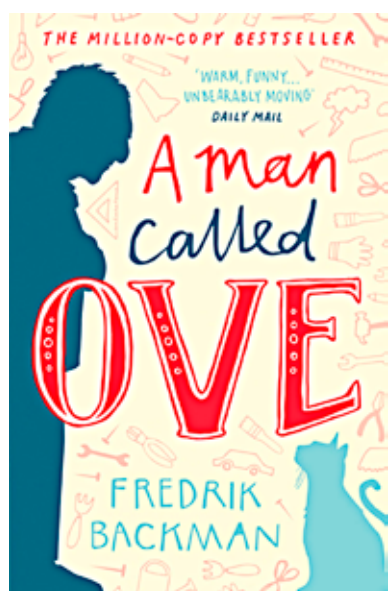


Ove is a grumpy old man. In fact, Ove was always a bit grumpy. This book tells the story of a man called Ove who has lost his wife and as she was the only good thing that ever happened to him, he has also lost the will to live.

He attempts suicide but is unsuccessful and the new neighbours next door seem to be always needing his urgent assistance for a variety of emergencies, thereby delaying his suicide plans.

Ove visits his wife's grave to inform her of his plans to join her as soon as possible, to explain the delays and to change the flowers. He also recounts chapters of his life including the long running feud with his neighbour, which neither of them can remember the reason for.

This all sounds very sad and depressing and in a way it is. It is also very funny, warm and sensitive and through the reading of the book you become very fond of Ove, in spite of his sanctimonious intolerance of others. Many people over the years have told me



that when they finish reading a good book it is like losing a friend. I don't think that I have ever had that exact feeling until I read this book.

The book is a highly recommended read and I am also looking forward to watching the Swedish comedy-drama film based on the book.

Rose Thompson, Rowville Library



Community Group Training 2017 Program

Free training for community groups, clubs and not-for-profit organisations in Knox.

WHAT'S ON:

6 March	So you've joined a committee what now?
22 March, 21 & 26 April	Grants @ Knox
13 May	Working better with others - Half day workshop
24 May	Know your role
5 June	Safe food handling
28 June	Running a Successful AGM

To register or for further details visit knox.vic.gov.au/communitytraining or phone the Community Strengthening team (03) 9298 8000.

All events are held at Knox Civic Centre, 511 Burwood Hwy, Wantirna South, 3152





Knox & District Over 50s

Did you receive a 2017 calendar? Are you struggling to find social events to fill it with? If the answer is yes then can I suggest that you consider becoming a member of the Knox Over Fifties Club? We are a very active and friendly seniors social group who have lots of wonderful events. So come along and join us.

There are various activities the Club has planned for the next few months. In March the club has a trip planned to the city where we board the on-off bus. We are also going to the Ballet Morning Melodies at Hamer Hall and have a day out planned for the Yarra Valley Harness Racing. The club also hosts monthly events with cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and our monthly meeting with a speaker.

Subscriptions for 2017 remain at **\$15.00** for the year. You can of course visit us three times before deciding to join and become a member. You are assured of a warm welcome as you sample the happy and inclusive atmosphere while you enjoy the entertainment and social events planned for the year.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input from all our members.

Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. Our next meeting is Tuesday 28 March 2017 and starts at 10.30am so come early to get a good seat. Make a note in your diary, on your calendar, or on your iPhone and come along to the meeting to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers.

We look forward to seeing you there.

Contact Jill on 9801 4363 for any further information.

Kay McLoughlin (Media Officer)

Waverley Country Club A Heartfelt Call For Support

Have you been touched by Leukaemia or any other serious blood disorder?

We have!

We are residents of the retirement community at The Waverley Country Club and we need your help for our fund raising for the Leukaemia Foundation. As I am sure you are aware the Foundation is the financial support arm

for research and treatment into blood disorders. Four of our number have succumbed to these diseases and left us and their families devastated. Today 35 Australians will be diagnosed with serious blood cancers and they could be members of your family or friends. Many will be saved by the ongoing research supported by the Leukaemia Foundation. Advancements are being made with new treatments being developed but clearly there is much more to do. Please help this great organisation to continue their work of saving lives.

Donations, cheques or money orders can be made to:

The Leukaemia Foundation C/O 'The Residents Committee' Waverley Country Club 60 Bergins Rd Rowville 3178

Ted Buick

Late One Night

By Peter Gray

Beyond the bay the sun was slowly gliding towards the horizon. Streaks of light streamed through fluffy clouds transforming their fiery orange into pink and finally purple grey. Slowly the sun seemed to be sucked into the ocean and completely absorbed. In the warm glow of twilight, as the street lights began to glow, all seemed at peace with the world. As night rolled on the seaside restaurants filled with diners. They ate and drank under a moonlit sky, then left and dispersed into the night, some walking along the sea shore, while others drove away.

One couple chose to stroll along the row of shops in



which the restaurant was nestled, happily window shopping in the curio stores and jewellery shops, squeezed together along the foreshore. They had only been together for a short time and this was the first time they had been out to dinner. Their conversation was a bit awkward. They entered into all sorts of topics of conversation. Things he talked about were of little interest to her, and vice versa. They both tried to avoid talking about politics and religion. They finally got around to discussing whether the arts should be government subsidised

or should they survive on their merit as other businesses do. He was soundly of the opinion that they should support themselves, while she thought the opposite. Her point was how can a painter or sculptor survive on the sales of his or her work when the true value of a piece of art is often not recognised until after the death of the artist? It was

Knox Council Your street Your choice

Innovative street trees portal goes online

Knox Council is leading the way when it comes to planting street trees the community actually prefer.

Mayor Darren Pearce said an easy online survey is probably an Australian-first—for residents of streets selected for Council's annual Street Tree Renewal program.

"Starting this month, we're using an easier-than-ever online survey to find out what residents would like when we deliver new trees for their street," he explained. "Gone are the days when we just head on down to a nursery and pick out plants to put in the soil along the kerbside. We have used paper forms before, but online it will be so much easier and save money."

The Mayor concluded, "Once we get a majority verdict for individual streets, that's what we will plant."

This is how the process will work;

1. First, a card written in plain English will be dropped off to residents when a planting program is due for a street.

2. The resident can then go online at knox.vic.gov.au/trees to choose the look they would prefer for their kerbside, or request a paper copy.

3. The results will be communicated back and Council can then deliver the majority verdict during actual planting.

"Not only will this initiative deliver what people actually want," Mayor Pearce said. "It will also help save ratepayers funds and that's a key priority for Council."

agreed by both that some art is rubbish and isn't worth the canvas it's painted on and shouldn't be subsidised. But who decides a work of art's value? He went on to talk about the Ballet and Opera. Why should the general public pay to subsidise the elite few who perform to a tiny proportion of the population. Wouldn't government money be better spent financing an enterprise that had a significant benefit to all of the community? But what enterprise could the government support that would be economically viable and not continue to drain the public purse? She pointed out it seems that everything the government subsidises either goes broke or shuts down. Just look at Kodak and the auto manufacturers to name just five.

As they walked back to the car they tried to talk about things of common interest. He opened the car door and ushered her into the passenger seat and gently closed the door, walked around the car and slipped down into the sumptuous seats of his prestigious convertible. The conversation lapsed for a while as they drove to her apartment. She broke the silence by asking him to walk her to her door because she was a bit scared to walk down the pathway in the dark late at night. He obliged and they walked to her door whereupon she asked him in for a coffee. It was the first time he had actually been inside her apartment. Her apartment was meticulously organised. There was a place for everything and everything in its place. It seemed to him to be almost clinically clean, even the smell. Not that his place wasn't clean, but it did have that lived in look and smell of a single man's home. Where she had dainty ornaments and vases of flowers he had an Xbox and audio visual equipment strewn about on a well used entertainment unit.

He was totally unaware that she had started her "partner suitability test". So far he'd fared well in the way he looked, dressed and presented himself but he was insensitive to some things she cared about passionately. She set about making coffee and putting some sweet biscuits on a plate, while he sat on the sofa and watched. He sat waiting for her to bring the coffee and biscuits over to the coffee table, without offering to help. This was one of her tests. Not helping would be a big fail. The coffee was finished and she cleared up the cups by herself. All the while she was assessing him. Although he stacked up well in appearance he came across as a bit uncaring, maybe selfish. She decided that he didn't have the qualities she desired. He stood up and headed for the bedroom, she took his arm and steered him toward the front door, intimating it's never going to happen.

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Eastern Community Legal Centre

'Taking Good Legal Care of Yourself'

Tenancy issues, fines and debt are common problems that can cause people a great deal

of distress and anxiety. When these issues arise, it can be tempting to simply look the other way and hope the problem will resolve itself. However, it's always best to address legal and financial problems as soon as possible to stop them escalating.

ECLC can provide free and confidential advice on:

- Tenancy law – your rights if you are renting your home from a private landlord and have been served with an eviction notice or unfair 'fees' and costs;
- Debt – your options about making affordable repayments;
- Consumer law - your rights when signing contracts, purchasing goods and services; and
- Fines - your rights to challenge fines or negotiate affordable repayments.

Timing is very important in matters of the law. Even if you are unsure whether your problem is a legal one, ECLC encourages you to call us as soon as possible for a confidential discussion.

George's Story

George is the sole provider for his daughter and partner. When George lost his job, it created serious financial hardship for his family. After 3 months, George decided his family's tenancy was no longer affordable and advised the real estate agent that he would need to break the lease. As the property was already on the market for sale, the agent believed it would be easier to sell without the tenants. They agreed to release George from the lease and waive the lease-breaking costs. When the property did not sell at auction, the agent argued that the agreement was void as it was not in writing and the full lease-breaking costs would be sought.

George contacted ECLC. He believed he was responsible for the costs and was becoming distressed because he could not afford to pay them. The Tenancy Advocate explained to the real estate agent that the Residential Tenancies Act does not require the arrangement to be in writing and does not

allow the landlord to revoke their verbal agreement. The agent and landlord disagreed with this advice and said they would apply for compensation for loss of rent/letting fees through the Victorian Civil and Administrative Tribunal (VCAT).

After seeking their own legal advice, the agent and landlord told the Tenancy Advocate they would formally withdraw their application to VCAT. They refunded George's bond in full the following day.

Can we help you?

If you're unsure if you need legal help, answer the following questions:

- Are you due in Court?
- Is anyone chasing you for money?
- Do you have unpaid fines?
- Are you a tenant and do you have hassles with bond/rent arrears?
- Are you experiencing violent, threatening or controlling behaviour by someone you know and trust?

If you have answered 'yes' to any of the above questions, or you are unsure, please call on 9762 6235 to find out what help is available. If ECLC cannot assist you, you will be referred to the right service for your particular need.



February was a very busy month at the kitchen. Firstly the new school term commenced and we delivered hundreds of sandwiches, cooked meals and many kilos of fresh fruit to ensure our primary school students have full tummies so that they can learn to the best of their ability.

On February 2nd we celebrated Chinese New Year with 100 diners sharing lunch. We welcomed Knox Council CEO Tony Doyle, Mayor Darren Pearce and Mayoress Mrs. Susan Pearce, Councillors Seymour, Lockwood, Taylor and Keogh.

Our sponsors, Coles and Asian Inspirations, contributed to our three course lunch, the highlight of which was the "Prosperity Toss". There were many laughs as everyone tossed the 18 ingredients as high as they could to welcome an abundance of good health, good luck, money, prosperity in business or promotion at work.

Alyson and Liz, community organisers from Bunnings Scoresby volunteered to serve our diners along with Steve of L J Hooker.

Our guest chef Lillie, Chef Frank and myself have all

WALKING THE NEWS FEBRUARY 2017

WELCOME to new Distributors – Claire Stafford & Luv Vaida.

THANK YOU to retiring distributors – John & Rhemy Brady (20 years) and Kath Davison (10 years).

Voluntary Positions

Can you or do you know someone who can be a distributor in the following areas?

- *1A-06 - Candlebark Quad – 50 papers
- *1A-14 - Bareena Av – 37 papers
- *1A-15 - Seebeck Rd (odd #'s 3 to 79; even #'s 4 to 70) – 50 papers

Please contact – Peter Rumble – 9752 7592

- *2A-05 - Hillview Ave & Lidgate Ave – 46 papers

Please contact – Jan Bates – 0418 583 631

- *3A-15 - Quail Way (even #'s 4 to 26; odd #'s 3 to 45), Goldfinch Pl, Whipbird Ct – 60 papers

- *3A-18 - Quail Way (odd #'s 73 to 101), Montague Ct, Cleveland Ct, Glenn Ct, Ian Ct, Nicole Ct, Dani Ct, Sheridan Ave, Pia Dv (even #'s 68 to 80; odd #'s 69 to 77) – 125 papers

- *3A-22 - Quail Way (even #'s 28 to 88; odd #'s 47 to 69), Harwood Ct, Chatsworth Ct – 60 papers

- *3B-08 – Salerno Way (except 2 houses), Brearley Ct, Ferrier Ct & Whitton Ct – 75 papers

Please contact – Shirley Oudshoorn – 9764 4672

- *5A-04 – Wedge Cr, Karoo Road (odd #'s 7 to 21) – 49 papers

- *5B-04 – Sovereign Manors Crescent – 130 papers

- *5B-09 - Wahroonga, Gwalia & Regents Park Crts, Kellbourne Drive (from Murrindal Dr roundabout to Karoo Rd), Karoo Rd (even #'s 208 to 216) – 110 papers
- *5B-10 - Minya, Neerim & Caloola Cts, Kellbourne Dv (from Landsborough to Murrindal Dr), Cascam Crt – 119 papers

- *5B-15/5C-12 – Karoo Rd (even #'s 226 to 250); Langhorne Dr (odd #'s 1 to 11), Parklane Way, Victoria Knox Av (even #'s 2 to 22), Karoo Rd (odd #'s 231 to 251) – 52 papers

- *6A-17 – Dandelion Dr (even #'s 166 to 188), Wentworth Av (odd #'s 3 to 15), Airrie Crt, Balmoral Crt, Silkwood Stars (Child Care Centre) – 50 papers



Distributor of the Month

This month's distributor of the month is Nadia, who delivers 120 papers to Erskine Drive and Valley View Drive plus the surrounding courts at the top end of Taylors Lane. Nadia has been a volunteer member of the distribution team of the RLCN for the past 16years. She and her husband Tony moved to Rowville 27 years ago, having built their home, in what was then, a sparsely occupied area. They have two adult children and Nadia works as an Administrative Officer for Mental Health.

Nadia came to Australia in the early 70's from Lebanon and she has been able, with the help of her brothers, to sponsor other members

of her family to come and live in Australia. She is a bit of a linguist, speaking 4 languages and in her early life she was an airline stewardess.

In 2016 Nadia received her 15 year award from the RLCN presented by Mr Alan Tudge the federal Member for Aston. On receiving her award Nadia said, "I am Assyrian by Race, Lebanese by Birth, but I am an Australian Citizen."

RLCN is proud to recognise Nadia as this month's Distributor of the Month.

John Woodward

Nadia receiving her '15 years as a distributor of the RLCN' certificate in 2016

- *6A-18 – Willow Ave (even #'s 32 to 94), Poplar Cl, Jasmine Ct - 55 papers

Please contact – Peter Rumble – 9752 7592

1 x Area Contact Person (ACP) - who liaises between the distributors and the Distribution Co-ordinator.

Area 1 – This is the Timbertop Dr and Seebeck Rd Estates.

Peter Rumble - 9752 7592 - Distribution Co-ordinator

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9764 1119
Email: inquiry@boyddance.com.au

participated in several cooking competitions. Our recipe this month is a really healthy tasty noodle dish which is easy to prepare and even easier to eat.

February is the beginning of our school cooking classes in two of our local primary schools. Our focus this term is on healthy and nutritious, easy and inexpensive Asian inspired dishes. Students will prepare meals to take home with the recipes for their families to share so they can cook at home.

We would love to hear from you if you share our values for good food, feeding empty bellies, reducing food waste and would like to volunteer on a regular basis.

Please give Christine a call on 1300 363 723.

Christine Smith

Longevity Noodles

This dish was for Lillie my Vietnamese chef girlfriend for Chinese New Year. It is an ancient Chinese belief that long noodles are the key to a long life. It is very important not to

cut the noodles whilst cooking or eating.

Ingredients:

4 x dry noodles
2 tbs cooking oil
4 x eggs – to line wok that is not non-stick
2 x carrots – julienned
2 x large capsicums – different colours & sliced thinly
Clove of garlic crushed
1 x large onion – cut vertically & sliced thinly
120gm fresh bean shoots
3 x bok choy



Sauce:

2 tbs oyster sauce
6 tbs light soy sauce

2 tbs sugar
2 tbs water

Method:

Pre-soak noodles in cold water (20-30 minutes)

Peel and cut onion lengthways

Julienne carrots, capsicums and cut bok choy lengthways

Combine all sauce ingredients in a small bowl and set aside

Drain noodles

Heat wok and add oil when hot

Over a med heat break in eggs one at a time and with flat of slice break up eggs so they don't stick to wok

Add onions & garlic when heated through add carrots

Add noodles in handfuls

When heated thoroughly add sauce mixture

Add capsicums then bok choy

When bok choy is wilted add bean sprouts, toss and serve

Serves four

50th Anniversary Knoxbrooke

Knoxbrooke will be celebrating its 50th anniversary on Saturday, 25 March 2017 commencing 10.30am for an 11am start at 977 Burwood Highway, Ferntree Gully. Parking is available on Winwood Drive, Ferntree Gully. All members of the public are warmly welcome to attend this important day of celebration. Please contact reception by Friday 3 March on 9758-3666 or reception@knoxbrooke.com.au to register your attendance.

Rotary Belgrave and Ferntree Gully were instrumental in starting Knoxbrooke in 1967. To make Knoxbrooke a reality, hundreds of people sold fundraising bricks, over 200 donation tins were placed in shops and donations were solicited from schools, businesses and the public.

A public meeting was called where several hundred people attended. It was clear from the meeting that the establishment of a school for children with a disability was a pressing issue in the local area and needed urgent action. Once the funds were raised, land was secured, buildings built and a school established.

On 23 July 1969, 20 children started school and whilst the school is now gone, Knoxbrooke continues to actively engage and support over 250 adults with disabilities and assists individuals in achieving outcomes through support, education and employment. It is registered for the NDIS and looks forward to continuing to offer support in our local area.

In addition to providing disability support, Knoxbrooke operates 4 social enterprises employing over 140 people with a disability with the flagship enterprise being Yarra View Nursery in Mount Evelyn, a wholesale nursery that produces in excess of 1 million plants per year.

To find out more about Knoxbrooke and its story, check out www.knoxbrooke.com.au.

Kristian Dauncey | Chief Executive Officer



Brendan learning new skills with Claire

Happy 25 GREAT YEARS Birthday Celebration Aussie Home Loans Thank you for your support



AUSSIE ROWVILLE
Shop 35A, Stud Park Shopping
Centre, Rowville VIC 3178
03 8740 1818 or 0409 786 121
aussie.com.au/rowville
rowville@aussie.com.au

AUSSIE KNOX
Shop 1057
(L1, next to Flight Centre)
Westfield Knox Shopping Centre
425 Burwood Highway
Wantirna 3152
9887 4088 OR 0409 786 121
knox@aussie.com.au



Nari Khera
Franchisee

Keep on Walking !

Walking is one of the best ways for seniors to keep active and fit. It is a 'Life Activity'! Did you get a 'Fitbit' for Christmas? Now is the time to strap it on and see how many steps you can do in a day.

Walking is a gentle, low-impact exercise that's easy, free and available to everyone. Don't jog or run as this puts extra stress on your body. Seniors walking alone is also not recommended.

8 reasons why walking is great for your health:

- Walking strengthens your heart
- Walking lowers disease risk
- Walking helps you lose weight
- Walking delays the onset of dementia
- Walking tones up legs, bums and tums
- Walking in the sunshine boosts vitamin D



**Sunday Walkers under the Banksia
Street pipe bridge**

- Walking gives you energy
- Walking makes you happy

There is evidence that an active lifestyle reduces the risk of heart disease, diabetes, osteoporosis, obesity, colon & breast cancer and dementia.

There are over 20 walking groups in the City of Knox, enough for you to find one that suits your schedule, walking distance and pace. The Council has provided over 1200km of paths around our area.

LAC Knox is a community group managed by volunteer members. It provides 22 activities for seniors in the City of Knox. 5 of these activities involve walking:

- Bush Walking – Every Thursday in The Dandenongs, Warburton or Warrandyte areas
- Friday Walkers – 2nd & 4th Fridays of the month (March: Royal Park & Healesville)
- Garden Visits – 2nd Wednesday of the month (March: Ferntree Gully)
- Street Orienteering Walkers – 3rd Friday of the month (March: Knoxfield)
- Sunday Walkers – 3rd Sunday of the month (March: Berwick)

All these groups involve a leisurely walk for most of the day, except for the Street Orienteering, which is a fun one hour walk finding answers to clues followed by a cuppa and a chat. The Garden Visits group's prime purpose is viewing beautiful gardens, but you still have to walk!

One new Street Orienteering walker recently commented: "I enjoyed the company of others, the sense of achievement and the refreshments afterwards. I'll definitely be coming along next month".

You may 'try before you buy' and participate in 3 activities before you must join the Club to be covered by their insurance. For more information about Life Activities Club Knox and all the community activities they provide, please contact Margaret on 0481 831 788 or knox.enquiries@life.org.au or visit the LAC Knox website: www.life.org.au/knox. They are also on Facebook and Instagram.

Tirhatuan News

With Cr Nicole Seymour



Closing, Departing and Fishing

Well after a couple of months break from writing my regular piece for the Rowville Lysterfield News, it is with enthusiasm that I sit at my computer to write this for you. For the last couple of years I have focused my writing largely on topics relevant to those over 55 around positive ageing in Knox. My passion for making a difference for Seniors is as strong as ever and I will be continuing this regular column in 2017.

Often however there are other items of broader community interest that I would like to share information about or make comment on. Providing Editor David approves and allocates space, I hope to also have a new column more specific to Council related issues under the heading "Tirhatuan Ward News".

There is quite a bit going on in southern part of Knox that is newsworthy. Firstly, I was personally saddened at the closure of The Tea House at Stud Park. Olivia and staff worked so hard to make the business a success and yet it became a casualty of ever increasing rent and operating costs. It seems small businesses are finding it increasingly tough to stay in business with little support from any tier of government. Businesses such as The Tea House play an important role in the fabric of our community, they provide an opportunity for people to feel a sense of connection, belonging and safety. Whilst I am not aware of any formal plans, I am hoping that AMP Capital who own Stud Park will continue to invest in the revitalization of the Centre

with new and varied tenancies and functional improvements that make it a preferred place to shop.

Farewell Rose! For the last 26 years our community has been blessed with having the best Library Manager, Mrs Rose Thompson however this April she is saying farewell and moving on with the next exciting phase of her life – well-earned retirement. Rose has been instrumental in making the Rowville Library a highly-valued community space. Her passion for people and caring personality have resulted in Rowville Library becoming a place where all people feel welcome and where the library experience is more than borrowing books. On behalf of the Knox community I express our heartfelt thanks to Rose for your many years of service. We will miss you greatly and wish you well in your travels.

Finally, I would like to do a shout out for the upcoming Rowville Lakes Fishing Day hosted by the Knox Boat Fishing Club which is to be held on Sunday April 9th (9am – 3pm) at the Rowville Lakes reserve in Lakeside Boulevard, Rowville. This is a fantastic free event and one I highly recommend families come along to. My children absolutely loved it last year and the gents from the Knox Boat Fishing Club were brilliant in helping the kids learn how to set up and cast their fishing lines. This event is one that would be great for grandparents to be involved in with the grandkids, so why not bring a picnic and make a day of it. It is important that you register first if you are planning to attend so that you are allocated a fishing spot. For more information contact the Knox Boat Fishing Club on 9720 7497 or via their Facebook page.

That's all for now. Have a great month.

Cr Nicole Seymour Tirhatuan Ward

M: 0427 245 834

e: nicole.seymour@knox.vic.gov.au

Editor's Note:- The Tea House has gone and it has been re-opened as the 'Quirky Bean' a coffee shop which I am informed is associated with 'Choco Bean' in Wellington Village.

No Ordinary Life – Positive Ageing in Knox

Knox – a great place to grow old

Recently I looked over the articles I have written for the RLCN over the past 18 months and cast my mind forward as to what issues are likely to be of interest for 2017.

There is no doubt it is a challenging time for Seniors with financial security a common topic of conversation. It is not my intention to discuss Federal and State policy regarding pension thresholds and aged care reform, as this is outside the remit of local government. I am, however, very interested in the health and wellbeing of our Senior's community and what we as local government are doing to support Seniors to live independently, to have access to the services and community infrastructure needed to live well and to facilitate a strong social support network through family, friends and community groups.

Knox Council is committed to supporting the physical, social and emotional wellbeing of older Knox residents, valuing the terrific contribution our Seniors bring to our community.

Council does this by directly providing services for Seniors such as Meals on Wheels, Community Transport, basic domestic support and much more. In addition, Council invests in community facilities and infrastructure to support age friendly social inclusion, such as our Senior Citizens

Cr Nicole SEYMOUR

Tirhatuan Ward Councillor
Knox City Council

0427 245 834

nicole.seymour@knox.vic.gov.au

 Cr Nicole Seymour

*Thank you for your support.
I am honoured to represent you
for the next four years.*



Authorised by N.Considine 5 Nattai Court, Rowville

Vale Tom Blazé

Knox Council's three-time Mayor

Knox Council is mourning the loss of its former leader who served three terms as Mayor across more than 20 years as a Councillor. He passed away on 6 February.

Former Mayor, Dr Tom Blazé first served 14 years as a Councillor of the then Rowville/Scoresby Ward from 1980 to 1994. That period included terms as Mayor in 1985-86 and then in 1994. When Tirhatuan Ward was formed following Council amalgamation, Tom again returned as the local Councillor, from 1997 to 2003, during which time he also served as Mayor, in 1998-99. "Tom is someone who lived and breathed Knox," Mayor Darren Pearce said in tribute. "He was a man who loved his community and they loved him back. Knox is privileged to have been led by such a man," he added.

Most notably, Mayor Tom Blazé was the leader at the helm when the Council suffered a devastating fire at its Civic Centre in 1994. Tirhatuan Ward Councillor Nicole Seymour said many staff from that period would remember his leadership. "Mayor Tom had a calming presence, talking and encouraging the whole Council team to keep their chins up while efforts were made to rebuild the lost office space," she explained. "That's the

sort of person he was; calm, reassuring, and a leader we can all be proud of.

Another key achievement of former Mayor Blazé was in being an important figure in the early discussions towards the development of EastLink, when Council presented a proposition to the State Government of the day for an integrated transport strategy.

Mayor Pearce said Tom served in local groups such as the Knox Rotary Club, and numerous memberships of sporting groups, demonstrating a love for tennis, hockey, cricket, golf and squash.

Dr Blazé served on several key representative bodies, including Chair of the Knox Community Recreation Association, along with key roles in the Knox Leisureworks Development Committee, Arts Facility Steering Committee, Waterford Valley Golf Course Advisory Committee, the steering group for the development of Knox's Municipal Recreation Plan, Chairperson of the Police Paddocks Advisory Committee, Tirhatuan Park Recreational Area Management Committee, and Dandenong Valley Park Advisory Committee.

"We all mourn his loss this month, and have his family in our thoughts and prayers," Mayor Pearce added.

Dr Tom Blazé,

3 August 1944 – 6 February 2017



Centres, Libraries, U3A building, Knox Leisureworks and community centres.

In addition to being a direct provider of services, Council is often a partner with external health agencies in the delivery of health and wellbeing services. Examples of partnerships would be those Council has with EACH Social & Community Health and Bridges.

Unfortunately, Council doesn't have the funds or resources to provide all the services we know our ageing community requires. We do have a vested interest though in the wellbeing of our citizens and therefore take an active role in understanding our community's needs and reflecting them in our municipal **Knox Community Plan**. This then helps us to lobby Federal and State Government for funding to support Knox specific programs and to advocate to other not for profit and/or private providers to fill the service gap.

The **Knox Community Plan 2017-21** is currently in development and the final draft will be put out for public consultation at the end of April. Whilst a significant amount of research and stakeholder engagement has gone into the plan's development, it is important that you the community read it and are satisfied with the direction your Council is proposing to take for the next four years and thereby influencing how your rates are going to be invested back into the community. I encourage you to read the draft plan and make comment on any areas within it that you feel could be improved or have been overlooked.

More than 18% of Knox residents are aged 60+ and our municipality has an ageing population so we need to ensure we apply foresight into planning and service delivery. The Draft Knox Community Plan will be available from the 25th April via Council's website or copies can be obtained from the Civic Centre.

Cr Nicole Seymour, Tirhatuan Ward

Darren Pearce Column A Personal Tribute to Tom Blazé

I wanted to use this month's column to pay a personal tribute to the late Tom Blazé. I had the honour to represent Knox City Council at his funeral at Boronia Community Church of Christ, Boronia, on February 16th. As a testament to the respect in which he was held, the Church was packed out with literally standing room only and at least *nine* former Knox Mayors were present to pay their respects.

Until quite recently Tom was a long term Taylor Ward resident, living in Major Cres Lysterfield. I knew Tom personally as an acquaintance. I knew he had been ill for a few years, but the last time I saw him was at a meeting in December last year, where he had looked better than I had seen him in ages. So I was very shocked to hear of his passing a few weeks ago.

Apart from being a dedicated dental surgeon and active representative on a number of local community

organisations, he also served as a Knox City Councillor for more than 20 years. First as a Councillor of the then Rowville/Scoresby Ward for 14 years (1980-1994), then as the Tirhatuan Ward Councillor upon its formation following Council amalgamation, for a further 6 years (1997-2003). During his tenure he also served as Knox's Mayor for three terms. (*For further details on Tom, see his obituary in this edition Ed.*)

I remember in my first term as Taylor Ward Councillor, one Saturday afternoon when I was door knocking in Lysterfield, I was greeted at the front door by Tom. I was surprised how modestly Tom lived given how successful he was in his profession. But this reflected Tom's character; quiet, modest and a true gentleman. We had a discussion for over an hour about Knox Council and what he viewed as the attributes required to be an effective Councillor for the local community, advice I took on board that has served me well since!

To his wife Carman and family, I am sure all of us who knew him would agree we have lost a great member of our local community.

Darren Pearce Knox Mayor & Taylor Ward Councillor.

The 2017 U3A Quilt & Craft Exhibition & Sale

The above exhibition and sale will be held in the performing arts centre at the Fairhills Secondary School on Saturday 8th and Sunday 9th April from 10.00am to 4.00pm each day. Entry is \$5.00, which includes a catalogue.

There will be six categories, all with cash prizes:-

- Patchwork & quilting
- Knitting, Crochet, tatting

- Embroidery, cross-stitch, tapestry, hardanger.
- Card craft
- Paper Tole
- Creative craft – e.g pottery, floral art, woodcraft, doll-making.

Prospective exhibitors should visit our website, www.u3aknox.org.au where an application form may be found, or call 9752 2737 for details.

Come along and see works by local craft people and pick up a bargain gift at one of the several craft stalls. Light refreshments will be available.

John Ford

- 🌈 Green Pool
- 🌈 Regular Servicing
- 🌈 Casual Servicing
- 🌈 New Pool Handover
- 🌈 Party Servicing
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Another Great Year In Prospect

The 2017 football season is not far away, with all teams now training. We still have some places in our teams so please contact the club if your child, girl or boy, is interested in playing football. If you are new to football and are not sure, come down to training and see if the kids like it or not before you commit to the team. Contact us on rowvilleknights@gmail.com for all enquiries, or Natalie Williams 0417 346 863.

The Rowville Knights had great success with our girls' team last year and will be running girl's teams in all age groups. It is amazing seeing the numbers at training! If you are interested in playing at a community club that welcomes all players regardless of experience or background, we are the club for you. For enquiries on girls teams contact Brad Slater on 0418 325 018.

Our club is in a great position on and off the field,

we are financially sound, with good governance and committed to providing our children and families with a positive experience at the Rowville Knights Community Football Club. We have a proud history of ensuring kids reach their full potential. We had players representing the club in various EFL teams. Our success is no secret, because we know that kids will achieve their best when having fun in a supportive environment, playing with their mates.



Rowville Knights are proud to be aligned with both the St Simon's Auskick and Rowville Knights Auskick. Auskick registrations are now open at www.aflauskick.com.au. Both Centres operate on Saturday morning with St Simons operating at Stud Park and Rowville Knights operating at Liberty Avenue.

If you are looking for the first time or want a change of club the Knights has a great inclusive culture for all kids no matter their skills or experience.

Follow us on Facebook, Twitter, our app or the website www.rowvilleknights.org.au

Natalie Williams



Rowville Knights Auskick starts first Saturday of April

Registrations are now open for the 2017 Auskick Season. We operate at Liberty Avenue on Saturdays from 9.30am to 11.00am. All players are welcome, including Kinder Kids and Kids with special needs. If you love footy, you'll love Rowville Knights Auskick.

Co-ordinator Andrew Williams said, "Being involved with Auskick is great. To see the kids starting in the kinder/prep group and then years later seeing them playing in the older age groups of junior footy, provides a sense of achievement. I have been involved in Auskick for over ten years and one thing I have learned is that it has to be fun, for the kids and the parents. We actively encourage (some may say pester) our parents to get out, get active and join in. We have drill cards so that even parents who are not into

footy, can join in. I will even loan them out if you want to run some drills at home"

"Whilst we are aligned with the Knights and as a parent of two Knights players say it is a great club, kids need to play where they are happy and will get the most fun and enjoyment, or they will never achieve their best." Mr Williams said. "The alignment does not mean that your child will have to play for the Knights, as with all Auskick centres, parents have the freedom and discretion to choose their child's club."

Registration is open at www.aflauskick.com.au search Rowville Knights Auskick

Andrew Williams Coordinator

Heany Park Auskick 9755 5626

Anagram Teaser

Rearrange the letters to reveal which Church:

Best In Prayer

Last Month's answer...Astronomer



Sporting Roundup is sponsored by Kim Wells MP, State Member for Rowville.

SPORTING ROUNDUP



Lysterfield Junior Football Club is very excited about our 2017 season. Our registration day last Saturday proved to be our biggest registration day for some years with our membership numbers reaching nearly 400 members. It's going to be a really exciting year

for the club!

In 2017, LJFC will be fielding 18 sides in the Eastern Football League from Under 8's through to Under 17's. We still have places available for all ages other than 12's and 13's, so if you are interested in joining our club please contact our Registration Officer, Rohan Young on 0412 377 866 or download a registration form at www.lysterfieldjfc.org.au it's not too late to join!

Pre-season training has already commenced for some of the older age groups and certainly new players are welcome to join.

We will also be entering a girls under 12's team so we would be keen to meet any girls who would love to give footy a go! This is a very exciting time in football and we welcome any girls who are looking at participating in this league. Any interested players should contact Rohan Young on 0412 377 866 or email secretary@lysterfieldjfc.org.au Come on girls give it a go!

LJFC will be holding Auskick this season at Lakesfield Reserve on Saturday mornings in April. To register, go to www.aflauskick.com.au/register, click on "Register" and search on "Lysterfield" in the Centre Locator. For further details contact Brad McNay on 0409 149 868.

Lysterfield Junior Football club is a family orientated club with regular family nights, award nights and many other social events, it's not just about the kids!

We have a strong culture of fairness, equality, inclusion and friendship. We are proud of the environment our club provides and promotes and we would welcome any new members to come on down and join us!

Julie Gould – secretary Go Wolves in 2017!

Waverley Warriors

AFL Masters is **football for fun** that allows mature players (over 35) the opportunity to participate in our great game of Australian Rules Football and to compete with similarly aged players in a safe, well organised and enjoyable atmosphere.

We highly value men's health and wellbeing, and play within a set of modified rules, designed to reduce the risks of injury and has the benefit of being acknowledged and supported by the AFL as well as the Australian Sports Commission. Games consist of 4 x 20 minute quarters, a couple of modified rules and a few scoring modifications, other than that it's footy as you've always known and loved it. In 2016, our over 35s played in the Grand Final at Casey Fields!

The opportunity to participate at a club level, to be competitive, maintain fitness and to above all enjoy your footy with your mates, friends and family is the main motivation of the players at Waverley Warriors. We are all a bit older and wiser now. Our priority is to enjoy first and win second, share the highs and lows with your mates. It's not just about footy, as we also enjoy the many family orientated events throughout the season, and don't forget the end of season Footy Trip! Get off the couch, dust off the boots and join us for a couple of training runs to see how you go. All skill and fitness levels are more than welcome!

Our home ground is at Meade Reserve, Clayton, however many of our players live in and around the Rowville/Lysterfield area and as far out as Lilydale, Doncaster and Blackburn!

Our preseason training has started: 6:15pm every Wednesday at Meads Reserve and games are every second

Little Athletics

Rowville/Rowville Lakes

It's Cross Country Time

The track & field season is coming to a close at the end of March, but Little Aths Cross Country starts on Saturday 8th April. Come along for our Cross Country registration day at Koomba Park.

Congratulations to **Natasha Kindler** and **Lachlan Monteath**, who finished 3rd in their age group at the State Multi-Event Championships at Bendigo. Excellent results the both of you.

The Knox Little Athletics Centre hosted the EMR Championships this season and it was a fantastic weekend. All the little athletes and their families who attended from the Eastern Metro Region had a wonderful time. As we have become accustomed to expecting, the little athletes performed to the best of their ability and they all did an amazing job. Congratulations to all of the participants.

Knox Championship Day was the last track and field meet for this season on Saturday 25th February. Results will be published in next month's RLCN.

Good luck to all of our athletes who progressed through to the State track and field championships which will be held on 11th and 12th March at the Lakeside Stadium, Albert Park. You have performed exceptionally well to have qualified through to this point, continue to do your best and don't forget to enjoy the whole experience.

The Knox Little Athletics Centre participated in the Little Athletics Relaython on 4th Feb. Collectively we ran over 50km that morning during our regular meet and we raised over \$1,700 for the Royal Children's Hospital. Thank you to everyone that participated and donated.

Let's look at the recent magnificent achievements of our little ones:-

PBs Gold Medal (30xPBs):-

- Jesse Eickhoff, U15B; Dharam Deol, U14B; Tristan Farrugia, U7B

PBs Silver Medal (20xPBs):-

- Alisha Downie, U13G; Liam O'Rourke, U12B; William Darragh, U12B; Lily Ryan, U12G; Natasha Kindler, U11G; Abbey Hickey, U11G; Khushi Deol, U10G; Luke Monteath, U9B; Monique Kindler, U9G; Michael Di Scala, U8B; Zac Mellech, U8B; Joshua Henkul, U7B; Alexander Karaikos, U7B; Finn Lambie, U7B; Mackenzie Horne, U7G

PBs Bronze Medal (10xPBs):-

- Tyler Gray, U16B; Jake Phipps, U15B; Holly Hodges, U15G; Madeline Reynolds, U14G; Jennifer Sahely, U13G; Skye Marriott, U13G; Paige Madeley, U12G; Hayley Eickhoff, U12G; Claudia Irving, U12G; Dylan Madeley, U10B; Ryan McLeod, U10B; Corey Mason, U9B; Joel White, U7B; Damian Baldy, U7B; Olivia Killian, U7G; Noah Kavanagh, U6B



Sunday during the season. There are 10 games in total.

The 35's Coaching Position is now open for applications!

For all enquiries please call: Steve Bell 0407 238 376, Mark Barber 0418108 857 or Matt Devenish on 0458 990 040. Email: news@waverleywarriors.com.au F. Warriors Facebook. *Steve Bell*



**9 Dempster St,
Ferntree Gully
9758 7011
Sunday Evening
Mixed Netball**

A Sunday evening mixed netball competition is run at the Knox Regional Netball Centre. There are different sections in the mixed competition so we are able to offer competition for everyone. We have work teams, friends' teams, family teams; in fact all teams are welcome. There isn't a strict uniform code just that all teams have the same coloured tops. Games are played on indoor courts with sprung floors



Action During Last Month's Roller Derby

and fully qualified umpires. If you would like to get a mixed team together then please contact the centre for an entry form or head to the website www.knoxnetball.com.au/downloads

Individual Players looking for a game of netball

We have a register for players looking for a game of netball. If you want to join a team on a Friday morning, Sunday mixed or Ladies night time competition then contact the centre on knox.netball@knox.vic.gov.au

Ready4Net

This is a netball program for 5-7 year olds. Learn the skills to start playing netball with lots of fun games and drills. This program is run on the indoor courts at Knox Regional Netball Centre on a Thursday afternoon and will commence in March. To register your interest please contact the centre at knox.netball@knox.vic.gov.au

Saturday Club Netball

March sees the beginning of the 2017 Winter Saturday netball competition. The Saturday competition is open to 7 year olds right through to Open players. To find out more about this competition and the clubs who compete it in log on to www.mountaindna.vic.netball.com.au

More information on these programs and the centre can be found at www.knoxnetball.com.au or contact us knox.netball@knox.vic.gov.au or 9758 7191

Rosalind Montgomery



Check out the <http://klac23.org.au> website for more details.

For more information on Little Athletics, contact Claire Lillie 0421 300 467 or Rob Monteath 0401 699 413.

Jazz Deol



BOXING BOOTCAMP

Ladies only Boxing Bootcamp is a high energy, fun workout that will give you great results fast. You'll:

- * become stronger, fitter and leaner
- * be motivated to exercise because it's so much fun
- * improve your fitness and self confidence
- * burn max calories and tone up with this full body workout
- * get rid of unwanted stress
- * love the comfort of the women only environment

Beginners are welcome and this class is suitable for all levels of fitness. There's no need to book – just turn up. Classes held in the Rowville Community Centre.

Wednesday 7.30pm \$15 pay as you go

Like the Facebook page Lisa Bullock Fitness and get your first session free.

Ring or text Lisa on 0407 873 271

www.lisabullockfitness.com



Rowville Football Club



The Hawks are calling all Girls & Boys aged 8-13 to "Come Try AFL"

The Rowville Hawks Football Club is offering all girls and boys aged between 7 and 13 years of age an opportunity to come and try AFL **FREE** in March. Our junior teams would love to see you come down for a trial training session, with registration in these age groups still open. Please contact Trevor Flakemore on 0418 335 245 or trevor.flakemore@rowvillefc.org.au or visit www.rowvillefc.org.au for more information.

The Hawk's nest is continuing to grow strongly off field and the club is on track to break its membership record this year, with about 400 players registering across 17 boys and girls junior and senior teams. There is no better time to come and play AFL at Rowville's biggest and most successful Football Club. With a proven pathway for all juniors through to its senior teams, this is a fantastic opportunity to try the game, experience the teamwork and enjoy the friendships that AFL offers.

The Hawks this year are fielding an Under 10's and Under 12's all girls side, so if you are a girl aged between 7-12 years of age, and would like to try AFL and potentially follow the pathway through to the new AFL Women's League, now is the perfect time to come and start playing AFL. Best of all the cost to play this year for girls footy is only \$100 for the entire season and all the girls receive a free RFC Sherrin footy and free show bag! Come on girls, we know there are stars in our midst. Let Rowville Football Club show you the way.

We still have some spots remaining throughout our U8 to U13 boys' teams. If you are a boy aged between 7 and 13 years of age and would like to try AFL, please contact us regarding availabilities and some free trial training sessions. A great group of boys and families are waiting for you, so come on down and give it a try.

For any further information on player registrations or the Rowville Hawks Football Club, please contact Trevor Flakemore on 0418 335 245 or trevor.flakemore@rowvillefc.org.au or visit www.rowvillefc.org.au.

Tony Costanzo

Combined Probus Club of Knox



The sun came out for our 'Picnic in the Park' at the Tim Neville Arboretum. Paul's picture shows 30 of our members enjoying the afternoon, which was an attendance record for our Clubs' January picnic! It

was nice to see the refurbished area being well used by the local community.

We had a great start to the year's monthly meetings with a fabulous turnout of 103 people at our February meeting. Our speaker was Janet Werkmeister, who reminded us of the achievements of her grandfather, Norman McCance, a distinguished journalist and broadcaster, who played an important role in drawing attention to what we would now call environmental or conservation issues. He was one of the stars of early radio in Melbourne and became immensely popular during the second half of the 1920s for his broadcasts of wrestling matches. He was the Argus newspaper's State Political reporter for many years and for both the Argus and the ABC made radio broadcasts of major events, such as the first international flight to Melbourne in 1926. For a decade in the 1930s he wrote and broadcast one of the very first morning news programs. In his later years he became better known as a naturalist, his lifelong passion for animals becoming his profession. He wrote a nature column for the Weekly Times for over 24 years, right up until the age of 81. What a great example to us all to stay engaged in the latter part of our lives.

Later in February, we enjoyed a sunset cruise on the

The Sun Is Setting On Summer and On Milo/T20 Blast



What a season we have had, but now it's time to get ready for next season. We are coming to the end of a very successful season. We have had record participants for the season in our junior development program. The sun has been shining and a fantastic effort has been had by all.

What to look forward to:-

Season 2017/18 will see Rowville Cricket Club offering opportunities in Milo in2Cricket for kids in kinder to grade 2. Our T20Blast team(s) will provide a chance for kids in grade 2+ who are not ready to play cricket and would benefit from a skills/game approach to have that opportunity.

Whilst we will soon be turning our mind from Cricket to Football, I will still welcome people who want to contact me to go onto an email list as a reminder for registrations for 2017/18.

Rowville Cricket Club is an all-inclusive club and welcomes people of all abilities and skills. We have been proud of the junior girls that have played with our club this year and look forward to welcoming more girls next season, until we have a dedicated girls team.

Why be a part of our club?

We have a fantastic club atmosphere that recognizes the need for junior cricketers to love their cricket! This is achieved by playing with their mates in an environment that ticks all the boxes. With many of our juniors getting the opportunity to debut in senior cricket, the opportunities for development is outstanding.

For any further details please feel free to contact RCC MiloT20 Blast Coordinator Andrew Williams on 9755 5626 or email andrew.williams@ozed.org.au

Andrew Williams

Probus Knoxfield Ladies



Plants and food, an irresistible combination.

The ladies of Knoxfield Ladies Probus enjoyed both the plants and the food at the Banksia Nursery on Burwood Highway Wantirna South last month. After a very interesting show and tell session with the extremely knowledgeable Peter, who showcased various ornamentals, vegetables and herbs, we were then able to ask questions concerning problems we are experiencing in our own gardens and happily, to share successes. We do need to be inspired, particularly at this time of year with the hot, dry weather. Peter on behalf of Banksia Nursery and the Cafe donated some plants and vouchers, particularly to members who asked good relevant questions, the answers to which we could all find some benefit in.

Lunch was available, fresh and delicious from the Banksia Café and then temptingly, we were able to wander through the very large and colourful selection of plants, and yes, there were purchases, even though it is almost impossible to choose one lovely plant over another. The photograph is of Peter and Merle one of our long standing life members.

We are about to embark upon our 28th year as a Probus



Member Merle and Peter of Banksia Nursery

Club. We have a brunch at the Pancake Parlour and are also looking forward to a trip to Ballarat to feast our eyes on the gorgeous begonias next month. A movie and lunch outing has been arranged, as well as a trip to experience the various delights of Yarra Glen. A bus trip to Geelong is also on our calendar for the first half of 2017.

If you would like to join us, please call Val on 9763 6175 or Bev on 9753 3224 for further details to join our friendly Ladies Club. Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2.

Bev Bishop Secretary

'Tramboat' to Williamstown that included a fish 'n' chips supper. The views of the city on the return journey were spectacular.

March will see members of the Sup and Sip Club eating at Ringwood Chinese Restaurant, visiting "Her Majesty's" to see 'Kinky Boots' and soaring like eagles up and down the chairlift at Arthurs Seat.

Our March meeting will include the election of our new committee. It is a great opportunity for members to participate in the organization of their fantastic Club to keep it vibrant.

Val Eldridge



Tirhatuan Golf Club Cancer Council Fund Raiser



On Friday January 20th the Tirhatuan Ladies Golf Club and the Tirhatuan Mid-Week Men, joined together for a Cancer Council Fund Raiser game of golf.

A group of 40 men and women played Ambrose Pairs. Unfortunately the weather was unkind to us and the

competition was reduced to 9 holes instead of the normal 18. Nevertheless we all finished the round, just a little damper than when we started!

The winners were Paul Storey and Glenis Johnson. After the early finish, everyone joined together in the Club Rooms. A raffle was held with prizes being donated by Tirhatuan Members and the Mulgrave Country Club.

The Cancer Council provided daffodil badges for each person who participated and a total of \$400 was raised.

A most enjoyable day was had by all.
Betty Sage

Ruby Gumnut Goddesses

An American Comes To Town

A Wigs and Taco day was the first get together for 2017, at the Ruby Gumnut Queen's Palace. Lots of laughs, talking, drinking and catching up made for a fun afternoon. Our next adventure, enjoyed by eight gorgeous gals, was a ride on the new Eagle Chair Lift at Arthur's Seat. A kiss from the CEO, to our birthday girl, was much appreciated and caused much laughter. He admired our red hats and purple outfits and was most impressed by our style. Op shopping and checking out the local area was then enjoyed by all. We then spent the night eating and drinking a glass of bubbly or two at the holiday home of one of our ladies, which greatly refreshed the batteries. Who says that we don't know how to party!!!

Our 5th birthday as a Red Hat chapter was recently held at Tosaria Restaurant and was attended by 15 noisy but delightful ladies dressed in our finest red and purple. Many people commented on our unique red hats as we celebrated with a toast and enjoyed great food and company.

A visit by an international Red Hatter from Texas, who came in to Melbourne on a cruise ship, became a delightful



Escorting Our American Visitor On The New 'Eagle' Lift - Letting Our Hair Down at the Community Kitchen Christmas Lunch

day shared by 5 excited ladies. We picked up our visitor and showed her the sites of Melbourne, including a visit to the Block Arcade, Haigh's chocolates, wandering through the shops and Melbourne's famous laneways. We also had a ride on a tram and a visit to the famous Chloe, where we had a glass of bubbly to celebrate and cement friendships. Many people took our photo and were interested in the Red Hat story.

If you would like more info on our chapter or the Red Hat Society, which is a global society that supports and



encourages women in their pursuit of fun, friendship, freedom, fulfilment and fitness, please contact Gilly on 0408 801 624. Don't sit at home with nothing to do, join in. We have reached their magical 50th birthday and choose to greet every day with vigour, curiosity and joy.

Our Pink Hat Sisters (under 50s) are lovingly referred to as "ladies in waiting." They enjoy the same bonds of friendship as their Red Hat sisters, but wear lighter shades of red and purple until they can REDuate into the vibrant reds and purples the Red Hat Society is known for.

Gillian George

The Art Critique

Charles Blackman at The Heidi Museum

Charles Blackman, veteran of Australian Modernism, is one of the best-known artists associated with the Heide circle, nurtured and patronized by John and Sunday Reed when he arrived in Melbourne in 1951. The Heide Museum of Modern Art, like the Museum of Modern Art in New York, curates experimental displays in its newest galleries, while devoting its earlier buildings, originally owned by the Reeds, to analysing and celebrating its collection of Modernist Australian painting, the Formalist art tradition that dominated between 1880 and 1960.

The Heide allows Victorians to view the work of prominent twentieth century Australian artists in the same rooms where these artists once had lodging. The dilapidated timber shed on the grounds once stored Sidney Nolan's "Ned Kelly" paintings. In the current exhibition, pictures containing Blackman's key themes, including childhood, isolation and gender psychology, are displayed among older Heide tenants, including Sidney Nolan and Danila Vassilieff, who influenced the younger Blackman.

The dining room features large images from the 1950s. Depicting mostly girls and boys, they are quintessentially



Self Portrait 1956

Blackmanesque; sharp lines, faded backgrounds, sepia-tone beaches and large mystic eyes. Every eye, even in a self-portrait of Blackman in his twenties, contains uninhibited intensity only children can achieve, foretelling Steve McCurry's "Afghan Girl" cover for National Geographic magazine.

Below these leering eyes on the dining table are flat bronze castings moulded from paper peasant children dancing.

In the master bedroom, the overall effect changes to brighter colours, with deep contrasts. Blackman's 1959 "Face" presents titanium white skin on black ground, blue eyes exploding from the surface. Tightly framed, up



Alice 1956

close and tough, like the best Greta Garbo photographs. They are alternatives to Blackman's better-known Alice in Wonderland motifs also on display.

If one piece stands out, it is Blackman's epic 1989 "The Mask". Inspired by Japanese theatre and tea ceremonies, the portrait's figure, presumably feminine, wears a velvety blue gown against a virile red. A white mask covers half her face, adjacent to a large blue almond eye. It resembles the distinctive Guy Fawkes mask, an image that has become synonymous with anti-establishmentarianism, strengthened by anonymity. It recalls Kenneth Clark's comment, displayed alongside one of Nolan's Ned Kellys in an adjoining room, of the usefulness of masks.

"A most effective invention, sinister, commanding and depersonalized...That is how myths should be created".

The Heidi Museum of Modern Art is at 7 Templestowe Rd, Bulleen and is open from Tuesday to Sunday, including public holidays, from 10am to 5pm. Entry is \$22 for adults, \$18 concession and children under 12 are free.

Matthew Duca

Caribbean Gardens Speciality Retailers Pop Up at Caribbean Gardens

Melbourne's best-loved community market has become a Pop Up Market destination for stallholders and shoppers alike following the introduction of a pop-up style market each and every month. Caribbean Gardens and Market, which is celebrating 50 years, hosts casual stallholders who are talented local artists, crafters and online speciality retailers every third Sunday of the month.

Each Pop Up Market day will celebrate a theme, giving shoppers the chance to find unique and special treasures within a specific shopping category. The Pop Up themed market days will help overcome the barriers many small retailers or start-ups experience, with reaching new customers and it will give online storeowners the opportunity to take their business from an exclusively



digital environment to one that can take you on a sensory adventure.

Caribbean Park General Manager Ben Spooner said, "We want to support speciality traders and small retailers by giving them a low cost option to have their own space, while at the same time allow us to continually progress and invigorate the Market for the community. More and more people are choosing to shop online, but we're also seeing people show an increased loyalty to shopping locally in

their own community. Taking a drive with easy parking options in a fun, family friendly atmosphere makes it a win, win for stall owners and shoppers."

Visit caribbeangardens.com.au for more information.

Upcoming Pop Up Market themes and dates

**Fashion Theme – Sunday
19th March 2017**

**Babes To Kids Theme – Sunday
16th April 2017**

**Man Cave Theme – Sunday
21st May 2017**

Kyra Pybus

Questions That Haunt Me
Can you cry under water?

Zoe Ruth takes on Rise Health Group's Philosophy through the Life! Program

Rise Health Group Presents the final instalment of our three part series on, Zoe Ruth, a lifelong client and now staff member.

Although Exercise Scientist Zoe Ruth has had to overcome a series of medical challenges in her lifetime, she has continued to use her experiences and expertise to help others at the Rise Health Group Clinic.

Zoe Ruth has already completed a Bachelor of Science (Exercise and Sports Science) at Deakin University to become a qualified Exercise Scientist. Zoe's next goal is to become a fully qualified Exercise Physiologist, which she is due to become in June after completing her Master's Degree of Clinical Exercise Physiology.

Zoe has been working at Rise Health Group since she was 21, both as an Exercise Scientist and a Customer Service Assistant. When asked about her future career aspirations Zoe explained that "when I got the internship [at Rise Health Group] and then the job, it was like my goal had been reached. Before I started my internship, I thought,

Health & Wellbeing



Articles contributed by Rowville Physiotherapy and Rise Health Group

96 Kelletts Rd, (Cnr Kelletts Rd & Taylors Lane) Rowville
Physiotherapy 9763 9233 Sports Medicine 9763 3944

Proudly sponsoring RFC (Rowville Hawks), LWJFC,

Rowville Rockets and other local clubs.

Rise Health Group – Your Health Care Partner for Life



"that's where I want to work, that's where I want my job, that's where I want my career." Zoe continued to explain. "My plan right now is to stay long term."

Rise Health Group prides itself on being a "health care provider for life". Therefore, Rise is currently involved in running the Life! Program, which is funded by the Victorian Government and managed by Diabetes Victoria. Zoe Ruth has been the driving force behind organising the local course to be the most beneficial for all participants. The program aims to help individuals prevent Type 2 Diabetes, heart disease and stroke. It is free for most people

and helps support individuals to live a healthier and more active lifestyle.

Further information about the Life! Program information can be found at www.lifeprogram.org.au.

Rise Health Group is currently in the process of organising a second group for eligible individuals to partake in the program within the coming months. If you are interested in completing the program or would like to see if you are eligible, please email Zoe at zoer@risehg.com.au with your contact details, or alternatively call the clinic on 9763 9233.

Breanna Harris

Does Love Last Forever?

So how do you get people who don't think they have a hearing problem to get their hearing tested? Solution - create an innovative and engaging film that is really a hearing test in disguise.

Does Love Last Forever?, a new short film created by CHE Proximity and Cochlear Limited, the global leader in implantable hearing solutions, was shown to unsuspecting cinema goers last month. They thought they were about to see the movie *Lion* but were treated to an extra film.

What they didn't suspect was that *Does Love Last Forever?* is actually a hearing test in disguise. A film unlike anything seen (or heard) before; a simple love story told over four decades. As the years go on however, the film diverges, which is for those that hear well, it would appear the couple's relationship has remained resilient and fun throughout. For those hard of hearing; the couple appear to have a very different ending.

The film uses deliberate editing and camera angles to challenge those who rely on lip reading to interpret conversation. Ambient sounds are also progressively introduced to mimic real world situations and environments and work to drown out the voice frequencies. Ultimately, body language becomes the key prop that those with a hearing impairment begin to rely on and this has been directed to reinforce a tale of unhappiness and disconnection.



Cochlear recognises that many people experiencing hearing loss are in denial about the fact. Studies have shown that of the 3.5 million Australians living with hearing loss, nearly 85% have done nothing about getting treatment*.

Shaun Hand, Cochlear General Manager Australia and New Zealand said, "People with hearing loss lose their connection to loved ones, friendships, their career, hobbies and self-esteem. By creating something unique, like the hearing test in disguise, we're hoping to get Australians talking and taking action on hearing loss, and to share the film with people they love."

- 3.5 million Australians are deaf or have a hearing loss
- 3 in every 4 people over 70 are affected by hearing loss
- The majority of people with hearing loss (85%) do not have hearing aids or cochlear implants
- On average, people with hearing loss delay seeking help for six years

You can watch the film at www.doeslovelastforever.com

*Editor's Note:- Well worth a look and listen.
Do you need help?*

Rowville Community Centre From Pre Kinder to Seniors... We've Got You Covered Three Year Old Pre Kinder Secure your child's spot for Term 2!!

At the Rowville Community Centre 3 Year Old Pre Kinder, our aim is to create a welcoming, warm and relaxed environment where each child feels safe, secure, accepted and respected.

Our centre runs with staff ratios higher than the DET recommendation, and prides itself on its high standard of care.

In small classes of 10 children, a qualified childcare educator and assistant will guide your child through a structured 2 hours session.

We understand that each child is an individual with different needs, and this is reflected in our programmed activities.

We are currently in the process of taking enrolments for our Term 2, 2017 program and welcome all enquiries. For enrolment information, or to arrange a visit of the service, please phone 9763 7400. For enrolments beyond 2017, please complete an application form online by logging on

to www.knox.vic.gov.au/A-Z and follow the prompts.

Senior Sports

Our Senior Sports group runs Mondays and Fridays 10am-12pm and includes Badminton, Tennis and Table Tennis. New members are always welcome regardless of their fitness level or abilities, so grab some friends and come along and enjoy what this fantastic group has to offer. For more information, please phone us on 9763 7400, or come and visit us at 40 Fulham Road, Rowville.

Trish Massie

*Pre Kinder is fun at
the Community Centre*



Chiro-Practicals



School children at risk from electronic devices.

Children are potentially causing harm to their necks and backs when using smartphones, tablets and other smart devices for long periods of time. Particularly now that it is a requirement from many schools to use either laptops or tablets for their learning. Just like injuries seen in office workers sitting at their desk, we'll now start to see those effects from technology at a much younger age.

A little slouching may not seem like a big deal, but good posture and movement of the body is the key to life. Posture directly affects your spine which houses your nervous system consisting of the spinal cord from your brain. So, when that's affected, everything's affected.

Posture can have a huge impact not only on the nervous system, but also has a detrimental effect on breathing and therefore on the oxygenation of your blood.

If your head's forward, your shoulders go forward. When you do that, you can't take a good deep breath. It's a shallow breath that results in less oxygen being inhaled and therefore absorbed into the blood. This can result in poor energy levels and feeling tired and less alert. These are not ideal conditions when children are expected to be learning.

Good posture is important because the body will adapt to whatever repetitive posture we put it in over time. The results of continued stress to the neck and back are pain and restriction and headaches and longer term, disc herniation and degenerative joint disease.

There are several preventative methods that both children and adults can do to break the repetitive cycle of poor posture, which includes getting up out of the position every 20 to 30 minutes, along with doing stretches and exercises of the neck and shoulders.

It's important that children start to practice these preventative methods while they're young and for adults to monitor their children on smart devices. Having a phone held at eye level also helps instead of having the head bent forward looking down.

A tree is a good analogy. You have a young tree that's just been planted that's growing sideways; you can tie that tree off to get it to grow straight. If you have a fully grown tree and it's crooked, there's not much you're going to be able to do to correct that.

Dr Frank Whelan



What a fantastic surprise, to have Sandra Goodwin, our club treasurer of 16 years and social secretary, awarded the “Knox Citizen of the Year 2017”.

Our committee and members have always known that she is a very caring, reliable, hard working & jovial lady, so it was wonderful to see the council also recognising her

achievements! Congratulations and “thank you Sandra” for all the time and effort you have devoted to making Rowville Senior Citizens as successful as it is today, with its 140 members.

On Monday 13th February, we visited the Melbourne Zoo. As the coach departed, the rain was starting to sprinkle, so we were all a little worried, but the sky cleared and we had patches of sunshine by the time we arrived at the zoo. We had a great time wandering around and watching many of the animals performing for the cameras, especially the Orangutan, who was tying up a sheet to make his swing hammock. He was amazing! It was a lovely relaxing day out.

Details of our meeting venue, dates and times can be found in “What’s On Locally” on page 2.

For any enquiries, please call Anne on 0404 007 174 or Sandra on 0402 811 789.

Anne Berg (President)





Kim Wells MP

State Member for Rowville



9 Lynton Place, Scoresby 3179
@kim.wells@parliament.vic.gov.au

03 9764 8988
www.kimwells.com.au

Local residents are often able to alert me to problems and issues in the Rowville area that need attention. This was the case recently when I was contacted by two Rowville constituents who spoke to me about problems with the turning lane off Ferntree Gully Road into their retirement village in Rowville.

These residents had been involved in an awful accident on Ferntree Gully Road last September. As residents of Waterford Park Retirement Village, they were returning home at night in bad weather and turned into Bunjil Way. The rain had gathered in some large pot holes on the shoulder of Ferntree Gully Road. Driving over these deep and barely visible pot holes, they were left with two flat tyres. The damage was so bad that not only the tyres but the wheels were damaged and their car needed to be towed.

The residents contacted VicRoads and made a claim for the damage. The damage to their vehicle was expensive, but they were also concerned about the safety for other drivers, particularly motorcyclists.

VicRoads replied in writing, insisting that they had complied with their road safety obligations and hadn’t been negligent in managing the safety of this road. The holes were filled with screed, but nothing else had been done to the gravel shoulder of the road on the turning lane.

Bunjil Way is the only road access for a number of sports clubs, as well as residents of the Waterford Park Retirement Village. I wrote to the Minister on the 31st of October to ask for a permanent repair to the road and raised the matter again in early November and asked whether the turning lane could be permanently repaired.

To add to the confusion, VicRoads phoned the residents, telling them they would receive some compensation. Two days later, they were informed that VicRoads had made an error and they were not entitled to compensation after all. In January, the Minister advised me:

In addition to regular inspections, VicRoads assesses the whole of the network asset management needs annually and programs resurfacing works according to state-wide priorities.

VicRoads will continue to carry out regular road safety inspections in accordance with the Road Management Act 2004 and will install safety signage to warn drivers until repairs can be made.

While the resident’s financial claims were not met, I am still very grateful to them for making sure that VicRoads were aware of the problem so that other drivers would not have to go through this. Although the shoulder has now been redressed with gravel, I am committed to ensuring that a safer, more permanent repair is done.

For regular updates between editions of the RLC News, you can follow my posts on facebook.com.au/KimWellsMP or on my website, kimwells.com.au.

Alan Tudge Writes



Over 110,000 students visit Parliament House in Canberra each year, including many from our local primary schools in Rowville and Lysterfield.

In February, seventy nine of those students were from Park Ridge. They go up as part of a week-long camp and visit other important institutions such as the War Memorial, the National Museum and Questacon. A visit to Parliament House brings our democracy to life for many of them. They know that for a law to pass it has to go through the House of Representatives, the Senate and get approval by the Governor General. But it is only when they see the place in action that it often really sinks in.

I always make an effort to meet up with our local students while they are in the building if I am able. The questions are always interesting and some very insightful. There is always interest in why there are so many clocks in the building (over 2,000) and why there is a lawn over the top? Then there are the personal ones: have I met the PM? Why did you become an MP? What difficult issues have you had to deal with? What happens if you disagree with your party’s position?

Our democracy is not perfect, but it is as good as any others in the world. I remind the students that what they see on TV is only a small part of the work of the parliament and doesn’t reflect the important work that does go on. They typically get to see this in action, such as the important debates where both sides of politics agree on critical topics and often make quite moving speeches. I wish these debates were covered on TV as much as the flashpoints of Question Time.

My final reminder to the Park Ridge kids was to remember how lucky we are to have our democracy, despite its imperfections. Half the world’s population still have no say over how their nation is run. Our democracy has been built off the back of our British heritage, Australian ingenuity and a commitment over decades from hundreds of thousands of Aussies.. We should be proud of it.

I hope the Park Ridge kids enjoyed their time in Canberra. Who knows, one day one of them will be standing in my position answering questions from the next generation.

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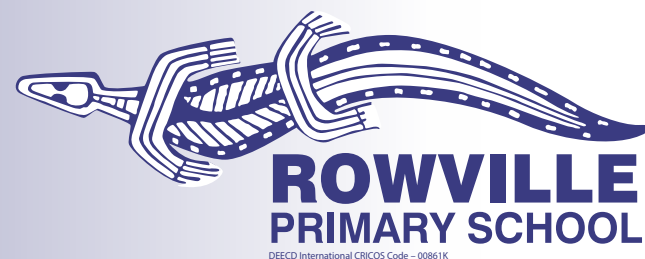
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Writer's NOTEBOOK

From Grade 2 • Student : Nicole Lagaaia



Fantastic CATS OF FOUNDATION



Students Ashlyn Thomas, Dhrovi Patel, Riley Schol and Yianni Kanavas

Once upon a time there was a pirate named Feroce. Feroce told the pirates to put all interesting things in the treasure chest and they did. But one day they buried it in the Deadliest, creepiest, scariest island on the world. But no one could talk the treasure. But the world got out and all the pirates came to the island to find the treasure. But when

they came they saw lots and lots of pirates. So Gathie Feroce said "Agh! The treasure is mine all you see dogs all the pirates froze. So he just walked back then he got his treasure. But when the other pirates were there they did not know. Feroce went. The End.

"What I love"

by Michaela Gordon Grade 1



ABOUT THE Garden

The garden is a place where we go outside and learn how to take care of the plants and animals. In my opinion, the best thing about the garden are the beautiful plants that we get to grow and use in our delicious recipes for the kitchen. My favourite job to do in the garden is taking care of the chooks by cleaning them and replenishing their food. There are many other jobs in the garden such as collecting the chicken's eggs, weeding and replanting, collecting the compost and protecting the plants from pests such as snails and caterpillars!

Julia, 5C

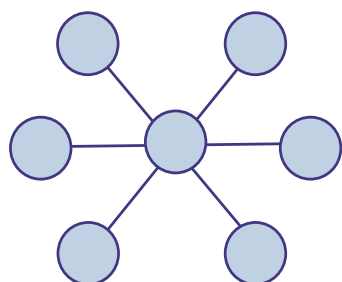


Grade 6 student Finn, hard at work in the school garden.

Magic MATHS

Kid's Sudoku!

	2		
	1	4	
		3	



Put the numbers 1, 2, 3, 4, 5, 6, 7 in circles so that each straight line adds up to 7.

Spot the DIFFERENCE



This is a challenge! There are 8 differences in this photo from last year's Rowville Primary School Christmas concert. How many can you find?

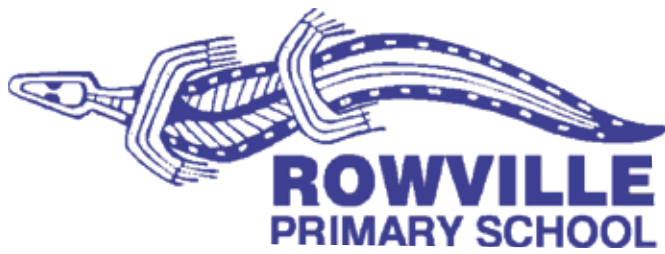


ROWVILLE PRIMARY SCHOOL
Paratea Drive Rowville VIC 3178

For more information contact
Rowville Primary School

(03) 9764 1955
rowville.ps@edumail.vic.gov.au
www.rowvilleps.vic.edu.au

Kids' Page by Rowville Primary School



Introducing 2017 School Leaders & Values

We have taken our six existing values and have relabelled them in a way that enables our students to better remember and understand them. They are:

Respect Pride Responsibility Perseverance

Our goal in 2017 is to better weave our core values into the fabric of school life. We want our students to use our values to make decisions and to make deliberate choices to focus on what is important to us as a school. The relabelling still reflects four types of values.

Relationship values (Respect);
Organisational values (Pride);
Societal Values (Responsibility);
Individual Values (Perseverance).

Our new student leaders delivered their introductory speeches at the Monday assembly.

Ashna

I am honoured to be School Captain for 2017. I first started at Rowville Primary School in 2011 at the age of 5. I started with my twin sister Arwa, then two years later my younger brother Aadhi came to school. My journey from prep to year 6 has involved achieving a lot of things, such as learning my first 100 golden words to writing complex stories and from having a year 6 buddy to becoming one. I love kicking a soccer ball during my spare time and I represented the school in the Girls' Soccer team in 2016. Another sport that I enjoy is tennis. I was the captain of the Girls' Tennis

team last year. I'm excited and looking forward to gaining new insights and experiences in my role as School Captain.

Oscar

I am honoured to be the 2017 male school captain. I am very passionate about my sports, especially football, soccer and basketball. I play football for the Glen Waverley Rovers U12s and basketball for the Rowville Rockets. Other than sport, I really enjoy spending time with family and friends and I love it when we are all together on the Murray River in Echuca. Of all the subjects I do at school, my favourite is cooking, where at the end of each class we get to eat the delicious food that we have cooked. This year I am really excited to be school captain alongside Ashna. I am also looking forward to working very closely with Zitian and Charlize, our Vice Captains. Together and with all of those who received a leadership position, we look forward to making our school a happy and safe working environment for everyone to enjoy.

Charlize

My name is Charlize and I am so excited to be the Vice Captain for 2017. When I first arrived at Rowville Primary School so many thoughts ran through my mind. After six years I would never have imagined how amazing this school could be and I would be given the opportunity to lead the school. I am a person who loves all sports, but my favourites are netball and athletics. I have a brother starting year three and two amazing parents. The newest member of our family is a cute dog named Max that loves



2017 School Captains and Vice Captains

cuddles and thinks he's part human! This year I am very pleased to be working with Zitian the other Vice Captain. I look forward to supporting and working with our amazing School Captains, Ashna and Oscar.

Zitian

My name is Zitian and I am the Vice Captain in 2017. I started at Rowville Primary School in 2014 in Year 3. I spoke no English, now I can! My family came from China and I have a big sister. My job in 2017 will be assisting Oscar and Ashna, our School Captains this year. It will be my pleasure to work with our School Captains to make Rowville Primary School great!

Lyn Furze

The Knox School

Giving Back To The Community

There is a small orphanage in Cambodia called Kampuchea House. It is in Siem Reap and home to 28 children, some of them abandoned by their parents who are struggling to find employment and no longer able to care for them.

The children attend school and are cared for in small groups by house mothers who prepare their meals, just as they would with a Khmer family. With love and care,



done there.

On March 23, The Knox School will present its **annual night market and rock concert** to help Kampuchea House

the older children have graduated into apprenticeships and training so they can in turn take care of their siblings. Unlike some orphanages in Cambodia, Kampuchea House is administered by an Australian organisation which oversees the running expenses of the facility.

For some years, The Knox School has helped Kampuchea House through fund-raising and by sending young students to Cambodia to support the great work being

as they battle the Cambodian government's decision to close down all orphanages over the next few years. This may see many young people back on the streets.

We invite the Rowville and Lysterfield community to come along from 3.45pm, enjoy the food and craft stalls on what we hope will be a warm March evening. Bring chairs, blankets and a picnic basket and listen to the rock concert performed by students from all year levels of the school. It will be a fun occasion.

We teach values of care, empathy and responsibility at The Knox School and by helping Kampuchea House we are also teaching to give back to the community.

Barry Dickinson Director of Marketing

Ask the Principal March 2017

Q Mr Shaw, I am worried that my children will not get a job due to the automation of many jobs? Have you heard of a new industrial revolution?

A There are many commentators and experts writing that we are at the start of a new industrial revolution, a digital revolution that will fundamentally alter patterns of work and jobs. Some talk about a need to focus on STEM subjects in school. Some mention the 'internet of things'.

Many mention that lots of existing jobs (maybe 40%) have a high probability of being affected by automation in the next 10-15 years. Others agree and also say lots more will be invented. I have read estimates that as many as one million jobs have disappeared in Australia over the last 25 years from manufacturing, administration and labouring but that more than one million have been gained in the knowledge and service industries.

Some studies have estimated that Australians may make as many as 17 changes of employers across five different careers during their working life.

None of us know exactly what the future will bring! All we know is that it will be different, that digital technologies



will be influential and the pace of change will likely increase.

The children in Prep classes in 2017 will complete their secondary schooling in 2030. The Year 12 of 2017 were in Prep in 2004. Think back! What are the significant differences? Human nature and relationships are similar. One big difference is that no smartphones existed in 2004. Consider how much of your life now involves the use of not only a mobile phone, but the sophisticated smartphone components that were not there in 2004.

The Foundation for Young Australians (FYA) has recently published a short report called *The New Work Mindset* and I recommend it to all parents. This report is available from <http://www.fya.org.au/report/the-new-work-mindset-report/>.

The FYA has analysed 2.7 million online job

advertisements and has been able to reveal seven clusters of related job skill sets. Within each cluster are many different jobs but they all have similar skill sets.

The report also reveals which clusters are more likely to have continued job growth and exhibit resistance to automation.

FYA has given the seven job clusters the following titles.

- Generators
- Artisans
- Carers
- Coordinators
- Designers
- Informers
- Technologists

This new approach to clustering jobs by skill sets is a wonderful way in which to simplify a complex employment scene into something accurate but easy to comprehend for young people, parents and teachers.

The key piece of careers advice remains as it always was: choose a job cluster that aligns with your interest, passion and skills.

Good schools are thinking about and working on systems and programs that best position their students for a future that is difficult to predict. The FYA report, *The New Work Mindset* helps young people and parents prepare.

*Allan Shaw Principal and Chief Executive,
The Knox School*

PARK RIDGE

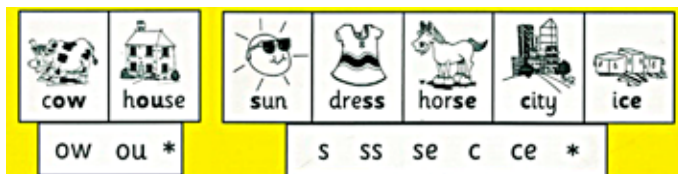
PRIMARY SCHOOL

Welcome to 2017!

This year we have warmly welcomed our students back for the start of another fabulous year at Park Ridge Primary School! We have seen 73 new Foundation Year students start their learning journey. Our "Preptastic" program ensured that the transition to school for these youngsters was as smooth as possible. We also welcomed our new Assistant Principal (Welfare), Mrs Jean Maxwell, our new Performing Arts teacher Miss Ferris and two teachers new to the service in Miss Natalie Yates and Miss Kasey Leader.

THRASS

Staff began the year with Professional Learning Training in THRASS (Teaching of Handwriting, Reading and Spelling Skills) to support our students' development of 'word level' literacy. THRASS is based on the principle that, while there are 26 letters in the alphabet, there are 44 speech sounds (phonemes) in spoken English; furthermore, these speech sounds are represented by different letters and different combinations of letters (graphemes). This program will be implemented from Foundation to Year 2 and our staff are feeling inspired and motivated to take their learning into the classroom.



An Example Of THRASS



I'm A New Prep

Retirement of Assistant Principal Graeme Lloyd

At the end of last year our long serving Assistant Principal Graeme Lloyd announced his retirement. Park Ridge held a retirement function on the 6th of December in the school library. Attending were many of his present and former work colleagues, friends and family,

School Talk

Sponsored by:

Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools, Rowville Sec. College & The Knox School



The Retired Man Himself - Graeme Lloyd

acknowledging the highly significant contribution he made over his 43 years of service to teaching. After serving the Park Ridge community for 22 years, many presentations were made on the night from our Principal, David Mann, staff, the students and of course from Graeme himself. The messages were heartfelt, humorous and numerous. His great rapport with the children, his willingness to help everybody with all issues personal or professional and his positive demeanour to all he encountered were all emphasised.

As Graeme had a tradition of writing poems for leaving staff, here is a short poem to wish him well:

*His singing at assembly was certainly a hit,
As were the nicknames he had for the kids,
Unblocking toilets, fixing taps he could barely rest,
But unfortunately he couldn't keep a clean desk.
He was quick witted and somewhat of a Maths Whizz,
And he could even play the recorder through his nose for the kids.
Now in retirement he can concentrate on being a cricket umpire,
As well as time with his family and any hobbies he so desires.*

Graeme's efforts and contributions will surely be missed and we all wish him well in his well-earned retirement.
Jean Maxwell

Editor's Note:- Graeme was not only a great contributor to the RLCN but he was a great friend too. His 'Kids Page' contributions will be greatly missed. All the very best for your retirement from all at the RLCN.



Captains at Karoo

Karoo Primary School places great value on the importance of student voice. Each year, we look to students to assist in leading the school and to represent the thoughts and ideas of the student body. Along with School Captains, House Captains and various other Year 6 leadership positions, Student Council Representatives are elected from each class in Year 3-6. These students meet regularly throughout the year and make important decisions about school events, fundraising and other items that may arise throughout the year.

In late 2016, staff and students at Karoo Primary School listened to many speeches by hopeful student leaders. All students who stepped out of their comfort zone and nominated themselves to be a leader in 2017, presented a speech which highlighted their strengths and their plans



School Captains Danielle and Sam

for 2017, should they be chosen as captains. Two school captains are selected from these students and they hold the position for one year. The new captains are presented to the school community at our special assembly at year's end.

Our 2017 School Captains are Danielle and Sam. They both encompass the Karoo values of 'Honesty, Respect, Tolerance and Understanding, Excellence and Responsibility'. They were selected by their teachers as the 2016 School Captains because of the enormous leadership potential they both show.

Danielle and Sam reflected on the moment they found out they would be School Captains;

Danielle - 'Wow! I felt over the moon when I got chosen to be school captain for Karoo Primary School. I feel amazing that people can trust me to do this job.'

Sam - 'I felt the tap on my shoulder which meant one thing; I was school captain. From that second I felt like I was floating on air. I am really looking forward to 2017.'

Danielle and Sam will be supported by an amazing team of student leaders and are sure to bring some of their wonderful ideas into action in 2017.

Monique Watson

One For The Lexophiles

You can tune a piano but you can't tuna fish



Heany Park
PRIMARY SCHOOL

(Below) First
Day At Big
School



Session One - developing
respectful relationships.

how our behaviours impact on our relationships and that we all have a responsibility to help each other learn.

Exploring what it takes to be a respectful, courageous and positive leader in the community.

The full-day yLead experience educates and empowers

students to be the best they can be, believing that leadership is about action not a badge and that all young people have the capacity to be active and inspiring leaders in their communities. Our student leaders participated in fun and interactive activities delivered by young and engaging facilitators.

Every activity, focused on the three essential pillars of leadership that reflect the International Baccalaureate **Learner Profile and Learner Attitudes:**

- **Leadership Begins Within** – Building a strong sense of identity and self-confidence around individual strengths, passions and abilities.
- **Together Has Power** – Exploring the power and importance of relationships and team dynamics.
- **Leadership is Action** – Developing the skills, tools and attitudes to create positive change at school, within



Third Session - learning the rules to achieve a group goal.

the community and beyond.

The day was broken into three sessions: The first session involved a series of fun and engaging activities, which allowed the students to reflect on the importance of strong and respectful relationships. The second encouraged students to identify both their own strengths and those of others through a series of team-based challenges. The last session was energetic and loud as teams worked to support each other to solve a step through grid puzzle. Throughout the day students explored the acronym **HEART**:

Helpful **E**nergetic **A**ctive and aware **R**esilient **T**eam player

Quotes from some of our student leaders:

Campbell; It was awesome! We learned a lot and had so much fun!

Chloe; I liked the activity where we had to think of a way to make HPPS a better place. My group would like HPPS to recycle more things.

Joel; The activity I enjoyed the most was the grid task because it was all about teamwork. My group found out that things work better when we support each other to solve a problem..

Lorna; The course taught us how to be great leaders by communicating, actively listening, being confident in ourselves and working as a team.

Heather Brown

We have welcomed 47 new students in 3 classes for Foundation in 2017. These students have settled in beautifully and we are so proud of how quickly they have adjusted to 'big school'. Just about every student participated in our Transition Program over Term 4 in 2016 where they were able to spend time in the classrooms, library and even experienced our specialist program. We believe it has been key to the ease in which our students are settled in.

Our families have been a wonderful support to our students, assisting them to build their independence as they are able to do more and more for themselves, by themselves.

During our first unit of Inquiry, we are exploring the understanding that an awareness of our characteristics, abilities and interests improves our ability to form relationships and learn together and how we are unique individuals with similarities and differences. We also learn



Carnival and Open Day!

On Saturday 18th February 2017, Kool Kidz on Taylors had our first Carnival.

It was a resounding success, with an animal petting zoo, yummy sausage sizzle, face painting and many interesting and exciting activities around the centre for the community to enjoy.

The children who visited us had a lovely time engaging in arts, crafts and learning stations that were set up in the rooms and even got to delight in taking home a special bag of play dough made just for them!

Kool Kidz on Taylors is situated in the beautiful suburb of Rowville. We are an early learning centre for children from 6 weeks old until 6 years old. We have a rich and



Three Kool Kidz Outside

comprehensive kindergarten program and our philosophy is that children learn best when the curriculum is tailored to their interests, needs and abilities.

Our educators incorporate a teaching practice that is holistic in nature, focussing on the total wellbeing of a child; physically, personally, socially, emotionally and psychologically.

The children in our centre are nurtured and supported on their learning journey, through carefully selected learning tasks and activities, as well as a broad range of extra-curricular programs such as yoga, mini maestros, pottery, Jump for Joy and Hey De Ho. We also employ an Indonesian teacher and the kindergarten program incorporates the use of specialised iPad's to assist in their ongoing learning of



Preparing A Meal Inside

Indonesian throughout the week.

An awareness of the wider community and the importance of belonging are reflected within our learning environments. We embrace diversity and welcome children and families of all abilities and walks of life. We work hard to develop strong relationships with our families that in turn assists children to feel comfortable enough to take risks with their learning and reach their full potential.

We have limited places available in 2017, so if you are considering child care options for your family please let us know and we can book you in for a tour and hopefully you will want to join our amazing family!

Feel free to drop by and visit us at any time, our doors are always open.

Melinda Michalski



Principal, Julie Kennedy said at the start of the year “I made a commitment to the staff, students and parents about the values that I will uphold in my day to day work. I have challenged the students to also focus on these three values”,

- **Be Brave** (linked to our school value of responsibility- brave enough to play your part)
- **Be Honourable** (linked to our school value of respect- act as you would like to be treated)
- **Be Hardworking** (linked to our school value of excellence- nothing but your best)

I believe that brave, honourable and hardworking students are setting themselves up to be *confident, happy and ready for success in a changing world.*

Former student Meg Dunn will perform in this year’s Top Class Drama and Theatre Studies program as part of the VCE Season of Excellence 2017. Meg graduated at the end of 2016, and was among the College’s high achievers, with an ATAR of 90.6. Following the auditions held in late January of the highest scoring VCE Drama students from 2016, 27 were selected to perform their VCE Drama Solo as presented in their October Performance exam. Top Class is part of the VCE Season of Excellence managed by the Victorian Curriculum and Assessment Authority.

The Top Class Drama was held at the Melbourne Recital Centre, Southbank on March 2nd and 3rd. We hope Meg did really well and look forward to reporting on her success next month.



Emily Macrae to star in SSS!

RIA student Emily Macrae was accepted into the Victorian State Schools Spectacular, as an ensemble dancer.

“(VSSS) is an amazing experience, and is such a friendly environment with many friends with the same interests and similarities,” Emily said in 2016.

Mitch Barry

RSA basketballer Mitch Barry has represented Victoria this week in the Australian Helloworld U20 and Ivor Burge Championships in Bendigo. *Courtesy ‘Five Exiting Things’*

The traditional *Ian Linnett High Achievers Assembly* was held on Monday, 20th of February across both campuses. One of the most prestigious days on the Rowville Secondary College calendar, the *High Achievers Assembly* is named in honour of the inaugural principal of Rowville Secondary College, Ian Linnett.

The College’s top students from the previous year are welcomed back and officially recognised in front of a school-wide assembly, members of the community, and dignitaries.



A little focus lets the seed grow.

Some time in our life we have experienced the joys of gardening (and yes, this does count your childhood days where you potentially consumed dirt!). Our endeavours to be successful gardeners (in most instances) fell short with most seeds failing to germinate, although, we all can admit that we didn’t put enough effort to achieve our desired results.

In the same manner, our goals are planted into our lives with the same intentions of flourishing. However, one of the biggest hindrances is the amount of attention we put into helping our “seed” grow. Like growing plants, we need to undertake tasks and activities to promote the growth of the seed. But in life, it is very easy to be distracted and focus on other tasks that don’t contribute to the growth of our dreams and goals. Over time, a neglected seed begins to wither and decompose in the soil because it didn’t receive nutrients for it to germinate. Sounds tragic, right?

Like most other things in life that require our commitment, the correlation is the same. The more attention given, the more it flourishes. The more we focus our attention on tasks that assist growth, the more opportunities there are for that seed to grow. Therefore, to get results, we need to give them our focus!

Another issue many “gardeners” face (yes, everyone is their own gardener in their own lives) is the doubt that our seed is insignificant to sprout into a tree where it can bear fruit. In fact, we spend more time entertaining these doubtful thoughts of “what if” than focussing on the seed’s “it will” potential. Our thoughts often influence the course of our actions and shift our thoughts away from what is our priority. Additionally, the smallest of seeds can bring about the largest in results. Take a mustard seed for example, of only 1-2mm in diameter; the seed can produce a bush that is an astonishing 600cm in width. Couple that with the nurturing given by its carer, not only do you see the plant in its fullest potential, but you witness the harvest provided by a little focus and TLC (tender, loving, care).

It only takes a little (more) focus, to let the seed grow. Wherever you are at with your plantation of your seeds, don’t give up. Keep giving it the commitment it deserves (whether that be through action plans, meeting people, taking a new course etc.) whilst always focussing on the “it will” than the “what if” of the circumstance. It’s only a matter of time before your harvest comes.

Joyee Koay



Lysterfield Primary School

At Lysterfield Primary School, we always start the year with the ‘Quality Beginnings Program’ which seeks to establish consistent, powerful and creative classroom cultures and learning environments across the school. Students engage in activities designed to learn more about themselves, their class mates and their teachers.

Some students from the Senior School have reflected on their experiences below.

Ava So far I’ve enjoyed all the teachers in the Senior School and my classmates. They have taught us inclusive games inside and outside the classroom as part of the Quality Beginnings programs. All the preps are really cute and the grade 5’s all love their cute buddies. We have done our 4 rooms of change, a small spelling test and much more! I’m so excited to find out what our teachers have planned for this year.

Benjamin I have enjoyed coming back to school. It’s been a great start meeting our new teachers and classmates and the grade 5’s have met their buddies. Everyone is happy to be back. All the grade 6’s are really excited. to find out who has leadership roles. Some of the roles include, House Captains, Student Voice Council leader, Science and Technology leader and a few more.

Isabella It’s been great coming back to school and meeting my new classmates and my teacher who loves to challenge us and reward us with personal points. So far the classroom is becoming a happy and colourful environment! I can’t wait to get to know all the grade 5s and 6s.

Abbey Going back to school was so exciting! I couldn’t wait to meet my new friendly classmates and my teacher. The classrooms are much bigger and there are more people in my class this year. Everyone does stuff together so you’re always with your friends. The teachers make up fun games to play like Challenge Wall which is a maths game. We have a new principal and her name is Ms Parker. She is kind and I can’t wait to get to know her more. I can tell this year is going to be great.





SNM members enjoying the parade (left) and relaxing after the parade (right)

Sant Nirankari Mission

'World Without Walls' - Australia Day

Sant Nirankari Mission, Melbourne branch, celebrated Australia Day on 26th of January by taking part in the official parade in the city.



On the same day, in India, they celebrate Republic Day which marks the day when the first constitution of India came into force on 26th January in 1950.

Thousands of people lined Melbourne's Swanston Street for the city's official parade, which is a vibrant and colourful procession that sees thousands of people from various community and cultural groups in a proud display and celebration of our culturally diverse community.

Volunteers of the SNM Melbourne branch, participated in the Parade to showcase the ideology of the mission. More than 50 volunteers represented the mission and its values, by carrying the flags of Australia and India and holding high posters with His Holiness's messages of "World Without Walls" and "Bridging Humanity, Piece by Peace".

The objective was to convey the message to the world that it is not enough to be born as humans, it is far more important to live our lives as humans, which is only possible through realising our true Self and to connect to the super soul, becoming one and co-existing peacefully.

Manjit Singh



Rowville Baptist Church

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It's amazing what a difference two words can make. For example if you're a teenager, your life can change dramatically when you hear just two words, "You're grounded!" Or if you're working, "You're fired."

The apostle Paul once said, "Give thanks in all circumstances, for this is God's will for you in Christ Jesus." Here Paul is saying that the giving of thanks in all circumstances is really tied to our destiny in being at the centre of God's will. The suggestion here is that two of

the most powerful words we can speak are "Thank you." Or more precisely, "Thank God." And we have lots to be thankful for here at RBC.

We give thanks to God for the 7 youth and young adults who gave their lives to Christ and were baptised recently and for our regular RBC ministries that are in full swing again. As usual our Sunday 10am service welcomes you to join us and it is exciting to see our other ministries, such as Immerse Kids Church, the Play Group, the Knit and Knatter group, Lunchalot, Food with Friends, Greenlight Youth Group, "The Well" drop in centre and Kids Hope to name a few, providing positive environments to belong and believe.

As we look beyond RBC and read what other churches are doing, we are thankful that our God is doing amazing

things in Rowville-Lysterfield through His people. But most of all we give thanks to God for Jesus. As we enter into Easter let us be thankful to God, first and foremost, for Jesus. Thank you God that you love us so much that you gave us your one and only son. Thank you Jesus for laying down your life so that we could live life to the full. Thank you God for raising Jesus to life and in doing so giving us victory over death. The apostle Paul also once said "But thanks be to God! He gives us the victory through our Lord Jesus Christ."

If you would like to find out more of the various activities offer at and through RBC please contact the church office on 9764 4242 or check out our website rowvillebaptist.org.au

Suzanne Adams



St Simon the Apostle Parish

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Extraordinary Jubilee Year of Mercy

December 8th 2015 to November 20th 2016

This month we would like to share information about a Program run by the Parish for families with children who have been baptised and would like their children to have a foundation in the faith and celebrate the Sacraments of Reconciliation, Eucharist (First Communion and Confirmation).

The 'After School Religious Education' (ASRE) Program provides religious education for Parish children from Year 2 to Year 6 who attend schools other than St. Simon's Primary.

Classes are held at St. Simon's Parish every Tuesday, from March to October, during school term from 4.00pm to 5.00pm.

The program aims to:

- Share our love of, and belief in God with the children
- Create an awareness of God's presence in their lives
- Provide opportunities to develop their faith
- Teach them about Jesus' life, actions and teachings

- Share scripture with them
- Give them a sense of belonging to the catholic community
- Teach them about some of our catholic traditions
- Provide informal and formal opportunities to pray using speech, singing, imagination and dramatisation.

For all enquiries or new enrolments please contact ASRE Coordinator: Jacqui Giuliano on 9764 4058 or email jgiuliano@stsimonsparish.com.au

NOTE Parish children who wish to prepare for a Sacrament must be enrolled and regularly attending ASRE classes for at least 12 months prior to the sacrament.

Bernadette Ventur, Parish Secretary



The year is well underway. School has resumed and most organisations that have a break over the holiday period are now full steam ahead.

We live in a community with so many wonderful attributes. We have many wonderful facilities for the education of our children, ranging from child care, pre-school, primary and secondary education. We also have wonderful retirement living options, community gathering places, faith expression opportunities, shopping and more. As I walk around I am also able to enjoy walking and cycling tracks and lovely open spaces. I wonder if we stop

to think about the community we live in and appreciate what it is and what it offers.

Community does not happen by accident. It requires effort and participation. Every person has the capacity to offer something to community either through participation or service. We need to take time to actively encourage those who organise and serve, many who do so despite busy lives or age and health considerations. The Uniting Church wants to say a big thank you to all those who work to make our community what it is.

Church is also about community and the Uniting Church seeks to support the community by offering services and our building for the use of the community. To this end, we are pleased to be able to host a number of community groups and operate a Toddler Gym program. We are also exploring other avenues whereby we can support needs we identify in our community.

Like all organisations we need people to be involved in order for us to be effective. We invite people to join us for

worship on Sunday mornings at 10am. We offer Sunday School during school terms and a special "messy" style church on the third Sunday of each month. Our Toddler Gym operates on Tuesday and Friday mornings with two sessions each morning, 9:30-10:30 and 11-12md. For information about our church or any programs, or building hire please contact the church office on 9753 3495.

Trevor Bassett



Sponsored by: Australia for Christ Church, Hillview Community Church, Fruitful Vine Melbourne Church, RAFT Anglican Church, Rowville Baptist Church, Rowville Uniting Church, St Simons Parish, Restore Community Church, Sant Nirankari Mission



Harlequin Round Dancing

Round Dancing Christmas Party

A combined Harlequin Rounds and Sunnyside Rounds

Christmas Party was held at Heatherton on Saturday 17th December from 4 to 10pm. 30 dancers from all over Melbourne enjoyed the afternoon and evening dancing to some of their favourite tunes. There were even a couple of square dances for those who like this

other form of cued dancing.

After a BBQ dinner break, some progressive and lucky spot dances had everybody on the dance floor having fun. Just about everyone went home with a gift. Cuers Coral, Ella and Alison received thank you gifts. Neville and Bob won the major door prizes. Bob even got to blow out some candles at supper as his birthday was later in the week.

Tired of doing the shuffle around the dance floor? Would you like to learn to dance? Come and try Round Dancing! Round Dancing is cued ballroom

dancing. *You are told what steps to take.* Dance rhythms include Rumba, Waltz, Two-step, Cha Cha, Jive and Foxtrot.

It is the quickest and easiest way to learn ballroom dancing and is also a great way to get exercise for both your body and your brain. Round Dancing is suitable for all ages, so grab your partner and head down to **Harlequin Round Dance Club** at Heatherton. Beginner's classes start in February 2017 and the first lesson is free.

Would you like dance lessons at your school, organisation or community centre? Harlequin Rounds can provide Round Dancing sessions at your venue, so ask about our free demonstration for your social committee.

Harlequin Rounds is a member of the Round Dance Association of Victoria, Inc. (RDV). Please contact teacher/cuer Coral Wegmann on 0407 814 686 or cozweg@bigpond.com for more information.

You could be dancing the Rumba in 4 weeks!

Emerald Funfest

The Emerald FunFest is on again in 2017. It will be held on **Sunday 2nd April** from 10am to 4pm around Kilvington Drive and the Puffing Billy precinct in Emerald.

FunFest is the street festival held at the start of PAVE. It's not the PAVE Festival, which is a



non-profit week-long festival run by volunteers, but a festival of its own with street performance, rides, stalls, music stages, a bar, food court, demonstrations, competitions and workshops and much much more.

There will be four stages. FunFest Youth Music Stage from 10am to 4pm, the 3MDR Main Stage from 10am to 3pm, the Marloi Thai Stage 11am to 3pm and the Mountain Pickers Blue Grass Stage 10am to 3pm.

Rosemary Hawke



Comedy In The Main Street Of Emerald

Real Estate Tips



The Real Estate Institute of Victoria has released the December quarter 2017 Median House Prices, which are good news for most City of Knox home owners, particularly good for Rowville.

Bayswater*	\$742,000.	Quarterly change: up 6.60%
Boronia	\$656,000.	Quarterly change: up 4.80%
Ferntree Gully	\$702,944.	Quarterly change: up 7.30%
Knoxfield*	\$790,000.	Quarterly change: up 15.20%
Lysterfield*	\$908,000.	Quarterly change: down 0.90%



Rowville	\$833,333.	Quarterly change: up 6.50%
Scoresby*	\$715,000.	Quarterly change: up 7.20%
The Basin*	\$625,500.	Quarterly change: up 3.40%
Wantirna Sth	\$985,000.	Quarterly change: up 13.70%
Wantirna	\$895,000.	Quarterly change: up 11.50%

(*indicates that less than 30 sales were recorded during the quarter)

Brenton Wilson

Rowville & Lysterfield Knox City Council Council Minutes January 23RD Meeting

5. REPORTS BY COUNCILLORS

Councillor Seymour noted that as a consequence of a dry summer and high winds she has received a number of complaints relating to leaves and tree debris clogging streets. She intends to discuss this issue and the possibility of increasing street sweeping with relevant staff.

Councillor Seymour noted she had received a number of emails relating to planning issues and acknowledged that there is currently concentrated development occurring across Rowville. She noted her intentions to follow up local laws issues with the relevant Director and Council officers later this week.

6.1 REPORT OF PLANNING APPLICATIONS DECIDED UNDER DELEGATION

5 Skyline Way Lysterfield Removal of two (2) Eucalyptus trees 14/12/2016 Approved

74 Major Crescent Lysterfield 2 Lot subdivision (Approved Unit Site) 20/12/2016 Approved

36 Major Crescent Lysterfield 2 Lot subdivision 23/12/2016 Approved

2 Bernard Hamilton Way Rowville Buildings and works (construction of a cantilever arch shade structure) 2/12/2016 Approved

43-45 Deschamp Crescent Rowville Development of the land for eight (8) double storey dwellings 8/12/2016 Notice of Decision

5 Denver Crescent Rowville 3 Lot subdivision (Approved Unit Site) 23/12/2016 Approved

10 Luton Court Rowville Development of the land for nine (9) double storey dwellings 28/12/2016 Notice of Decision

9 Luton Court Rowville Development of the land for nine (9) double storey dwellings 28/12/2016 Notice of Decision

14 Canter Street Rowville Removal & pruning of trees 28/12/2016 Approved

7. PUBLIC QUESTION TIME

Question I received a letter from Knox Council regarding an unpaid dog registration fee. I immediately went to the council offices and paid the fee and was told when I paid



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Council Minutes continued...

the fee, that I would get a fine regarding this. What is the policy regarding this?

Answer: The Acting Director – City Development, Mr Steve Dickson, said the Knox City Council Domestic Animal Management Plan sets out very clearly how Council does this. In short, two letters are sent to residents reminding them to register their pets. This year a third SMS reminder was also introduced. If, after the reminders, registration is still not paid an officer attends the property to establish if an animal is still located on site. If the animal is there and is not registered an offence has occurred and an infringement will be issued.

Question: I would like to know how you can keep on approving new multiple developments within Knox area without increasing the pipe diameters of the storm water system which causes flooding in extreme rain events.

Answer: The Director Engineering and Infrastructure, Dr Ian Bell, explained that it is a common misconception that Council drains can cater for every rain event. In actuality, drains are designed for a 1 in 5-year storm event. The storm which occurred after Christmas was a 1 in 30-year storm event. When the drains are at capacity the water has to flow somewhere and this has to be across the land. In older areas of the municipality there are overland flood paths and that these are currently being mapped by Council

Question: If a tree on the nature strip drops a limb on a car parked on our property, thus causing damage, who is responsible for the costs to repair any damage??

Answer: The Director – Corporate Development, Ms Joanne Truman, explained that in this circumstance, the owner of the motor vehicle may have recourse to claim through their comprehensive motor vehicle insurance policy. Council is not automatically liable for such an event, nor is there automatic liability on private property owners in similar circumstances. To be apportioned to Council, the claimant would need to demonstrate that: a) Council has a duty of care; and b) That duty of care has been breached; and c) The claimant has suffered a material loss and/or injury.

8.1 COUNCIL'S OPEN SPACE AND ACTIVITY CENTRE MASTERPLAN STATUS SUMMARY:
 Coordinator - Open Space and Landscape Design – (Andrea Szymanski) This report has been prepared to assist Council with the budget by providing an update on the status of Council's master plans for Open Space and for Activity Centre Streetscapes.

Worth taking a look at the report on the website

9.1 KNOX MULTICULTURAL ADVISORY COMMITTEE ANNUAL REPORT 2016 AND MEMBERSHIP APPOINTMENTS 2017-2019 SUMMARY: Multicultural Communities Officer (Joan Pepi) The Knox Multicultural Advisory Committee (KMAC) Terms of Reference requires that committee membership be renewed every two years, through a community selection process. The committee seeks approval for the appointment of five new and three current members for a two-year term from 2017- 2019. As Council will be undertaking a review of its advisory committees during 2017, this may result in changes to KMAC prior to the completion of its currently approved term.

9.3 KNOX ACTIVE AGEING ADVISORY COMMITTEE – MEMBERSHIP APPOINTMENTS AND REVISED TERMS OF REFERENCE SUMMARY: Coordinator Age Friendly Planning (Teresa Donegan) The Knox Active Ageing Advisory Committee (KAAAC) A total of six vacancies are available to be filled as part of the recruitment and selection process, four community members and two industry representatives. The KAAAC provides Council with advice and recommendations on the implementation of the relevant Strategic Objectives under the Council Plan 2013-17, and emerging issues affecting older people within the Knox community. The report also presents revised Terms of Reference which alters the membership ratio between community and industry, from nine community and five industry to eight community and six industry representatives.

Full details of all the above can be found on the Knox Council website www.knox.vic.gov.au

Report compiled by Jan Bates

RLCN Life Members

Diana Amend, Peter Barton, Jan Bates, Beattie family, Carol Belcourt, Wendy and Andrew Beveridge, Colin Bradley, Rhemy & John Brady, Muriel Cartwright, Nola & Andrew Chapman Josie Dawson, Christine Dawson-Marsh, Wikje Derminn, Kel & Di Emerson, Graham & Margaret Freestone, Hazel Haynes, Tony & Marjo Ho, David Hodgins, Patricia Jackson, Barbara King, King family, Marjorie Lade, Lyn & Doug Laphorne, Nicky Laughton, Joan & Ray Lightowler, Luxmoore family, Maureen & Graeme McEwin, Rod McKenzie, Christine Mitchell, June Murphy, Sandra Ogrizovic, Mary Powell, Bryan Power, Sue Rasti, Bronwyn & Ian Richards, Peter & Pauline Rumble, Sandy Sharp, Gerard Smith, Graham Smith, Merle Turner, Ray Vancam, Michael & Jenny Walters, Barry & Karen Wells, Doug Whan, Christine & Mal White, Andrew Williams, Yates family, Nelly McLennan, Lynn Stubbs, Janice Nicol.

Life Membership

Boyd Academy of Dance, Heany Park Primary School, Hillview Community Church, Karoo Primary School, Lions Club of Rowville, Lysterfield Primary School, Park Ridge Primary School, Promech Automotive Services, Revamp Automotives, Rowville Baptist Church, Rowville Pets Home Feeding Service, Rowville Primary School, Rowville Secondary College, Rowville Uniting Church, Salvation Army – Rowville Corps.



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