

# ROWVILLE-LYSTERFIELD PIRISHED MONTHLY BY THE POWVILLE

PUBLISHED MONTHLY BY THE ROWVILLE LYSTERFIELD COMMUNITY NEWS INC.

FREE

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## SCHOOL HOLIDAY PROGRAM





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#### Rowville - Lysterfield Community News Supported By

Rowville Neighbourhood Learning Centre Inc.

> Meetings are held at the Community Centre, 40 Fulham Rd at 7pm on the first Thursday of the month. Visitors

and potential committee members are most welcome.

#### **OUR TEAM**

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#### What's On Locally

Sponsored by: **Lions Club** of Rowville



#### **DIRECTORY** - June 2017

Australia For Christ Church Sunday Services:- English Service 9-10am and 10:30am-12pm

Indonesian Service 10:30am, Mandarin Service 1:30pm

Stomper Play Group 10am -11:45am (during School Term). 1070 Stud Rd. Rowville. www.acfchurch.com

Australian Air League Meet Wednesday 7.30 to 9.30pm at Salvation Army Hall, Kingsley Close. Freecall 1800 502 175 or visit the website: www.airleague.com.au

Baptist Church Services every Sunday 10am Playgroups - Tue, Thur & Fri. mornings during school terms.

**CFA Juniors** Meet every Thursday 7pm

Cake Decorators Assn Bi-Monthly, 2nd Sunday in Feb. Apr, Jun, Aug, Oct & Nov. Scout Hall, Turramurra Drive. Contact Jean 9763 1702

#### 1st Rowville Scouts:

Joey Mob (6-7.5 years) - every Thursday 6.00-7.00pm Cubs (7.5-10.5 years) every Wednesday 7.00-8.30pm Scouts (11-14years) every Thursday 7.30-9.30pm Venturers (14-17.5 years) every Friday 7.30-10.00pm Contact Terri 0418 567 923 atm.russell@gmail.com

Fruitful Vine Church Services every Sunday 10am

Girl Guides Age groups 5-8 yrs, 8-11 yrs, 11-14 yrs, 14-18 yrs. Contact Jill Livingston, Eastern Region Manager on 0409 583 847 or Knox District Leader Christine Clifton on 0408 505 661

Heany Park Scouts Meets at: Makeham Road, Heany Park Joey Mob (6-7 years old) - meet Thursday 5.45 - 6.45pm, Cub Pack (8-10 years old) - meet Thursday 7 - 8.30pm, Scout Troop (10-14 years old) meet Monday 6.30 - 8.30pm Venturer Unit (14-17 years old) meet Friday 7.30 - 10.30pm Contact Gavin Thomas on 0417 529 848 or email gl.heany-park@vicscouts.asn.au

Hillview Comm. Church Services Sunday 10am. For details call 9763 7776

Knox & District Over 50s Meet 4th Tues each month at 10.30am (except Jan & Dec) at Boronia Progress Hall

Knox Home Garden Meet on 3rd Monday of each month at 8pm at U3A Parkhills Campus. May, June & July meetings on 3rd Saturday at10am

**Life Activities Club Knox** Enquiries 0481 831 788 knox.enquiries@life.org.au

**Lions Club** Meet 2<sup>nd</sup> & 4<sup>th</sup> Wednesday – 7pm for 7.30pm at the Knox Tavern, Knox City. Meal available. Contact Julia:

Little Athletics For training & event days: 9763 1404

Men's Shed (Stamford Park) Meet at Stamford Park Homestead Tues, Thurs & Sat from 10am to 3pm. Orana Shed, Neighbourhood House, Coleman Rd, Wantirna every Thursday from 10am to 3pm.. Barry Treadwell 0425 719 451 or www.stamfordparkshed.org.au

Multiple Birth Assoc. 2-3 yr old Playgroup Tuesdays & Thursdays, 9.30am, Michele 0407 837 973 Parents Coffee Morning - Fridays, 10am, Kaylene 0409 200 830

National Seniors Australia For over 55s, the Knox Branch meets at 10am, Stud Rd, Wantirna. All welcome. For enquiries, ring John Giles on 9778 6784

**Possums Playgroup** Mon.-Fri. 11.30-1.30 and 1.30-3.30. possumspg@hotmail.com

**Probus Club** (Knox Combined) Meet 1st Tues each month at the Stamford Hotel at 10am. Contact Kaye: 0412 660 734

Probus Club (Knoxfield Ladies) Meet 4th Mon. of month at Waverley Golf Club 9.30am. Contact Beverley 9753 3224 **RAFT Anglican Church** Holy Communion 8.30am. Evening Service Sunday 5pm. Family Worship with children's teaching time 10.30am Sunday. Mainly Music every Wednesday 9.30am New Vogue dance: every Wed. 7.30pm. Contact Bob or Ken Reid 9764 2573 Craft for Christ 2nd & 4th Tues each month at 7.30pm. Playgroup Tuesdays 10-11.30am.

Red Cross Rowville Meet 3<sup>rd</sup> Wednesday of each month 10am. Contact Joan: 9764 4611

Restore Church Sunday services are held at 10.15am at 24 Laser Drive. Light refreshments and finger food served after the service. Phone 8736 7053

Ruby Gumnut Goddesses (Red Hat Society) For all events contact Catherine 0418 102 064

Rotary Club Every Tuesday evening at Tosario Restaurant, at 6.30 for 7.00pm,

Rowville Seniors Meet Wednesdays and Fridays 1pm to 3.30pm at Rowville Community Centre

Sant Nirankari Mission Congregation session every Sunday from 12 noon to 2pm followed by an Indian community meal. Everyone is welcome

St Simon's Parish Services Saturday 6.00pm. Sunday 8am, 9.30am and 11.00am. Tuesday 7.30pm, Wednesday to Friday 9.15pm.

Stud Valley Ladies Golf Club Thursday mornings at Tirhatuan Golf Club, 9 & 18 hole competition.

Contact Nola 9700 3804 or Pam 0409 934 966

Timbertop Golf Club Saturday Ladies' Competition Tirhatuan Lakes. Muriel: 0427 585 575

Tirhatuan Ladies Golf Club Wednesday & Saturday competitions at Tirhatuan Lakes Golf Course. Membership information - Heather 0438 545 483 or Barb 0421 273 907

Rowville Toastmasters meet on 2nd, 4th and 5th Tuesday each month at 7.15 pm for 7.30 pm at RAFT Church. Contact, Kerryn contact@ rowvilletoastmasters.org.au

Rafters Toastmasters meet on 1st, 3rd and 5th Tuesday each month at 7.15 pm for 7.30 pm at RAFT Church. Contact, Laura; rafterstm@gmail.com

**Uniting Church** Services Sunday at 10am. Contact 9753 3495 Toddler Gym Tues & Friday 9.30-10.30 & 11am - Noon (during School terms)

Yoga for Kids Fun classes for primary students. Tuesdays 4.30pm Rowville Scout Hall Contact info@schooltimeyoga. com.au or 0468 471 102 www.schooltimeyoga.com.au

#### **June Events**

#### **Rowville Secondary College Coffee with the Principal**

Connecting with the local community to help us build 'one great school'.

5th June @ 7pm-8pm or 15th June @ 2pm-3pm. Visit our website to book or call 9755 4555.



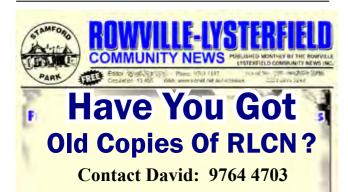
## From the **Editor's Desk**



Did you see our President Rob James on Channel 7 Sunrise? He was interviewed as the caretaker of the Bruny Island Lighthouse. Fame at last, but will it have changed him? Will the glamour of media personality go to his head? We

With the closing of the Newsagent in Stud Park Shopping Centre our display stand can no longer stand where it used to, just outside their doorway. After negotiations with the Centre management it will now be located opposite the Kmart entrance, against the hoarding around the old newsagents site, outside U-R Next Hairdressers. As I write this column, the Gift Shop, in that same vicinity is also closing, so that whole area of the Centre will be reinvigorated with new outlets.

Many thanks to Judy Golding, who responded to our request for copies of old editions of the RLCN. They were a welcome addition to our files. We are still looking for issues from the 1980's and 1990's. Have a dig around in the shed or garage and see if you can help us to complete



#### - Deadline -**JULY 2017 EDITORIAL & ADVERTISEMENTS**

Wednesday 14th June Articles, News or Letters to the Editor editor1@rlcnews.com.au

PHOTOS: please email separately DO NOT EMBED IN DOCUMENTS

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9764 4703 or editor1@rlcnews.com.au

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OF VICTORIA

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You can also help us by taking a copy of the RLCN on your travels and taking a 'candid' photo that we can reproduce in our 'Travels With The RLCN' segment.

A great deal has been written and spoken about in the media about 'elder abuse' and the Rowville Lysterfield Community News is no exception. Cr Seymour has extensive covered the issue in our paper and this month the Eastern Community Legal Centre explain what is elder abuse and the help they can offer if you have been affected. It is a sad indictment of our society that this subject exists at all. Surely we are more understanding and sympathetic than that. If you suspect a neighbour or friend is suffering call them today, not tomorrow. Alternatively you can visit the 'Seniors Rights Victoria' website www.seniorsrights.org.au or contact them on their free confidential helpline 1 300 368 821. On the 15th June it is 'Elder Abuse Awareness Day', which is when the world voices its opposition to the abuse and suffering inflicted on older people.

Finally, congratulations to the Lions Club of Australia on achieving 100 years of service to the community. No doubt there are many in the community who have benefited from their support. Long may it continue, but that can only be achieved with volunteers. Can you help?

David Gilbert

## **Important Notice**

Following the closure of the newsagent in Stud Park Shopping Centre, our RLCN display stand will be temporarily placed opposite the Kmart entrance, against the hoarding around the old newsagents site, outside U-R Next Hairdressers. We apologise for any inconvenience but assure you that we are cooperating with Stud Park management in their endeavours to improve the overall concept and facilities within the Shopping Centre.

## **Punography**

Jokes about German sausage are the wurst.



#### **Knox Council Residential Garbage Charge** to help ensure future viability of Council services

Knox Council is proposing to introduce a flat residential garbage charge levied on each property, following the adoption of the proposed 2017-18 Annual Budget by Councillors.

"It's important for people to understand that this is not an additional charge, nor will it increase the total amount of rates, fees and charges collected by Council this year," Mayor, Cr Darren Pearce, said. "Rather there will be a reduction on the general rate levied to offset the charge's introduction on

each residential property rate assessment notice."

The Mayor said Council was committed to being upfront in explaining the reasons for this decision.

"The cost of providing these services is rising well above

the annual 2% increase in the rate cap and Council had to act to ensure the future viability of this and the many other services we provide across Knox." He added that he understood that the measure may not be popular but asked residents and ratepayers to view this decision in the context of safeguarding the services.

"As Mayor, I am not going to allow escalating costs in one area to potentially jeopardise

other vital services. Good governance sometimes means taking difficult decisions for the longer-term benefit of our

The Mayor said the impact of rate capping continues to challenge the ability of Council to deliver the services and capital works expected by our community.

**Editor's Note:-** Although the deadline for submissions passed on 30th May you can still write to your councillor to express an opinion.

## Calendar of Events

27 May – 25 June Ramadan - Islam www.timeanddate.com/holidays/australia/ramadan-begins

1-30 June **Bowel Cancer Awareness Month** www.bowelcancerawarenessmonth.org

**Medical Research Week** 2-10 June www.asmr.org.au/MRW.html

Mabo Day 3 June www.aboriginalheritage.org/news/2013/mabo-day

**National Whale Day** 4 June www.nationalwhaleday.com.au

**World Environment Day** 5 June www.thinkeatsave.org

8 June **World Oceans Day** www.un.org/en/events/oceansday

12-18 June Men's Health Week www.menshealthweek.org.au/En/Default.aspx

**Healthy Tuckshop Day** 14 June www.tuckshoprevolution.com.au/

**World Blood Donor Day** 14 June www.who.int/worldblooddonorday/en/

**World Elder Abuse Awareness Day** 15 June www.un.org/en/events/elderabuse/

**National Buddy Day** 15 June www.buddyday.org.au/

Refugee Week 18-24 June www.refugeeweek.org.au/

**World Continence Week** 19-25 June www.continence.org.au/

20 June **World Refugee Day** www.un.org/en/events/refugeeday/

**International Day of Yoga** 21 June idayofyoga.org/

**Red Apple Day** 21 June www.redappleday.org/

**International Widows Day** 23 June www.un.org/en/events/widowsday/

Day of the Seafarer 25 June www.imo.org/About/Events/Pages/Day-of-the-Seafarer.aspx

26 June **World Drug Day** www.un.org/en/events/drugabuseday/

World Scleroderma Day 29 June

www.sclerodermaaustralia.com.au 29 June **Public Service Day** 

www.un.org/en/events/publicserviceday/

**Social Media Day** 30 June mashable.com/smday/

30 June **Red Nose Day** www.rednoseday.com.au

1-31 July **Dry July** au.dryjuly.com/

#### Community Service Clubs' Page



#### Sponsored by Rotary Club of Rowville - Lysterfield





Our Rotary Club aid project on Kiriwina Island is progressing well, with the three composting toilets installed and operating. A special toilet building was constructed to house the waste systems with the cubicles above them, a vast improvement on what they used before! The village people reckoned they were 'too good' for a toilet and they wanted to move in!

A heart-warming story was about Ribs, who only had one leg and lived in a remote part of the island. To get around he pulled himself along the dirt while sitting on a broad leaf, so we presented him with a wheelchair, as part of the Kiriwina Aid Project. Unfortunately, Ribs injured himself and didn't



seek medical attention, his wound became infected and he died three months later from septicaemia. But here's the best part of the story. When Ribs knew he was dying, he asked to be buried with his wheelchair so he could use it in Heaven..and that's what happened! Rotarians, derive great satisfaction from delivering aid projects. We could be working on Kiriwina for some time yet as there is still so much to do! But it all takes money, so, if you would like to make a donation please send a cheque to the Rotary Club of Rowville-Lysterfield, PO BOX 2852, Rowville 3178 or direct donation to the Club account at Bendigo Bank: BSB 633000 – A/C 156363616. We will acknowledge every donation received.

If you missed our April Charity Business Breakfast you missed a rare opportunity to get to know Peter Hitchener, veteran news reader on Channel 9. He gave us an intimate insight into 40 years at Channel 9 particularly since taking over from the late Brian Naylor in 1998. Our Spring Charity event is scheduled for mid-October, so stay tuned for who the special guest will be.



Ribs and his wheelchair

We provide personal development opportunities for young people, such as Interact Clubs (Rowville Secondary College), Knox Rotaract Club, Primary Schools Speech Contest, Year 10 4-Way Test Speech Contest and many others, including our Overseas Youth Exchange all of which provide a valuable and memorable experience for participants. If you would like your child to participate, please call our President Heather on 0419 376 743 or Kevin on 0419 919 011.

James Wilson



Toastmasters helps people develop their leadership and communication skills. But it does more than that. It builds self-esteem and confidence that can be transferred to a career, interpersonal communication or just coping with daily life.



It can seem scary getting up to talk in front of people, but it is amazing what a supportive environment like Toastmasters can do to blow away those nerves.

Take the case of Karl Hughes, who has been with Rowville Toastmasters Club for 18 months.

"When I first stepped through the door of Rowville Toastmasters I was really nervous about speaking in front of people and I didn't know what to expect", said Karl. "But recently I was in the Division Contest Finals. Now I'm going on to represent my club at the District Contest level. Who would have thought? I couldn't have done it without the help of Toastmasters."

Toastmasters isn't just about improving your communication skills, it also does wonders for building confidence in everyday life. Just ask George Bosco, a Rowville Club member for 3 years, who is a living example of building confidence. George placed second in the Division International Speech Contest and second in the Division Humorous Speech Contest.

"Progressing from the Club level to Area to Division is something I am proud of as it takes a lot to compete at that level", said George. "Of course, while contests are a great way to hone skills and build confidence, they are not for everyone. You get so much learning and enjoyment from



L to R:- Karl Hughes, first place Table Topics Contest (Division Level) and third place Evaluation Contest (Division Level); George Bosco, second place International Speech Contest (Division Level) and second place Humorous Speech Contest (Division Level).

just attending the club meetings. They're fun, supportive and through the Toastmasters structured program, you experience a self-paced learning pathway."

Guests are always welcome to both Rowville and Rafters Toastmasters, so please come along as you will never know the skills and confidence you'll gain. Like Karl and George, you might just be taking a trophy home from your very first speech contest.

Details of the meeting venue, dates and times can be found in 'What's On Locally' on page2.

Karl Hughes, Sergeant at Arms, Rowville Toastmasters



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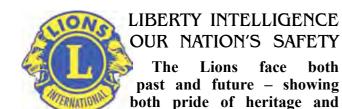
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confidence in the future.

1917; June 7th, 1917, Melvin Jones, a Chicago businessman, convened representatives from 27 varied clubs across the USA, to a meeting in the Hotel LaSalle in Chicago. His purpose was to form a new association dedicated to serving the local and wider community.

- 1920 Lions Clubs became international with the founding of a Club in Windsor, Canada.
- 1925 Helen Keller asks Lions to become 'knights of the blind in the crusade against darkness'
- 1945 Lions assist in drafting the United Nations Charter.
- 1947 First Australian Lions Club formed in Lismore, N.S.W. by William Tresise
- 1948 Lions clubs formed in Stockholm, Geneva and in the leper colony in Kalaupapa (Hawaii).
- 1954 'We Serve' is selected as the official motto for Lions.



Just another day in the life of a Lion



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The new \$1 Lions Postage Stamp

- 1968 Lions Clubs International Foundation (LCIF) established.
- 1977 Lion Jimmy Carter, a peanut farmer, becomes President of the United States.
- 1987 The association allows women to become members
- 1990 Sightfirst is launched, raising more than \$415 million dollars to help eradicate the major causes of
- blindness.
- 2003 Through Sightfirst, Lions and the Carter Centre record their 50 millionth river blindness treatment.
- 2011 LCIF awards its 10,000th grant = US\$708 million.
- 148 millionth dose of Mectizan to treat river blindness.
- 2017 Lions celebrate 100 years of service.

Editor's Note: -To celebrate this magnificent achievement, the Australian Post Office will be issuing a commemorative \$1 stamp on 7th June. In their prerelease information they say, "Lions Club International is a secular and politically non-aligned service organisation that empowers volunteers to serve their communities meet humanitarian needs, encourage peace and promote international understanding". A future collector's item? Julia Young



Sustainability Victoria's ResourceSmart Schools Awards are now open and all government and non-government schools are invited to get involved. Now in its 10th year, the Awards are Victoria's largest sustainability awards program.

Sustainability Victoria CEO, Stan Krpan said all Victorian schools were eligible to enter, share their knowledge and experience and gather inspiration for future projects. "ResourceSmart Schools is about helping schools and their communities develop and implement environmental programs and the awards are an important part of that," Mr Krpan said. "Whether your school is reducing waste, water and energy use, installing solar panels, developing a biodiverse indigenous garden or beautifying a local area, the ResourceSmart Schools Awards program can add value to what you are doing."

There are 16 award categories designed to recognise a specific area of sustainable action, including two new overall categories, 'Leadership School of the Year' and 'School of the Decade'.

Entries for the 2017 ResourceSmart Schools Awards close on 31st July. They will be presented in October.

You can find out how to enter at www.sustainability.vic.gov.au/schoolsawards.

Michael Birt



#### Rowville Aspiring Writers

#### Out of Paws Reach

By Linda Hutchison

It was no good. Emma paced past the cat cages again, but the familiar brown face didn't appear again, but the familiar brown face didn't appear anywhere. She just couldn't understand how on earth and she hadn't left him out at night. Her balcony was a couple of floors up, so it's not likely that he leapt off. The

last time she'd seen him, he'd been stalking across her bed. She'd assumed that he'd been looking for somewhere to sleep. But later that day, she couldn't find his warm, furry body snoozing anywhere. And that's when panic had set in.

Overnight, she'd been out calling his name from the balcony, over and over, like some wannabe Juliet singing out unsuccessfully to Romeo. In turn all she heard was silence, until finally a window opened and a kindly old face looked down.

"He ain't coming home, love. Now go to bed, there's a good girl."

By 6:00am, she'd printed one hundred flyers with his precious seal-point face on them, and was waiting for the newsagent to open so that she could buy the metres of sticky tape she'd need to plaster them all over the neighbourhood. By 10:00am, with flyers now adorning posts, poles, walls and even paths, she'd collapsed exhaustedly onto the couch and passed into a fitful sleep, where she could hear him purring, but couldn't see where he was. She woke abruptly,

in a cold sweat, and again looked at her pantry with disgust. Food no longer had appeal.

That afternoon, she posted a Missing Cat message on her Facebook page, and included fifty photos of her beloved boy.

"Aren't you overdoing it a immessaged her best friend, Phoebe.
"I'd have posted 200 if I had th "Aren't you overdoing it a little?"

time," she messaged back. "One slightly different angle ..... just be enough to jog someone's memory."

She rang every cat shelter within a 100 kilometre radius, but with no luck. She searched her apartment again, going through suitcases and pulling books out of bookcases, so she could check behind them. But there was still no sign of him, and her desperation levels were rising.

Three days later, she had door knocked her entire neighbourhood, placed ads in every shop window with an agreeable owner, and had posted his details on every missing cat website option available, including GumTree. Her heart was broken. She was sure he'd be pining now, or was lying dead in someone's backyard. Her phone rang, and she burst from her seat to grab it.

"Oh, Phoebe, it's you." Emma said, disappointedly.

"Thanks a lot, mate." replied Phoebe, grinning.

"Sorry – I just know he's somewhere. I need to find him before it's too late."

"No worries, just wondering if I can help."

"You could come with me to the Lost Dogs' Home again." Emma asked with such a forlorn tone of voice, Phoebe couldn't refuse. Besides that, Phoebe knew of a great café near the shop and she was sure she could persuade Emma to go with her. She drove over.

Emma rushed into the cat section of the Lost Dogs' Home and almost pushed over a small child in her anxiety to check every cage. She

reached the final one, and could only note a handful of tortoiseshells, and a large Russian Blue male. No sign of Chester. She started back at the beginning. After four increasingly slow rounds of the shelter, Emma had to admit that he wasn't there. Her

spirits and her body were drooping. "Come with me to the Cosy Corner Café, Em – you need

The thought of food was vaguely nauseating, but Emma followed her friend across the road with her head down and her hope even lower. There was no finding him and she couldn't replace him. A gaping hole was opening in her life. She entered the café and sat unseeing at the table Phoebe led her to. Phoebe pushed a menu across the table, but she

a cuppa," pressed Phoebe.

didn't even look at it.

"Just some tea, please." Emma spoke to the waitress with looking up.

"Emma, look around you." Phoebe's voice had risen in pitch, but Emma barely noticed. She kept staring at the pattern of the wood table in front of her, racking her brain for ideas of where to look next.

A slim brown paw snaked its way up next to her leg, and tried to flick the fork down onto the ground. Emma nearly fell out of her chair. "Chester! What are you doing here, you rabbit!" Emma looked up and realised that she was in a cat café – surrounded by moggies of all sizes and descriptions. But the only one she had eyes for was now snuggling on her lap. She hugged him close and wiped her tears away with

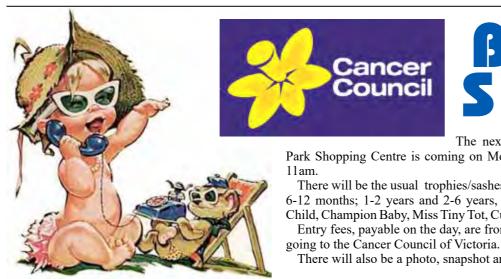
"Order me an apple pie, Phoebe" Emma said firmly. "It's time to celebrate.

The owner of the café, noticing Chester's close attention to her customer, wandered over and said "It appears that you know our newest arrival. A lady dropped him off yesterday. She'd found him asleep in her washing basket, but thought

he was too lovely to take to the shelter."

"The case is solved then – he must have been asleep in mine when I took it down to the laundry, and set it aside to wait for the next free machine. From now on, my dear boy, you stick to my bed." Emma hugged him close. "Or the window ledge, or lounge, or cupboard, or ironing board just not the washing basket."

He purred his agreement.



The next Baby Show in the Stud

Park Shopping Centre is coming on Monday 19th June, starting at

There will be the usual trophies/sashes for age groups 0-6 months; 6-12 months; 1-2 years and 2-6 years, plus Princess, Prince, Ideal Child, Champion Baby, Miss Tiny Tot, Cutest Baby and Best Dressed. Entry fees, payable on the day, are from \$3 to \$5 with all proceeds

There will also be a photo, snapshot and portrait section.

Cancer Council

### Letter To The Editor

Hi David

I saw your question in the April edition in 'Memory Lane'. In reply, yes that was me. I remember collecting the coloured dots from the RLCN and I think I posted them to you. You then came to my house and took my photo at the front door.

Thank you for mentioning it at the Anzac Service at Rowville last month.

Regards,

Dana Schwass

Editors Note:- A 'Memory Lane' copy of you accepting the prize



## FROM THE ARCHIVES



Three 1st Rowville Scout group Cubs earned their Grey Wolf Badges, the highest award a Cub Scout can earn and is equivalent to the Queen Scout Award at Venturer level. Bethany Henry, Amy Stanley and Dylan Powis were presented their awards by the Cub District Commissioner and Deputy Commissioner. Are you still involved with the Scouts movement?

Fruitful Vine Church celebrated 30years in style with an anniversary banquet. Pastors Yvonne and Philip Kitchen gave a pictorial overview of the church's history, highlighting the international impact of the teaching materials sent to fifty nations. We haven't heard from you for a long while. Let's reconnect.

In an attempt to encourage residents to connect with the bushland, Knox Council organised a guided walk and Dreamtime stories with a traditional aboriginal welcoming ceremony at the Starlight Reserve. Around 200 people attended. Were you one of them?

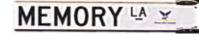
The Eastern Raptors Rugby League Club played their first ever competitive games at Under 7, 9 and 11 age groups. The Under 9's were particularly thrilled to play at half time in the Storm v Broncos NRL match. How many of you are still playing?

Heany Park Primary School welcomed the Principal and English language coordinator from SDNI Serang 2 School in West Java Indonesia. The meeting aimed to strengthen relationships and respect for each other's cultures and to exchange teaching resources materials and teaching strategies. Do you remember the visit?

Stud Valley Ladies Golf Club celebrated their 30th Anniversary with a luncheon at the Waverley Club. As we don't hear from you anymore has the Club folded?

The Rowville Baptist Church celebrated 30 years of their school holiday programme, "Club Extreme". Young people are key contributors to the programme and it's just one of the ways the Church encourages them to develop life skills and faith. Have you been involved in "Club Extreme"?

The Rowville Rail Study Stage 1 Draft Report was released. Council resolved to prepare a response to State Government and continue to advocate for the Rowville Rail. Despite multiple studies and action groups we still await commitment from the Government.











20 years & Life Membership

25 Year Volunteers

## **RLCN Reception/Presentation Night**

Around 50 people attended our annual reception which was held at the Neighbourhood Learning Centre last month, where we thanked and acknowledged community volunteers who are instrumental to the success of the RLCN. These people deliver the newspapers every month to your house, proof read the content, advertise and sponsor.

For the first time we awarded a certificate for 35 years, although the recipients couldn't be there to accept our grateful thanks. Sandra and Doug Luxmoore, have been with the paper since its inception in 1981 and have walked many, many kilometres since then, ensuring that their neighbours and friends receive a copy of our community newspaper every month, come rain or shine. Thank you both very much for your splendid support.

This year's recipients were:-

- 5 Years Jan Bates; Marg & Phil Curry; Alice Donato; Judy Golding; John Jenkins; John Lewis; Chris Morgan; Lyndall & Laurie Navez; Powell Family; Restore Community Church; Jane Thomas; Robert Waneck and Marie & Peter Way.
- 10 Years Barrow Family; Françoise Bryan; Kath Davison; Lauren Hopkins; Anna Karamanski; Steve Ketzer; Helen Rolfs and Nick Wakeling.
- Greg Adams; Jenny & Peter Anderson; Australia for Christ Church; Sue Cole; Sonya Johnson; Melissa Lakic; Jenny Reid; Rowville Group Fitness and St Simon's Parish Church.
- 20 Years Glynis Allan; Julie & Alan Malony; Marianne Smith; Sue Taylor and Sue Turner.
- (These recipients also became automatic Life members of the RLCN)
- 25 Years Graeme McEwin and Gaynor & Steve Wyatt
- 35 Years Sandra & Doug Luxmoore.

After the presentations we showed a short 10 minute film, produced by student Shing Hei Ho, about the trials and tribulations of the Rowville Rail project. All those present agreed that it was a very clear and concise account of our long, long wait for the railway. Our congratulations to Shing Hei on a job well done.

David Gilbert



Editor's Note:- Our thanks to Priscilla & colleagues for their assistance in making the rooms available and for the equipment.

At The Knox School we like to celebrate

"After School Heroes"; those students who take on causes for the sheer joy of wanting to change the world.

Eight-year-old Cameron Park is one of those heroes.

Tired of seeing those pesky plastic bags coming home from the supermarket, Cameron took it upon himself to research into the effect of almost 4 billion bags being handed out in Australia alone. Only a small fraction are recycled, the remainder blow around the suburbs where wildlife become caught in them and die. Some blow out to sea causing death amongst turtles, whales and seabirds. Others take hundreds of years to degrade.

Cameron, who is a member of Joeys, the junior scouting movement, has taken

a scout promise challenge to collect plastic bags and save The Knox School them from becoming landfill. He collected 15 large boxes filled with thousands of bags.

Cameron also investigated why and how bags should be

recycled and the effect they have on the environment if allowed to remain uncollected. "When you throw things away, they don't go away!" Cameron

Cameron took his 15 boxes to REPLAS Australia, a large plastic recycling company, who turn ordinary household rubbish into seating, walkways, bollards, signage and many other useful products.

It's young people like Cameron who are making a difference in today's world.

Barrve Dickinson

Editor's Note:- A truly terrific effort Cameron. Imagine if all Knox Schools followed your lead, we would have no plastic bags blowing around our



Cameron with his collection of plastic bags

I am part of the Top Performing School in Knox

#### **Book a tour today:** School Tour

Saturday 17 June, 9.30am

Year 7 in 2019 Open Morning Wednesday 9 August, 9.00am





Ph: 8805 3800 www.knox.vic.edu.au



## Rowville Community Library

June

"Feeding the minds of our community... Sponsored by Cr Darren Pearce



Gardening @ Rowville: Tuesday 13th June at 10.30am. Plant Nomenclature. Why do we use Latin names for plants? Why so many? Join us at Rowville for a fascinating exploration of plant names, their meaning and origin. For further information, phone 9800 6443. Free

'Changes to aged care: maintaining control and independence at home.' Thursday 22nd June at 1.30pm. Join us for this informative session to learn about the various Home care and support programmes available and how to navigate your pathway through My Aged Care to accessing quality, trusted care. The talk will be presented by a representative of Carers Victoria. Free event. Bookings essential: 9800 6443.

Tech Events. Thursday 22<sup>nd</sup> June 6.00pm -Graphic design for Small Businesses. Please bring along your device and any questions. Free event. Bookings essential: 9800 6443.

Computer workshops: Free sessions on Thursdays at 2pm. Please book: 9800 6443.

Italian Chat: Sessions will be held on the second Wednesday of the month at 2.00pm. We have our Italian speaking librarian who will lead this session so that you can



Rose Farewell with Ming



Simply Stitching: will be held weekly on Wednesdays from 9.30am. This is a 'bring your craft session' which anyone can attend. Phone 9800 6443. All will be made welcome. Refreshments provided.

Tech Help: On Tuesday and Wednesday mornings a staff member is available from 10am to assist people to use the computers (ours or yours!). Everyone is welcome. The sessions are free.

Afternoon Bookchat! Our book discussion group is open to new members to share what they have been reading. A selection of new books will be available. Next meeting will be on **Monday 5<sup>th</sup> June** at 2pm.

**Bookclubs:** Three bookclubs each meet once per month - Thursday evening or Tuesday afternoon. Interested? ... Total cost is \$36 per calendar year.

Family History Help: Rowville Library offer free one-on-one assistance, but first please telephone 9800 6443 for a time, to ensure staff availability. Charles can assist with a range of research options!

eBooks and eAudiobooks: Book a 45-minute oneon-one session to help you use library services on your eDevice while connected to the library's Wi-Fi... Sessions are also available in Italian. Bookings 9800 6443

practice your Italian (not a class).

Welsh Language Group: Usually held at Rowville Library on the 1st and 3rd Sundays of the month 1-4pm. The group will sometimes meet at another location/time. Register your contact details with the Rowville Library staff and a member of the Welsh Group will contact you to confirm time and place. It's free!

A Library

Farewell

The community turned out in impressive numbers

to farewell our long serving Library Manager, Rose Thompson. It was a festive yet poignant time with speeches,

presentations, balloons and plenty of mouth-watering food. Ximing Dong (Ming), an 11 year old student at Rowville

Primary School, who had known Rose since her first visits to the library as a baby, entertained everyone with her

masterful performance on the Guzheng, a Chinese zither.

Rose thanked everyone for their support over many years,

then as she prepared to leave, displayed her T shirt which was emblazoned with the words "Time To Do Absolutely

Happy retirement Rose.

David Gilbert

Rowville Writers' group: Next workshop will be Tuesday 6th June and the meeting will be Tuesday 27th June, at 1pm.

**Home Library Services:** for free book deliveries please ask to speak to Raelene on 9800 6443.

Chinese Friendship Group: This group meets at the library weekly on Thursdays at 10.30am.

#### **Children's activities:**

List of regular storytimes held during school terms: Bookings are not required.

**Monday** 10.30am Pre-school storytime (age 3-5): **Tuesday** 10.30am **Family storytime** (all ages)

Wednesday 10.30am Toddler storytime (age 1-3) & 2pm **Tiny Tots storytime** (age 0-12 months)

Saturday 10.30am Family storytime will be held every Saturday morning (excluding summer holidays).

Are you a member of the Rowville Community Library? You just need ID to join. Joining is free. Borrowing is free. Normal opening hours are Mondays to Wednesdays 9-5.30, Thursday and Friday 9-8, Saturdays

9-4 and Sundays 1-4. Details about the library service are available from our website at www.erl.vic.gov.au, and you can even join on-line.

**Rowville Community Library 9800 6443** 



Biggest Morning Tea

The Year of Living Danishly: My Twelve Months Unearthing the Secrets of

The Year of Living

Uncovering the secrets

of the worlds

happiest country

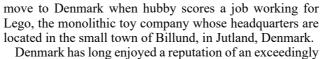
Helen Russell

the World's **Happiest** Country

by Helen Russell

I am an out and out Scandophile not a real word but let's pretend). I immerse myself Scandinavian murder mysteries and dramas, both in book format and TV series.

I dream of visiting the lands of the fjords and reindeer but until I've saved up enough pennies I must live vicariously through the written word. Enter "The Year of Living Danishly". Helen Russell and her husband



liveable country; free education from Kindergarten to University; free healthcare; free childcare. Of course this is offset by mind blowingly high taxes. The Personal Income Tax Rate in Denmark stands at 55.80 percent. I

must mention too that since this book was written Norway knocked Denmark off their perch and took out the World's Happiest Country title for 2017. Denmark is now rated second.

The author sets out to discover if the world's happiest country is exactly that, or are there misconceptions? For instance, could all that 'happiness' be a result of Denmark being one of the leading consumers of alcohol in the world, which isn't necessarily a good thing! Helen Russell has a fine sense of humour which makes this an extremely readable book. I had more than a few laughs and learnt quite a lot at the same

Linda Dalziel, Interim Manager, Rowville Community Library



## Paul's Photography Patter

Most people prefer a blurred background in an image of a person, animal or bird, in preference to one where there is a sharp background. This bokeh effect is very flattering because it isolates the

main subject by separating it from the background. Bokeh means blur in Japanese and it is purely aesthetic.

Blur basically depends on how shallow your depth of field

Blur basically depends on how shallow your depth of field is, with the further the background is from your subject, the smoother the blur.

Depth of field depends on three main factors:

Firstly, the larger your aperture (smaller the f-number), the shallower your depth of field.

Secondly, the camera to subject distance controls the depth of field. To illustrate this point, lift your thumb in front of your right eye and stare at it while closing your left eye. While focusing on your thumb, notice that you cannot clearly see the background. Now move your thumb farther away from your eye, keeping your thumb in focus. You will notice that the background won't be blurred anymore. This works with your camera the same as it does with your

eyes. The closer you get to your subject, the more blurred the background will be.

Thirdly, the lens focal length changes the perceived depth of field.

If you cannot get close to your subject, but still want to isolate it with a background blur, then zoom your lens out to a long focal length. By zooming to a longer focal length, you can photograph portraits, wildlife, macro, and isolate anything you can't get close to. The other advantage is that you don't need a large aperture to achieve the blurred background.

A longer focal length will appear to give you a shallower depth of field, because the subject is compressed, and the isolation between your subject and the background is more important.

**HINT:** The best background blur is achieved by a possible combination of a long telephoto lens, focused really close to your subject and use a really wide aperture.

Happy snapping, Paul Lucas.



A black dingo taken close up with a large aperture.

## Rowville Cake Decorators

Rowville Cake Decorators will hold their next workshop on Sunday 18th June at the Scout Hall in Murramurra Drive. Please note this is one week later than normal. Jean Venn will host this workshop which will focus on making roses. Jean has heaps of experience so why not come along and learn a few of her techniques. It will definitely be a great and enjoyable day. Don't forget it is a bring your own mug and lunch.

The cost for the workshop is \$10 for members and \$15 for non members. For all bookings and information please call Jean Venn on 9763 1702 or Jan Longley on 0412 809 024

Jan Longley



There is much activity going on just to the west of Stamford Park Homestead. While many Rowville-ians will be aware, there are those of you that don't realise there will be, in the near future, a new estate coming up out of the ground between the homestead and Kingston Links golf course. These houses will be low-rise, modern housing with the

maximum green credentials so far to be built in this State. All will come with solar panels, grey water recycling and all the other 6-star goodies to future-proof this estate for many years to come.

The shed was fortunate to see the layout for the new development some time back and we are expecting to have a new, much bigger shed erected for many uses of benefit to local clubs and organisations in the overall plan. Of course, a project of this size cannot happen overnight, but when it does, we will be expecting a huge increase in membership of the Stamford Park Men's Shed. Maybe, from that time, less and less people will ask, 'Stamford Park. Where is that?'

In recent times we have been fortunate enough to have additional personnel drop in for a look-see at what the Mens Shed movement is all about. A few are contemplating joining us very soon. These new members will be welcome, bringing additional skills as well as the chance to get out occasionally and meet other men around that age looking to fill their time with something better than sitting in front of

the idiot box all day. Our members often have an outing for lunch and/or the cinema every month or so. Mario usually picks a very good show. Bring your seniors card.

Autumn has arrived at the shed as shown below. Many of the trees are giving us quite a picture that makes it all seem worthwhile. We all enjoy the responsibility of these chores

and the exercise gained can only go to keeping us more flexible than we might have otherwise been.

Ernie Morgan



Autumnal colours at Stamford House

## Home loan deals.

At Bendigo Bank, it's all about rewarding you with greater savings on your home loan, the more you choose to bank with us.

And for you, that could include saving \$600 on home loan fees\*.

So, consider a home loan from Australia's most reputable bank (AMR Corporate Reputation Index 2015).

Drop into our branch at Wellington Village Shopping Centre, Shop G7 / 1090 Wellington Rd, Rowville at a time and place that is convenient for you to find out more about securing a home loan you can count on.



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The Gymnastics Victoria Trampoline Championships were conducted at the Rowville Community Centre during the Easter period. The event saw over 100 athletes and officials and around 300 spectators over the two days.

The Athletes and officials came from local and regional clubs and some as far as South Australia and New South Wales. The athletes were vying for selection to perform at the Australian Gymnastics Championships at Hisense Arena in Melbourne in late May/early June.

The championships were very lucky to have in attendance Blake Gaudry, the Rio Olympic Athlete, who is currently training several days a week at the Community Centre.

#### Three Year Old Pre Kinder for 2018

Our Pre-Kinder operates during school terms from Monday-Friday with Qualified staff and small groups of 10 children. The program's structure incorporates sensory, gross and fine motor skills and focusses on social and emotional independence. Phone to arrange a tour of the

#### **Senior Sports**

The Senior Sports group runs Mondays and Fridays 10am-12pm and includes Badminton, Tennis and Table Tennis. New members are always welcome regardless of their fitness level or abilities, so grab some friends and come along and enjoy what this fantastic group has to offer.

For further information please phone Rowville Community Centre on 9763 7400 or visit us at 40 Fulham Rd, Rowville.

Trish Massie



Athletes training during a warm-up session.

## stributors





**WELCOME** to new distributor Lois O'Brien THANK YOU to retiring distributors – Wendy Twaddle – 12 yrs, Muriel Bailie – 1 yr THANK YOU to – Rick & Pat Goss for taking on extra distribution

Voluntary Positions
Can you or do you know someone who can be a deliverer in the following areas? (If the listed area has too many papers, please give Peter a call as areas can be negotiated.)

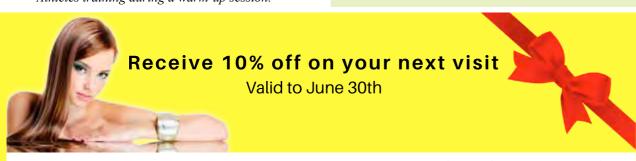
1 x Area Contact Person (ACP) - who liaises between the distributors and the Distribution Coordinator

Area 1 – This area is the Timbertop Dr and Seebeck Rd Estates.

1 x Captain (CAP) – who counts and delivers the bundles of papers to the distributors

Area 3B - This area is bordered by Bergins Rd, Whitecliffe Dr / Liviana Dr / Trisha Dr / Clauscen Dr & Wellington Rd,

Please contact – Peter Rumble – 9752 7592



Seniors Colour and Cut and Blow Wave - \$50 (Short Hair) Ladies Trim \$28 Kids Hair Cut \$15



Call 03 9764 1070 to book your appointment 67 Lakeside Blvd Rowville, 3178

Our June 'Distributors of the Month' are husband and wife team, Jenny and David, who on the 20th April received an RLCN Award in recognition of 15 years volunteer service with the paper. Jenny and Peter moved to Rowville from Wantirna 17 years ago. Their original delivery area included the Bellfield and Lakesfield Drive areas later broadening to incorporate Palmerston Rd and surrounds. They deliver approximately 160 papers.

Jenny describes herself as a 'Home Executive' and Peter has a business based in Rowville that supplies, installs and services diesel generators. They have been married for 30 years have 3 adult children and 5 grandchildren. Jenny enjoys knitting, tapestry, reading and gardening whilst Peter is a fully paid up and optimistic Melbourne supporter and a keen golfer. He was involved with scouts (8th Waverly Scouts) and cubs (2nd Wantirna) for many years and was himself a Queens Scout. Peter has a number of other interest including flying and one day owning an Aston Martin.

Jenny and Peter are well travelled completing many river and ocean cruises throughout Europe, the Pacific and Tasmania. They have also toured extensively throughout the U.K visiting Peters fathers house in Scotland and have been to the USA.

The RLCN is proud to feature Jenny and Peter as this month's distributors of the month.

John Woodward

\*1A-15 - Seebeck Rd (odd #'s 3 to 79; even #'s 4 to 70) 50 papers

#### Please contact – Peter Rumble – 9752 7592

\*2A-05 - Hillview Ave & Lidgate Ave – 46 papers

#### Please contact – Jan Bates – 0418 583 631

- \*3A-08 Heany Park Rd (even #'s 24 to 30), Perri-Raso Rise, Jejana Tce, Reservoir Cr, Nocera Pl, Providence Pl - 72 papers
- \*3A-15 Quail Way (even #'s 4 to 26; odd #'s 3 to 45), Goldfinch Pl, Whipbird Ct – 60 papers
- \*3A-16 Saltbush Ct, Virgilia Ct, Happy Valley Ct, Liberty Av (even #'s 2 to 58), Carson Ct, Westminister Dr (even #'s 2 to 12; odd #'s 1 to 9)
- 3A-18 Quail Way (odd #'s 73 to 101), Montague Ct, Cleveland Ct, Glenn Ct, Ian Ct, Nicole Ct, Dani Ct, Sheridan Ave, Pia Dv (even #'s 68 to 80; odd #'s 69 to 77) - 125 papers
- \*3A-22 Quail Way (even #'s 28 to 88; odd #'s 47 to 69), Harwood Ct, Chatsworth Ct – 60 papers
- \*3B-08 Salerno Way (except 2 houses), Brearley Ct, Ferrier Ct & Whitton Ct – 75 papers

#### Please contact – Shirley Oudshoorn – 9764 4672

\*5B-09 - Wahroonga, Gwalia & Regents Park Crts, Kellbourne Drive (from Murrindal Dr roundabout to Karoo Rd), Karoo Rd (even #'s 208 to 216) – 110 papers

\*5B-15/5C-12 - Karoo Rd (even #'s 226 to 250); Langhorne Dr (odd #'s 1 to 11), Parklane Way, Victoria Knox Av (even #'s 2 to 22), Karoo Rd (odd #'s 231 to 251) - 52 papers

\*5C-01 - Longwood Cl, Waterloo Pl, Boradino Pl, St Helena Pl, Emperor Pl, Jenna Ct, Narev Ct. (65 papers)

\*6A-17 – Dandelion Dr (even #'s 166 to 188), Wentworth Av (odd #'s 3 to 15), Airlie Crt, Balmoral Crt, Silkwood Stars (Child Care Centre) - 50 papers

\*6A-18 – Willow Ave (even #'s 32 to 94), Poplar Cl, Jasmine Ct - 55 papers

#### Please contact – Peter Rumble – 9752 7592

\*7A-14 - Saunders Cl, Beckbury, Bethelle, Quinn & Louise Crts, Sullivan Ave to Cambridge Close.- 115

Please contact - Kayla - 0478 763 936

Peter Rumble - 9752 7592 - Distribution Co-ordinator

# **Questions That Haunt Me**

What disease did cured ham actually have?

## Coffee with a Cop

At last month's 'Coffee With A Cop' in Stud Park Shopping Centre, Sgt Spencer said that the initiative was still being very productive and that the interaction between the community and the local police was positive and re assuring. The initiative will continue until November and Sgt Spencer said that any issues, both positive and negative, concerning the safer living of the Rowville community can still be monitored on NHW and Eyewatch Knox web sites.

John Woodward





StudPark -

#### Wall2Wall Mural

It's hard to miss the Wall2Wall mural at Stud Park. The brightly coloured, contemporary collaboration was completed within a week in May by selected students from Scoresby Secondary College working alongside professional street artists. The mural, located on the south wall of the Woolworths façade at Stud Park Shopping Centre, takes inspiration from the local area including the Tirhatuan wetlands and speaks to the local community.

Stud Park is a proud partner in the Wall2Wall community project funded by the Department of Justice and managed by Knox City Council.

Stud Park Marketing Manager, Fiona Murray says, 'The Project provides a wonderful platform for disengaged, local students to work alongside professional artists empowering them and providing a practical experience where they gain new skills'. From a community perspective the project aims to prevent unwanted graffiti in public spaces and promotes a sense of safety and belonging. It is well worth a look when next visiting Stud Park Shopping Centre.

Fiona Murray Marketing Manager

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Shop 35A, Stud Park Shopping Centre, Rowville VIC 3178 Ph: 03 8740 1818 M: 0409 786 121 aussie.com.au/rowville rowville@aussie.com.au

#### Shop 1057 (nest to Flight Centre) Westfield Shopping Centre, 425 Burwood Highway, Wantima 3152 Ph: 03 9887 4088

aussie.com.au/knox knox@aussie.com.au





It's Smart to Ask for a Second Opinion



# A Young Person's View

#### **Work experience**

At this time of year, students in year ten are looking for work experience. However this is easier said than done. The truth is that employers, understandably, don't want to hire work experience kids.

Students are finding themselves left without work experience and left to deal with the schools consequences. Desperate to find a placement, kids are just grabbing anything, anywhere that they can take, straying away from their career pathway. The truth is that if an employer doesn't have a pre-existing work experience program or the student doesn't personally know one of the employees, they are not likely to get a placement there.

This is no one's fault. Work experience kids are another thing to look after in a busy work schedule and most small business can't spare an employee to guide the student throughout the week. However, I believe schools need to offer more support to students struggling to find work experience. I don't mean the school organise it, rather give students who are struggling, a list of employers who have previously taken students from their school, to use as a

Lack of finding work experience is no one's fault, unless the student does not attempt to find anywhere. However, students should be given more resources to aid them in their search.

Meagan Brooks

Editor's Note: - Local employers reading this should contact their local secondary school/college if they can offer a position. One day you might ask a new employee what work experience they have and if the answer is 'none', then ask yourself, "Could I have done more"?



## **Probus Knoxfield** Ladies



Knoxfield Ladies Probus Club members and friends are looking forward to the scheduled bus tour of the Geelong Wool Museum in June and especially the wonderful Scarf Exhibition presented every year. This year's theme is "Galaxies", with crafters young and old asked to make a textile journey to infinity and beyond and find inspiration among, gas, dust and stars. After lunch at a nearby hotel, we will be visiting Narana Aboriginal Cultural Centre. This promises to be an extremely interesting and enjoyable outing.

Last month we had a fascinating tour of the Gulf Station Homestead in Yarra Glen, followed by lunch at the Chocolaterie and Ice Creamery also in Yarra

Garden & Gallery Blampied

Glen. We are also meeting in expectation of more chat

Photo left: Members Relaxing In The Overwrought

## **Probus Knox** Combined

Last month's Sup and Sip function was at Tahbilk winery at Nagambie. The cold and rainy day didn't dampen spirits as the group made the long bus trip to the winery.

At Tahbilk, we were taken on an extensive tour of the winery by Tim, a member of the Purbrick family, owners of the winery. After the tour, we adjourned to the Cellar Door for tasting of some wines, then to the restaurant for a 3 course lunch with a good selection of wines

Our guest Speaker for the month was Beverly Moss. Finally our curiosity as to the events leading up to the title of her talk "Buckingham Palace in My Underwear" was satisfied. In 2001, at age 60, she replied to an advertisement in the paper for a job in Dublin. She successfully applied

and her life changed forever. Her personal philosophy of "not waiting for life to come to you but go out and get it" has taken her on a challenging but very successful and interesting journey. You will have to listen to her to find out about her time in her underwear at Buckingham Palace.

It was a foggy start to the day as we set off to Beleura in Mornington, but thankfully it cleared to a cool, but sunny day. On arrival, Director, Anthony Knight gave an informative introduction about the house and its inhabitants, whilst we enjoyed a morning tea.

We then set off in groups, some to view the house, others the garden with volunteer guides. After a pleasant lunch we swapped guides for the opposite tour. The house can only be described as a time capsule from the 1860s to 1996, when the last owner, John Tallis, died. The house contents, including clothing, are as John left them and the various renovations have been left in situ displaying a variety of trends, particularly Italian that appealed to the owners. John's passion for music is epitomised by the grand music room, which is adorned with photos of Dame Nellie and laughter, at Tosaria Restaurant's for Sunday brunch.

Our accompanying photograph shows a few of our members enjoying a rest after inspecting the wonderful sculptures, furniture, wall and garden art at Overwrought Garden & Gallery at Blampied, a short distance from Ballarat. We were lucky to have a lovely sunny afternoon to experience the Garden at its best.

Also last month we were inspired by Bev Brock who recounted her very busy life story with details of the trials and tribulations with her health and how she overcame them, to be the fit and happy person she is today. She was obliging enough to demonstrate her daily floor exercises, challenging us to make the choice to improve our own fitness and wellbeing.

If you would like to join us, please call Val on 9763 6175 or Bev on 9753 3224 for further details. Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2.

Bev Bishop



The Front View Of Beleura

Melba and other prominent artists.

The gardens are extensive and like the house, divided into 'rooms' - a rose garden, a Japanese style garden, a produce garden and of course much Italian inspired areas of garden, all surrounded by a huge hedge.

As the brochure states - "Beleura house & garden is an unforgettable experience."

Ray Stackpole





## **Grants for local Community Groups**

**Knox City Council's 2017-18 Community Development Fund is now open for applications.** This program can provide grants up to \$20,000 to help not-for-profit groups carry out projects that will benefit the Knox community.

Groups interested in applying for a grant are encouraged to contact the Community Strengthening Team to talk about their project ideas on 9298 8000 or by email cdf@knox.vic.gov.au. You can book a specific time to meet with staff and get more advice about your application proposal.

For more information about the grants and to see the range of projects that have been previously funded visit knox.vic.gov/cdf

Grant submissions close 5pm, Monday 10 July 2017





**Is The Rowville Rail Off The State Government** Agenda?

The State Government recently released its refreshed version of Plan Melbourne 2017-2050. According to the glossy brochures... "It is a 35-year blueprint to ensure Melbourne grows more sustainable, productive and liveable as its population approaches 8 million". Unfortunately for us any reference to a future Rowville Rail has been quietly dropped from this future metropolitan blueprint!

Within the Rowville Rail catchment suburbs of Rowville, Lysterfield, Scoresby and parts of Knoxfield the population in 2036 will be over 64,000 residents alone, not to mention those in the City of Monash! Yet when looking at potential new transport infrastructure maps within Plan Melbourne, a rail line for this region no longer exists!

In Amendment C150 to the Knox Planning Scheme rewrite, the Planning Panel Report was adopted at the May 22nd Council meeting. As part of that decision all references to the Rowville Rail project in the Municipal Strategic Statement (MSS), as being identified in Plan Melbourne, have now had to be removed. While the Rowville Rail will still remain in the MSS as a key transport priority for Knox (which was reinforced by the Planning Panel), it is clear from the State Government's perspective, we can forget about access to rail in Rowville in our lifetimes.

So the questions for both the State Government and opposition are:

Has the proposal for a Rowville Rail project been permanently abandoned?



- residents Rowville, Lysterfield and surrounding Knox suburbs to remain permanently dependent on our cars as the principle means of transport?
- How are our already congested local roads expected to cope with increasing traffic volumes?
- What will this mean for the future liveability of our local suburbs?

It will be interesting to see what the response, if any is!

## Taking Good Legal Care of Yourself, is a regular contribution by Eastern Communities

Legal Centre (ECLC) to raise awareness of legal needs in the community, and encourage people to seek legal advice early.

ECLC is a not-for-profit community service that provides free legal advice to Melbourne's outereastern communities, including Rowville.

#### Relief as Community Legal Centre funding cuts reversed in pre-budget announcement.

Eastern Community Legal Centre is delighted and relieved by the announcement made by Attorney-General Senator George Brandis and Minister for Women Senator Michaela Cash of the reversal

of planned funding cuts that were to impact the Centre. ECLC CEO Michael Smith said, "While we await details, it appears that the \$240,000 (per annum) funding will be restored and we can now focus on delivering and developing high quality free legal help to people and communities most in need. The Centre acknowledges the extensive support it has received from community agencies, elected representatives and the broader community.

#### **Elder Abuse**

Elder abuse is any act or behaviour that results in harm to an older person, caused by someone they know and trust. We often hear about elder abuse in aged care, however, it is more likely to occur in an older person's own home, from a relative or loved one. In this context, elder abuse is considered a form of family violence.

This harmful behaviour can be deliberate or unintentional. some cases, the people involved are unaware that the behaviour is considered abusive. Often, people experiencing elder abuse are unlikely to seek help due to shame or fear of family breakdown. The abuse may be financial, verbal, emotional, physical or sexual, or it may relate to neglect. Some types of elder abuse are serious but all forms of are unacceptable. The most common forms seen are physical and financial abuse.

ECLC can help older people experiencing abuse by providing advice, referrals and support with legal issues like Guardianship, Powers of Attorney and obtaining an Intervention Order. If a person needs help with non-legal issues, such as housing, health and financial problems, ECLC can provide referrals to other local services.

If you or someone you know is experiencing elder abuse, please contact ECLC on 9762 6235 to speak with ECLC's Elder Abuse Prevention Coordinator.

World Elder Abuse Awareness Day, 15 June 2017 –



#### How to Get Involved

- · Contact your local neighbourhood learning centre to see what activities are being held in your area.
- Contact ECLC if you would like to organise a presentation for your community group or organisation.
- For more information go to http://elderabuseawarenessday.

Abby McCarthy

## **No Ordinary Life – Positive Ageing in Knox**

#### No Way, Not Me...They can carry me out in a box first!

Often, when discussing residential aged care (historically termed nursing homes) with anyone over the age of 55, the mood changes and there is almost a strong sense of despair. Conversation typically follows the line of "they can carry me out of my home in a box before I'll go to a nursing home" accompanied with heart wrenching stories of parents, or grandparents, who may have lived out their lives in what is described as a depressing and oppressive nursing home that "smells like death" the moment you walk through the door.

I have lost count of how many different conversations I have had like this. Up until recently, my own personal experience of local Knox based aged care homes was

limited to a handful. More recently, I have been privy to the planning applications for the three aged care facilities looking to build in Rowville, all of which on paper look aesthetically beautiful, well equipped and life enabling almost like staying at an upmarket day spa or resort. So, for me, I couldn't quite relate to the fear or absolute reluctance of people to consider supported aged care living in the latter part of their life.

That was until recently.

Earlier this month I had the privilege of supporting a dear friend through the emotional minefield of having to find a suitable and affordable aged care home that had a vacancy.

I can't think of a more daunting or confronting experience for a person, particularly an older person, in this case a lady in her 80's. Faced with the news of imminent loss of independence, the marking in time of impending mortality and then just the challenge of finding a comfortable aged care home versus simply accepting the first available bed

Through this process, I came away with some key learnings that may be of assistance to others;

Make a wish list of all the "must have's" and "nice to have's". This will assist in focusing decision making, reduce emotional intensity around the decision and empower the person in making their own life choices.

- Have a quality living plan in mind start researching potential options as early as you can. Leaving decision making until the point of a health crisis only heightens the emotional and physical burden on the person going into care and on family members.
- Seek independent financial advice from an expert in Aged Care financial planning. Part of the costs of Aged Care is means tested and many facilities now have a bond system so your financial assets can determine the quality of Aged Care home available to you.

Aged Care has come a long way in recent years and there is certainly a variety of options. Quality care, respecting the dignity and independence of our Seniors and comfortable living, should be the basic requirements for this stage of life.

For more information regarding Aged Care Services in Knox, you may like a copy of a guide book produced by Council. To request a copy phone 9298 8000 or you can visit Council's webpage.

Warm regards

Cr Nicole Seymour - Tirhatuan Ward e:nicole.seymour@knox.vic.gov.au m: 0427 245 834

## **Rowville Red Cross Unit**

World Red Cross Day was celebrated on May 10th this year, coinciding with National Volunteer Week, which celebrates all types of volunteers, regardless of age and gender. Our local unit supports our national organisation's fundraising, by assisting at the mobile Blood Bank in Dandenong and by knitting Trauma Teddies to be given to children in times of need. We fund raise in many ways, all of which are vital in supporting Red Cross not only in Australia but across the world in times of disasters such as floods, fires, wars, famines, or earthquakes to name a few.

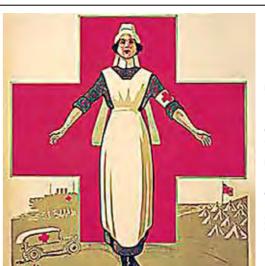
Red Cross, or Red Crescent volunteers are always at the forefront helping in very practical ways. Red Cross

are there to help new migrants, refugees and the elderly in their own homes and we all agree that volunteering also gives us a great deal of personal

If you would like to support Red Cross with a one-off, or with regular donations, you can find out more by visiting redcross.org.au or by calling 1800 811700.

If you would like to donate blood visit donateblood.com.au

We always welcome new members. Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. Please call Joan Read on 9764 4611 Merle Cook



Wartime Red Cross Poster

## Cr Nicole SEYMOUR

**Tirhatuan Ward Councillor Knox City Council** 

Thank you for your support.

Fam honoured to represent you for the next four years.

Authorised by N.Considine 5 Nattai Court, Ro

0427 245 834 nicole.seymour@knox.vic.gov.au f Cr Nicole Seymour

## ROWVILLE **HAWKS**

#### Kevin Sheedy lands in Hawk Land

Legendary AFL coach
Kevin Sheedy was the
special guest speaker at the
inaugural Rowville Hawks
Football Club President's Club
lunch held recently at Seebeck Oval.
Sheeds mesmerized the audience

with anecdotes from his playing and coaching days. He was also generous enough to stay around the Seebeck grounds to see our senior teams take on Montrose. As a champion man on and off the field, we would like to thank Sheeds for his time and inspiring words of wisdom.



Kevin Sheedy Sharing His Anecdotes



Joey Scouts have a hopping fun time at 'Heany Hop'

On Sunday the 7th of May, 20+ Joeys and their siblings from 6 Joey Mobs descended on Heany Park Scout Camp in Rowville for the annual 'Heany Hop'. The damp weather may have kept some away, but those that came had an absolute ball. Heany Hop, which is run by the Venturer Scouts (15-18 year olds), has being going for over 20 years and was started to expose Joey's to inter-group activities and provide fun outdoor Scouting challenges. The Mobs came from Heany Park, Mahonga, Knox Gully and Stringybark units, all in the City of Knox. Each year the Venturers decide on a different theme. Past themes have included the circus, transport, space, olden days, pirates, and 'once upon a time.' This year they chose 'Walt Disney' and based all the activities around well-known films Toy Story, The Lion King, Frozen, Snow White and the Seven Dwarves and How to Train Your Dragon.

The Joeys made lion masks, hunted for lions in the surrounding bush, made snow flakes and threw wet sponges at a Venturer hiding behind a Frozen target – the bull's eye

We are so proud of our four representatives who all did an exceptional job recently playing in the EFL game against EDFL! A heart-stopping final term off the back of an EDFL comeback from 40 points behind saw the EFL finish two-point winners:

EFL: 18.10.118 d EDFL: 17.14.116

Tony Costanzo



L to R: Cam Manuel, Matt Davey, Lachy McDonald and Damian Garner



Sporting Roundup is sponsored by Kim Wells MP, State Member for Rowville.





## Netball Association Championships come to Knox!

On Sunday June 4th, the Knox Regional Netball Centre will host the Central East Zone Association Championships. This is one of the biggest netball events in the state for junior netballers. Over 3000 will converge on the centre for a day of netball; the winners in each age group qualify for the finals to be held at the State Netball Centre in July.



was the Venturer's face! They rode on a purple dragon flying fox and challenged themselves on the rope maze to find the dwarves' diamond mine. They had their faces painted and tackled the mess of Andy's room throwing sponges baskets. The three hours were action packed, excitement, full of new experiences and friendship.

Joey Scouts is for boys and girls aged 6 and 7. It is the very first link

in a Scouting path. The Joey Scout moto is HOP - Help Other People. They usually meet once a week, in the local Scout Hall or a community hall under the guidance of a Joey Scout Leader, who undertakes training provided by Scouting Australia.

Joey Scouts are recognised by their Group Scarf and Joey Scout t-shirt. A Joey Scout Mob is part of a larger Scout Group, so they wear the same scarf as the Cub Scouts, the Scouts, the Venturers, Rovers, and even the Leaders of that



Faces Painted And Ready For Some Fun

Group.

You can try three nights free! So come along and join in the fun. Scouting is for ages 6 to 26 years. After 26 lots of fun can be had by becoming a leader! Go to: http://www.vicscouts.com.au/join-us.html to find your nearest Joey Mob!

Nicole Klep, District Leader Cub Scouts



# Ballroom Dancing Is Alive And Well

Rowville resident Jim Dennett and daughter Tamara want to invite you to join them if you enjoy ballroom dancing and let's face it there aren't too many venues around these days. You will meet like-minded people and there is almost an equal gender divide on dance nights. You are also welcome to come with a partner.

Our ballroom dancing is to live music from either the Silhouettes or the Tru-Tones bands. Are the words

Charmaine, Tangoette, Swing Waltz, Pride of Erin and Foxtrot music to your ears? Then join us at Keysborough Senior Citizens Hall at 352 Cheltenham Road Keysborough between 8.00pm and 11.00pm every Thursday and bring back memories from years gone by. We have around three hours of dancing with a supper break with tea, coffee and biscuits included in your entry fee of \$17 per person. The hall which is air conditioned with plenty of parking is situated between the Keysborough Bowls Club and the Football ground.

Go back to a time when you actually danced in the arms of your partner. Give Jim a call on 0428 549 995

Jim and Tamara

#### Ready4Net

This is a netball program for 5-7 year olds. Learn the skills to start playing netball with lots of fun games and drills. This program is held on our indoor courts on a Thursday afternoon 4.15pm – 5.00pm and recommences in Term 3. To register your interest or find out more please contact the centre at knox.netball@knox.vic.gov.au phone 9758 7191.

#### **Friday Ladies Daytime Netball and Sunday Evening Mixed Netball**

The Knox Regional Netball Centre has an indoor ladies competition on Friday mornings. The new season begins in Term 3, so now is the time to start getting your friends and family together to enter a team. For those who go to work during the week, there is a Sunday mixed competition catering for all levels. Contact the centre on 9758 7191 or email knox.netball@knox.vic.gov.au

#### Weeknight Ladies Netball -Places still available!

New teams are more than welcome in all our night netball competitions (Monday, Tuesday andThursday). For more information head to www.mountaindna.vic.netball.com.au or contact the centre on 9758 7191.

#### **New Heights Fitness - Tuesday** and Thursday Mornings

Personal trainer Lauren runs a Boot Camp style fitness program on Tuesday and Thursday mornings on the indoor courts. These classes are pram and child friendly and a great way to exercise in a safe environment. For more information contact Lauren on 0407 829 146 or email loz\_philipson@

We look forward to seeing you at the netball centre soon. Rosalind Montgomery

Blackwood Park Netball Club has had a great start to 2017, with the club growing in size from four teams to seven. Our teams have hit the ground running with four currently sitting inside the top four on the ladder and three teams sitting just outside, but knocking on the door.

We currently have two Under 15s teams, one Under 17s team, one Under 23s team, two A Reserve teams and one A Grade team. All of our teams have come out of the gates strongly and are improving with leaps and bounds every week.

All of our teams got into the pink spirit for Pink Day on Saturday the 13th of May to raise money for breast cancer research and treatment. Some of our players went above and beyond to show their support with some hilarious results and bold fashion choices.

We are extremely excited to see how our current players continue to grow and develop as the season continues and we are looking forward to a big finals campaign.

Blackwood Park Netball Club is always looking for new players to join our community and spring

registrations are now open. So if you want to become the best netballer you can be and be part of something special, then register at https://www.blackwoodparknetballclub. com and why not get a friend or two to do so as well.



Some of our girls on 'Pink Day

If you have any enquiries please contact the Club Secretary at admin@blackwoodparknetballclub.com.au Jackie Carroll

# Rowville Knights

The Knights have seen more special milestones over the last month. Congratulations to the following Knights U 15 players who have reached 100 games: Ricky Boccari on the 23rd April and Dylan Mastos on the 14th May. Three other boys will also achieve this milestone later this month: Liam Acosta-Harvey, Marcus Cardamone and Simon Deriu. Well done boys. A great achievement reaching 100 games, all played at the Knights!

Congratulations to our 50 game players Lachlan Toomey and Thomas Pollock, great achievement boys. Again these boys have played every game at the Knights!



100 Game Dylan Mastos On Teamates Shoulder

The club is very proud of all our players across the age groups on how they have conducted themselves on and off the field. It is great to see them all having fun on the field and playing great football. The coach's feedback to the club at family nights on their teams, has been very positive and shows a great environment for the players to improve their football and enjoy themselves.

It was great to see the Under 17 boys team head down to Lewis Reserve on 30th April to support the Under 8's. The under 8's enjoyed having the older boys there and certainly were excited on the last Family night when they listened to the game wrap up in the home rooms of the under 8's. Many big smiles on their faces!

Congratulations to Rachael Slater, Claudia Jones and Paige Thomas for making the U15 EFL girls interleague



100 Game Ricky Boccari With His Special Banner

squad. Rachael has also made the Victorian Schoolgirls team that plays in the national carnival in West Australia in July. Congratulations to Marcello Pisano, Liam Acosta-Harvey, Jordan McDonnell and Yanni Konsta for making the U15 EFL boys interleague squad. Well done to you all, we are proud of your achievements.

The Knights are very proud of Jay Rankin from our under 12 team who has made it to the last stage of the Under 12 Victoria team that will participate in the Australian championship in Northern Territory later in the year. We wish him all the best for this final hurdle and hope to see him named in the final team.

Natalie Williams

#### **BOXING BOOTCAMP**

Ladies only Boxing Bootcamp is a high energy, fun workout that will give you great results fast. You'll:

- \* become stronger, fitter and leaner
- \* be motivated to exercise because it's so much fun
- \* improve your fitness and self confidence
- \* burn max calories and tone up with this full body workout
- \* get rid of unwanted stress
- \* love the comfort of the women only environment

Beginners are welcome and this class is suitable for all levels of fitness. There's no need to book – just turn up. Classes held in the Rowville Community Centre.

#### Wednesday 7.30pm \$15 pay as you go

Like the Facebook page Lisa Bullock Fitness and get your first session free.

Ring or text Lisa on 0407 873 271 www.lisabullockfitness.com





Would you like a short holiday in country Victoria? The Life Activities Club Knox's *Weekday Getaway Group* organises two holidays per year. They are from Monday to Friday, staying at caravan/holiday parks. BYO caravan or stay in a cabin.

The Group went to Daylesford in the last week of April. Winter arrived while they were there and the temperature dropped to about 9C for two days. This did not stop the Group enjoying the places of interest in and around Daylesford.

#### **Highlights:**

Wombat Hill Botanical Gardens – begonias in flower in the glasshouse.

Lake Daylesford – 2km 'Peace Mile' walk around the lake, beautiful autumn colours.

Chocolate Mill at Mt.Franklin – a cup of hot chocolate was a must!

Pig & Whistle Hotel at Trentham East – great meal, more members from Knox drove up to join in.

Daylesford Bowling Club – dinner + view.

Stony Creek Gallery – amazing artworks and a free glass of champagne!

#### **Lowlights:**

Hepburn Hotel -2 meal orders lost, no dinner, money refunded!

The Amazing Mill Markets – lots of nostalgic items to buy, muffins yummy but coffee yucky.

Creswick Woollen Mills – pricey clothing mostly made in China from Australian wool.

If you would like to join Life Activities Club Knox for a getaway with a friendly group of people, please contact Margaret on 0481 831 788 or knox.enquiries@life.org.au or visit the LAC Knox website: www.life.org.au/knox.



A beautiful display of begonias in full bloom



## Words, Words!

Such was Hamlet's obscure response to Polonius' probing question in Act II Scene 2, but we at Knox U3A have a much more circumspect, varied and indeed simpler approach to words, words, words in our curriculum. No fewer than eleven activities are present on the Term 2 curriculum devoted to the reading, writing, understanding and speaking of quality English.

Those who retain an appreciation of fine writing have a number of possibilities open to them.

Poetry Appreciation provides students with the opportunity to read and discuss a wide variety of poetry from the classical to contemporary and the well-known to the obscure.

From the world of the novelist, one can participate in Russian Literature, and/or Appreciating Australian Literature. Knox U3A is endeavouring to start some evening classes, and it is proposed that an Australian Literature course will be numbered among these.

Learning through Literature is an interesting examination into how our knowledge of the way of the world can be enhanced through the study of classic works; history, the development of our vocabulary, the politics of the times, and



#### **New Parvovirus Strain**

You may recently have seen media reports stating that there has been a new type of canine parvovirus (canine parvovirus 2c or CPV-2c) identified in Australia. There have been confirmed cases in South Australia and Victoria, but only suspected cases in Queensland and the Northern Territory.

Although this virus strain is new to Australia, it has been



present in many overseas countries since 2000 and is very closely related to strains that have been present in Australia for the past 40 years.

The advice we have received from our vaccine supplier is that other countries that have this particular strain of the virus, as well as specific scientific studies, have shown that the current vaccines we use are effective in providing protection against canine parvovirus 2c (CPV-2c). Similarly, although concerns have been raised about the effectiveness of tests used to detect infection, studies have shown these too are effective for the new parvovirus strain.

Animals infected with the CPV-2c strain will present similar symptoms to the known parvovirus. These symptoms are listed below

Signs and Symptoms of Parvovirus:

- Sudden, severe vomiting
- Bloody diarrhoea
- Lethargy
- Loss of appetite
- Rapid weight loss

So what do you need to do?

If your dog is up-to-date with its vaccinations, you do not need to do anything. However, if your dog is unvaccinated or not up-to-date, now is the time to schedule an appointment with us. If you are unsure what your dog's vaccination status is, please don't hesitate to contact your local Greencross Vets to confirm these details.

Michelle Bierman

# monash gallery of art The Art Critique Dupain in the Sun

Themed exhibitions are becoming an increasingly sought-after method of display in major galleries. In 2015 the National Gallery of Victoria reached out to the public with its exhibition "The Horse". Described as a "wunderkammer of the horse", it presented three thousand years of visual culture, including Greek vases, Oriental sculptures and equestrian paintings, all with horse-related imagery. Closing in November, it was almost certainly planned to create anticipation for the Melbourne Cup, even displaying one of its historical trophies. Themed exhibitions allow galleries to utilize a broad range of its collection, including works of very different mediums, cultures and ages which otherwise may never be considered as displayable together.

The Monash Gallery of Art's new exhibition "Under the Sun" is a themed exhibition, displaying work based not only on a general theme, but on a specific artwork, Max Dupain's Sunbaker.

Sunbaker is for many Australia's Mona Lisa, a single



Max Dupain's Sunbaker 1937

iconic work regarded in the popular imagination as an ambassador for the whole nation's creative output. Originally an informal memento of a day on the beach, the black and white image taken in 1937 depicts up close the shoulders and hair of a man who has leapt from the surf and onto the sand, lazing in the sun. It was not printed until the 1970s but has since then become increasingly circulated

and reproduced. Many adore this image of nostalgic and relaxed Australian beach culture. Other's see it as representing social assumptions and culturally imposed segregation of different ethnicities and faiths in modern Australia.

The Monash Gallery's exhibition presents the work of fifteen photographers commissioned by the Australian Centre for Photography to explore their interpretations of Sunbaker. Their work and interpretations, united by the medium of photography, are diverse. Nasim Nasr, to use one example, filmed a group of traditional Sufi dancers at the same beach where Sunbaker was photographed, projecting the black and white dancing footage with traditional Middle Eastern music. The diversity of projects, some more subtle than others, demands multiple visits.

Under the Sun: Reimagining Max Dupain's Sunbaker is on now and runs through to 6th August 2017

The Monash Gallery of Art is situated at 860 Ferntree Gully Road Wheelers Hill and is open:

Tuesday-Friday 10.00am-5.00pm and Weekends 12 noon-5.00 pm

Matthew Ducza

so on.

For those seeking a much more "laid-back" approach to the enjoyment of books, there are two Book Discussion Groups, alternately on second and fourth Tuesdays in each month.

For those with a hands-on attitude towards fine writing, who can see themselves standing on a podium accepting a Pulitzer Prize for Literature at some time in the future, there are two separate weekly offerings of Creative Writing and, even more hands on, "Keeping a Visual Diary" is a relatively new initiative.

Finally, for those who love the sound of their own voice, rather than someone else's, we run a Debating group, where a wide variety of topics are debated in a competitive and structured format.

Details of these and the rest of our 153 activities may be found on our website at www.u3aknox.org.au or telephone 9752 2737 during office hours and request a class list.

John E. Ford, Publicity Officer



Half of our Australian Literature group about to delve into Ruth Park's "Harp in the South"

# StudPark -

## Locals paid their respects at Stud Park's Anzac Day **Service**

In the persistent rain a crowd larger than previous years attended the Anzac Day Service held at Stud Park Shopping Centre on Tuesday 25 April. Approximately 400 locals along with dignitaries, including the Rowville CFA and Rowville Police, congregated at Anzac Memorial to pay tribute to those who served in war.

Councillor Nicole Seymour delivered a memorable Commemorative Address touching on what Anzac Day meant to the local Rowville area. Other dignitaries involved in the service included Sharnna Ainsworth from the Salvation Army (Ferntree Gully) reading a prayer and school leaders from Rowville Secondary College reading a touching poem, 'Not a Hero' by Clyde Hamilton. Roger McKee, Senior Member from Outer Eastern Vietnam Veterans delivered the Anzac Requiem and The Ode. During the service wreaths were laid by the following dignitaries:

- Councillor Nicole Seymour
- •Roger McKee, Outer Eastern Vietnam Veterans



## **Anzac Day At Waterford Valley Lakes Retirement Village**

On a wet, grey morning the flags were lowered to half-mast outside the Lakeside Club and a Call to Order for the start of the Anzac Day Commemoration Service at Waterford Valley Lakes Retirement Village. Over one hundred and eighty residents together with family members, friends and invited guests attended the Service conducted by the Residents. The service was led by Adrian Furniss AM, who presented the Prayer of Remembrance and the Anzac Ode, Cedric

D'Souza, the Village Manager, who welcomed guests and Laurie Hanson, Chair of the Resident and Management Committee who acted as Master of Ceremonies. Hannah Teo, Year 12 Captain Rowville Secondary Collage, presented a moving Anzac Requiem whilst the Jubilate Choir and bugler Matthew Todd from the Salvation Army provided the music.

Once again, the Residents were honoured to have as their guests, The Hon Alan Tudge, MP, Federal Member for Aston, Cr. Darren Pearce, Mayor of Knox, Village Staff and the Principal and students representing the Rowville Secondary College. Two WW2 veterans and village residents, Jim Sheahan and George Tulloch, were also sitting amongst the dignitaries.

Wreaths were laid by The Hon. Alan Tudge, MP, Mayor Darren Pearce, Cedric D'Souza on behalf of Lendlease,



96 year old George Tulloch and 93 year old Tim Sheehan

Trish Varley and Diana Hill on behalf of the Residents, Meredith Hill, daughter to ex-resident Max Lee [deceased] and Veranga Ramaweera, Year 12 Captain, Rowville Secondary College.

It is inspiring to have the continuing support and contribution from the Community to help keep alive the memory of those servicemen and women who sacrificed their lives in service to their country and to the many who serve today in conflicts around the world.

A special thank you goes to the Organising Committee, volunteers and Social Committee for all their work and effort in planning this special event in the Village's annual

Julie McNamara

•Representatives from the Rowville Police - Senior Constable David Hoy and Senior Constable Dan McGrady

•Representatives from the Rowville CFA – LFF Lancaster

•Sandra Goodwin and Anne Berg representing Rowville Senior Citizens

- •Rowville Secondary School leaders
- •Rowville Primary School leaders



odyto balance

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- •Representatives from Heany Park Scouts Group
- •David Gilbert, Editor Rowville-Lysterfield Community

The service concluded with The Last Post, one minute's silence, the Australian flag being raised by the Rowville Police and finally the National Anthem to honour those who died in battle. The formalities were followed by a sausage sizzle from the Rowville Lions Club with all proceeds going to the Anzac Day appeal.

Fiona Murray Marketing Manager Stud Park Shopping Centre P: (03) 9764 1218

#### **PILATES**

Pilates teaches you how to "activate your core" correctly so that you're properly targeting back and abdominal muscles to strengthen and protect your spine.

That means better posture, a slimmer looking body, reduced aches and pains and great toning.

And the great thing about Pilates is that ANYONE can do it. No sweat, no impact, just a gently challenging workout suitable for all ages and all levels of fitness, that gives you results fast.

Tone your body and strengthen your abs with my specialist Pilates programs.

#### Wednesday 9.15am - PLACES AVAILABLE Wednesday 6.15Pm - PLACES **AVAILABLE FOR TERM 1**

Classes are held in the Rowville Community Centre and bookings are essential.



This term we have been transforming our outdoor undercover area so that we can use it during the wetter months. The children have enjoyed the extra space and quieter play areas, which have encouraged longer periods of concentration and uninterrupted play. Natural materials such as sand, bark, leaves and aromatic plants found in our playground have provided an array of interesting materials, for our art work and sensory play. Our

educational program has also been enhanced by the reappearance a Tawny Frogmouth family who have returned to our playground for the third time – hopefully to

returned to our playground for the third time – hopefully to nest. The children look forward to observing them, ready to embrace the valuable learning opportunities they offer.

Fundraising: We are excited to have been selected as one of the groups for the "Grill'd Local Matters" fundraising opportunity throughout June at the Knox City Grill'd family restaurant. If you are eating there in June, keep us in mind as you choose which "Not for Profit" local community group you wish to support, by placing the bottle tops you earn into our allocated collection jar. We will use the funds raised to enhance our undercover outdoor classroom to make it more comfortable and inviting.

Save the date: Our Annual Trivia Night will be held at Churchill Park Golf Club on Saturday 29th July. More details on our Website or Facebook. We are also asking the local community for donations that we could use as game/raffle prizes or auction items. We will advertise your business on the night. Please contact us by email libertyavenue3yo@gmail.com

We will be holding an "Open Day" on Sunday 23rd July for families to experience our kindergarten and meet our

dedicated educators and committee. Watch the local papers, your letterboxes, our Facebook Page and our website for further details.

We offer two groups 2 sessions per week, a 3hr morning session and a 2½ hr afternoon session. We employ a qualified VIT registered kindergarten teacher and a co educator, who are also trained in first aid, anaphylaxis and asthma management and we are registered with the Department of Education & Training. For more information, visit www. libertyavenuekinder.com.au or our Facebook page "Liberty Avenue 3 year old Kindergarten".

For future year enrolments, please contact the centre on 9764 4746 or Sarah, our enrolment officer on 0419 527 511. Alternatively, email libertyavenue3yo@gmail.com and



Exploring Natural Materials Through Sensory Play

Sarah will get back to you as quickly as possible. *Emma Hallam* 

## Rowville 3 Year Old Kinder Autumn at Our Kindergarten

The children from Rowville 3 Year Old Kindergarten have been looking at autumn recently, and the children brought in some leaves they had collected at home. They used the leaves to paste onto a communal tree, and went outside and threw the leaves up into the air. They also read the story "The Wind Blew" while talking about the different colours of autumn; it is such a beautiful time of the year!

Rowville 3 Year Old Kindergarten is located at 965 Wellington Rd Rowville. The 3 Year Old Kinder Program runs on Mondays and Wednesdays 9:30am-12:30pm (a total of 6 contact hours per week), during each of the school terms.

The programmed sessions are well structured to support the early learning of your child in a safe, fun and nurturing environment. The children are encouraged to use their imagination and creativity skills in many of the tasks they undertake whilst building social relationships along the way. Our highly qualified teachers are second to none; passionate about their key role in the education of children while ensuring that Early Learning is the Fundamental Key their growth and development.

We have positions available for immediate start and we



Autumn Leaves Are Such Fun

are also taking enrolments for 2018.

For more information on our program, please visit our website www.rowvillekinder.com.au. We also have a Facebook page – just search Rowville 3 Year Old Kindergarten.

For any enquires please feel free to contact our Kindergarten on 9764 4030 or our Enrolment Officer Pauline at rowville3yroldenrolments@gmail.com.

We look forward to hearing from you!

Erin Lynch

## Chiro-Practicals

#### **Avoid Becoming Chronic:**

Physical inactivity contributes to chronic musculoskeletal pain, which affects the muscles, ligaments, tendons and bones. People with chronic conditions such as back pain, arthritis, or neck pain suffer daily through pain, fatigue, even depression and more people are falling victim every day. In fact, some experts have characterized the increasing prevalence of musculoskeletal conditions as an epidemic.

According to a 2008 study a connection exists between physical inactivity and chronic musculoskeletal complaints (MSCs). Study participants responded to questions regarding their physical activity 11 years prior to experiencing any MSCs. The researchers concluded, "In this large-scale population-based study, physical exercise was associated with lower prevalence of chronic MSCs, in particular chronic widespread MSCs [>15 days during the last month]. Furthermore, consistent medium activity level [120-179 min. /week] was associated with a more than 50% lower prevalence of chronic widespread MSCs."

There you go; the latest in an ever-growing list of reasons to make exercise a part of your weekly routine. And remember, a consistent, balanced fitness program of cardio, muscle strengthening and stretching will do more

than help in the prevention of chronic pain; it could also help prevent other serious conditions such as heart disease and hypertension.

Another pilot program showed significant per-enrolee improvements post-referral into an integrated chronic pain program (consisting of Chiropractic, Massage therapy, Acupuncture and patient education) compared to pre-referral for enrolees with at least 12 months pre-referral data and 12 months post-referral data. Note that these improvements are also significant compared to the control group of those who did not enrol in the chronic pain program.

- Prescriptions declined from a whopping 70.42 pre-referral to 25.97 post-referral.
- Opioid prescription use declined from 7.69 pre-referral to 1.10 post-referral.
- Emergency-room visits declined from 7.57 visits prereferral to 2.98 visits post-referral.
- According to a third-party survey of program participants, 92% "agree or strongly agree their complementary and alternative medicine provider reduced their pain level"; 82% "believe their quality of life has improved by participating"; and 96% "would recommend the program to friends or family suffering from chronic pain or fatigue."

Your Chiropractor can tell you more about chronic pain, the opioid epidemic and how non-drug approaches are proving more effective and safer than medication.

Dr Frank Whelan

# Knox& District OVCI 50s

Winter is on its way, but don't be a bear and hibernate. It's not good for spirit. Social interaction is the answer as

your mind, body or spirit. Social interaction is the answer as it is the perfect remedy for colds and flu and the best place to do that is at the Knox over 50's Club. We are a group of seniors who love life and enjoy nothing better than going out on one of the clubs many social outings.

There are various activities the Club has planned for the next few months. We are going to 'My Fair Lady' and the 'Hollywood Movie Musicals' at Hamer Hall. We are also going to the 'Night Life' fashion exhibition of 1920\30 clothes and in August the 'Dior' exhibition. In the middle of July we have a coach trip planned to Daylesford. The Club also hosts monthly events including cinema outings, lunches, coffee mornings, book clubs and Morning Melody mornings.

Subscriptions are only \$15.00 for the year. You can visit us three times before deciding to become a member and you are assured of a warm welcome. You can also keep up to date with our monthly newsletter Knox Natters Matter. The Social Sub-Committee welcomes input from all our members.

Details of our meeting venue, dates and times can be found in "What's On Locally" on page 2. Our next meeting, starting at 10.30am is Tuesday 27 June 2017. Make a note and come along and hear another interesting and informative guest speaker. We look forward to seeing you there.

Contact Jill on 9801 4363 for any further information. Kay McLoughlin (Media Officer)







Caption Happy Mums And Their Children At Our Mother's Day Tea

# **KOOL KIDZ**

**Mother's Day Afternoon Tea** 

On Friday 12th May, our centre organised a Mother's Day afternoon tea and invited all our children's mothers and grandmothers to come and enjoy some scones and cake, as well as participate in some fun games and activities with the children in each of our rooms.

The 0-3 multi-age room enjoyed making lavender scented play dough and the children made jars of Epsom salts with lavender plant extract for the mothers to take home. There was a kissing booth set up where mothers and children could have their photos taken, enjoying a snuggle and sharing some love!

In the 3 year old room, the children created a collage

with their mothers, read books and participated in a range of sensory activities. Each mother was given a gorgeous photo frame decorated by their child with a photo.

In our 4 year old kindergarten the room, children gave their mothers hand and back massages and painted their nails. They made and painted beautiful clay pendant necklaces, then decorated a beautiful box to place it in.

We really value the strong connections we have with our

families and these sorts of events are important for so many reasons. Not only does it allow our parents to see the amazing things that occur in their child's room, but also allows the children to witness the positive interactions between the educators and their family members. In addition it provides

opportunities for parents to build connections and friendships with other parents of children in the

shared learning environment.

We still have a few places left in our centre for new families to join, so if you are considering child care options for your family, please let us know and we can book you in for a tour and hopefully you will want to join our amazing

Feel free to drop by and visit us at any time, our doors are always open

Melinda Michalski Educational Leader



It is a huge frustration of mine that traffic congestion on local roads has not been given enough attention or funding in the last two years.

I was therefore very pleased to read on page 38 of the Victorian State Budget Paper 3, Service Delivery that Commonwealth Government funding has been allocated for planning to upgrade the Bergins Road intersection, as well as planning for the Corhanwarrabul Creek Bridge linking Henderson Road Knoxfield to Henderson Road Rowville.

After strong lobbying by Rowville residents, who encounter heavy peak-hour congestion at the Bergin's Road intersection with Stud Road, I am relieved that plans will soon be underway to fix the Bergin's road intersection. I am very appreciative of the financial assistance from the Federal government to begin this early planning phase and their support for local infrastructure to tackle traffic congestion where it is needed most. Local residents are to be congratulated for their regular updates and active interest in seeing this problem intersection fixed.

As recently as the 23rd of January this year, the Minister for Roads, Luke Donnellan advised me that following a review of traffic signals, "VicRoads found that this intersection is operating as efficiently as practicable". Further inquiries with Knox Council indicated that vehicles

rat-running from Endeavour Hills and the Casey area, rather than local residents, are a major source of the traffic problem.

Like many Rowville Lysterfield Community News readers, I am very keen to know how the Bergins Road intersection upgrade will benefit local road users. In Parliament in May, I asked the Minister for VicRoads to provide a detailed timeline of this project and an outline of the proposed traffic solution under consideration. I do believe it is important that the community have this information as soon as possible, so they are aware that these projects are proceeding and how they will be affected by them.

I have made similar inquiries with the Minister regarding Corhanwarrabul Creek Bridge and the progress on planning that much-anticipated linking of Henderson Road.

I will update Rowville Lysterfield readers in upcoming editions with any information I receive from the Minister. You can also follow my regular updates on local issues by following my facebook page at:

facebook.com/KimWellsMP.



#### What Is Naturopathy?

Naturopathy is a modality of Natural Medicine which utilizes diet and lifestyle advice, herbal medicine and natural remedies to return balance and vitality to the individual. It is a therapy which helps unlock the innate ability of the body to heal itself and is particularly effective for a range of health conditions.

Naturopathy is particularly effective for:

- Digestive disorders
- Anxiety/Depression
- **Skin Conditions**
- Arthritis
- Hormonal issues
- Frequent infections
- Chronic Illnessnes and many other health problems

#### **SENIORS DISCOUNT AND HEALTH FUND REBATES OFFERED**

**Naturopath: Nimisha Singh** 0412 034 274 nimishasingh@live.com 125 Allister Avenue, Knoxfield 3180



**Australian Natural Therapists Association** It's Your Choice Naturally - Since 1955 1800 817 577 www.anta.com.au

## I am not who you say I am

One of the biggest issues in society is identity. Especially in the multidimensional society we live in, learning the uncensored truth that expectations aren't as they seem, can be confronting.

With confrontation comes responses, fight or flight. That's what our physiological makeup tells us. Similarly, society becomes

divided in its approach with many choosing to fade away and the handful standing up and fighting.

But first we should ask, why is there a standard? The media portrays models and celebrities as the epitome of physique so many people strive to be just like them and as a result, those that fail to succeed hit rock bottom. However, it is not just the media that is to blame for setting these

We are surrounded by many people in our lives. On a constant basis, we are challenging each other's image both directly and indirectly, which only feeds the insecurities that live inside. It's hard to be comfortable (about yourself) when your companions have these "expectations" of what others should look like, act like and behave like - and this isn't necessarily targeted at us. As a result, we promote isolation because no one can fit to the mould we set for each other. We spend more time focussing on the "wants" and "goals" of people rather than praising and loving people for who they already are.

Words and thoughts can edify a person. How you live your life can impact another person in ways that only that person can understand. Instead of allowing ourselves and each other to fade away, why don't we focus on growing each other through love, to reach our best standards?

On a personal level, we should always strive for more, that's growth. But when confrontation comes knocking, why should we run? How you are defined, is written by you. Who they say you are, isn't who you say you are.

The uncensored truth is this, if you aren't defined, you will be defined. Society and the media aren't going to stop writing the dictionary of life. It's our choice what definition we choose to define us.

Joyee Koay

#### **A Big Vision For General Excellence**

Introducing our new **Assistant Principal,** Robyn Geake.

Robyn's key role as AP will be heading up our Rowville General Excellence at the Western Campus and sharing this unique strengths-

based learning program with the local community. Initially, this will involve a re-imagination of the General Excellence program. Robyn will be working in consultation with the broader community, to ensure we are meeting their educational needs for this program with a re-launch coming

"I am extremely proud and honoured to work in a school that delivers outstanding educational programs to its students based on their individual strengths and talents, and one that works collaboratively with the community" savs Robyn.

Robyn has made a remarkable contribution to Rowville Secondary College since her arrival in 1990 - the year the College started. Robyn holds a strong connection and trust with the local community and her longstanding career has been dedicated to success and continual growth. "My long association with Rowville Secondary College is simply due to the relentless focus on improvement to ensure we meet the needs of every student and provide top quality education. I have grown together with the school and the



Robyn Geake

students and have had an exceptional journey so far, which is very fulfilling and will keep me at RSC for years to come." Robyn's varied roles in the school include exceptional classroom practitioner, Rowville Institute of the Arts Coordinator, Instructional Coach, Director of Teaching and Learning and more recently Acting Assistant Principal.

"Robyn loves teaching and she builds fantastic relationships with students to ensure they give 'nothing but their best'. Robyn is a very brave leader who often steps out of her comfort zone to ensure

that we are continuously improving as a school." says Julie Kennedy, Principal, Rowville Secondary College.

Robyn's vision - "The future looks very bright for Rowville Secondary College and my number one goal is to realign our relationship with the local community, to educate and to share the wonderful learning programs we have on offer for all students, with all types of learning requirements. I am passionate and determined about making our College the go-to school for children in the local area.'

Visit our website and find out all the great things we do: www.rowvillesc.vic.edu.au.

Turn to page 2 and in "What's On Locally" see details of our 'Coffee With The Principal' dates and times.

Rehecca Turnbull



On a sunny Friday in May there was a buzz of excitement in the buses as we headed to Knox Athletics Track to participate in St. Simon's Athletics Day.

We arrived in time for the first event of the day and were all pumped because it was the 100m Hurdles. Everyone enjoyed this event and did their best to win points for their house colour. Everyone participated in two track events (100m hurdles and 100m Sprints) and 4 field events (long jump, discus, high jump and shot put).

This was a great experience for the Preps, as it was their first time at Athletics Day. They all tried their very best to win points for their house colour.

Everyone had an amazing day and it wouldn't have been possible without the work of Miss Drill and Mr Healy (Sports Co-ordinators) and the rest of the friendly teachers

As it was the Year 6's last athletics day at Primary School it was one of the best!

Year 6 Sports Leaders

## Ask the Principal **June 2017** Last month I was asked about jobs becoming automated,

the unpredictability of future jobs and the role of education to furnish our children with the best skills for a happy life.

A focus on an academic education without a focus on capabilities was no longer sufficient. Capabilities are the set of skills and behaviours which convert knowledge into meaningful action. They include critical thinking, problem solving, creativity, curiosity, communication skills, resilience and craftsmanship.

Gladwell's "10,000 hour rule" suggests success depends on the time spent in deliberate practice. Whilst practice improves skills it must be conscious practice, focussing on the development of a skill and when to apply it.

What motivates someone to practise for thousands of hours? The most reliable answer is passion, interest and the enjoyment of the process. Passion discovered through natural curiosity is the key. Parents should encourage their children to pursue excellence and success, to put in the practice, but encourage them to find enjoyment in the doing.

Psychologist Benjamin Bloom led a study of the early influences on world-class musicians, artists, athletes and scientists. He learned that their parents didn't dream of raising superstars; they responded to the intrinsic motivation of their children and supported them. Musicians in the study didn't have elite teachers from the start. Their first lessons came from instructors who made learning fun. The majority

of tennis players who were ranked in the top 10 in the world remembered one thing about their first coaches - they made tennis enjoyable.

Research shows that Nobel Prize winners are more likely to perform as amateur actors or dancers, more likely to write poetry, plays or novels for fun, more likely to dabble in arts, and twice as likely to play an instrument or compose music. No one forces these scientists to be involved in artistic endeavour. Perhaps it reflects their curiosity and sense of fun. "The theory of relativity occurred to me by intuition, and music is the driving force behind this intuition," Albert Einstein reflected. Whilst Einstein's mother enrolled him in violin lessons as a young boy, his love of music only blossomed later. "Love is a better teacher than a sense of duty," he said.

If you want your children to be highly capable adults in a rapidly changing and complex world, let them develop their capacities by pursuing their passions and interests.

This article draws on the work of Adam Grant, professor of management and psychology at the Wharton School of the University of Pennsylvania. He is the author of: Originals: How Non-Conformists Move the World. Allan Shaw

Principal and Chief Executive - The Knox School



Early in Term 2, the Year 2 students ventured into the city to the Melbourne Sea Life Aquarium to enhance their knowledge and understanding of aquatic animals. Through a Biological Science unit this term, students have been learning about lifecycles of animals and the needs that they have to meet in order to survive. The visit to Sea Life was a wonderful way to give students hands on experience and to expand their knowledge of a wide range of animals.

Students were treated to a guided tour, where they were given valuable information about each animal they visited. Students were amazed at what they saw and learned and have bought their new knowledge back to school, where they are now completing a research project on an aquatic animal. Here are some of the highlights of the day from some Year 2 students:

Ruan - 'My favourite part was the penguins, they were so cute. They can have orange or black feet. The rock pool was my next favourite. It had sea stars that were alive. It had lots of egg shells and we even got to touch and hold them.'

Lachlan - 'I liked the sharks and the stingrays too. Mr G was a giant fish in the underwater tank and he was cool. I loved the underwater tank the most. There were also fish that looked like Dory called Blue Tangs and fish that looked

Riya - 'On May the 4th, the Year 2 classes went to the Melbourne Sea Life. My favourite thing I saw was the sea dragons. We also saw some penguins and we saw a ray that looked like a shark and a ray. Lastly we saw a lion fish. They have spikes and are venomous. They also don't hide because if a creature tried to eat it, it would be poisoned.'

Evie - 'On May 4th, Year 2 went on a trip to the Melbourne Sea Life Aquarium. When we reached the beautiful aquarium we had a guide called Douglas. He showed us the Clown Fish, the Blue Tangs and the sharks, but my favourite place was the fabulous underwater tank. In the underwater tank there was a giant fish called Mr G. There was also the largest stingray in the world.'

Monique Watson



"I have this badge!" Savvy tells us excitedly pointing at the giant 'A' in our story book. "A is for ANZAC" Layla shares with us. "You might sing a song on Anzac day" Elliot tells

At CREST, we have been learning about Anzac day. We have learned that a long time ago there was a war. Many people in the world fought in this war. Because Australia and New Zealand are close together, they decided to become friends and help each other. This is why they called

Together through sharing stories, discussions and artefacts, we learnt that Anzac Day is about remembering the people who fought, died and served in the war and that lots of people in our country do this differently.

You might go to a dawn service, you might visit an RSL or maybe you might even watch the Anzac Day footy match. We talked about poppies, war memorials, Anzac Biscuits and Simpson and his Donkey. It has been such a joy to listen to our children share their thoughts and ideas about Anzac Day with us that they have given us their permission to share them with you.

Miah: "Simpson and his donkey. They helped people. This means helping" pointing to the Red Cross symbol.

Elliott: "My Dad marches on Anzac Day with Beach Pa and someone I don't know"

Savannah: "Did you know where we are sitting on the ground right now is Australia?"

Sarah: "The donkey is wearing the Red Cross as well. My favourite part is the picture of Simpson helping the hurt person." **Lest We Forget** 

Bryony Catlin Educational Leader

**Blue Hope Consulting** 

CHILDREN'S SANCTUARY

helping families with the transition to Aged Care.

Very few people actually plan their transition to Aged Care.

That's where Blue Hope Consulting can make a difference.

- Transition to Aged Care usually involves: Medical appointments (including ACAS assessments)
- Downsizing furniture and personal items to
- Completing legal documents
- Completing financial assessments.

All of these activities can be overwhelming to most people. It is put off or not done at all until an emergency or accident forces the issue. These critical steps are then needed for completion within a matter of weeks and the people involved are swept off their feet with change, during a time of stress and high emotion.

Blue Hope Consulting can help you prepare, and help you during these critical times when time is of the essence. Even if it is yet some years off, the more prepared you are, the better you will be able to cope with the changes when the timing is right.

Whether you need urgent assistance or just want to plan ahead, we are here to help. We can help you and your family select a suitable aged care facility and pack up the family home. We offer transport to/from social events and/or medical appointments and can also assist with getting your paperwork sorted and up

Blue Hope Consulting - helping families with the transition to Aged Care.

If you are interested in a free paper on the 5 critical steps to preparing for Aged Care, contact Wendy on 0412 994 759 or visit our Website: www.bluehopeconsulting.com.au



School Aerobics has a rich history at Rowville Primary School, spanning over 20 years. It began as a way of providing students with an avenue to improve their fitness, confidence, health and self-esteem through participation in a healthy and fun competition and has continued to grow ever since! The school is extremely proud of the countless girls and boys who have represented Rowville Primary School over the years; training hard, working together and doing their best! In the past we have had a girls' teams win both the State and National Championships and two of our boys teams competed at National level where the best result has been a 3rd place finish.

The Winning Team

Our proud tradition in the sport has continued this year with the Rowville girls (Kellee, Sophie, Alex, Tarlyia, Ming, Tyler, Kaitlin and Lucy) recently winning the State Preliminary Final and setting their sights on the State Final in the coming weeks.

Go Rowville Primary School!

We spoke to team members Alex, Kellee and Sophie about their recent competition success and what aerobics involved.

Aerobics is really fun and a good way to make new friends! If you like dance or gymnastics you will enjoy aerobics. It helps to keep you fit and builds up your confidence because chool Talk

Heany Park, Karoo, Lysterfield, Park Ridge, Rowville & St.Simons Primary Schools, Rowville Sec. College & The Knox School



Sophie, Kellee and Alex

you're on stage in front of people. Some of the hardest moves are high leg kicks, oblique kicks and push-ups because you have to be strong and flexible.

It's hard work getting ready for the competitions. We train for half an hour every morning before school. We also have to give up some of our holidays and lots of lunchtimes to practise. We all want to say thank you to our awesome coaches Mrs Welti, Mrs Macdonald and Ms Divitcos. They have a lot of experience and even when we muck up they stay calm!

On the night we were all really nervous looking at the 8 judges. When they read out our names for 1st place we were shocked. We were expecting to finish 5th or 6th and it took us a couple of seconds to process that we had actually won! The next step is competing in the State Titles in a few weeks' time. We need to keep working hard on our timing and 'energy'.

Sam Peters

## Lysterfield **Primary School**

## Nĭ hăo!

Students at Lysterfield Primary School are excited at the recent introduction of a new Chinese (Mandarin) language program to the school. The language program, introduced following school council and parent input, is proving a big hit with students from Prep to Year 6. Principal Kendra Parker participated in the "Leading Asia Capable Schools" program, provided by the Education Department's Institute of Leadership, Bastow, in 2016, which highlighted the importance of learning about our Asian neighbours in preparing students for their future.

Mr Likai Lin has the honour of being the first Chinese teacher at Lysterfield and is excited to be commencing the program from its beginnings. Mr Lin believes that learning another language offers significant benefits for students, including helping students to improve their understanding and respect for other cultures, people and ways of thinking. On top of that, knowing another language can also be a huge advantage for our students and gives them better job prospects in the future.

As Chinese is the most widely spoken and fastest growing language in the world, students learning Chinese will be able to communicate with more people, more effectively. In addition to that, China is already one of Australia's most important trading partners. Australian students are growing up alongside the fastest growing economy in the world and



Mr Lin, Our New Chinese Teacher

knowing Chinese means our students will have access to more business and trade opportunities in the future. By learning Chinese, our students can also gain unique insights into the culture of one of the world's oldest civilizations. Learning Chinese opens doors to thousands of years of history and culture, from Confucianism to cuisine or martial arts to music.

The Chinese program at Lysterfield Primary School aims to encourage students to be confident, motivated and inspired Chinese language learners, involving a wide

range of learning activities in an interactive learning environment. The program offers students with great opportunities to participate in speaking and writing and connects the learning with real-life situation. A variety of cultural events and excursions will also be organised to enhance students' cultural awareness, including a cultural awareness day in Term 3.

Some early reflections by students about the program:

Caleb - "I like it because we have never done anything like this at school before."

Jacob - "Mr Lin is funny and nice, and interacts with us well."

Bethany - "Chinese is a lot different to any other languages I have heard of."

Sarah - "I really like doing something different learning another language." Zahra Harvey



"Good Luck To You"

## **Anagram Teaser**

**HERE COME DOTS** Re-arrange the letters to discover a communication method

Last Month's solution 'They See'

Heany Park Mural
Junior School Council began work last year recruiting ideas for our wall mural on the Middle School building. This has been a collaborative work with Rowville Secondary College involving some Year 9 students and art teacher Dan Barton. We thank sincerely these wonderful, dedicated students who have seen this project through to completion, working on some very hot days in term 1. The mural was finished and celebrated by the attendance of Mrs Julie Kennedy (Principal of Rowville Secondary) and Mrs Robyn Geeke (Assistant Principal)



**Heany Park** 





#### Where We Are In Space And Time?

The Central Idea of our current Senior School unit of inquiry, 'Where We Are In Space And Time' is "human migration is a response to challenges, risks and opportunities". In these photos, there are students from 6LH researching and working on a narrative to demonstrate their learning in relation to this unit. The narrative is to be written from the perspective of a migrant. The Senior School showcased their learning on Thursday 25th May in the gym during Education Week. We welcomed families and friends there to share our successes - Mrs. Lisa Hill and the 6LH students.

Photographed and edited by: Georgia (6LH) and Luke (6CV) – Media Captains for 2017







#### Foundation students celebrated Mother's Day

On Friday 12th May our Foundation students invited their mums, or special people in their lives, to have afternoon tea with them. This was a lot of fun and excitement. Mrs Julie Kennedy (Principal of Rowville Secondary) and Mrs Robyn Geeke (Assistant Principal) popped in to take a look at life in Primary School.

#### **Junior School Excursion to Taskworks**

The Junior School recently had an evening visit to Taskworks. They participated in 6 activities that required problem solving and team work. Below are some extracts taken from the student's writing about the evening.

Mia Me and my partner went in the cable maze. We got through in 23 seconds. We nearly got a record!!

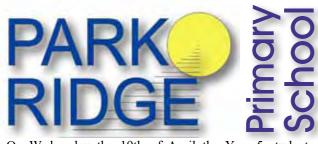
Jasmine We had pasta for dinner.

Christina My favourite thing was building the robots. They had names and looked funny.

Xavier My favourite activity was building a robot. We had to wreck it then rebuild it together as a team.

**Josh H** I built a castle together with a lot of people.

Ellie My favourite activity was Stomper Stump. There is green buttons and when the green buttons pop your team need to step on them.



On Wednesday the 19th of April the Year 5 students invited our parents to attend 'Gold Night'. We had been learning about 'Australian History' during first term and our highlight was our camp to Ballarat. Visiting Sovereign Hill gave us a chance to see what life was really like on the Goldfields and we got to pan for gold.

Each student took on a character from the Goldfields and we wrote a speech about their life in these times. Hardships, routines, challenges and lifestyles were researched. Some of us were gold miners, shop keepers, troopers, Chinese miners, bakers, butchers and bush rangers. One of our most interesting facts that have been disputed was that Chinese miners dug round mines so that

evil spirits could not hide in the corners.

During our Art sessions we made a diorama to match our character and we set our classrooms up as the inside





of a tent. We made posters about our characters and we had to make them look old. We rubbed dirt on our posters and painted them with cold tea. We read our speeches

to our parents by candle light and had so much fun dressing up in costumes. All the students were very, very nervous and it helped doing the speeches by candle light as it was not as scary seeing all our parents faces.

Jean Maxwell







Children Play a Huge Part at ANSA

Part of the Devotional Night Audience

#### ANSA... A Tribute To **Humanness**

SNM Australia organised the Australian Nirankari Samagam Adelaide (ANSA) on 15 -16 April, which was attended by 600 members and guests from Australia and other countries including UK, India and UAE. ANSA was themed "Tribute to Humanness" to pay tribute and take inspiration from the life and teachings of the former Head of SNM, Nirankari Baba Hardev Singh Ji. Fondly called Baba Ji, he headed SNM for over 36 years and spent his entire life serving humanity and imbibing the values of love, compassion, tolerance, forgiveness and living life as a good human being.

Respected saint Rev Surjeet Nasheela Ji and his wife Rev.

Harbans Kaur Ji came from SNM headquarters in Delhi, India, bringing the divine blessings of Her Holiness Satguru Mata Savinder Hardev Ji, the present head of the Mission.

With unparalleled enthusiasm volunteers participated in a PT Parade and conveyed the importance of service above self and accomplishing any task with discipline, coordination and team spirit. In the evening, a Devotional Night was organised, with hymns of Sufi Saint Bulleh Shah and prose from the Holy literature. Kids from Melbourne and Sydney presented skits highlighting that age is not a barrier to attain God's knowledge.

Respected saint Harbans Kaur Ji, from India, recited a poem highlighting the significance of Sewa (Selfless service), Satsang (Congregation) and Simran (Prayer), the Rev. Vinod Ahluwalia, General Secretary of SNM Australia, appreciated the enthusiasm of all volunteers and the Rev Shashi Grover, Vice President of SNM Australia, spoke about the Mission's role in empowering women. Rev Chanbir Singh, President of SNM Australia, reiterated the teachings of Baba Ji that we can make our lives easier by seeking forgiveness and by forgiving others.

The night concluded with a statement from Saint Rev Surjeet Nasheela Ji, who said that the True Master breaks the shackles of caste, creed and religion and frees us from the bondage of ignorance by bestowing God's knowledge

Embrace the feeling of Oneness... to tread the path of Humanness....Nirankari Baba

Manjit Singh



Firstly, an apology for an error in last month's article. I had a "senior's moment" and incorrectly stated that our club was open on Monday afternoons instead of Wednesday afternoons. I hope the incorrect day didn't inconvenience readers too much. We always love to welcome

new members and will continue to do so....on Wednesdays!! On the 8th May, some of our members joined the Senior Sports group and visited the Desalination Plant at Wonthaggi. It was a very interesting trip and they all had a

great day out with lunch included.

We have many outings planned, including Morning Melodies, Buffet lunch, Seniors Bowling Carnival, Movies, Theatre and the Werribee Open Range Zoo. There is always something for everyone to enjoy. Our club motto is "A New



Pat, Jan & Seta on a Club day out.

Beginning", which has certainly proved true for many of our members, especially those who have moved into the area and those who have lost partners.

Life is too short to stay at home. Come along and make new friends & remember that laughter is the best medicine!! For any enquiries, please call Anne on 0404 007 174 or

Sandra on 0402 811 789.

Anne Berg, President



The Real Estate Institute of Victoria recently released the March Quarter 2017 Median House Prices which are positive news for Knox home owners. Although some suburbs were slightly down from the previous quarter, overall all Knox suburbs were up annually.

**Bayswater \*** \$722,500 up 8% annually **Boronia** \$697,550 up 8.2% annually

Ferntree Gully \$728,000 up 10.6% annually **Knoxfield \*** \$785,000 up 0.3% annually Lysterfield \* \$835,000 up 6.3% annually **Rowville** \$835,000 up 8.8% annually Scoresby \* \$887,000 up 6.7% annually The Basin \* \$643,000 up 8.7% annually Wantirna \$910,000 up 6.3% annually **Wantirna Sth** \$988,500 up 6.4% annually

> (\*indicates that less than 30 sales were recorded during the quarter)

If there is a suburb not listed that you are interested in please don't hesitate to call or e-mail me.

Brenton Wilson



9753 3495

office@rowville.unitingchurch.org.au

It is a truly wonderful thing to look around our community and see the way it has grown and changed over the last 10 or so years. We have become increasingly diverse in our cultural mix, we have been a community that encourages our young people and gives them many opportunities, whilst retirement villages have provided a much needed option for many people.

It's the cultural mix that I am interested in. Some people fear diversity. It takes them out of their comfort zone. However, I think it is diversity that broadens our thinking and gives us new experiences and understanding.

One of the exciting things that has happened at the Rowville Uniting Church is a growing group of people from other cultural backgrounds. Towards the end of May, we celebrated some of the cultural mix that makes up our church. It was a truly wonderful occasion. I wonder if we take enough time to give thanks to God for each other and the real blessing we receive by being a diverse community.

Details of our service times can be found in "What's On Locally" on page 2. Sunday School is available during the school term. Toddler Gym runs on Tuesday and Friday mornings from 9:30am-10:30am and 11am-12noon. The cost is \$5 per family on a pay as you go basis. Registration is vital for this program. Please contact the church office for any enquiries.

We also engage in a range of social gatherings which assist us to be a community of people that care for each other and seek to offer a strong spiritual presence in our community as well as an active social service. For any other enquiries about our church please call the church office. Trevor Bassett



Kim Cain



"Building passionate followers of Jesus Christ"

#### Parish of Rowville & Ferntree Gully

131 Taylors Lane, Rowville Ph: 9764 2573 Email: admin@raftchurch.org.au Web: www.raftchurch.org.au

I'm Sam Sinclair, 24 and have lived around this area my whole life. You'll often find me at Pinnacle gym or chilling with mates at the Irish. I recently scored my first career job as a public relations consultant and am learning to integrate full-time work into my lifestyle. It's a huge adjustment! My life, like everyone else's, gets incredibly hectic sometimes and one thing I probably don't share enough about myself is the cornerstone I have in my faith. And that faith is in Jesus Christ the Saviour. But it hasn't always been that

My parents aren't believers, nor did I grow up in the church. I attended the local public school and played sport. I grew up snickering at religious people who always seemed to act all morally good and self-righteous, like Ned



Flanders from The Simpsons. 'Nice people but not for me', I thought.

When I was thirteen, my best mate invited me to attend a Friday night youth group, where we did crazy, insane activities. Honestly, I'd never had so much fun, but it was here that I began to see something different about the youth leaders that I'd never seen before in Christians. It was an

## The Churches

Sponsored by: Australia for Christ Church, Hillview Community Church, Fruitful Vine Melbourne Church, RAFT Anglican Church, Rowville Baptist Church, Rowville Uniting Church, St Simons Parish, Restore Community Church, Sant Nirankari Mission

undeniably true, spiritual foundation that seemed to radiate toward me. For the first time, I became aware of God and thought 'am I supposed to believe this?'

Over a year later, I was at a youth camp in the Yarra Valley. Weeks prior, I was asked to perform a short speech on why Christians wear crosses. I had no idea personally, so I used the internet and the New Testament to research it. It was here that I realised why the message of Christ is so good - that humans were created for another, better world and that his execution on a cross was part of God's plan to redeem the human race and reconcile them with him in his kingdom. After my talk, I left the room and walked through the trees with tears running down my face. I wept as I made the promise to follow Christ for the rest of my life.

It's been nine years since that day. It hasn't all been good life is a learning journey. But knowing that our broken hearts and broken world come with God's promise of something much better is truly worth living for.

Sam Sinclair



P (03) 9764 8330 E info@acfchurch.com W acfchurch.com 1070 Stud Road, Rowville

They have the ability to make us laugh, pull our hair out and question our very being. They are the reason we have a civilisation, a continuing society and concern for the future. They are our children and they will soon choose how our community will look, feel and respond.

So what will our upcoming community leaders represent and stand for? Is our existing community taking responsibility for the generation to succeed us? They are not yet fully grown, nor do they come perfectly pre-packaged; thus it takes a village (or a community) to raise the children.

This task is not one easily undertaken nor is it without challenges. The news broadcasts, social media, incessant pop culture as well as increased peer influence, presents its fair share of overwhelming data in the education and character growth of our children. But it would be soft to allow that to excuse the role of the community in shaping the hearts and minds of our children's development.

As challenges increase, so should the supports around children. Now our society requires parents, teachers, counsellors, role models in sport/arts and community groups, to speak of hope, life and purpose in their worlds. And, might we add, that the church can have a present role also. Our church has been speaking into the lives of kids from kinder age to the end of high school for years. We've seen a growing turn out in our weekly Wednesday "Stompers" playgroup, to our "Kids Church" kinder and primary services every Sunday, to our "Anthem" high school Friday nights. We are keenly aware that there is an incredible potential in the developing generation. We are committed to supporting families and being present for these minors as they discover what major part they will one day play in our community.

Find out more at www.acfchurch.com

Nicole Connellan

## **One For The** Lexophiles

The batteries were given out free of charge.



The St Vincent de Paul Society in Australia has more than 40,000 members and volunteers, who work hard to assist people in need and combat social injustice across Australia. Internationally, the Society operates in 150 countries and has over 800,000 members. Each of these members belongs to a smaller unit within their locality called conferences.

We are people of faith with a commitment to sharing our time and skills with our neighbours. We commit ourselves to personal care of the needy and marginalised together with the ongoing support of St Simons Parish Rowville

We meet once a month at St. Simon's Parish, 2 Taylors Lane in Rowville. At these meetings our team discusses strategies, and events for our conference, whilst adhering to rules of the society at large. Rowville is one such conference and have been in existence for a while and we are currently looking for volunteers within our region of Rowville/Lysterfield to join our existing team (conference). The pre-requisite for this is love for community and the

passion to better the world we live in.

At the heart of the St Vincent de Paul Society is a profound sense of respect for the people we serve and a desire to learn from them. No work of charity is foreign to us. No person is alien to

We are seeking anybody interested in offering their time and commitment to contact Val D'Souza on 0403 347 338 of St. Simon's Parish to get a better understanding.

Suzette Diaz



Another exciting time is about to start here at RBC. It's our much anticipated annual Club Extreme Holiday program. For over 20 years this exciting program has been growing and evolving and this year we will present to you "Mysteries of the Orient.'

Ph: 9764 4242

Club Extreme is an exciting and quality program, run by RBC for the children of Rowville and surrounding districts. We are committed to making it a fun and safe place and pride ourselves in presenting the gospel in new and creative fun ways. The program is specifically created for primary school aged children.

The program will be held in the second week of the July School holidays (Mon 10th - Fri 14th July) commencing at 9.30am and finishing at 12.30pm. We keep the fees to a very minimal charge of \$8 per child per day with an early bird special of \$35 for the full week. These charges include a generous morning tea and all craft materials used to make the children's daily craft. Each day the program is filled with exciting games, craft, lots of great music and an action packed drama, performed by the church's talented youth. At RBC it's important to us to develop the leadership skills of



Drama Team from 2016

our teenagers and so many join our team to assist in running this program. All leaders are volunteers and all adult leaders have current 'Working With Children' checks.

Our program ends with a Friday night gala and supper. Here, parents can join in and have a taste of what their children have enjoyed throughout the week. It's an exciting finale to a fun packed week.

For any further details visit our Facebook page Club Extreme Rowville Baptist Church or look at the church website. We hope to see you there.

Suzanne Adams

## Knox Home Garden Club

#### **Time to Clean Your Tools**

With the colder weather here, watering, weeding and mowing have taken a back seat in the garden. However, there are still things to do before you throw another log on the fire and sit down with your favourite gardening books.

If you haven't divided your summer perennials: stachys, irises, day lillies, cannas, etc., do them now. Simply lift the clumps and prise apart to make several new plants. Lawns can be aerated too with a garden fork or you can hire a spiked lawn roller. Spread over some general purpose lawn food and water in if rain isn't forecast. If you are purchasing any bare rooted plants (deciduous exotics/fruit trees) prepare your beds now. Bare rooted plants need to be in by the end of August. A lot of pruning takes place in winter, but make sure you are pruning the right plant at the right time, don't go cutting off your spring flowers!

Spend some time in the garden shed, checking out all your tools and equipment, including hedge trimmers, mowers and chainsaws. Gather your garden tools and

wash them down completely with a bucket of water and scrubbing brush. Allow the tools to dry then take off any rust with some sandpaper. Treat the metal components to a wipe with an oily rag or spray with WD40 or similar product. Spades and forks can also be oiled by plunging them into a bucket of lightly oiled sand, vegetable oil will do. Give wooden handles a rub over with sandpaper if they need it and then wipe them down with linseed oil.

Cutting tools should be sharp, this includes spades and hoes as well as secateurs and pruning saws. They are easier to use and for pruning make a cleaner cut. If you have the knowledge and equipment, sharpen them yourself, or take them to a hardware store to be done. Spare parts such as blades are available for many tools. Giving blades a thorough wipe and spray with a WD40 type product after each use inhibits rust. Does the wheel on your barrow need some air or even a new tyre? Fix it now. Service your mower or take it to a mower shop to have it done. All finished? Now go throw

that log on the fire!
Happy gardening,
Betty Wright



Mox Historical Society Inc Family Fun Day a Success

Recently, over two hundred people visited Ferntree Gully's 'Ambleside' historic homestead and museum, as the Knox Historical Society held its second biennial Family Fun Day. Visitors wandered through the gardens, browsed market stalls and craft displays and picnicked to the tune of classic folk music played by the Brumbies Bush Band. Children played period games such as hookey, enjoyed a Story Time

reading and were delighted by a visiting fire engine from the Ferntree Gully Fire Brigade.

The event drew visitors from across Melbourne, but the Society was particularly pleased with the support from local residents and community groups. 'Ambleside deserves to be a showpiece for the community,' said event planner Mary Burns. 'It's great to see so many people enjoying the museum and gardens. It makes all the hard work by our wonderful volunteers worthwhile.' The Society plans to



The Brumbies Bush Band Entertaining Visitors.

tit BILLY'S

GREAT TRAIN RACE

## Puffing Billy's 36th Great Train Race Another Success

2,213 runners took part the 36th annual Great Train Race against the iconic Puffing Billy, of which 128 beat the train. Runners covered a distance of 13.5 km. in one of the oldest races of the Australian running calendar.

This year's winner was Nick Earl from Parkville who crossed the line in 43 minutes and 10 seconds. Nick was thrilled to win the race after coming second in 2016 to Craig Appleby. This year their positions were reversed with Craig coming second in 43 minutes and 42 seconds.

The first female to cross the line was Gemma Maini

from Mount Eliza who finished the race in 49 minutes and 12 seconds. Gemma was delighted to win after coming second in 2015.

Shane Thiele from South Yarra won the Veteran Male (aged 40 and over) in 48 minutes and 50 seconds, whilst Elizabeth Maguire from North Ward won the Veteran Female (aged 40 and over) in 57 minutes and 58 seconds.

The Under 18 Male Winner was Corey Dickson from Bayswater in 51 minutes and 49 seconds and the Under 18 Female Winner was Jaimee-Lee Code from Narre Warren North in 53 minutes and 01 second.

The four man team called 'Knox Athletes' won the team event in a combined time of 185 minutes and 33 seconds. Adam Koops, who is completely blind and ran tethered to an experienced runner, clocked a sensational time of 59 minutes and 51 seconds.

Puffing Billy crossed the line in 55 minutes and 24 seconds, which was almost one minute faster than in 2016.

President of the Puffing Billy Preservation Society, Jeff Goodwin, said the race is a major fundraiser for the not-for-profit railway, with all money raised going towards preservation projects such as the Menzies Creek Museum Project. "Everyone at Puffing Billy thanks all the runners, sponsors and volunteers for helping to make the day another huge success and we look forward to seeing everyone back here to race again in 2018," he said.

For more information contact Puffing Billy Railway on 03 9757 0775 or visit www.puffingbilly.com.au

Nadine Hutchins, General Manager Operations



Council wants your thoughts on Knox's aquatic future as they are reviewing how facilities and services are currently utilised. Two surveys (a user survey and a non user survey) have been developed for the community to provide feedback and be part of the future vision for Knox's aquatic facilities.

An independent consultant has been appointed to undertake the research required to help develop the future plan. By completing the survey you can go in the draw for a chance to win a \$100 Westfield voucher.

Survey must be completed by June 18th. Logon at: www.knox.ymca.org.au/ and follow the prompts.

follow the success with a Teddy Bear's Picnic in 2018.

The Ambleside homestead was originally built by pioneer Ephraim Hansen in the 1890s. In the 1970s it became the headquarters of the Knox Historical Society, who operate the site as a museum and research centre. Ambleside is open to the public on Thursdays, Fridays and Sundays from 1–4pm and caters to group tours.

Stuart Burns



## Council Minutes April Meeting

Items of interest to residents of Rowville-Lysterfield 5.2- Ward Issues

5.2.3 Councillor Seymour (Tirhatuan Ward)

\*Councillor Seymour discussed the issue of public safety and commended the work of Council's Community Safety Officer. She noted that the southern section of Knox has experienced an increase in crime, home invasions, burglary and car break-ins. She informed her fellow councilors of an email she had received from a resident in the Timbertop Estate relating to crime in the area. Cr Seymour continued that the Community Safety Team co-ordinated with Knox Police and met with residents of the area. In collaboration with each other they developed a four-point plan designed to empower the community to address safety issues in the area. She concluded that this is a great example of how Council can play a helpful role in crime prevention; which is predominately a police issue.

\* Councillor Seymour noted her attendance at the Greenfoot Flicks event and discussed the movie that won the key prize. She stated that it is very timely, that in the lead up to the State election, the winning movie was a documentary about the Rowville Rail and past efforts to bring the rail to Knox. Further, in the recently refreshed Plan Melbourne document, released by the State Government, the Rowville Rail or the Knox Tram have not been mentioned and that this is a grave concern. Cr Seymour explained that Council is encouraging development in specific areas of Knox but without adequate public transport traffic congestion is becoming an issue.

## 6.1 Report of Planning Applications Decided Under Delegation - March 1<sup>st</sup> - 31<sup>st</sup> 2017

42 Sherwood Way, Lysterfield Buildings and works

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#### **PILATES** Wed 9.15am & 6.15pm Bookings essential **BOXING** Wed 7.30pm Classes held at Rowville

Community Centre Call Lisa on 0407 873 271

## **Council Minutes continued...**

(construction of a dwelling). 22/03/2017 Approved

5 Tarwin Court, Rowville Development of a double storey dwelling to the rear of the existing dwelling and second storey extension to existing dwelling. 2/03/2017. Notice of Decision

10 Provence Rise Lysterfield Development of land for a double storey dwelling. 16/03/2017 Approved

33 Avalon Road, Rowville Three (3) lot subdivision (Approved Unit Site). 2/03/2017 Approved

3/5 Kellets Road, Rowville Change of use (dance studio) 15/03/2017 Notice of Decision 13 Tetragona Quadrant, Rowville Remove one tree

22/03/2017 Approved Incidental Community Grants Program Applications

Appendix A St Simon's Auskick-Purchase of a new refrigerator in the Stud Park pavilion canteen. Request recommended

Rowville Football Club. Funding free school football clinics for all students from prep to grade 6 at Karoo, Park Ridge and Rowville Primary schools. Approved

Details can be viewed at http://www.knox.vic.gov.au/Files/ Council/2017 Minutes Council 2017 04 24. Meetings

General Valuation 2018

#### 2. Discussion

The provision of the 2018 Valuation services to Council is to be provided by Westlink Consulting, under Contract No.1959. Council is required to cause a General Valuation, of all rateable land and all non-rateable leviable land within the municipality, with a "level of value" date of 1 January 2018, to be returned no later than 30 June 2018.

Valuations are used as a basis for levying Council rates, to assist in the determination of the State Government Fire Services Property Levy, and for similar purposes by other rating authorities. It is a requirement under Section 6(1) of the Act for the Council to give notice to the Valuer-General and to every other rating authority interested in the valuation of land within this municipality of its intention to cause a General Valuation in 2018.

There is no requirement for any consultation in regards to this matter

#### **6. Social Implications**

The use of current and accurate valuations for the collection of Council rates contributes to the fairness and equity of the distribution of the levying of the Council rates across the municipality.

Details can be viewed at http://www.knox.vic.gov.au/Files/





 $Meetings Council/2017\_Minutes\_Council\_2017\_04\_24.pdf$ 

#### 10.1 Works Report As At 4th April 2017

26- Street Tree Replacement Program

Tree stock ordered, planting to commence when autumn weather sets in 31-Stamford Park Redevelopment. Verandah stage 1

works (Floor) completed March 31. Stage 2 (underside of verandah roof and metal work restoration to commence first week of April) Stage 1&2 underpinning works completed 721 – Eildon Park Reserve (Pavilion upgrade) Works

well progressed with framing and roofing to new social space nearing completion. External cladding and internal fit out to commence early April

756 - Heany Park - Masterplan Implementation. Quote requested from the Contractor for additional hand rail. It is expected that all the additional works are to be completed by Mid May

830 - Park Ridge Reserve - Oval Renewal. Grass growth progressing slowly. May impact use next season.

850 - Murrindal Playgroup - Outdoor Blind Installation (Community Submission). Project completed

853 - Aimee Seebeck Hall, Amenities Design. Cost plan received. Awaiting invoice for project signoff. 860 – Bergins Road – Footpath 3. Awaiting feedback on

vegetation issues from Biodiversity and to finalise design details and inform on any Telstra alteration works required 864- Lakeside Boulevard - Pedestrian Refuge. Now to

commence in April due to contractor availability 874 - Fulham Road - Reconstruction - Design. Geotech investigation and survey completed. Detailed design has commenced.

A report worth taking at look at is Knox City Council Community Plan 2017-2021- "Community Plan Engagement" Final Report- March 2017 go to http://www. knox.vic.gov.au/Files/MeetingsCouncil/2017 Minutes Council 2017 04 24.pdf

Report compiled by Jan Bates

#### **Summary of items of interest to** residents of Rowville & Lysterfield

## **RLCN** Life Members

Glynis Allan, Diana Amend, Peter Barton, Jan Bates, Beattie family, Carol Belcourt, Wendy and Andrew Beveridge, Colin Bradley, Rhemy & John Brady, Muriel Cartwright, Nola & Andrew Chapman Josie Dawson, Christine Dawson-Marsh, Wikje Derminn, Kel & Di Emerson, Graham & Margaret Freestone, Hazel Haynes, Tony & Marjo Ho, David Hodgens, Patricia Jackson, Barbara King, King family, Marjorie Lade, Lyn & Doug Lapthorne, Nicky Laughton, Joan & Ray Lightowler, Luxmoore family, Alan & Julie Malony, Maureen & Graeme McEwin, Rod McKenzie, Nelly McLennan, Christine Mitchell, June Murphy, Janice Nicol, Sandra Ogrizovic, Mary Powell, Bryan Power, Sue Rasti, Bronwyn & Ian Richards, Peter & Pauline Rumble, Sandy Sharp, Gerard Smith, Graham Smith, Marianne Smith, Lynn Stubbs, Sue Taylor, Merle Turner, Sue Turner, Ray Vancam, Michael & Jenny Walters, Barry & Karen Wells, Doug Whan, Christine & Mal White, Andrew Williams, Yates family.

## Life Membership

Boyd Academy of Dance, Heany Park Primary School, Hillview Community Church, Karoo Primary School, Lions Club of Rowville, Lysterfield Primary School, Park Ridge Primary School, Promech Automotive Services, Revamp Automotives, Rowville Baptist Church, Rowville Pets Home Feeding Service, Rowville Primary School, Rowville Secondary College, Rowville Uniting Church, Salvation Army – Rowville Corps.



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